BEST GUIDE FOR SKY & STREAMING

MORE CHANNELS THAN ANY OTHER TV MAG!

6-12 JULY 2024

TV&Satellite week

NEW

THE TURKISH DETECTIVE

Murder and mayhem in Istanbul

NEW

SUNNY

Quirky robot thriller

NEW

THE NIGHT CALLER

Creepy stalker drama starring **Sean Pertwee** and **Robert Glenister**...

EXCLUSIVE!

SUMMER PREVIEW

Jenna Coleman's The Jetty leads the hottest new dramas coming your way

HotList This week's 28

Saturday 6

Eileen
***THRILLER** Sky Premiere, 2.25pm & 10pm*
Anne Hathaway (above) and Thomasin McKenzie star as two women who meet while working at a juvenile-detention facility, only for their relationship to take a dark and sinister turn. *See review, p22*

Euro 2024: Quarter-Finals
***FOOTBALL** BBC1 or ITV1, kick-offs 5pm & 8pm*
We are into unknown territory in the knockout stages, where anything could happen, but if results have gone their way, England could be in action tonight.

The French Dispatch
***COMEDY DRAMA** C4, 9pm*
Bill Murray stars in this nod to old-school journalism from Wes Anderson. With stellar support from the likes of Benicio Del Toro and Tilda Swinton. *See review, page 24*
● ***Previously shown on Disney+ in 2022***

End of Summer
***THRILLER** BBC4, 9pm & 9.55pm (box set, BBC iPlayer)*
Swedish thriller based on former police officer Anders de la Motte's bestseller, about the case of a missing five-year-old boy. *See feature, page 12*

■ Full listings start on **p35**

Sunday 7

The Night Caller
***THRILLER** Channel 5, 9pm*
A lonely cabby (Robert Glenister, above) develops an unhealthy obsession with the radio DJ (Sean Pertwee) who keeps him company during his night shifts. Continues to Wednesday. *See feature, p6*

The Turkish Detective
***CRIME DRAMA** BBC2, 9pm (box set, iPlayer)*
Crime drama following Inspector Çetin Ikmen (Haluk Bilginer) and his team as they investigate cases against the backdrop of the rich and varied city of Istanbul. Continues tomorrow. *See feature, page 11*

Guy Martin's Lost WW2 Bomber
***DOCUMENTARY** C4, 9pm*
Guy Martin (above) takes on his most-challenging project to date – recovering a crashed WW2 Lancaster bomber from a Dutch lake. *See Documentaries, p21*

Ibiza Narcos
***DOCUMENTARY** Sky Documentaries & Sky Showcase, 9pm (box set, Sky Box Sets/NOW)*
The story of how the small island in the Mediterranean became the party capital of the world – dominated by a thriving drugs trade. *See Documentaries, p20*

■ Full listings start on **p45**

Monday 8

Help! We Bought a Hotel
***FACTUAL** More4, 9pm*
Narrated by Nigel Havers, this spin-off series follows Brits transforming run-down properties into hotels. Our first trips are to a work in progress in Wales and a family-run boutique hotel in France.

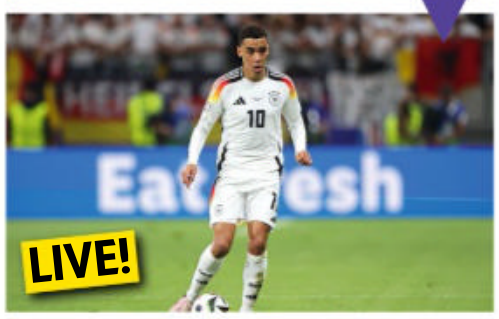
Spent
***COMEDY DRAMA** BBC2, 10pm (times vary) (box set, BBC iPlayer)*
Michelle de Swarte (above) writes and stars in this dramedy about Mia, a washed-up model who is adjusting to a life of poverty and sofa-surfing. *See feature, page 8*

The Great
***COMEDY DRAMA** C4, 10pm & 11.10pm (box set, Channel 4)*
Nicholas Hoult and Elle Fanning return as Russia's Peter III and Catherine the Great in a third run of the hit show. *See feature, p7*
● ***Shown on Lionsgate+ in 2023***

Greatest Prison Escapes with Billy Hayes
***DOCUMENTARY** Sky History, 10pm*
Billy Hayes, whose book *Midnight Express* was based on his own experience of escaping a Turkish jail, presents this series about prison breaks.

■ Full listings start on **p55**

Tuesday 9



Euro 2024: Semi-Final
***FOOTBALL** BBC1 or ITV1, kick-off 8pm*
One of tonight's teams could be just two games away from lifting the trophy. Tournament hosts Germany have proved to be solid opponents, so could they be playing this evening?

Secrets of the London Underground
***DOCUMENTARY** Yesterday, 8pm*
As the series continues, hosts Tim Dunn (above) and Siddy Holloway's latest exploration into the capital's Tube network reaches Paddington.

Super Surgeons
***DOCUMENTARY** C4, 9pm*
As this season comes to an end, we follow 66-year-old Dave, who needs a grapefruit-sized tumour removed, and 48-year-old Jonathan, who is facing never-before-performed, cutting-edge robotic surgery.

Horsepower
***DOCUMENTARY** BBC4, 10pm & 11pm (box set, BBC iPlayer)*
Following racehorse trainer Andrew Balding (above) and his team at Park House Stables, one of the world's top-performing stables, in the lead-up to the 2021 Royal Ascot.

■ Full listings start on **p65**

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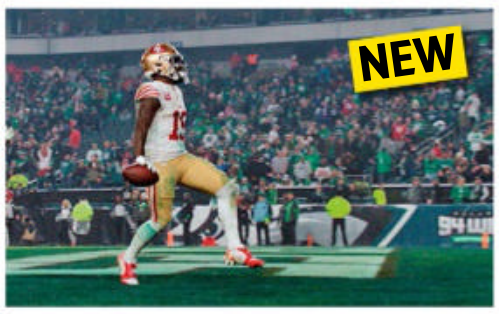
Wednesday 10

Sunny
***THRILLER** Apple TV+*
American Suzie (Rashida Jones, above) is living in Kyoto, Japan, when her life is upended following the disappearance of her husband and son after a mysterious plane crash. *See Your Watchlist, page 14*



Receiver
***DOCUMENTARY** Netflix*
Cameras capture the 2023 NFL season through the eyes of wide receivers including Davante Adams, Justin Jefferson, Deebo Samuel (above) and Amon-Ra St. Brown.

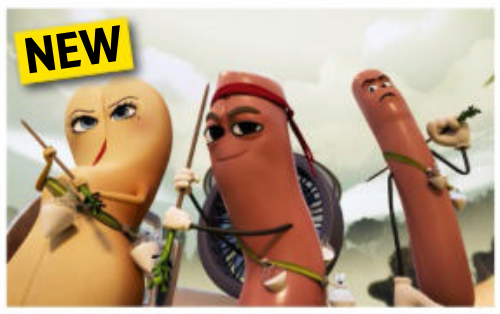
England v West Indies
***CRICKET** Sky Sports Main Event & Sky Sports Cricket, play starts 11am*
James Anderson (above) will be retiring from Test cricket after this 1st Test against the West Indies at Lord's. Continues all week. *See Sport Week, page 28*

Euro 2024: Semi-Final
***FOOTBALL** BBC1 or ITV1, kick-off 8pm*
Dare we dream of England making it to the semi-final stage once again, as the Three Lions did back in 2021? Virgil van Dijk (above) and the Netherlands could also be in the mix this evening.

■ Full listings start on **p75**

Thursday 11

Mastermind: To Think like a Killer
***DOCUMENTARY** Disney+*
This series looks at the work of Ann Burgess (above), a former psychiatric nurse who became an FBI expert on serial killers and other violent offenders.



Sausage Party: Foodtopia
***ANIMATION** Prime Video*
Spin-off series to the hit 2016 film. Seth Rogen, Kristen Wiig and Michael Cera return to provide the voices for this adult animation about a group of foodstuffs trying to set up their own society.

Scottish Open
***GOLF** Sky Sports Main Event/Golf*
Following his heartbreaking defeat at last month's US Open, Rory McIlroy (above) took a few weeks out of the game, but he is due to return to defend his title at the Renaissance Club in North Berwick. Continues tomorrow.

So Help Me Todd
***COMEDY DRAMA** Alibi, 9pm (box set, Sky Box Sets, Virgin TV Box Sets & NOW)*
Marcia Gay Harden and Skylar Astin return. The mother and son are reassessing their relationship following Todd's decision to set up his own PI firm. *See feature, p12*

■ Full listings start on **p85**

Friday 12

Sisters
***COMEDY DRAMA** UKTV Play*
Sarah Goldberg stars as Sare, who, after her mother's death, is shocked to find out that her biological father was an Irish busker – and she heads to Dublin to try to learn more... *See Your Watchlist, p16*

Descendants: The Rise of Red
***FANTASY DRAMA** Disney+*
This fourth film in the franchise that focuses on the offspring of Disney heroes and villains features Red, daughter of the Queen of Hearts. *See Your Watchlist, p17*

The Iron Claw
***DRAMA** Prime Video*
Harris Dickinson, Zac Efron and Jeremy Allen White star in this drama based on the true story of professional-wrestling brothers the Von Erichs, whose success was blighted by tragedy.

Euro 2025 qualifier: England v Rep of Ireland
***FOOTBALL** ITV1, kick-off 8pm*
The Lionesses continue their quest to qualify for next year's tournament to defend their crown, and will be looking for a decisive win against Ireland tonight.

■ Full listings start on **p95**

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GET SET FOR

Our guide to all the sizzling **new shows and returning favourites** on screen soon...

THE JETTY BBC1, July

In this brooding four-part Lancashire-set crime drama, Jenna Coleman (right) takes centre stage as dedicated detective Ember Manning, who investigates when a lakeside holiday home catches fire. When links emerge to a podcast about a case involving a mysterious disappearance and a disturbing relationship between two underage girls and an older man, Ember has to take an unsettling look at her own past... Amelia Bullmore, Ruby Stokes, Matthew McNulty and Tom Glynn-Carney co-star.

Cobby (left) and Rory are wanted men

THE INSTIGATORS

Apple TV+, August

Matt Damon reunites with the Affleck brothers for this comedy heist thriller. When desperate dad Rory (Damon) teams up with ex-con Cobby (Casey Affleck) to reluctantly rob a corrupt politician, their plan goes awry and they're forced to go on the run – with not only the police on their tail, but angry crime bosses, too. It's produced by Ben Affleck, with Hong Chau, Michael Stuhlbarg and Jack Harlow in the cast.

KAOS Netflix

In a darkly comic, contemporary take on Greek mythology, Hollywood star Jeff Goldblum (below) takes on the role of Zeus, cruel and all-powerful king of the Gods, in this series from award-winning writer Charlie Covell. When Zeus wakes up one morning and discovers a wrinkle on his forehead, he believes it's the first sign of an ancient prophecy that foresees his destruction. Is his one-time friend Prometheus plotting his downfall? Janet McTeer, David Thewlis and Billie Piper co-star.

TIME BANDITS

Apple TV+, July

Friends' Lisa Kudrow is Penelope, the leader of a ragtag group of thieves and bandits, in this TV adaptation of the cult 1981 movie. Together, the team set out on a thrilling quest to save the parents of their newest recruit, an 11-year-old history buff named Kevin. As they travel through time and space, they witness the creation of Stonehenge, see the Trojan Horse, and escape dinosaurs in the prehistoric ages. It's created by *Flight of the Conchords*' Jemaine Clement and *What We Do in the Shadows*' Taika Waititi.

Lisa Kudrow (third from left) leads the cast

THE UNION Netflix, August

In a role that he's called 'a blue-collar James Bond', Mark Wahlberg plays New Jersey construction worker Mike, whose ordinary life is turned upside down when his long-lost high-school sweetheart Roxanne (Halle Berry) turns up unexpectedly. His former flame reveals that she is a covert operative and needs his help on a dangerous intelligence mission in Europe. As Mike is thrust into a world of espionage and high-speed car chases, can he cut the mustard as a super-spy?

Old flames Roxanne and Mike

WORDS: REBECCA MAHONEY, CAREN CLARK, RICHARD MCCLURE, ELAINE REILLY. PHOTOS: NETFLIX, APPLE TV+, BBC, ITV, C4, PRIME VIDEO

SUMMER

SUSPECT C4, July

The crime drama's second season picks up with Dr Susannah Newman (Anne-Marie Duff) trying to stop a serial killer from striking again. When her new client, Jon (Dominic Cooper), confesses he's a murderer while under hypnosis and is planning to kill again, can Susannah save his next victim? Ben Miller (above) returns as cop Richard Grove.

Peter Mullan returns as Durin III

THE LORD OF THE RINGS: THE RINGS OF POWER Prime Video, August

Villainous Sauron (Charlie Vickers) returns with a new look in the second season, which takes us back to J.R.R. Tolkien's Second Age of Middle-earth. After being cast out by Galadriel (Morfydd Clark), Sauron adopts an elf-like disguise, but can he deceive Celebrimbor (Charles Edwards) into creating more Rings of Power? Rory Kinnear will portray cult character Tom Bombadil from Tolkien's books, plus Ciarán Hinds and Tanya Moodie join the cast.

JOAN ITVX, September

This 1980s-set drama follows the incredible life of Joan Hannington, played by *Game of Thrones*' Sophie Turner (inset). When her violent and crooked husband goes on the run, Joan turns to crime to obtain a better upbringing for her young daughter. She eventually becomes a diamond thief, but faces emotional challenges along the way. Frank Dillane is antiques dealer Boisie, while Gershwyn Eustache Jnr is Albie, Boisie's old acquaintance, who is now living in Spain.

VIENNA BLOOD

BBC2, August

Matthew Beard (inset) and Juergen Maurer reunite as Freudian doctor Max Liebermann and world-weary detective Oskar Rheinhardt for a fourth outing of the period crime drama. It's now 1909 and Oskar is leading an investigation into a politically troubling double murder when his crime-fighting partner makes a return to the Austrian city following a successful working tour of America.

BAD MONKEY

Apple TV+, August

Based on Carl Hiaasen's bestselling novel, this 10-episode series tells the story of Andrew Yancy (Vince Vaughn, inset) who has been kicked out of the Miami Police Department and now earns his living as a restaurant inspector in the Florida Keys. But after stumbling upon a case that involves a severed human arm, Andrew sees the opportunity to prove that the victim has been murdered and revive his crime-fighting career. *Anne Boleyn*'s Jodie Turner-Smith is among the cast.

SHERWOOD

BBC1, August

Monica Dolan, Robert Lindsay and David Harewood join the stellar cast of James Graham's award-winning crime drama for a six-part sequel, which also brings back David Morrissey (right) and Lesley Manville. As a newly-appointed Sheriff of Nottingham fights local government and business leaders to stop a proposed mine in the area, two new families become embroiled in dangerous long-held rivalries involving the formidable Sparrows, headed up by matriarch Daphne (Lorraine Ashbourne).

MR LOVERMAN

BBC1

In an adaptation of Bernardine Evaristo's 2013 novel, Lennie James (pictured) plays a family man embroiled in a secret gay affair. Sharp-suited, fun-loving Barry is a popular figure in his east London community, but his wife Carmel (Sharon D Clarke) is convinced that Barry has been seeing other women. In fact, he has been in a deep and loving relationship with his best friend for several years – and soon he has to make huge decisions...

Emily and Gabriel share a spark

EMILY IN PARIS Netflix, August

The romantic comedy drama is back for a fourth run, picking up in the aftermath of the love-triangle revelations when a pregnant Camille split with Gabriel in the middle of their wedding ceremony, causing Emily and Alfie to break up as a result. With Emily (Lily Collins) left reeling, does she have a future with Gabriel (Lucas Bravo) now that he's expecting a baby with his ex? And can they continue to work together towards a Michelin star?

NIGHTSLEEPER

BBC1, September

Passengers on an overnight sleeper train face a deadly threat when the UK railway network comes under attack in a thrilling six-part real-time drama. Alexandra Roach (inset) plays Abby Aysgarth, a tech guru at the National Cyber Security Centre, who is called into action after a sleeper train from Glasgow to London is hacked, with potentially life-threatening consequences. As she frantically tackles the rapidly-escalating events, she must work alongside off-duty cop Joe Roag (Joe Cole), who is on the train.

Robert Glenister and Sean Pertwee as Tony Conroy and DJ Lawrence Brightway

Dangerous talk

Robert Glenister plays a taxi driver influenced by the words of a radio DJ

NEW THRILLER

The Night Caller

Sunday-Wednesday, 9pm, Channel 5

A lonely cabby develops an unhealthy obsession with a late-night DJ, sparking a shocking chain of events, in Channel 5's four-part thriller *The Night Caller*, shown across four nights this week.

Liverpudlian Tony Conroy (*Sherwood*'s Robert Glenister) is a former teacher who lost his job, family and his confidence following a major trauma.

'We don't know why at the start, but viewers see him haunted by a series of flashbacks,' explains Glenister, 64. 'The career he was so passionate about and respected for has gone, and now he's lonely, vulnerable and making ends meet by driving a cab.'

As he drives around in the evening, Tony becomes increasingly hooked on listening to a late-night radio show called *NightTalk*, hosted by DJ Lawrence Brightway (*Gotham*'s Sean Pertwee).

One night, Tony feels compelled to call in to *NightTalk* and, live on-air, he describes how he feels he's been condemned to the scrapheap of life. When Lawrence shows him empathy, Tony immediately feels he has been heard, and with his confidence boosted, he becomes a regular caller and 'friend of the show'.

'Tony is completely beguiled by Lawrence,' says Glenister. 'He completely draws him in on-air, and Tony feels for the first time in ages he is being listened to and that he has found a friend in Lawrence.'

Tony also finds himself getting close to kind-hearted cafe worker Rosa (former *Casualty* star Suzanne Packer) and the two share an instant connection.

'He is very flattered when Rosa shows an interest in him. All of a sudden, someone eloquent and intelligent is making him feel that he is somebody again,' explains Glenister.

Suzanne Packer stars as Rosa

THRILLING TWISTS

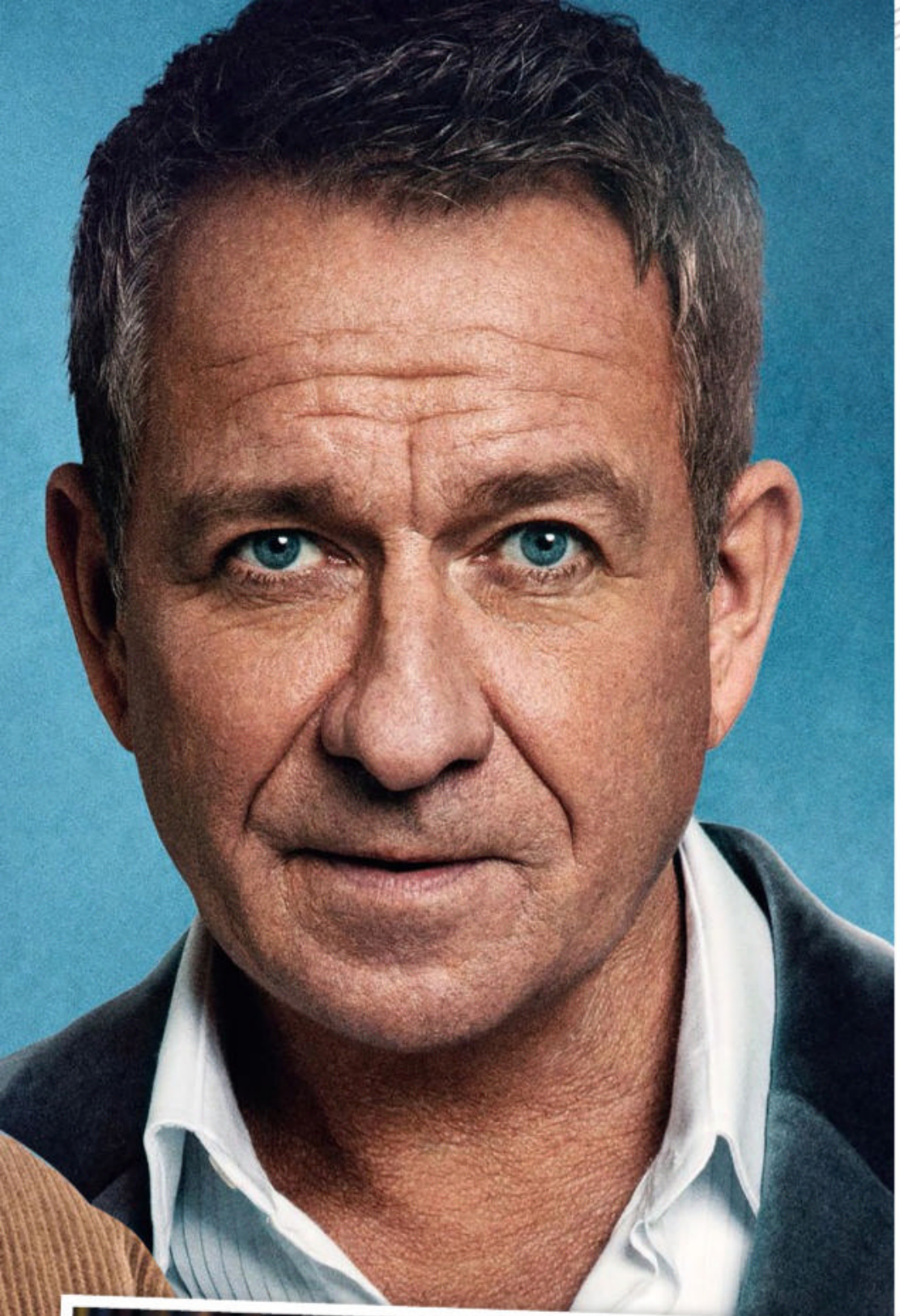
However, events take a dangerous turn when Tony learns that Rosa has an abusive ex, criminal Ste (Anthony Brophy), who seems intent on harming her.

'Something just flips in Tony,' explains Glenister. 'Lawrence's words have got inside his head and he does something terrible that isn't premeditated but which changes everything.'

Although it's set in Liverpool, the series was filmed on location in and around Dublin.

'A lot of my scenes were shot at night when the city was deserted,

WORDS: STEVEN PERKINS, TESS LAMACRAFT. PHOTOS: ALAMY, C4, CHANNEL 5



Something deeply troubles Tony

and they put my taxi on a low-loader and towed me around,' reveals Watford-born actor Glenister. 'It was a lot of fun.

'I have to do a Liverpool accent, but I've worked in the city a few times before, so hopefully it's fine, and there won't be any disgruntled Scousers watching!'

Glenister adds that he was delighted to be reunited with Pertwee and Packer.

'Sean and I first worked together on the ITV series *Chancer*, and Suzanne and I did a BBC series together in 2000, *Dirty Work*, where we played an estranged husband and wife,' he says. 'It was great teaming up again.'

But for Tony, things get darker as shocking revelations come to light. One night, Lawrence hops into his cab, and Tony's excitement at meeting his hero soon wears off when he realises the DJ isn't the man he purports to be. Lawrence is a fake, and Tony feels betrayed.

'Lawrence is a DJ who was big in the 90s but who has now been relegated to a second-division night-time chat show,' explains Pertwee, 60. 'He feels very embittered about that. He's a narcissist, and so is thirsty for attention and success. As Tony discovers, he's not exactly the man he pretends to be on-air.'

Peter and Catherine

Tsar wars

The anarchic Russian history romp returns for a **third and final season**

NEW COMEDY DRAMA

The Great

Monday, 10pm & 11.10pm, C4 (box set, Channel 4)

The marriage of Russia's Catherine the Great (Elle Fanning) and her infantile husband Peter (Nicholas Hoult) looked broken beyond repair at the end of the second season of riotous historical comedy drama *The Great*.

Catherine found out that Peter had slept with her mother Joanna (Gillian Anderson) – inadvertently causing Joanna's death when she fell out of a window during the act – and, in a vengeful fury, attempted to kill him, only to unwittingly stab his double, Pugachev, instead.

As the third and final season arrives on C4 this week, the couple must contend with the terrible things they've wreaked upon each other – and work out whether there's a way ahead for them.

'They're still reeling from what's happened. How are they going to come back from that?' says Fanning, 26. 'That's a big part of this season. They're in counselling as well, trying to work things out and be a normal royal family.'

While it looks as though the pair have managed to find their way past Peter's infidelity and Catherine's murder attempt, there may be deeper issues at play that will continue to cause friction in their relationship.

REVERSED ROLES

'Catherine is leading a country, so she doesn't have a lot of time to be the homemaker,' says Fanning. 'Peter is such a good father, so he's the one taking care of their son, but is Peter going to be OK with just being the stay-at-home dad, while Catherine is out there essentially doing his old job a lot better?'

Fanning says she is sad to see the end of the series and has thoroughly enjoyed getting under the skin of her character.

'I've put a lot of myself into Catherine, and she's taught me things through playing her,' she reflects. 'We filmed for seven months and the shoot was always fun but very challenging. There's a lot of dialogue and it's very quick – it's like cramming for a test every day.'

● *Previously shown on Lionsgate+ in 2023*

Peter (Nicholas Hoult) and son Paul

BIG spender

Michelle de Swarte plays a model who's squandered all her money

NEW COMEDY DRAMA

Spent

Monday, 10pm (times vary), BBC2 (box set, BBC iPlayer)

When high-end model Mia realises that she has frittered away her fortune, she is faced with some harsh home truths, not least how to survive without money, in BBC2's new comedy drama *Spent*.

Michelle de Swarte stars as Mia, and she's also written the show, which is loosely based on her own experiences of being a model for the likes of Gucci, Burberry, Missoni and Tommy Hilfiger.

WAKE-UP CALL

The six-part series opens with Mia in New York and getting a stark reality check from her accountant.

'Mia's facing a big tax bill because she has frivolously spent all of her money on entertaining herself, and her friends and her accountant tells her she'll need to declare bankruptcy,' explains de Swarte. 'So she decides the best thing to do is to leave America.'

Shocked and totally embarrassed by how she's managed to blow all her lucrative modelling fees, Mia heads back to south London, where she hides the fact that she is broke from her friends and family as she desperately seeks a way to make some cash.

'I'd say 20% of the show is autobiographical. Like Mia, I used to model, I made a lot of money, and I spent it all,' says de Swarte, who was discovered by a model scout at 19 and, like Mia, lived in New York for a number of years.

Mia's down on her luck

'When you have grown up not really understanding money and without much like I did, it doesn't really compute when you suddenly get a lot. I was spending it on flights, fancy skincare, cabs, nice shoes and buying dinners for my mates. I got through it at a rapid rate.'

Mia is still modelling into her late 30s, but de Swarte quit a few years earlier.

'I stopped modelling at 30 and decided to start doing stand-up comedy in New York, but along the way, I was doing things like dog- and cat-sitting to try to make money, which we see Mia do, too. There are lots of my own experiences I was able to embellish for the series and make funnier because they didn't seem that funny at the time!'

RUNWAY MISHAPS

Since her early days doing stand-up, de Swarte has starred alongside Katherine Ryan in the Netflix series *The Duchess* and appeared on shows such as *Never Mind the Buzzcocks* and *Live at the Apollo*. And she confesses that she was never a fan of the catwalk.

WORDS: TESS LAMACRAFT, ALISON SLADE. PHOTOS: BBC, ITV

Michelle de Swarte portrays Mia

'There are lots of my own experiences I was able to embellish for the series'

MICHELLE DE SWARTE

David, Mia (centre) and Chrissy

'I was awful on the runway,' she laughs. 'At the time, it was all about people like Naomi Campbell, who would saunter down it like a panther. I'd walk down looking like a geezer who's about to pick up their winnings from the bookies. I was terrible at walking in heels. I did a Gucci show one year and fell three times!'

De Swarte believes that *Spent*, which co-stars *Brassic*'s Juliet Cowan as Mia's mum, Chrissy, *Culprits*' Karl Collins as her dad, Teddy, and *Domina*'s Joseph Ollman as her love interest, David, will strike a chord with some viewers.

'It's for anyone who's gone for the quick fix of overspending to fill a void and anyone who's had to move back home when things haven't turned out the way they had planned,' she says.

'It can be a very humbling experience having to start from scratch when you get to the end of your 30s with no house and nothing to show for all the work you've done.'

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Carla rushes to Roy's aid when he's confronted by yobs

CORONATION STREET

Roy gets a shock visitor... but who is it?

» **Poor Roy is** a shadow of his former self after he was wrongly imprisoned for Lauren's murder, but with employee Shona 'off sick', he forces himself to leave the cafe to take her some soup. He soon regrets his decision when he's approached by a gang of yobs.

Roy's terrified as they call him names, and he stumbles to the floor. Carla finds him in obvious pain, and guilt-ridden Shona admits that she feigned illness to force Roy to get back behind the cafe counter.

Things take a turn for the worse as Roy struggles to breathe properly and is rushed to hospital. Over at Weatherfield General, as he recovers from treatment, a surprise visitor turns up. He or she stays at his bedside as he drifts in and out of consciousness, before later disappearing.

Roy drifts in and out of consciousness

Roy is quick to tell Nina when she calls in to see him, but she's unconvinced and thinks her sedated uncle was hallucinating. Just who does Roy think he has seen? And is this person really a figment of his imagination, or is Weatherfield in for a big shock?

» **PLUS** Maria discovers Liam's bully Mason is being released from prison, Toyah tries a different tack to expose the Institute, Betsy's stung when Carla refuses to give her a job, and Gary has some explaining to do.

whattowatch.com/soaps

ALSO IN THE SOAPS THIS WEEK...

EASTENDERS

» Billy discovers that his estranged mum Val is dead (above), Pastor Clayton is charged with sexual assault, Tommy is caught shoplifting, Ian lies to his family, and Reiss discovers he owes £18K for wife Debbie's care-home fees.

EMMERDALE

» Amy unwittingly outs Matty to a transphobic prison thug (above), Lydia thinks Samson is lying, Jai struggles to accept that he and Laurel are over, and Kim covers for Billy when he puts Evan at risk by breaking 'bubble' rules.

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TVSAT02/07/24

City of SECRETS

Haluk Bilginer plays a veteran detective investigating murky murders in Istanbul

Police investigators Ayse Farsakoglu, Çetin Ikmen and Mehmet Süleyman

NEW CRIME DRAMA
The Turkish Detective
Sunday & Monday, 9pm, BBC2 (box set, BBC iPlayer)

The frenzied world of modern-day Istanbul is the setting for new BBC2 crime drama *The Turkish Detective* and the show's action scenes include a hair-raising motorbike chase through the city's souks.

Based on the novels by Barbara Nadel, the eight-part series stars Haluk Bilginer, best known for playing *EastEnders*' Mehmet Osman in the 1980s, as homicide detective Çetin Ikmen, a maverick cop with some offbeat methods for solving murders.

The team face a harrowing case

FOLLOWING THE CLUES

The drama opens with the killing of 19-year-old student Gozde Seren, who has links to Istanbul's wealthy elite. But the complex case takes Çetin and his young detectives Mehmet Süleyman and Ayse Farsakoglu from Istanbul's luxurious villas to its dark underbelly as they unravel some of the city's murkiest secrets.

'What makes this different from other detective dramas is that there's a real warmth at the heart of it,' says *Strike Back*'s Yasemin Kay Allen, who plays Ayse.

'Yes, it's a police procedural, but it's also about family and those we hold dear. It's also refreshing for audiences to see an older figure like Çetin who isn't jaded by the things that he's seen. He's gruff and grizzled, but he still has faith in humanity.'

Ayse (Yasemin Kay Allen)

RIVALRY

As the series unfolds, there's also another, more personal mystery to unravel. It transpires that Mehmet (Ethan Kai) has returned to Istanbul from a job with London's Met Police to uncover what really happened to his ex, a journalist who was left brain-damaged in a mysterious car accident.

'Mehmet's past is central to the story but Ayse reacts territorially to his arrival,' explains Allen. 'There's a sort of sibling rivalry and a bit of bickering that goes on.

'She has a chip on her shoulder because of the masculine environment she works in. But over the course of the murder investigation, she has to learn to be more flexible and a little less rigid.'

For the Turkish-English actor, filming in her home city of Istanbul was a dream come true.

'It's an incredible place and it's a matter of intense pride for me to see it represented so beautifully,' says Allen. 'We shot for six months but there were two episodes we filmed in August that were really challenging because of the heat. I also had an exciting fight scene, but it started raining halfway through so we had to do it all over again!'

You liked...

SAS Rogue Heroes
on BBC1 (currently on BBC iPlayer)

This drama told the origin story of the British Army's Special Air Service (SAS) during World War Two. Connor Swindells (right) played real-life officer David Stirling, who came up with the idea for the unit. The show will be back for a second run.

Now try this...

The Ministry of Ungentlemanly Warfare
on Prime Video

Director Guy Ritchie's film, available from Thursday 25 July, puts an action-comedy spin on the creation of a top-secret commando unit during the war that was a forerunner of the SAS and stars Henry Cavill (right) as Gus March-Phillipps, the real-life founder. His motley crew of rogues and mavericks carry out a daring mission against the Nazis.

WORDS: HANNAH DAVIES, JUDY EWENS. PHOTOS: ALAMY, BBC

Look Who's Back...

A familiar face appearing in a new role this week

James Gaddas

Sister Boniface Mysteries

Friday, 9pm, Drama

Born in 1960, Gaddas' first major regular role was as senior registrar Dr Robert Nevin (inset) in ITV hospital drama *Medics* (1992-1995). He went on to have a stint in *Coronation Street* (1999-2000) as Vinny Sorrell, cellarman at the Rovers, before starring as prison governor Neil Grayling in ITV's *Bad Girls* (2002-2006). More recently, he played abusive care worker Cormac Ranger in *Hollyoaks* from 2020 to 2021.

HIS NEW APPEARANCE

Gaddas, 64, guest-stars in this week's *Sister Boniface Mysteries* as former RAF wing commander turned cricket coach Lindsay Calder-Marshall, who's managing Great Slaughter's cricket team as they take on their bitter rivals Stowington in the county final. But when Great Slaughter's star player Humphrey (James Cartwright) is found dead, it turns out that many locals have an axe to grind with the arrogant cricketer. Can sleuthing Sister Boniface (Lorna Watson) track down the killer?

Lindsay Calder-Marshall (James Gaddas)

WORDS: HANNAH DAVIES, JUDY EWENS, ELAINE REILLY, NATASHA HOLT. PHOTOS: BBC, SKY, UKTV, SHUTTERSTOCK, CBS, C4

Family law

Marcia Gay Harden and Skylar Astin return as a bickering mother-and-son duo in the legal comedy drama

Man of mystery

A therapist is convinced her client is her **missing younger brother**

Erik Enge and Julia Ragnarsson as Isak and Vera

NEW THRILLER

End of Summer

Saturday, 9pm & 9.55pm, BBC4 (box set, BBC iPlayer)

***The Bridge*'s Julia Ragnarsson** plays bereavement therapist Vera, whose younger brother Billy mysteriously vanished when she was a teen in BBC4's Swedish thriller *End of Summer*.

Based on the hit novel by crime writer Anders de la Motte, the six-part slow-burn story begins on a summer evening in 1984 with the suicide of Vera's mother following the tragic disappearance of five-year-old Billy from their

NEW **COMEDY DRAMA**

So Help Me Todd

Thu, 9pm, Alibi (box set, Sky Box Sets, Virgin TV Box Sets & NOW)

There's good and bad news for fans of US legal comedy drama *So Help Me Todd* – this week, a second season begins on Alibi, but it will be the last run of the show, following its cancellation in April.

At the end of the first series, attorney Margaret Wright (*The Morning Show*'s Marcia Gay Harden) and her son, private investigator Todd (*Grey's Anatomy*'s Skylar Astin), were facing mixed fortunes. She'd been promoted to partner in her Portland, Oregon, law firm and he'd regained his PI licence. Yet their personal lives were running less smoothly with the return of Margaret's ex Harry (Mark Moses) from Iceland and Todd's love interest Susan (Inga Schlingmann) marrying her fiancé in Vegas.

Lisa Rinna as Jennifer Gianola

TOUGH AT THE TOP

The new series picks up shortly after these turn of events.

'Todd is on the way up, but there are still struggles,' says Oscar winner Harden, 64. 'Margaret gets to be named partner but inherits the burden of the firm's financial responsibility. She also has to deal with two guys – her new lover Gus [Jeffrey Nordling] and her ex Harry. What can I say? There's going to be drama!'

One thing that remains constant is the bickering between mother and son that is at the show's heart. In the opening episode, the pair clash when they take on the case of TV presenter Jennifer Gianola (Lisa Rinna), who's accused of murdering her colleague live on-air.

'They'll always feel that their way of doing things is correct,' explains Astin, 36. 'There's a ton of love, care and affection underneath all the bickering – these two really need each other! I love that there's a lot of bite and witty banter between myself and Marcia.'

Harden is in full agreement, saying: 'Todd's a master of throwing lines in, and I throw physical things in. We love telling these stories.'

The duo's upcoming cases involve financial scams, murder plots and a tricky opera diva, while the roster of guest stars include *Black-ish*'s Jenifer Lewis, *Brooklyn Nine-Nine*'s Dean Winters, *Glee*'s Heather Morris and *Pose*'s Sandra Bernhard.

'We're all super-sad it's over,' says Harden. 'We've had a great run.'

home in rural Sweden.

Fast-forward 20 years and Vera meets a familiar young man called Isak, who joins one of her group-therapy sessions in Stockholm after his adoptive mother dies.

Transfixed by Isak's eerily familiar childhood memories of cornfields and a house with a distinctive cat-shaped weather vane, Vera begins to wonder if Isak could be her brother Billy.

SKETCHY PAST

'Isak is quite a puzzling character,' says rising star Erik Enge, who also appeared in the Scandi-noir series *The Bridge*. 'He joins Vera's group therapy and he has these vague memories of his childhood that he can't quite place. The thing is that Vera has the same memories. So it raises these questions of who Isak is and if they are connected somehow.'

Vera is haunted by her past and consumed by memories of Billy's disappearance and her mother's death, and she finds herself drawn back to her home town in the Swedish countryside, determined to uncover her little brother's fate once and for all.

Once there, she faces conflict with her fractured family, including her troubled father, Ebbe, who's convinced Billy is dead and is horrified at the prospect of digging up an investigation into the event that has scarred their lives.

But as both Vera and Isak chase answers, could Isak really be Billy or is there another explanation?

'As viewers, you get to solve the mystery together with the characters as there are questions that need answering throughout the series,' says Enge. 'It has drama, thriller and crime. It's mysterious.'

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

Cooking Buddies

Wednesday-Friday, 6pm, CBBC

Buddy Oliver, the 13-year-old son of Jamie Oliver, hosts this series in which he teaches kids how to cook simple meals. They, in turn, share their skills with him – be it street art or BMX riding. Expect his dad and other members of the Oliver family to make guest appearances.

Reginald the Vampire

Thursday, 9pm & 10pm, Sky Sci-fi (box set, Sky Box Sets/NOW)

After being turned into a vampire, Reginald Andres (Jacob Batalon, left) has finally got his life together in the second season of the comedy. He's found his place among an unlikely group of friends, including the cool vampire who sired him, Maurice (Mandela Van Peebles), and his co-worker and love interest Sarah (Em Haine).

Bake Off: The Professionals

Sunday & Monday, 8pm, C4

In Sunday's semi-final, the remaining contestants have five hours to create an edible fairy-tale scene for 40 people. Then in Monday's grand final, competitors are tasked with creating a massive Showpiece from sugar and chocolate as well as enough desserts to feed 120, plus a full afternoon tea. Ellie Taylor and Liam Charles (both pictured) host.

Paul Whitehouse's Sketch Show Years

Thursday, 10pm, Gold

This week, comedian Paul Whitehouse looks back at the 1990s – the decade he created memorable characters for *The Fast Show*, the groundbreaking *Goodness Gracious Me* (left) launched and Vic Reeves and Bob Mortimer reinvented what a sketch show could be with *The Smell of Reeves & Mortimer* and *Bang, Bang, It's Reeves & Mortimer*.

SPECIAL connection

Rashida Jones teams up with a robot in a comic thriller set in Japan

Alone in the world, Suzie (Rashida Jones) is given a robot companion

tv+ Sunny

NEW *Available: Wednesday 10 July*
Genre: Thriller Season: 1 Episodes: 10
(first two eps from 10 July, then weekly)

Sympathy cards and flowers are the usual expressions of condolence, but in Apple TV+'s darkly comic thriller *Sunny*, grieving Suzie (Rashida Jones) is given a cute robot that she is told will offer her comfort.

Suzie is an American living in Kyoto, Japan, who is coming to terms with the devastating realisation that her husband, Masa (Hidetoshi Nishijima), and son are dead after they disappeared in a mysterious plane crash. Then Masa's enigmatic colleague Yuki (Jun Kunimura) turns up with his unusual gift.

Sunny (voiced by Joanna Sotomura) is a 'homebot' that her husband programmed for her. This is news to Suzie, who thought he worked in refrigeration!

Suzie is initially hostile towards the chirpy bot until she begins wondering what other secrets her husband was keeping. She and Sunny form an offbeat bond as they investigate Masa's work, the dystopian company he worked for and rumours of robots killing people.

Here, Jones, 48, who has starred in the American version of *The Office* and *Parks and Recreation*, tells us more about the series, which is based on the novel *The Dark Manual* by Colin O'Sullivan…

What appealed to you about *Sunny*? So many things attracted me to this project. I've rarely been the lead in a show before and the mystery-thriller

Suzie and Masa

Will Sunny help Suzie through her pain?

genre was new for me. I also loved how well-realised the world of *Sunny* was from the beginning. It's original, weird and dark.

How would you describe Suzie? She's a loner and a little ornery. She acts as if she doesn't care about anything, and that's a bold thing to do. I like that she's decided that her way of moving through the world is to just knock everything over.

Can you recall your first encounter with the animatronic version of Sunny? We had a little meet-and-greet in the robot studio. It was cool, although not what I expected – she's muscular, but cute. I immediately felt affectionate towards her – some animal part of my brain responded to her cute face!

Joanna Sotomura, who voices Sunny, also provides her facial expressions through the use of motion-capture cameras. How did that work for your scenes together? Joanna was in a tent [on set] with a helmet on and did all of these facial expressions that were captured for the actual robot. It meant that I was acting with a proxy of Sunny, but watching it back, I could very clearly see Joanna's expressions through Sunny.

What do you hope audiences will take away from the show? I hope they find it gripping, relatable, and they're invested, intrigued and want to see more. I also hope that they find themselves feeling really conflicted about Sunny!

What we're watching...

The shows being enjoyed by the *TVSW* team

Presumed Innocent

Genre: Thriller Season: 1 Episodes: 8 (released weekly)

There is no shortage of twists and turns in this gripping adaptation of Scott Turow's thrilling novel. Jake Gyllenhaal (right) gives a fine performance as Chicago chief deputy prosecutor and family man Rusty Sabich, whose colleague Carolyn Polhemus (Renate Reinsve) is brutally murdered. But when it comes to light that Rusty had been having an affair with Carolyn, he becomes the prime suspect. The top-notch cast includes Ruth Negga, Bill Camp, Peter Sarsgaard and *The Handmaid's Tale*'s O-T Fagbenle.

Under the Bridge

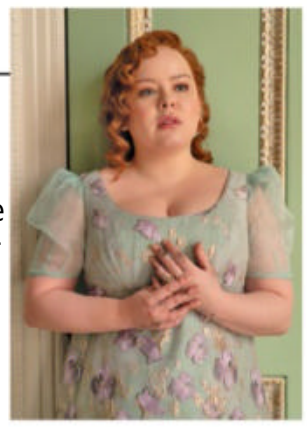
Genre: Drama Season: 1 Episodes: 8

Riley Keough (right) and Oscar nominee Lily Gladstone star in a thought-provoking drama based on the shocking murder of 14-year-old Reena Virk in British Columbia, Canada, in 1997.

Bridgerton

Genre: Drama Season: 3 (part B) Episodes: 5-8

Penelope Featherington (Nicola Coughlan, right) is overjoyed to be engaged to Colin Bridgerton (Luke Newton) but she is under pressure to reveal she is Lady Whistledown, the author of the society scandal sheet.



Now in production...

Three upcoming shows to look out for soon

Riz Ahmed

The actor (above) will write, produce and star in an as-yet-untitled Prime Video comedy following Shah Latif, a down-on-his-luck thespian who could be set to land the role of his dreams but experiences turmoil when he becomes embroiled in a bizarre conspiracy.

The Thursday Murder Club

David Tennant (above), Daniel Mays and Naomi Ackie are joining Netflix's adaptation of Richard Osman's novel about four crime-solving pensioners played by Dame Helen Mirren, Celia Imrie, Pierce Brosnan and Sir Ben Kingsley.

The Twelve

The second eight-part series of the Australian legal drama will air on ITVX later this year and sees Sam Neill (above) return as barrister Brett Colby. Twelve jurors hear the case of ex-lovers accused of murder after a body is found in a well. Frances O'Connor co-stars.

WORDS: CAREN CLARK, JUDY EWENS, ELAINE REILLY; PHOTOS: APPLE TV+, ©2024 DISNEY & ITS RELATED ENTITIES, GETTY, ITV, NETFLIX

Suze (Susan Stanley) and Sare (Sarah Goldberg)

Susan Stanley and Sarah Goldberg star as half-siblings searching for their father...

Sister act

Sisters

NEW *Available:* ***Friday 12 July*** *Genre:* ***Comedy drama*** *Season:* ***1*** *Episodes:* ***6***

Actors and best friends Sarah Goldberg and Susan Stanley first met at drama school two decades ago and have wanted to work with one another ever since. It may have taken a while, but now their ambition has finally come to fruition as they have co-created and co-star in UKTV Play's new comedy-drama series *Sisters*.

'We've been trying to write together for years,' says *Barry* star Goldberg. 'Honestly, it was a dream come true. We poured our hearts into it.'

In *Sisters*, Canadian Goldberg plays Sare, who lives in Toronto, where, in the aftermath of her mother's death, she is shocked to find out that her biological father was actually an Irish busker her mum met while backpacking some 30 years before.

BONDING

Grieving, naive Sare flies to Dublin to track the man down, only to discover she has a half-sister in the shape of hard-drinking, chaotic Irishwoman Suze (Stanley), whose life is in free fall. She's about to be evicted from her home, is on the brink of losing her job and is dating unsuitable men – all under the scathing eye of her eccentric mother Sheryl (*Sex Education*'s Sophie Thompson).

Goldberg and Stanley say that their real-life friendship played into the creation of their characters in *Sisters*.

'We were real opposites but we bonded quite quickly and we wanted to use that as a way into this story,' explains Stanley.

'What happens if these two people who are complete opposites are thrown together and have to stay together? What does that do to them? And what do they learn about themselves and each other?'

Sophie Thompson (third from left) plays Suze's mum Sheryl

HAPPY ENDING?

So, despite their differences, Sare and Suze set off on a road trip to Galway in an old ice-cream van to find their alcoholic father and, along the way, they forge an unexpected bond.

'We wanted to be truthful in the complexities of life as a woman in your 30s,' says Goldberg.

'I feel like we see so many stories with these very one-dimensional, so-called happy endings for women that are about finding a man and having a baby. We just wanted to challenge it and ask questions about it.'

Brats

NEW *Available:* ***Fri day 5 July*** *Genre:* ***Documentary***

In June 1985, *New York* magazine ran a cover story entitled *Hollywood's Brat Pack*, which lumped together a group of successful young actors including Rob Lowe, Emilio Estevez, Demi Moore and Andrew McCarthy – and the label stuck. In his documentary, McCarthy reunites some of his fellow Brat Packers to reflect on their sudden rise to fame and that nickname. 'We recoiled against that and it did affect our careers,' he says.

Me

NEW *Available:* ***Friday 12 July*** *Genre:* ***Sci-fi*** *Season:* ***1*** *Episodes:* ***10***

In this coming-of-age sci-fi drama, there's a new superhero on the block and he's only 12. Ben (Lucian-River Chauhan, above) is dealing with the challenges of school and adjusting to a newly blended family when he discovers he has superpowers. His stepsister Max (Abigail Pniowsky) helps him harness his abilities while he tries to figure out his identity. 'It's a superhero origin story unlike any other,' says showrunner Barry L. Levy.

Divorce in the Black

NEW *Available:* ***Thursday 11 July*** *Genre:* ***One-off thriller***

***Harlem*'s Meagan Good** stars as banking professional Ava, who is devastated when her husband Dallas (Cory Hardrict) abruptly leaves her, in filmmaker Tyler Perry's psychological thriller. At first, Ava's determined to save their marriage until her husband reveals his dark side. 'I hope this movie encourages and empowers women to reclaim their time, their value and embrace the next chapter of their lives, whatever it may be,' says Good.

WORDS: NATASHA HOLT, REBECCA MAHONEY, CAREN CLARK, JUDY EWENS. PHOTOS: APPLE TV+, C4, CHANNEL 5, ©2024 DISNEY & ITS RELATED ENTITIES, ITV, PRIME VIDEO, UKTV

The Queen of Hearts, Chloe, Princess Red and Cinderella

Heroes & villains

Kylie Cantrall on playing Princess Red in the fourth film in the fairy-tale franchise

Disney+ Descendants: The Rise of Red

NEW *Available:* ***Friday 12 July***
Genre: ***Fantasy drama***

Once upon a time… there was a musical fantasy movie that introduced the world to the nefarious offspring of Disney's greatest villains. Since its 2015 release, *Descendants* has spawned two smash-hit sequels, and this week, the legacy continues in a fourth adventure titled *The Rise of Red* on Disney+.

The action whisks fans away to Wonderland, where Princess Red (Kylie Cantrall), the rebellious daughter of the fearsome Queen of Hearts (played by singer and *The Masked Singer* panellist Rita Ora), receives an invitation to attend the prep school in Auradon.

But when her mother drops Red off at the school, she spies an opportunity to incite a coup and take over Auradon, all the while barking 'off with her head' at her long-time frenemy Cinderella (singer Brandy Norwood reprising her role from 1997 film *Cinderella*).

TIME TRAVEL

Red then teams up with Cinderella's perfectionist daughter, Chloe (Malia Baker), to travel back in time to try to stop her mother from becoming a supervillain and save Auradon.

'I'm a huge fan of the Descendants movies, so it's been wild to star in one,' Cantrall, 19, tells *TV&Satellite Week* via video link from the US. 'I was about nine years old when the first one came out and I remember it vividly. It was the best thing I'd ever seen: the costumes, the vibe, the music.

'Red is a brilliant rebel, who walks to the beat of her own drum. She's not from a warm, loving household, so she goes on a beautiful journey of self-discovery with Chloe and is pulled between these two worlds of good and evil.'

Returning cast members include China Anne McClain as Uma, who's now the head of Auradon's prep school, and Melanie Paxson as the Fairy Godmother, while the soundtrack features seven original songs.

'I come from a singing-dancing background, so this role combines all my different facets,' says Cantrall, who's also a singer-songwriter.

'I grew up a huge fan of Brandy Norwood, so working with her was crazy for me. Having Rita Ora play my mother was amazing, too. She was so sweet, warm, funny and even gave me boy advice. She's very different from the Queen of Hearts!'

EVERYONE'S TALKING ABOUT…

We point you towards the TV moments you won't want to miss on catch-up

ITV X Douglas Is Cancelled

In ITV1's comedy drama, news presenter Douglas Bellowes (Hugh Bonneville) is shocked after a guest at a wedding he attended goes on social media to accuse him of making a sexist joke.

Sky box sets / Virgin / NOW Paul Whitehouse's Sketch Show Years

On Gold, the comic examines the history of the sketch show, highlighting the work of the Monty Python gang and the timeless appeal of 1970s classics such as *The Two Ronnies*.

Channel 5 The Terracotta Army with Dan Snow

Channel 5's documentary sees the historian travel to Xian in China to reveal how the 2,000-year-old clay warriors were discovered by farmers in 1974 and are still being unearthed today.

Channel 4 Suranne Jones: Investigating Witch Trials

In C4's two-parter, the actor fronts her first TV documentary, taking a deep dive into the infamous Pendle witch trials of 1612, which resulted in the execution of 10 people in Lancaster.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

Sons of Anarchy
Monday 8 July

All seven seasons of the US drama from 2008 to 2014 revolving around members of a notorious motorcycle club in California. Charlie Hunnam, Katey Sagal and Maggie Siff star.

Melissa Etheridge: I'm Not Broken
Wednesday 10 July

In 2020, American singer-songwriter Melissa Etheridge lost her 21-year-old son Beckett to opioid addiction. This docuseries chronicles her journey back to her Kansas home town to write a song inspired by five women incarcerated at the Topeka Correctional Facility for addiction issues.

Melissa Etheridge: I'm Not Broken

Kamp Koral
Wednesday 10 July

The second season of the animated prequel series follows a young SpongeBob SquarePants and his pals during a summer of fun in the kelp-forest camp of Kamp Koral.

Eva Lasting
Wednesday 10 July

Second season of the Colombian drama. The arrival of a girl called Eva at an all-boys school turns Camilo's world and that of his classmates upside down.

Sunny
Wednesday 10 July

Darkly comic thriller starring Rashida Jones as Suzie, an American living in Kyoto, Japan, whose husband and son disappear in a plane crash. Suzie is given a domestic robot called Sunny and together they uncover the truth about the crash. See feature, page 14.

Exploding Kittens
Friday 12 July

Adult animation. In order to reconnect with humanity, God (voiced by *Lucifer*'s Tom Ellis) is sent to Earth – but in the form of a cat. He moves in with a dysfunctional family, only to find that the cat next door is his nemesis, the Antichrist (Sasheer Zamata).

Mike
Wednesday 10 July

Moonlight's Trevante Rhodes stars in an unauthorised, no-holds-barred look at the life of Mike Tyson, exploring the tumultuous ups and downs of his boxing career and personal life. Previously shown on Disney+ in 2022.

Abbott Elementary
Wednesday 10 July

Part two of the third season of the Emmy-winning US mockumentary series set in a Philadelphia elementary school and starring its creator Quinta Brunson.

Sausage Party: Foodtopia
Thursday 11 July

Adult animation based on the 2016 film *Sausage Party*, in which sausages, hot-dog buns and other food items learnt the terrible fate that awaited them in human kitchens. Now, they are trying to build their own food society. With the voices of Seth Rogen, Kristen Wiig, Michael Cera and Edward Norton.

Divorce in the Black
Thursday 11 July

Psychological thriller from Tyler Perry. Ava (Meagan Good) is devastated when her husband Dallas (Cory Hardrict) abandons their marriage and she determines to fight for their relationship – until fate intervenes, revealing Dallas' wicked deeds.

Mastermind: To Think like a Killer
Thursday 11 July

Docuseries about Ann Burgess, a specialist in the FBI's Behavioral Science Unit, whose research into criminal behaviour transformed the way the agency tracked down serial killers and other violent offenders.

Receiver
Wednesday 10 July

Sports docuseries following several top wide receivers, including Davante Adams (pictured), Justin Jefferson and Deebo Samuel, during the 2023-24 NFL season.

Vanished into the Night
Thursday 11 July

Italian thriller. A father going through a difficult divorce embarks on a desperate mission to find his children after they disappear from their isolated country house.

Descendants: The Rise of Red
Friday 12 July

The fourth film in the musical fantasy franchise. Red, the rebellious daughter of the tyrannical Queen of Hearts, and Chloe, Cinderella's daughter, travel back in time to try to undo the traumatic event that set Red's mother down her villainous path. Kylie Cantrall, Rita Ora, Brandy Norwood and Malia Baker star. See feature, page 17.

The Iron Claw
Friday 12 July

Zac Efron, *The Bear*'s Jeremy Allen White and Harris Dickinson star in a biographical sports drama based on the true story of the Von Erich brothers, who achieved success in the competitive world of US professional wrestling in the early 1980s but whose lives were blighted by tragedy.

Me
Friday 12 July

Family sci-fi drama. Twelve-year-old Ben Vasani (Lucian-River Chauhan) is dealing with life at school, including bullies and teenage crushes, and also adjusting to a newly blended family when he discovers he has superpowers.

Sentinel
Friday 12 July

Sci-fi thriller. Years after an alien invasion almost extinguished humanity, three soldiers time-travel in a desperate attempt to save the survivors, but the guardian of the portal, known as the Sentinel, is waiting for them. Stars Jason R. Moore and Ellie Patrikios.

The Champion
Friday 12 July

Spanish drama. A football star has it all until a fight gets him benched and assigned a new tutor – an academic who teaches him to face his fears.

Sisters
Friday 12 July

Comedy drama co-written by and starring Sarah Goldberg as Sare, a Canadian who finds out that her biological father was an Irish busker. She goes to Ireland, where she discovers that she has a half-sister, Suze (Susan Stanley), and the pair embark on a road trip in search of their dad. See feature, page 16.

WORDS: JUDY EWENS. PHOTOS: JAMES MOES/PARAMOUNT+, NETFLIX

Documentaries

Ollie

El Sapo

Party Island

The story of how Ibiza was transformed by the **drugs trade**

NEW FACTUAL

Ibiza Narcos

Sunday, 9pm, Sky Documentaries & Sky Showcase (box set, Sky Box Sets & NOW)

Each year, millions of tourists flock to Ibiza, drawn by its beautiful beaches and vibrant club scene. But as Sky Documentaries' new series *Ibiza Narcos* reveals, the island was once a sleepy place and its transformation into one of the world's party capitals was fuelled by a lucrative and dangerous drugs trade.

The three-parter, which follows earlier series *Liverpool Narcos* and *Dublin Narcos*, features interviews with many of the drug dealers and smugglers who have profited from Ibiza's notoriety. It shows how the island first began to change when it became part of the hippy trail in the 1960s and 1970s, attracting free spirits who smoked marijuana and took LSD.

'It's the reason everyone came here, because it's so relaxed,' says Ollie, who calls himself a 'hippy child'. 'If you love drugs, drinking, sex and music, you could have it all.'

Jon Imanol Sapieha Candela, better known as 'El Sapo', was the boss of an organised crime gang in Spain for 30 years, and agrees that the hippies opened up the drugs market in Ibiza.

'They gave the idea to organised crime to enter this business – the hippy Mafia was disorganised crime,' he says. 'I sent boats to Morocco and for 10 years I was importing 120,000kg a year.'

WILD WEST

As organised crime gangs took over the distribution of drugs to the island, they also opened nightclubs to allow them to launder their money. That, in turn, enticed a party crowd, and in the 1980s, 1990s and 2000s Ibiza was awash with clubbers taking ecstasy and its reputation as a non-stop partying island was cemented.

Long Lost Family

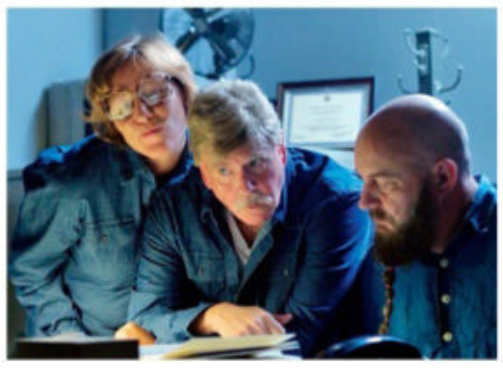
Monday, 9pm, ITV1

The reunion show returns with the story of Roslynne from Cornwall, who would like to meet the daughter she gave up for adoption as a teenage mum in 1965, and Tegan, who was adopted in London in the 1960s and wants to trace the brother she first learnt about when she was in her 40s.

Horsepower

Tuesday, 10pm & 11pm, BBC4 (box set, BBC iPlayer)

Filmed across the 2020/2021 horse-racing season, this series takes a behind-the-scenes look at the top-performing Park House Stables in Hampshire during the nine months leading up to Royal Ascot 2021. Featuring jockey Oisin Murphy and celebrated trainer Andrew Balding.



Greatest Prison Escapes with Billy Hayes

Monday, 10pm, Sky History

The Oscar-winning film *Midnight Express* recounted how American Billy Hayes escaped from a Turkish jail after being arrested for drugs offences in 1970. Here, with re-enactments and interviews from witnesses and law enforcement, he looks back at some other dramatic prison breaks.

WORDS: NATASHA HOLT, HANNAH DAVIES, JUDY EWENS. PHOTOS: SKY, BBC, C4, ITV

'It was a free-for-all,' remembers Ollie. 'Everyone could do what they wanted in the clubs. Any drugs you wanted, orgies, there was all sorts going on. I call it the Wild West.'

But while the police had once been largely content to look the other way when it came to drug use, and corruption was rife, ecstasy brought with it hospital admissions and even deaths. That meant that dealers such as Jean-Michel Fueter soon found themselves under investigation.

'I would make my own pills,' he admits. 'I didn't feel that what I was doing was wrong. It had no negative consequences, it didn't create addicts or people who would kill their grandma to buy another pill. My idea was to share something that would effect somebody's personal growth.'

Like Fueter, El Sapo says he has no regrets about making money from those wanting to do drugs.

'Clubbers? I love them,' he says. 'Let them take. It's good for their health and my wallet.'

Help! We Bought a Hotel

Monday, 9pm, More4

This spin-off from *Help! We Bought a Village* follows intrepid Brits who buy run-down, dormant properties and transform them into hotels. In Wales, friends Ben, Raj and Des have purchased Llanerchydol Hall, and in France, Tim and Ingrid have been running their boutique hotel in Auzelles for eight years.

Super Surgeons: A Chance at Life

Tuesday, 9pm, C4

A last look at the pioneering work of the cancer surgeons at The Royal Marsden hospital follows 66-year-old Dave, who needs surgery to remove a grapefruit-sized tumour that has wrapped around his kidney, and Jonathan, a 48-year-old who is undergoing cutting-edge robotic surgery.

Lost heroes

Guy Martin helps search for the remains of three British World War Two pilots

NEW FACTUAL

Guy Martin's Lost WW2 Bomber

Sunday, 9pm, C4

On 13 June 1943, Lancaster bomber ED603 was shot down over the Netherlands as it returned home to the UK following an air-raid mission over Germany.

It crashed into Lake IJsselmeer, killing all seven crew members. However, while four bodies were washed ashore, the remains of flight engineer Arthur Smart, officer Charles Sprack and flight sergeant Edward Moore have never been found.

Now, in C4's *Guy Martin's Lost WW2 Bomber*, the presenter and former motorcycle racer follows the national Dutch aircraft-recovery programme as they attempt to recover the plane and the remains of the missing airmen.

'The plan is to find the missing bodies and give them a proper burial,' says Martin, 42. 'They paid the ultimate price for our freedom. It's going to involve extreme engineering but to be a part of the project is mega.'

The complex recovery mission involves a million-pound engineering project to build a special dam, known as a cofferdam, around the Lancaster bomber using steel piles and panels and then pumping out the water.

SOLVING A MYSTERY

As the lake bed surrounding the bomber is finally fully exposed, Martin is given the job of pressure-washing the Rolls-Royce Merlin engine. By examining the wreckage, the plane's final moments are revealed, with evidence pointing to a ferocious fire onboard before it hit the water and disintegrated.

Then, after several weeks of painstaking forensic work, the remains of all three missing crew members are recovered, as well as personal items like cigarette cases, meaning their families can finally lay them to rest.

'They're so humbled by what the Dutch have done and we're over the moon that we have closure for them,' says Martin. 'It was all about giving these three lads a proper burial. I won't forget it.'

Martin looks on as the project begins

Films Our Pick of

PREMIERE OF THE WEEK

Eileen

A beguiling **Anne Hathaway** and **Thomasin McKenzie** dabble in criminality

MYSTERY THRILLER

Saturday, 2.25pm & 10pm, Sky Premiere ★★★★

Next to *Last* *Night in Soho*, Thomasin McKenzie's previous foray into psychosexual thriller territory, *Eileen* might at first be dubbed *Drab Days in Massachusetts*. Until, that is, exotic Rebecca (Anne Hathaway) flutters into the title character's life: a startling femme fatale in fire-engine red who offers McKenzie's timid prison staffer both a whiff of temptation and the chance to escape the grim juvenile detention facility she works at when not pandering to her drunken ex-cop of a father (Shea Wigham).

British director William Oldroyd – working from Ottessa Moshfegh's 1960s-set 2015 novel – brings us a female-led story about a young woman kicking against her restricted circumstances, but halfway through a neat reversal deftly diverts the action into Coen brothers territory. A rash move on the part of psychologist Rebecca obliges the same from Eileen, suggesting that a vein of calculating criminality was never too far beneath that meekly submissive surface.

McKenzie and Hathaway make an enticing duo in a film that grips tightly all the way to its slightly deflating conclusion. Yet it's not just the ladies who shine; the reliable Wigham makes Eileen's dad a casually cruel embodiment of everything she's eager to escape. 2023, 15, 98MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: NIGEL PIZEY, NEIL SMITH

the Week's Best Films

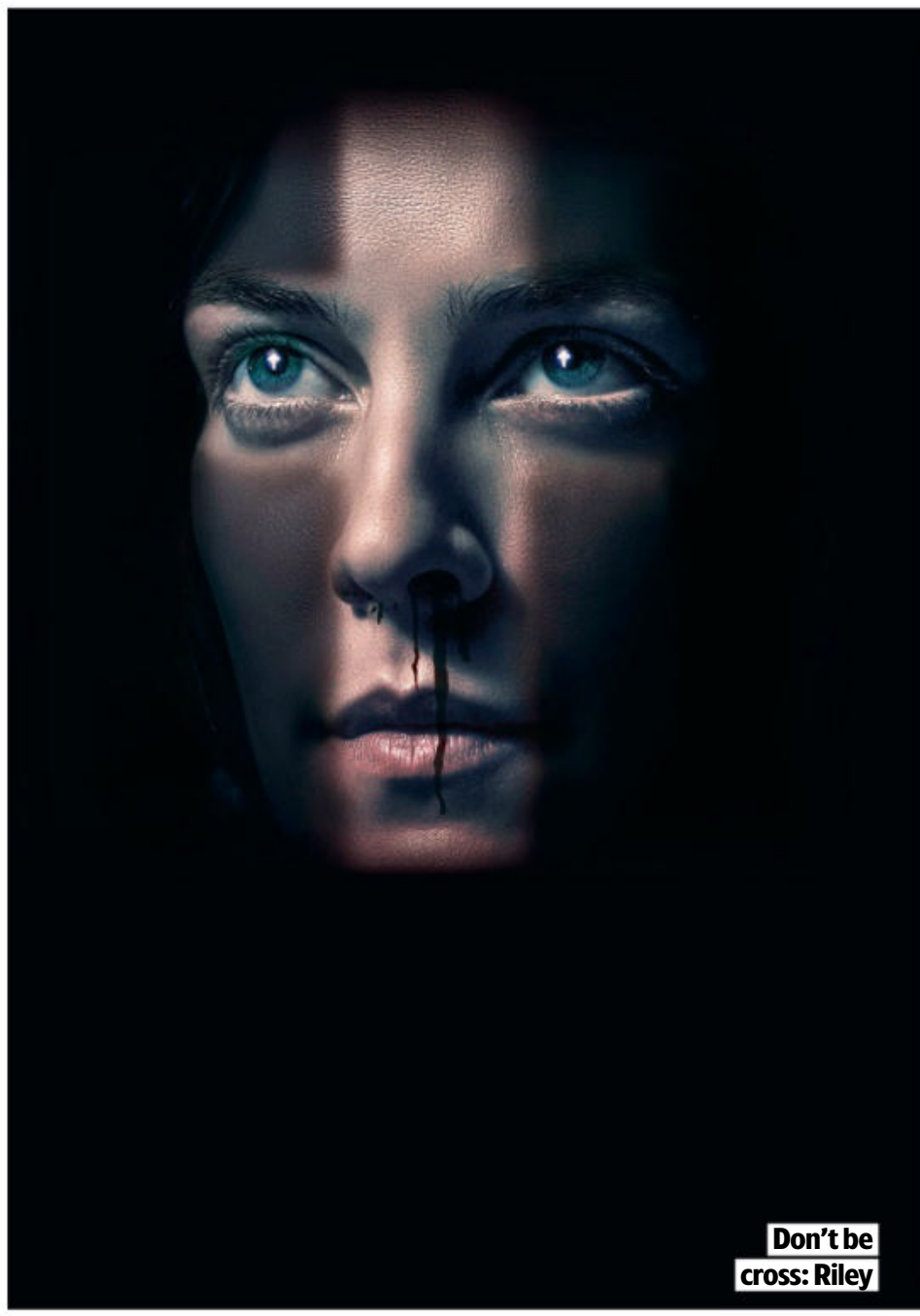
ROMANTIC COMEDY

Ticket to Paradise

Friday, on demand, Netflix ★★★

If ever there was a movie to highlight just how much effortless charm and raw star power can achieve, this is it. George Clooney and Julia Roberts have been happily divorced for almost 20 years when their only daughter Kaitlyn Dever decides to marry Balinese seaweed farmer Maxime Bouttier. So the bickering parents attempt to bury their distain for each other and join forces to stop the nuptials. The plot is by-the-numbers, but George and Julia make terrific company with their snark and snipes, before the bonds between them grow again. Although more sentimental than comic, this is essentially an entertaining, old-school screwball. 2022, 12, 104MIN

Back together: Julia and George



Don't be cross: Riley

CHILLER

The Lodge

Thursday, 10.50pm, Film4 ★★★★

The first English-language movie from Austrian directing pair Severin Fiala and Veronika Franz (*Goodnight Mommy*), this classy chiller capitalises on strong acting and atmosphere rather than obvious scares. It follows the unwinding of a woman (Riley Keough) in a fragile mental state, someone who just escaped a dangerous cult, but is now trying to lead a normal life. 'Normal' for her is shacking up with widowed father of two, Richard Armitage. When she and her new family travel to a cabin in the wilderness for Christmas, Keough is unwillingly left to care for the kids (Jaeden Martell and Lia McHugh) while Armitage must address an urgent matter. The children dislike Keough, but are they to blame for the sinister happenings around the frosty house? Elegant, engrossing and unsettling, this leaves you with food for thought. 2019, 15, 108MIN

DRAMA

Manodrome

Sunday, 7.20am & 6.20pm, Sky Premiere ★★★

Full of twitchy, pent-up fury, Jesse Eisenberg's Ralphie is a ripe pickings for Adrien Brody's men's cult, with its celebration of celibacy and disdain for the other sex. Trouble is, Ralphie has a heavily pregnant girlfriend (Odessa Young) complicating the picture. A tortured, confused soul, Eisenberg is on electric form (as is the cast in general), even if John Trengrove's film can't quite get its pacing right or reveal a clarity in the ideas it's trying to put forth. It does have things to say about toxic masculinity, but that only touches on one part of Ralphie's mental state. 2023, 15, 91MIN

Caught in a trap: Jessie and Odessa

HORROR

The Nun 2

Friday, 12.40pm & 8pm, Sky Premiere ★★

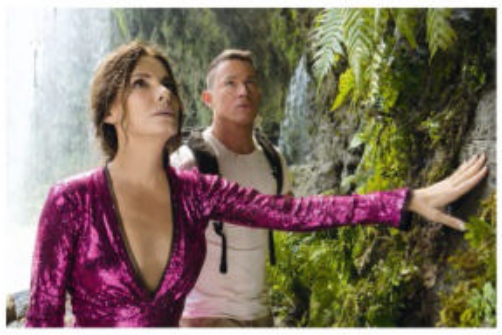
This sequel to 2018's *Conjuring* spin-off hit sees the return of Taissa Farmiga as Sister Irene. She's reluctantly pressed back into service when a string of suicides and immolations point to an evil reawakened... The scares raise nary a shudder, but gore-hounds will derive pleasure from the part played by a pair of gouged-out eyeballs and the boarding-school setting, a fiefdom for 1950s-era mean girls who take malicious glee in tormenting put-upon waif Sophie (Katelyn Rose Downey), introduces a soupçon of freshness. 2023, 15, 110MIN

Help from upstairs: Taissa

FilmFinder

The best of the week at a glance

Adventure



The Lost City

Monday, 9pm, Film4 ★★★★

Novelist Sandra Bullock is kidnapped by Daniel Radcliffe, who thinks she can unlock the code to a fortune. Stumbling to her rescue is Channing Tatum in this sleek, fun yarn. 2022, 12, 112MIN

No Escape

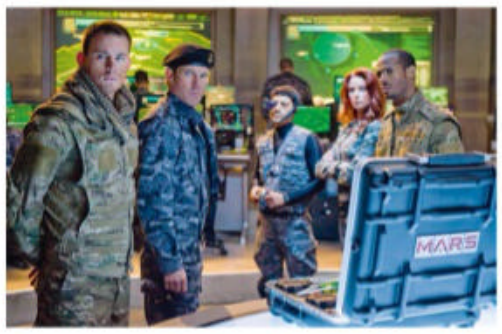
Tuesday, 9.50am & 4.25am, Sky Action ★★★

Caught in a coup in Southeast Asia, Owen Wilson and family fight for survival. After a blistering start, this stalls, but the good acting keeps us glued. 2014, 15, 103MIN

Catch Me If You Can

Wed, 3pm, Sky Greats ★★★★★

In the 1960s, teen Leonardo DiCaprio cons his way round the US, while Tom Hanks' FBI agent tries to catch him. Steven Spielberg's real-life tale is expertly acted and gloriously witty. 2002, 12, 141MIN



G.I. Joe: The Rise of Cobra

Thursday, 6.45pm, Film4 ★★★

Channing Tatum joins Dennis Quaid's elite military unit, G.I. Joe, just as it takes on arms dealer Christopher Eccleston and Tatum's ex Sienna Miller. A daft but well-handled yarn. 2009, 12, 118MIN

Animation

Spirited Away

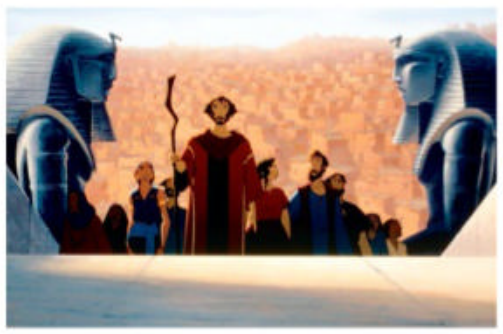
On demand, Netflix ★★★★★

Hayao Miyazaki's Oscar-winning cartoon is a work of immense imagination and beauty. After her parents are turned into pigs, a girl must work in a spa for gods and spirits to free them. 2001, PG, 125MIN

Surf's Up

Saturday, 9.20am & 5.50pm, Sky Animation ★★★★

This bright spoof reveals penguins invented surfing and follows the birds at a big competition. Shia LeBeouf and Jeff Bridges head the vocal cast. 2007, PG, 85MIN



The Prince of Egypt

Sun, 7.40am & 7.20pm, Sky Animation ★★★★

In this stunningly realised story of Moses (voiced by Val Kilmer) the plagues, parting of the Red Sea and the scale of it all leap off the screen. 1998, U, 99MIN

The Road to El Dorado

Thu, 4.30am, Sky Animation ★★★

An amiable cartoon in which two 16th-century Spanish conmen (voiced by Kevin Kline and Kenneth Branagh) unwittingly end up in El Dorado, South America, where they're greeted as gods. 2000, U, 89MIN

Comedy

Asteroid City

Monday, 11.35am, Sky Cinema Comedy ★★★

Writer-director Wes Anderson's playful romp offers a wry look at life's mysteries. Scarlett Johansson and Steve Carell are among the starry cast. 2023, 12, 105MIN

Isle of Dogs

Tuesday, 1.55am, Film4 ★★★★★

Wes Anderson's beguiling, charming stop-motion animation is an absolute joy, set in a futuristic Japan where all dogs have been banished to an island – then a boy sets off to save his pet... 2018, PG, 101MIN

EDITOR'S CHOICE

The French Dispatch

Saturday, 9pm, C4 ★★★★★

This beautiful, lovingly crafted nod to old-school journalism from writer-director Wes Anderson is a delight. It's set in a fictional French town where Bill Murray runs the title supplement. A whirlwind of cuts, cameos (the all-star cast is amazing) and quirky, imaginative detail takes flight as we're taken through the magazine and three articles by Tilda Swinton, Frances McDormand and Jeffrey Wright. 2021, 15, 107MIN

Fantasy

King Arthur: Legend of the Sword

Saturday, 5.45pm, Sky Action ★★★

Guy Ritchie's version of the Dark Ages myth is a typically irreverent lark. Charlie Hunnam is chancer Arthur, who embraces his destiny. 2017, 12, 126MIN

Transformers: Rise of the Beasts

Tuesday, 5.45pm, Sky Action ★★★

With robots benign and nefarious and thunderous action, there is much OTT fun to enjoy here. Dominique Fishback and Anthony Ramos star. 2022, 12, 127MIN

The Lord of the Rings: The Return of the King

Wed, 4pm, Sky Family ★★★★★

Peter Jackson's masterful trilogy reaches its awesome conclusion as Elijah Wood and Sean Astin try to complete their perilous journey. 2003, 12, 201MIN

The Last Witch Hunter

Wednesday, 5.35am, Sky Action ★★★

Rendered immortal centuries ago by Julie Engelbrecht's Witch Queen, Vin Diesel's warrior now battles to prevent her resurrection in this always enjoyable action fantasy. 2015, 12, 106MIN

FILMS MAY BE EDITED FOR TELEVISION. THE RUNNING TIMES GIVEN ARE THOSE OF THE ORIGINAL CINEMA RELEASES.

Weekend movies

Saturday 6 July

COMEDY DRAMA

Once Upon a Time in... Hollywood

9pm, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Quentin Tarantino's juicy take on 1960s Hollywood and the Manson Family is a leisurely meditation on friendship and fame, the advent of hippies and the changing of the guard in Hollywood. Leonardo DiCaprio, as a fading TV Western star, and Brad Pitt, as his stunt double and best friend, are a dream team and Margot Robbie also excels as DiCaprio's famous next-door neighbour, Sharon Tate. Shot with Tarantino's customary wit and freewheeling flair and topped by an explosive finale, this is a blast. 2019, 18, 166MIN

Tall tales: Brad and Leonardo

DRAMA

Dream Horse

6.45pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This spirited movie is an unlikely but appealing winner, as lively and determined as its racehorse hero, Dream Alliance, the steeplechase champion bred on a Welsh allotment. It's a familiar real-life underdog tale of promise, near-tragedy and a nail-biting finish. However, Toni Collette and Damian Lewis are excellent leads, there's a fine gallery of familiar faces in support and the heart-pumping race action puts you right in the saddle. 2020, PG, 108MIN

THRILLER

A Prayer for the Dying

12m't, Talking Pictures ★★★

Sex ●●● Violence ●●● Language ●●●

Sickened by the violence in Northern Ireland, Mickey Rourke's Fallon flees to England where he is sought by the IRA, the police and an underworld kingpin (Alan Bates) who wants a killing from Fallon in return for a passport and money. Bob Hoskins is a priest also thrown into the mix after witnessing a murder in this sometimes clunky but always interesting thriller that's sharply staged and well acted. 1987, 15, 108MIN

ACTION

Den of Thieves

12.15am, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

Gerard Butler is perfectly cast as a hard-ass LA cop gunning for Pablo Schreiber's gang of ex-Marines-turned-bank robbers in this brawny crime thriller. The gang is planning a $30million heist, but the biggest act of larceny being attempted here is to knock off Michael Mann's *Heat*. This is hardly in that league, but it still delivers plenty of thrilling action and the heist itself is, surprisingly, very ingeniously done. 2018, 15, 140MIN

WORLD CINEMA

Who You Think I Am

1.20am, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

This playful French drama stars Juliette Binoche as a divorced fiftysomething academic who, when spurned by a younger male lover, creates the social media avatar of a 25-year-old fashion intern. Deploying a far from reliable narrator as its heroine, and constantly pulling the narrative rug from under our feet, this bittersweet tale is a perfect showcase for Binoche. Subtitled. 2019, 15, 101MIN

■ Full listings start on p35

Sunday 7 July

SUPERHERO

Wonder Woman 1984

7.25pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Making a welcome return in her exuberant second solo adventure, Gal Gadot's whip-cracking Amazonian princess Diana is working at the Smithsonian Museum in 1984 Washington DC, while performing acts of heroic do-goodery on the side. In this era of rampant materialism, she has to get to grips with Pedro Pascal's huckster Max Lord in a plot that also pulls in Kristen Wiig's Barbara Minerva. But it's the mysterious return of Steve (Chris Pine) that delights. Affecting, cheesy and rousing stuff. 2020, 12, 151MIN

Show time: Gal and Chris

ACTION

Mission: Impossible – Dead Reckoning Part One

9.50am & 9pm, Sky Spies ★★★★

Sex ●●● Violence ●●● Language ●●●

In his seventh outing as Ethan Hunt, Tom Cruise faces his most dangerous enemy yet: AI. He must retrieve both halves of a mysterious key that is the means of controlling this untold power. With effective characters old and new – including Simon Pegg, Ving Rhames, Vanessa Kirby, Rebecca Ferguson and Hayley Atwell – this is big, busy and thrilling. 2023, 12, 163MIN

BIOPIC

House of Gucci

10.30pm, BBC1 (11pm Wales) ★★★

Sex ●●● Violence ●●● Language ●●●

Director Ridley Scott's flashy, trashy chronicle of the fashion house's rise and fall is a guilty pleasure filled with oversized performances and all the gaudy trappings of opulent high living. It starts in 1995 with a fateful encounter in Milan, before backtracking to 1978 when Maurizio Gucci (Adam Driver) meets trucker's daughter Patrizia Reggiani (Lady Gaga), who sees him as her passport to luxury. 2021, 15, 158MIN

BIOPIC

Vice

11.45pm, BBC2 (not N Ireland) ★★★★

Sex ●●● Violence ●●● Language ●●●

Christian Bale delivers a tour-de-force as Dick Cheney, George W Bush's vice president. Director Adam McKay's cheekily offbeat, darkly funny biopic is scathing as it chronicles his rise to power. Bale's Washington insider is ruthlessly devious, as is Amy Adams as his wife, while Steve Carell and Sam Rockwell provide further mirth as a cynical Donald Rumsfeld and a clueless Bush. 2018, 15, 132MIN

SCI-FI

A.I. Artificial Intelligence

12.30am, C4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Haley Joel Osment is an android boy, designed by scientist William Hurt to have real feelings. But he ends up an outcast with an overriding desire to be a real boy and only a talking teddy bear and fellow robot Jude Law as friends. Osment is superb, but Law also excels, while director Steven Spielberg weaves a mesmerising spell. 2001, 12, 145MIN

■ Full listings start on p45

PAY-PER-VIEW PREMIERES

The pick of the week's films on Sky, Virgin and other platforms

Hard sell: Julio

COMEDY

Problemista

From Monday ★★★

Sex ●●● Violence ●●● Language ●●●

In this absurdist comedy, writer-director-star Julio Torres' gentle wannabe toy designer Alejandro faces deportation to El Salvador unless he can urgently earn visa sponsorship by arranging an art show of the weird egg paintings made by the cryogenically frozen husband of his monstrous art critic boss Elizabeth (a roaring, magenta-haired Tilda Swinton). A head-spinning combo of deadpan art-world parody, poignant immigration satire and lo-fi fantasy, this is a chaotic but wildly imaginative slice of whimsy. 2024, 15, 105MIN

Fine dining: Garfield

ANIMATION

The Garfield Movie

From Tuesday ★★

Sex ●●● Violence ●●● Language ●●●

With peppy vocals by Chris Pratt as the lasagne-loving feline and a hectic caper plot, this animation is an ostensibly fresh chapter for Jim Davis' comic-strip star. Alas, the film is thinly stretched and stumbles with a sudsy backstory involving an errant dad (Samuel L Jackson) who abandoned Garfield as a kitten to be raised by exploitable cartoonist Jon (Nicholas Hoult). Then father and son are reluctantly reunited when vengeful Persian Jinx (Hannah Waddingham) demands they pilfer milk from an impregnable dairy farm. 2023, U, 101MIN

Weekday movies over page

Weekday movies

Monday 8 July

COMEDY HORROR

Renfield

6.20pm, Sky Supernatural ★★★★

Sex ●●● Violence ●●● Language ●●●

Positioning itself as a direct sequel to Universal's classic 1931 *Dracula*, this concentrates on Dracula's bug-eating familiar Renfield, played by a droll Nicholas Hoult, who is attending a support group to unpick his co-dependent relationship with his boss (a typically flamboyant Nicolas Cage). The fun plot also takes in traffic cops Awkwafina and Adrian Martinez, mob boss Shohreh Aghdashloo and Ben Schwartz's gang of drug dealers, with everybody comically mistaking everybody else. 2023, 15, 93MIN

Chewing it over: Nicolas and Nicholas

PERIOD DRAMA

Sense and Sensibility

4.10pm, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Director Ang Lee brings a whole new sensibility to bear on Jane Austen's classic novel, with Emma Thompson and Kate Winslet as the two sisters who are deprived of their inheritance. Lee's vision eschews familiar period drama chocolate-box photography in favour of something more sombre and moody. Much of the success of the film can also be credited to Thompson, who wrote the finely tuned screenplay. 1995, U, 136MIN

BIOPIC

American Sniper

5.45pm, Sky Action ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Clint Eastwood hits the spot in this tale of Chris Kyle, the Navy Seal whose prowess with a rifle during four tours of duty in Iraq won him renown as the most lethal sniper in US military history. A beefed-up Bradley Cooper is superb as Kyle in this thrilling and troubling biopic and Eastwood is as unerring as his protagonist, staging the action with gripping immediacy and drawing us into the heat of combat. 2014, 15, 132MIN

ROMANCE

Cold Mountain

5.15pm & 2.45am, Sky Drama ★★★

Sex ●●● Violence ●●● Language ●●●

During the American Civil War, Jude Law leaves the town of Cold Mountain to fight for the Confederacy. Staying behind is Nicole Kidman, the woman he loves. He's wounded in battle and eventually deserts, while she runs her farm with the help of eccentric Renée Zellweger. Full of stunning images and with a great score, this elegant romance tells its stories in parallel and builds to a powerful finale. 2003, 15, 152MIN

CRIME DRAMA

Sumotherhood

9.40pm, Sky Best of 2024 ★★★

Sex ●●● Violence ●●● Language ●●●

Co-writer and director Adam Deacon and Jazzie Zonzolo are hapless London besties trying to make it as wideboy criminals. This involves a bank robbery that goes horribly (and hilariously) wrong in a movie that is messy, but also has many endearing qualities, including cameos from the likes of Jennifer Saunders, Ed Sheeran, and, er, Jeremy Corbyn. 2023, 15, 97MIN

■ Full listings start on p55

Tuesday 9 July

THRILLER

Assassination Nation

1am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

High-school students Lily (Odessa Young), Em (Abra), Sarah (Suki Waterhouse) and Bex (Hari Nef) find themselves in the firing line after an anonymous hacker starts exposing everyone's dirty secrets in their small town. As people's passions rise and spill over into violence, the scapegoated girls resolve to fight back. With this deliriously provocative, riotously over-the-top horror satire, director Sam Levinson goes in all guns blazing, and then reaches for a katana as well. 2018, 18, 108MIN

Girl power: Abra, Odessa and Hari

COMEDY DRAMA

Instant Family

6.45pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Mark Wahlberg and Rose Byrne deliver a winning mixture of heartfelt emotion and exasperating humour in this comedy drama inspired by real events from the life of writer-director Sean Anders. They're a couple who are completely out of their depth when they foster three siblings (Isabela Moner, Gustavo Quiroz and Julianna Gamiz). Their determined efforts to cope are both funny and touchingly feel-good. 2018, 12, 118MIN

DRAMA

Swallows and Amazons

8.50pm, Sky Family ★★★★

Sex ●●● Violence ●●● Language ●●●

Arthur Ransome's classic pre-war tale of childhood adventure still evokes a golden age when mucking about in boats would be the acme of excitement for kids. Set in the Lake District in 1935, the heart of this pleasant screen adaptation remains the friendly rivalry between two sets of children, although a sub-plot does transform houseboat-dwelling Uncle Jim (Rafe Spall) into a dashing secret agent. 2016, PG, 97MIN

DRAMA

Ordinary Love

11.05pm, BBC2 (not N Ireland) ★★★★

Sex ●●● Violence ●●● Language ●●●

Liam Neeson and Lesley Manville deliver masterful and moving performances in this intimate and tender drama. Retired and long-married, Tom and Joan enjoy a companionable and cosy life in a Belfast suburb, despite a tragedy in their past. They enjoy brisk walks and even brisker banter, but their relationship is tested when Joan is diagnosed with breast cancer. 2019, 12, 92MIN

THRILLER

The Royal Hotel

2.10am, Sky Best of 2024 ★★★

Sex ●●● Violence ●●● Language ●●●

Canadian backpackers Julia Garner and Jessica Henwick take work at a pub in a remote Australian mining community. But, featuring as it does the most loathsome collection of male characters, we're soon engulfed in a nightmare of bad vibes, booze, toxic masculinity and misogyny, potently played out over a brisk but harrowing 91 minutes. 2023, 18, 91MIN

■ Full listings start on p65

Wednesday

ROMCOM

A Family Affair

On demand, Netflix ★★★

Sex ●●● Violence ●●● Language ●●●

Nicole Kidman plays long-widowed author Brooke, whose daughter Zara (Joey King) is the hard-pressed PA to womanising Hollywood star Chris (Zac Efron). One of Zara's tasks is to smooth the way when her boss wants to break up with his latest

Star struck: Nicole and Zac

WAR DRAMA

Jarhead

12noon & 8pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

Set during the first Gulf War, this drama isn't so much about the act of war as the numbing effect it has on combatants. Based on the memoirs of real-life veteran Anthony Swofford (Jake Gyllenhaal), the film superbly captures all the frustration, resentment and boredom of highly trained ground troops disengaged from a conflict seemingly being conducted on computer screens. 2005, 15, 123MIN

ACTION

Armored

9pm, Legend ★★★

Sex ●●● Violence ●●● Language ●●●

The familiar set-up of security guards pulling an inside job gets another workout in this surprisingly tense, fresh and exciting film that has an impressive cast in Columbus Short, Matt Dillon, Jean Reno and Laurence Fishburne. Short plays an Iraq war veteran who is forced to provide for his brother after the death of his parents, gets a job as a new security guard and is coerced into the heist by his tough-guy co-workers. 2009, 12, 88MIN

10 July

girlfriend, so she is aghast when her mum starts dating her much younger boss. Soft-edged rather than spiky, this is no classic, but Kidman and Efron's entanglement raises the odd smile, as does the gentle satire – Chris' latest project is described as '*Die Hard* meets *Miracle on 34th Street* with a little bit of *Speed*'! On all week. 2024, 12, 111MIN

COMEDY

How to Be Single

9.40pm, Sky Cinema Comedy ★★★

Sex ●●● Violence ●●● Language ●●●

Having just broken up with her college boyfriend, Dakota Johnson's newbie New Yorker learns the rules of the dating game from her hard-partying colleague (Rebel Wilson). The other strands in this breezy film, involving marriage-obsessive Alison Brie, womanising barman Anders Holm and highly strung obstetrician Leslie Mann, rely on a familiar romcom formula, but the engaging stars make it all seem fresh. 2016, 15, 110MIN

DRAMA

C'mon C'mon

1.30am, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Joaquin Phoenix has to care for his precocious 10-year-nephew (Woody Norman) for a few weeks. The two stars are superb and riff off one another with a naturalism almost never committed to film. Funny and emotionally satisfying, writer-director Mike Mills beautiful black-and-white take on the relationship between adults and children is a joy. 2021, 15, 109MIN

■ Full listings start on p75

Thursday 11 July

BIOPIC

Oppenheimer

5pm, Sky Best of 2024 ★★★★★

Sex ●●● Violence ●●● Language ●●●

A colossal achievement, writer-director Christopher Nolan's viscerally intense biopic of J Robert Oppenheimer (Cillian Murphy) fires on all cylinders. As periods of his life criss-cross, between student years and the 1950s when he's accused of Communist sympathies, his ambition to bring peace to wartime with the atom bomb changes the world. Oscar-winner Murphy's never been better, but there are stand-out turns, too, from Robert Downey Jr, Emily Blunt, Matt Damon and Florence Pugh. 2022, 15, 180MIN

Window on the world: Cillian

ACTION

Con Air

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

While being flown to a high-security prison, America's most notorious criminals – led by a splendidly malevolent John Malkovich – hijack the plane, leaving good-guy parolee Nicolas Cage, who just wants to get home to his family, and US marshal on the ground John Cusack to try to stop them. This is way over the top, but it's carried off with a winning sense of energy and humour and the action is explosively entertaining. 1997, 18, 115MIN

DRAMA

The Loft

9pm, Legend ★★★★

Sex ●●● Violence ●●● Language ●●●

When a dead woman is discovered in a penthouse apartment, the five married men who share the pad for their illicit liaisons come under suspicion. This cunning locked-room mystery thriller keeps us guessing with an intricate flashback structure that shifts the doubt between the suspects (played by Karl Urban, James Marsden, Wentworth Miller, Eric Stonestreet and Matthias Schoenaerts). 2013, 15, 98MIN

SUPERHERO

Watchmen

12.20am, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

This ambitious adaptation of Alan Moore's celebrated graphic novel, masterminded by Zack Snyder, features brilliant visuals, great effects and a fantastic soundtrack. Jackie Earle Haley is perhaps the most striking of the strong ensemble star cast, playing hooded vigilante Rorschach, who begins an investigation into the murder of one of his former band of masked, costumed superhero colleagues. 2009, 18, 162MIN

HORROR

Mother!

1.00am, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

An eye-popping mix of marital drama, home-invasion thriller, surreal horror and bizarre allegory. It's best not to know too much about the plot, just that it's strange and revolves around Jennifer Lawrence, devoted guardian of a rambling, grand mansion and muse to her famous writer husband (Javier Bardem). Watch with an open mind and cling on for the ride. 2017, 18, 121MIN

■ Full listings start on p85

Friday 12 July

HISTORICAL EPIC

The Woman King

5.35pm, Sky Action ★★★★

Sex ●●● Violence ●●● Language ●●●

Sneaking up silently on a village, elite warriors smash into their foes with blood-curdling skill. But what gives this handsome historical epic extra punch is that the feared Agojie are women, the real-life King's Guard of the 19th-century African kingdom of Dahomey (in present-day Benin). A magisterial Viola Davis uses her considerable gravitas to portray the weighty burdens and dogged leadership of her General Nanisca, the battle scenes are exhilarating and there's considerable emotional heft, too. 2022, 15, 135MIN

Leading the way: Viola

SCI-FI ACTION

Ghost in the Shell

8.40am & 10pm, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

Scarlett Johansson cuts a striking figure in this sleek sci-fi thriller, a live-action remake of the 1995 Japanese anime. She's a human-cyborg hybrid revived by a robotics corporation after an accident, her brain ('ghost') kitted out with an enhanced synthetic body ('shell'). But her mission to find a hacker killing scientists leads her to question her memories and identity. The action is a blast and Johansson is fabulous. 2017, 12, 107MIN

COMEDY DRAMA

Kinky Boots

1.55pm & 3.15am, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

Chiwetel Ejiofor plays a flamboyant drag artist who joins forces with Northampton shoemaker Joel Edgerton to pioneer a new line in sexy footwear to save his ailing family business. Ejiofor kicks up a show-stopping performance and does all his own singing – just wait for *These Boots Were Made for Walkin'* and *Yes, Sir, I Can Boogie!* – even if the film walks a predictable path. 2005, 12, 107MIN

ROMCOM

The Invention of Lying

8pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

A quirky, clever little romcom set in an alternate reality where lying does not exist. Co-writer, co-director and producer Ricky Gervais gives himself a tailor-made role as a middle-aged loser who suddenly develops the ability to lie. With his fibs being taken as the gospel truth by the admiring crowds, can he also win the heart of the woman he loves (Jennifer Garner)? 2009, 12, 100MIN

THRILLER

Manhunter

12.05am, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Troubled FBI agent William Petersen is able to get inside the heads of murderers, which threatens to tip him over the edge when a serial killer goes on a spree and he needs help from imprisoned cannibal Hannibal Lecktor (Brian Cox). Writer-director Michael Mann's thriller, based on *Red Dragon* by Thomas Harris, is immensely stylish and compelling. 1986, 18, 118MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** t the week's live action

Anderson's Test debut in 2003

THE MAIN EVENT

England v West Indies

Fast bowler **James Anderson** calls time on a brilliant Test career

LIVE CRICKET

Wednesday-Friday, play starts 11am, Sky Sports Cricket & Sky Sports Main Event

England's record-breaking pace bowler James Anderson will make an emotional farewell in front of a packed Lord's this week when he plays his last-ever international match for his country.

Following a stellar career, the 41-year-old is bowing out after the first of three Tests against the West Indies, a series that also features matches at Trent Bridge and Edgbaston.

'It's been an incredible 20 years representing my country, playing the game I've loved since I was a kid,' says Anderson. 'I have had an amazing career. I feel really lucky that I have managed to get to this stage, still playing at this very high level.'

The third-highest wicket-taker in Test cricket on 700, Anderson's other successes include being England's top wicket-taker in one-day internationals and claiming 117 wickets in Ashes Tests.

BOWLING OUT

Initially, he'd hoped to retire after the 2025-26 Ashes but decided that would 'feel like a stretch' after holding talks with England coach Brendon McCullum.

'I'm going to miss walking out for England so much, but I know the time is right to step aside,' says Anderson, who is also deliberating his future with county club Lancashire.

This week, Anderson stands a chance of overtaking Australia's late, great Shane Warne, who claimed 708 Test scalps, but West Indies captain Kraigg Brathwaite will be out to stop him as his side seeks a first Test series win on English soil since 1988.

'It's fitting that Anderson should end his career at Lord's,' says his first international captain, Nasser Hussain. 'It will be a very emotional week, but it's a week he deserves. He's been a magnificent cricketer with everything he's done on and off the field – his fitness, his form, his skill, and his will to come back from adversity.'

WORDS: SEAN MARLAND, RICHARD MCCLURE. PHOTOS: ADIDAS, GETTY, SHUTTERSTOCK

Celebrating taking a South African wicket in 2022

FIVE FAST FACTS

1. Born in 1982 in Burnley, James Anderson turns 42 on 30 July. Last year, he returned to the top of the ICC Test bowling rankings at the age of 40, becoming the oldest man since Australia's Clarrie Grimmett in 1936 to head the rankings.

2. He made his Test debut in 2003, when Zimbabwe opener Mark Vermeulen became his first wicket in his third over.

3. Anderson's most successful year came in 2010 when he took 57 wickets. He has passed 50 in a year on two other occasions, in 2013 and 2017.

4. He claimed his 700th Test wicket in March in the final Test of England's tour of India, becoming the first pace bowler to reach that figure. He has taken 434 of those wickets at home, with 266 coming overseas.

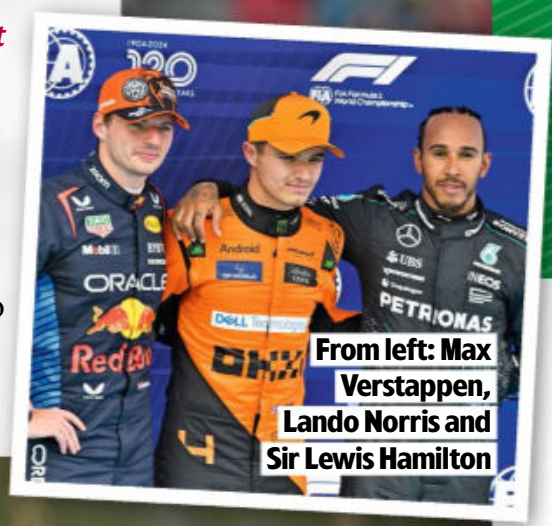
5. The Lord's Test will mark his 188th international cap – the second most in Test history, behind India legend Sachin Tendulkar on 200.

LIVE MOTORSPORT

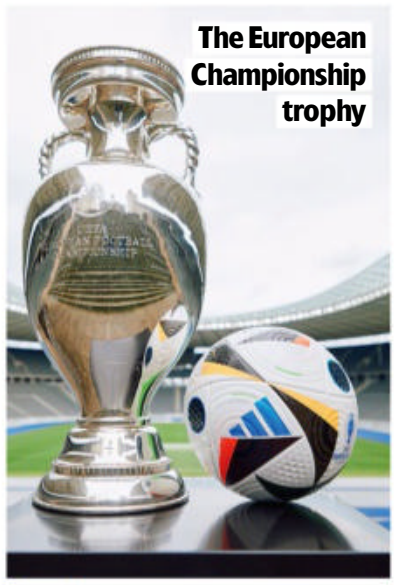
F1: British Grand Prix

Sun, race starts 3pm, C4, Sky Showcase, Sky Sports F1 & Sky Sports Main Event

Silverstone fans would like nothing more than to celebrate a home victory, and Lando Norris might just make their wish come true at Sunday's British Grand Prix. Red Bull's Max Verstappen is on course for a fourth consecutive world title, but the McLaren driver is enjoying a fantastic season, and it wouldn't be a surprise if he took the chequered flag after finishing second last year behind Verstappen, with Sir Lewis Hamilton in third. 'I said at the beginning of the season we were going to fight against Red Bull and that they weren't going to dominate like they had done – and it's turned out exactly to be that,' says the Bristol-born 24-year-old. 'That's good for everyone, including everyone watching.'


From left: Max Verstappen, Lando Norris and Sir Lewis Hamilton

McLaren's Lando Norris


The European Championship trophy

LIVE FOOTBALL

Euro 2024

Saturday, Tuesday & Wednesday, BBC1 & ITV1

After Saturday's last two quarter-finals (kick-offs 5pm & 8pm), the remaining four nations battle for a place in the Euro 2024 final. The first semi-final takes place in Munich on Tuesday at 8pm, followed by Wednesday's clash in Dortmund at 8pm – with ITV getting first pick of the matches. Three years ago, England defeated Denmark 2-1 after extra time, while Italy's Jorginho hit home the winning spot kick in a penalty shoot-out win over Spain.

LIVE RUGBY UNION

Summer Internationals

Saturday, Sky Sports Action & Sky Sports Main Event

There's a feast of rugby action on Saturday as England, Wales and Ireland start southern hemisphere tours. Marcus Smith will be out to unlock New Zealand's robust defence when coach Steve Borthwick begins his first tour as England coach in Dunedin (kick-off 8.05am) – the first fixture for the All Blacks' new coach Scott Robertson. That's followed by Australia v Wales in Sydney (kick-off 10.45am), with Warren Gatland's side aiming to stop a run of seven defeats after losing to South Africa at Twickenham. At 4pm, Ireland's tour against the Springboks begins in Pretoria with Leinster's Sam Prendergast and Jamie Osborne in Andy Farrell's squad. The Irish have won the past three Tests against the world champions.

Wales' Dewi Lake

England's Marcus Smith

Alfie Hewett

LIVE TENNIS

Wimbledon

Sat-Fri, BBC1, BBC2 & BBC iPlayer

The biggest wheelchair events in the tournament's history get under way this week. From Tuesday, 16 men and 16 women will battle it out in the singles, while eight pairs will lock horns in each doubles event. 'The draws have doubled in size, so there's more wheelchair tennis than ever before,' says BBC commentator Andy Stevenson. British hopes will rest with Alfie Hewett – who's won 27 Grand Slam titles in his career.

Sport A-Z and football planner »»

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Holiday Departure Months: 2024 ● 2025 ●

J	F	M	A	M	J	J	A	S	O	N	D
J	F	M	A	M	J	J	A	S	O	N	D

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- A full day excursion to Siena, followed by a visit to San Gimignano

Holiday Departure Months: 2024 ● 2025 ●

J	F	M	A	M	J	J	A	S	O	N	D
J	F	M	A	M	J	J	A	S	O	N	D

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- 2 nights in Jaipur, the "pink city", including a city tour and the Amber Fort
- 2 nights in the village of Chanwa in Luni a district of Jodphur with a city tour and a visit to Ranakpur Temple Complex
- 2 nights in Udaipur, to include a visit to the City Palace Museum and a boat cruise on Lake Pichola
- 10 nights accommodation and 2 overnight flights
- Please note: Mar departure celebrates the Holi Festival of Colours

Holiday Departure Months: 2024 ● 2025 ●

J	F	M	A	M	J	J	A	S	O	N	D
J	F	M	A	M	J	J	A	S	O	N	D

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- 1 night in Hue with a Perfume River cruise to Thien Mu Pagoda
- 4 nights in Ho Chi Minh City including a half day excursion to the Cu Chi Tunnels, a full day to Cai Be with a Mekong Delta river cruise and a full day excursion of Ho Chi Minh City
- 1 night in Can Tho visiting Cai Rang floating market and Khmer Pagoda
- 12 nights accommodation and 2 nights overnight flights

Holiday Departure Months: 2024 ● 2025 ●

J	F	M	A	M	J	J	A	S	O	N	D
J	F	M	A	M	J	J	A	S	O	N	D

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Sport week A-Z GUIDE

AUSTRALIAN RULES

LIVE Geelong Cats v Hawthorn Hawks
Sat 7.30am TNT Sports 1

LIVE GWS Giants v Carlton Blues
Sat 10.30am TNT Sports 3

LIVE Melbourne Demons v West Coast Eagles
Sat 4am TNT Sports 1

LIVE St Kilda Saints v Sydney Swans
Sun 6am TNT Sports 4

LIVE Brisbane Lions v Adelaide Crows
Sun 7am TNT Sports 1

LIVE Collingwood Magpies v Geelong Cats
Fri 10.30am TNT Sports 2

LIVE Sydney Swans v North Melbourne Kangaroos
Fri 4.30am TNT Sports 1

LIVE Hawthorn Hawks v Fremantle Dockers
Fri 4.30am TNT Sports 2

BADMINTON

LIVE Canada Open
Sat 8pm & Sun 5pm TNT Sports 4

BASEBALL

LIVE New York Yankees v Boston Red Sox
Sat 6pm TNT Sports 2

LIVE Cleveland Guardians v San Francisco Giants
Sat 9pm TNT Sports 2
The MLB inter-league fixture.

LIVE Los Angeles Dodgers v Milwaukee Brewers
Sat 12m't TNT Sports 1

LIVE Seattle Mariners v Toronto Blue Jays
Sun 9pm TNT Sports 1
The MLB American League match.

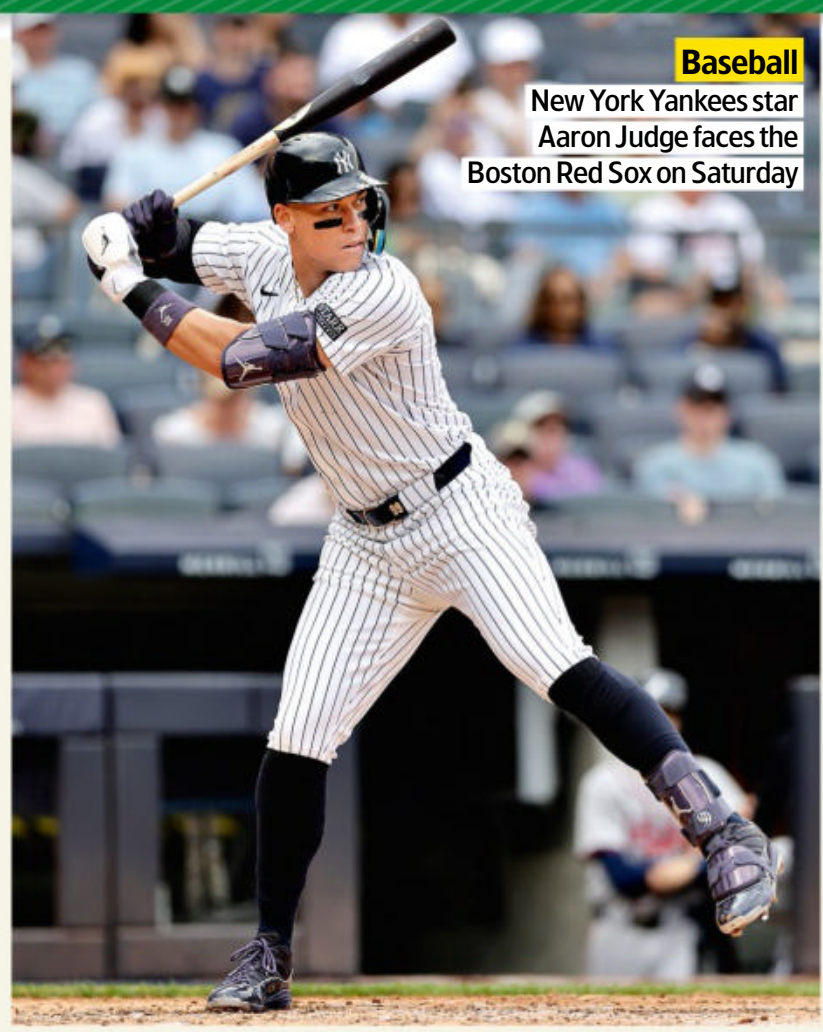
LIVE Pittsburgh Pirates v New York Mets
Mon 5.30pm TNT Sports 2

LIVE Philadelphia Phillies v Los Angeles Dodgers
Tue 11.30pm TNT Sports 1

LIVE Chicago White Sox v Minnesota Twins
Wed 7pm TNT Sports 2

LIVE Philadelphia Phillies v Los Angeles Dodgers
Wed 12m't TNT Sports 1

LIVE Detroit Tigers v Cleveland Guardians
Thu 6pm TNT Sports 1



Baseball
New York Yankees star Aaron Judge faces the Boston Red Sox on Saturday

LIVE Detroit Tigers v Los Angeles Dodgers
Fri 11.30pm TNT Sports 3

BASKETBALL

LIVE Indiana Fever v New York Liberty
Sat 6pm TNT Sports 3

LIVE Las Vegas Aces v Dallas Wings
Sun 8pm TNT Sports 3
The WNBA game from Las Vegas.

BOXING

LIVE Shakur Stevenson v Artem Harutyunyan
Sat 1am Sky Sports Main Event & Sky Sports Action
The bout for the WBC world lightweight title in Newark.

COMBAT SPORTS

LIVE One Championship
Fri 1am Sky Sports Main Event & Sky Sports Action

LIVE Robbie Peralta v Ruben Warr
Fri 2am Premier Sports 2

CRICKET

LIVE England v Australia
Sat 12noon TNT Sports 1
The World Championship of Legends T20 match, staged at Edgbaston.

LIVE England v New Zealand
Sat 2pm Sky Sports Cricket
The first women's T20 from Utilita Bowl.

LIVE India v Pakistan
Sat 4pm TNT Sports 1
World Championship of Legends T20 match at Edgbaston.

LIVE MI New York v Washington Freedom
Sat 8pm TNT Sports 3
The T20 match.

LIVE West Indies v South Africa
Sun 12noon TNT Sports 1
The World Championship of Legends T20 game at Edgbaston.

LIVE India v South Africa
Sun 2.15pm TNT Sports 3
The second women's T20 game.

LIVE Somerset v Gloucestershire
Sun 2.25pm Sky Sports Cricket
The T20 Blast South Group match.

LIVE England v Pakistan
Sun 4pm TNT Sports 1
The World Championship of Legends T20 match at Edgbaston.

LIVE Los Angeles Knight Riders v San Francisco Unicorns
Sun 1am TNT Sports 1

LIVE India v Australia
Mon 4pm TNT Sports 1
The World Championship of Legends T20 game at Edgbaston.

LIVE Washington Freedom v Texas Super Kings
Mon 7.45pm TNT Sports 4

LIVE West Indies v England
Tue 12noon TNT Sports 1
The World Championship of Legends T20 game in Birmingham.

LIVE India v South Africa
Tue 2.15pm TNT Sports 2
Coverage of the third and final women's T20 from Chennai.

LIVE South Africa v Pakistan
Tue 4pm TNT Sports 1
The World Championship of Legends T20 game at Edgbaston.

LIVE England v New Zealand
Tue 6pm Sky Sports Main Event & Sky Sports Cricket
The second women's T20 from the 1st Central County Ground in Hove.

LIVE Los Angeles Knight Riders v Seattle Orcas
Tue 1.15am TNT Sports 2

LIVE England v West Indies
Wed 10am, Thu & Fri 10.15am Sky Sports Main Event & Sky Sports Cricket
Coverage of days one to three of the first Test in the three-match series, staged at Lord's. See p28.

LIVE West Indies v Australia
Wed 12noon TNT Sports 1
World Championship of Legends.

LIVE India v South Africa
Wed 4pm TNT Sports 1
World Championship of Legends.

LIVE San Francisco Unicorns v Texas Super Kings
Wed 7.45pm TNT Sports 3

LIVE England v New Zealand
Thu 6.15pm Sky Sports Mix, 6.30pm Sky Sports Main Event & Sky Sports Cricket
Coverage of the third women's T20 match from the Spitfire Ground.

LIVE Washington Freedom v Seattle Orcas
Thu 1.15am TNT Sports 1

LIVE World Championship of Legends
Fri 12noon TNT Sports 1
Coverage of the first semi-final.

LIVE World Championship of Legends
Fri 4pm TNT Sports 1
The second semi-final at Edgbaston.

LIVE Lancashire Lightning v Yorkshire Vikings
Fri 6.45pm Sky Sports Cricket
The T20 Blast North Group match.

LIVE MI New York v Texas Super Kings
Fri 7.45pm TNT Sports 2

CYCLING

LIVE Tour de France
Sat 11.30am, Sun, Tue & Fri 12noon, Wed 10am & Thu 11am Euro1; Sat 12noon, Sun 12.15pm, Tue, Thu & Fri 2pm, Wed 10.15am ITV4; Sat, Sun, Tue, Wed, Thu & Fri 2pm S4C
Coverage of stages eight to 13.

LIVE Mountain Biking
Sat 11.45am Euro2; Sun 9.30am Euro1

LIVE Women's Giro d'Italia
Mon 11.45am Euro1
Coverage of the second stage.

GAELIC GAMES

LIVE Kilkenny v Clare
Sat 2.30pm BBC2 (N Ireland only)

LIVE Limerick v Cork
Sun 3.30pm BBC2 (N Ireland only)

GOLF

LIVE BMW International Open
Sat 12.30pm Sky Sports Golf; Sun 12noon Sky Sports Main Event & Sky Sports Golf
The third and fourth days from the Golfclub Munchen Eichenried.

LIVE John Deere Classic
Sat & Sun 5pm Sky Sports Golf; Sat 6.30pm & 10pm, Sun 9pm Sky Sports Main Event
Days three and four in Silvis, Illinois.

LIVE Scottish Open
Thu & Fri 8am Sky Sports Main Event & Sky Sports Golf
Days one and two at Renaissance Club in North Berwick.

LIVE Amundi Evian Championship
Thu & Fri 11am Sky Sports Mix
Coverage of days one and two of the Major at Evian Resort Golf Club.

LIVE ISCO Championship
Thu & Fri 9.30pm Sky Sports Golf; Thu 10pm & Fri 10.15pm Sky Sports Main Event
Days one and two from Kentucky.

HORSE RACING

LIVE Sandown
Sat 1.30pm ITV1
Featuring the 3.35 Coral-Eclipse.

LIVE Newmarket
Thu & Fri 1.30pm ITV1
Days one and two of the July Festival.

MOTORCYCLING

LIVE Moto2 & Moto3
Sat 7.30am TNT Sports 2
Coverage of the Grand Prix of Germany second practice sessions.

LIVE MotoGP
Sat 9.45am TNT Sports 2
Grand Prix of Germany qualifying.

LIVE Moto2 & Moto3
Sat 11.45am TNT Sports 2
The Grand Prix of Germany qualifying sessions in Chemnitz.

LIVE British Superbikes
Sat 1pm Euro2

LIVE MotoGP
Sat 1.30pm TNT Sports 2
Grand Prix of Germany sprint race.

LIVE MotoGP Northern Talent Cup
Sat 3.45pm & Sun 7.30am TNT Sports 2
The Grand Prix of Germany races.

LIVE Motocross World Championship
Sat 5am & Sun 8am Euro2

LIVE MotoGP
Sun 8.30am TNT Sports 2
Grand Prix of Germany warm-up.

LIVE The Grand Prix of Germany Moto3 race
Sun 9am TNT Sports 2

LIVE The Grand Prix of Germany Moto2 race
Sun 11am TNT Sports 2

LIVE The Grand Prix of Germany MotoGP race
Sun 12.15pm TNT Sports 2
From Sachsenring in Chemnitz.

LIVE British Superbikes
Sun 1pm Euro2 & Quest
Coverage from Snetterton.

LIVE World Superbikes
Fri 10.15am & 2.55pm Euro2

LIVE Women's Circuit Racing World Championship
Fri 2.05pm Euro2

MOTORSPORT

LIVE Formula 3
Sat 10.10am Sky Sports F1
The British Grand Prix sprint race.

LIVE MotoE
Sat 11am & 3pm TNT Sports 2
Grand Prix of Germany races.

LIVE Formula 1
Sat 11.15am Sky Sports F1, Sky Showcase & 11.25am C4
The British Grand Prix third practice.

LIVE DTM Racing
Sat & Sun 12.15pm Premier Sports 1

LIVE Formula 2
Sat 1.10pm Sky Sports F1 & 1.30pm Sky Sports Main Event
The British Grand Prix sprint race.

LIVE Formula 1
Sat 2pm C4, 2.15pm Sky Sports Main Event, Sky Sports F1 & Sky Showcase
British Grand Prix qualifying session.

Sport A-Z and football planner >>>

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3 garments £17.00

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Ref M0145
40 Denier Pop Socks
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Colours: Black or Natural.
Pack of 3 pairs £10.00
(all one colour)
Buy 6 pairs for £17.00 (save £3)

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The Honda Indy 200 at Mid-Ohio.

LIVE World Rallycross
Sat 3pm & Sun 1pm TNT Sports 3

LIVE V8 Supercars Championship
Sat 5.15am TNT Sports 3

LIVE Formula 3
Sun 8.15am Sky Sports F1
The British Grand Prix feature race.

LIVE European Rally Championship
Sun 8.30am TNT Sports 3

LIVE Formula 2
Sun 9.50am Sky Sports F1
The British Grand Prix feature race.

LIVE Porsche Supercup
Sun 11.40am Euro2 & 11.50am Sky Sports F1

LIVE Formula 1
Sun 1.30pm C4, Sky Sports Main Event, Sky Sports F1 & Sky Showcase
The British Grand Prix, which takes place at Silverstone. See p29.

LIVE Indy NXT
Sun 4.15pm Sky Sports Mix

LIVE NASCAR
Sun 9pm Premier Sports 2

LIVE Indycar
Fri 9.30pm Sky Sports F1

POOL

LIVE Ultimate Pool
Mon 6.30pm TNT Sports 3

ROWING

LIVE Henley Royal Regatta
Sat 9.45am, 1.45pm & 5.15pm, Sun 10.45am & 2.15pm TNT Sports 4

RUGBY LEAGUE

LIVE North Queensland Cowboys v Manly-Warringah Sea Eagles
Sat 10.30am Sky Sports Arena

LIVE Leeds Rhinos v London Broncos
Sat 2.55pm Sky Sports Arena (kick-off 3pm)
The Super League match from Headingley.

LIVE Hull Kingston Rovers v Catalans Dragons
Sat 5pm Sky Sports Arena (kick-off 5.30pm)
The Super League encounter.

LIVE Canberra Raiders v Newcastle Knights
Sun 7am Sky Sports Main Event & Sky Sports Arena

LIVE Salford Red Devils v Hull FC
Sun 2.55pm Sky Sports Action (kick-off 3pm) Super League fixture.

LIVE Dolphins v South Sydney Rabbitohs
Thu 10.50am Sky Sports Arena

LIVE Warrington Wolves v Leeds Rhinos
Thu 7.55pm Sky Sports Action (kick-off 8pm) The Super League match from Halliwell Jones Stadium.

LIVE Wigan Warriors v St Helens
Fri 5pm Sky Sports Action & 6.30pm Sky Sports Main Event (kick-off 5.30pm) Coverage of the Women's Super League fixture.

LIVE Wigan Warriors v St Helens
Fri 7.30pm Sky Sports Main Event & Sky Sports Action (kick-off 8pm) Coverage of the men's Super League match.

LIVE London Broncos v Castleford Tigers
Fri 7.55pm Sky Sports Arena (kick-off 8pm) The Super League match, staged at Kuflink Stadium.

RUGBY UNION

LIVE New Zealand v England
Sat 7.30am Sky Sports Main Event & Sky Sports Action (kick-off 8.05am) Coverage of the first Test from Dunedin. See p29.

LIVE Australia v Wales
Sat 10.30am Sky Sports Main Event & Sky Sports Action (kick-off 10.45am)
The first Test from Sydney.

LIVE South Africa v Ireland
Sat 3.30pm Sky Sports Action & 4pm Sky Sports Main Event (kick-off 4pm)
The first Test from Pretoria.

LIVE Argentina v France
Sat 8pm Sky Sports Main Event & Sky Sports Action (kick-off 8pm)
The first Test from Mendoza.

LIVE Canada v Scotland
Sat 10pm TNT Sports 1
Coverage from TD Place Stadium.

LIVE Scotland v Hong Kong China
Sun 2.20pm BBC Alba

LIVE Pumas v Golden Lions
Fri 2pm Sky Sports Action

LIVE Scotland v Japan
Fri 7.35pm BBC Alba

LIVE USA v Scotland
Fri 11.30pm TNT Sports 1 kick-off 11.30pm) From Audi Field.

TENNIS

LIVE Wimbledon
Sat 11am BBC2, 12.20pm & 7pm BBC1
Coverage of the sixth day, staged at the All England Club. See p29.

LIVE Wimbledon
Sun 11am BBC2, 12.30pm & 6.30pm BBC1
Day seven at the All England Club, featuring the singles fourth-round.

LIVE Wimbledon
Mon 11am & 1pm BBC2, 12.15pm, 2pm & 7pm BBC1
Day eight from the All England Club.

LIVE Wimbledon
Tue 12.30pm & 2pm BBC1, 1pm BBC2
Day nine from the All England Club, featuring the singles quarter-finals.

LIVE Wimbledon
Wed 12.30pm & 2pm BBC1, 1pm BBC2
Day 10 from the All England Club.

LIVE Wimbledon
Thu 12.30pm & 2pm BBC1, 1pm BBC2
Coverage of the 11 th day, staged at the All England Club, featuring the ladies' singles semi-finals.

LIVE Wimbledon
Fri 12.30pm BBC2 & 2pm BBC1
Coverage of day 12 at the All England Club, featuring semi-finals.

WRESTLING

LIVE WWE Money in the Bank
Sat 12m't TNT Sports Box Office 2

Football planner

LIVE EURO QUALIFIER

Slovakia v Scotland

Friday, kick-off 6pm, BBC Scotland & BBC iPlayer

An undefeated Scotland top Group B2, and will want to continue their good form as they face Slovakia in Nitra, with the best-ranked teams advancing to the play-offs. Tottenham striker Martha Thomas scored four in Scotland's 5-0 thrashing of Israel in Budapest in June.

LIVE EURO QUALIFIER

Croatia v Wales

Friday, kick-off 7.15pm, BBC1 (Wales only) & BBC iPlayer

The top two sides in Group B4 meet in Karlovac, with Croatia one point ahead. The Dragons, who are aiming to make their first appearance at a major tournament, won the reverse fixture in Wrexham when Jess Fishlock, who plays her football in the US, grabbed a brace.

LIVE EURO QUALIFIER

England v Republic of Ireland

Friday, kick-off 8pm, ITV1

Third in Group A3, the Lionesses could do with a victory at Carrow Road as they chase an automatic place in next year's finals. The defending champions secured a potentially vital win in France last month thanks to goals from Georgia Stanway (above) and Alessia Russo.

Saturday 6

LIVE Euro 2024
4pm ITV1/4.30pm BBC1 (kick-off 5pm)
Coverage of the third quarter-final, which takes place at Dusseldorf Arena. England could be involved here should they have won their last-16 match against Slovakia, having topped a group containing Serbia, Slovenia and Denmark. The other team involved will be Switzerland or Italy, who both won at this stage of Euro 2020, beating Spain and Belgium respectively, with Italy going on to defeat England in the final. See p29.

LIVE Euro 2024
7.15pm ITV1/BBC1 (kick-off 8pm)
Coverage of the fourth quarter-final at Olympiastadion in Berlin, as the winners of the seventh and eighth last-16 matches battle it out. Austria were among the teams hoping to be involved in this fixture, having surprisingly topped their group ahead of France, the Netherlands and Poland, impressing with their high-pressing football, but they had to get past Turkey first. The other team in the tie could be Romania, who caused something of an upset by topping their group.

LIVE Copa America
10.50pm Premier Sports 1 (kick-off 11pm)
The third quarter-final at Allegiant Stadium in Las Vegas.

LIVE CF Montreal v Vancouver Whitecaps FC
12.30am Apple TV+

LIVE Columbus Crew v Toronto FC
12.30am Apple TV+

LIVE FC Cincinnati v Inter Miami CF
12.30am Apple TV+

LIVE Orlando City v DC United
12.30am Apple TV+

LIVE Philadelphia Union v New York Red Bulls
12.30am Apple TV+

LIVE Austin FC v New York City FC
1.30am Apple TV+

LIVE Copa America
1.50am Premier Sports 1 (kick-off 2am)
Coverage of the fourth quarter-final, which takes place at State Farm Stadium in Glendale, Arizona.

LIVE Real Salt Lake v Atlanta United
2.30am Apple TV+

LIVE Seattle Sounders v New England Revolution
3.30am Apple TV+

Tuesday 9

LIVE Euro 2024
6.30pm ITV1/7pm BBC1 (kick-off 8pm)
Coverage of the opening semi-final, which comes from Munich Football Arena, where the winners of the first and second quarter-finals meet. Italy and Spain met in the first last-four match of Euro 2020, with Federico Chiesa giving Italy the lead after an hour, only for Álvaro Morata to equalise 20 minutes later. There were no further goals in the match, meaning it was decided by penalties, with Italy progressing.

LIVE Copa America
12.50am Premier Sports 1 (kick-off 1am)
Coverage of the first semi-final, staged at MetLife Stadium in East Rutherford, New Jersey.

Wednesday 10

LIVE Euro 2024
6.30pm ITV1/7pm BBC1 (kick-off 8pm)
Coverage of the second semi-final, which takes place at BVB Stadion Dortmund, as the winners of the third and fourth quarter-finals face each other. England secured their first appearance in the showpiece match of a European Championship at this stage of Euro 2020 when they overcame Denmark. The Three Lions could be involved again this evening should they have won their last-16 and quarter-final matches, but an improvement was likely to be needed for them to have got this far after they topped their group despite some poor displays against Serbia, Denmark and Slovenia.

LIVE Copa America
12.50am Premier Sports 1 (kick-off 1am)
Coverage of the second semi-final, which takes place at Bank of America Stadium in Charlotte.

Thursday 11

LIVE Caernarfon v Crusaders
6.15pm S4C (kick-off 6.30pm)
Coverage of the Europa Conference League first qualifying round game, staged at Stadiwm Nantporth.

Friday 12

LIVE Slovakia v Scotland
5.45pm BBC Scotland & BBC iPlayer (kick-off 6pm)
Coverage of the Women's Euro 2025 qualifier from Stadión pod Zoborom, as both teams play their penultimate match of the campaign. A goal by Sophie Howard gave Scotland a 1-0 win when the teams met in April, and they will be looking for another victory ahead of their final match against their rivals to top the group.

LIVE Croatia v Wales
7pm BBC1 (Wales only) & BBC iPlayer (kick-off 7.15pm)
Catrin Heledd presents all the action from the Women's Euro 2025 Group B4 qualifier at Stadion Branko Cavlovic-Cavlek in Karlovac, as the two favourites to top the group battle it out. The teams last met in the opening round of games, when Wales claimed an impressive 4-0 victory. However, Croatia have won all three of their matches since then to take top spot, as Wales have dropped points with draws at home and away to Ukraine.

LIVE England v Republic of Ireland
7.30pm ITV1 (kick-off 8pm)
Seema Jaswal presents coverage of the Women's Euro 2025 Group A3 qualifier at Carrow Road in Norwich. England prevailed 2-0 in April's reverse fixture in Dublin thanks to a strike by Lauren James and an Alex Greenwood penalty. They will be favourites to win once again as they have been involved in a close battle to qualify with France and Sweden, while the Republic of Ireland are without a win in the group so far.

PHOTOS: GETTY

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Saturday

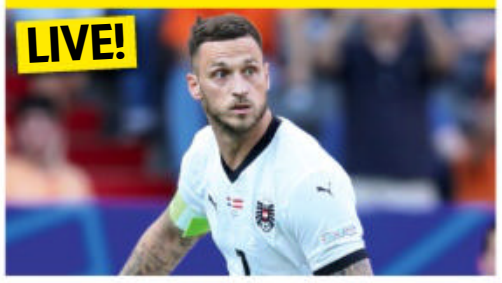
6 July

Evening Planner

Thriller

Eileen
Sky Premiere, 2.25pm & 10pm
A young woman's head is turned by Anne Hathaway's charismatic new counsellor at the 1960s prison where she works.

Football



Euro 2024: Quarter-Finals
BBC1 or ITV1, kick-offs 5pm & 8pm
As Group D winners, Austria could be featuring in one of tonight's quarter-finals – if they've made it through the last 16.

Comedy Drama

The French Dispatch
C4, 9pm
Bill Murray and Tilda Swinton (above) star in this nod to old-school journalism from writer-director Wes Anderson.

Thriller

End of Summer
BBC4, 9pm & 9.55pm (box set, iPlayer)
Swedish crime thriller based Anders de la Motte's bestseller about a five-year-old boy who disappeared 20 years ago.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 Wimbledon – Live: Further coverage of day six				9.00 Michael McIntyre's The Wheel		10.00 News	10.20 MOTD: UEFA Euro...
102 BBC2	◂ 3.00 Wimbledon – Live: Further coverage of day six				9.00 Today at Wimbledon		10.00 Prince & His Songs at the BBC	
103 ITV1	7.00 Celebrity Celebrity Catchphrase		8.00 Midsomer Murders				10.00 The 1% Club	
104 CHANNEL 4	◂ 6.45 Film: Dream Horse				9.00 Film: The French Dispatch			
105 CHANNEL 5	7.00 Funniest Royal Cock-Ups				9.00 Edward & Sophie: 25 Years Together		10.00 The Greatest TV of the '80s	
106 SKY SHOWCASE	◂ 5.30 F1: British...	7.30 The Simpsons			9.00 An Idiot Abroad		10.00 Film: Beverly Hills Cop II	
ENTERTAINMENT								
115 BBC3	7.00 EastEnders		8.00 Top Gear		9.00 Two Pints of Lager and a Packet of Crisps			
116 BBC4	7.00 Patagonia: Earth's Secret Paradise		8.00 Francesco's Venice		9.00 End of Summer			
118 ITV2	◂ 6.20 Film: Star Trek Into Darkness				9.00 Love Island: Unseen Bits		10.05 Olivia Attwood: The Price of...	
136 MORE4	◂ 6.50 Four in a Bed				9.00 24 Hours in A&E			
135 E4	◂ 6.40 Film: Deep Impact				9.00 Celebrity Gogglebox		10.00 Gogglebox	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 The Rookie		10.00 FBI	
108 SKY ATLANTIC	◂ 6.45 The Sopranos		7.55 Game of Thrones					
110 GOLD	◂ 6.40 Only Fools and Horses				9.20 Mrs Brown's Boys			10.40 Paul...
111 DAVE		7.20 Gavin & Stacey		8.40 Not Going Out			10.00 QI	
119 ITV3	◂ 6.00 Midsomer Murders		8.00 Long Lost Family		9.00 Grantchester			
120 ITV4	7.00 Tour de France Highlights		8.00 Junk and Disorderly		9.00 River Monsters		10.05 Film: The Expendables 3	
112 COMEDY CENTRAL	7.00 Friends						10.00 Jimmy Carr Live: Comedian	
139 SKY SCI-FI	7.00 Star Trek: Voyager				9.00 Film: Supervolcano			
113 SKY MAX	7.00 Agatha Raisin				9.00 An Idiot Abroad		10.00 A Discovery of Witches	
109 ALIBI	7.00 Hudson & Rex		8.00 Shakespeare & Hathaway		9.00 Death in Paradise		10.00 Dark Winds	
130 SKY ARTS	◂ 6.40 Eric Clapton: Live in California		8.00 Classic Albums		9.00 Cream Reunion Concert			
132 W	7.00 Miranda				9.00 Gavin & Stacey			
DOCUMENTARY								
125 DISCOVERY	7.00 Deadliest Catch		8.00 Gold Divers		9.00 August 4th: An Olympic Odyssey			10.30 Moonshiners
162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Swimming with Monsters		9.00 Rugged Justice		10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Nazi Death Camp: The Great Escape		8.00 Hitler's Death Army: Das Reich				10.00 No Man Left Behind	
123 SKY HISTORY	7.00 WWII Battles in Colour				9.00 Mission Unexplained			
155 YESTERDAY	7.00 Great Continental Railway Journeys						10.00 Porridge	
121 SKY DOCS	◂ 5.30 Jackie Stewart	7.30 Film: Amy					10.00 Stax: Soulsville USA	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 LaRoy, Texas		8.00 Anyone But You				10.00 Eileen	
302 SPIES	◂ 5.50 Mission: Impossible II		8.00 Mission: Impossible III					10.10 Hanna
303 BEST OF 2024	◂ 5.50 Transformers: Rise of the Beasts		8.00 The Equalizer 3				10.00 Anyone But You	
304 THE HANGOVER	◂ 6.15 The Hangover Part II		8.00 The Hangover Part III			9.45 The Hangover		
305 ANIMATION	◂ 5.50 Surf's...	7.20 Shrek 2			8.55 Dragon Rider			10.35 The Snow...
306 FAMILY	◂ 5.50 Finding Neverland	7.45 Stuart Little				9.25 Stuart Little 2		
307 ACTION	◂ 5.45 King Arthur: Legend of the Sword		8.00 Spider-Man: Far From Home					10.15 Looper
308 AXEL FOLEY	◂ 6.00 Beverly Hills Cop		8.00 Beverly Hills Cop II				10.00 Beverly Hills Cop 3	
309 THRILLER	◂ 6.00 Extremely Wicked, Shockingly Evil...		8.00 Vanilla Sky					10.25 Crime Story
310 DRAMA	◂ 5.45 Steve Jobs		8.00 Whiplash				10.00 Born on the Fourth of July	
311 SCI-FI	◂ 5.40 The Matrix		8.00 The Matrix Revolutions					10.10 Star Trek Beyond
313 FILM4	◂ 6.45 G.I. Joe: The Rise of Cobra				9.00 Once Upon a Time in... Hollywood			
SPORT								
401 MAIN EVENT	◂ 6.30 PGA Tour Golf – Live		8.00 International Rugby Union – Live: Argentina v France (Kick-off 8.00)				10.00 PGA Tour Golf – Live	
402 PREMIER LEAGUE	7.00 PL Big Interview	7.30 PL Stories	8.00 SSN Euro Matchday				10.00 SSN Euro Report	
403 FOOTBALL	◂ 6.30 Bundesliga...	7.30 WSL	8.00 Women's...	8.30 Best Scottish...	9.00 EFL			
404 CRICKET	7.00 Women's International T20 Cricket							
410 TNT SPORTS 1	◂ 4.00 World Championship of Legends Cricket – Live			8.30 Cricket Reload	9.00 MotoGP	9.30 Gallagher...	10.00 International Rugby Union – Live	
411 TNT SPORTS 2	◂ 6.00 MLB – Live: New York Yankees v Boston Red Sox (Start-time 6.05); Cleveland Guardians v San Francisco Giants (Start-time 9.10)							

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

TODAY'S BBC1 AND ITV1 SCHEDULES WILL BE AFFECTED BY EURO 2024 SEE WHATTOWATCH.COM FOR UPDATES

Saturday

BBC1

101 | 101 | 1 | 101 | 101

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** New edition With guests Olivia Washington and Kit Harington. (S)
11.30 **Mary Berry: Cook & Share** Mary explores the coastline from Devon to Dorset. (S)(R)(AD)
12.00 NOON **BBC News** (S)
12.10 PM **Local News** (S)
12.20 LIVE **Wimbledon** Coverage of day six from the All England Club, featuring third-round matches. (S)
4.15 **BBC News** (S)
4.30 LIVE **Wimbledon** Further coverage of day six from SW19. (S)

• *Alternative schedule* If BBC1 show today's Euro 2024 matches, the schedule will be: **4.30pm LIVE Match of the Day: Euro 2024** Coverage of the third quarter-final. Kick-off is at 5.00. (S) **7.15 LIVE Match of the Day: Euro 2024** Coverage of the fourth quarter-final. Kick-off is at 8.00. (S) **10.10 BBC News** (S) **10.25 Weather** (S) **10.30 FILM Training Day** Thriller with Denzel Washington. (S) (2001, 18, 115min) ★★★ **12.25am Superman & Lois** New episode (S) **1.05 Football: Euro 2024 Match Replay** (S) **2.55 Weather 3.00-6.00am BBC News** (S)

6 PM — LIVE **Wimbledon** (started at 4.30pm)

7 PM — **7.00** LIVE **Wimbledon** Further coverage of day six of the third Major tournament of the year, which comes from the All England Club. (S) ■ Highlights at 9pm on BBC2

8 PM

9 PM — **9.00** **Michael McIntyre's The Wheel** Mel B, Josh Widdicombe, Osi Umenyiora, Kerry Godliman, Jordan North, Rosemary Shrager and Dr Hilary Jones try to help the contestants. (S)(R)

10 PM — **10.00** **BBC News** (S)
10.20 **MOTD: Euro 2024 Highlights** Action from the third and fourth quarter-finals, held at Düsseldorf Arena and the Olympiastadion in Berlin. (S)
11.20 FILM **Training Day** Police thriller starring Denzel Washington, Ethan Hawke and Scott Glenn. (S)(AD) (2001, 18, 115min) ★★★
1.15 AM **Superman & Lois** New episode 12/13. Lex Luthor is set to be released from prison. (S3) (S)(AD)
1.55 **Football: Euro 2024 Match Replay** A chance to see a quarter-final from Germany. (S)
3.45 **Weather for the Week Ahead** (S)
3.50 **to 6.00** AM **BBC News** (S)

BBC2

102 | 102 | 2 | 102 | 102

6.15 AM **Children's Programmes**
9.00 **Gardeners' World** The team report from the RHS Hampton Court Palace Garden Festival. (S)(R)
10.00 **Interior Design Masters with Alan Carr** 7/8. The four remaining designers are challenged to transform two restaurants in Hebden Bridge. (S)(R)(AD)
11.00 LIVE **Wimbledon** Isa Guha presents coverage of day six of the Grand Slam tournament from the All England Club, where men's and ladies' third-round matches are scheduled to take place. (S)
3.00 PM LIVE **Wimbledon** Further coverage of day six from the All England Club, where the third-round draws in the men's and ladies' singles competitions are scheduled to continue. (S)

10.00 Prince & His Songs at the BBC

6.00 LIVE **Wimbledon** Clare Balding presents further coverage of day six of the grass-court tournament from the All England Club, where the third-round draws in the men's and ladies' singles competitions are scheduled to continue. (S)

9.00 **Today at Wimbledon** Qasa Alom presents highlights of the sixth day's play at the All England Club, featuring matches in the third round. (S)

10.00 NEW **Prince & His Songs at the BBC** Archive appearances on the BBC by the musician, as well as performances by artists who covered his songs, including Beyoncé and Chaka Khan. (S)
11.00 **Prince: A Purple Reign** A profile of the musician, who rose to fame in the 1980s with hits including *1999* and *Kiss*. (S)(R)
12.00 M'T **Prince and the Revolution: Live** A 1985 performance from the *Purple Rain* tour. (S)(R)
1.20 AM FILM **Who You Think I Am** French drama starring Juliette Binoche and Nicole Garcia. Subtitled. (2019, 15, 95min) ★★★★
2.55 **to 6.50** AM **Previews** (S)

ITV1

103 | 103 | 803 | 103 | 3 | 103 | 103 | 103

6.00 AM **Simply Raymond Blanc** (S)(R)
6.30 **Love Your Weekend with Alan Titchmarsh** With Matt Baker. (S)(R)
8.25 **The Chris McCausland Show** New edition With Maisie Adam. (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** With Dom Joly. (S)(R)
11.40 **Ainsley's National Trust Cook Off** New edition (S)(AD)
12.40 PM **James Martin's Great British Adventure** The chef explores the Isle of Wight. (S)(R)(AD)
1.15 **ITV News** (S)
1.30 LIVE **Racing** Coverage of today's meeting from Sandown Park. (S)
4.00 **Tipping Point: Lucky Stars** (S)(R)
5.00 **The Chase Celebrity Special** (S)(R)

• *Alternative schedule* If ITV1 show today's Euro 2024 matches, the schedule will be: **4.00pm LIVE Football: Euro 2024** Coverage of the third quarter-final. Kick-off is at 5.00. (S) **7.15 LIVE Football: Euro 2024** Coverage of the fourth quarter-final. Kick-off is at 8.00. (S) **10.30 ITV News** (S) **10.45 The Murder of Grace Millane: Social Media Murders** (S)(R)(AD) **11.45 Tour de France Highlights** (S)(R) **12.35-3.00am Teleshopping**

6.00 **In for a Penny** Stephen Mulhern sets challenges to members of the public in Torquay. (S)(R)(AD)
6.30 **ITV News** (S)
6.45 **Local News** (S)
7.00 **Celebrity Catchphrase** Stephen Mulhern hosts a celebrity special of the game show, with Kelvin Fletcher, Chris Ramsey and Heather Small playing to win £50,000 for their chosen charity. (S)(R)
8.00 **Midsomer Murders** *The Lions of Causton:* Businessman and owner of the Causton Lions rugby team Mark Adler is mysteriously found dead in the club's cryotherapy chamber. Barnaby and Winter are called in to investigate and their list of suspects soon includes Adler's wife Samantha, former coach Guy Bevan, troubled star player Danny Wickham and physio Neville Gallagher. Guest stars Tamzin Outhwaite. (S)(R)(AD)
10.00 **The 1% Club** Quiz show hosted by Lee Mack in which 100 contestants have a chance of winning up to £100,000. (S)(R)
10.55 **ITV News** (S)
11.15 **Football: Euro 2024 Highlights** Highlights from the day's quarter-finals, which were played at Düsseldorf Arena and the Olympiastadion in Berlin. (S)
12.15 AM **Tour de France Highlights** Action from stage eight. (S)(R)
1.00 **Teleshopping**
3.00 **Next Level Chef USA** (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Deal or No Deal** (S)(R)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 | 104/108 | 804 | 108 | 4 | 104 | 104/106

5.55 AM **Frasier** (S3) (S)(R)(AD)
6.50 FILM **Alvin and the Chipmunks: The Road Chip** Family comedy sequel. (S) (2015, U, 95min) ★★
8.25 **The Simpsons** (S)(R)(AD)
10.25 **FA Disability Cup Football Highlights** Action from six finals. (S)
11.25 LIVE **F1: British Grand Prix Practice 3** Coverage of the final practice session at Silverstone. (S)
1.00 PM **Car S.O.S** (S)(R)(AD)
2.00 LIVE **F1: British Grand Prix Qualifying** Coverage of the battle for pole position in the 12th round of the season from Silverstone. (S)
4.45 **A Place in the Sun** A holiday home in Almería, Spain. (S)(R)
5.45 **Kirstie and Phil's Love It or List It: Brilliant Builds** The duo help a family with a grand renovation plan in Long Eaton. (S)(R)

9.00 The French Dispatch

6.15 **News** (S)
6.45 FILM **Dream Horse** Fact-based comedy drama starring Toni Collette and Damian Lewis. A small-town Welsh bartender convinces her neighbours to chip in their modest earnings to help the racehorse she is training. With Owen Teale, Alan David and Lynda Baron. (S)(AD) (2020, PG, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
9.00 FILM PREMIERE **The French Dispatch** Wes Anderson's anthology drama, following the staff of a magazine based in a French town as they reflect on their most memorable stories. Stars Bill Murray, Benicio Del Toro, Tilda Swinton and Owen Wilson. (S)(AD) (2020, 15, 130min) ★★★★★ *See review, page 24.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.10 **F1: British Grand Prix Qualifying Highlights** Action from the battle for pole position in the 12th round of the season at Silverstone. (S)
12.15 AM FILM **Den of Thieves** Crime drama starring Gerard Butler. (S)(AD) (2018, 15, 145min) ★★★
2.40 **Ramsay's Kitchen Nightmares USA** From New York. (S)(SL)(R)
3.30 **The Simpsons** (S)(R)(AD)
3.55 **to 5.50** AM **Hollyoaks Omnibus** (R)

+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 | 105 | 105 | 105

5.35 AM **Milkshake!**
9.00 **Entertainment News** (S)
9.10 **Bargain-Loving Brits in the Sun** Triple bill of editions. (S)(R)
11.55 **Dogs Behaving (Very) Badly** Graeme Hall helps a family with a hyperactive Staffie. (S)(R)(AD)
12.55 PM A hyper-reactive Doberman. (S)(R)(AD)
1.50 A dog with severe separation anxiety. (S)(R)(AD)
2.50 **Somerset: Wonder of the West Country** A visit to the seaside resort of Minehead. (S)(R)
3.50 A visit to Cheddar's famous gorge. (S)(R)
4.45 **News** (S)
4.50 **Fawlty Towers: Funniest Moments & More** Celebrating John Cleese and Connie Booth's acclaimed sitcom. (S)(R)

9.00 Edward & Sophie: 25 Years...

6.10 **The Royal Kitchen: Upstairs, Downstairs** 1/5. A light-hearted look at how the monarchy's culinary traditions have changed through the ages. (S)(R)

7.00 **Funniest Royal Cock-Ups** Gyles Brandreth narrates a selection of mishaps involving members of the Royal Family, including Prince Harry falling off his horse during a polo match. There is also footage of the moment that 1997 British blockbuster *The Full Monty* received an extra burst of publicity thanks to Prince Charles' recreation of the *Hot Stuff* routine. (S)(R)

9.00 **NEW Edward & Sophie: 25 Years Together** A look at the relationship of the Duke and Duchess of Edinburgh, a couple who often go under the radar. (S)

10.00 **The Greatest TV of the '80s** 3/3. The best programmes of the decade, featuring clips from shows including *The Tube, Brookside, EastEnders, Dallas* and *Dynasty*. (S)(R)

12.00 M'T **Greatest Ever Wind Ups** New edition A trainee plumber gets a nasty shock. (S)
1.00 AM **PlayOJO Live Casino Show**
3.00 **London Transport: Then & Now**
3.50 **The Savoy: Inside Britain's Most Famous Hotel** (S)(R)
4.35 **Wildlife SOS** (S)(SL)(R)
5.00 **House Doctor** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 | 355

6.00 AM **Isadora Moon** (S)(R)(AD)
6.25 **Croods Family Tree** (S)(R)
7.15 **Draw with Will** (S)(R)
7.35 **Lego City Adventures** (S)(R)
8.05 **Monkey Life** (S)(R)(AD)
9.20 **Animals Like Us** (S)(R)
11.15 LIVE **F1: British Grand Prix Practice** The third practice session from Silverstone.
12.40 PM **Football's Funniest Moments** (S)(R)(AD)
1.40 **The Simpsons** (S)(R)
2.10 **Vettel's Senna Tribute Run** (R)
2.15 LIVE **F1: British Grand Prix Qualifying** The battle for grid positions for the 12th round of the season. Start-time is at 3.00.
5.00 **Ted's Notebook**
5.30 **F1: British Grand Prix Qualifying Highlights** Today's action from Silverstone.

10.00 Beverly Hills Cop II

F1: British Grand Prix Highlights (started at 5.30pm)

7.30 **The Simpsons** *Homer Scissorhands:* Homer discovers a hidden talent for styling hair. (S)(R)

8.00 **The Simpsons** *500 Keys:* Lisa finds a classroom hidden beneath Springfield Elementary. (S)(R) **8.30** *Lisa with an S:* Lisa stays with a Broadway legend for a month. (S)(R)

9.00 **An Idiot Abroad** 4/8. Karl Pilkington travels to Mexico to witness the country's Easter celebrations and rides a horse at a cowboy ranch, before heading for Chichen Itza. (S)(R)(AD)

10.00 FILM **Beverly Hills Cop II** Comedy thriller sequel starring Eddie Murphy Streetwise cop Axel Foley is on the trail of a gang led by a six-foot blonde. With Judge Reinhold and Brigitte Nielsen. (S) (1987, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.00 M'T **F1: British Grand Prix Qualifying Highlights** Action from the battle for grid positions for the 12th round of the season at Silverstone. (R)
2.00 AM **Ted's Notebook** (R)
2.30 **The Office (US)** (S4) (S)(R)
4.00 **to 6.00** AM **Nothing to Declare** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
No variations

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
11.20pm Mavericks: Sport's Lost Heroes (S)(R) **11.50** MOTD Top Ten – Defenders (S) **12.20am** Who Do You Think You Are? (S)(R) **1.20** Superman & Lois New episode (S)(AD) **2.00-3.45am** Football: Euro 2024 Match Replay (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
2.30pm LIVE All Ireland Hurling Semi Final (S) **5.00-9.00pm** LIVE Wimbledon (S)

WALES
Sky **968**, Freesat **968**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **9.30** Tekkers **10.00** Prosiect Pum Mil **11.00** Ceffylau, Sheikhs a Chowbois **11.30** Garddio a Mwy **12.00noon** Ffermio **12.30pm** Hen Dy Newydd (AD) **1.30** Y Sîn **2.00** LIVE Seiclo: Tour de France **4.40** Cysgu O Gwmpas (AD) **5.15** Ralio+ **5.45** Cyfres Triathlon Cymru 2024 **6.45** Newyddion a Chwaraeon **7.00** Clwb Rygbi Rhyngwladol **8.00** NEW Eisteddfod Llangollen: Cor y Byd 2024 **10.30** Seiclo: Tour de France **11.00pm-12.05am** Am Dro! (AD)

BBC3

115/117/121 | 107/113 | 23 | 107 | 107

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Billy and Honey have a meeting at the school about Will. **7.30** Priya and Ravi argue over their parenting failures, while Billy and Will share an emotional moment.
8.00 **Top Gear** The presenters test three luxurious vehicles in Albania, and Jonathan Ross is the Star in a Reasonably Priced Car.
9.00 **Two Pints of Lager and a Packet of Crisps** 3/11. Donna plans a kinky night in. **9.30** 4/11. Janet gets caught up in a conflict between her two bridesmaids. **10.00** 5/11. Jonny tries to persuade Janet's father to approve of their marriage. **10.30** 6/11. The girls shop for a wedding dress. (S3)
11.00 **Peacock** 5&6/6. (S2)
11.55 **Paddy & Molly: Show No Mersey** Double bill.
12.55 AM **Ballers: Ball or Nothing** Double bill.
1.55 **Laugh Lessons**
2.00 **to 4.00** AM **Two Pints of Lagerand a Packet of...**

BBC4

116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Patagonia: Earth's Secret Paradise** 1/3. Creatures native to the South American wilderness.
8.00 **Francesco's Venice** 1/4. Francesco da Mosto explores the city's history and culture.
9.00 NEW SERIES **End of Summer** 1/6. Swedish drama with Julia Ragnarsson. A woman meets a man in group therapy, who she believes could be her missing brother from 20 years ago. **9.55** New episode 2/6. Vera goes to her childhood home to tell her family about her suspicions that Billy might be alive. Subtitled. *See feature, page 12.* (S1)
■ Entire series on BBC iPlayer
10.55 **Marty Feldman: No, But Seriously – One Pair of Eyes** The funnyman looks at the art of comedy.
11.40 **One Foot in the Grave**
12.10 AM **Butterflies**
12.40 **Imagine: Listen to Me Marlon** Documentary.
2.20 **to 3.20** AM **Francesco's Venice**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **Supermarkets Unwrapped: The Vegan Aisle** Documentary.
9.30 **A Place in the Sun**
12.30 PM **Bake Off: The Professionals**
1.35 **Location, Location, Location** Double bill.
3.40 **Come Dine with Me** Five editions from the Midlands.
6.15 **Four in a Bed** The contest begins at BnB at 43 in Richmond, North Yorkshire. **6.50** The second visit is to Sutton Park in Blackpool.
7.20 **Four in a Bed** The group head to Tottington Manor in Edburton, West Sussex. **7.55** The final stay is at Flynn's Pub and Guesthouse in Hackney, east London. **8.25** The B&B owners meet up for the last time.
9.00 **24 Hours in A&E** A woman is brought in after crashing her car into a tree, and a four-year-old girl needs treatment after falling on an escalator. **10.00** A 92-year-old man may have a bleed on the brain after hitting his head, and patients from Iran and their families share their memories of how the revolution affected their lives.
11.05 **8 Out of 10 Cats Does Countdown** Double bill.
1.15 AM **24 Hours in A&E**
3.20 **to 4.00** AM **A Place in the Sun**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Lego Masters Australia**
7.40 FILM **Tad the Lost Explorer and the Secret of King Midas** Animation. (2017, U, 85min) ★★★
9.20 **Ramsay's Kitchen Nightmares USA**
1.20 PM FILM **Hotel Transylvania 3: Summer Vacation** Animated sequel featuring the voices of Adam Sandler and Andy Samberg. (2018, U, 97min) ★★
3.10 **Modern Family** (S10)
4.40 **The Big Bang Theory**
6.05 **The Big Bang Theory** 2/23. Sheldon and Howard stake their most coveted comic books on a bet. (S3)
6.40 FILM **Deep Impact** Disaster movie starring Robert Duvall, Téa Leoni and Elijah Wood. An astronaut leads a mission into space to explode a comet before it hits the Earth and causes apocalyptic destruction. (1998, 12, 123min) ★★★★
9.00 **Celebrity Gogglebox** Famous faces appraise *The Masked Dancer, Naked Attraction* and *Dirty Dancing*.
10.00 **Gogglebox** Opinions on *Wild Isles, Starstruck, The Apprentice* and *The Piano*.
11.05 **Gogglebox**
12.10 AM **First Dates**
2.20 **Gogglebox**
4.10 **Modern Family**
5.00 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hour 235/236 | 306 | 30 | 123

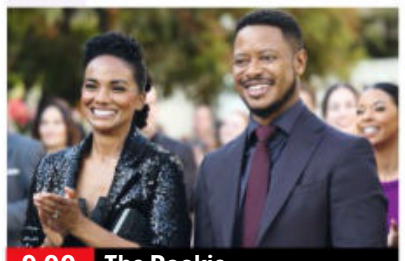
SATURDAY Entertainment

Saturday

Sky Witness

107 807 110 341 356

6.00 AM **Motorway Patrol**
9.00 **Brit Cops: Rapid Response**
10.00 **Border Patrol**
11.00 **Border Security USA** A smuggler makes a poor job of hiding a shipment of cocaine. **12.00** NOON A girl is found asleep in a stranger's car.
1.00 PM **Bondi Rescue** Triple bill of the documentary series.
2.30 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.
3.30 **Nothing to Declare** Seven editions of the documentary.


9.00 The Rookie

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM

9.00 **The Rookie** *The Hammer:* 2/10. The team come together to celebrate John and Bailey's wedding. (S6)

10 PM

10.00 **FBI** *Prey:* 3/22. Special agents Maggie Bell and OA Zidan investigate the mysterious murders of 18 young women. (S1)
11.00 **Law & Order: Special Victims Unit** 1/22. Crossover with *Law & Order: Organised Crime*. (S24)
12.00 M'T **The Equalizer** 8/10. (S4)
1.00 AM **Fire Country** 2/10. (S2)
2.00 **The Cleaning Lady** 7/12. (S2)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 808 342 357

6.00 AM **Fish Town** Triple bill.
9.00 **Six Feet Under** (S2&3)
2.25 PM **The Sopranos** 5/13. Tony pays a visit to the track to check out Ralph's new horse. **3.30** 6/13. Artie Bucco agrees to help his new hostess's brother by lending him money. **4.35** 7/13. Paulie receives a warm welcome when he is released from jail. **5.40** 8/13. Furio visits Italy to see his ailing father. **6.45** 9/13. Junior falls down a flight of stairs. (S4)

7.55 Game of Thrones

7.55 **Game of Thrones** *The North Remembers:* 1/10. As Westeros prepares for war, Robb Stark marches south to avenge his father.

9.00 **Game of Thrones** *The Night Lands:* 2/10. Tyrion turns his anger on Cersei for alienating Joffrey's subjects

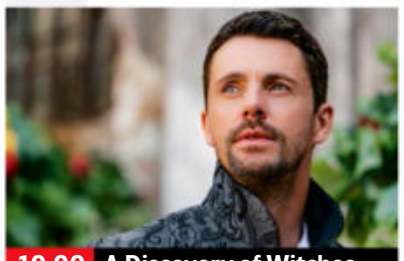
10.05 **Game of Thrones** *What Is Dead May Never Die:* 3/10. Tyrion plots to identify Cersei's spy on the small council. (S2)
11.10 **Game of Thrones** 4/10. Daenerys arrives in Qarth. **12.15** AM 5/10. Lord Baelish has a chance to capitalise. (S2)
1.25 **Watchmen** 3/9. (S1)
2.30 **The Deuce** 6/8. (S3)
3.40 **In Treatment** (S2)
4.10 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 813 111 346 361

6.00 AM **The Flash** 14-17/20. (S8)
10.00 **Grimm** Four episodes. (S4&5)
2.00 PM **Hawaii Five-0** 2/25. The team must work with rogue MI6 agent Harry Langford. **3.00** 3/25. An FBI profiler finds a dead body in her bed. **4.00** 4/25. Alicia becomes convinced she has identified the chess-piece killer. **5.00** 5/25. A cache of arms is stolen from a gun range. **6.00** 6/25. Kono and Adam are kidnapped by what appears to be a death cult. (S7)


10.00 A Discovery of Witches

7.00 **Agatha Raisin** *The Deadly Dance:* 2/4. A scathing news article hurts Agatha's business, but then one of Charles's wealthy friends asks her to investigate a series of death threats. (S3)

9.00 **An Idiot Abroad** 4/8. Karl travels to Mexico and immerses himself in the country's culture, before heading for Chichen Itza.

10.00 **A Discovery of Witches** 10/10. Diana makes plans to complete her training with Goody Alsop. (S2)
11.00 **Flintoff: Lord of the Fries** 3/6. Andrew Flintoff and Rob Penn visit the West Country.
12.00 M'T **We're Here**
1.15 AM **Banshee** 3/10. (S2)
2.25 **There's Something About Movies** With Rob Brydon.
3.25 **Road Wars**
4.00 **to 6.00** AM **Stop, Search, Seize**

ITV2

118 816 115 6 113

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
9.35 **Love Bites**
10.35 **Dress to Impress**
1.45 PM **American Ninja Warrior** New edition Contestants face a tall Mega Warped Wall.
2.45 **Catchphrase**
3.30 **Bob's Burgers** (S2&3)
4.25 **FILM Legally Blonde** Comedy. (2001, 12, 96min) ★★★
6.20 **FILM Star Trek Into Darkness** Adventure sequel. (2013, 12, 132min) ★★★★

6.20 Star Trek Into Darkness

FILM Star Trek Into Darkness (film started at 6.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Love Island: Unseen Bits** New edition All the best unseen moments from another jaw-dropping week in paradise.

10.05 **Olivia Attwood: The Price of Perfection** Olivia meets brave women who are willing to discuss their insecurities.
11.05 **Family Guy** 17/23. Peter has his memory erased. **11.35** 11/23. Peter decides to live upstairs permanently. (S10)
12.05 AM **American Dad!** (S7)
1.05 **CelebAbility** Game show.
1.50 **All American** 15/16. (S2)
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 117 10 115

6.00 AM **Bless This House**
6.30 **Inspector Morse**
8.45 **FILM Carry On Again Doctor** Comedy with Kenneth Williams. (1969, PG, 88min) ★★
10.30 **Inspector Morse**
12.50 PM **Agatha Christie's Poirot**
4.00 **Midsomer Murders** *Send in the Clowns:* Things take a gruesome turn when the circus comes to town. **6.00** *The Point of Balance:* Vicious rivalries behind the scenes at a touring dance show lead to murder.

9.00 Grantchester

Midsomer Murders (started at 6.00pm)

8.00 **Long Lost Family** A woman looking for the father she never knew, and a man searching for his birth parents.

9.00 **Grantchester** 1/8. The owner of a holiday camp is found dead in suspicious circumstances.

10.00 **Grantchester** 2/8. A baptism service is disrupted by a man claiming he's the rightful father of the child. (S6)
11.05 **Endeavour** *Nocturne:* The murder of a museum specialist leads Morse to a girls' school.
12.55 AM **Agatha Christie's Poirot** *Four and Twenty Blackbirds:* A restaurant customer's change of diet intrigues Poirot.
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **Scottish Cup Classics** A look back at Rangers v Aberdeen from 1982. **7.45** Rangers v Queen of the South from 2008.
8.15 **Inside Central Station** 6/6. A train disruption causes travel chaos for football fans.
9.15 **Rab C Nesbitt** 1/7. Rab goes back to live with his mother. (S4)
9.45 **Best of Chewin' the Fat** Highlights of the comedy series.
10.10 **Loch Ness: They Created a Monster** The story behind the legend, revealing how the search for the Loch Ness monster has attracted people from across the world for decades.
11.40 PM **to 12.00** M'T **Lauren Mayberry: I Change Shapes**

Sky Comedy

114/115 814 112 347 362

8.00 AM **American Auto** (S1)
10.30 **Ballers** 5-9/10. (S2)
1.30 PM **Veep** 1-4/7. (S7)
4.00 **Will & Grace** (S11)
6.30 **The Office (US)** 3/19. Ryan returns for the first time since his promotion. **7.00** 4/19. Michael and Dwight present food gift baskets to old clients. **7.30** 5/19. As Ryan's new Dunder Mifflin Infinity website is about to be launched, the staff host a party. **8.00** 6/19. Dwight and Michael kidnap a pizza delivery boy. **8.30** 7/19. Michael asks his employees for a loan. (S4)
9.00 **Curb Your Enthusiasm**
11.00 **Nikki Glaser: Someday You'll Die** Stand-up.
12.15 AM **Entourage** (S1)
1.25 **Hello Ladies** (S1)
2.35 **Flight of the Conchords** (S1)
3.45 **to 5.00** AM **2 Dope Queens**

Sky Arts

130/131 826 123 36 147 365

6.00 AM **The Sound of Music – Live!**
8.30 **Tales of the Unexpected**
11.00 **Hitchcock Presents**
1.00 PM **Close to You: Remembering the Carpenters**
2.20 **Concert for George**
5.05 **Elvis Presley: Aloha from Hawaii** From 1973.
6.40 **Eric Clapton: Live in California** A 2001 concert from the Staples Centre in LA.
8.00 **Classic Albums** The making of Cream's 1967 album *Disraeli Gears*.
9.00 **Cream Reunion Concert** A 2005 concert.
11.40 **Freddie Mercury: The Untold Story**
1.00 AM **Women Who Rock**
2.15 **Sisters with Transistors**
4.00 **Isle of Wight Festival Greatest Hits**
5.00 **Music Icons: Birth of Metal** Documentary.
5.30 **to 6.00** AM **Music Icons: Women Who Rock**

Sky Mix

151 135 11 144

6.00 AM **Nothing to Declare**
8.00 **The Brilliant World of Tom Gates** Double bill.
8.30 **Silly Pets** Double bill.
8.50 **Let's Game** Triple bill.
9.20 **Nothing to Declare**
11.00 **UK Border Force**
12.00 NOON **Road Wars**
1.00 PM **Highway Cops**
2.00 **Into the Big Blue Heart**
3.00 **Wild Pacific Rescue**
4.00 **Shark Squad**
5.00 **Beasts of the Big Blue**
6.00 **Ningaloo: Australia's Ocean Wonder**
7.00 **Caught on Dashcam**
8.00 **How I Caught the Killer**
9.00 **Britcam: Emergency on Our Streets**
10.00 **The Force: North East**
11.00 **The Bambers: Murder at the Farm**
12.00 M'T **The Twilight Zone**
1.00 AM **Brit Cops: Law & Disorder**
2.00 **Border Security: America's Front Line**
4.00 **to 6.00** AM **Highway Patrol**

ITV Be

131/132 119 28 119

6.00 AM **Unwind**
6.30 **Teleshopping**
7.00 **Sam and Billie: The Mummy Diaries**
8.00 **The Real Housewives of New Jersey**
10.40 **Dinner Date**
11.35 **The Real Housewives of Miami** Double bill.
1.35 PM **Real Housewives Ultimate Girls' Trip**
2.40 **Drama Queens**
4.40 **Abbey Clancy: Celebrity Homes**
5.40 **Dinner Date**
6.45 **FILM Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
9.00 **Botched** Terry Dubrow assists a fitness fanatic by fixing her 'lady lumps'. **10.00** A woman changes the shape of her nose.
10.55 **The TOWIE Years**
11.55 **Ibiza Weekender**
12.55 AM **Unwind**
1.00 **Teleshopping**
2.00 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 170 50

8.00 AM **Highway to Heaven**
4.00 PM **Father Dowling Mysteries** Five episodes of the drama, including at: **7.00** *The Solid Gold Headache Mystery*: The priest's housekeeper is kidnapped. **8.00** *The Legacy Mystery*: Frank investigates an art theft.
9.00 **An Aurora Teagarden Mystery: A Bone to Pick** Crime drama with Candace Cameron Bure, Peter Benson and Dave Collette.
10.50 **The Gourmet Detective: Roux the Day** Crime drama starring Dylan Neal and Brooke Burns.
12.45 AM **Castle** (S3)
3.00 **Randall and Hopkirk (Deceased)** 7/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257 62

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 118 26 117

6.00 AM **The Protectors**
6.30 **The Motorbike Show**
9.30 **Racing: The Opening Show**
10.30 **Fishing Allstars**
11.00 **Tour de France Highlights**
12.00 NOON **LIVE Tour de France** Coverage of stage eight, featuring a route of 183.4km from Semur-en-Auxois to Colombey-Les-Deux-Eglises.
5.00 PM **The Derby Through the Years** Memorable stagings.
5.20 **River Monsters**
5.55 **Mr Bean** *Tee Off, Mr Bean:* The hapless fool plays crazy golf.

10.05 The Expendables 3

7.00 **Tour de France Highlights** Gary Imlach presents action from stage eight, featuring a route of 183.4km.
8.00 **Junk and Disorderly** The team attempt to bring a vintage Morris 8 back to life, and get to grips with a Triumph chopper.
9.00 **River Monsters** Jeremy Wade investigates a mystery sea monster in a remote lake in Malaysia.
10.05 **FILM The Expendables 3** Thriller sequel starring Sylvester Stallone. Soldier of fortune Barney Ross recruits a new team to battle an arms dealer. (2014, 12, 126min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.30 AM **Made in Britain**
1.25 **The Sweeney**
2.20 **The Protectors**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** Five episodes, including at: **2.00** PM 17/26. A group of Vulcans visit the starship. **3.00** 18/26. Archer is haunted by visions. (S1)
4.00 **Star Trek: Voyager** 23/26. Janeway relates the tale of her pioneering ancestor. **5.00** 24/26. A ship from the future recruits Seven of Nine. **6.00** 25/26. The crew try to block a deadly weapon. (S5)

11.00 Wynonna Earp

7.00 **Star Trek: Voyager** *Equinox – Part One:* 26/26. The crew of *Voyager* encounter another Federation starship. (S5)
8.00 **Star Trek: Voyager** *Equinox – Part Two:* 1/26. Seven refuses to help Ransom restore the enhanced warp drive. (S6)
9.00 **FILM Supervolcano** Sci-fi disaster thriller starring William Baldwin. When a supervolcano threatens the island of Hawaii, experts race to save those in the path of the molten lava and stop it for good. (2021, PG, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Wynonna Earp** 4/12. The Earp heir and her fellow Black Badge bearers face a ferocious new threat. **12.00** M'T 5/12. Waverly and Wynonna air their sisterly grievances. (S2)
1.00 AM **Wynonna Earp** (S2)
3.00 **to 6.00** AM **Star Trek: Enterprise**

Alibi

109/110 809 114 343 358

7.10 AM **Murdoch Mysteries** (S3)
10.00 **Miss Scarlet and the Duke**
12.00 NOON **Father Brown** Four episodes, including at: **2.00** PM *The Resurrectionists:* The priest investigates a case of body-snatching. **3.00** *The Sins of the Father:* The sleuthing priest sets out to solve the murder of a local aeronautics magnate's son.
4.00 **Death in Paradise** (S9)
6.00 **Hudson & Rex** 15/16. Charlie and Rex protect a prominent political figure. (S6)

10.00 Dark Winds

7.00 **Hudson & Rex** *Rex, Drugs & Rock 'n' Roll:* 16/16. Jesse's music teacher is killed at his recording studio. (S6)
8.00 **Shakespeare & Hathaway: Private Investigators** 5/10. A missing person's case takes a dramatic turn. (S3)
9.00 **Death in Paradise** *Pirates of the Murder Scene:* 4/8. A body is discovered on a boat out at sea. (S9)
10.00 **Dark Winds** *Monster Slayer:* 1/6. Two Navajo police officers investigate a series of crimes on a remote outpost. (S1)
11.00 **Alaska Daily** 5/11. Eileen meets someone from her past – with unexpected consequences. Eileen and Roz gain a new lead on Gloria's case. (S1)
12.00 M'T **Clarice** 9&10/13. (S1)
1.50 **Murdoch Mysteries**
2.50 **to 4.00** AM **Why Women Kill**

+1 hour 209/210 314

GOLD

110/111 810 124 344 359

7.10 AM **The Fosters**
8.05 **The Green Green Grass**
8.40 **My Hero**
9.20 **Are You Being Served?**
10.00 **Still Open All Hours**
10.40 **Only Fools and Horses**
12.40 PM **Only Fools and Horses** Ten episodes, including at: **5.20** Rodney's plans to make a film are spoiled by Del Boy. **6.00** A millionaire offers Del Boy a partnership in his business empire Down Under. **6.40** The Trotters attempt to help a damsel in distress.

8.40 Only Fools and Horses

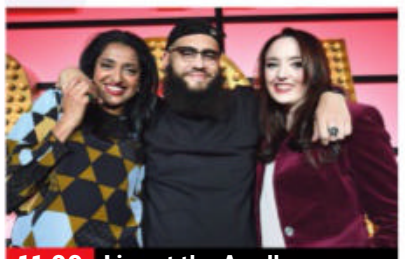
7.20 **Only Fools and Horses** A weeping statue gives Del Boy an idea for a money-making scheme.
8.00 **Only Fools and Horses** The Trotters get caught up in an attempted robbery. **8.40** Tempers flare between the Trotter brothers when they fall for the same woman.
9.20 **Mrs Brown's Boys** Agnes and the Brown family fake Grandad's death.
10.00 **Mrs Brown's Boys** Cathy's family counselling session descends into chaos.
10.40 **Paul Whitehouse's Sketch Show Years** Paul looks at sketch shows from the 1980s.
11.20 **Bottom: Hooligans Island Live 1997** Manic flatmates Eddie and Richie become marooned on a desert island.
1.35 AM **The Lenny Henry Show**
3.20 **to 4.00** AM **Hi-de-Hi!**

+1 hour 210/211 324

Dave

111/112 811 127 19 157

7.10 AM **Whose Line Is It Anyway? USA** Double bill.
8.00 **Storage Hunters UK**
9.00 **World's Most Dangerous Roads** Double bill.
11.00 **Red Bull Soapbox Race**
1.00 PM **Storage Hunters UK**
3.00 **Extreme Fishing with Robson Green** Double bill.
5.00 **The Americas with Simon Reeve** From Texas to Mexico.
6.00 **Would I Lie to You?**
6.40 **Would I Lie to You? The Unseen Bits** Unseen material from the comedy panel show.


11.00 Live at the Apollo

7.20 **Gavin & Stacey** The couple announce their engagement, and the families unite for a party.
8.00 **Gavin & Stacey** The Shipmans drive to Wales for the wedding fayre.
8.40 **Not Going Out** Lee performs jury service and manages to put the other 11 jurors on trial. **9.20** Lee forgets to check the weather when he organises a camping trip.
10.00 **QI** Sandi Toksvig shares her top tips and tools with Bill Bailey, Holly Walsh, Joe Lycett and regular panellist Alan Davies.
11.00 **Live at the Apollo** Jamali Maddix introduces sets by Fern Brady and Sindhu Vee.
12.00 M'T **Have I Got a Bit More News for You** Double bill.
2.00 **Live at the Apollo** Hosted by Sarah Millican.
3.00 **to 4.00** AM **Room 101**

+1 hour 211/212 327 57

Saturday 7 PM 8 PM 9 PM 10 PM

4seven

137/138 143 49 127

9.00 AM **Come Dine with Me**
11.30 **A New Life in the Sun: Where Are They Now?**
1.30 PM **A Place in the Sun**
3.30 **Four in a Bed**
6.00 **A Place in the Sun** Jean Johansson searches for a home in Estepona on the Costa del Sol. **7.00** A south-London pair seek a property in Marbella, Spain.
8.00 **Location, Location, Location** Kirstie Allsopp and Phil Spencer take two couples house-hunting in south Wales.
9.00 **Grand Designs**
10.00 **Outrageous Homes**
11.05 **FILM The Inbetweeners Movie** Comedy spin-off starring Simon Bird and James Buckley. (2011, 15, 97min) ★★★★
1.00 AM **Celebrity Gogglebox**
2.00 **24 Hours in Police Custody** Documentary.
2.50 **Emergency**
3.50 **to 4.55** AM **24 Hours in A&E**

5USA

141/169 120/162 21 129

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S4)
1.05 PM **NCIS** Eight episodes of the drama, including at: **7.00** *Fallout:* 23/24. Gibbs attends the memorial service for a friend lost at sea. **8.00** *Date with Destiny:* 24/24. Sloane believes she has seen the man who tortured her years ago in Afghanistan. (S15)
9.00 **Criminal Minds** *There's No Place Like Home:* 7/24. The FBI agents visit Kansas to follow up reports of bodies being found in the aftermath of a series of fierce storms. **10.00** *Hope:* 8/24. The BAU investigate the disappearance of Garcia's friend. (S7)
11.00 **Law & Order: Special Victims Unit** (S10)
2.50 AM **Criminal Minds** (S9)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

8.00 AM **Entertainment News**
8.05 **Car Pound Cops**
8.40 **Dogs Behaving (Very) Badly** Triple bill.
11.35 **FILM Mirror Mirror** Comedy fantasy. (2012, PG, 101min) ★★★
1.45 PM **FILM Fool's Gold** Comedy adventure. (2008, 12, 107min) ★
4.00 **FILM What Women Want** Comedy. (2000, 12, 127min) ★★★
6.35 **FILM About Time** Comedy fantasy starring Domhnall Gleeson. (2013, 12, 120min) ★★★
9.00 **FILM Fifty Shades Darker** Drama sequel starring Dakota Johnson. (2017, 18, 118min) ★
11.20 **FILM Final Destination** Horror thriller. (2000, 15, 97min) ★★★★
1.20 AM **Police Interceptors**
3.20 **Car Pound Cops**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 141

5Action

150 130 33 132

9.00 AM **Car Pound Cops**
9.30 **Police Interceptors**
1.35 PM **Police Interceptors**
2.35 **FILM Ride the High Country** Sam Peckinpah's Western with Randolph Scott. (1961, PG, 93min) ★★★★
4.30 **FILM Star Trek V: The Final Frontier** Sci-fi adventure sequel starring William Shatner. (1989, PG, 100min) ★★
6.40 **FILM Star Trek VI: The Undiscovered Country** Adventure sequel with Leonard Nimoy. (1991, PG, 109min) ★★★★
9.00 **FILM Daylight** Action adventure starring Sylvester Stallone and Amy Brenneman. (1996, 12, 114min) ★★★
11.15 **FILM 6 Bullets** Action thriller starring Jean-Claude Van Damme. (2012, 15, 109min) ★★
1.35 AM **Traffic Cops**
3.35 **to 4.00** AM **Car Pound Cops**

W

132/133 827 125 25 156

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **My Family** Six episodes, including at: **5.40** Susan suggests to Roger that he should try to make Abi jealous. **6.20** Susan decides to stand for the council.
7.00 **Miranda** The joke-shop owner vows to get fit. **7.40** Tilly and Penny organise a charity event. **8.20** Things look up for Miranda's love life.
9.00 **Gavin & Stacey** Nessa tells Stacey her secret. **9.40** Gavin embarks on two stag nights. **10.20** The day of the wedding arrives.
11.00 **Kathy Burke's All Woman** Documentary.
12.00 M'T **First Responders**
1.00 AM **16 Kids and Counting** Documentary.
2.00 **to 3.00** AM **Extreme Food Phobics**

+1 hour 232/233 325

Drama

143 116 20 158

7.20 AM **Birds of a Feather**
10.10 **Lovejoy**
1.30 PM **Pie in the Sky**
3.30 **The House of Eliott**
6.00 **The Brokenwood Mysteries** *Stone Cold Dead:* 2/4. A woman is killed by an arrow. (S4)
8.00 **Rebus** *The Hanging Garden:* The detective's daughter is almost killed.
10.10 **Case Histories** *One Good Turn – Part One:* 3/6. Jackson searches for the killer of a girl whose body he found while out running. (S1)
11.20 **A Small Light** *What Can Be Saved:* 7/8. Miep and Jan's worst fears come true when the Nazis raid the annexe. (S1)
12.20 AM **Darby and Joan**
1.20 **Sister Boniface Mysteries** 5/8. (S3)
2.25 **Hope Street**
3.15 **to 4.00** AM **Darby and Joan**

+1 hour 243 316 60

SATURDAY Entertainment

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **Dr Pimple Popper**
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Antiques Road Trip**
8.00 **Helicopter ER**
9.00 **Alaska Haunting** A woman is blissfully unaware of her property's history.
10.00 **The Haunted Museum** New edition A wealthy collector and his family become the targets of a malicious entity.
11.00 **Help! My House Is Haunted** Odd sensations in a farmhouse.
12.00 M'T **Unexplained: Caught on Camera**
1.00 AM **Paranormal: Caught on Camera**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Dr Jeff: Rocky Mountain Vet**

Challenge
145 139 48 146

7.00 AM **The Chase**
9.00 **Bruce's Price Is Right**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **All Star Family Fortunes** With Brian Dowling and Kym Marsh. **11.40** TV hosts Holly Willoughby and Eamonn Holmes compete. **12.20** PM Angela Griffin and Antony Worrall Thompson compete.
1.00 **Cash Trapped**
3.00 **Tenable** Double bill.
5.00 **Bruce's Price Is Right**
6.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
9.00 **The Celebrity Chase** With Tony Audenshaw, Beth Tweddle, Kara Tointon and Louis Walsh.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions of the darts-based quiz.
4.00 AM **The Celebrity Chase** Quiz show.
5.00 **to 6.00** AM **The Chase**

GREAT! action
323 426 42

8.00 AM **Coast Guard Alaska**
9.00 FILM **Candlelight in Algeria** Thriller. (1943, b/w, PG, 85min) ★★★
10.50 FILM **Tracker** Drama. (2010, 12, 101min) ★★★
1.10 PM FILM **Abilene Town** Western. (1946, b/w, 15, 91min) ★★
3.15 FILM **Wrangler** Western. (1989, 12, 92min) ★★
5.15 FILM **Lone Rider** Western. (2008, PG) ★★
7.05 FILM **Return to Warbow** Western. (1958, PG, 67min) ★★
8.35 FILM **The Nebraskan** Western. (1953, PG) ★★
10.00 FILM **The Foreigner** Thriller. (2003, 15) ★
12.05 AM FILM **Sniper Elite** Sci-fi action adventure. (2014, 15, 91min) ★★
2.15 FILM **Operation Dunkirk** War adventure. (2017, 15, 96min) ★★
4.10 **to 5.00** AM **Operation Barbarossa**
+1 hour 324

GREAT! movies
321 425 34

9.00 AM FILM **Nightmare Nurse** Crime thriller. (2016, PG, 90min) ★★
10.50 FILM **Secrets that Kill** Thriller. (2020, 12) ★★
12.40 PM FILM **The Sinister Surrogate** Thriller. (2018, 12, 90min) ★★
2.30 FILM **Deadly Hack** Thriller. (2018, 12) ★
4.20 FILM **Patricia Cornwell's at Risk** Crime mystery. (2010, 15, 90min) ★★
6.10 FILM **The Front** Thriller. (2010, 12, 91min) ★★
8.00 FILM **Here Comes the Boom** Sports comedy. (2012, 12, 101min) ★★★
10.00 FILM **13** Thriller remake. (2010, 15, 87min) ★★
11.55 FILM **Settlers** Drama. (2021, 15, 103min) ★★
2.05 AM FILM **A Deadly Obsession** Thriller. (2012, 12, 88min) ★★
4.00 **to 6.00** AM FILM **Killer Contractor** Thriller. (2019, 12, 84min) ★★
+1 hour 322

GREAT! romance
319 424 52

8.00 AM FILM **Autumn in the Vineyard** (2016, PG) ★★
10.00 FILM **Summer in the Vineyard** Drama. (2017, PG, 82min) ★★
12.00 NOON FILM **Valentine in the Vineyard** Drama. (2019, PG, 90min) ★★
2.00 PM FILM **A Shoe Addict's Christmas** Fantasy. (2018, PG) ★★
4.00 FILM **Charming Christmas** Drama. (2015, PG, 85min) ★★
6.00 FILM **Northpole 2: Open for Christmas** Fantasy sequel. (2015, U) ★★
8.00 FILM **Her Magical Christmas** Drama. (2017, PG, 90min) ★★
9.50 FILM **Christmas in Evergreen** Drama. (2017, U, 84min) ★★
11.50 FILM **Recipe for Love** Comedy. (2014, PG) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **The Dating List** (2019) ★★
+1 hour 320 63

GREAT! real
189 61

9.00 AM **Police Ten 7**
12.00 NOON **Airline USA**
2.00 PM **Paddington Station 24/7** Double bill.
4.00 **Heathrow: Britain's Busiest Airport**
6.00 **The Motorway: Life in the Fast Lane**
7.00 **Cops Uncut** A drunk driver fails to recite the alphabet. **7.30** A man goes on a rampage in a lorry. **8.00** Examples of why seatbelts are a good idea. **8.30** A man is thrown through his windscreen when he crashes.
9.00 **Emergency Rescue: Air, Land & Sea** A fell runner breaks her leg. **10.00** A walker calls on the Patterdale Mountain Rescue Team.
11.00 **Air Rescue** Double bill.
12.00 M'T **Police Ten 7**
2.00 AM **Coast Guard Alaska**
4.00 **to 5.50** AM **Cops Uncut**
+1 hour 289

DMAX
159 169 39 150

6.00 AM **Deadliest Catch**
9.00 **Yukon Gold**
11.00 **Outback Opal Hunters**
1.00 PM **Aussie Gold Hunters**
4.00 **Alaska: Homestead Rescue** Double bill.
6.00 **Flying Wild Alaska**
7.00 **Extinct or Alive**
8.00 **Bear Grylls: Escape from Hell** A dramatic canyon in North Africa.
9.00 **My Feet Are Killing Me** A patient has a bizarre and extremely rare crust on his feet.
10.00 **Body Bizarre** The story of a woman from Brazil with thousands of tiny tumours on her skin.
11.00 **Monsters Inside Me**
12.00 M'T **Naked and Afraid**
1.00 AM **Ed Stafford: First Man Out**
2.00 **Teleshopping**
4.00 **Treehouse Masters**
5.00 **to 6.00** AM **Baggage Battles**
+1 hour 259 369 151

Food Network
140/141 190 43 148

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **The Pioneer Woman**
11.00 **Best of Summer Mega Salads** Preparing main course summer salads.
11.30 **The Pioneer Woman**
12.00 NOON **James Martin's Mediterranean**
2.00 PM **James Martin's American Adventure**
3.00 **John Torode's Korean Food Tour** Five editions.
8.00 **James Martin's Mediterranean** The chef arrives in Elounda, Crete, where he prepares olive-crusted lamb pancakes. **8.30** The chef's food adventure reaches Valencia, Spain.
9.00 **Man v Food with Casey Webb** Six editions.
12.00 M'T **Secret Eats with Adam Richman**
2.00 **to 3.00** AM **Diners, Drive-Ins and Dives**
+1 hour 240/241 149

Legend
148 149 41 137

7.00 AM **World's Most Unexplained...**
8.00 FILM **Primal Force** Sci-fi fantasy adventure. (1999, 15, 85min) ★
10.00 **Walker, Texas Ranger**
3.00 PM FILM **Jory** Western. (1972, 12, 97min) ★★
4.55 FILM **Biggles: Adventure in Time** Time-travel adventure. (1986, PG, 108min) ★★
6.45 FILM **Flight World War II** Sci-fi thriller. (2015, 12, 85min) ★★
8.30 **The Twilight Zone** (S2)
9.00 FILM **Legacy of Lies** Espionage thriller. (2020, 15, 101min) ★★
11.00 FILM **The Football Factory** Violent drama. (2004, 18, 91min) ★
12.50 AM FILM **Mara** Horror. (2018, 18, 98min) ★★
2.45 **to 4.30** AM FILM **The Lawnmower Man 2: Beyond Cyberspace** Sci-fi thriller sequel. (1995, 12, 92min) ★

Legend Xtra
317 171 69 138

6.00 AM FILM **Lord of the Elves** Fantasy adventure. (2012, 12, 87min) ★★
8.00 FILM **Jetstream** Sci-fi disaster movie. (2012, 12, 88min) ★★
10.00 FILM **End of the World** Action disaster movie. (2018, PG, 88min) ★★
12.00 NOON FILM **Ape vs Monster** Adventure. (2021, 12, 88min) ★★
2.00 PM FILM **Monster Hunters** Action thriller starring Tom Sizemore. (2020, 15, 88min) ★
4.00 **Farscape** (S3)
9.00 FILM **Robert the Bruce** Historical drama starring Angus Macfadyen and Jared Harris. (2019, 15, 124min) ★★★
11.25 FILM **Anti-Life** Sci-fi thriller with Bruce Willis. (2020, 15, 93min) ★★
1.15 **to 3.00** AM FILM **Bite** Horror with Elma Begovic. (2015, 18, 88min) ★★
+1 hour 318 371 139

Blaze
164 174 64 162

6.00 AM **Mega Disasters**
9.00 **Storm Stories**
11.00 **Deep Water Salvage**
12.00 NOON **Flipping Bangers**
1.00 PM **Pawn Stars**
3.00 **Ancient Aliens** Whether Hawaii's islands may once have been inhabited by aliens. **4.00** Structures built to mirror the constellations. **5.00** The occurrence of UFO sightings near nuclear facilities. **6.00** An Italian mountain that has stood witness to inexplicable phenomena for centuries.
7.00 **UFO Encounters UK** Double bill. First-hand accounts of alleged UFO close encounters.
9.00 **Court Cam**
11.00 **Cops Uncensored**
12.00 M'T **Strange Evidence**
1.00 AM **Paranormal: Caught on Camera**
2.00 **to 6.00** AM **Hardcore Pawn**

5SELECT
153 138 46 133

9.00 AM **Entertainment News**
9.10 **The Yorkshire Vet**
9.40 **Paul Martin's Antiques Showdown** Double bill.
11.40 **Bargain-Loving Brits in the Sun**
12.40 PM **Murder, She Wrote**
5.50 FILM **The Wizard of Oz** Musical fantasy starring Judy Garland. (1939, U, 98min) ★★★★★
8.00 **Secrets of Our Universe with Tim Peake** Tim visits a laboratory where stars are made. **9.00** Tim witnesses a total solar eclipse. **10.00** Tim meets a trainee astronaut.
11.00 **HMS Endeavour: Britain's Greatest Ships**
12.00 M'T **The Canal Map of Britain** Documentary.
1.00 AM **Susan Calman's Great British Cities**
2.00 **Nazi Megastructures: America's War**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 191 44 166

7.00 AM **A Place in the Sun**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **A Place in the Sun**
7.00 **A Place in the Sun** Jasmine Harman helps a couple find a home on Spain's Costa del Sol.
8.00 **Escape to the Country** A couple search for a home in Somerset. **9.00** A couple would like to swap their urban lives for the Cornish countryside. **10.00** A search for a home in the countryside of Cambridgeshire. **11.00** Searching for a dream property in rural Herefordshire. **12.00** M'T Denise Nurse helps a couple of returning ex-pats find a home in rural Somerset.
1.00 AM **Rock the Block**
2.00 **to 4.00** AM **Escape to the Country**
+1 hour 258/262 391

TLC
133/134 828 165

7.00 AM **Say Yes to the Dress: Atlanta**
8.00 **Say Yes to the Dress**
10.00 **Little People, Big World**
12.00 NOON **My Lottery Dream Home**
1.00 PM **My 600lb Life**
3.00 **7 Little Johnstons**
5.00 **Sister Wives**
7.00 **Outdaughtered: Busby Quints**
8.00 **7 Little Johnstons**
9.00 **MILF Manor** A game of Truth or Dare brings some couples closer.
10.00 **Seeking Brother Husband** Chara has big news for her husbands.
11.00 **Temptation Island**
12.00 M'T **Monsters Inside Me**
1.00 AM **Extreme Couponing**
2.00 **Seeking Brother Husband** As 10.00pm.
3.00 **Temptation Island**
4.00 **7 Little Johnstons**
5.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**
+1 hour 233/234 365

Comedy Central
112/113 812 132 345 360

8.00 AM **Most Ridiculous**
10.00 **Friends** (S5,4&3)
1.00 PM **Friends** (S4)
8.00 **Friends** 16/24. Ross wants a romantic last evening with Emily before she returns to England. **8.30** 17/24. Phoebe receives surprising news about her pregnancy. **9.00** 18/24. Rachel's date is ruined by Joshua's parents. **9.30** 19/24. Monica and Rachel plot to take back their old apartment. (S4)
10.00 **Jimmy Carr Live: Comedian** Stand-up.
12.00 M'T **Drunk History: Black Stories**
12.30 AM **Darren Harriott: Comedy Central Live**
1.00 **South Park: The Streaming Wars** (S25)
2.05 **South Park** (S17)
3.50 **Impractical Jokers: The Inspired Unemployed**
4.15 **to 5.00** AM **Guessable?**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 154

6.00 AM **Daria** (S2)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** As 8.00pm.
10.00 **Last Man Standing**
3.00 PM **Blockbusters**
4.00 **Blockbusters: BGT Special** Quiz show.
4.30 **Blockbusters**
8.00 **Michael McIntyre's Big Show** With Jack Whitehall and Sting.
9.00 **Michael McIntyre: Live & Laughing** Stand-up.
10.00 **Friends** 20/24. Chandler reaches the end of his tether over Joey's snoring. **10.30** 21/24. Ross and Rachel reminisce. (S4)
11.00 **Friends** (S4&5)
2.00 AM **Out of Order: Best Bits** Highlights show.
3.00 **Drunk History: Black Stories** With Zeze Millz.
3.30 **Your Face or Mine**
4.20 **Rhod Gilbert's Growing Pains** With Sally Phillips.
5.05 **Beavis and Butt-Head**
5.15 **to 6.00** AM **Friends**

Sky Replay
152 156

7.00 AM **Dragons: Rescue Riders** Five episodes.
9.05 **Four Weddings**
11.00 **Merlin** 7-13/13. (S5)
6.00 PM **Warehouse 13** *Emily Lake:* 11/13. Self-replicating robotic spies are discovered in the warehouse. **7.00** *Stand:* 12/13. Pete and Myka become involved in a dangerous chess-like game. **8.00** *The Greatest Gift:* 13/13. Pete finds himself in a world where he never existed. (S3)
9.00 **The Force: Manchester**
10.00 **Border Security: Canada's Front Line** A deadly weapon leaves mail workers stunned. **10.30** Officers look for a message in a bottle.
11.00 **Inside RAF Brize Norton**
12.00 M'T **A League of Their Own: US Road Trip 2.0**
3.00 **to 6.00** AM **Four Weddings**

MTV
126/127 824 134

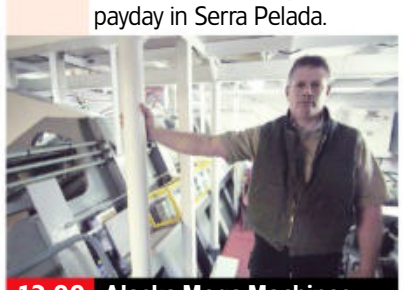
6.00 AM **Love Squad**
6.25 **Teen Mom 2**
7.10 **Teen Mom UK**
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Eight editions of the series, including at: **6.00** Dey's been a fan of Cody for 13 years and they recently fell in love. **7.00** Shi asks Nev and Kamie for some help. **8.00** A dancer learns her online sweetheart has a dark side.
9.00 **Queerpiphany** With Amber Gill and Megan Jayne Crabbe.
9.30 **MTV Cribs** Kat Von D offers a tour of her gothic mansion.
10.00 **Help! I'm in a Secret Relationship!**
11.00 **Catfish: The TV Show**
12.00 M'T **Ink Master**
2.00 AM **Catfish UK**
2.45 **Geordie Shore**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **How Do They Do It?**
12.00 NOON **Alaska Mega Machines** A look at the construction of a colossal dam. **1.00** PM A ship built to withstand tsunami-size waves. **2.00** Efforts to keep the coldest airport in America running. **3.00** The coastguard's efforts to maintain buoys out at sea. **4.00** The inner workings of a large-scale fish factory. **5.00** The diversity of airfields.
6.00 **Gold Rush: Parker's Trail** Parker discovers a $1.5 billion payday in Serra Pelada.


12.00 Alaska Mega Machines

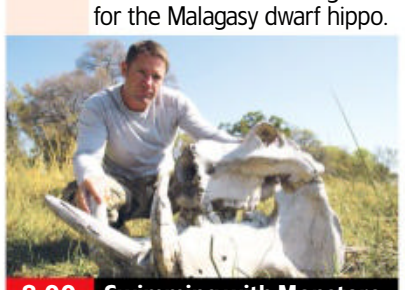
7.00 **Deadliest Catch** A brawl puts Sophia's captaincy to the test, and a hydro leak threatens Wild Bill's entire season.
8.00 **Gold Divers** Mr Gold takes a chance on shallow ground, while Chris risks it all on another solo dive.
9.00 **August 4th: An Olympic Odyssey** Celebrating the day Jesse Owens humiliated Hitler in 1936 and Fanny Blankers-Koen demolished prejudices about gender in 1948.
10.30 **Moonshiners** Accident-prone Josh crashes his minivan into his house.
11.30 **Blowing Up History** Experts investigate Palmyra.
12.30 AM **Naked and Afraid XL** Adam and Heather's smouldering tension makes the new camp choose sides.
2.30 **Expedition X** Double bill.
4.30 **to 5.00** AM **How Do They Do It?**

+1 hour 225/226 377

Animal Planet

162/178 178

8.00 AM **Extinct or Alive**
9.00 **Amanda to the Rescue**
10.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Amanda to the Rescue**
2.00 **Jungle Shark** Documentary.
3.00 **Deadliest Sharks**
4.00 **Dr Jeff: Rocky Mountain Vet** The team care for kittens. **5.00** Jeff visits a free clinic and returns with a dog that was hit by a car.
6.00 **Extinct or Alive** Forrest Galante searches Madagascar for the Malagasy dwarf hippo.


8.00 Swimming with Monsters

7.00 **How Do Animals Do That?** How one fish is blowing scientists away. **7.30** How a fish makes a weapon out of water.
8.00 **Swimming with Monsters with Steve Backshall** The naturalist attempts to swim with hippopotamuses.
9.00 **Rugged Justice** Officers race to rescue passengers on a capsized boat and arrest a suspect with multiple drug warrants.
10.00 **Alaska: The Last Frontier** Otto and his son Eivin bond over a hunt for ptarmigan that nearly ends in disaster.
11.00 **Intruders** A deadly predator is targeting a family's pets.
12.00 M'T **Monsters Inside Me** A mysterious outbreak leads to a four-year-old boy drowning in his own mucus.
1.00 AM **The Last Alaskans**
2.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262/278 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Europe from Above**
10.00 **Wicked Tuna**
11.00 **Drain the Oceans**
12.00 NOON **Buried Secrets of WWII** Hurtgen Forest.
1.00 PM **WW2: Hell Under the Sea** Double bill of editions.
3.00 **Hitler's Last Stand**
5.00 **World War II: Secrets from Above** World War Two from a unique perspective. **6.00** In 1942, the Nazis develop the world's first cruise and ballistic missiles.

10.00 No Man Left Behind

7.00 **Nazi Death Camp: The Great Escape** Jewish former prisoners at a Polish death camp recall their escape in 1943.
8.00 **Hitler's Death Army: Das Reich** Part one of two. Documentary about elite German soldiers.
9.00 **Hitler's Death Army: Das Reich** Part two of two. Massacres on the Eastern Front in the last year of World War Two.
10.00 **No Man Left Behind** When a stealth pilot is shot down on a bombing over Belgrade, the race is on for NATO to find him.
11.00 **Sex for Sale: American Escort**
12.00 M'T **Drug Lords: The Takedown** Documentary.
1.00 AM **To Catch a Smuggler**
2.00 **Made in a Day**
2.55 **Food Factory**
3.45 **Abandoned**
4.35 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **Auction Kings**
7.00 **Storage Wars**
7.30 **American Pickers**
8.30 **Pawn Stars** Double bill.
10.30 **Storage Wars**
1.00 PM **Strangest Things**
5.00 **Deadman's Curse** Clues found in a 1950s article place a lost Spanish gold mine directly on Slumach's path.
6.00 **The Lost City of Ramses II** 1/2. The history of the lost city of Ramses the Great, one of the most emblematic pharaohs of Ancient Egypt.

6.00 The Lost City of Ramses II

7.00 **WWII Battles in Colour** The most important battles in Europe, starting with the Blitzkrieg attack on Poland in 1939.
8.00 **WWII Battles in Colour** Life and death on the battlefield of El Alamein and behind the lines in the north African desert.
9.00 **Mission Unexplained** A staff sergeant recalls an encounter with a shadowy figure with long dark hair during an exercise.
10.00 **Mission Unexplained** In Afghanistan, Lance Corporal Jose Herrera encounters death scents, orbs of light and unease.
11.00 **Close Encounters** A mothership three times the size of a football stadium. **11.30** How a fiery object fell from the sky in Pennsylvania.
12.00 M'T **Close Encounters**
12.30 AM **Forged in Fire**
2.30 **Storage Wars** Six editions.
5.30 **to 6.00** AM **Close Encounters**

+1 hour 223/224 331

Yesterday

155 846 129 27 159

6.10 AM **Chris Tarrant: Extreme Railways** Double bill.
8.00 **Secrets of the London Underground** Triple bill.
11.00 **Find It, Fix It, Flog It**
1.00 PM **Caribbean with Simon Reeve** Double bill of editions.
3.00 **The Americas with Simon Reeve** From Alaska.
4.00 **Canal Boat Diaries** Robbie discovers a leaky lock pound. **5.00** Robbie finds a strange message in a bottle on a canal. **6.00** Robbie takes a tumble at Buckby Locks.

10.00 Porridge

7.00 **Great Continental Railway Journeys** Michael Portillo ventures through Romania to the shores of the Black Sea. **7 PM**
8.00 **Great Continental Railway Journeys** Michael travels from the Swiss Alps to the shores of Lake Geneva. **8 PM**
9.00 **Great Continental Railway Journeys** Michael travels from the Mediterranean port of Tangier to Marrakech. **9 PM**
10.00 **Porridge** There is a thief at large in the prison. **10.40** Fletch decides that it's time to sort out Godber's torrid love life. **10 PM**
11.20 **Porridge** The inmates take advantage of the relaxed atmosphere with Mackay away on holiday.
12.00 M'T **Bangers & Cash** A rusty 1970 Fiat 500 goes under the hammer.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1 hour 255 329 74

Quest

144 834 137 12 172 167

6.00 AM **Impossible Builds**
7.00 **Mega Shippers**
8.00 **Richard Hammond's Workshop** As 6.00pm.
9.00 **Wheeler Dealers**
2.00 PM **The Repair Shop**
4.00 **Roux Down the River**
5.00 **Find It, Fix It, Drive It**
6.00 **Richard Hammond's Workshop** Richard and the Cogs restore a new car for a live audience at CarFest.
7.00 **Salvage Hunters: Classic Cars** VW Trekker.
8.00 **Shed and Buried**
9.00 **The Repair Shop**
10.00 **The Hotel Inspector** Alex Polizzi helps the owner of the Grenfell Arms in Maidenhead. **11.00** Alex heads to Northshore in Bude.
12.00 M'T **Cooper's Treasure**
2.00 AM **Street Cops UK**
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 168

Quest Red

149 168 40 169

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Curvy Brides Boutique**
9.00 **Say Yes: Wedding SOS**
10.00 **Forensic Detectives**
12.00 NOON **American Monster** Double bill.
2.00 PM **Disappeared**
3.00 **Say Yes to the Dress: Atlanta** Four editions.
7.00 **Detective Diaries**
9.00 **Deadly Influence: The Social Media Murders** New edition True-crime.
10.00 **American Detective with Lt Joe Kenda** New edition Detective Kevin Palmer discovers a devious plot to lure a victim to his death.
11.00 **Evil Lives Here: The Killer Speaks**
12.00 M'T **Nightmare Next Door** Lisa Kimmell.
1.00 AM **Betrayed**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

True Crime

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
5.00 **Secrets of a Murder Detective**
6.00 **Fatal Frontier: Evil in Alaska**
7.00 **Injustice with Nancy Grace** A man who vanished while hunting. **8.00** Michelle Mockbee is beaten to death in a Kentucky warehouse.
9.00 **Snapped: Killer Couples** The murder of a mother launches an investigation that reveals a vengeful romance. **10.00** A couple are murdered in their home. **11.00** A murder triggers an investigation that reveals a romance. **12.00** M'T A body is found in a town park.
1.00 AM **Snapped: Killer Couples** Double bill.
3.00 **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 172 68 134

9.00 AM **Written in Blood**
2.00 PM **Medical Detectives**
5.00 **Judge Judy** Back-to-back real-life cases, including at: **9.10** A man sues a fellow bar patron for allegedly punching him. **9.35** Alleged witness tampering comes into play when ex-lovers fight. **10.00** A witness's testimony ruins a friend's lawsuit involving drive-by vandalism and child endangerment. **10.25** Attacking ex-schoolmates and striking their car with a wrench are the charges laid against a man who felt he had been belittled and robbed.
10.50 **Judge Judy**
1.00 AM **World's Most Unexplained...**
4.00 **Something's Killing Me**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Cops**
7.00 **Highway Patrol**
11.00 **Caught on Dashcam**
1.00 PM **Forensics: Catching the Killer** True-crime.
2.00 **Killing Mum and Dad**
3.00 **Killer Siblings**
4.00 **Britain's Most Evil Killers** Double bill.
6.00 **World's Most Evil Killers**
7.00 **Killer in My Village**
8.00 **Britain's Most Evil Killers** Colin Ireland.
9.00 **World's Most Evil Killers** A pair of killers who targeted LA's Sunset Strip in the 1970s.
10.00 **Mark of a Serial Killer** Two killers battling for the media's attention.
11.45 **World's Most Evil Killers**
1.55 AM **Twisted Killers**
3.00 **Made for Murder**
4.00 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

174 187 84 155

8.00 AM **Beautiful Serengeti**
8.30 **Wellington v Napoleon: Aftermath of Waterloo**
9.35 **WW2: Battle of Crete**
1.00 PM **Beautiful Serengeti**
1.30 **The Vietnam War** The epic story of the conflict. **3.20** President Kennedy wrestles with how deeply to get involved in South Vietnam. **5.10** President Johnson escalates America's military commitment. **7.35** North Vietnamese troops stream down the Ho Chi Minh Trail.
10.00 **Manson: The Lost Tapes** Part one of two. Documentary revealing the truth of life inside the Manson family. **11.00** Part two of two. Why Charles Manson made his followers go on a killing spree.
12.00 M'T **Your Brain**
1.10 **to 2.00** AM **Beautiful Serengeti**

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | EE HD

SATURDAY

Saturday

Sky Documentaries

121/122 819 188 352 367

6.00 AM **Discovering: Gary Oldman**
7.00 **Discovering: Bruce Willis**
8.00 **The Directors**
9.00 **Arthur Miller: Writer**
11.00 **Spitfire**
1.00 PM **Villeneuve Pironi: Racing's Untold Tragedy**
3.00 FILM **Gascoigne** Documentary about Paul Gascoigne. (2015, 15, 86min) ★★★
4.45 **Brillo Box (3¢ off)**
5.30 **Jackie Stewart** Documentary about F1 great Jackie Stewart.
7.30 FILM **Amy** Portrait of singer-songwriter Amy Winehouse. (2015, 15, 128min) ★★★★
10.00 **Stax: Soulsville USA** Series finale 4/4. The label prepares to shut its doors.
11.10 **I Am Richard Pryor**
1.00 AM **Italia 90: Four Weeks That Changed the World**
2.00 NEW SERIES **Ibiza Narcos** 1/3. Documentary exploring the drugs trade on the island. *See feature, page 20.*
3.00 **The Slow Hustle**
4.50 **to 6.00** AM **Children of Shanghai**

Sky Nature

124/125 822 189 354 369

6.00 AM **Guardians of the Wild**
9.00 **Animals Like Us**
11.00 **Secret Life of the Wombat**
1.00 PM **Jaguar Journals**
2.00 **The Big Dry** Triple bill.
5.00 **David Attenborough's Global Adventure**
6.00 **David Attenborough's Global Adventure: Home Planet**
7.00 **David Attenborough's Global Adventure: The Rise of Nature** The broadcaster explores the rise of life on Earth.
8.00 **Africa's Hunters** A female hyena must assert dominance over the rest of the pack.
9.00 **Wild Dogs: Pack Vs Pride** Following the pups of the Manzi and Kakumbi packs in South Luangwa, Zambia. **9.30** A pup has gone missing from the Kakumbi den.
10.00 **Nature's Fast Attacks** A look at nature's fastest predators. **11.00** Lightning-fast attacks.
12.00 M'T **Africa's Hunters**
1.00 AM **Wild Dogs: Pack Vs Pride**
2.00 **Africa's Hunters**
3.00 **to 6.00** AM **The Big Dry**

Sky History 2

163/168 840 186

6.00 AM **Ancient Aliens**
9.00 **Hitler's War**
10.00 **James Nesbitt: Disasters That Changed Britain**
11.00 **Ancient Aliens**
1.00 PM **Behind History**
2.00 **UFOs Declassified**
3.00 **River Hunters**
5.00 **Digging for Britain**
7.00 **Secrets of the Viking Stone** Peter and Elroy contemplate what they have found and learnt throughout the journey.
8.00 **The Abyss: Rise & Fall of the Nazis** The invasion of Poland by the German army in 1939.
9.00 **The Nostradamus Effect** Exploring the suggestion Hitler was the third antichrist predicted by Nostradamus.
10.00 **Dangerous Missions** A look back at the World War Two aircraft gunners who spent their days suspended in glass bubbles beneath B-17 warplanes.
11.00 **Ancient Aliens**
3.00 AM **The Nostradamus Effect**
4.00 **Hitler's Gold**
5.00 **to 6.00** AM **Ancient Aliens**

Crime+Investigation

156 837 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
9.00 **Court Cam** Six editions.
12.00 NOON **Sunshine Slayings**
4.00 PM **Homicide Hunter**
7.00 **The First 48**
8.00 **Sin City Murders** A woman's charred remains are discovered in the trunk of a burning car.
9.00 **Fatal Family Feuds** Two women are shot dead in broad daylight.
10.00 **Murder at the Motel** Following police as they respond to a call from the New Falls Motel in Falls Township and discover the body of a 39-year-old victim.
11.00 **Gypsy Rose: Life After Lock Up** Gypsy and Ryan travel to her family home to confront memories of her past.
12.00 M'T **Prison Brides**
1.00 AM **I Survived a Serial Killer**
2.00 **Court Cam**
2.30 **Interrogation Cam**
3.00 **Criminal Confessions**
4.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 256 333

WILD

165 841 182

8.00 AM **Fish Tank Kings**
9.00 **Secrets of the Zoo: Tampa**
11.00 **Cesar Millan: Better Human Better Dog**
12.00 NOON **Yukon Vet**
2.00 PM **Ten Deadliest Snakes with Nigel Marven**
5.00 **Kingdom of the White Wolf** Ronan Donovan documents a pack of Arctic wolves. **6.00** Ronan attempts to get up close with a family of wolves. **7.00** The pack face an uncertain future when the mother goes missing.
8.00 **Cesar Millan: Better Human Better Dog** Cesar rehabs a pitbull mix that gets so excited she acts like she's possessed, and a miniature Dachshund with a giant voice.
9.00 **The Incredible Dr Pol** The vets treat donkeys, ducks, and dogs. **10.00** The PVS vets take on a stalled labouring labrador.
11.00 **Fish Tank Kings**
12.00 M'T **When Sharks Attack**
2.00 AM **Monster Fish**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

177 181

6.00 AM **Shed and Buried**
9.00 **Salvage Hunters: The Restorers** Triple bill.
12.00 NOON **Salvage Hunters**
3.00 PM **Shed and Buried**
6.00 **World's Greatest Motorcycle Rides** Henry Cole is taking on a gruelling ride down the length of the east coast. **7.00** Henry leaves South Carolina and crosses the state line into Georgia.
8.00 **Blowing Up History** Exploring the truth behind one of Rome's most enigmatic emperors. **9.00** The buried secrets of the lost city of Kish, Iraq.
10.00 **Find It, Fix It, Flog It** The team are near Preston, where Simon O'Brien restores a spotlight. **11.00** Transforming a hubcap. **12.00** M'T Henry Cole plans to restore a forklift truck. **1.00** AM Simon creates a seat from an old mangle. **2.00** Simon gives a Ford Transit gearbox a new lease of life.
3.00 **to 5.00** AM **Salvage Hunters**

+1 hour 277 381

Eden

166 176

9.00 AM **Inside the Ambulance: Coast and Country**
1.00 PM **Inside the Ambulance: Coast and Country**
6.00 **Inside the Ambulance: Coast and Country** Crews come to the aid of a family whose car has crashed into a ditch. **7.00** Crews treat a boy hit by a car outside school. **8.00** The medics help a man bleeding profusely. **9.00** A site foreman has a heart attack on a building site. **10.00** Paramedics race to an eight-month-old baby. **11.00** The South Central crews help a boy who has dislocated his knee during a rugby match.
12.00 M'T **Anthony Bourdain: Parts Unknown** Anthony travels to his childhood home state, New Jersey, with his brother Chris.
1.00 AM **Inside the Ambulance: Coast and Country**
5.25 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

ID

154 166

6.00 AM **Disappeared**
7.00 **Teleshopping**
8.00 **Gone**
10.00 **Disappeared**
12.00 NOON **In Pursuit with John Walsh** Double bill.
2.00 PM **Web of Lies**
4.00 **Kentucky Murder Mystery: The Trials of Anthony Gray**
6.00 **People Magazine Investigates** A look into the murder of a radio station intern. **7.00** The disappearance of a five-year-old girl.
8.00 **Faking It: Tears of a Crime** The crimes of Oscar Pistorius.
9.00 **Evil Lives Here** Teresa Holman grew up wishing her father would die for the unspeakable things he did to her family. **10.00** Margie Bult spots a fugitive on TV who resembles her husband.
11.00 **Does Murder Sleep?**
12.00 M'T **American Detective with Lt Joe Kenda** Double bill.
2.00 AM **In Pursuit with John Walsh**
4.00 **to 6.00** AM **Gone**

+1 hour 254 366

Discovery Turbo

161/172 180

6.00 AM **Engine Addict with Jimmy de Ville** Triple bill.
9.00 **How Do They Do It?**
12.00 NOON **Richard Hammond's Big**
2.00 PM **Wheeler Dealers**
5.00 **Mega Shippers** Triple bill of the series, including at: **7.00** A 726-tonne column is unloaded in Texas.
8.00 **Supertruckers** John has a tough job taking a 60-tonne crane into the heart of Edinburgh. **9.00** Four 90-ton dumper trucks are moved from south Wales to Tilbury docks. **10.00** The team move a huge cheese vat from a rural Welsh factory to Suffolk.
11.00 **How Do They Do It?** Baklava and the world's fastest ferry. **11.30** Exploring how lemons are turned into juice. **12.00** M'T Baking bricks and roasting coffee. **12.30** AM An airbag that can catch a falling car.
1.00 **Richard Hammond's Big**
2.00 **to 5.00** AM **Misfit Garage**

+1 hour 261/272

Films

Sky Cinema Premiere

301 401 501 515

7.00 AM **The Great Escaper** (2023)
8.40 **The Shamrock Spitfire** Biopic starring Shane O'Regan. (2024, 12, 108min) ★★★
10.35 **Anyone But You** As 8.00pm.
12.25 PM **LaRoy, Texas** As 6.00pm.
2.25 PREMIERE **Eileen** (2023)
4.05 **A Sacrifice** Drama starring Eric Bana, Sylvia Hoeks and Sadie Sink. (2024, 15, 94min)
6.00 **LaRoy, Texas** Comedy crime caper starring Steve Zahn. (2023, 15, 112min) ★★★★

10.00 Eileen

8.00 **Anyone But You** Romantic comedy based on Shakespeare's *Much Ado About Nothing*, starring Glen Powell and Sydney Sweeney. After a first date, a duo's attraction turns chilly, until they are reunited at a wedding. (2023, 15, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 PREMIERE **Eileen** Thriller with Thomasin McKenzie and Anne Hathaway. A woman's friendship with a new co-worker takes a sinister turn. (2023, 15, 97min) ★★★★ *See review, page 22.*
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Five Nights at Freddy's** Horror. (2023, 15, 109min) ★★
1.35 AM **Am I OK?** Romantic comedy. (2022, 15, 86min)
3.20 **The Great Escaper** Drama. (2023, 12, 96min) ★★★★
5.00 **to 7.00** AM **Force of Nature: The Dry 2** Thriller sequel with Eric Bana. (2024, 15, 112min)

Sky Cinema Best of 2024

303 403 503 517

6.00 AM **10 Lives** Animation. (2024, U, 98min) ★★★
7.30 **Hypnotic** (2023, 15) ★★★
9.10 **Oppenheimer** Epic biopic. (2023, 15, 180min) ★★★★★
12.10 PM **Anyone But You** (2023)
2.00 **No Hard Feelings** Comedy. (2023, 15, 103min) ★★★
3.50 **Barbie** Fantasy comedy. (2023, 12, 114min) ★★★★
5.50 **Transformers: Rise of the Beasts** Fantasy prequel. (2022, 12, 127min) ★★★

5.50 Transformers: Rise of the...

8.00 **The Equalizer 3** Action thriller sequel starring Denzel Washington and Dakota Fanning. A former government assassin takes on the mafia in southern Italy. With Eugenio Mastrandrea. (2023, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Anyone But You** Romantic comedy based on Shakespeare's *Much Ado About Nothing*, starring Glen Powell and Sydney Sweeney. (2023, 15, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Insidious: The Red Door** Mystery horror sequel. (2023, 15, 107min) ★★
1.45 AM **American Star** Thriller. (2023, 15, 107min) ★★★★
3.35 **Rumble Through the Dark** Thriller starring Aaron Eckhart. (2023, 15, 116min) ★★★
5.40 **to 6.40** AM **Sky Cinema Preview**

Sky Cinema Drama

310 410 510 524

6.10 AM **Aisha** Crime drama. (2022, 12, 94min) ★★★★
8.00 **What If** Romantic drama. (2013, 15, 98min) ★★★★
9.50 **A Street Cat Named Bob** Comedy with Luke Treadaway. (2016, 12, 103min) ★★★
11.45 **Charlie Wilson's War** Comedy. (2007, 15, 97min) ★★★★
1.35 PM **Dreamgirls** Musical drama. (2006, 12, 130min) ★★★★
3.45 **The Girl on the Train** Thriller. (2016, 15, 107min) ★★★★
5.45 **Steve Jobs** Biopic with Michael Fassbender and Kate Winslet. (2015, 15, 119min) ★★★★
8.00 **Whiplash** Music drama starring Miles Teller and JK Simmons. (2014, 15, 106min) ★★★★★
10.00 **Born on the Fourth of July** Oliver Stone's fact-based drama starring Tom Cruise as Vietnam veteran turned anti-war campaigner Ron Kovic. (1989, 18, 138min) ★★★★★
12.30 AM **Allelujah** Comedy drama starring Jennifer Saunders. (2022, 12, 99min) ★★★
2.15 **Rent** Musical adaptation. (2005, 12, 135min) ★★
4.35 **to 6.20** AM **Flashdance** Dance drama starring Jennifer Beals. (1983, 15, 96min) ★★★

Sky Cinema Sci-fi/Horror

311 411 511 525

6.50 AM **After Yang** As 4.50am.
8.30 **Simulant** Thriller with Robbie Amell. (2023, 15, 95min) ★★★
10.20 **War of the Worlds** Steven Spielberg's sci-fi adventure. (2005, 12, 116min) ★★★★
12.30 PM **Star Trek V: The Final Frontier** Sci-fi adventure. (1989, PG, 100min) ★★
2.20 **The Purge** Horror with Ethan Hawke. (2013, 15, 85min) ★★★
3.50 **Doom** Sci-fi horror thriller. (2005, 15, 105min) ★★★
5.40 **The Matrix** Sci-fi action thriller. (1999, 15, 136min) ★★★★
8.00 **The Matrix Revolutions** Sci-fi thriller sequel starring Keanu Reeves. As the machine army advance on the city of Zion, Neo remains trapped between the Matrix and the machine world. (2003, 15, 129min) ★★★
10.10 **Star Trek Beyond** Sci-fi adventure starring Chris Pine. (2016, 12, 122min) ★★★★
12.15 AM **Watchmen** Sci-fi thriller starring Malin Akerman. (2009, 18, 162min) ★★★★
3.00 **Wifelike** Sci-fi action thriller. (2022, 15, 105min) ★★★
4.50 **to 6.35** AM **After Yang** Sci-fi drama starring Colin Farrell. (2022, PG, 96min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 406 506 520

7.50 AM **The Next Karate Kid**
9.50 **Miss Potter** Biopic. (2006, PG, 93min) ★★★
11.35 **The Karate Kid** Family drama. (2010, PG, 140min) ★★★
2.10 PM **Nanny McPhee & The Big Bang** Comedy sequel. (2010, U, 109min) ★★★
4.00 **The NeverEnding Story** Fantasy starring Barret Oliver. (1984, U, 94min) ★★★
5.50 **Finding Neverland** Drama. (2004, PG, 101 min) ★★★★

7.45 Stuart Little

7.45 **Stuart Little** Children's fantasy adventure featuring the voice of Michael J Fox. (1999, U, 84min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.25 **Stuart Little 2** Children's fantasy adventure sequel featuring the voice of Michael J Fox. Romance enters the life of talking mouse Stuart Little when he rescues an injured bird from a predatory falcon. (2002, U, 78min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Patch Adams** Comedy drama starring Robin Williams. (1998, 12, 115min) ★★
1.05 AM **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy adventure. (2005, U, 98min) ★★
2.50 **The Next Karate Kid** Martial arts sequel with Hilary Swank. (1994, PG, 104min) ★★
4.50 **to 6.20** AM **A Tiger's Tail** Drama starring Will Spencer. (2014, U, 81 min) ★★★

Sky Cinema Action

307 407 507 521

7.50 AM **Project A, Part II** (1987)
9.50 **Agent Game** Spy thriller. (2022, 15, 90min) ★★★
11.30 **2 Fast 2 Furious** Thriller sequel. (2003, 12) ★★★
1.30 PM **Hellboy II: The Golden Army** Horror fantasy sequel. (2008, 12, 115min) ★★★★
3.40 **San Andreas** Disaster movie. (2015, 12, 114min) ★★★
5.45 **King Arthur: Legend of the Sword** Fantasy drama. (2017, 12, 126min) ★★★

10.15 Looper

8.00 **Spider-Man: Far From Home** Superhero adventure sequel starring Tom Holland and Jake Gyllenhaal. The webslinger's European vacation leads to a battle with elemental monsters from another dimension. With Samuel L Jackson. (2019, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Looper** Thriller starring Joseph Gordon-Levitt, Bruce Willis and Emily Blunt. A young hitman tries to stop his older future self from carrying out a mission of revenge. (2012, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **One More Shot** Action thriller starring Scott Adkins. (2023, 15, 102min) ★★
2.15 **Fist of Fury** Action thriller. (1972, 18, 106min) ★★★
4.10 **to 6.10** AM **Project A, Part II** Hong Kong action comedy. (1987, 15, 94min) ★★★

Sky Cinema Axel Foley

308 408 508 522

6.00 AM **Beverly Hills Cop** (1984)
8.00 **Beverly Hills Cop II** (1987)
10.00 **Beverly Hills Cop 3** (1994)
12.00 NOON **Beverly Hills Cop**
2.00 PM **Beverly Hills Cop II**
4.00 **Beverly Hills Cop 3** (1994)
6.00 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy as a brash Detroit police detective investigating a friend's murder in Beverly Hills. With Judge Reinhold. (1984, 15, 105min) ★★★★

6.00 Beverly Hills Cop

8.00 **Beverly Hills Cop II** Action comedy sequel starring Eddie Murphy as a detective on the trail of a gang led by a six-foot blonde. With Judge Reinhold, Brigitte Nielsen and Jürgen Prochnow. (1987, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

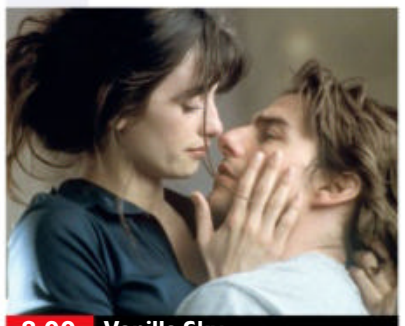
10.00 **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy and Judge Reinhold. A street-smart Detroit cop discovers that an LA theme park is a front for a counterfeiting gang. With Hector Elizondo and Bronson Pinchot. (1994, 15, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Beverly Hills Cop** (1984)
2.00 AM **Beverly Hills Cop II**
4.00 **to 6.00** AM **Beverly Hills Cop 3** As shown at 10.00pm.

Sky Cinema Thriller

309 409 509 523

6.10 AM **Into the Deep** Thriller. (2022, 15, 90min) ★★★
7.50 **Dual** As shown at 4.10am.
9.30 **Paradise Highway** Drama. (2022, 15, 115min) ★★★★
11.30 **Miami Vice** (2006, 15) ★★★★
1.50 PM **Blackhat** Crime drama. (2015, 15, 128min) ★★★★
4.10 **Maggie Moore(s)** Comedy thriller. (2023, 15) ★★★
6.00 **Extremely Wicked, Shockingly Evil and Vile** Biopic. (2019, 15) ★★★★



8.00 Vanilla Sky

8.00 **Vanilla Sky** Romantic fantasy drama starring Tom Cruise and Penélope Cruz. A wealthy man's charmed life takes a bizarre turn after he meets the girl of his dreams. With Cameron Diaz and Kurt Russell. (2001, 15, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

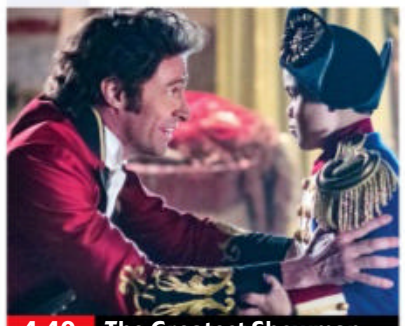
10.25 **Crime Story** Thriller with Jackie Chan. A police inspector's search for a kidnapped businessman takes him to Taiwan, where he faces criminals and a corrupt police officer. (1993, 18, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Maggie Moore(s)** (2023)
2.10 **Extremely Wicked, Shockingly Evil and Vile**
4.10 **Dual** Thriller with Karen Gillan. (2022, 15, 94min) ★★★★
5.55 **to 8.00** AM **To Catch a Killer** Thriller. (2023, 15) ★★★★

Film4

313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **A Dog's Purpose** Comedy drama. (2017, PG) ★★★
1.00 PM **Charlotte's Web** Screen version of EB White's book. (2006, U, 97min) ★★★
2.50 **Clueless** Satirical comedy. (1995, 12, 97min) ★★★★
4.40 **The Greatest Showman** Musical. (2017, PG) ★★★★
6.45 **G.I. Joe: The Rise of Cobra** Adventure with Dennis Quaid. (2009, 12, 113min) ★★★



4.40 The Greatest Showman

G.I. Joe: The Rise of Cobra (film started at 6.45pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Once Upon a Time in... Hollywood** Director Quentin Tarantino's drama starring Leonardo DiCaprio and Brad Pitt. A faded television actor and his stunt double strive to hang on to their careers during the final years of Hollywood's Golden Age. (2019, 18, 161 min) ★★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM

12.15 AM **1408** Horror based on a short story by Stephen King, starring John Cusack. A writer who debunks the paranormal for a living attempts to stay the night in a haunted hotel room. (2007, 15, 104min) ★★★
2.20 **to 4.00** AM **Ghost in the Shell** Manga animation. (1995, 15, 83min) ★★★★

+1 hour 314 430 47 301

Sky Cinema Spies

302 402 502 516

6.50 AM **The Legend of Zorro** (2005)
9.05 **Jackie Chan's The Tuxedo** Action comedy starring Jackie Chan. (2002, 12, 98min) ★★
10.50 **Johnny English** Spy comedy. (2002, PG, 88min) ★★★
12.25 PM **Johnny English Reborn** Espionage comedy sequel. (2011, PG, 101 min) ★★★
2.10 **The Spy Next Door** Action comedy. (2010, PG, 94min) ★★

3.50 **Mission: Impossible** Thriller. (1996, PG, 110min) ★★★
5.50 **Mission: Impossible II** Thriller sequel starring Tom Cruise. (2000, 15, 124min) ★★★
8.00 **Mission: Impossible III** Action spy thriller starring Tom Cruise and Philip Seymour Hoffman. (2005, 12, 126min) ★★★★
10.10 **Hanna** Action thriller starring Saoirse Ronan and Eric Bana. A 16-year-old girl embarks on a dangerous globe-hopping quest. (2011, 12, 106min) ★★★★

12.05 AM **Section 8** Thriller with Ryan Kwanten. (2022, 15, 98min) ★★
1.50 **The Mask of Zorro** Epic swashbuckling adventure. (1998, PG, 137min) ★★★★
4.10 **to 6.25** AM **The Legend of Zorro** Adventure sequel. (2005, PG, 130min) ★★★

Sky Cinema The Hangover

304 404 504 518

6.00 AM **The Hangover** As 9.45pm.
7.45 **The Hangover Part II** (2011)
9.30 **The Hangover Part III** (2013)
11.15 **The Hangover** As 9.45pm.
1.00 PM **The Hangover Part II**
2.45 **The Hangover Part III** (2013)
4.30 **The Hangover** As 9.45pm.
6.15 **The Hangover Part II** Dark comedy sequel starring Bradley Cooper and Zach Galifianakis. (2011, 15, 101 min) ★★

8.00 **The Hangover Part III** Dark comedy sequel starring Bradley Cooper, Ed Helms and Zach Galifianakis. The friends go in search of a Chinese criminal after they are captured by his mobster rival. (2013, 15, 100min) ★★
9.45 **The Hangover** Dark comedy starring Bradley Cooper, Ed Helms and Zach Galifianakis. Three friends try to find the missing groom after a riotous bachelor party in Las Vegas. (2009, 15, 99min) ★★★★

11.30 **The Hangover Part II** As shown at 6.15pm.
1.15 AM **The Hangover Part III** As shown at 8.00pm.
3.00 **The Hangover** Dark comedy, as shown at 9.45pm.
4.45 **to 6.30** AM **The Hangover Part II** As shown at 6.15pm.

Sky Cinema Animation

305 412 500 514

6.15 AM **Rabbit Academy** (2022)
7.40 **Pil's Adventures** Animated adventure. (2021, U, 89min) ★★
9.20 **Surf's Up** As 5.50pm.
10.55 **Happy Feet** Animated musical. (2006, U, 108min) ★★★★
12.50 PM **The Rugrats Movie** Children's animated comedy. (1998, U, 80min) ★★★
2.20 **Shrek** Animated adventure. (2001, U, 90min) ★★★★★

4.00 **DC League of Super-Pets** Animated comedy adventure. (2022, PG, 105min) ★★★
5.50 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
7.20 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
8.55 **Dragon Rider** Animated fantasy. (2020, PG, 91 min) ★★★
10.35 **The Snow Queen 2: Magic of the Ice Mirror** Animated fantasy sequel. (2014, U, 77min) ★★★
12.00 M'T **Rabbit Academy** Animated comedy. (2022, U, 76min) ★★★

1.20 AM **Red Shoes and the Seven Dwarfs** Animated adventure. (2019, PG, 92min) ★★★
3.00 **Mia and Me: The Hero of Centopia** Animated adventure. (2022, U, 85min) ★★★
4.35 **to 6.00** AM **The Snow Queen** Animation. (2013, U, 74min) ★★

Christmas in July

312 419

7.00 AM **Betting on Christmas** Drama. (2021, PG, 90min) ★★
9.00 **Jolly Good Christmas** Comedy. (2022, PG, 90min) ★★
11.00 **A Magical Christmas Village** Fantasy. (2022, PG, 84min) ★★
1.00 PM **Delivered by Christmas** Festive romantic comedy. (2020, PG, 84min) ★★
3.00 **12 Days of Christmas Eve** Comedy. (2022, PG, 90min) ★★

5.00 **Christmas Angel** Comedy. (2009, PG, 87min) ★★★
7.00 **Christmas in Harmony** Drama with Ashleigh Murray. A singer is persuaded to join a choir for a show, only to discover the group is led by her ex-boyfriend. (2021, PG, 90min) ★★
9.00 **The Mistletoe Secret** Drama starring Kellie Pickler. The host of a travel blog and his ghost writer both fall for a woman vying for her home town to be featured. (2019, PG, 83min) ★★

11.00 **'Tis the Season to Be Merry** Comedy. (2021, PG, 84min) ★★
1.00 AM **Christmas Stars** Romantic comedy. (2019, PG, 88min) ★★
3.00 **to 5.00** AM **Crashing Through the Snow** (2021, PG) ★★

Movies 24+ 315 420

Talking Pictures

328 445 82 306

6.00 AM **Clash by Night** (1963) ★★★
7.30 **Fitness for Women**
7.55 **The Beverly Hillbillies** (S1)
8.30 **Black Saddle** 2/20. (S1)
9.00 **Batman** 6/34. (S1)
9.30 **The Three Musketeers** (S1)
9.50 **Space Patrol** 5/39. (S1)
10.20 **Blow Your Own Trumpet** Drama. (1958, b/w, U) ★★
11.00 **The Adventures of Robin Hood**
11.30 **The Buccaneers** 20/39. (S1)

12.00 NOON **Hawkeye & the Last of the Mohicans** 25/39. (S1)
12.30 PM **Colonel March of Scotland Yard** 25/26. (S1)
1.00 **The Flying Saucer** (1950) ★★
2.30 **Scotland Yard** 1/39. (S1)
3.00 **Captain Scarlet and the Mysterons** 6/32. (S1)
3.35 **Dick Barton at Bay** (1950) ★★
5.00 **River Patrol** (1948, b/w, PG) ★★
6.00 **In Suspicious Circumstances**
7.00 **Dixon of Dock Green** (S22)
8.00 **Budgie** 13/13. (S1)
9.05 **36 Hours** (1953, b/w, PG) ★★

10.50 **Edgar Wallace Mystery Theatre**
12.00 M'T **A Prayer for the Dying** Thriller. (1987, 15, 108min) ★★★
2.10 AM **The Party's Over** Drama. (1965, b/w, 12, 94min) ★★
4.00 **Impact** (1963, b/w, U) ★★
5.15 **Look at Life** Documentary.
5.30 **to 6.00** AM **Law & Mr Jones**

SATURDAY Sport

Sky Sports Main Event

401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Euros**
7.30 **LIVE International Rugby Union New Zealand v England.** Coverage of the first Test in Dunedin. Kick-off **8.05am**.
10.30 **LIVE International Rugby Union Australia v Wales.** The first Test. Kick-off is at **10.45am**.
1.30 PM **LIVE Formula 2** Coverage of the British Grand Prix sprint race.
2.15 **LIVE Formula 1** The British Grand Prix qualifying session.
4.00 **LIVE International Rugby Union South Africa v Ireland.** The first Test. Kick-off **4.00pm**.
6.30 **LIVE PGA Tour Golf** Coverage of day three of the John Deere Classic at TPC Deere Run in Silvis.
8.00 **LIVE International Rugby Union Argentina v France.** The first Test. Kick-off **8.00pm**.
10.00 **LIVE PGA Tour Golf** Further coverage of day three of the John Deere Classic at TPC Deere Run.
11.00 **SSN Euro Report**
1.00 **to 6.00** AM **LIVE Fight Night International Shakur Stevenson v Artem Harutyunyan.** The bout for the WBC World Lightweight title.

Sky Sports Premier League

402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Good Morning Euros**
10.00 **PL Retro** From 2009/10.
12.00 NOON **Premier League Highlights** Recent action.
3.00 PM **Premier League Highlights** Brentford v Crystal Palace. **3.30** Brentford v Luton Town. **4.00** Highlights from Brentford v West Ham United. **4.30** Action from Brighton & Hove Albion v Burnley. **5.00** Highlights of Brighton & Hove Albion v Crystal Palace.
5.30 **Premier League Highlights** Brighton & Hove Albion v Everton. **6.00** Action from Brighton & Hove Albion v Luton Town. **6.30** Burnley v Arsenal.
7.00 **Premier League: Big Interview**
7.30 **Premier League Stories**
8.00 **SSN Euro Matchday**
10.00 **SSN Euro Report**
10.30 **Back Pages Tonight**
11.00 **Class of '92: Full Time**
12.00 M'T **PL Retro** Sheffield United v Wigan Athletic from 2007.
2.00 AM **Premier League Years**
4.00 **PL Best Goals 2010/11**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Legends**

Sky Sports Football

403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **SPFL** Action from 2009/10.
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Goals: EFL Cup 2023/24**
11.30 **EFL Trophy Football**
12.00 NOON **Bundesliga Highlights**
1.00 PM **Women's Championship**
1.30 **WSL** Chelsea v West Ham United.
2.00 **SPFL** Action from 2014/15.
2.30 **EFL** The 2016/17 play-off finals.
5.30 **EFL Greatest Games**
6.00 **Best Moments from the League 1 & 2 Play-Off Final**
6.30 **Bundesliga Highlights Show**
7.30 **WSL** Liverpool v Everton.
8.00 **Women's Championship Show**
8.30 **Best Scottish Premiership Goals 2021/22** Archive action.
9.00 **EFL** Aston Villa v Fulham in the 2017/18 Championship play-offs. **10.00** Rotherham v Shrewsbury.
11.00 **EFL** Archive highlights.
1.00 AM **Best Moments from the Championship Play-Off Final**
1.30 **Best Moments from the League 1 & 2 Play-Off Final**
2.00 **Best Goals: EFL Cup 2022/23**
2.30 **EFL Trophy Football**
3.00 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **to 6.00** AM **EFL Rivalries**

Sky Sports Cricket

404 514 504 422 442

6.00 AM **ICC Men's T20 World Cup**
7.00 **Women's International One-Day Cricket** Highlights.
10.00 **Vitality T20 Blast Cricket** A replay of Surrey v Middlesex.
1.30 PM **ICC Women's World Cup** Action from the final between England and New Zealand.
1.45 **ICC Women's World Cup 2017**
2.00 **LIVE Women's International T20 Cricket England v New Zealand.** Coverage of the first T20 in the five-match series from Utilita Bowl in Southampton.
6.00 **Best of England v Windies**
7.00 **Women's International T20 Cricket** England v New Zealand: The first T20 in the five-match series at Utilita Bowl, Southampton.
11.00 **Pushing Boundaries: To the Hundred and Beyond** Kate Cross charts the history of women's cricket, following pioneers like Rachael Heyhoe-Flint and Charlotte Edwards from the first match to the Hundred.
12.15 AM **Best of ICC WT20**
1.00 **Vitality T20 Blast Cricket** Middlesex Crusaders v Kent Spitfires in the 2008 final.
5.00 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 515 505 423 443

6.00 AM **Ladies European Tour Golf**
10.00 **Legends Tour Golf**
11.00 **Golf** A tournament review.
12.00 NOON **European Challenge Tour Golf** Action from La Vaudreuil Golf Challenge.
12.30 PM **LIVE DP World Tour Golf** Coverage of day three of the BMW International Open from the Golfclub München Eichenried.
5.00 **LIVE PGA Tour Golf** Coverage of day three of the John Deere Classic, which takes place at TPC Deere Run in Silvis, Illinois.
11.00 **US Seniors Tour Golf** Action from the US Senior Open, staged at Newport Country Club.
12.00 M'T **England Golf: Get into Golf**
12.30 AM **European Challenge Tour Golf** La Vaudreuil Golf Challenge.
1.00 **Golf Academy**
2.00 **DP World Tour Golf**
3.00 **Playing Lessons**
4.00 **DP World Tour Golf**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 537 520 425 445

6.00 AM **Tennis** Recent highlights.
10.00 **Billie Jean King: My Story**
11.00 **Tennis** Recent highlights.
4.00 PM **Tennis** The Libema Open.
6.00 **Tennis** A review of the Dubai Duty Free Tennis Championships. **6.30** The Madrid Open finals.
8.30 **Tennis** The Stuttgart Open final. **9.30** The BNP Paribas Open. **10.00** The ASB Classic final.
11.00 **Tennis** Action from the Barcelona Open Banc Sabadell final in Spain.
12.00 M'T **to 6.00** AM **Tennis**

Sky Sports Mix

416 873 510 429 449

6.00 AM **Super League**
9.00 **Women's International One-Day Cricket** Highlights.
10.00 **Vitality T20 Blast Cricket**
1.30 PM **Super League Highlights**
2.30 **LIVE Indycar** Coverage of the Honda Indy 200 at Mid-Ohio second practice session from Mid-Ohio Sports Car Course.
3.30 **Ladies European Tour Golf**
4.30 **Formula 1** British Grand Prix.
6.30 **Tennis** The Dubai Duty Free Tennis Championships final.
8.30 **Tennis** Madrid Open review.
9.00 **Fight Night International**
11.00 **NFL Highlights**
12.00 M'T **Super League Highlights**
12.15 AM **Super League** A replay of Leeds Rhinos v London Broncos.
2.20 **Super League Highlights**
5.20 **My Icon** Heather Watson.
5.30 **to 6.00** AM **Super League Highlights**

TNT Sports 1

410 870 527 408 430

7.30 AM **LIVE AFL Geelong Cats v Hawthorn Hawks.** At GMHBA Stadium. Bounce-up **7.35am**.
10.30 **Premier League Stories**
11.00 **World Championship of Legends Cricket**
12.00 NOON **LIVE World Championship of Legends Cricket England v Australia.** Coverage of the T20 match from Edgbaston in Birmingham.
4.00 PM **LIVE World Championship of Legends Cricket India v Pakistan.** The T20 fixture from Edgbaston.
8.30 **TNT Sports Cricket Reload**
9.00 **MotoGP** Grand Prix of Germany.
9.30 **Premiership Rugby Union**
10.00 **LIVE International Rugby Union Canada v Scotland.** Coverage of the match from TD Place Stadium. Kick-off **10.00pm**.
12.00 M'T **LIVE MLB Los Angeles Dodgers v Milwaukee Brewers.** The National League match. Start-time **12.15am**.
3.15 AM **MLB: Off the Bat**
3.45 **Badminton Weekly**
4.00 **to 7.00** AM **LIVE AFL Melbourne Demons v West Coast Eagles.** Bounce-up **4.10am**.

TNT Sports 2

411 871 528 409 431

6.00 AM **Henley Royal Regatta**
6.30 **MotoGP Classics: Sachsenring**
7.30 **LIVE MotoGP** Coverage of the Grand Prix of Germany Moto2 and Moto3 second practice sessions.
9.45 **LIVE MotoGP** The Grand Prix of Germany MotoGP qualifying.
11.00 **LIVE MotoE** The Grand Prix of Germany first race in Chemnitz,
11.45 **LIVE MotoGP** The Grand Prix of Germany Moto2 and Moto3 qualifying sessions in Chemnitz.
1.30 PM **LIVE MotoGP** Grand Prix of Germany MotoGP sprint race.
3.00 **LIVE MotoE** The Grand Prix of Germany second race in Chemnitz.
3.45 **LIVE MotoGP Northern Talent Cup** The Grand Prix of Germany.
4.45 **MotoGP Rewind**
5.00 **MLB Highlights**
6.00 **LIVE MLB New York Yankees v Boston Red Sox.** From Yankee Stadium. Start-time is at **6.05pm**.
9.00 **LIVE MLB Cleveland Guardians v San Francisco Giants.** Start-time is at **9.10pm**.
12.15 AM **UFC: The Ultimate Fighter**
1.15 **Fight Night Live**
3.15 **TNT Sports Reload**
3.30 **Premier League World Beaters**
5.00 **to 6.00** AM **MLB Highlights**

TNT Sports 3

417 874 529 410 432

8.00 AM **World Championship of Legends Cricket** Highlights.
9.00 **WWE Friday Night SmackDown**
10.30 **LIVE AFL GWS Giants v Carlton Blues.** Coverage of the match from ENGIE Stadium in Sydney. Bounce-up **10.30am**.
1.30 PM **MLB Highlights**
2.30 **MLB: Off the Bat**
3.00 **LIVE World Rallycross** Ferratum World RX of Sweden 1 from Varmland Forest in Holjes.
4.00 **WWE Friday Night SmackDown**
5.30 **Major League Cricket Hlts**
6.00 **LIVE WNBA Indiana Fever v New York Liberty.** Coverage of the match from Gainbridge Fieldhouse. Tip-off **6.00pm**.
8.00 **LIVE Major League Cricket MI New York v Washington Freedom.** Coverage of the T20 match from Church Street Park.
11.45 **World Championship of Legends Cricket** Highlights.
4.45 AM **TNT Sports Cricket Reload**
5.15 **to 8.00** AM **LIVE V8 Supercars Championship** Coverage of the Townsville 500, race 14 of the season, which takes place at Reid Park Street Circuit in Townsville, Queensland.

Sky Sports Action

408 517 507 426 446

6.00 AM **Fight Night International**
7.00 **The Darts Show**
7.30 **LIVE International Rugby Union New Zealand v England.** Coverage of the first Test in Dunedin. Kick-off **8.05am**.
10.30 **LIVE International Rugby Union Australia v Wales.** Coverage of the first Test at Allianz Stadium. Kick-off is at **10.45am**.
1.30 PM **Super League Highlights**
2.00 **The Darts Show**
2.30 **Women's State of Origin**
3.30 **LIVE International Rugby Union South Africa v Ireland.** Coverage of the first Test in the series at Loftus Versfeld Stadium in Pretoria. Kick-off is at **4.00pm**.
6.30 **My Icon** Sporting influences.
7.00 **Women's State of Origin**
8.00 **LIVE International Rugby Union Argentina v France.** Coverage of the first Test from Mendoza. Kick-off is at **8.00pm**.
10.00 **International Rugby Union**
12.00 M'T **Super League Highlights**
1.00 **to 6.00** AM **LIVE Fight Night International Shakur Stevenson v Artem Harutyunyan.** The bout for the WBC World Lightweight title.

Sky Sports F1

406 516 506 424 444

6.00 AM **British GT Championship**
7.00 **Formula 1** British Grand Prix.
8.25 **F1 Feature**
8.30 **Formula 1** British Grand Prix.
9.55 **F1 Features**
10.10 **LIVE Formula 3** Coverage of the British Grand Prix sprint race.
11.15 **LIVE Formula 1** The British Grand Prix third practice session.
12.40 PM **F1 Features**
1.10 **LIVE Formula 2** Coverage of the British Grand Prix sprint race.
2.15 **LIVE Formula 1** The British Grand Prix qualifying session.
5.00 **Ted's Notebook**
5.30 **Formula 1** British Grand Prix.
7.30 **Lewis's Secret Cinema**
8.00 **LIVE Indycar** The Honda Indy 200 at Mid-Ohio qualifying.
9.30 **Ferrari Challenge Europe**
11.30 **Formula 1** British Grand Prix.
1.30 AM **F1 Features**
3.00 **to 6.00** AM **The Home of F1**

TNT Sports 4

421 876 530 411 434

7.30 AM **Henley Royal Regatta**
8.00 **MLB Highlights**
9.00 **TNT Sports Cricket Reload**
9.15 **Henley Royal Regatta**
9.45 **LIVE Rowing: Henley Royal Regatta** Coverage of session one on day five on the River Thames.
12.45 PM **MLB Plays of the Week**
1.15 **Henley Royal Regatta**
1.45 **LIVE Rowing: Henley Royal Regatta** Coverage of session two on day five on the River Thames.
4.45 **TNT Sports Cricket Reload**
5.15 **LIVE Rowing: Henley Royal Regatta** Coverage of session three on day five of the annual rowing event, which takes place over six days on the River Thames.
8.00 **LIVE Badminton** The Canada Open semi-finals from Calgary.
1.30 AM **Badminton Unlimited**
2.00 **Ultimate Pool**
3.30 **MotoGP Highlights 2018**
4.30 **to 6.00** AM **Premiership Women's Rugby**

Eurosport 1

413 868 521 412 435

6.00 AM **Tour de France: Breakaway**
6.30 **Mountain Biking**
7.30 **Tennis: Wimbledon**
9.00 **Olympic Games: Chasing Glory**
10.00 **Cycling: Tour de France**
11.30 **LIVE Cycling: Tour de France** Coverage of the eighth stage, featuring a route of 183.4km from Semur-en-Auxois to Colombey-Les-Deux-Eglises.
5.00 PM **Mountain Biking**
7.00 **Climbing World Cup**
8.00 **Cycling: Tour de France**
9.00 **Tour de France: Breakaway**
9.30 **Olympic Games: Athletes to Watch**
10.00 **Bennetts British Superbikes**
11.00 **Cycling: Tour de France**
12.00 M'T **Tour de France: Breakaway**
12.30 AM **Tennis: Wimbledon**
2.00 **Cycling: Tour de France**
3.00 **Tour de France: Breakaway**
3.30 **Tennis: Wimbledon**
5.00 **to 6.00** AM **Cycling: Tour de France**

Eurosport 2

414 869 522 413 436

6.00 AM **Tennis: Wimbledon**
7.30 **Cycling: Tour de France**
8.30 **Tour de France: Breakaway**
9.00 **British Superbikes**
10.00 **Tennis: Wimbledon**
11.30 **Skateboarding**
11.45 **LIVE Mountain Biking** Coverage from Haute-Savoie.
1.00 PM **LIVE British Superbikes** Coverage of the first day of racing in the fifth round of the season.
6.00 **British Speedway**
7.00 **Olympic Games: Chasing Glory**
8.00 **British Superbikes**
9.00 **Speedway Grand Prix**
10.00 **Tennis: Wimbledon**
11.30 **British Superbikes**
12.30 AM **Cycling: Tour de France**
1.30 **Tour de France: Breakaway**
2.00 **Bennetts British Superbikes**
3.00 **Porsche Supercup**
4.00 **Motocross World Championship**
5.00 **to 6.00** AM **LIVE Motocross World Championship** Race one of the MXGP discipline in Lombok.

Sky Sports Arena

412 518 508 427 447

6.00 AM **Super League**
8.45 **Women's State of Origin**
10.15 **My Icon** Martin Offiah.
10.30 **LIVE NRL North Queensland Cowboys v Manly-Warringah Sea Eagles.** Coverage of the match at Queensland Country Bank Stadium. Kick-off **10.35am**.
12.30 PM **Rugby League Highlights**
2.45 **My Icon** Leon Pryce.
2.55 **LIVE Super League Leeds Rhinos v London Broncos.** Coverage from AMT Headingley Rugby Stadium. Kick-off **3.00pm**.
5.00 **LIVE Super League Hull Kingston Rovers v Catalans Dragons.** Coverage of the match at Sewell Group Craven Park Stadium. Kick-off is at **5.30pm**.
8.00 **Rugby League Highlights**
12.05 AM **My Icon** Sporting influences.
12.30 **International Rugby Union**
4.30 **Super League Highlights**
5.20 **My Icon** Sporting influences.
5.30 **to 6.00** AM **Super League**

Sunday

7 July

Evening Planner

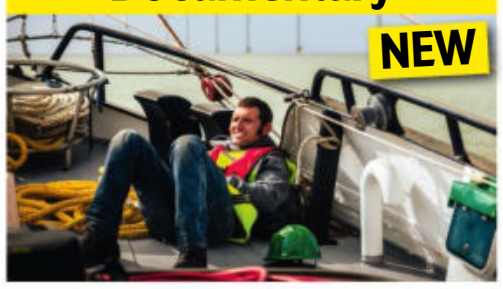
Thriller

The Night Caller
Channel 5, 9pm
A lonely taxi driver (Robert Glenister) develops an obsession with a radio DJ (Sean Pertwee, above). Continues to Wed.

Crime Drama

The Turkish Detective
BBC2, 9pm (box set, BBC iPlayer)
Crime thriller following Inspector Cetin Ikmen (Haluk Bilginer) as he investigates cases in the historic city of Istanbul.

Documentary



Guy Martin's Lost WW2 Bomber
C4, 9pm
Guy works on recovering a World War Two Lancaster bomber from a Dutch lake.

Documentary

Ibiza Narcos
Sky Documentaries & Sky Showcase, 9pm (box set, Sky Box Sets)
How the small Med island became party central – dominated by the drugs trade.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	◂ 6.30 Wimbledon – Live: Day seven		8.00 Countryfile		9.00 Antiques Roadshow		10.00 News	10.30 Film: House of...
102 BBC2	◂ 3.00 Wimbledon – Live: Further coverage of day seven				9.00 The Turkish Detective		10.00 QI XL	
103 ITV1		7.25 Film: Wonder Woman 1984					10.25 News	10.40 Harry's...
104 CHANNEL 4	7.00 Inside McVitie's at Christmas		8.00 Bake Off: The Professionals		9.00 Guy Martin's Lost WW2 Bomber			10.30 Celebrity...
105 CHANNEL 5	7.00 Richard & Judy: Our Best Bits – In Our Own Words				9.00 The Night Caller		10.00 A Killer Makes a Call: Catch and Kill	
106 SKY SHOWCASE	7.00 F1: British Grand Prix Highlights		8.00 The Equalizer		9.00 Ibiza Narcos		10.00 F1: British Grand Prix Highlights	
ENTERTAINMENT								
115 BBC3	7.00 EastEnders		8.00 Top Gear		9.00 Film: Maze Runner: The Scorch Trials			
116 BBC4	7.00 Pavarotti: The Last Tenor – Arena			8.25 Pavarotti in Hyde Park			10.00 Film: Pavarotti	
118 ITV2	◂ 6.45 Film: Hairspray	7.50 Film: Hairspray			9.00 Love Island		10.00 Love Island: Aftersun	
136 MORE4	◂ 6.55 Come Dine with Me		8.00 Emergency Helicopter Medics		9.00 999: On the Front Line		10.00 24 Hours in A&E	
135 E4	◂ 6.50 Film: School of Rock				9.00 Film: Terminator: Dark Fate			
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 The Equalizer		10.00 Fire Country	
108 SKY ATLANTIC	◂ 6.35 The Sopranos				9.00 House of the Dragon			10.15 The Sympathizer
110 GOLD	◂ 6.40 Only...	7.20 Dad's Army	8.00 Only Fools and Horses			9.20 The Royle Family		
111 DAVE	7.00 Special Ops: Crime Squad UK				9.00 Have I Got a Bit More News for You		10.00 QI	10.30 Mock the Week
119 ITV3	7.00 Wycliffe		8.00 Vera				10.00 Trigger Point	
120 ITV4	7.00 Tour de France Highlights		8.00 Film: Rocky II					
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: The Waterboy			
139 SKY SCI-FI	7.00 Stargate SG-1				9.00 Film: Dark Skies			
113 SKY MAX	7.00 The Walking Dead				9.00 Rob & Romesh vs F1		10.00 The Walking Dead: The Ones Who Live	
109 ALIBI	7.00 Hudson & Rex				9.00 Death in Paradise			
130 SKY ARTS	◂ 6.45 Les Misérables: 25th Anniversary					9.35 The Who: Live at Hyde Park		
132 W	7.00 Inside the Operating Theatre				9.00 Love Me		10.00 Brothers & Sisters	
DOCUMENTARY								
125 DISCOVERY	7.00 Buying Alaska		8.00 Alaskan Bush People		9.00 Alaska: The Last Frontier		10.00 Wheeler Dealers World Tour	
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Crikey! It's the Irwins				10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Europe from Above		8.00 Car S.O.S.					
123 SKY HISTORY	7.00 History's Crazy Rich Ancients				9.00 Lost Secrets of the Pyramid			
155 YESTERDAY	7.00 Find It, Fix It, Flog It		8.00 'Allo 'Allo!					10.10 Secrets of the London...
121 SKY DOCS		7.15 Williams & Mansell: Red 5			9.00 Ibiza Narcos		10.00 The Essex Murders	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.20 Manodrome		8.00 Anyone But You				10.00 Eileen	
302 SPIES	◂ 6.45 Mission: Impossible III				9.00 Mission: Impossible – Dead Reckoning Part One			
303 BEST OF 2024	◂ 6.10 Anyone But You		8.00 Meg 2: The Trench				10.00 A Sacrifice	
304 THE HANGOVER	◂ 6.45 The Hangover			8.30 The Hangover Part II				10.20 The Hangover Part III
305 ANIMATION		7.20 The Prince of Egypt			9.05 The Snow Queen 2: Magic of the Ice Mirror			10.40 Mia...
306 FAMILY	◂ 5.35 Ghostbusters II	7.35 Lyle, Lyle, Crocodile				9.35 The Adventures of Sharkboy and Lavagirl in 3-D		
307 ACTION	◂ 6.00 RED		8.00 Justice League				10.10 Suicide Squad	
308 AXEL FOLEY	◂ 6.00 Beverly Hills Cop		8.00 Beverly Hills Cop II				10.00 Beverly Hills Cop 3	
309 THRILLER	◂ 6.05 The Commuter		8.00 State of Play					10.15 Man on a Ledge
310 DRAMA	◂ 5.45 Philadelphia		8.00 Oppenheimer					
311 SCI-FI	◂ 5.40 The Matrix Revolutions		8.00 The Matrix Reloaded					10.20 Blade Runner
313 FILM4	◂ 6.35 Star Trek				9.00 Transporter 2			
SPORT								
401 MAIN EVENT	◂ 6.30 Indycar – Live: The Honda Indy 200 at Mid-Ohio (Start-time 6.30)				9.00 PGA Tour Golf – Live: The John Deere Classic			
402 PREMIER LEAGUE	7.00 PL Big Interview	7.30 PL Stories	8.00 Premier League Years				10.00 Class of '92: Full Time	
403 FOOTBALL	◂ 6.30 Bundesliga...	7.30 SWPL	8.00 WSL	8.30 Best Scottish...	9.00 EFL			
404 CRICKET	7.00 Vitality T20 Blast Cricket							10.30 Dreams of a...
410 TNT SPORTS 1	◂ 4.00 World Championship of Legends Cricket – Live			8.30 Reload	9.00 MLB – Live: Seattle Mariners v Toronto Blue Jays			
411 TNT SPORTS 2	◂ 6.30 MLB – Live: Action from Major League Baseball					9.45 WWE SmackDown Highlights		

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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Sunday

BBC1

101 | 101 | 1 | 101 | 101

6.00 AM **Breakfast** (S)
9.00 **Sunday with Laura Kuenssberg** Interviews with key politicians and public figures. (S)
10.00 **Politics England** (S)
10.30 **Sunday Morning Live** New edition Sean Fletcher and Holly Hamilton present topical debate. (S)
11.30 **Songs of Praise** New edition The Rev Kate Bottley celebrates the centenary of Liverpool's Anglican Cathedral. (S)
12.00 NOON **Points of View** New edition Opinions on BBC shows. (S)
12.15 PM **BBC News** (S)
12.30 LIVE **Wimbledon** Coverage of day seven in the third Grand Slam event of the year, held at the All England Club, where men's and ladies' singles fourth-round matches are scheduled to take place. (S)

10.30 House of Gucci

6 PM

6.10 **BBC News** (S)

6.30 LIVE **Wimbledon** Further coverage of day seven of the Grand Slam event from the All England Club, featuring more men's and ladies' singles fourth-round matches. (S)
■ Today's highlights at 10.45pm on BBC2

7 PM

8 PM

8.00 **Countryfile** New edition Matt Baker and Margherita Taylor explore Montacute House in Somerset, learning how staff manage its 270 acres of woodland, parkland and formal gardens. (S)

9 PM

9.00 **Antiques Roadshow** Fiona Bruce and the team visit Forty Hall in Enfield, north London, where items include an original Punch and Judy set and an intriguing necklace linked to a secret society. (S)(R)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 FILM **House of Gucci** Ridley Scott's fact-based crime drama starring Lady Gaga, Adam Driver, Al Pacino, Jeremy Irons and Jared Leto. An outsider marries into the family behind the Italian fashion empire, and starts to unravel the family legacy. (S)(AD) (2021, 15, 150min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.00 AM **MOTD Top Ten: Controversial Moments** A look at the biggest controversies in European Championship history. (S)
1.30 **Weather for the Week Ahead** (S)
1.35 **to 6.00** AM **BBC News** (S)

BBC2

102 | 102 | 2 | 102 | 102

6.50 AM **Glorious Gardens from Above** The Scottish Borders. (S)(R)
7.35 **Countryfile** Charlotte Smith visits the East Riding of Yorkshire. (S)(R)
8.30 **Christine's Garden** Christine attends a tomato weekend. (S)(R)
9.30 **Beechgrove Garden** New edition Advice on herbs ideal for container and window box cultivation. (S)
10.00 **The Great British Sewing Bee** 7/10. The remaining sewers tackle three technically taxing lingerie challenges. (S)(R)(AD)
11.00 LIVE **Wimbledon** Day seven from the All England Club. (S)
3.00 PM LIVE **Wimbledon** Clare Balding presents further coverage of day seven in the third Grand Slam of the year, held at the All England Club, featuring more men's and ladies' singles fourth-round matches. (S)

10.00 QI XL

6.00 LIVE **Wimbledon** Clare Balding presents further coverage of day seven in the third Grand Slam tournament of the year from the All England Club, featuring more men's and ladies' singles fourth-round matches. (S)

9.00 NEW SERIES **The Turkish Detective** 1/8. Crime drama starring Haluk Bilginer and Ethan Kai. *See feature, page 11.* (S1) (S)(AD)
■ Continues tomorrow
9.55 **Natural World** (S)(R)
10.00 **QI XL** Tom Allen, Susan Calman and Zoe Lyons take part. (S)(R)
10.45 **Today at Wimbledon** Qasa Alom presents highlights of the seventh day's play from the All England Club. (S)
11.45 FILM **Vice** Biographical comedy drama about Dick Cheney, who quietly wielded immense power as vice president to George W Bush, reshaping America and the globe in the ways that are still felt today. Stars Christian Bale, Amy Adams, Sam Rockwell and Steve Carell. (S)(AD) (2018, 15, 125min) ★★★★
1.50 AM **Sign Zone: Question Time** Topical debate from London. (S)(R)
2.50 **to 6.30** AM **Previews** (S)

ITV1

103 | 103 | 803 | 103 | 3 | 103 | 103 | 103

6.00 AM **Tom Kerridge Cooks Britain** (R)
6.30 **James Martin's Saturday Morning** With Suggs. (S)(R)
8.25 **Jimmy & Shivi's Farmhouse Breakfast** New edition (S)(AD)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** (S)(R)
11.25 **Ainsley's National Trust Cook Off** From Cambridgeshire. (S)(R)(AD)
12.30 PM **ITV News** (S)
12.40 **Abbey Clancy: Celebrity Homes**
1.40 FILM **Shark Tale** Animation. (S)(AD) (2004, U, 105min) ★★★★
3.25 FILM **The Man with the Golden Gun** James Bond adventure with Roger Moore and Britt Ekland. (S)(AD) (1974, PG, 150min) ★★
5.55 **The Chase Celebrity Special** With Adam Jones, Monica Dolan, Dom Wood and Dick McCourt. (S)(R)

7.25 Wonder Woman 1984

6.55 **ITV News** (S)

7.15 **Local News** (S)
7.25 FILM **Wonder Woman 1984** Superhero action sequel starring Gal Gadot, Chris Pine and Pedro Pascal. Diana Prince must contend with Maxwell Lord, whose desire for extreme wealth sends the world down a path of destruction. (S)(AD) (2020, 12, 180min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.25 **ITV News** (S)
10.40 **Harry's Heroes: Euro Having a Laugh Again!** Harry Redknapp and his team of England legends tackle Germany. (S)(R)(AD)
11.50 **The Footballer Fraudster** One-off documentary about promising footballer Medi Abalimba and his legacy of destruction as a conman. (S)(R)
1.00 AM **Teleshopping**
3.00 **Motorsport UK** Action from Brands Hatch Indy. (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Tour de France Highlights** Stage nine. (S)(R)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 | 104/108 | 804 | 108 | 4 | 104 | 104/106

5.50 AM **Frasier** (S3) (S)(R)(AD)
7.10 **Everybody Loves Raymond** 24-26/26. (S3) (S)(R)(AD)
8.30 **The Simpsons** (S)(R)(AD)
9.30 **Sunday Brunch** New edition With guests Alex James, Andrew Maxwell, Ellie Taylor, Iwan Thomas and Michelle de Swarte. Plus, live music from Travis. (S)
12.30 PM **The Simpsons** (S)(R)(AD)
1.30 LIVE **F1: British Grand Prix Build-Up** Steve Jones and Lee McKenzie present news and analysis from Silverstone. (S)
2.30 LIVE **F1: British Grand Prix** Coverage of the 12th round of the season, held at Silverstone. Start-time is at 3.00. (S)
5.00 LIVE **F1: British Grand Prix Reaction** Post-race analysis from round 12 at Silverstone. (S)

9.00 Guy Martin's Lost WW2 Bomber

6.00 **News** (S)

6.30 **Kirstie and Phil's Love It or List It: Brilliant Builds** The duo take a look at the best ways to utilise space. (S)(R)
7.00 **Inside McVitie's at Christmas** One of Britain's best-known biscuit brands gear up for their busiest time of year, and try to stay ahead of their rivals with a special twist on the iconic Penguin bar. (S)(R)(AD)
8.00 **Bake Off: The Professionals** New edition 9/10. Nicolas Houchet, executive pastry chef at the Savoy, joins the team to judge the semi-final of the patisserie competition. (S)(AD)
■ Concludes tomorrow
9.00 NEW **Guy Martin's Lost WW2 Bomber** In the most ambitious engineering project he's ever taken part in, Guy Martin helps to recover a crashed World War Two Lancaster bomber – and the remains of its missing crew members – from the depths of a Dutch lake where it's been submerged for 80 years. *See feature, page 21.* (S)(AD)
10.30 **Celebrity Gogglebox** A rolling cast of famous faces appraise the week's TV. (S)(R)
11.30 **F1: British Grand Prix Highlights** Action from Silverstone. (S)
12.30 AM FILM **A.I. Artificial Intelligence** Fantasy. (2001, 12, 155min) ★★★★
3.05 **Ramsay's Kitchen Nightmares USA** From Connecticut. (S)(SL)(R)
3.50 **Come Dine with Me: The Professionals** From London. (S)(R)
4.35 **Jamie's One-Pan Wonders** (S)(R)
5.00 **Frasier** 7&8/24. (S6) (S)(R)(AD)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 | 105 | 105 | 105

5.40 AM **Milkshake!**
9.00 **Entertainment News** (S)
9.15 **Cruising with Susan Calman** Triple bill of editions. (S)(R)
12.00 NOON **Malta: The Jewel of the Med** Documentary. (S)(R)
12.55 PM **Isle of Wight: Jewel of the South** Documentary. (S)(R)
1.55 **The Hotel Inspector** Alex Polizzi visits Eden Lodge B&B in Falmouth, Cornwall. (S)(R) **2.55** Alex visits the Paramount Hotel in Nottingham. (S)(R)
3.55 **When Cruises Go Horribly Wrong & Other Travel Nightmares** A look at terrifying travel disasters. (S)(R)
5.25 **Jane McDonald's Caribbean Holiday** The singer heads off round the Caribbean in mega cruise ship *MSC Divina*. (S)(R)

7.00 Richard & Judy: Our Best Bits

6.55 **News** (S)

7.00 NEW **Richard & Judy: Our Best Bits – In Our Own Words** Richard Madeley and Judy Finnigan reflect on their broadcasting careers, picking favourite moments and revealing a few secrets about what really went on behind the scenes. (S)

9.00 NEW SERIES **The Night Caller** 1/4. Thriller starring Robert Glenister. A taxi driver phones a late-night radio show. *See feature, page 6.* (S1) (S)
■ Continues tomorrow

10.00 **A Killer Makes a Call: Catch and Kill** New edition 4/6. A man calls police to say he has stabbed a 14-year-old. (S)
10.55 **Cold Case Killers** A shooting in Orkney. (S)(R)
11.55 **Greatest Ever Wind Ups** New edition More pranks. (S)
12.50 AM **Entertainment News** (S)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Escape to the Farm with Kate Humble** (S)(R)
3.50 **Bargain-Loving Brits in the Sun**
4.40 **Wildlife SOS** (S)(SL)(R)
5.05 **House Doctor** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 | 355

6.00 AM **Clifford** (S)(R)(AD)
6.25 **Croods Family Tree** (S)(R)
7.15 **Draw with Will** (S)(R)
7.35 **Lego City Adventures** (S)(R)
8.05 **Monkey Life** (S)(R)(AD)
8.30 **Sunday Morning with Trevor Phillips** Topical discussion.
10.00 **The Office (US)** (S4) (S)(R)
11.30 **Deadman's Curse** (S)(R)
12.30 PM **The Lost City of Ramses II** Documentary. (S)(R)
1.30 LIVE **F1: British Grand Prix** Build-up from Silverstone.
2.55 LIVE **F1: British Grand Prix** Coverage of the 12th round of the season from Silverstone. Start-time is at 3.00.
5.00 **Rob & Romesh vs F1** 1/2. Rob Beckett and Romesh Ranganathan enter the world of Formula One. (S)(R)(AD)

9.00 Ibiza Narcos

6.00 **Rob & Romesh vs F1** 2/2. Rob and Romesh continue their F1 journey in Monaco, hanging out with driver George Russell, before Rob finally takes his manual driving test. (S)(R)(AD)

7.00 **F1: British Grand Prix Highlights** Action from the 12th round of the season at Silverstone.

8.00 **The Equalizer** *Condemned:* 8/10. McCall races to help Dante and Big Ben after they are ambushed. Meanwhile, Dee suspects a friend of being a thief. (S4) (S)(R)

9.00 NEW SERIES **Ibiza Narcos** 1/3. Exploring how the island was transformed into a vibrant party capital, fuelled by a lucrative drugs trade that drew many criminals to its shores. *See feature, page 20.*

10.00 **F1: British Grand Prix Highlights** Action from the 12th round of the season at Silverstone. (R)

11.00 **The Walking Dead: The Ones Who Live** 6/6. The CRM plan to declare martial law and eliminate survivor communities worldwide. (S1) (S)(R)(AD)
12.00 M'T **Brassic** (S4) (S)(R)(AD)
1.00 AM **Brit Cops: Law & Disorder**
2.00 **The Force: North East** (S)(R)
3.00 **Road Wars** (S)(R)
4.00 **to 6.00** AM **Nothing to Declare** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
10.00-11.30am The Sunday Show (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.00am Sunday Politics Northern Ireland (S) **11.00-11.30am** Barra on the Bann (S)(R)

WALES
Sky **965**, Virgin **864**, Freesat **965**
10.00am Politics Wales **10.45** Sunday Morning Live New edition (S) **11.40am-12.15pm** Songs of Praise New edition (S) **10.30pm** Legends of Welsh Sport: Rhondda Rebels (S)(R) **11.00pm-1.30am** FILM House of Gucci (S)(AD) (2021, 15, 150min) ★★★

BBC2

N. IRELAND
Sky **969**, Freesat **969**
3.30pm LIVE All Ireland Hurling Semi Final (S) **6.00-9.00** LIVE Wimbledon (S) **10.45** Sunday Politics (S)(R) **11.45** Today at Wimbledon (S) **12.50-1.50am** Sign Zone: Andy Murray: Will to Win (S)(SL)(R)(AD)

WALES
Sky **968**, Freesat **968**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **8.50** Penblwyddi Cyw **9.00** Am Dro! (AD) **10.00** Garddio a Mwy **10.30** Yr Ynys **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Cerys Matthews a'r Goeden Faled **12.30pm** Triathlon Cymru 2024 – Triathlon y Barri **1.00** LIVE Clwb Rygbi Rhyngwladol **2.00** LIVE Seiclo: Tour de France **5.10** Sgwrs Dan y Lloer **5.40** Ffermio **6.10** Pobol y Cwm Omnibws (AD) **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol Series finale **8.00** NEW Byd Eithafol: Chwarae Teg **9.00** Seiclo: Tour de France **9.30** Priodas Pum Mil **10.30-11.35pm** Y Gymraeg: Hawl Pob Plentyn

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 | 107/113 | 23 | 107 | 107

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Nugget regains consciousness, but is told he may need long-term kidney dialysis. **7.30** Jean tries to convince Harvey his plan is the wrong choice for everyone.
8.00 **Top Gear** The presenters shop for second-hand convertibles, and Simon Pegg takes to the track in the Reasonably Priced Car.
9.00 FILM **Maze Runner: The Scorch Trials** Sci-fi adventure based on the second of James Dashner's series of novels, starring Dylan O'Brien. The children who escaped from a mysterious labyrinth journey through a dangerous wasteland. With Kaya Scodelario and Ki Hong Lee. (2015, 12, 131min) ★★★
11.00 NEW **Glastonbury: Rap & RnB** The best rap and R&B performances from Glastonbury 2024.
12.00 M'T **Peacock** 1-6/6. (S2)
2.55 **to 3.55** AM **Ballers: Ball or Nothing**

BBC4

116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Arena: Pavarotti – The Last Tenor** A tribute to the operatic legend, who will forever be known as the man who brought classical music to the masses with his performance of *Nessun Dorma* at the 1990 World Cup in Italy.
8.25 **Pavarotti in Hyde Park** Luciano Pavarotti's 1991 free concert to celebrate 30 years in opera, when he performed arias by Verdi, Puccini, Bizet and Wagner.
10.00 FILM **Pavarotti** Oscar-winning director Ron Howard's documentary examining the life, career, achievements and legacy of Italian operatic tenor Luciano Pavarotti. (2019, 12, 114min) ★★★★
11.45 **The Story of English Furniture** Hugh Scully and Arthur Negus explore Thomas Chippendale's legacy.
1.00 AM **Arena: Pavarotti – The Last Tenor**
2.30 **to 4.00** AM **Pavarotti in Hyde Park**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **Ugly House to Lovely House with George Clarke**
9.55 **George Clarke's Old House, New Home**
11.00 **Bake Off: The Professionals**
12.00 NOON **Come Dine with Me**
2.40 PM **Four in a Bed**
5.20 **Come Dine with Me** Chocolate shop manager Ginnette hosts the first dinner party from Sheffield. **5.50** Emergency services worker Josh entertains his guests with life drawing.
6.20 **Come Dine with Me** GP surgery manager Clare makes a 'winter warmer' menu. **6.55** Wellness coach Andy serves up a healthy meal. **7.25** Psychologist Abi hosts the final night in Sheffield.
8.00 **Emergency Helicopter Medics** Air ambulance crews help a patient in anaphylactic shock.
9.00 **999: On the Front Line** New edition Paramedics help a man who has been stabbed outside a block of flats.
10.00 **24 Hours in A&E** A teen has a bleed on the brain and requires emergency surgery.
11.05 **Emergency Helicopter Medics** Documentary.
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
2.15 **Emergency Helicopter Medics** Documentary.
3.20 **to 4.00** AM **A Place in the Sun**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Hollyoaks Omnibus**
8.25 **Rude(ish) Tube Shorts**
8.35 FILM **Lemony Snicket's A Series of Unfortunate Events** Family fantasy comedy starring Jim Carrey. (2004, PG, 103min) ★★★★
10.40 **Ramsay's Kitchen Nightmares USA**
1.35 PM FILM **Spider-Man: Into the Spider-Verse** Animated adventure with the voice of Shameik Moore. (2018, PG, 117min) ★★★★★
3.50 **The Big Bang Theory**
6.50 FILM **School of Rock** Comedy with Jack Black and Joan Cusack. A wannabe rock guitarist poses as a substitute teacher at an elite private school and attempts to turn his young pupils into a rock band. (2003, PG, 109min) ★★★★
9.00 FILM **Terminator: Dark Fate** Sci-fi adventure with Arnold Schwarzenegger and Linda Hamilton. Sarah Connor must stop an advanced liquid Terminator from hunting down a young girl, whose fate is critical to the human race. (2019, 15, 123min) ★★★★
11.35 **Open House: The Great Sex Experiment**
12.40 AM **Gogglebox**
1.45 **The Inbetweeners**
2.55 **Modern Family**
3.45 **to 6.00** AM **Hollyoaks Omnibus**

+1 hour 235/236 | 306 | 30 | 123

SUNDAY Entertainment

Sunday

Sky Witness

107 807 110 341 356

6.00 AM **Bondi Rescue**
8.00 **Border Patrol**
10.00 **Customs UK**
11.00 **Air Ambulance ER**
12.00 NOON **911 Crisis Centre** Dispatcher Essence and the night shift team field non-stop emergency calls. **12.30** PM Veteran dispatcher Christine works her final shift on St Patrick's Day.
1.00 PM **Bondi Rescue** Double bill of the documentary series.
2.00 **Nothing to Declare** Ten editions of the documentary.

8.00 Caught on Dashcam

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Caught on Dashcam** New edition Outrageous road disasters captured on video by drivers' dashboard cameras.

9 PM

9.00 **The Equalizer** *Condemned:* 8/10. McCall races to help Dante and Big Ben after they are ambushed. (S4)

10 PM

10.00 **Fire Country** *Like Breathing Again:* 2/10. The crew are called to complete a dangerous cave rescue. (S2)
11.00 **The Cleaning Lady** 7/12. (S2)
12.00 M'T **The Rookie** 2/10. (S6)
1.00 AM **Law & Order: SVU** (S24)
2.00 **The Cleaning Lady** New episode 8/12. (S2)
3.00 **Transplant** 2/13. (S2)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 808 342 357

6.00 AM **The Guest Wing**
10.00 **Six Feet Under** Five episodes of the drama, including at: **2.20** PM 8/13. The funeral home is overrun by New Age cult members. (S3)
3.25 **The Sopranos** 10/13. Christopher faces a dilemma. **4.30** 11/13. Tony's housing development funds scam hangs in the balance. **5.30** 12/13. Carmela makes a date she can not keep. **6.35** 13/13. Carmela decides to throw Tony out. (S4)

8.00 The Sopranos

The Sopranos (started at 6.35pm)

8.00 **The Sopranos** *Two Tonys:* 1/13. Following their break-up, Carmela tries to settle into her role as head of the family. (S5)

9.00 **House of the Dragon** 3/8. Fantasy drama set 200 years before the events of *Game of Thrones*, telling the story of House Targaryen. (S2)

10.15 **The Sympathizer** *The Oriental Mode of Destruction:* 6/7. The Captain traces the funding for the General's plan (S1)
11.25 **Chernobyl** 1/5. (S1)
12.40 AM **House of the Dragon** As shown at 9.00pm. **2.00** New episode 4/8. Fantasy drama. (S2)
3.10 **The Time Traveler's Wife** (S1)
4.10 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 813 111 346 361

6.00 AM **NCIS: Los Angeles** (S14)
11.00 **Grimm** Four episodes of the fantasy drama, including at: **2.00** PM 6/22. A local business owner is killed. (S5)
3.00 **The Walking Dead** 11/16. Carl and Michonne go on a supply run as Rick recuperates. **4.00** 12/16. Beth forces Daryl to leave their camp. **5.00** 13/16. Bob, Maggie and Sasha follow signs that supposedly lead to a sanctuary. **6.00** 14/16. Tyreese and Carol have problems with Lizzie. (S4)

10.00 The Ones Who Live

7.00 **The Walking Dead** *Us:* 15/16. Glenn and Tara are determined to reach Terminus, while Daryl struggles to adjust.

8.00 **The Walking Dead** *A:* 16/16. The survivors discover whether the Terminus is really as safe as promised. (S4)

9.00 **Rob & Romesh vs F1** 1/2. Comedians Rob Beckett and Romesh Ranganathan enter the world of Formula One.

10.00 **The Walking Dead: The Ones Who Live** *The Last Time:* 6/6. The CRM plan to declare martial law and eliminate survivor communities. (S1)
11.00 **We're Here** New edition 4/6. Sasha Velour, Priyanka and Latrice Royale visit Oklahoma.
12.15 AM **Brassic** 7/8. (S4)
1.15 **Brit Cops: Law & Disorder**
2.10 **The Force: North East**
3.05 **Road Wars**
4.00 **to 6.00** AM **Stop, Search, Seize**

ITV2

118 816 115 6 113

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
9.15 **Love Bites**
10.15 **Dress to Impress**
12.15 PM **Celebrity Supermarket Sweep** With Gabby Logan.
1.15 **Family Fortunes**
2.05 **In for a Penny**
2.45 **Catchphrase**
3.30 **Bob's Burgers** (S3)
4.50 FILM **Ice Age: Collision Course** Animated sequel with the voice of Ray Romano. (2016, U, 94min) ★★

4.50 Ice Age: Collision Course

6.45 FILM **Hairspray** Musical comedy based on the hit Broadway show, starring Nikki Blonsky, John Travolta and Michelle Pfeiffer. In Baltimore, a chubby teenager yearns to win a spot on a local TV dance show. (2007, PG, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Love Island** New edition As the finishing post closes in, the contestants are beginning to dream of the £50,000 prize.

10.00 **Love Island: Aftersun** New edition Host Maya Jama is joined by Sam Thompson, Indiyah Polack and Jordan Stephens.
11.05 **Family Guy** 18/23. Peter stars in his own TV show. (S10) **11.35** 13/23. (S10)
12.05 AM **American Dad!** (S7)
1.05 **All American** 16/16. (S2)
1.55 **Totally Bonkers Guinness World Records**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 117 10 115

6.00 AM **Bless This House**
6.30 **Inspector Morse**
11.05 FILM **Carry On Up the Jungle** Comedy with Sidney James, Joan Sims, Kenneth Connor and Frankie Howerd. (1970, PG, 89min) ★★
12.45 PM **Agatha Christie's Poirot**
4.15 **Wycliffe** *The Cycle of Death:* The murder of a bookshop owner leads the detective to uncover a family feud. **5.55** *The Four Jacks:* An archaeology student is shot. Guest stars Bill Nighy.

10.00 Trigger Point

7.00 **Wycliffe** *The Dead Flautist:* Family feuds and illicit relationships are highlighted by an apparent suicide.

8.00 **Vera** *A Certain Samaritan:* The ugly truth about a murder victim's past begins to emerge when the body of a drug dealer washes up on a beach, while Vera copes with revelations of her own. Guest stars Judy Parfitt and Phyllis Logan.

10.00 **Trigger Point** 1/6. Two bomb-disposal officers are called out to a Met counter-terrorism operation. (S1)
11.00 **Trigger Point** 2/6. (S1)
12.00 M'T **Malpractice** 3/5. The inquest into Edith Owusu's death begins. **1.00** AM 4/5. Norma and George decide it is time to interview Lucinda again. (S1)
2.00 **to 2.30** AM **Bless This House**

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

10.30 AM **Sunday Morning Live** Topical debate covering religious, moral and ethical issues.
11.30 **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **Scottish Cup Classics** A look back at Falkirk v Inverness Caledonian Thistle from 2015.
7.45 **Rewind 1990s** News and music from 1990.
8.00 **Grand Tours of Scotland's Lochs** Paul Murton follows in the footsteps of Bonnie Prince Charlie.
9.00 **The Hunt for Bible John** 1/2. An exploration of one of Scotland's most notorious unsolved cases.
10.00 **Still Game** 9/9. Victor wins a dog in a pub competition. (S2)
10.30 PM **to 12.00** M'T **The Fringe, Fame and Me** The history of the Edinburgh Festival Fringe.

Sky Comedy

114/115 814 112 347 362

8.00 AM **American Auto**
10.30 **Ballers** (S2&3)
1.30 PM **Veep** 5-7/7. (S7)
3.30 **Vice Principals** 1/9. (S1)
4.05 **Will & Grace** (S11)
6.30 **The Office (US)** 8/19. Michael attempts to run away, but Jan finds him. **7.00** 9/19. The staff at the Scranton branch are asked to take part in a Dunder Mifflin advert. **7.30** 10/19. Karen tries to lure Stanley from the Scranton branch. **8.00** 11/19. Michael treks into the woods on a survival adventure. **8.30** 12/19. Kelly gives Pam a lesson in trash talking. (S4)
9.00 **Sarah Silverman: We Are Miracles** Stand-up.
10.00 **And Just Like That...**
11.40 **Divorce** 5&6/6. (S3)
1.00 AM **Girls** (S1)
2.10 **Sort Of** (S3)
2.35 **Vice Principals** (S1)
3.55 **to 5.00** AM **2 Dope Queens**

Sky Arts

130/131 826 123 36 147 365

6.00 AM **Darbar Festival**
7.00 **Rumpelstiltskin: BalletLORENT**
8.30 **Tales of the Unexpected**
11.00 **The Joy of Painting**
12.00 NOON **Alfred Hitchcock Presents**
1.00 PM **Comedy Legends**
2.00 **Agatha Christie Hour**
3.00 **Battle of the Bagpipes**
4.00 **Dean Martin: A Legend in Concert**
5.00 **Michael Flatley: Lord of the Dance**
6.45 **Les Misérables: 25th Anniversary**
9.35 **The Who: Live at Hyde Park** From 2015.
11.55 **God Bless Ozzy Osbourne** Documentary.
1.40 AM **The Art of Film with Ian Nathan**
2.35 **Goldie: The Art That Made Me** Documentary.
4.10 **The Great Songwriters**
5.10 **Music Icons: Songs for the People**
5.35 **to 6.00** AM **Music Icons: British Metal**

Sky Mix

151 135 11 144

6.00 AM **Border Security: America's Front Line**
8.00 **The Brilliant World of Tom Gates** Double bill.
8.30 **Silly Pets** Double bill.
8.50 **Let's Game** Triple bill.
9.20 **Highway Patrol**
11.00 **Caught on Dashcam**
1.00 PM **999 Frontline**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Border Security: America's Front Line**
4.00 **Caught on Dashcam**
6.00 **Border Security: America's Front Line**
7.00 **Highway Cops**
8.00 **Nothing to Declare**
9.00 **The Pacific** 7/10. (S1)
10.00 **FBI & FBI: Most Wanted** 18/19. (S2)
11.50 **The Real Manhunter**
12.50 AM **Brit Cops: Law & Disorder** Documentary.
1.50 **Motorway Patrol**
3.30 **Border Patrol**
4.00 **to 6.00** AM **Border Security: America's Front Line**

ITV Be

131/132 119 28 119

6.00 AM **Unwind**
6.30 **Teleshopping**
7.00 **Unwind**
7.20 **Sugar Showdown**
7.50 **Sam and Billie: The Mummy Diaries**
8.55 **Drama Queens**
9.55 **The Real Housewives of New Jersey**
11.35 **Buying and Selling**
12.35 PM **Real Housewives of Salt Lake City**
4.55 **Extreme Makeover: Home Edition**
5.55 **Jimmy's Taste of Florida**
6.55 FILM **Dirty Dancing** Romantic musical. (1987, 12, 96min) ★★★★
9.00 **The Footballer, His Wife and the Car Crash**
10.35 **The Real Housewives Ultimate Girls' Trip** New edition A surprise guest arrives as Dorinda hosts a spirited dinner.
11.50 **Vanderpump Rules**
1.00 AM **Teleshopping**
2.00 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 170 50

8.00 AM **Highway to Heaven**
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the series, including at: **7.00** *Ballad for a Blue Lady:* Jessica takes a break from Cabot Cove to pay a visit to a country music star. **8.00** *Family Doctor:* Jessica and old friend Dr Seth Hazlitt are kidnapped by the son of a mobster.
9.00 **An Aurora Teagarden Mystery: Real Murders** Crime drama starring Candace Cameron Bure.
10.50 **The Gourmet Detective: Death Al Dente** Mystery starring Dylan Neal.
12.45 AM **Castle** (S3)
3.00 **Randall and Hopkirk (Deceased)** 8/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257 62

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 118 26 117

6.00 AM **Great Racehorses**
6.20 **Extreme E: Electric Odyssey**
6.55 **Motorsport Mundial**
7.25 **Auto Mundial**
7.55 **Motorsport UK**
9.00 **MotoGP Highlights**
10.00 **World Rally Championship**
11.00 **Tour de France Highlights**
12.00 NOON **The Best of the 90s**
12.15 PM **LIVE Tour de France** Coverage of stage nine.
5.15 **World of Sport**
5.30 **River Monsters**
6.00 **Junk and Disorderly**

10.35 Predator 2

7.00 **Tour de France Highlights** Gary Imlach presents action from stage nine, featuring a route of 199km in Troyes.

8.00 **FILM Rocky II** Boxing drama sequel directed by and starring Sylvester Stallone. Rocky steps back into the ring for a rematch against the world heavyweight champion. With Carl Weathers. (1979, PG, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **FILM Predator 2** Sci-fi action thriller sequel starring Danny Glover as a tough cop facing a ferocious alien in 1997 Los Angeles. (1990, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

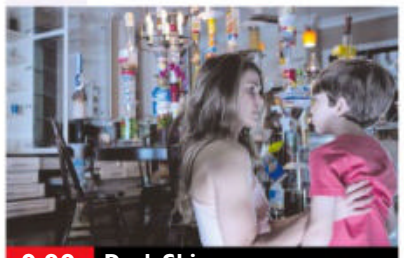
12.40 AM **Made in Britain**
1.35 **The Sweeney**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Blood & Treasure** Five episodes, including at: **3.00** PM 9/13. Danny and Lexi attempt to track down a famed Nazi hunter. (S1) **4.00** **Stargate SG-1** 5/22. Members of the team undergo a startling transformation. **5.00** 6/22. The team are assigned to investigate the disappearance of SG-9. **6.00** 7/22. O'Neill is replaced by an alien double. (S1)


9.00 Dark Skies

7.00 **Stargate SG-1** *The Nox:* 8/22. Daniel is presumed dead after an alien abducts him and sends the rest of the team home.

8.00 **Stargate SG-1** *Brief Candle:* 9/22. The team are unable to help O'Neill when he is infected with a rare virus. (S1)

9.00 **FILM Dark Skies** Paranormal thriller starring Keri Russell and Josh Hamilton. An Arizona family experience a series of unexplained events in their home which become increasingly disturbing. (2013, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **FILM Dracula: The Original Living Vampire** Horror with Christine Prouty. Amelia Van Helsing embarks on a hunt for the killer responsible for a string of grisly murders. (2022, PG, 86min) ★★
1.00 AM **Britannia** 4&5/10. (S2)
3.00 **to 6.00** AM **Star Trek: Enterprise**

Alibi

109/110 809 114 343 358

7.10 AM **Murdoch Mysteries** (S3)
10.00 **Father Brown** Four episodes.
2.00 PM **Inspector George Gently** *Gently Evil:* The detective discovers a family are hiding a shocking secret.
4.00 **Death in Paradise** 4/8. A body is found on a boat out at sea, and suspicion soon falls on the victim's family. (S9)
5.00 **Shakespeare & Hathaway: Private Investigators** 5/10. A simple missing person's case takes a dramatic turn. (S3)
6.00 **Death in Paradise** As 10pm.

9.00 Death in Paradise

7.00 **Hudson & Rex** *The Hunt:* 1/16. Rex proves himself as a member of the Major Crimes team when he tails a kidnapper.

8.00 **Hudson & Rex** *Fearless Freaks:* 2/16. Charlie and Rex unravel a conspiracy within the city's parkour community. (S1)

9.00 **Death in Paradise** *The Impossible Murder:* 3/8. A hotel owner is found stabbed to death in his room. (S6)

10.00 **Death in Paradise** *Switcharoo:* 5/8. New DI Neville Parker is called in when a woman is found dead in a bathtub. (S9)
11.00 **Father Brown** *The Shadow of the Scaffold:* A convicted killer begs Father Brown for help. **12.00** M'T *The Tree of Truth:* A body found in the woods is identified as a missing woman.
1.00 AM **Murdoch Mysteries** (S3)
3.00 **to 4.00** AM **Why Women Kill**

+1 hour 209/210 314

GOLD

110/111 810 124 344 359

7.10 AM **The Fosters**
8.40 **Only Fools and Horses**
12.40 PM **Only Fools and Horses** Ten episodes, including at: **4.40** Del Boy gets his hands on a statue of a Hindu god. **5.20** One of Del's old flames turns up out of the blue. **6.00** Del spots another winner and decides to enter the highly profitable tourist trade. **6.40** Del Boy acquires three tons of lead sheeting, which turns out to be a DIY nuclear fallout shelter.

7.20 Dad's Army

7.20 **Dad's Army** Sergeant Wilson inherits a title following the death of an elderly relative.

8.00 **Only Fools and Horses** First episode. Rodney tires of being Del's dogsbody. **8.40** Del and Rodney celebrate a used-car deal with a night out.
9.20 **The Royle Family** Nana stays with the family while she recuperates from her recent cataract operation.

10.00 **The Royle Family** Barbara decides that she has had enough of Jim's laziness. **10.40** The Royles gather to celebrate Antony's 18th birthday.
11.20 **Bottom 2001: A*** Oddity Live** Stage show based on the comedy series, in which the duo find themselves stranded on a Pacific island.
1.20 AM **The Royle Family**
3.10 **to 4.00** AM **Hi-de-Hi!**

+1 hour 210/211 324

Dave

111/112 811 127 19 157

7.10 AM **Whose Line Is It Anyway? USA** Double bill.
8.00 **Storage Hunters UK**
9.00 **Abandoned Engineering**
11.00 **Top Gear** Double bill.
1.00 PM **Storage Hunters UK**
3.00 **Gino's Italian Escape: A Taste in the Sun** Four editions.
5.00 **Motorhoming with Merton & Webster** Paul Merton and Suki Webster head to Devon.
6.00 **Mediterranean with Simon Reeve** The final leg of Simon's journey takes in Morocco, Spain and the French Riviera.

5.00 Motorhoming with Merton

7 PM
7.00 **Special Ops: Crime Squad UK** Detectives investigate a multi-million-pound footwear scam in Manchester.

8 PM
8.00 **Special Ops: Crime Squad UK** Detectives pursue a violent drug gang in Gloucester and a mugger in sleepy Kent.

9 PM
9.00 **Have I Got a Bit More News for You** Jennifer Saunders hosts, with guests Matt Forde and Ayesha Hazarika.

10 PM
10.00 **QI** With Jo Brand, Dara O Briain and John Sessions.
10.30 **Mock the Week** With Ed Byrne and Maisie Adam.
11.10 **Mock the Week**
11.50 **Live at the Apollo**
12.50 AM **Red Dwarf** Double bill.
2.00 **Two Pints of Lager and a Packet of Crisps** Double bill.
3.15 **Whose Line Is It Anyway? USA** With Brad Sherwood.
3.35 **to 4.00** AM **Travel Man: 48 Hours in Stockholm**

+1 hour 211/212 327 57

4seven

137/138 143 49 127

9.00 AM **Couples Come Dine with Me** From Liverpool.
10.00 **A New Life in the Sun: Where Are They Now?**
12.00 NOON **Four in a Bed**
2.30 PM **A Place in the Sun**
8.00 **George Clarke's Amazing Spaces** The architect visits a garden folly inspired by a cake.
9.00 **Gogglebox** *Piers Morgan Uncensored* and *Bridgerton* are appraised.
10.00 **The Killer Nanny: Did She Do It?** 1-3/3. Documentary re-examining the trial of Louise Woodward.
1.10 AM **Guy Martin's Lost WW2 Bomber** Efforts to retrieve a Lancaster bomber from a Dutch lake.
2.45 **24 Hours in Police Custody** Documentary.
3.30 **Super Surgeons: A Chance at Life**
4.20 **to 4.50** AM **Kirstie and Phil's Love It or List It: Brilliant Builds**

5USA

141/169 120/162 21 129

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S4)
1.05 PM **NCIS** Eight episodes, of the drama, including at: **6.00** *The Good Fighter:* 6/22. The team realise there's a possible mole within their ranks. **7.00** *Love Lost:* 7/22. Murderous accusations are made against the Secretary of the Navy **8.00** *Turkey Trot:* 8/22. An unknown shooter causes chaos at an annual run. (S20)
9.00 **NCIS: Hawai'i** *Pilot:* 1/22. An experimental naval aircraft crashes on Oahu, and Jane Tennant and her team must find who is behind it. (S1)
10.00 **Law & Order: Special Victims Unit** (S10)
1.50 AM **Law & Order** (S2)
2.50 **Criminal Minds** (S7)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

8.00 AM **Nightmare Tenants, Slum Landlords**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** A van driver blocks himself into a dead end and rams the interceptors' car. **6.00** The knife-crime team target hotspots. **7.00** Officers investigate reports of someone brandishing a blade. **8.00** Lee is confronted by a mouthy motorist.
9.00 **FILM Fifty Shades Freed** Romantic thriller sequel with Jamie Dornan and Dakota Johnson. (2018, 18, 105min) ★
11.05 **FILM Final Destination 2** Horror thriller sequel. (2003, 15, 90min) ★★
12.55 AM **It's Your Fault I'm Fat** Documentary.
1.55 **Police Interceptors**
3.35 **to 4.00** AM **Car Pound Cops**

+1 hour 228/229 326 141

5Action

150 130 33 132

9.00 AM **Entertainment News**
9.15 **Trucking Hell**
11.15 **Trucking Heavy**
12.15 PM **Trucking Hell**
2.15 **FILM Star Trek: Generations** Sci-fi adventure sequel with Patrick Stewart. (1994, PG, 118min) ★★★
4.35 **FILM Star Trek: First Contact** Sci-fi adventure sequel with Brent Spiner and Alice Krige. (1996, 12, 110min) ★★★★
6.50 **FILM Star Trek: Insurrection** Sci-fi adventure sequel with Patrick Stewart. (1998, PG, 105min) ★★★
9.00 **FILM Executive Decision** Action thriller starring Kurt Russell. (1996, 15, 132min) ★★★
11.40 **FILM End of a Gun** Thriller starring Steven Seagal and Jade Ewen. (2016, 15, 87min) ★★
1.35 AM **Traffic Cops**
3.35 **to 4.00** AM **Car Pound Cops**

W

132/133 827 125 25 156

6.10 AM **Tipping Point**
11.00 **My Family** Triple bill.
1.00 PM **Miranda** Triple bill.
3.00 **Michael McIntyre's The Wheel** Triple bill.
7.00 **Inside the Operating Theatre** Double bill.
9.00 **Love Me** 1/6. An incident during a couple's 40th anniversary celebration leaves everyone in the family reeling. Stars Hugo Weaving. (S1)
10.00 **Brothers & Sisters** *Mistakes Were Made – Part Two:* 9/23. William's secret is revealed. **11.00** *Light the Lights:* 10/23. Sarah, Tommy and Saul try to save the family business. (S1)
12.00 M'T **Louis Theroux: America's Most Hated Family in Crisis**
1.00 AM **16 Kids and Counting** Documentary.
2.00 **to 3.00** AM **Extreme Food Phobics**

+1 hour 232/233 325

Drama

143 116 20 158

7.10 AM **The Bill**
12.00 NOON **Call the Midwife**
3.20 PM **Catherine Cookson's The Rag Nymph** Period melodrama starring Honeysuckle Weeks.
6.40 **Call the Midwife** 5/9. Trixie is assigned to help a crane driver who has been rendered paraplegic following a workplace accident, but whose wife refuses all offers of assistance. (S11)
8.00 **Sister Boniface Mysteries** *How to Murder a Tune:* 5/8. The battle to win Chorister of the Year turns deadly. (S3)
9.00 **Silent Witness** *Trust:* A double murder forces Jack to lock horns with an old flame.
11.20 **Taggart** *Rogues' Gallery*.
1.05 AM **A Small Light**
2.00 **to 4.00** AM **Dalziel & Pascoe**

+1 hour 243 316 60

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Abruzzo.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **Dr Pimple Popper**
12.00 NOON **A Place in the Sun** Seven editions.
7.00 PM **The Travelling Auctioneers**
8.00 **The Repair Shop** Steve Fletcher takes on an ornate but broken clock.
9.00 **Body Bizarre** An eight-year-old girl undergoes delicate microsurgery. **10.00** A girl whose limbs were amputated when she was born. **11.00** The world of an Indonesian man with a disfiguring disorder.
12.00 M'T **Unexplained: Caught on Camera**
1.00 AM **Paranormal: Caught on Camera**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Dr Jeff: Rocky Mountain Vet**

Challenge

145 139 48 146

7.00 AM **Scrapheap Challenge** Triple bill.
10.00 **The Crystal Maze**
11.00 **Play Your Cards Right**
12.00 NOON **Dickinson's Real Deal** Old banknotes go up for sale in Shropshire.
1.00 PM **Lily Savage's Blankety Blank**
3.00 **The Crystal Maze**
4.00 **Play Your Cards Right**
4.30 **Through the Keyhole**
5.00 **The Celebrity Chase** With Sally Lindsay, Jenny Frost, Shaun Williamson and Barry McGuigan. **6.00** With Nick Hancock, Jenny Eclair, Michelle Collins and Rufus Hound.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Celebrity Chase** With Rowland Rivron, Claire Richards, Antony Costa and James Haskell.
10.00 **The Chase** Six editions.
4.00 AM **The Celebrity Chase**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 426 42

8.00 AM **Coast Guard Alaska**
9.00 FILM **Operation Valkyrie** War drama. (2004, 15, 90min) ★★
10.50 FILM **Bitter Victory** Wartime drama. (1957, b/w, PG, 101min) ★★
1.00 PM **Wild West Chronicles** Double bill.
2.00 FILM **Ride Lonesome** Western. (1959, 12, 73min) ★★★★
3.35 FILM **The Walking Hills** Western. (1949, b/w, PG, 78min) ★★★
5.20 FILM **Face of a Fugitive** Western. (1958, U) ★★
7.05 FILM **Cowboy** Western. (1958, PG, 90min) ★★★
9.00 FILM **Last Action Hero** Action fantasy. (1993, 15, 130min) ★★★
11.45 FILM **Born to Raise Hell** Thriller. (2010, 18) ★★
1.45 AM FILM **Killerman** Drama. (2018, 15) ★★★
4.00 **to 5.00** AM **War Machines**

+1 hour 324

GREAT! movies

321 425 34

9.00 AM FILM **Unwanted Guest** Suspense thriller. (2016, 12, 90min) ★
10.50 FILM **An Organised Killer** Crime thriller. (2021, 12, 85min) ★★
12.40 PM FILM **Live Once, Die Twice** Crime thriller. (2006, 12, 90min) ★★
2.35 FILM **Seven Years in Tibet** Epic adventure. (1997, PG, 135min) ★★
5.25 FILM **Meet Joe Black** Romantic drama. (1998, 12, 181min) ★★★★
9.00 FILM **King Arthur** Action adventure with Clive Owen. (2004, 12, 126min) ★★★
11.35 FILM **New York, I Love You** Drama. (2009, 15, 103min) ★★★
1.55 AM FILM **Seattle Superstorm** Thriller. (2012, PG, 95min) ★★
4.00 **to 6.00** AM FILM **A Daughter's Deception** Thriller. (2019, 12) ★★

+1 hour 322

GREAT! romance

319 424 52

8.00 AM FILM **You May Kiss the Bridesmaid** Comedy. (2021, PG, 90min) ★★
10.00 FILM **The Wedding Fix** Drama. (2022, PG) ★★
12.00 NOON FILM **It Was Always You** Drama. (2021, PG, 86min) ★★
2.00 PM FILM **The Christmas Cottage** (2017, U) ★★
4.00 FILM **A Christmas Wedding Date** Comedy. (2012, PG, 90min) ★★
6.00 FILM **A Bride for Christmas** Drama. (2012, PG, 90min) ★★
8.00 FILM **Runaway Christmas Bride** Drama. (2017, PG, 90min) ★★
10.00 FILM **Love You Like Christmas** Drama. (2016, U, 88min) ★★
12.00 M'T FILM **Love's Complicated** Comedy. (2016, PG, 85min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Puppy Love** (2012, U) ★★

+1 hour 320 63

GREAT! real

189 61

9.00 AM **Coast Guard Florida**
10.00 **Police Ten 7**
1.00 PM **The People's Vet**
3.00 **Island Medics**
5.00 **Emergency Rescue: Air, Land & Sea**
7.00 **Air Rescue** Four editions following the work of staff with New South Wales's Westpac Helicopter Rescue.
9.00 **The Embassy** The consular team prepare for the arrival of Australian tourists affected by an earthquake in Nepal. **10.00** Consular staff are reacquainted with a man who was banned from entering Vietnam a year ago for drug offences.
11.00 **Police Ten 7** Four editions of the series.
1.00 AM **Coast Guard Florida**
3.00 **Cops Uncut**
5.00 **to 5.50** AM **Coast Guard Alaska**

+1 hour 289

DMAX

159 169 39 150

6.00 AM **Baggage Battles**
9.00 **Fast N' Loud**
11.00 **Richard Hammond's Big** Double bill.
1.00 PM **Wheeler Dealers**
4.00 **Alaska: Homestead Rescue** Double bill.
6.00 **Gold Divers**
7.00 **In Search of Monsters**
8.00 **Expedition Bigfoot** Bryce reaches out to an ex-federal agent for an explanation.
9.00 **Ancient Unexplained Files** The secrets behind mysterious red skulls found in a 500-year-old grave.
10.00 **Contact Project**
11.00 **Body Bizarre**
12.00 M'T **Naked and Afraid**
1.00 AM **Marooned with Ed Stafford**
2.00 **Teleshopping**
4.00 **Treehouse Masters**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 151

Food Network

140/141 190 43 148

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Simply Raymond Blanc**
9.00 **Mary Berry Everyday**
12.00 NOON **James Martin's American Adventure**
3.00 PM **The Great British Bake Off** Five editions.
8.00 **Marcus Wareing's Tales from a Kitchen Garden** A trip to Kent inspires a nutty addition to the farm before harvesting the bounty of the raspberry bushes.
8.30 **Jamie's 15 Minute Meals** Jamie Oliver prepares jerk pork and crunchy tortilla salad.
9.00 **Simply Raymond Blanc** The chef transforms dishes with herbs and spices from his garden.
10.00 **Guy's Grocery Games**
12.00 M'T **Man v Food with Casey Webb**
2.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 149

Legend

148 149 41 137

7.00 AM **World's Most Unexplained...**
8.00 FILM **Incident at Phantom Hill** Western. (1966, U, 88min) ★★
10.00 **Mission: Impossible**
3.00 PM FILM **Murder by Decree** Thriller. (1978, 12, 112min) ★★★★
5.25 FILM **The Devil-Ship Pirates** Adventure starring Christopher Lee. (1963, U, 96min) ★★
7.10 FILM **The Plague of the Zombies** Horror starring André Morell. (1966, 15, 91min) ★★★
9.00 FILM **Red Rock West** Black comedy thriller with Nicolas Cage. (1992, 15, 98min) ★★★★
10.55 FILM **2:22** Crime thriller. (2008, 18, 104min) ★★
12.55 AM FILM **Dog Eat Dog** Crime action thriller. (2015, 18, 93min) ★★
2.45 **to 4.30** AM FILM **Wyvern** Sci-fi horror. (2009, 15, 84min) ★★

Legend Xtra

317 171 69 138

6.00 AM FILM **Battle Star Wars** Sci-fi drama. (2020, 12, 86min) ★
8.00 FILM **Apocalypse of Ice** Disaster drama. (2020, PG, 88min) ★★
10.00 FILM **The 7 Adventures of Sinbad** Fantasy. (2010, PG, 90min) ★★
12.00 NOON FILM **Termination Point** Time-travel thriller. (2007, 15, 89min) ★★
2.00 PM FILM **Premonition** Supernatural thriller. (2004, 15, 90min) ★★
4.00 **Six Million Dollar Man**
6.00 **UFO** 1-3/26. (S1)
9.00 FILM **A Study in Terror** Mystery thriller. (1965, 15, 91min) ★★★
10.55 FILM **Dr Terror's House of Horrors** Horror compendium. (1964, PG, 98min) ★★★
1.05 **to 3.00** AM FILM **Anti-Life** Sci-fi thriller. (2020, 15, 93min) ★★

+1 hour 318 371 139

Blaze

164 174 64 162

6.00 AM **Close Encounters**
8.00 **Alien Files: Unsealed**
10.00 **UFO Encounters UK**
12.00 NOON **Ancient Superstructures**
1.00 PM **Weird or What? With William Shatner**
7.00 **River Hunters** Beau Ouimette and Rick Edwards visit Hadrian's Wall.
8.00 **Curse of Skinwalker Ranch** The team experience a number of bizarre events.
9.00 **Flipping Bangers** New edition The team tackle a Fiat 126.
10.00 **Deep Water Salvage** The crew try to salvage an upturned barge.
11.00 **Salvage Kings**
12.00 M'T **Cities of the Underworld** In Dublin.
1.00 AM **Lost Gold of World War II** Documentary.
2.00 **to 6.00** AM **Weird or What? With William Shatner**

5SELECT

153 138 46 133

9.00 AM **Entertainment News**
9.10 **The Yorkshire Vet**
9.40 **Bargain-Loving Brits in the Sun**
10.40 **Columbo** Five episodes.
6.50 PM **Entertainment News**
7.00 **Tommy Cooper: 30 Funniest Moments** The most memorable sketches and routines from the comic's career.
9.00 **The Queen Mother: Romance and the Throne** Documentary examining the life of Elizabeth Bowes-Lyon.
10.00 **The Queen Mother: War & Widowhood** The impact of World War Two on George VI and his queen consort.
11.00 **The Queen Mother: Grandmother to the Nation** Documentary.
12.00 M'T **Kate & The King: A Special Relationship**
1.05 AM **Nazi Megastructures**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 191 44 166

7.00 AM **My Lottery Dream Home** Six editions.
10.00 **Escape to the Country**
1.00 PM **Escape to the Country** Double bill.
3.00 **A Place in the Sun**
7.00 **A Place in the Sun** A Leeds couple search for a home on Crete. **8.00** A Sri Lankan couple search for a property on the Algarve. **9.00** A Sunderland couple seek the perfect Spanish property. **10.00** A couple seek a home in Barbados. **11.00** A couple from Berkshire search for a holiday home in Almeria, Spain, with a £90,000 budget. **12.00** M'T Jasmine Harman helps a couple find a property on Spain's Costa del Sol.
1.00 **to 4.00** AM **Bargain Mansions**

+1 hour 258/262 391

TLC

133/134 828 165

7.00 AM **Say Yes to the Dress: Atlanta**
8.00 **Say Yes to the Dress**
10.00 **Little People, Big World**
12.00 NOON **My Lottery Dream Home**
1.00 PM **My 600lb Life**
3.00 **7 Little Johnstons**
5.00 **Sister Wives**
6.00 **I Love a Mama's Boy**
7.00 **Dr Pimple Popper** Justice has small lesions all over her body. **8.00** Cowboy Dusten has a lump on his knee. **9.00** Eric has a growth on his backside. **10.00** Robert has thousands of unique bumps on his arms. **11.00** Jessica's cyst is near her eye and could be dangerous to remove.
12.00 M'T **Monsters Inside Me**
1.00 AM **Extreme Couponing**
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233/234 365

Comedy Central

112/113 812 132 345 360

8.00 AM **Most Ridiculous**
9.00 **Friends**
1.00 PM **Friends**
3.30 FILM **Billy Madison** Comedy starring Adam Sandler as a spoiled 27-year-old rich-kid who goes back to school to prove his worth to his billionaire father. (1995, PG, 90min) ★★
5.05 **Friends**
9.00 FILM **The Waterboy** Sports comedy starring Adam Sandler as a water carrier for a college American football team. With Kathy Bates. (1998, 12, 90min) ★★
10.45 **Lee Evans: Monsters** A 2014 performance.
11.45 **Channel Hopping with Jon Richardson**
12.45 AM **Jimmy Carr Live: Comedian** Stand-up.
1.45 **Beavis and Butt-Head**
2.00 **South Park** (S17&18)
4.15 **to 5.00** AM **Guessable?**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 154

6.00 AM **Daria** 2&3/13. (S3)
7.00 **Teleshopping**
9.00 **Impractical Jokers**
12.00 NOON **Criminally Funny**
3.20 PM **Friends**
4.50 **Criminally Funny**
9.00 **Friends** 7/24. Ross moves into Chandler and Joey's apartment. **9.30** 8/24. The pals reminisce about previous Thanksgivings. **10.00** 9/24. Ross falls out with his co-workers. **10.30** 10/24. Ross turns to Joey for advice on being unemployed. (S5)
11.00 **Friends** (S6)
2.00 AM **Last Man Standing**
3.00 **The Roast of Charlie Sheen** A comedy tribute to the actor.
4.00 **6 Days to Air: The Making of South Park**
4.45 **Beavis and Butt-Head**
4.55 **Impractical Jokers: The Inspired Unemployed**
5.20 **to 6.00** AM **Impractical Jokers: Dinner Party**

Sky Replay

152 156

7.00 AM **Air Ambulance ER**
9.00 **Celebrity Four Weddings** Double bill.
11.00 **DC's Legends of Tomorrow** 1-4/16. (S1)
3.00 PM **Warehouse 13** Six episodes, including at: **6.00** *There's Always a Downside:* 4/20. Pete and Claudia track down a deadly artefact. **7.00** *No Pain, No Gain:* 5/20. Pete and Myka investigate a hockey player with remarkable healing abilities. **8.00** *Fractures:* 6/20. Pete and Myka investigate the cause of a woman's descent. (S4)
9.00 **Road Wars**
10.00 **Border Security: Canada's Front Line**
11.00 **Air Ambulance ER**
1.00 AM **A League of Their Own: US Road Trip 2.0**
3.00 **Four Weddings**
5.00 **to 6.00** AM **Celebrity Four Weddings**

MTV

126/127 824 134

6.00 AM **Love Squad**
6.25 **Teen Mom 2**
7.10 **Teen Mom UK**
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Eight editions of the series, including at: **7.00** Marvin is eager to meet his model crush. **8.00** Aaliyah is blindsided by a huge realisation.
9.00 **Teen Mom UK: Next Generation** Angel is pregnant with her second baby. **10.00** Chloe pushes herself too far, and Angel reaches breaking point. **11.00** Isha and Jaime are on the brink. **12.00** M'T Whitney gets a taste of showbusiness.
1.00 AM **Plastic Surgery Knifemares**
2.00 **Catfish UK**
2.45 **Geordie Shore**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Deadliest Catch** Crew conflict puts Johnathan's leadership to the test. **1.00** PM Jake faces a potentially unstoppable fire. **2.00** Sig must outmanoeuvre an unknown captain in order to hold onto his ground. **3.00** Sig seeks a Bairdi hotspot with an old computer. **4.00** Freak tides trap Sig in dangerous seas.
6.00 **Gold Divers** Shawn's negotiations with his father for the inland mine implode.

7.00 **Buying Alaska** A couple hope to buy their first home together in Homer. **7.30** A pair of newlyweds look to escape the crowds.
8.00 **Alaskan Bush People** While Bird undergoes emergency surgery, Gabe embarks on a mission for his homestead build.
9.00 **Alaska: The Last Frontier** 1/2. To protect the homestead from wildfires, Otto dynamites a reservoir in case of an emergency
10.00 **Wheeler Dealers World Tour** Mike and Elvis aim to build a tribute to Paddy Hopkirk's winning 1964 Mini Cooper.
11.00 **Roadworthy Rescues** Steve Dulcich returns along with the Vanishing Paint Challenger.
12.00 M'T **Kindig Customs** The 1965 Mustang makes its way through the metal shop.
1.00 AM **Kindig Customs** Triple bill.
4.00 **to 5.00** AM **How Do They Do It?**

+1 hour 225/226 377

Animal Planet

162/178 178

8.00 AM **Extinct or Alive**
9.00 **How Do Animals Do That?**
10.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Amanda to the Rescue**
2.00 **Guardians of Rescue**
4.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff helps a beloved German shepherd walk again. **5.00** Dr Jeff treats a puppy that is refusing to eat.
6.00 **Extinct or Alive** Forrest Galante travels to Zimbabwe following sightings of a lion thought to be extinct.

10.00 **Alaska: The Last Frontier**
7.00 **Amanda to the Rescue** Amanda goes undercover to take in three dogs rescued from puppy farms, including a chihuahua.
8.00 **Crikey! It's the Irwins** Robert handles a hostile wombat called Bunker, and it's moving day for Nikki the anaconda.
9.00 **Crikey! It's the Irwins** Robert and Chandler catch some waves before going to pick up a new Komodo dragon.
10.00 **Alaska: The Last Frontier** Otto and Charlotte defend against the homestead's first predator attacks.
11.00 **Swimming with Monsters with Steve Backshall** The naturalist tries to swim with Africa's most dangerous animal, the hippopotamus.
12.00 M'T **Rugged Justice**
1.00 AM **The Last Alaskans**
2.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262/278 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Drain the Oceans: Rise of the Roman Empire**
10.00 **Viking Seas: Drain the Oceans**
11.00 **Air Crash Investigation**
2.00 PM **Nazi Megastructures**
3.00 **Nazi Sunken Sub**
4.00 **Gallipoli's Deep Secrets**
5.00 **Wicked Tuna** Following a long winter, it is bluefin season once again in Massachusetts.
6.00 **Gordon Ramsay: Uncharted** New edition Gordon explores the flavours of the Florida Keys with chef Paul Menta.

6.00 **Uncharted**
7.00 **Europe from Above** New edition An aerial tour of the Balkans, taking in an ancient gathering of monsters.
8.00 **Car S.O.S** Fuzz Townshend and Tim Shaw attempt to restore a Ford Fiesta XR2 to show-winning condition.
9.00 **Car S.O.S** Tim and Fuzz restore a Datsun 240k Skyline, a rare Japanese classic from the 1970s.
10.00 **Car S.O.S** Tim and Fuzz try to restore a Citroën SM after it suffered catastrophic engine failure on its first outing.
11.00 **To Catch a Smuggler** Human remains are transported.
12.00 M'T **Construction Fails**
1.00 AM **Inside Sydney Airport**
2.00 **Made in a Day** Double bill.
2.55 **Food Factory**
3.45 **Abandoned** Double bill.
4.35 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **I Was There**
6.30 **Storage Wars**
9.00 **Pawn Stars** Four editions.
1.00 PM **Search for the Lost Giants** Six editions of the series, including at: **3.00** Jim and Bill Vieira track promising leads on the Goshen Mystery Tunnel site. **4.00** Jim and Bill explore an island shrouded in mystery. **5.00** Jim and Bill follow in the footsteps of Abraham Lincoln. **6.00** The Vieira brothers find new evidence about the Goshen Mystery Tunnel.

7.00 **History's Crazy Rich...**
7.00 **History's Crazy Rich Ancients** Rulers and tycoons with a gravitation towards the decadent. **7.30** Objects of desire.
8.00 **History's Crazy Rich Ancients** Rulers who sought expensive food. **8.30** The possessions of history's richest people.
9.00 **Lost Secrets of the Pyramid** 1/2. David Suzuki investigates new details of Egypt's Great Pyramid of Giza.
10.00 **Lost Secrets of the Pyramid** 2/2. Leading experts investigate Egypt's Great Pyramid of Giza using CGI imagery.
11.00 **Alien Deception: The Biggest Lie in History** A look at allegations governments have lied to the people about the alien presence, with footage of verified UFO sightings.
12.30 AM **Pawn Stars** Four editions.
4.30 **to 6.00** AM **History's Crazy Rich Ancients**

+1 hour 223/224 331

Yesterday

155 846 129 27 159

6.10 AM **Tony Robinson's Marvellous Machines**
8.00 **World War Weird**
12.00 NOON **Great British Railway Journeys** Six editions.
3.00 PM **Billy Connolly's Great American Trail** The comedian embarks on a journey across the US. **4.00** Billy visits New Jersey. **5.00** Billy visits the Grand Ole Opry in Nashville.
6.00 **Find It, Fix It, Flog It** Simon and Henry visit Worcestershire and meet props dealer Craig.

3.00 **Great American Trail**
7.00 **Find It, Fix It, Flog It** Henry takes a risk on an old Ford Prefect, while Simon opts to upcycle three chicken feeders.
8.00 **'Allo 'Allo!** Rene and Leclerc are surprised at the contents of a safe. **8.35** Rene is reunited with his childhood sweetheart.
9.05 **'Allo 'Allo!** Rene's pals get together to save him. **9.40** In the aftermath of her wedding day, Denise has escaped and is out for blood.
10.10 **Secrets of the London Underground** Tim Dunn and Siddy Holloway visit Earl's Court station.
11.10 **Abandoned Engineering** Exploring the site of an American invasion in Panama.
12.10 AM **How to Build a Motor Car** A look at how Briggs Automotive Company make their £270,000 BAC Mono R.
1.10 **to 3.00** AM **Tony Robinson's Marvellous Machines**

+1 hour 255 329 74

Sunday

7 PM 8 PM 9 PM 10 PM

Quest

144 834 137 12 172 167

6.00 AM **World's Greatest Motorcycle Rides**
8.00 **Shed and Buried**
9.00 **The Repair Shop**
11.00 **Find It, Fix It, Flog It**
1.00 PM **LIVE Bennetts British Superbikes** Coverage of day two of the fifth round of the season from Snetterton.
6.00 **American Pickers**
7.00 **Shed and Buried**
8.00 **Richard Hammond's Workshop** Richard and the Cogs restore a new car for a live audience.
9.00 **The Repair Shop**
10.00 **Aussie Gold Hunters**
11.00 **Jeremy Wade's Dark Waters** Unusual fish.
12.00 M'T **NASA's Unexplained Files**
1.00 AM **Expedition Bigfoot**
2.00 **Rise of the Warrior Apes** Documentary.
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 168

Quest Red

149 168 40 169

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Curvy Brides Boutique**
9.00 **Say Yes to the Dress: UK** Reality series.
10.00 **Forensic Detectives**
12.00 NOON **American Monster** Double bill.
2.00 PM **Disappeared**
3.00 **People Magazine Investigates**
8.00 **Patty Hearst: The Crimes That Changed Us** How, in the 1970s, a radical group kidnapped heiress Patty Hearst.
9.00 **The Lady Killers** The case of Sabrina Kouider.
10.00 **The Detectives: My Killer Case** Steve Wright.
11.00 **Faking It: Tears of a Crime** Trimaan Dhillon.
12.00 M'T **Nightmare Next Door** Joel Marino.
1.00 AM **Betrayed**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

True Crime

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
5.00 **Secrets of a Murder Detective**
6.00 **Fatal Frontier: Evil in Alaska**
7.00 **Injustice with Nancy Grace** Emily Mason is murdered and police arrest her husband. **8.00** A real estate tycoon is found dead.
9.00 **Killers: Caught on Camera** A gloating social media post entraps a killer. **10.00** A Thanksgiving party ends in tragedy. **11.00** Police investigate the disappearance of a five-year-old boy. **12.00** M'T CCTV footage helps to identify the killer of a mother.
1.00 AM **Killers: Caught on Camera** Double bill.
3.00 **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 172 68 134

9.00 AM **Written in Blood**
2.00 PM **Medical Detectives**
5.00 **Judge Judy** Back-to-back real-life cases, including at: **9.10** A man claims the 'open relationship' with his girlfriend went awry when he wanted to date one of her friends. **9.35** Domestic partners are sued by the biological father of their twins. **10.00** Traumatising a teenager at a traffic stop is the accusation laid against a deputy sheriff. **10.25** A six-year-old is told by a mother that her father's paternity is in question, and the father in dispute sues for the cost of a paternity test.
10.50 **Judge Judy**
1.00 AM **World's Most Unexplained...**
4.00 **Something's Killing Me**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 820 121 349 364

6.00 AM **Motorway Patrol**
9.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers** Double bill.
1.00 PM **What the Killer Did Next** Megan Newton.
2.00 **The Killer Within**
3.00 **Murdered at First Sight**
4.00 **Forensics: Catching the Killer** Alun Kyte.
5.00 **World's Most Evil Killers**
7.00 **Killer in My Village**
8.00 **Britain's Most Evil Killers** Angus Sinclair.
9.00 **John Wayne Gacy: Devil in Disguise**
11.05 **Fred & Rose: The Unanswered Questions**
12.05 AM **Murder in Slow Motion: The Shana Grice Story**
1.05 **Ireland's Most Evil Killers** Colin Whelan.
2.05 **New York Homicide**
3.00 **An Unexpected Killer**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

174 187 84 155

8.00 AM **Beautiful Serengeti**
8.30 **Inside Japan's War**
1.00 PM **Great American Eclipse** Documentary.
2.10 **Inside Japan's War**
6.35 **Great American Eclipse** The cosmic phenomenon of a total solar eclipse.
7.40 **The 100 Days That Defined Modern History** Documenting key events from the 20th century, beginning with Germany launching its offensive in May 1940. **8.40** The impact of the invasion of the coast of Normandy in June 1944. **9.50** An insight into the conflict that came about when Gamal Abdel Nasser nationalised the Suez Canal and why the British and French were obliged to withdraw.
10.50 **Great American Eclipse**
12.00 M'T **Your Brain**
1.15 **to 2.00** AM **Beautiful Serengeti**

SUNDAY

Sunday

Sky Documentaries

121/122 819 188 352 367

6.00 AM **Discovering: Michelle Pfeiffer**
7.00 **Discovering: Mel Gibson**
8.00 **The Directors**
9.00 **McLaren**
10.45 **Ferrari: Race to Immortality**
12.30 PM **PL Legends: Ian Wright**
1.00 **JFK Revisited: Through the Looking Glass** Documentary.
3.10 **Being Mary Tyler Moore**
5.30 **To End All War: Oppenheimer and the Atomic Bomb**
7.15 **Williams & Mansell: Red 5**
9.00 NEW SERIES **Ibiza Narcos** 1/3. Exploring the drugs trade on the island. *See feature, page 20.*
10.00 **The Essex Murders** 1/3. Documentary about the killing of three notorious criminals. **11.00** 2/3. Questions remain about the convictions of Michael Steele and Jack Whomes. **12.00** M'T 3/3. The hunt for an alternative suspect.
1.00 AM **Kings of Coke**
2.50 **Heroin: Cape Cod, USA**
4.20 **to 6.00** AM **Whitey: United States of America v James J Bulger**

Sky Nature

124/125 822 189 354 369

6.00 AM **Guardians of the Wild**
8.00 **Wild Survivors**
11.00 **Ningaloo: Australia's Ocean Wonder** Triple bill.
2.00 PM **Untamed Valley**
5.00 **The Great Elephant Tale**
6.00 **Africa's Hunters**
7.00 **Micro Monsters with David Attenborough** Battles and rivalries in the world of bugs. **7.30** A look at how creepy-crawly predators defuse the defences of their prey. **8.00** Courtship in the bug world. **8.30** The mating habits of bugs. **9.00** Exploring bugs that prefer cooperation to conflict. **9.30** The broadcaster takes a look at insect colonies.
10.00 **Africa's Hunters** The powerful Mwamba lion pride has long dominated the west bank of the river in Zambia's Luangwa Valley. But now this family are facing an uncertain future.
11.00 **Impossible Animals**
2.00 AM **Wild Survivors**
5.00 **to 6.00** AM **The Great Elephant Tale**

Sky History 2

163/168 840 186

6.00 AM **Ancient Aliens**
9.00 **Hitler's Gold**
10.00 **Ancient Impossible**
11.00 **Ancient Aliens**
1.00 PM **WWII's Most Daring Raids**
2.00 **Top Secret UFO Projects Declassified** The development of Project Blue Book.
3.00 **River Hunters** Double bill.
5.00 **Digging for Britain**
7.00 **Winston Churchill's War** Investigating how Britain's influence began to shrink.
8.00 **History's Greatest Myths** A look at groundbreaking discoveries, inventions and inventors throughout history.
9.00 **Ancient Aliens** Exploring a possible relationship between ghosts, angels and aliens.
10.00 **History's Greatest Mysteries** How, during World War Two, Japan plundered a fortune worth hundreds of billions.
11.00 **Deadly Standoff**
12.00 M'T **Ancient Aliens**
3.00 AM **Behind History**
4.00 **History's Greatest Myths**
5.00 **to 6.00** AM **Ancient Aliens**

Crime+Investigation

156 837 133

6.00 AM **Court Cam**
9.00 **Killer in Plain Sight**
1.00 PM **Imperfect Murder**
5.00 **Motive to Murder**
6.00 **Homicide: Hours to Kill**
7.00 **Murder at the Motel** New edition Documentary.
8.00 **Green Eyed Killers**
9.00 **Bubble & Squeak Murder: The Killing of David Jackson** 1/2. An investigation into the murder of David Jackson. **10.00** 2/2. The disturbing story of how Penny Jackson murdered her husband David.
11.00 **Cold Case Files** Janie Landers' body is found after she vanishes from a home for the impaired in 1979. Years pass before the killer and atrocities in the facility are revealed.
12.00 M'T **Exhumed: Killer Revealed**
1.00 AM **Family Massacre**
2.00 **Gypsy Rose: Life After Lock Up** New edition Documentary.
3.00 **Meet, Marry, Murder**
4.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 333

WILD

165 841 182

8.00 AM **The Wild Sides**
11.00 **Europe from Above**
1.00 PM **World's Deadliest**
3.00 **The Last Orangutan Eden**
4.00 **The Hummingbird Effect**
5.00 **Lake Tanganyika: Africa's Blue Heart** Exploring one of the largest lakes on Earth.
6.00 **Secrets of the Zoo: Tampa** The team anxiously await the birth of a rare Indian rhino baby after 16 long months. **7.00** A new member of the orangutan family arrives.
8.00 **Soul of the Ocean** Featuring underwater cinematography inside ocean ecosystems, revealing some behaviours that have never been filmed before.
9.00 **Jaws Invasion** Sharks that are willing to enter human spaces.
10.00 **Europe from Above** Aerial footage of Ireland, featuring the dramatic Dublin Deer Rut and the home of gaelic sport.
11.00 **Wild, Smart and Deadly**
12.00 M'T **When Sharks Attack**
2.00 AM **Monster Fish**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

177 181

6.00 AM **Shed and Buried**
7.30 **How It's Made** Triple bill.
9.00 **Combat Dealers**
12.00 NOON **World's Greatest Motorcycle Rides**
3.00 PM **Combat Dealers**
6.00 **Egypt's New Tomb Revealed**
7.00 **Lost Mummy of Imhotep** The burial site of the architect behind Egypt's Step Pyramid.
8.00 **Salvage Hunters** Drew Pritchard visits a stately home with much to offer on the Wirral. **9.00** Drew visits a Victorian folly in Devon, where some ghoulish buys shock his wife.
10.00 **Shed and Buried** Henry and Sam head across the sea to Northern Ireland, searching for collections they've never seen. **10.30** The adventure in Northern Ireland continues. **11.00** The duo visit a shed in the shadow of Windsor Castle. **11.30** Henry and Sam return to Northern Ireland.
12.00 M'T **to 5.00** AM **Salvage Hunters: The Restorers**

+1 hour 277 381

Eden

166 176

9.00 AM **Inside the Ambulance: Coast and Country**
11.00 **Inside the Ambulance**
3.00 PM **Inside the Ambulance: Coast and Country**
5.00 **Inside the Ambulance** Eight editions, including at: **8.00** Paramedics are called to a patient with a lung condition. **8.30** Helping a woman whose foot was run over by a bin lorry.
9.00 **Inside the Ambulance: Coast and Country** Paramedics are called to help a family involved in a car crash on a dark street. **10.00** Crews require support from the fire brigade to rescue a woman stuck inside her house.
11.00 **Inside the Ambulance**
12.00 M'T **Anthony Bourdain: Parts Unknown** From Hawaii.
1.00 AM **Inside the Ambulance**
3.00 **Inside the Ambulance: Coast and Country**
4.40 **Inside the Ambulance**
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

ID

154 166

6.00 AM **Disappeared**
7.00 **Teleshopping**
8.00 **The Lady Killers**
10.00 **Disappeared**
12.00 NOON **In Pursuit with John Walsh** Double bill of editions.
2.00 PM **Cops UK: Bodycam Squad**
4.00 **Living a Nightmare**
6.00 **People Magazine Investigates** The story of the murder of a radio station intern. **7.00** The disappearance of a five-year-old girl.
8.00 **True Conviction** The murders of a police officer and a motorist.
9.00 **Murder Under the Friday Night Lights** Two American football players are shot dead.
10.00 **Good Cop, Bad Cop** Police turn to surveillance footage to learn about the last moments of a woman.
11.00 **American Monster**
12.00 M'T **A Crime to Remember**
2.00 AM **In Pursuit with John Walsh** Double bill of editions.
4.00 **to 6.00** AM **The Lady Killers**

+1 hour 254 366

Discovery Turbo

161/172 180

6.00 AM **Speed Is the New Black**
9.00 **How Do They Do It?**
12.00 NOON **Supercar Showroom**
5.00 PM **How Do They Do It?**
7.00 **Wheeler Dealers** The boys are determined to mark the MGB's 60th anniversary in style by buying and fixing up one of these classic motors. **8.00** Mike finds a 1974 Jensen Healey for Ant to recondition. **9.00** Mike finds a rare, rally-bred 1972 Lancia Fulvia. **10.00** Mike and Ant get to work on a 1969 Opel GT. **11.00** Mike tracks down a 1963 Sunbeam Alpine, one of the first-ever Bond cars. **12.00** M'T Mike and Ant take on a 1987 Alfa Romeo Spider Quadrifoglio.
1.00 AM **Richard Hammond's Big** Richard takes a helicopter ride out to one of the most remote places on earth – the Appomattox production platform in the Gulf of Mexico.
2.00 **to 5.00** AM **Texas Metal**

+1 hour 261/272

Films

Sky Cinema Premiere

301 401 501 515

7.00 AM **Sky Cinema Preview**
7.20 PREMIERE **Manodrome**
9.00 **Sometimes I Think About Dying** Romantic comedy. (2023, 12, 94min) ★★★
10.40 **The Shamrock Spitfire**
12.45 PM **Eileen** As 10.00pm.
2.30 **Anyone But You** As 8.00pm.
4.20 **LaRoy, Texas** Crime caper. (2023, 15, 112min) ★★★★
6.20 PREMIERE **Manodrome** Thriller. (2023, 15, 91 min) ★★★ *See review, page 23.*

6.20 Manodrome

8.00 **Anyone But You** Romantic comedy based on Shakespeare's *Much Ado About Nothing*, starring Glen Powell and Sydney Sweeney. After a first date, a duo's attraction turns chilly, until they are reunited at a wedding. (2023, 15, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Eileen** Thriller starring Thomasin McKenzie and Anne Hathaway. A woman's friendship with a new co-worker takes a sinister turn. (2023, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **American Star** Mystery thriller. (2023, 15, 107min) ★★★★
1.35 AM **Ruthless** Action thriller. (2023, 15, 92min) ★★★
3.15 **The Shamrock Spitfire** Biopic starring Shane O'Regan. (2024, 12, 108min) ★★★
5.15 **to 7.15** AM **Force of Nature: The Dry 2** Thriller sequel with Eric Bana. (2024, 15, 112min)

Sky Cinema Best of 2024

303 403 503 517

6.40 AM **Jules** As 3.50am.
8.25 **No Hard Feelings** Comedy. (2023, 15, 103min) ★★★
10.20 **Anyone But You** As 6.10pm.
12.10 PM **Transformers: Rise of the Beasts** Fantasy prequel. (2022, 12, 127min) ★★★
2.20 **The Beekeeper** As 12.00m't.
4.10 **The Equalizer 3** Thriller sequel. (2023, 15, 109min) ★★★
6.10 **Anyone But You** Romantic comedy with Sydney Sweeney. (2023, 15, 103min) ★★★★

4.10 The Equalizer 3

8.00 **Meg 2: The Trench** Action thriller sequel starring Jason Statham. When a mining operation unleashes a school of megalodon sharks, rescue expert Jonas Taylor attempts to save the day. With Cliff Curtis. (2023, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **A Sacrifice** Drama starring Eric Bana, Sylvia Hoeks and Sadie Sink. A social psychologist investigates a local cult connected to an unnerving event. (2024, 15, 94min)

12.00 M'T **The Beekeeper** Action thriller starring Jason Statham. (2023, 15, 105min) ★★★
1.50 AM **Rumble Through the Dark** Thriller with Bella Thorne. (2023, 15, 116min) ★★★
3.50 **Jules** Comedy drama. (2023, 12, 87min) ★★★
5.30 **to 7.20** AM **Bonus Track** Comedy starring Joe Anders. (2023, 12, 98min) ★★★

Sky Cinema Drama

310 410 510 524

6.20 AM **A Street Cat Named Bob** Comedy with Luke Treadaway. (2016, 12, 103min) ★★★
8.15 **Allelujah** Comedy drama. (2022, 12, 99min) ★★★
10.00 **Flashdance** Dance drama. (1983, 15, 96min) ★★★
11.40 **Whiplash** Music drama. (2014, 15, 106min) ★★★★★
1.30 PM **Steve Jobs** Biopic. (2015, 15, 119min) ★★★★

3.35 **Spotlight** Fact-based drama starring Mark Ruffalo, Michael Keaton and Rachel McAdams. (2015, 15, 129min) ★★★★★
5.45 **Philadelphia** Oscar-winning drama starring Tom Hanks. (1993, 12, 122min) ★★★★
8.00 **Oppenheimer** Epic biopic starring Cillian Murphy. J Robert Oppenheimer leads the Manhattan Project to develop an atomic weapon before Hitler and end World War Two. (2023, 15, 180min) ★★★★★

11.10 **A Beautiful Mind** Biopic starring Russell Crowe, Ed Harris and Jennifer Connelly. (2001, 12, 136min) ★★★★
1.40 AM **Philadelphia** As 5.45pm.
4.00 **to 6.00** AM **Hardball** Sports drama starring Keanu Reeves. (2001, 12, 106min) ★★

Sky Cinema Sci-fi/Horror

311 411 511 525

6.35 AM **The Purge** Horror thriller. (2013, 15, 85min) ★★★
8.05 **Doom** Horror. (2005, 15) ★★★
9.55 **Margaux** Sci-fi horror thriller. (2022, 15, 104min) ★★
11.45 **Star Trek V: The Final Frontier** Sci-fi fantasy adventure. (1989, PG, 100min) ★★
1.40 PM **Star Trek VI: Undiscovered Country** Sci-fi adventure. (1991, PG, 109min) ★★★★

3.35 **Star Trek Beyond** Adventure sequel starring Chris Pine. (2016, 12, 122min) ★★★★
5.40 **The Matrix Revolutions** Thriller sequel starring Keanu Reeves and Laurence Fishburne. (2003, 15, 129min) ★★★
8.00 **The Matrix Reloaded** Action thriller sequel starring Keanu Reeves and Laurence Fishburne. (2003, 15, 137min) ★★★★
10.20 **Blade Runner** Ridley Scott's thriller starring Harrison Ford. (1982, 15, 130min) ★★★★★

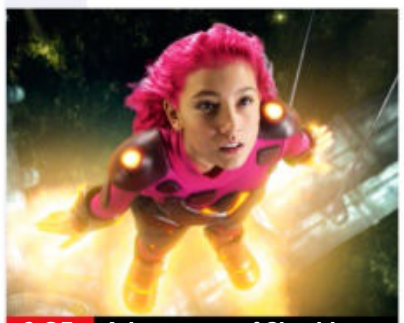
12.30 AM **The Lawnmower Man** Sci-fi thriller starring Pierce Brosnan and Jeff Fahey. (1992, 15, 105min) ★★★
3.00 **Star Trek VI: Undiscovered Country** As shown at 1.40pm.
5.10 **to 6.50** AM **Continuum** Sci-fi drama. (2013, 15, 89min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 406 506 520

6.20 AM **Breaking Point** (2023)
8.10 **Bicentennial Man** As 2.50am.
10.30 **Finding Neverland** Drama. (2004, PG, 101 min) ★★★★
12.25 PM **Lyle, Lyle, Crocodile**
2.25 **Stuart Little** Adventure. (1999, U, 84min) ★★★★★
4.00 **Stuart Little 2** Children's fantasy adventure sequel. (2002, U, 78min) ★★★★
5.35 **Ghostbusters II** Comedy sequel starring Bill Murray. (1989, PG, 99min) ★★★


9.35 Adventures of Sharkboy...

7.35 **Lyle, Lyle, Crocodile** Musical comedy starring Javier Bardem, Constance Wu and Winslow Fegley. (2022, PG, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy adventure with Taylor Lautner and Taylor Dooley. A boy with an active imagination discovers his superhero creations have come to life. (2005, U, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Breaking Point** Drama with Karam Singh and Kelvin Clarke. (2023, 12, 102min) ★★★
1.15 AM **A Tiger's Tail** Family drama starring Will Spencer. (2014, U, 81 min) ★★★
2.50 **Bicentennial Man** Romantic sci-fi drama starring Robin Williams and Embeth Davidtz. (1999, PG, 131 min) ★★★
5.10 **to 6.45** AM **Robo-Dog** Sci-fi fantasy with Michael Campion. (2015, PG, 87min) ★★★

Sky Cinema Action

307 407 507 521

6.10 AM **Agent Game** Thriller. (2022, 15, 90min) ★★★
7.50 **King of Killers** As 12.20am.
9.35 **Jackie Chan's Armour of God**
11.25 **King Arthur: Legend of the Sword** Drama. (2017, 12) ★★★
1.40 PM **Looper** Time-travel thriller. (2012, 15, 119min) ★★★★
3.50 **Spider-Man: Far From Home** Superhero adventure sequel. (2019, 12, 129min) ★★★★
6.00 **RED** Action comedy thriller. (2010, 12, 111 min) ★★★★

6.00 RED

8.00 **Justice League** Sci-fi adventure starring Ben Affleck. Bruce Wayne enlists the help of Wonder Woman, Aquaman, Cyborg and The Flash in the fight against supervillain Steppenwolf. With Gal Gadot and Henry Cavill. (2017, 12, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Suicide Squad** Fantasy adventure starring Will Smith. A ragtag team of villains are strong-armed into doing good by a government agent. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **King of Killers** Action thriller. (2023, 15, 92min) ★
2.00 **Jackie Chan's Armour of God** Martial arts thriller. (1986, 15, 95min) ★★★
3.50 **Assassin Club** Action thriller. (2023, 15, 111 min) ★★
5.50 **to 7.35** AM **Haywire** Thriller. (2012, 15, 88min) ★★★★

Sky Cinema Axel Foley

308 408 508 522

6.00 AM **Beverly Hills Cop** (1984)
8.00 **Beverly Hills Cop II** (1987)
10.00 **Beverly Hills Cop 3** (1994)
12.00 NOON **Beverly Hills Cop**
2.00 PM **Beverly Hills Cop II** (1987)
4.00 **Beverly Hills Cop 3** (1994)
6.00 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy as a brash Detroit police detective investigating a friend's murder in Beverly Hills. With Judge Reinhold. (1984, 15, 105min) ★★★★

8.00 Beverly Hills Cop II

8.00 **Beverly Hills Cop II** Action comedy sequel starring Eddie Murphy as detective Axel Foley on the trail of a gang led by a six-foot blonde. With Judge Reinhold and Brigitte Nielsen. (1987, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy and Judge Reinhold. Street-smart Detroit cop Axel Foley discovers that a theme park is a front for a counterfeiting gang. With Hector Elizondo and Theresa Randle. (1994, 15, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Beverly Hills Cop** (1984)
2.00 AM **Beverly Hills Cop II**
4.00 **to 6.00** AM **Beverly Hills Cop 3** As shown at 10.00pm.

Sky Cinema Thriller

309 409 509 523

8.00 AM **Out of the Blue** (2022)
9.55 **The Dry** As shown at 4.05am.
12.00 NOON **Maggie Moore(s)** Comedy thriller with Jon Hamm. (2023, 15, 99min) ★★★
1.45 PM **Extremely Wicked, Shockingly Evil and Vile** Biopic starring Zac Efron. (2019, 15, 110min) ★★★★
3.40 **Vanilla Sky** Romantic fantasy. (2001, 15, 136min) ★★★
6.05 **The Commuter** Mystery. (2018, 15, 105min) ★★★

10.15 Man on a Ledge

8.00 **State of Play** Political thriller starring Russell Crowe, Ben Affleck and Rachel McAdams. A veteran Washington reporter reluctantly joins forces with a novice online journalist to investigate a political conspiracy involving an old college friend. (2009, 12, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Man on a Ledge** Thriller with Sam Worthington. An escaped convict threatens to jump from a 21st-floor window ledge in a bid to clear his name. (2011, 12, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **To Catch a Killer** Thriller starring Shailene Woodley. (2023, 15, 119min) ★★★★
2.10 **Out of the Blue** Romantic thriller. (2022, 15, 104min) ★★
4.05 **to 6.10** AM **The Dry** Crime drama starring Eric Bana. (2020, 15, 117min) ★★★★

Film4

313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **The Ten Commandments** Cecil B DeMille's epic drama. starring Charlton Heston. (1956, U, 219min) ★★★★
3.30 PM **Transformers: Revenge of the Fallen** Sci-fi action adventure sequel starring Shia LaBeouf and Megan Fox. (2009, 12, 149min) ★★★
6.35 **Star Trek** Sci-fi adventure prequel starring Chris Pine. (2009, 12, 127min) ★★★★

9.00 Transporter 2

Star Trek (film started at 6.35pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Transporter 2** Action thriller sequel with Jason Statham. A highly-skilled professional driver sets out to rescue the kidnapped son of a politician from a vicious drug dealer. (2005, 15, 88min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **The Burnt Orange Heresy** Action thriller starring Claes Bang and Elizabeth Debicki. (2019, 15, 99min) ★★★ **10 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Second Spring** Drama starring Cathy Naden. (2018, 15, 81 min) ★★★
2.20 **to 4.00** AM **Action Point** Comedy starring Johnny Knoxville. (2018, 15, 90min) ★

+1 hour 314 430 47 301

Sky Cinema Spies

302 402 502 516

6.25 AM **Jackie Chan's The Tuxedo** Action comedy starring Jackie Chan. (2002, 12, 98min) ★★
8.10 **The Spy Next Door** Action comedy. (2010, PG, 94min) ★★
9.50 **Mission: Impossible – Dead Reckoning Part One** (2023)
12.35 PM **Hanna** Action thriller starring Saoirse Ronan and Eric Bana. (2011, 12, 106min) ★★★★
2.35 **Mission: Impossible** As 11.45pm.
4.35 **Mission: Impossible II** Thriller sequel starring Tom Cruise. (2000, 15, 124min) ★★★
6.45 **Mission: Impossible III** Action spy thriller starring Tom Cruise. (2005, 12, 126min) ★★★★
9.00 **Mission: Impossible – Dead Reckoning Part One** Action thriller starring Tom Cruise. The IMF team race to acquire two halves of an interlocking key that can regain control of a lethal artificial intelligence. (2023, 12, 163min) ★★★★
11.45 **Mission: Impossible** Brian De Palma's action thriller starring Tom Cruise, Jon Voight, Jean Reno and Emmanuelle Béart. (1996, PG, 110min) ★★★
1.40 AM **Mission: Impossible II**
3.50 **to 6.00** AM **Mission: Impossible III** As 6.45pm.

Sky Cinema The Hangover

304 404 504 518

6.30 AM **The Hangover Part III**
8.15 **The Hangover** As 6.45pm.
10.00 **The Hangover Part II** (2011)
11.45 **The Hangover Part III** (2013)
1.30 PM **The Hangover** As 6.45pm.
3.15 **The Hangover Part II** (2011)
5.00 **The Hangover Part III** (2013)
6.45 **The Hangover** Dark comedy starring Bradley Cooper, Ed Helms and Zach Galifianakis. (2009, 15, 99min) ★★★★
8.30 **The Hangover Part II** Dark comedy sequel starring Bradley Cooper, Ed Helms and Zach Galifianakis. A drug-fuelled bachelor party in Bangkok leaves three friends looking for the bride's vanished brother despite severe memory loss. (2011, 15, 101 min) ★★
10.20 **The Hangover Part III** Dark comedy sequel starring Bradley Cooper, Ed Helms, Zach Galifianakis. The friends go in search of a Chinese criminal after they are captured by his mobster rival. With Justin Bartha, Ken Jeong and Heather Graham. (2013, 15, 100min) ★★
12.15 AM **The Hangover** As 6.45pm.
2.10 **The Hangover Part II** (2011)
4.05 **to 6.00** AM **The Hangover Part III** As shown at 10.20pm.

Sky Cinema Animation

305 412 500 514

6.00 AM **Dragon Rider** Animation. (2020, PG, 91 min) ★★★
7.40 **The Prince of Egypt** (1998)
9.25 **The Pirates! In an Adventure with Scientists** Animation. (2012, U, 87min) ★★★★
11.00 **Mummies** As 5.40pm.
12.40 PM **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
2.25 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
4.00 **Shrek the Third** Animated sequel. (2007, U, 88min) ★★★★
5.40 **Mummies** Animated family comedy. (2023, U, 88min)
7.20 **The Prince of Egypt** Animation. (1998, U, 99min) ★★★★
9.05 **The Snow Queen 2: Magic of the Ice Mirror** Animated sequel. (2014, U, 77min) ★★★
10.40 **Mia and Me: The Hero of Centopia** Animated adventure. (2022, U, 85min) ★★★
12.10 AM **The Snow Queen** Animation. (2013, U, 74min) ★★
1.35 **Canterville Ghost** Animation. (2023, PG, 89min) ★★
3.10 **Asterix: The Secret of the Magic Potion** Animated comedy. (2018, PG, 81 min) ★★★
4.40 **to 6.20** AM **The Inseparables** Animated family adventure. (2023, U, 90min) ★★★

Christmas in July

312 419

7.00 AM **A Fabled Holiday** Romantic fantasy. (2022, PG, 90min) ★★
9.00 **Twas the Night Before Christmas** Festive drama. (2022, PG, 84min) ★★
11.00 **The Christmas Promise** Festive drama. (2021, PG, 90min) ★★
1.00 PM **Next Stop, Christmas** Fantasy. (2021, PG, 84min) ★★
3.00 **Christmas on the Lake** Festive drama. (2021, PG, 90min) ★★
5.00 **#Xmas** Comedy starring Clare Bowen. (2022, PG, 90min) ★★
7.00 **Sister Swap: Christmas in the City** Comedy starring Ashley Williams. A woman working in her parents' bakery spends Christmas running her sister's restaurant. (2021, PG, 90min) ★★
9.00 **It's Christmas, Eve** Romantic drama starring LeAnn Rimes. A school superintendent wrestles with her conscience when she is forced to cut a music programme. (2018, PG, 84min) ★★
11.00 **Hanukkah on Rye** Romantic comedy. (2022, PG, 90min) ★★
1.00 AM **Betting on Christmas** Drama. (2021, PG, 90min) ★★
3.00 **to 5.00** AM **Jolly Good Christmas** (2022, PG) ★★

Movies 24+ 315 420

Talking Pictures

328 445 82 306

6.00 AM **The Agitator** Drama. (1945, b/w, U, 103min) ★★
8.00 **Jet Storm** Suspense thriller. (1959, b/w, PG, 86min) ★★
9.50 **What's on TPTV with Noel**
10.00 **One Step Beyond** 7/36. (S3)
10.35 **River Patrol** Crime drama. (1948, b/w, PG, 48min) ★★
11.35 **Relentless** Crime Western. (1948, PG, 92min) ★★
1.25 PM **Batman** 6/34. (S1)
2.00 **The Adventures of Robin Hood**
2.30 **The Big Job** Comedy drama. (1965, b/w, U, 88min) ★★
4.15 **Look at Life** Documentary.
4.30 **Out of Town**
5.00 **The Footage Detectives**
6.00 **Those British Faces**
6.35 **Look at Life** Documentary.
6.45 **And Then There Were None** Thriller. (1945, b/w, PG) ★★★
8.30 **A Lifetime Ago with the Baim Collection**
9.00 **Crime Story** 7/8. (S2)
10.05 **The Place of the Dead** Drama.
12.10 AM **The Heritage Chart Show**
1.15 **The Legend of the 7 Golden Vampires** Horror drama. (1974, 15, 89min) ★★
3.00 **Invasion of the Bee Girls** Sci-fi thriller. (1973, 18, 82min) ★
4.45 **Fighting Mad** (1957, b/w, U) ★★
5.50 **to 6.00** AM **Look at Life**

Sunday

Sky Sports Main Event

401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **LIVE NRL Canberra Raiders v Newcastle Knights.** Coverage of the match, which takes place at GIO Stadium. Kick-off **7.05am**.
9.00 **Good Morning Euros**
10.00 **SSN Euro Report**
12.00 NOON **LIVE DP World Tour Golf** Coverage of the fourth and final day of the BMW International Open, staged at the Golfclub München Eichenried in Germany.
1.30 PM **Formula 1** Build-up to the British Grand Prix at Silverstone.
2.55 **LIVE Formula 1** The British Grand Prix, the 12th round of the season, which takes place at Silverstone. Start-time **3.00pm**.
5.00 **Formula 1** Reaction and analysis from the British Grand Prix.
6.00 **Ted's Notebook**
6.30 **LIVE Indycar** The Honda Indy 200 at Mid-Ohio, the ninth round of the season, staged at Mid-Ohio Sports Car Course in Lexington, Ohio. Start-time is at **6.30pm**.
9.00 **LIVE PGA Tour Golf** Coverage of the fourth and final day of the John Deere Classic from Illinois.
11.00 PM **to 6.00** AM **SSN Euro Report**

Sky Sports Premier League

402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Good Morning Euros**
10.00 **PL Retro** A replay of Liverpool v Manchester City from 2018.
12.00 NOON **Premier League Highlights** Recent action.
3.00 PM **Premier League Highlights** Burnley v West Ham United.
3.30 Chelsea v Burnley.
4.00 Highlights from Chelsea v Nottingham Forest.
4.30 Chelsea v Sheffield United.
5.00 **Premier League Highlights** Crystal Palace v Brentford.
5.30 Crystal Palace v Everton.
6.00 Crystal Palace v Fulham.
6.30 Action from Crystal Palace v Luton Town at Selhurst Park.
7.00 **Premier League: Big Interview**
7.30 **Premier League Stories**
8.00 **Premier League Years**
10.00 **Class of '92: Full Time** The Class of '92 begin their seventh season as owners of Salford City.
11.00 **PL Retro** Birmingham City v Aston Villa from 2002.
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 2011/12**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Legends**

Sky Sports Football

403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **SPFL** The 2014/15 season.
8.30 **Best Scottish Premiership Goals 2021/22**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Moments from the Championship Play-Off Final**
11.30 **Best Moments from the League 1 & 2 Play-Off Final**
12.00 NOON **Bundesliga Highlights**
1.00 PM **WSL** Liverpool v Everton.
1.30 **Women's Championship Show**
2.00 **Best Scottish Premiership Goals 2021/22**
2.30 **EFL** The 2017/18 play-off finals.
5.30 **EFL Greatest Games**
6.00 **Bundesliga** Highlights.
6.30 **Bundesliga Highlights Show**
7.30 **SWPL** Celtic v Rangers.
8.00 **WSL** Bristol City v Arsenal.
8.30 **Best Scottish Premiership Goals 2022/23**
9.00 **EFL** The 2018/19 play-off finals.
12.00 M'T **EFL** Action from 2006/07.
2.00 AM **Best Goals: EFL Cup 23/24**
2.30 **EFL Trophy Football**
3.00 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **Old Firm Derby Best Goals**
5.30 **to 6.00** AM **Edinburgh Derby Best Goals**

Sky Sports Cricket

404 514 504 422 442

6.00 AM **T20 Blast 2010** Another chance to see Somerset v Hampshire Royals in the final.
9.00 **Women's International T20 Cricket** England v New Zealand.
1.00 PM **Best of England v Windies**
2.25 **LIVE Vitality T20 Blast Cricket Somerset v Gloucestershire.** Coverage of the South Group match, which takes place at the Cooper Associates County Ground.
5.45 **The Film Room: England v West Indies** Action from 2000.
7.00 **Vitality T20 Blast Cricket** Somerset v Gloucestershire: The South Group match, which takes place at the Cooper Associates County Ground in Taunton.
10.20 **Best of England v Windies**
10.30 **Dreams of a Nation** A look back at the 2023 Cricket World Cup.
11.30 **ICC Men's T20 World Cup**
12.30 AM **ICC Women's World Cup** England v New Zealand in the final from the North Sydney Oval.
12.45 **ICC Women's World Cup 2017**
1.00 **T20 Blast 2010**
4.00 **ICC Men's T20 World Cup**
5.00 **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 515 505 423 443

6.00 AM **PGA Tour Golf**
11.00 **England Golf: Get into Golf**
11.30 **European Challenge Tour Golf**
12.00 NOON **LIVE DP World Tour Golf** Coverage of the fourth and final day of the BMW International Open, staged at the Golfclub München Eichenried in Germany.
5.00 PM **LIVE PGA Tour Golf** Coverage of day four of the John Deere Classic, which takes place at TPC Deere Run in Silvis, Illinois.
11.00 **Legends Tour Golf**
12.00 M'T **Playing Lessons**
1.00 AM **PGA Tour Golf**
2.00 **DP World Tour Golf**
3.00 **Golf Academy**
4.00 **Ladies European Tour Golf**
5.00 **to 6.00** AM **Playing Lessons**

Sky Sports Tennis

407 537 520 425 445

6.00 AM **Tennis** Recent highlights.
1.00 PM **Tennis** Highlights of the WTA Hua Hin Championships final.
3.00 **Tennis** Porsche Grand Prix final.
4.00 The Stuttgart Open final.
6.00 **Tennis** The San Diego Open final.
7.00 Miami Open review.
8.00 **Tennis** Internazionali BNL d'Italia.
10.00 **Tennis** Abierto Mexicano Telcel.
11.00 Porsche Grand Prix final.
12.00 M'T **to 6.00** AM **Tennis**

TNT Sports 1

410 870 527 408 430

7.00 AM **LIVE AFL Brisbane Lions v Adelaide Crows.** Coverage of the match from Brisbane Cricket Ground. Bounce-up is at **7.10am**.
10.00 **World Championship of Legends Cricket** Highlights.
12.00 NOON **LIVE World Championship of Legends Cricket West Indies v South Africa.** Coverage of the T20 match at Edgbaston, Birmingham.
4.00 PM **LIVE World Championship of Legends Cricket England v Pakistan.** Coverage of the T20 match from Edgbaston in Birmingham.
8.30 **TNT Sports Reload**
9.00 **LIVE MLB Seattle Mariners v Toronto Blue Jays.** Coverage of the American League game, which takes place at T-Mobile Park.
12.15 AM **UEFA Champions League Goals Reload** Highlights.
1.00 **LIVE Major League Cricket Los Angeles Knight Riders v San Francisco Unicorns.** Coverage of the T20 match from Grand Prairie Stadium in Texas.
5.15 **Around the Block**
5.30 **to 6.00** AM **Classic Premier League**

TNT Sports 2

411 871 528 409 431

6.00 AM **Henley Royal Regatta**
6.30 **Premier League Stories**
7.00 **MotoGP** Grand Prix of Germany.
7.30 **LIVE MotoGP Northern Talent Cup** The Grand Prix of Germany second race in Chemnitz.
8.30 **LIVE MotoGP** The Grand Prix of Germany MotoGP warm-up.
9.00 **LIVE MotoGP** The Grand Prix of Germany Moto3 race in Chemnitz.
11.00 **LIVE MotoGP** The Grand Prix of Germany Moto2 race in Chemnitz.
12.15 PM **LIVE MotoGP** The Grand Prix of Germany MotoGP race.
2.00 **MotoGP Chequered Flag**
3.00 **International Rugby Union**
4.30 **MLB Plays of the Week**
5.00 **MLB Highlights**
6.00 **MLB: Off the Bat**
6.30 **LIVE MLB** Coverage of a game.
9.45 **WWE SmackDown Highlights**
10.45 **UEFA Champions League**
11.00 **Major League Cricket Highlights**
12.00 M'T **LIVE MLB** Coverage of a Major League Baseball fixture.
3.15 AM **UEFA Champions League**
4.15 **What I Wore** Owen Hargreaves.
4.30 **Andrew Mensah's Stand Up Kickabout**
5.00 **to 6.00** AM **Fishing: On the Bank**

TNT Sports 3

417 874 529 410 432

8.00 AM **MLB Plays of the Week**
8.30 **LIVE European Rally Championship** Coverage from special stage 10 of Rally Estonia.
9.30 **WWE Raw Highlights**
10.30 **WWE SmackDown Highlights**
11.30 **WWE Friday Night SmackDown**
1.00 PM **LIVE World Rallycross** The Ferratum World RX of Sweden 2, the second round of the season in Varmland Forest.
2.00 **TNT Sports Cricket Reload**
2.15 **LIVE Women's International T20 Cricket India v South Africa.** Coverage of the second T20 in the three-match series from MA Chidambaram Stadium.
6.00 **NWSL** Recent highlights.
8.00 **LIVE WNBA Las Vegas Aces v Dallas Wings.** Coverage of the match at Michelob ULTRA Arena in Las Vegas. Tip-off **8.00pm**.
10.00 **MotoGP** Grand Prix of Germany.
11.00 **MotoGP Chequered Flag**
11.45 **TNT Sports Reload**
12.00 M'T **Sign Up – Into Football**
1.00 AM **PSA Squash Highlights**
2.00 **ABB FIA Formula E World Championship Highlights**
4.00 **MLB Highlights**
5.00 **to 6.00** AM **WRC Review**

Sky Sports Action

408 517 507 426 446

6.00 AM **Fight Night International**
8.00 **NFL Highlights**
10.00 **Fight Night International**
12.00 NOON **NFL Highlights**
2.00 PM **My Icon** Leon McKenzie.
2.10 **Super League Highlights**
2.55 **LIVE Super League Salford Red Devils v Hull FC.** Coverage of the top-flight game, which takes place at Salford Commununity Stadium. Kick-off is at **3.00pm**.
6.00 **NFL Highlights** Action from Los Angeles Chargers v Detroit Lions.
7.00 **Fight Night International** Action from a recent bout.
8.00 **The Darts Show** A round-up of the latest news from the sport.
8.30 **Super League** A chance to see Salford Red Devils v Hull FC.
10.35 **My Icon** Leon Pryce.
10.45 **Super League Highlights** Castleford Tigers v Hull KR.
11.00 **NFL Highlights** Action from Cincinnati Bengals v Buffalo Bills.
12.00 M'T **Super League** A chance to see Salford Red Devils v Hull FC.
2.05 AM **My Icon** Leon Pryce.
2.15 **Super League Highlights**
2.30 **NFL Highlights**
3.30 **Super League Highlights**
4.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 873 510 429 449

6.00 AM **Fight Night International**
8.00 **NFL Highlights**
9.00 **Women's International T20 Cricket** England v New Zealand.
1.00 PM **Tennis** Stuttgart Open final.
3.00 **Tennis** Porsche Grand Prix final.
4.00 **My Icon** Ebony Rainford-Brent.
4.15 **LIVE Indy NXT** The Indy NXT by Firestone Grand Prix at Mid-Ohio Sports Car Course in Lexington.
5.30 **Tennis** Madrid Open review.
6.00 **NFL Highlights**
7.00 **Fight Night International**
8.00 **Tennis** The Stuttgart Open final.
10.00 **Super League Gold**
10.05 **Super League Highlights**
10.35 **My Icon** Kadeen Corbin.
10.45 **Super League Highlights**
11.00 **Fight Night International**
12.00 M'T **Playing Lessons**
1.00 AM **T20 Blast 2010**
4.00 **to 6.00** AM **NFL Highlights**

TNT Sports 4

421 876 530 411 434

6.00 AM **LIVE AFL St Kilda Saints v Sydney Swans.** Coverage of the match from Marvel Stadium in Melbourne. Bounce-up **6.20am**.
9.00 **Women's T20 International Cricket** India v South Africa.
10.00 **TNT Sports Reload**
10.15 **Henley Royal Regatta**
10.45 **LIVE Rowing: Henley Royal Regatta** Coverage of session one on finals day of the annual rowing event on the River Thames.
1.30 PM **TNT Sports Reload**
1.45 **Henley Royal Regatta**
2.15 **LIVE Rowing: Henley Royal Regatta** Coverage of session two on finals day of the annual rowing event on the River Thames.
5.00 **LIVE Badminton** The Canada Open finals in Calgary, Alberta.
10.30 **Major League Cricket Highlights**
11.00 **Fight Night Live**
1.00 AM **UFC: The Ultimate Fighter**
2.00 **Fight Inc: Inside the UFC**
5.00 **to 6.00** AM **Europa League**

Eurosport 1

413 868 521 412 435

6.00 AM **Tour de France: Breakaway**
6.30 **Cycling: Second to None**
7.30 **Tennis: Wimbledon**
9.00 **Olympic Games: The Power of the Olympics**
9.30 **LIVE Mountain Biking** Coverage from Haute-Savoie.
11.45 **Skateboarding**
12.00 NOON **LIVE Cycling: Tour de France** Coverage of stage nine.
5.30 PM **Cycling: Women's Giro d'Italia** Highlights of stage one.
6.30 **Olympic Games: Athletes to Watch**
7.00 **Climbing World Cup**
8.00 **Cycling: Tour de France**
9.00 **Tour de France: Breakaway**
9.30 **Climbing Show**
10.00 **Bennetts British Superbikes**
11.00 **Cycling: Tour de France**
12.30 AM **Tennis: Wimbledon**
2.00 **Cycling: Tour de France**
3.30 **Tennis: Wimbledon**
5.00 **to 6.00** AM **Cycling: Tour de France**

Eurosport 2

414 869 522 413 436

6.00 AM **LIVE Motocross World Championship** From Lombok.
7.00 **Bennetts British Superbikes**
8.00 **LIVE Motocross World Championship** From Lombok.
10.00 **Discovery Golf**
10.30 **British Superbikes**
11.40 **LIVE Porsche Supercup** Coverage from Silverstone.
12.45 PM **Skateboarding: Concrete Dreams**
1.00 **LIVE British Superbikes** The second day of racing at Snetterton.
6.00 **Porsche Supercup**
7.00 **Olympic Games: Chasing Glory**
8.00 **British Superbikes**
9.00 **Porsche Supercup**
10.00 **Tennis: Wimbledon**
11.30 **British Superbikes**
12.30 AM **Cycling: Tour de France**
1.30 **Tour de France: Breakaway**
2.00 **Hall of Fame: Atlanta 1996**
3.00 **Triathlon** From Montenegro.
3.30 **Cycling: Tour de France**
5.00 **to 6.00** AM **British Superbikes**

Sky Sports Arena

412 518 508 427 447

6.00 AM **Women's State of Origin**
7.00 **LIVE NRL Canberra Raiders v Newcastle Knights.** Coverage of the match, which takes place at GIO Stadium. Kick-off **7.05am**.
9.00 **International Rugby Union**
11.00 **Super League Highlights**
12.00 NOON **Women's State of Origin**
1.00 PM **International Rugby Union** New Zealand v England.
3.00 A replay of Australia v Wales.
5.00 South Africa v Ireland.
7.00 Argentina v France.
9.00 **Fight Night International**
10.00 **Super League Highlights**
11.00 **Fight Night International**
1.00 AM **Women's State of Origin**
2.00 **Fight Night International**
3.00 **My Icon** Moeen Ali.
3.15 **Super League Highlights**
3.45 **Women's Super League**
4.00 **Super League Highlights**
4.15 **PDC Classics** Archive action.
5.15 **to 6.00** AM **Super League Highlights**

Sky Sports F1

406 516 506 424 444

6.00 AM **Formula 1** From Silverstone.
7.00 **Formula 3** British Grand Prix.
8.05 **Monaco with Naomi & Carlos**
8.15 **LIVE Formula 3** Coverage of the British Grand Prix feature race, which takes place at Silverstone.
9.20 **F1 Features**
9.50 **LIVE Formula 2** Coverage of the British Grand Prix feature race, which takes place at Silverstone.
11.10 **F1 Features**
11.50 **LIVE Porsche Supercup** The British Grand Prix, the fourth round of the season at Silverstone.
12.40 PM **F1 Features**
1.30 **LIVE Formula 1** The British Grand Prix, the 12th round of the season, which takes place at Silverstone. Start-time **3.00pm**.
6.00 **Ted's Notebook**
6.30 **LIVE Indycar** Coverage of the Honda Indy 200 at Mid-Ohio Sports Car Course in Lexington.
9.00 **Formula 1** British Grand Prix.
10.00 **Ferrari Challenge Europe**
12.00 M'T **Indy NXT**
1.15 AM **Formula 3** British Grand Prix.
2.20 **F1 Features**
2.45 **Formula 2** British Grand Prix.
4.00 **F1 Features**
4.20 **Formula 1** Season highlights.
4.30 **to 6.00** AM **The Home of F1**

SKY HD SD VIRGIN HD EE HD

Monday

8 July

Evening Planner

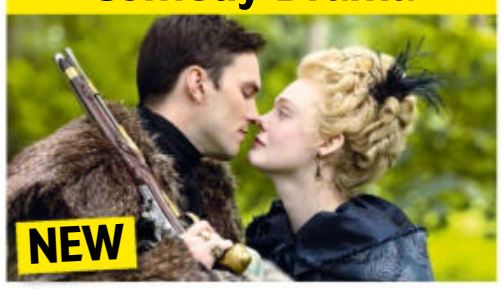
Factual

Help! We Bought a Hotel
More4, 9pm
Series following Brits transforming properties into hotels, starting with a family-run boutique hotel in France.

Comedy Drama

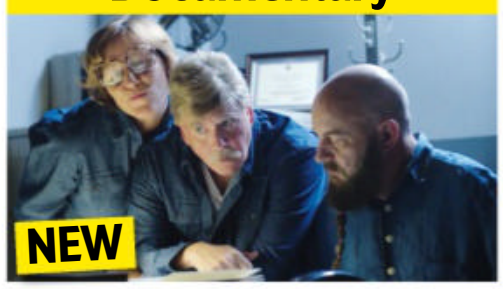
Spent
BBC2, 10pm (box set, BBC iPlayer)
Michelle de Swarte writes and stars in this comedy about a washed-up catwalk model who is adjusting to a life of poverty.

Comedy Drama



The Great
C4, 10pm & 11.10pm (box set, Channel 4)
Elle Fanning and Nicholas Hoult return as the Empress of All Russia and her husband, Peter in the costume drama.

Documentary



Greatest Prison Escapes with Billy Hayes
Sky History, 10pm
Documentary series featuring dramatic reconstructions of audacious jail breaks.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 Wimbledon – Live: Further coverage of the prestigious tournament				9.00 Who Do You Think You Are?		10.00 News; Local News	
102 BBC2	7.00 The One Show	7.30 EastEnders	8.00 Grand Tours of Scotland's Rivers		9.00 The Turkish Detective		10.00 Spent	10.30 Newsnight
103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Long Lost Family		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Bake Off: The Professionals – The Final		9.00 24 Hours in A&E		10.00 The Great	
105 CHANNEL 5	7.00 Traffic Cops		8.00 Motorway Cops: Catching Britain's...		9.00 The Night Caller		10.00 Police: Suspect No 1	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 UFO		9.00 Janet Jackson		10.00 The Sympathizer	
ENTERTAINMENT								
115 BBC3	7.00 Celebrity MasterChef		8.00 Top Gear		9.00 Paddy & Molly: Show No Mersey		10.00 Film: Escape Room: Tournament of...	
116 BBC4	7.00 Great British...	7.30 Canal Boat...	8.00 Digging for Britain: WWII Special		9.00 Operation Stonehenge: What Lies...		10.00 The Sky at...	10.30 Extra Life...
118 ITV2	7.00 Wheel of Fortune		8.00 The Masked Singer US		9.00 Love Island		10.05 Olivia Attwood: The Price of...	
136 MORE4	◂ 6.55 Car S.O.S.		7.55 Grand Designs		9.00 Help! We Bought a Hotel		10.00 Holidays from Hell: Caught on Camera	
135 E4	7.00 Hollyoaks	7.30 Come Dine...	8.00 Dance Moms		9.00 Gogglebox		10.00 Naked Attraction	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 The Cleaning Lady		10.00 Coroner	
108 SKY ATLANTIC	◂ 6.45 Gomorrah		7.55 Game of Thrones		9.00 House of the Dragon			10.10 The Sympathizer
110 GOLD	◂ 6.40 Dad's Army		8.00 The Thin Blue Line	8.40 The Vicar of Dibley	9.20 Harry Enfield and...		10.00 The Fast Show	
111 DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
119 ITV3	7.00 Heartbeat		8.00 McDonald & Dodds				10.00 Trigger Point	
120 ITV4	7.00 Tour de France Highlights		8.00 MotoGP Highlights		9.00 Film: Skyscraper			
112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans – Monsters		10.00 Impractical...	10.30 Rhod Gilbert's...
139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Stargate SG-1		9.00 Film: America Is Sinking			
113 SKY MAX	7.00 Stargate SG-1		8.00 Flintoff: Lord of the Fries		9.00 Film: The Family			
109 ALIBI	7.00 Elementary		8.00 Father Brown				10.00 Pretty Hard Cases	
130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Battle of the Bagpipes		9.00 André Rieu & the Dutch Royal Family			
132 W	7.00 Tipping Point: Lucky Stars		8.00 DIY SOS: The Big Build		9.00 Sort Your Life Out with Stacey Solomon			10.20 Louis Theroux...
DOCUMENTARY								
125 DISCOVERY	7.00 Kindig Customs		8.00 Bad Chad Customs		9.00 Shorty's Dream Shop		10.00 Roadworthy Rescues	
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Expedition Bigfoot				10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Construction Fails		9.00 Air Crash Investigation: Special Report		10.00 Air Crash Investigation	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Container Wars		9.00 Cursed Histories		10.00 Greatest Prison Escapes with Billy...	
155 YESTERDAY	7.00 Find It, Fix It, Flog It		8.00 Abandoned Engineering		9.00 American History's Biggest Fibs with...		10.00 Bangers & Cash	
121 SKY DOCS	◂ 6.55 Ghislaine Maxwell: Epstein's...		7.55 Stax: Soulsville USA		9.00 Janet Jackson		10.00 Bright Lights: Starring Carrie Fisher...	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.10 Eileen		8.00 Anyone But You				10.00 A Sacrifice	
302 SUPERNATURAL	◂ 6.20 Renfield		8.00 Five Nights at Freddy's				10.00 Smile	
303 BEST OF 2024	◂ 6.20 My Big Fat Greek Wedding 3		8.00 Strays			9.40 Sumotherhood		
304 GREATS	◂ 5.35 Forrest Gump		8.00 Mad Max: Fury Road				10.00 The Sting	
305 ANIMATION		7.15 Paws of Fury: The Legend of Hank			9.00 The Canterville Ghost			10.35 Asterix...
306 FAMILY	◂ 5.35 The Lord of the Rings: The Fellowship of the Ring			8.45 Small Soldiers				
307 ACTION	◂ 5.45 American Sniper		8.00 Transformers: Rise of the Beasts				10.15 Haywire	
308 COMEDY	◂ 6.30 The Dictator		8.00 The Boat That Rocked					10.25 The Hangover
309 THRILLER	◂ 6.00 Red Right Hand		8.00 The Da Vinci Code					
310 DRAMA	◂ 5.15 Cold Mountain		8.00 A Beautiful Mind					10.25 Miss Potter
311 SCI-FI	◂ 5.40 The Matrix Reloaded		8.00 Minority Report					10.35 Videodrome
313 FILM4	◂ 6.55 Dante's Peak				9.00 The Lost City			
SPORT								
401 MAIN EVENT	7.00 SSN Euro Report							
402 PREMIER LEAGUE	7.00 PL Icons	7.30 PL 100	8.00 Gary Neville's Soccerbox		9.00 Newcastle...	9.30 We're Not...	10.00 Class of '92: Full Time	
403 FOOTBALL	◂ 6.30 Bundesliga...	7.30 Women's...	8.00 WSL	8.30 Best Scottish...	9.00 EFL			
404 CRICKET	◂ 6.30 Secrets of Success			8.45 Pushing Boundaries: To The Hundred and Beyond			10.00 Dreams of a Nation	
410 TNT SPORTS 1	◂ 4.00 World Championship of Legends Cricket – Live			8.30 Cricket Reload	9.00 Fishing: On the Bank		10.00 Women's T20 International Cricket	
411 TNT SPORTS 2	◂ 5.30 MLB – Live: Pittsburgh Pirates v New York Mets (Start-time 5.35)			8.45 The FA Disability Cup		9.45 Premier League World Beaters		

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 | 101 | 1 | 101 | 101

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Close Calls: On Camera** Stadium medics battle to save the life of a football fan. (S)(R)
11.15 **Homes Under the Hammer** Properties in Barnsley, Dover and Cockermouth. (S)(R)(AD)
12.15 PM **LIVE Wimbledon** Coverage of day eight from the All England Club, where more fourth-round matches in the men's and ladies' singles are set to take place. (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **LIVE Wimbledon** Clare Balding presents further coverage of day eight from the All England Club. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

10.40 We Hunt Together

7 PM
7.00 **LIVE Wimbledon** Clare Balding presents further coverage of day eight of the third Grand Slam Tournament of the year, held at the All England Club, where the fourth round is scheduled to draw to a close in the men's and ladies' singles competitions. (S)
■ Today's highlights at 11.05pm on BBC2

8 PM

9 PM
9.00 **Who Do You Think You Are?** YouTube star Joe Sugg researches his family history, finding an ancestor involved in the early days of communication technology and a link to the Great Fire of London. (S)(R)(AD)

10 PM
10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 NEW TO BBC1 **We Hunt Together** 1/6. Return of the crime drama. When a mystery killer with links to Freddy Lane strikes, Jackson and Lola see a chance to nail their nemesis once and for all. *Previously on Alibi.* (S2) (S)(AD)
11.25 **We Hunt Together** New episode 2/6. Freddy plays a dangerous game, while Jackson and Lola close in on their suspect. (S2) (S)(AD)
12.10 AM **Peacock** 3/6. Andy is worried that his relationship with Georgia is drifting. (S)(R)(AD)
12.40 4/6. Andy embarks on a brutal revenge diet. (S2) (S)(R)(AD)
1.10 **Weather for the Week Ahead** (S)
1.15 **to 6.00** AM **BBC News** (S)

BBC2

102 | 102 | 2 | 102 | 102

6.30 AM **Garden Rescue: Top of the Plots** Exotic garden projects. (S)(R)
7.15 **Bargain Hunt** From Kent. (S)(R)
8.00 **Sign Zone: The Repair Shop** Experts restore a model car, some bagpipes and a locket. (S)(R)(AD)
9.00 **BBC News** (S)
11.00 **LIVE Wimbledon** Coverage of day eight of the third Grand Slam tournament of the year, held at the All England Club. (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Wimbledon** Clare Balding presents further coverage of day eight, where more men's and ladies' fourth-round singles matches are set to take place. (S)
3.00 **LIVE Wimbledon** Further coverage of day eight held at the All England Club, as the fourth round continues. (S)

10.00 Spent

7 PM
7.00 **The One Show** Alex Jones and Lauren Laverne present the topical show. (S)
7.30 **EastEnders** Billy decides to throw Stevie a surprise birthday party, but a shocking confession leaves him reeling. (S)(AD)

8 PM
8.00 **Grand Tours of Scotland's Rivers** Presenter Paul Murton follows the eastward course of the River South Esk from its source in the hills above Glen Clova to the Montrose Basin, and on to the sea. (S)(R)

9 PM
9.00 **The Turkish Detective** New episode 2/8. The team close in on a suspect in Gozde's murder, while Suleyman pursues his private investigation. (S1) (S)
■ Entire series on BBC iPlayer
9.50 **Natural World** (S)(R)

10 PM
10.00 NEW SERIES **Spent** 1/6. Comedy drama starring Michelle de Swarte. *See feature, page 8.* (S1) (S)(AD)
■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 **Today at Wimbledon** Qasa Alom presents highlights of the eighth day's play at the All England Club, featuring the men's and ladies' matches in the fourth round. (S)
12.05 AM **Sign Zone: Countryfile** From the East Riding of Yorkshire. (S)(R)
1.00 **Sign Zone: Springwatch** (S)(R)
2.00 **Sign Zone: Great Coastal Railway Journeys** (S)(R)(AD)
2.30 **Sign Zone: Lifeline** (S)(R)(AD)
2.40 **to 6.45** AM **Previews** (S)

ITV1

103 | 103 | 803 | 103 | 3 | 103 | 103 | 103

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Cooking with the Stars** Emma Willis and Tom Allen host as the remaining four celebrities battle it out for a place in the final, cooking up Southeast Asian dishes to impress the judges. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Long Lost Family

7 PM
7.30 **Emmerdale** Amy unwittingly puts Matty in danger, Moira is on a mission about Samson's lies, and Laurel realises Jai is in denial. (S)(AD)

8 PM
8.00 **Coronation Street** An encounter with yobs leaves Roy in need of an ambulance, Gary and Sarah are caught red-handed by Maria, and Toyah accompanies Leanne to an Institute gathering. (S)(AD)

9 PM
9.00 NEW SERIES **Long Lost Family** Ros searches for the daughter that her strict parents made her give up for adoption, while Tegan looks for the brother who was separated from her as a baby. (S)(AD)

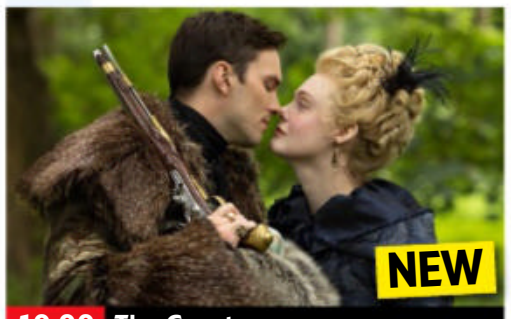
10 PM
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine show hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.40 **Stick to Football** New edition Gary Neville, Ian Wright, Jill Scott and Roy Keane analyse Euro 2024 as it unfolds in Germany. (S)
12.30 AM **Teleshopping**
3.00 **Tour de France Highlights** Gary Imlach and the team look back on the first week of race. (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Ainsley's World Cup Flavours** With Jermaine Jenas and Denise Van Outen. (S)(SL)(R)(AD)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 | 104/108 | 804 | 108 | 4 | 104 | 104/106

6.30 AM **Cheers** 14&15/25. (S3) (S)(R)
7.20 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 17-20/24. (S3) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Renovation Nation** New edition Rosi and Antony have made a life-changing move to a Georgian farmhouse in Scotland. (S)(AD)
5.00 **A New Life in the Sun: Where Are They Now?** A return visit to a craft brewery in Portugal. (S)(R)
6.00 **Four in a Bed** The first visit is to The Gun at Ridsdale. (S)(R)
6.30 **The Simpsons** *Regarding Margie:* Marge bumps her head and loses all memory of Homer. (S)(R)(AD)



10.00 The Great

7 PM
7.00 **News** (S)

8 PM
8.00 **Bake Off: The Professionals – The Final** Series finale 10/10. In the Grand Final, the remaining three teams create an Afternoon Tea display and make a banquet celebrating the very best of British. (S)(AD)

9 PM
9.00 **24 Hours in A&E** New edition A 53-year-old motorbike racer is rushed in after crashing at a track event and a 74-year-old has potentially life-threatening injuries after being crushed under a caravan. (S)(AD)

10 PM
10.00 NEW SERIES **The Great** 1/10. Return of the comedy drama. Russian Empress Catherine and husband Peter attempt to make their dysfunctional marriage work. *See feature, page 7.* (S3) (S)(AD)
■ Entire series on C4 online
11.10 **The Great** New episode 2/10. Catherine is visited by the UK and US ambassadors. (S3) (S)(AD)
12.15 AM **First Dates** (S)(SL)(R)(AD)
1.10 **Ramsay's 24 Hours to Hell and Back** (S)(SL)(R)(AD)
2.45 **Come Dine with Me: The Professionals** (S)(R)
3.35 **Jamie's One-Pan Wonders** (S)(R)
4.00 **Food Unwrapped** (S)(R)(AD)
4.05 **Grand Designs** (S)(SL)(R)(AD)
5.00 **Frasier** 9&10/24. (S6) (S)(R)(AD)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 | 105 | 105 | 105

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Storm Huntley** (S)
12.45 PM **Friends** (S9) (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **The Stalker** Thriller with Natalie Hall and Jonathan Keltz. (S) (2022, PG, 100min) ★★
4.00 **Bargain-Loving Brits in the Sun** Song writer Lee Duffy is saving money to record his own song in the hope it might feature in a film. (S)(R)
5.00 **News** (S)
6.00 **Police Interceptors** Officers Gav and Neil pursue a silver van and a white Toyota believed to have been involved in a raid on a car hire firm. (S)(R)
6.55 **News** (S)

8.00 Motorway Cops

7.00 Traffic Cops In Derby, officers are called in to back up colleagues battling bank holiday revellers who have become volatile after closing time. (S)(R)
7.55 **News** (S)

8.00 Motorway Cops: Catching Britain's Speeders New edition 3/10. PC Will Hunter pursues a car suspected of having cloned plates and when the driver eventually pulls over, he smells strongly of alcohol. (S)

9.00 The Night Caller New episode 2/4. The awful realisation of what Tony has done starts to dawn on him and he goes into survival mode. Stars Robert Glenister and Sean Pertwee. (S1) (S)
■ Continues tomorrow

10.00 Police: Suspect No 1 4/6. Detectives investigate after a violent attack on a group of friends on a night out leaves one of them critically injured and fighting for his life in hospital. (S)(R)

11.05 **Police Code Zero: Officer Under Attack** (S)(R)
12.05 AM **Traffic Cops** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Escape to the Farm with Kate Humble** (S)(R)
3.50 **Our Great Yorkshire Life** (S)(R)
4.40 **Wildlife SOS** (S)(SL)(R)
5.05 **House Doctor** (S)(SL)(R)
5.35 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Stargate SG-1** (S4) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S)(R)
1.00 PM **MacGyver** (S2) (S)(R)
3.00 **Hawaii Five-0** (S7) (S)(R)
4.00 **S.W.A.T.** 3/22. (S5) (S)(R)(AD)
5.00 **The Simpsons** *Paths of Glory:* Marge and Homer suspect Bart might be a sociopath. (S)(R) **5.30** *Lisa with an S:* Lisa stays with Broadway legend Laney Fontaine for a month. (S)(R)
6.00 **The Office (US)** 13/19. In the absence of a good excuse not to attend, Jim and Pam visit Michael's house for dinner. (S)(R) **6.30** 14/19. Michael becomes obsessed with a chair model in a catalogue. (S4) (S)(R)

9.00 Janet Jackson

7.00 The Simpsons *Barthood:* In a parody of *Boyhood*, this episode is a coming-of-age story chronicling Bart's life. (S)(R) **7.30** *The Girl Code:* A female coder decides to make Lisa her protégée. (S)(R)

8.00 UFO 1/4. Documentary exploring people's fascination with unidentified flying objects and the clandestine influence the US government and the military may have in shielding the truth. (S)(R)(AD)

9.00 Janet Jackson 4/4. Following the 2004 Super Bowl controversy, Janet finds herself blacklisted. Refusing to accept defeat, friends and fans fight for her right to be recognised. (S)(R)(AD)

10.00 The Sympathizer Series finale *Endings Are Hard, Aren't They?* 7/7. Claude invites the team for a night out and reveals some terrifying information to the Captain. (S1) (S)
■ Entire series on Box Sets

11.15 **Sex and the City** 5/20. Samantha visits Brooklyn to see Jerry's play. (S)(R) **11.55** 6/20. Carrie dreads jury service. (S6) (S)(R)
12.35 AM **The Force: North East** (R)
1.35 **Brit Cops: Law & Disorder** (R)
2.30 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** 7/25. (S7) (S)(R)
4.00 **S.W.A.T.** 3/22. (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
No variations

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
9.00pm Elis James: Funny Nation (S)(R) **9.30-10.00** Kiri's TV Flashback (S)(R) **10.40** Dark Land: Hunting the Killers (S)(R) **11.30** NEW SERIES We Hunt Together (S)(AD) **1.00am** Peacock (S)(R)(AD) **2.00-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
10.00-10.30pm Peataí! (S)(R) **11.05** NEW SERIES Spent (S)(AD) **11.35** Today at Wimbledon (S) **12.35-1.00am** BBC News (S)

WALES
Sky **968**, Freesat **968**
8.00pm Iolo: A Wild Life (S)(R) **8.30-9.00pm** A Special School (S)(R)

ITV1

As main ITV1 except:

WALES
10.45-11.40pm Sharp End: Political discussion (S)

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Caru Siopa (AD) **12.30** Heno **1.00** Dan Do **1.30** Tanwen ac Ollie (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Colli Cymru I'r Môr (AD) **4.00** Blociau Lliw **4.05** Dreigiau Cadi **4.15** Anifeiliaid Bach y Byd **4.25** Patrol Pawennau **4.40** Dal Dy Ddannedd **5.00** Stwnsh **6.00** Cegin Bryn **6.30** Rownd a Rownd (AD) **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Y Byd ar Bedwar New edition **8.25** Garddio a Mwy New edition **8.55** Newyddion S4C a'r Tywydd **9.00** Ffermio New edition **10.00** Cyfres Triathlon Cymru 2024 **11.00pm-12.05am** Prosiect Pum Mil

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 | 107/113 | 23 | 107 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Celebrity MasterChef** With Kem Cetinay, Kadeena Cox, Gavin Esler, Johannes Radebe and Michelle Collins.
7.55 **The Catch Up**
8.00 **Top Gear** The team tackle Britain's problems with snow.
9.00 **Paddy & Molly: Show No Mersey** New editions 3/8. Paddy discovers a serious shoulder injury which could scupper his next fight. **9.30** 4/8. Molly trains in Liverpool for the last time before her fight in Vegas.
10.00 FILM **Escape Room: Tournament of Champions** Horror sequel starring Taylor Russell. The survivors of a deadly game designed by a sinister corporation are dragged back into an even deadlier trap. (2021, 15, 88min) ★★
11.20 **Him & Her** 3&4/6. (S1)
12.20 AM **Paddy & Molly: Show No Mersey**
1.20 **Top Gear** As 8.00pm.
2.20 **Ballers: Ball or Nothing**
2.50 **7 Minutes** Short film.
3.00 **to 4.00** AM **Him & Her**

BBC4

116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Michael Portillo visits Stranraer and the Mull of Galloway.
7.30 **Canal Boat Diaries** Robbie Cumming travels along the Rochdale Canal.
8.00 **Digging for Britain: WWII Special** The team join marine archaeologists in the Solent as they raise a Fairey Barracuda divebomber.
9.00 **Operation Stonehenge: What Lies Beneath** 1/2. A revolutionary project aiming to uncover the secrets of the historical site.
10.00 **The Sky at Night** New edition Images released by the James Webb Space Telescope.
10.30 **Extra Life: A Short History of Living Longer** A look at the effect of medicine on life expectancy.
12.20 AM **Patagonia: Earth's Secret Paradise**
1.20 **Great British Railway...**
1.50 **Canal Boat Diaries**
2.20 **to 3.20** AM **Digging for Britain: WWII Special**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** From South Wales.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Chateau DIY** At Château de Gere, Trish tries to combat invading sheep by building a fence.
6.55 **Car S.O.S** Fuzz Townshend and Tim Shaw head to Leeds to restore an extremely rare and valuable AC Aceca.
7.55 **Grand Designs** Kevin McCloud meets Kate and Rob, who have plans to build a volumetric modular home, constructed in a factory in just six weeks.
9.00 NEW SERIES **Help! We Bought a Hotel** 1/6. The stories of renovators and entrepreneurs trying to give disused hotels a new lease of life. Three friends try to transform a dilapidated historical Welsh mansion.
10.00 **Holidays from Hell: Caught on Camera** Footage includes sunbed dashes and ski crashes.
11.05 **24 Hours in A&E**
12.10 AM **Help! We Bought a Hotel** As 9.00pm.
1.15 **Holidays from Hell: Caught on Camera**
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **A Place in the Sun**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 9-12/24. (S6)
2.00 PM **The Goldbergs**
3.00 **Modern Family**
4.00 **Young Sheldon**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** The McQueens are worried about Cleo.
7.30 **Come Dine with Me Paralympics Special** Dressage champion Natasha Baker hosts the first of five dinner parties.
8.00 **Dance Moms** Part one of two. The mothers sit down and talk about the events of the first two seasons.
9.00 **Gogglebox** Opinions on *Squid Game, Strictly Come Dancing, The Mating Game* and *Family Fortunes*.
10.00 **Naked Attraction** A woman from Northampton is looking for husband number three.
11.05 **First Dates**
12.10 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **Modern Family**
2.55 **Dance Moms**
3.45 **Ramsay's Kitchen Nightmares USA**
4.35 **The Neighborhood**
5.25 **to 6.00** AM **Modern Family**

+1 hour 235/236 | 306 | 30 | 123

Monday primetime

MONDAY Entertainment

Monday

Sky Witness

107 807 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
9.30 **Caught Red Handed**
11.00 **Blue Bloods** 18/20. (S12)
12.00 NOON **New Amsterdam** (S5)
1.00 PM **Private Eyes** 8/8. (S5)
2.00 **FBI: Most Wanted** 7/22. The team must put their Thanksgiving plans on hold to investigate a shooting at a Buddhist temple. (S4)
3.00 **Customs UK**
4.00 **Nothing to Declare**

9.00 The Cleaning Lady

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Blue Bloods** *Tangled Up in Blue:* 19/20. Erin is stalked by a man who was recently released from prison. (S12)

9 PM

9.00 **The Cleaning Lady** New episode *Spousal Privilege:* 8/12. Garrett changes strategies in his bid to stop Kamdar. (S2)

10 PM

10.00 **Coroner** *Heartbeet:* 4/12. Donovan faces a blast from the past while trying to bring justice to a single mother. (S4)
11.00 **Chicago Fire** 5/22. (S10)
12.00 M'T **Departure** 5/6. (S3)
1.00 AM **Departure** 6/6. (S3)
2.00 **The Equalizer** New episode *The Big Take:* 9/10. (S4)
3.00 **The Force: North East**
4.00 **Paramedics**
5.00 **to 6.00** AM **Sun, Sea and A&E**

+1 hour 207 310

Sky Atlantic

108/109 808 342 357

6.00 AM **The Guest Wing**
7.55 **Six Feet Under** (S3)
10.05 **Gomorrah** 4&5/12. (S3)
12.15 PM **Game of Thrones** (S1)
1.20 **The Sopranos** 2&3/13. (S5)
3.30 **Six Feet Under** 9/13. David and Keith have an embarrassing encounter. **4.35** 10/13. Keith's great aunt dies from a bee sting. (S3)
5.40 **Gomorrah** 6/12. Genny finds himself in a strong position with his new drug ventures. **6.45** 7/12. Enzo launches new operations. Subtitled. (S3)

10.10 The Sympathizer

7.55 **Game of Thrones** *Baelor:* 9/10. Ned faces a fateful decision to save Sansa's life, Tyrion is forced onto the battlefield, and Robb seeks to prove himself in combat. (S1)

9.00 **House of the Dragon** New episode 4/8. Fantasy set before the events of *Game of Thrones*, telling the story of House Targaryen. (S2)
10.10 **The Sympathizer** Series finale *Endings Are Hard, Aren't They?* 7/7. Claude reveals some terrifying information to the Captain. (S1)
■ Full series on Box Sets
11.25 **House of the Dragon** (S2)
12.40 AM **Succession** 2/9. (S3)
1.50 **The Deuce** 7/8. (S3)
3.00 **Game of Thrones** (S1)
4.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 813 111 346 361

6.00 AM **NCIS: Los Angeles** (S14)
7.00 **SEAL Team** 10/22. (S2)
8.00 **The Flash** 17/20. (S8)
9.00 **Stargate SG-1** (S4)
11.00 **NCIS: Los Angeles** (S14)
12.00 NOON **The Flash** 19/20. (S8)
1.00 PM **MacGyver** 18&19/23. (S2)
3.00 **Hawaii Five-0** 7/25. (S7)
4.00 **S.W.A.T.** 3/22. (S5)
5.00 **SEAL Team** 9/22. The team suspect a mole is leaking information to the cartel. (S2)
6.00 **Stargate SG-1** 9/22. Two civilisations try to colonise the same planet. (S4)

9.00 The Family

7.00 **Stargate SG-1** *Beneath the Surface:* 10/22. The team members are brainwashed and given new memories. (S4)

8.00 **Flintoff: Lord of the Fries** 4/6. Andrew and Rob arrive in Scotland, where they visit the Kelpies and the Falkirk Wheel.

9.00 **FILM The Family** Dark crime comedy starring Robert De Niro and Michelle Pfeiffer as a Mafia couple living in witness protection in Europe with their teenage children. With Tommy Lee Jones. (2013, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Walking Dead** 11/16. Carl and Michonne go on a supply run as Rick recuperates. (S4)
12.00 M'T **The Force: North East**
1.00 AM **Brit Cops: Law & Disorder** Documentary.
2.00 **Road Wars**
3.00 **Hawaii Five-0** 7/25. (S7)
4.00 **S.W.A.T.** 3/22. (S5)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 816 115 6 113

6.00 AM **CITV**
9.00 **World's Funniest Videos**
9.30 **Totally Bonkers Guinness World Records**
10.00 **Love Bites** Double bill.
12.00 NOON **Dress to Impress**
1.00 PM **Deal or No Deal**
2.00 **Supermarket Sweep**
3.00 **Charmed** 6/22. (S1)
4.00 **Dawson's Creek** 6/23. Andie goes to a rave. (S4)
5.00 **Dress to Impress**
6.00 **Celebrity Catchphrase** With Bill Bailey and Kathy Burke.

7.00 Wheel of Fortune

7.00 **Wheel of Fortune** Graham Norton invites more contestants to spin the wheel and avoid bankrupts to win.

8.00 **NEW SERIES The Masked Singer US** Nick Cannon presents the top-secret singing competition.

9.00 **Love Island** New edition The contestants are more desperate than ever to make it all the way to the final day in paradise.

10.05 **Olivia Attwood: The Price of Perfection** New edition A look at how pornography and social media play a part in influencing men seeking the perfect penis.
11.05 **Family Guy** (S10)
12.05 AM **American Dad!** (S7)
1.05 **Karaoke Club: Drag Edition**
2.05 **Totally Bonkers Guinness World Records**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 117 10 115

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **Agatha Christie's Poirot**
10.30 **The Royal** *Fever.*
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.50 **Inspector Morse** *Happy Families:* Morse inadvertently becomes the victim of a hate campaign in the Press.
6.00 **Heartbeat** *Pretty Woman:* A beauty queen is targeted by mysterious attackers ahead of the Miss Yorkshire contest.

8.00 McDonald & Dodds

7.00 **Heartbeat** *Stumped:* Blaketon struggles to create a winning side for the annual cricket match against rivals Scarsdale.

8.00 **McDonald & Dodds** *The War of the Rose:* 3/4. Social media influencer Rose Boleyn checks into an exclusive clinic for a nose job, but the procedure goes horribly wrong and she dies on the operating table. (S3)

10.00 **Trigger Point** 3/6. A far-right group called the Crusaders claim responsibility for the mosque attack. (S1)
11.00 **Trigger Point** 4/6. Sonya traces the explosive to a government lab, and Lana begins to suspect members of her own team are involved. (S1)
11.55 **The Royal** *Fever.*
12.45 **to 2.30** AM **Upstairs, Downstairs**

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: Beechgrove Garden**
2.30 **Sign Zone: Scotland's Home of the Year**
3.00 **Sign Zone: This Farming Life**
4.00 **This Is BBC Scotland**
7.00 **The Seven**
8.00 **Life on the Bay** 1/8. Life on a caravan park on the Fife coast.
8.30 **Designing the Hebrides** 6/6. Banjo designs a rustic gin-tasting bar.
9.00 **The Hunt for Bible John** 2/2. The discovery of a third victim in 1969.
10.00 **River City** New episode Tommy is forced to make a critical decision.
10.30 **Martin Compston's Norwegian Fling** 1/6. The actor and Phil MacHugh explore the Scandinavian country.
11.00 PM **to 12.00** M'T **The Scotts** Double bill.

Sky Comedy

114/115 814 112 347 362

8.00 AM **Will & Grace** (S7)
9.00 **American Auto** (S1&2)
10.00 **Sort Of** (S3)
10.30 **Vice Principals** (S1)
11.40 **Ballers** 3&4/10. (S3)
12.50 PM **Eastbound & Down**
2.10 **Vice Principals** (S1)
3.20 **Ballers** 5&6/10. (S3)
4.30 **Sort Of** (S3)
5.00 **Will & Grace** (S7)
6.00 **The Office (US)** (S4)
7.00 **American Auto** (S2)
8.00 **Will & Grace** 17/18. Karen celebrates her baseball team's championship victory. **8.30** 18/18. Will tries to forget his ex. (S11)
9.00 **Ricky Gervais: Science** The comedian's fourth stand-up show.
10.30 **Nikki Glaser: Someday You'll Die** Stand-up.
11.45 **Silicon Valley** (S2)
12.55 AM **Sex and the City**
2.05 **Sort Of** (S3)
2.35 **Silicon Valley** (S2)
3.45 **to 5.00** AM **Eastbound & Down**

Sky Arts

130/131 826 123 36 147 365

6.00 AM **Andrea Bocelli: The Journey**
7.00 **Musical Masterpieces**
8.00 **Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering: Nicolas Cage**
12.00 NOON **Joy of Painting**
1.00 PM **Tales of the Unexpected**
2.00 **DH Lawrence: Sex, Exile and Greatness**
3.00 **The Timeless Louvre**
4.00 **Discovering: Jeremy Irons**
5.00 **The Joy of Painting**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Battle of the Bagpipes**
9.00 **André Rieu & the Dutch Royal Family**
11.00 **Darbar Festival**
12.00 M'T **Cirque du Soleil**
1.00 AM **Wuthering Heights**
3.40 **National Trust: National Treasures**
5.00 **to 6.00** AM **The Art of Architecture**

Sky Mix

151 135 11 144

7.00 AM **Border Security: Canada's Front Line**
8.00 **Nothing to Declare**
9.00 **Motorway Patrol**
10.00 **Highway Patrol**
11.00 **Stop, Search, Seize**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Border Security: Canada's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S5)
5.00 **Star Trek: Enterprise**
6.00 **Star Trek: Deep Space Nine** 15/20. (S1)
7.00 **Star Trek: Voyager** *Demon:* 24/26. (S4)
8.00 **Hawaii Five-0** (S1)
9.00 **Rob & Romesh vs Art**
10.00 **A League of Their Own**
11.00 **Killer in My Village**
12.00 M'T **Grimm** 22/22. (S5)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 119 28 119

7.05 AM **Sugar Showdown**
7.35 **The Real Housewives of Cheshire** Reality series.
8.35 **Masters of Flip**
9.35 **Buying and Selling**
10.35 **The Real Housewives of Cheshire** Reality series.
11.35 **The Real Housewives of New Jersey**
12.30 PM **Real Housewives of Orange County**
1.20 **The Only Way Is Essex**
2.05 **Dinner Date**
3.05 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **Real Housewives of Salt Lake City** New edition
6.00 **Masters of Flip**
7.00 **Million Dollar Listing: LA**
8.00 **Dinner Date**
9.00 **Emergency Nurses: A&E Stories**
10.00 **The Real Housewives of Miami** New edition
10.55 **The Only Way Is Essex**
11.40 **Singletown**
12.45 **to 1.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 170 50

8.00 AM **Highway to Heaven**
9.00 **Diagnosis Murder**
11.00 **Castle** 23&24/24. (S3)
1.00 PM **Sue Thomas: F.B.Eye** 15/19. (S2)
2.00 **Father Dowling Mysteries** 13/13. (S2)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 3-6/24. (S3)
9.00 **The Avengers** *Death's Door:* 18/24. A peace conference is thrown into chaos. (S5)
10.00 **Randall and Hopkirk (Deceased)** *For the Girl Who Has Everything:* 12/26. Jeff and Marty embark on a ghost hunt at a haunted castle. (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S3)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **Return of the Saint**
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257 62

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 118 26 117

6.00 AM **Football Rivalries**
6.10 **Minder**
7.15 **The Sweeney**
8.15 **Dempsey and Makepeace**
9.20 **Magnum, PI**
10.20 **Kojak**
11.25 **The Protectors**
12.00 NOON **Tour de France Hlts**
1.00 PM **Made in Britain**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Minder**
4.50 **The Professionals**
6.00 **BattleBots**

9.00 Skyscraper

7.00 **Tour de France Highlights** Gary Imlach looks back on the first week of the race and previews the coming week.
8.00 **MotoGP Highlights** The Grand Prix Deutschland: Action from the ninth round of the season from the Sachsenring.
9.00 **FILM Skyscraper** Action thriller starring Dwayne Johnson. A security expert must infiltrate a burning skyscraper, 225 storeys above ground, when his family are trapped inside by criminals. (2018, 12, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.05 **The Motorbike Show** Henry Cole rides the roads of Devon.
12.00 M'T **Motorsport UK** Action from Snetterton.
12.55 AM **Auto Mundial**
1.25 **Motorsport Mundial**
1.50 **From Dusk Till Dawn**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Warehouse 13** 3/6. (S5)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 24&25/26. (S6)
3.00 **Warehouse 13** 3/6. (S5)
4.00 **Star Trek: Enterprise** 19/26. Thieves target the ship. (S1)
5.00 **Star Trek: Voyager** 2/26. Seven is bombarded with flashbacks. (S6)
6.00 **Star Trek: The Next Generation** 24/26. Riker encounters his double. (S6)

9.00 America is Sinking

7.00 **Star Trek: The Next Generation** *Timescape:* 25/26. The *Enterprise* is mysteriously frozen in time during an attack. (S6)
8.00 **Stargate SG-1** *Thor's Hammer:* 10/22. O'Neill and Teal'c find themselves trapped in an underground labyrinth. (S1)
9.00 **FILM America is Sinking** Action adventure starring Johnny Pacar. The race is on to save North America when melting glaciers lead to extreme flooding, earthquakes and catastrophic tsunamis. (2023, 12, 80min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **FILM LA Apocalypse** Thriller with Christopher Judge. A man searches for his kidnapped girlfriend in a city about to be destroyed by volcanic activity. (2014, 15, 90min) ★
1.00 AM **Reginald the Vampire**
3.00 **Blood & Treasure** 10/13. (S1)
4.00 **to 6.00** AM **Star Trek: The Next Generation**

Alibi

109/110 809 114 343 358

7.15 AM **Murdoch Mysteries** (S7)
9.00 **The Doctor Blake Mysteries**
10.00 **Elementary** 22/24. (S2)
11.00 **Shakespeare & Hathaway: Private Investigators** (S4)
12.00 NOON **Father Brown** *T*
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S7)
4.00 **Elementary** 22/24. (S2)
5.00 **Father Brown** *The Chedworth Cyclone:* A local boxer is killed.
6.00 **Shakespeare & Hathaway: Private Investigators** 9/9. Frank becomes the prime suspect in a murder case. (S4)

7.00 Elementary

7.00 **Elementary** *The One That Got Away:* 12/24. Holmes and Watson turn to cold cases to catch Kitty's tormentor. (S3)
8.00 **Father Brown** *The Tree of Truth:* A body found in the woods is identified as a woman who went missing seven years earlier.
9.00 **Father Brown** *The Shadow of the Scaffold:* A convicted killer begs Father Brown to help prove her innocence.
10.00 **Pretty Hard Cases** *Bananas:* 1/10. After a failed drug bust, Sam and Kelly realise they are after the same dealer. (S1)
11.00 **Elementary** As 7.00pm.
12.00 M'T **CSI: Vegas** 6/21. Max leads her team to investigate the death of a prestigious Michelin-starred chef found hanging in a freezer. (S2)
1.00 AM **Murdoch Mysteries**
2.55 **to 4.00** AM **Why Women Kill**

+1 hour 209/210 314

GOLD

110/111 810 124 344 359

7.10 AM **Highlights**
9.20 **My Hero**
10.00 **Are You Being Served?**
10.40 **Still Open All Hours**
11.20 **Last of the Summer Wine**
12.40 PM **The Green Green Grass**
1.20 **My Hero**
2.00 **Still Open All Hours**
2.35 **Dad's Army**
3.15 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **Still Open All Hours**
6.00 **The Green Green Grass**
6.40 **Dad's Army**

8.00 The Thin Blue Line

7.20 **Dad's Army** The bumbling platoon are forced to spend the night in a spooky deserted house.
8.00 **The Thin Blue Line** Raymond celebrates the Queen's birthday.
8.40 **The Vicar of Dibley** First episode. The villagers of Dibley discover that their new vicar is a woman.
9.20 **Harry Enfield and Chums** Tim Nice-But-Dim takes over an antiques shop
10.00 **The Fast Show** Bob Fleming visits a gypsy fair. **10.40** Featuring a guest appearance by snooker player Steve Davis.
11.20 **Bottom** Richie and Eddie celebrate carnival time, and lend a hand with the looting.
12.00 M'T **The Thin Blue Line**
12.40 AM **The Vicar of Dibley**
1.20 **Harry Enfield and Chums**
2.00 **The Fast Show**
3.10 **to 4.00** AM **Bottom**

+1 hour 210/211 324

Dave

111/112 811 127 19 157

7.10 AM **Whose Line Is It Anyway? USA** Double bill.
8.00 **Special Ops: Crime Squad UK**
9.00 **Top Gear** Triple bill.
12.00 NOON **Storage Hunters UK**
12.30 PM **Storage Hunters UK**
2.00 **Extreme Fishing with Robson Green: At the Ends of the Earth** New Caledonia.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Northern Exposure** A visit to Finland.
6.00 **Rick Stein's Spain** The chef embarks on a culinary tour, starting in the Galicia region.

11.00 Taskmaster

7 PM
7.00 **Would I Lie to You?** With Warwick Davis, Hugh Dennis, Katherine Ryan and John Simpson.
7.40 **Richard Osman's House of Games** With Philippa Perry and Sarah Millican. **8.20** Guests include Tom Rosenthal, Sindhu Vee and Marcus Brigstocke.
8 PM
9.00 **QI XL** Jo Brand, Rob Brydon, Jimmy Carr and Alan Davies try to answer Stephen Fry's questions on geography.
9 PM
10.00 **Have I Got a Bit More News for You** Victoria Coren Mitchell hosts, with guests Carol Vorderman and Ignacio Lopez.
10 PM
11.00 **Taskmaster** With Tim Key.
12.00 M'T **Mock the Week**
12.40 AM **Alan Davies: Untitled**
1.40 **QI XL** With Bill Bailey.
2.45 **Whose Line Is It Anyway? USA** Double bill of editions.
3.35 **to 4.00** AM **Travel Man: 48 Hours in Oslo**

+1 hour 211/212 327 57

4seven

137/138 143 49 127

9.00 AM **Car S.O.S**
10.00 **Renovation Nation**
11.00 **A Place in the Sun**
1.00 PM **Frasier** (S3)
2.30 **Help! We Bought a Village** From France.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **The Dog House** Two teenage brothers consider adopting a cute Chihuahua cross.
8.00 **The Supervet: Noel Fitzpatrick** A French bulldog is treated for a broken elbow.
9.00 **Guy Martin's Lost WW2 Bomber** Efforts to retrieve a Lancaster bomber from a lake.
10.30 **FILM Den of Thieves** Thriller starring Gerard Butler and 50 Cent. (2018, 15, 137min) ★★★
1.20 AM **24 Hours in A&E**
2.20 **Bake Off – The Professionals: The Final**
4.25 **to 4.55** AM **Kirstie and Phil's Love It or List It: Brilliant Builds**

5USA

141/169 120/162 21 129

9.00 AM **NCIS** 10-12/22. (S20)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Curse:* 5/23. A hunter finds the mummified body of a Navy lieutenant. **7.00** *High Seas:* 6/23. Two sailors are found dead of an overdose. **8.00** *Sub Rosa:* 7/23. A decomposing body is found in a bath of acid at a naval base. (S1)
9.00 **NCIS: Hawai'i** New episode *Boom:* 2/22. Lucy and Whistler have a standoff. (S1)
10.00 **Law & Order: Special Victims Unit** *Unstable:* 1/24. A rape victim refuses to talk to the detectives. (S11)
11.00 **Law & Order: Special Victims Unit** (S11 & 10)
1.55 AM **Law & Order** (S3)
3.00 **Criminal Minds** (S7)
3.50 **to 4.00** AM **Entertainment News**

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops: Give Me My Car Back!**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **The Dog Hospital with Graeme Hall** The dog trainer goes to a leading animal hospital.
9.00 **Ambulance: Code Red**
10.00 **999: Critical Condition**
11.00 **Serial Killer Wives**
12.00 M'T **Accused: Killer Driver or Medical Emergency?**
1.00 AM **Skin A&E**
2.00 **Casualty 24/7: Every Second Counts**
2.50 **GPs: Behind Closed Doors** Medical series.
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 141

5Action

150 130 33 132

9.00 AM **Entertainment News**
9.15 **Car Pound Cops**
9.45 **Outback Truckers**
10.45 **Traffic Cops**
11.45 **FILM Angel and the Badman** Offbeat John Wayne Western. (1947, b/w, U, 100min) ★★★
1.55 PM **FILM Streets of Laredo** Western. (1949, U, 93min) ★★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Trucking Heavy** Triple bill, including at: **8.00** A haulier gears himself up for a major cross-country move.
9.00 **FILM Dirty Harry** Police thriller starring Clint Eastwood. (1971, 15, 103min) ★★★★★
11.10 **FILM Enemy Lines** World War Two drama. (2020, 15, 92min) ★★★
1.00 AM **Fights, Camera, Action!** Documentary.
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

W

132/133 827 125 25 156

6.10 AM **MasterChef Australia** Double bill.
8.00 **Tipping Point: Lucky Stars** Triple bill.
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point: Lucky Stars** Triple bill.
4.00 **My Dream Home**
6.00 **Tipping Point: Lucky Stars** Double bill.
8.00 **DIY SOS: The Big Build** The team build an extension for a family in Fareham, Hampshire.
9.00 **Sort Your Life Out with Stacey Solomon** The team transform the home of a mother with limited mobility.
10.20 **Louis Theroux Interviews... Dame Judi Dench** Louis meets the Oscar-winning actor.
11.20 **Inside the Ambulance**
12.20 AM **16 Kids and Counting** Documentary.
1.30 **Extreme Food Phobics**
2.20 **to 3.00** AM **Nigellissima**

+1 hour 232/233 325

Drama

143 116 20 158

7.20 AM **London's Burning**
8.15 **Doctors**
9.20 **Classic Holby City**
10.40 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **London's Burning**
3.00 **Born and Bred**
4.20 **Tenko**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **Are You Being Served?**
7.20 **Last of the Summer Wine** Classic comedy.
8.00 **The Brokenwood Mysteries** *Something Nasty at the Market:* 4/6. The team look into the murder of a farmer's market owner. (S7)
10.00 **New Tricks** *Wild Justice:* An investigation leaves Sasha facing a dilemma.
11.00 **Soldier, Soldier**
12.10 AM **Footballers' Wives**
1.15 **Call the Midwife**
2.25 **to 4.00** AM **Classic Holby City**

+1 hour 243 316 60

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Dublin.
7.00 **Teleshopping**
8.00 **Celebrity Money for Nothing** Five editions.
1.00 PM **Money for Nothing**
2.00 **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Double bill of editions.
9.00 **The Travelling Auctioneers**
10.00 **The Repair Shop** A soft toy, a sea cadet's drum and a wooden church pew are restored.
11.00 **Celebrity Help! My House Is Haunted** The team visit Arron Crascall and his family.
12.00 M'T **Unexplained: Caught on Camera**
1.00 AM **Paranormal: Caught on Camera**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Dr Jeff: Rocky Mountain Vet**

Challenge
145 139 48 146

7.00 AM **The Chase** Triple bill.
10.00 **Weakest Link**
11.00 **Pointless Celebrities**
12.00 NOON **Play Your Cards Right** Double bill.
1.00 PM **Bridge of Lies**
2.00 **Classic Who Wants to Be a Millionaire?**
3.00 **Catchphrase**
4.30 **Blockbusters**
5.00 **Bullseye** Four editions of the darts-based quiz.
7.00 **Catchphrase** Game show with Roy Walker.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Weakest Link**
1.00 AM **Cash Trapped**
2.00 **The Chase** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 426 42

8.00 AM **Coast Guard Alaska**
9.00 FILM **Solar Attack** Action disaster movie. (2005, PG, 90min) ★★
10.55 **Wings at War: Fight for Britain**
12.00 NOON **Wild West...**
1.00 PM FILM **Massacre at Buffalo Valley** Drama. (2013, 12, 103min) ★★
3.15 FILM **Kentucky Rifle** Western. (1956, U) ★★
5.10 FILM **Fallout** Drama. (1998, PG, 91min) ★
7.10 FILM **Crash Point Zero** Action adventure. (2000, 15, 93min) ★★
9.00 FILM **10 Minutes Gone** Thriller with Bruce Willis. (2019, 15, 89min) ★
11.00 FILM **Killing Salazar** Action adventure. (2016, 15, 95min) ★★
1.10 AM FILM **Bunraku** Fantasy. (2010, 15) ★★★
3.40 **Operation Barbarossa**
4.30 **to 5.00** AM **Wild West Chronicles**
+1 hour 324

GREAT! movies
321 425 34

9.00 AM FILM **Ex-Wife Killer** Thriller. (2017, PG) ★★
11.00 FILM **Crimes of Passion** Crime thriller. (2005, PG, 86min) ★★★
12.55 PM FILM **The Wrong Patient** Thriller. (2018, PG, 90min) ★★
3.00 FILM **The Threat Next Door** Thriller. (2023, PG, 85min) ★★
4.50 FILM **Earthtastrophe** Sci-fi action thriller. (2016, PG, 82min) ★★
6.35 FILM **Evening** Romantic drama. (2007, 12, 117min) ★★★★
9.00 FILM **Enemy of the State** Thriller. (1998, 15, 127min) ★★★★
11.45 FILM **Last Action Hero** Action fantasy. (1993, 15, 130min) ★★★
2.20 AM FILM **Earthtastrophe** As shown at 4.50pm.
4.00 **to 6.00** AM FILM **The Wrong Nanny** Thriller. (2017, PG, 90min) ★★
+1 hour 322

GREAT! romance
319 424 52

8.00 AM FILM **Baking Up Love** (2021, PG) ★★
10.00 FILM **The Secret Ingredient** Comedy. (2020, PG, 83min) ★★
12.00 NOON FILM **Love on the Rise** Romantic drama. (2020, U, 86min) ★★
2.00 PM FILM **Love at the Ranch** Romantic drama. (2020, PG, 85min) ★★
4.00 FILM **My One and Only** Drama. (2019, PG) ★★
6.00 FILM **Snapshot of Love** Drama. (2022, PG) ★★
8.00 FILM **Love at Sunset Terrace** Romantic drama. (2020, PG, 85min) ★★
9.50 FILM **Our Take on Love** Romantic drama. (2022, PG, 87min) ★★
12.00 M'T **Highway to Heaven**
1.00 AM FILM **I Me Wed** Romantic comedy. (2007, PG, 90min) ★★
3.00 **to 5.00** AM FILM **All Things Valentine** Comedy. (2016, PG) ★★
+1 hour 320 63

GREAT! real
189 61

9.00 AM **The People's Vet**
11.00 **Police Ten 7**
1.00 PM **Airline USA**
2.00 **Emergency Rescue: Air, Land & Sea**
3.00 **The People's Vet**
4.00 **Paddington Station 24/7** Documentary.
5.00 **Airline USA**
6.00 **Heathrow: Britain's Busiest Airport** Four editions, including at: **9.00** Storm Imogen causes chaos on the runways and in terminals.
10.00 **Code 1: Extreme** A 16-foot fall onto concrete leaves a man fighting for his life. **10.30** A man suffers spinal injuries after falling out of a tree.
11.00 **Police Ten 7**
1.00 AM **Cops Uncut**
2.00 **Coast Guard Alaska**
3.00 **Coast Guard Florida**
4.00 **to 5.50** AM **Police Ten 7**
+1 hour 289

DMAX
159 169 39 150

6.00 AM **Alaska: Last Frontier** Documentary.
7.00 **Building Off the Grid**
8.00 **Aussie Gold Hunters**
9.00 **Deadliest Catch**
11.00 **Building Off the Grid**
12.00 NOON **Alaska: Homestead Rescue**
1.00 PM **Outback Opal Hunters** Documentary.
2.00 **Gold Divers**
5.00 **Kindig Customs**
6.00 **Deadliest Catch**
7.00 **Alaska: Last Frontier**
8.00 **Outback Opal Hunters**
9.00 **Mummies Unwrapped** An archaeologist looks at an underwater grave.
10.00 **Blowing Up History**
11.00 **Aussie Gold Hunters: Mine SOS** Documentary.
12.00 M'T **Naked and Afraid**
1.00 AM **Yukon Men**
2.00 **Teleshopping**
4.00 **Building Alaska**
5.00 **to 6.00** AM **Maine Cabin Masters**
+1 hour 259 369 151

Food Network
140/141 190 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Jamie's Comfort Food**
9.00 **James Martin's...**
10.00 **Simply Raymond Blanc**
11.00 **Ainsley's Good Mood Food** Herbs and spices.
12.00 NOON **Great British...**
2.00 PM **James Martin's...**
3.00 **The Hairy Bikers' Food...**
4.00 **The Pioneer Woman**
5.00 **Girl Meets Farm**
6.00 **James Martin's American Adventure**
7.00 **Great British Bake Off**
8.00 **The Hairy Bikers' Food Tour of Britain**
9.00 **Paul Goes to Hollywood**
10.00 **Next Baking Master: Paris** New edition
11.00 **Diners, Drive-Ins and Dives** Double bill.
12.00 M'T **Grocery Games**
1.00 AM **Restaurant: Impossible** In Houston.
2.00 **to 3.00** AM **Diners, Drive-Ins and Dives**
+1 hour 240/241 149

Legend
148 149 41 137

8.00 AM **Walker, Texas Ranger** 16/27. (S4)
9.00 **Airwolf** 9/22. (S3)
10.00 **Mission: Impossible**
11.00 FILM **Lancaster Skies** Drama with Josh Collins. (2019, PG, 89min) ★★
1.00 PM FILM **Biggles: Adventure in Time** Time-travel adventure. (1986, PG, 108min) ★★
3.00 FILM **Sherlock Holmes** Mystery with Ben Syder. (2010, 12, 89min) ★★
5.00 **Star Trek** 23/30. (S1)
6.00 **Mission: Impossible**
7.00 **Airwolf** 10/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Eye for an Eye** Thriller. (2019, 15) ★
10.55 FILM **8 Million Ways to Die** Crime thriller. (1986, 18, 115min) ★★
1.10 AM FILM **The Butterfly Room** Crime thriller. (2012, 15, 87min) ★★
2.55 **to 4.30** AM FILM **Dracula** Horror. (1958, 12, 82min) ★★★★

Legend Xtra
317 171 69 138

6.00 AM FILM **Wild Horses**
8.00 FILM **Monster Hunters** Sci-fi action thriller. (2020, 15, 88min) ★
10.00 **Farscape** 17/22. (S3)
11.00 FILM **Premonition** Supernatural thriller. (2004, 15, 90min) ★★
1.00 PM FILM **Meteor Apocalypse** Adventure. (2010, 15, 90min) ★
3.00 **Farscape** 17/22. (S3)
4.00 **UFO** 3/26. (S1)
5.00 FILM **Wild Horses** Contemporary Western starring Kenny Rogers. (1985, PG, 95min) ★★
7.00 **Farscape** 18/22. (S3)
8.00 **UFO** 4/26. (S1)
9.00 FILM **The Shed** Horror starring Jay Jay Warren. (2019, 15, 98min) ★★
11.00 FILM **The Taking of Deborah Logan** Horror thriller with Jill Larson. (2014, 15, 90min) ★★★
1.00 **to 3.00** AM FILM **The Shed** As 9.00pm.
+1 hour 318 371 139

Blaze
164 174 64 162

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Auction Hunters**
7.55 **Storage Wars Canada**
8.55 **Hardcore Pawn**
10.15 **Evidence of the Unexplained**
11.10 **Curse of Skinwalker...**
12.10 PM **Curse of Oak Island**
1.05 **Monsterquest**
2.05 **Pawn Stars**
3.05 **Auction Hunters**
4.00 **Ancient Aliens**
6.00 **Roswell: First Witness**
7.00 **Wicked Tuna**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Skinwalker Ranch** Documentary.
10.00 **Cities of the Underworld**
11.00 **Mystery of the Holy Lance** Documentary.
12.10 AM **Secrets of the Lost Liners** *Andrea Doria*.
1.05 **The UnXplained**
2.00 **Wicked Tuna**
3.00 **Hardcore Pawn**
3.25 **Counting Cars**
4.10 **to 6.00** AM **Ancient...**

5SELECT
153 138 46 133

9.00 AM **The Yorkshire Vet**
9.55 **Entertainment News**
10.05 **The Yorkshire Vet**
1.00 PM **Bargain-Loving Brits in the Sun**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Ben Fogle: New Lives in the Wild** Ben travels to the Rhodope Mountains in Bulgaria. **7.00** Ben meets a family who live in the wilds of north-west Canada.
8.00 **The Railway Map of Britain** A look at how the invention of the railway changed the UK.
9.00 **The Queen Mary: Great British Royal Ships**
10.00 **Yellowstone** *Blood the Boy:* 6/10. Jamie tries to protect his family. (S2)
11.00 **Nazi Megastructures: America's War**
12.00 M'T **Forged in Fire**
3.30 AM **The Yorkshire Vet**
3.55 **to 4.00** AM **Entertainment News**

HGTV
158 191 44 166

7.00 AM **Building Alaska**
8.00 **Your Garden Made...**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **A Place in the Sun**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Bargain Mansions**
2.00 **Flip or Flop** Double bill.
3.00 **Good Bones**
4.00 **Escape to the Country**
5.00 **Your Garden Made Perfect** From Liverpool.
6.00 **A Place in the Sun**
7.00 **Money for Nothing**
8.00 **Escape to the Country**
9.00 **Fixer Upper**
10.00 **Celebrity IOU** New edition Supermodel Heidi Klum surprises her housekeeper.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 828 165

7.00 AM **My Lottery Dream...**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Dr Pimple Popper**
11.00 **The Family Chantel**
12.00 NOON **Unexpected: Teenage & Pregnant**
1.00 PM **Sister Wives**
3.00 **7 Little Johnstons**
4.00 **Little People, Big World**
5.00 **The Family Chantel**
6.00 **Dr Pimple Popper**
7.00 **7 Little Johnstons**
8.00 **Outdaughtered: Busby Quints** New edition
9.00 NEW SERIES **The Family Chantel**
10.00 **Bride & Prejudice: The Forbidden Weddings**
11.30 **Monsters Inside Me**
12.30 AM **Extreme Couponing**
2.00 **Bride & Prejudice...**
3.30 **The Family Chantel**
4.30 **Outdaughtered...**
5.30 **to 6.00** AM **My Lottery Dream Home**
+1 hour 233/234 365

Comedy Central
112/113 812 132 345 360

8.00 AM **Most Ridiculous**
9.00 **Guessable?**
10.00 **Impractical Jokers**
11.00 **Home Improvement**
12.00 NOON **Last Man Standing** (S3&4)
1.00 PM **Friends**
7.00 **Friends** 12-15/24. (S5)
9.00 **Lee Evans: Monsters**
10.00 **Impractical Jokers: The Inspired Unemployed** Series finale 8/8. One of the jokers faces the Ultimate Punishment.
10.30 **Rhod Gilbert's Growing Pains** With Lorraine Kelly, Jim Moir and Kae Kurd.
11.30 **South Park: The Streaming Wars** (S25)
12.35 AM **The Pep Talk** New edition 6/10.
12.40 **Most Ridiculous**
1.40 **Blockbusters**
2.40 **Out of Order**
3.30 **The Ricky Gervais Show**
3.55 **Beavis and Butt-Head**
4.10 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 154

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Becker** (S4&5)
11.00 **Friends** (S6)
1.00 PM **Ridiculousness**
2.00 **Criminally Funny**
3.30 **Impractical Jokers: Inside Jokes**
4.00 **Daria** 9&10/13. (S3)
5.00 **Becker** 2&3/22. (S5)
6.00 **Home Improvement**
7.00 **Last Man Standing**
9.00 **Most Ridiculous**
10.00 **Friends** 16/24. Joey dreams about dating Monica. (S5) **10.30** 10/24. Monica buys an expensive pair of boots. (S8)
11.00 **Friends** Four episodes.
1.00 **The Ren & Stimpy Show** Double bill.
2.00 **South Park** (S16)
3.00 **Beavis and Butt-Head**
3.45 **Reno 911!** (S2)
4.30 **Fugget About It** (S2)
5.15 **to 6.00** AM **Criminally Funny**

Sky Replay
152 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **911 Crisis Centre**
11.00 **Inside RAF Brize Norton**
12.00 NOON **Caught on Dashcam** Documentary.
1.00 PM **Road Wars**
2.00 **Most Haunted**
4.00 **DC's Legends of Tomorrow** 5&6/16. (S1)
6.00 **Warehouse 13** (S4)
8.00 **Caught on Dashcam**
9.00 **Delicious** 1&2/4. (S2)
11.00 **The Rookie** *The Hammer:* 2/10. The team come together to celebrate John and Bailey's wedding. (S6)
12.00 M'T **The Cleaning Lady**
1.00 AM **The Russell Howard Hour**
2.00 **A League of Their Own: US Road Trip 2.0**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 824 134

6.00 AM **Love Squad**
6.25 **Teen Mom 2: From the Beginning** Reality series.
7.10 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Help! I'm in a Secret Relationship!**
8.00 **Catfish: The TV Show** Kash hopes to find out the truth about Kenya.
9.00 **House of Food** The remaining five students create a signature dish.
10.00 **Plastic Surgery Knifemares** A first-hand account of a Botox party.
11.00 **Ink Master**
12.00 M'T **Ridiculousness** New edition Rob, Steelo, and Carly Aquilino get dirty on the soccer field in 'super red cards'.
12.30 AM **Ridiculousness**
1.00 **Ink Master** Double bill.
2.45 **Geordie Shore**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **How It's Made**
7.00 **Deadliest Catch**
8.00 **Blowing Up History**
9.00 **How the Universe Works**
10.00 **Iron Resurrection**
11.00 **Wheeler Dealers: Dream Car**
1.00 PM **Treehouse Masters**
3.00 **America's Backyard Gold**
4.00 **Flying Wild Alaska**
5.00 **Homestead Rescue: Raney Ranch** Marty attempts a trip across a frozen river.
6.00 **Iron Resurrection** New edition Joe dusts off his prized 1965 Pontiac Catalina.

9.00 Shorty's Dream Shop

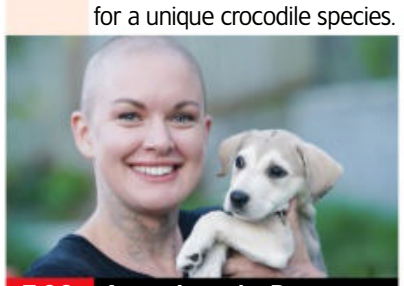
7.00 **Kindig Customs** With his CF1s providing the perfect canvas, Dave takes the plunge into the electric car world.
8.00 **Bad Chad Customs** Custom car artist Chad Hiltz makes an elegant one-of-a-kind coupe in his shop.
9.00 NEW SERIES **Shorty's Dream Shop** Shorty takes on a 1969 Camaro, a 1965 Impala and a 1940s pull wagon.
10.00 **Roadworthy Rescues** New edition Derek goes off the deep end with an '80s icon, the DeLorean.
11.00 **Outback Truckers** Ash Bryant and Darryl Armfield are on a time critical job.
12.00 M'T **Mystery at Blind Frog Ranch** Documentary.
1.00 AM **Shorty's Dream Shop**
2.00 **Roadworthy Rescues**
3.00 **Gold Rush**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/178 178

8.00 AM **Extinct or Alive**
9.00 **Amanda to the Rescue**
10.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Amanda to the Rescue**
2.00 **Intruders** A deadly predator is targeting a family's pets.
3.00 **Legends of the Wild**
4.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff looks back at the most inspiring cases he has taken on. **5.00** A Weimaraner that has stopped eating.
6.00 **Extinct or Alive** Forrest looks for a unique crocodile species.



7.00 Amanda to the Rescue

7.00 **Amanda to the Rescue** Amanda and her family embark on a rescue mission to Hawaii, where shelters are overrun.
8.00 **Expedition Bigfoot** New team member Ronny joins Mireya in a race to the nest to collect DNA samples.
9.00 **Expedition Bigfoot** Bryce believes that Bigfoot is emoting infrasound to repel the team from its territory.
10.00 **Alaska: The Last Frontier** Atz Lee and Jane rush to the aid of a neighbour who has lost access to fresh water.
11.00 **Crikey! It's the Irwins** Robert handles a hostile wombat called Bunker. **12.00** M'T Terri responds when wallaby Daniel is severely injured and cannot walk.
1.00 AM **The Last Alaskans**
2.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262/278 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation**
10.00 **WW2: Hell Under the Sea**
11.00 **Nazi Megastructures**
12.00 NOON **Car S.O.S**
1.00 PM **To Catch a Smuggler**
2.00 **Air Crash Investigation**
3.00 **Hitler's Last Stand**
4.00 **Lost Treasures of Egypt** Archaeologists working in Egypt's Valley of the Kings.
5.00 **Car S.O.S** Tim and Fuzz restore a 1997 Lotus Elise.
6.00 **Seconds from Disaster** The Swissair Flight 111 catastrophe.

9.00 Air Crash Investigation....

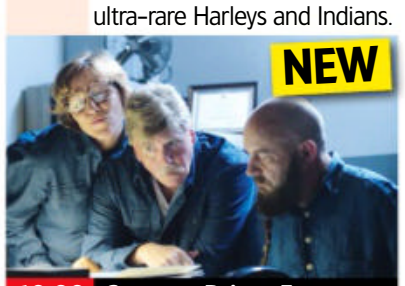
7.00 **Air Crash Investigation** Exploring the events that led to the deaths of nine people on board a 747 jet bound for Auckland.
8.00 **Construction Fails** New edition A look at how the use of glass in construction can lead to devastating problems.
9.00 NEW SERIES **Air Crash Investigation: Special Report** Disasters caused by the incorrect position of the aeroplane nose.
10.00 **Air Crash Investigation** Exploring the mysterious accident involving Arrow Air Flight 1285 that killed 248 American soldiers.
11.00 **Air Crash Investigation** The Ethiopian Airlines Flight 409.
12.00 M'T **Banged Up Abroad**
1.00 AM **Wicked Tuna**
2.00 **Lords of War**
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **American Pickers**
7.00 **Auction Kings**
8.00 **A Cut Above**
10.00 **Pawn Stars** Double bill.
12.00 NOON **Secrets in the Ice**
1.00 PM **Salvage Kings**
2.00 **Swamp People: Serpent Invasion** Double bill.
4.00 **Pawn Stars: A Very Vegas Christmas** The guys hold a Christmas barbecue.
5.00 **Pawn Stars** An 1800s map.
6.00 **American Pickers** Mike tries to breathe life into a bundle of ultra-rare Harleys and Indians.



10.00 Greatest Prison Escapes

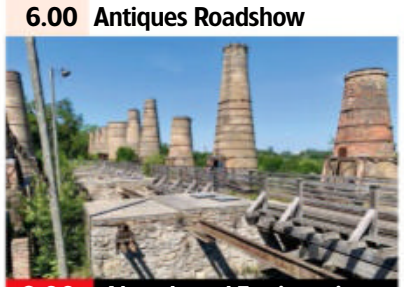
7.00 **Forged in Fire** Four bladesmiths are tasked with forging blades out of steel from a chain and a sprocket.
8.00 **Container Wars** Matt gambles on a container he thinks will make him rich. **8.30** Uzi and Schlomi plan to take a risk.
9.00 **Cursed Histories** New edition The Egyptian royals who promise turmoil for anyone who dares disturb their 'eternal rest'.
10.00 NEW SERIES **Greatest Prison Escapes with Billy Hayes** Audacious jail and prison breaks, with insight from the host.
11.00 **Great Escapes with Morgan Freeman** An Alcatraz escape.
12.00 M'T **Pawn Stars: A Very Vegas Christmas**
1.00 AM **Pawn Stars**
2.00 **History's Greatest Mysteries**
3.00 **Container Wars**
4.00 **Forged in Fire**
5.00 **to 6.00** AM **Salvage Kings**

+1 hour 223/224 331

Yesterday

155 846 129 27 159

6.10 AM **Tony Robinson's Marvellous Machines**
8.00 **Abandoned Engineering**
10.00 **The World at War**
11.00 **Secret Nazi Bases**
12.00 NOON **Great British Railway Journeys** Double bill.
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash**
3.00 **Bangers & Cash: Restoring Classics** A Vauxhall Astra GTE.
4.00 **The World at War** America drops the first atomic bomb.
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow**



8.00 Abandoned Engineering

7.00 **Find It, Fix It, Flog It** Henry and Simon unearth a church pew, create a fish tank from scrap and uncover a petrol tank.
8.00 **Abandoned Engineering** New edition Exploring a lost Amazonian paradise deep in the Brazilian rainforest.
9.00 **American History's Biggest Fibs with Lucy Worsley** Lucy debunks the myths behind the American Civil War.
10.00 **Bangers & Cash** Derek waxes lyrical about a pristine Jaguar XJ8, and a Ford Model T van tests his driving skills.
11.00 **Abandoned Engineering** A settlement in Argentina destroyed by floods, and a Soviet dream-town that turned into a nuclear nightmare.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 **to 3.00** AM **Tony Robinson's Marvellous Machines**

+1 hour 255 329 74

Quest

144 834 137 12 172 167

6.00 AM **How Do They Do It?**
6.30 **Shed and Buried**
7.00 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **How Do They Do It?** Four editions.
2.00 PM **Salvage Hunters**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **Salvage Hunters: The Restorers**
6.00 **Wheeler Dealers**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Aussie Gold Hunters** New edition
10.00 **Aussie Gold Hunters: Mine SOS** Documentary.
11.00 **British Superbikes**
12.00 M'T **Wheeler Dealers**
2.00 AM **Chasing Classic Cars**
3.00 **Overhaulin'**
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 168

Quest Red

149 168 40 169

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Curvy Brides Boutique**
9.00 **Say Yes to the Dress**
11.00 **Disappeared**
12.00 NOON **Forensic Detectives** True-crime.
1.00 PM **FBI Files**
2.00 **American Monster**
4.00 **Murder on CCTV**
5.00 **Disappeared**
7.00 **10 Steps to Murder**
8.00 **Murder on CCTV**
10.00 **American Detective with Lt Joe Kenda** A detective is called in to solve a gruesome crime.
11.00 **On the Case with Paula Zahn** New edition A student disappears, and her family launch a desperate investigation.
12.00 M'T **Forbidden: Dying for Love** Crime series.
1.00 AM **Betrayed**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

True Crime

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **48 Hours** A story of an Olympic competitor's fall from grace.
8.00 **Inside Crime** A look at two female scammers, the lengths they went to for money and the lives they destroyed.
9.00 **Cold Justice Sex Crimes** A grandmother is brutally attacked in her sleep, and Casey and Alicia will stop at nothing to find the person who would commit such a crime.
10.00 **Bloodline Detectives** The murder of 23-year-old Mary Scott.
11.00 **Ice Cold Killers**
1.00 AM **It Takes a Killer**
2.00 **Bloodline Detectives**
3.00 **Medical Detectives**
4.00 **48 Hours** As 7.00pm.
4.50 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 172 68 134

9.00 AM **Written in Blood**
11.00 **Medical Detectives**
1.00 PM **Medical Detectives**
2.00 **Written in Blood**
4.00 **Medical Detectives**
7.00 **Judge Judy** Back-to-back real-life cases, including at: **8.40** A man sues his ex-sister-in-law for the cost of her daughter's living expenses, and he says he cared for his niece for eight months. **9.05** Tears are shed when losses from a time-share and alleged property damage play out between ex-lovers. **9.30** A loan for a Cadillac is repaid with charges of harassment after payments are missed and the car is repossessed.
10.00 **Judge Judy** Further small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Patrol**
7.00 **Border Security Canada**
8.00 **Send in the Dogs**
9.00 **Road Wars**
10.00 **The Force: Manchester**
11.00 **Forensics: Catching the Killer** True-crime.
12.00 NOON **What the Killer Did Next** Joy Morgan.
1.00 PM **How I Caught the Killer** Documentary.
2.00 **Killer Siblings**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer Siblings**
6.00 **Murdered at First Sight**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Mark of a Serial Killer**
10.50 **New York Homicide**
11.50 **World's Most Evil Killers**
12.55 AM **The Killer Within**
2.00 **Snapped** True-crime.
3.00 **Dateline** Documentary.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

174 187 84 155

8.00 AM **Peru, Sacrifices in the Kingdom of Chimor**
9.10 **The Vietnam War**
10.55 **Verdun: The Battle of the Great War**
11.55 **WWII in the Pacific**
1.00 PM **Beautiful Serengeti**
1.45 **The Vietnam War**
3.35 **Verdun: The Battle of the Great War**
4.40 **WWII in the Pacific**
5.40 **Peru, Sacrifices in the Kingdom of Chimor**
6.55 **The Vietnam War**
8.40 NEW **Verdun: The Battle of the Great War** A look at what became the bloodiest battle of World War One.
9.50 **WWII in the Pacific** The US Naval Fleet's brutal war of attrition against the Japanese.
10.50 **The Hidden Side of World War II**
12.00 M'T **Verdun: The Battle of the Great War**
1.05 **to 2.00** AM **Beautiful Serengeti**

MONDAY

Monday

Sky Documentaries

121/122 819 188 352 367

6.00 AM **Inside the Freemasons**
7.00 **Discovering: Richard Attenborough**
8.00 **The Directors**
9.00 **The 2000s**
10.00 **Positive**
11.00 **Ghislaine Maxwell: Epstein's Shadow** 1/3. Documentary.
12.00 NOON **Lancaster**
2.10 PM **Console Wars**
4.00 **The Directors**
5.00 **Discovering: Richard Attenborough**
6.00 **The 2000s** 2/8. Groundbreaking TV shows of the decade.
6.55 **Ghislaine Maxwell: Epstein's Shadow** 1/3. Documentary.
7.55 **Stax: Soulsville USA** 4/4. The label prepares to shut its doors.
9.00 **Janet Jackson** 4/4. Following the Super Bowl controversy, Janet finds herself blacklisted.
10.00 **Bright Lights: Starring Carrie Fisher and Debbie Reynolds**
12.00 M'T **Twist of Faith**
1.50 AM **Nike's Big Bet**
3.30 **The Insurrectionist Next Door**
5.00 **to 6.00** AM **Discovering: Richard Attenborough**

Crime+Investigation

156 837 133

6.00 AM **On the Case**
7.00 **Homicide Hunter**
9.00 **Murder at My Door with...**
10.00 **Imperfect Murder**
11.00 **Motive to Murder**
12.00 NOON **Green Eyed Killers**
1.00 PM **Murder Masterminds**
2.00 **Accident, Suicide or Murder?**
3.00 **Murder at My Door with Kym Marsh** The case of a spurned boyfriend who killed his ex.
4.00 **Cops Gone Bad with Will Mellor** Martin Forshaw.
5.00 **Interrogation Raw**
6.00 **Cold Case Files**
7.00 **The First 48**
8.00 **Imperfect Murder**
9.00 **Gypsy Rose: Life After Lock Up** New edition
10.00 **Prison Brides** New edition
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Gypsy Rose: Life After...**
2.00 **Prison Brides**
3.00 **Accident, Suicide or Murder?**
4.00 **Green Eyed Killers**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

Eden

166 176

9.00 AM **Space Shuttle: Triumph and Tragedy** Double bill.
11.00 **Abandoned Engineering**
4.00 PM **Space Shuttle: Triumph and Tragedy** Double bill.
6.00 **Abandoned Engineering**
7.00 **Underground Worlds** Exploring the Grand Canyon Caverns – North America's largest dry cave system. **8.00** Exploring the forgotten underworld hiding beneath the streets of Cincinnati.
9.00 **Abandoned Engineering** A secret Japanese facility that was once at the forefront of weapons technology.
10.00 **Space Shuttle: Triumph and Tragedy** Double bill.
12.00 M'T **Anthony Bourdain: Parts Unknown**
1.00 AM **Abandoned Engineering**
3.00 **Space Shuttle: Triumph and Tragedy** Double bill.
4.35 **Abandoned Engineering**
5.25 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

Sky Nature

124/125 822 189 354 369

6.00 AM **Reef Wrecks**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Volcanic Odysseys**
10.00 **Great Blue Wild**
11.00 **Land of Primates**
12.00 NOON **Hotspots: The Last Hope**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Volcanic Odysseys**
4.00 **Great Blue Wild**
5.00 **Brazil Untamed**
6.00 **Hotspots: The Last Hope**
7.00 **Monkey Life** Double bill.
8.00 **Extreme Africa**
9.00 **Into the Wild: Colombia** A golden dart frog requires a mate to fertilise her eggs.
10.00 **Hotspots: The Last Hope** Places around the world that are home to great biodiversity.
11.00 **Brazil Untamed**
12.00 M'T **Animals Decoded**
1.00 AM **Living Volcanoes**
2.00 **Extreme Africa**
3.00 **Into the Wild: Colombia**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Volcanic Odysseys**

WILD

165 841 182

8.00 AM **Yukon Vet**
9.00 **Swamp Men**
10.00 **Living with Big Cats**
11.00 **Animals Gone Wild**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Amur Tiger: Secret Kingdom**
3.00 **When Sharks Attack**
4.00 **Secrets of the Zoo: Tampa**
5.00 **Wicked Tuna: Outer Banks Showdown** Documentary.
6.00 **Snakes in the City**
7.00 **Yukon Vet**
8.00 **China's Wild Empire** Following clans of golden snub-nosed monkey in China's Shennongjia National Park. **9.00** A mother elephant teaches her calf how to survive.
10.00 **Africa's Wild Side** Footage of animals raising their young in the Botswanan wilderness.
11.00 **Shark Attack Files**
12.00 M'T **Lawless Island**
1.00 AM **Monster Fish**
2.00 **Yukon Vet**
3.00 **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet: Vetsgiving**

+1 hour 254 366

ID

154 166

6.00 AM **Murder in the Heartland**
7.00 **Teleshopping**
8.00 **Disappeared**
9.00 **Betrayed**
11.00 **Living a Nightmare**
1.00 PM **Murder Comes to Town**
3.00 **Brittany Murphy: An ID Mystery**
4.00 **Little Boy Lost: An ID Mystery**
5.00 **American Monster**
6.00 **The Lady Killers**
7.00 **Disappeared**
8.00 **The Big Swindle** A photograph raises suspicions around a fundraiser for life-saving cancer treatment.
9.00 **American Monster** A man's erratic behaviour and love of guns plague his fresh start.
10.00 **On the Case with Paula Zahn**
11.00 **People Magazine Investigates**
1.00 AM **Golden State Killer: People Magazine Investigates**
2.00 **The Big Swindle**
3.00 **American Monster**
4.00 **The Lady Killers**
5.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Sky History 2

163/168 840 186

6.00 AM **Ancient Aliens**
8.00 **The Proof Is Out There**
9.00 **Strangest Things**
10.00 **WWII Battles in Colour**
11.00 **Ancient Aliens**
1.00 PM **WW2 Treasure Hunters**
2.00 **Digging Up Britain's Past**
3.00 **Monsterquest**
5.00 **Strangest Things**
6.00 **Dangerous Missions**
7.00 **Al Murray: Why Do the Brits Win Every War?** Key battle tactics of the Roman Invasion.
8.00 **Weird or What? With William Shatner** Examining claims that ancient pharaohs used cocaine.
9.00 **Paranormal: Caught on Camera** A man in Hawaii trespasses on government property and witnesses UFOs.
10.00 **Einsatzgruppen: The Nazi Death Squads**
11.00 **Life After People**
12.00 M'T **Ancient Aliens**
2.00 AM **Digging Up Britain's Past**
3.00 **River Hunters**
4.00 **Life After People**
5.00 **to 6.00** AM **Al Murray: Why Do the Brits Win Every War?**

Discovery History

177 181

6.00 AM **Expedition Unknown**
7.00 **NASA's Unexplained Files**
8.00 **Mysteries at the Castle**
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Find It, Fix It, Flog It**
12.00 NOON **Combat Dealers**
1.00 PM **How It's Made**
2.00 **NASA's Unexplained Files**
3.00 **Salvage Hunters**
4.00 **Cooper's Treasure**
5.00 **HMS Ark Royal**
6.00 **Combat Dealers**
7.00 **Expedition Unknown**
8.00 **Greatest Events of World War II** Colourised footage of the D-Day invasion.
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Find It, Fix It, Flog It**
12.00 M'T **HMS Ark Royal**
1.00 AM **How It's Made**
2.00 **Salvage Hunters**
3.00 **Greatest Events of World War II** As shown at 8.00pm.
4.00 **to 5.00** AM **Find It, Fix It, Flog It**

+1 hour 277 381

Discovery Turbo

161/172 180

6.00 AM **Supertruckers**
7.00 **Wheeler Dealers**
8.00 **Goblin Works Garage**
9.00 **Head 2 Head**
10.00 **Fifth Gear Recharged**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **Shed and Buried**
1.00 PM **Extreme RVs**
2.00 **Wheeler Dealers**
3.00 **Vintage Voltage**
4.00 **Supercar Showroom**
5.00 **Wheeler Dealers**
6.00 **Shed and Buried**
7.00 **Salvage Hunters: Classic Cars** Drew Pritchard and Paul Cowland find a Morris Traveller at the largest private car collection in the UK.
8.00 **Supercar Showroom**
9.00 **Ant Anstead Master Mechanic**
10.00 **Shed and Buried**
11.00 **Wheeler Dealers**
12.00 M'T **Supercar Showroom**
1.00 AM **Iron Resurrection**
2.00 **Fast N' Loud**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

+1 hour 261/272

Films

Sky Cinema Premiere

301 401 501 515

7.15 AM **Drift** As 12.00m't.
9.00 **Sometimes I Think About Dying** Comedy drama. (2023, 12, 94min) ★★★
10.40 **Eileen** As shown at 6.10pm.
12.25 PM **Anyone But You** As 8pm.
2.25 **LaRoy, Texas** Crime caper. (2023, 15, 112min) ★★★★
4.25 **Manodrome** Thriller. (2023, 15, 91min) ★★★
6.10 **Eileen** Thriller with Thomasin McKenzie and Anne Hathaway. (2023, 15, 97min) ★★★★

8.00 Anyone But You

8.00 **Anyone But You** Romantic comedy based on Shakespeare's *Much Ado About Nothing*, starring Glen Powell and Sydney Sweeney. After a first date, a duo's attraction turns chilly, until they are reunited at a wedding. (2023, 15, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **A Sacrifice** Drama starring Eric Bana, Sylvia Hoeks and Sadie Sink. A social psychologist investigates a cult linked to an unnerving event. (2024, 15, 94min)

12.00 M'T **Drift** Drama with Cynthia Erivo and Alia Shawkat. (2023, 15, 93min) ★★★★
1.40 AM **The Great Escaper** Drama starring Michael Caine. (2023, 12, 96min) ★★★★
3.20 **American Star** Mystery thriller. (2023, 15, 107min) ★★★★
5.20 **to 7.05** AM **Bonus Track** Comedy starring Joe Anders. (2023, 12, 98min) ★★★

Sky Cinema Best of 2024

303 403 503 517

7.20 AM **L'immensità** Italian drama. (2022, 12, 105min) ★★
9.05 **Spoiler Alert** As 2.55am.
11.05 **Bonus Track** Music comedy. (2023, 12, 98min) ★★★
12.55 PM **Some Other Woman**
2.30 **Meg 2: The Trench** Thriller. (2023, 12, 115min) ★★★
4.30 **Anyone But You** Comedy. (2023, 15, 103min) ★★★★
6.20 **My Big Fat Greek Wedding 3** Romantic comedy sequel. (2023, 12, 92min) ★★

9.40 Sumotherhood

8.00 **Strays** Canine comedy featuring the voices of Will Ferrell, Jamie Foxx and Isla Fisher. An optimistic Border Terrier vows revenge on his neglectful owner. (2023, 15, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Sumotherhood** Comedy drama starring Adam Deacon and Jazzie Zonzolo. Two aspiring criminals decide to rob a megastar and hold up the local bank – but things don't go as planned. With Jennifer Saunders. (2023, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Some Other Woman** Thriller. (2023, 15, 85min) ★★★
12.55 AM **Desperation Road** Thriller. (2023, 18, 112min) ★★★★
2.55 **Spoiler Alert** Comedy drama. (2022, 15, 112min) ★★★
4.55 **to 7.10** AM **Miranda's Victim** Drama starring Abigail Breslin. (2023, 15, 127min) ★★★

Sky Cinema Drama

310 410 510 524

6.00 AM **Let's Dance** Musical. (1950, U, 112min) ★★
8.00 **Mrs Harris Goes to Paris** Comedy drama starring Lesley Manville and Isabelle Huppert. (2022, PG, 115min) ★★★★
10.00 **Miss Potter** As 10.25pm.
11.45 **Spotlight** Fact-based drama. (2015, 15, 129min) ★★★★★
2.05 PM **Oppenheimer** Epic biopic. (2023, 15, 180min) ★★★★★

5.15 **Cold Mountain** Director Anthony Minghella's romantic epic. (2003, 15, 152min) ★★★
8.00 **A Beautiful Mind** Biopic starring Russell Crowe as John Nash, a mathematician who suffered from paranoid schizophrenia but went on to win the Nobel Prize. (2001, 12, 136min) ★★★★
10.25 **Miss Potter** Biopic starring Renée Zellweger as children's author Beatrix Potter. With Ewan McGregor and Emily Watson. (2006, PG, 93min) ★★★

12.00 M'T **Out of Africa** Oscar-winning romantic drama starring Meryl Streep and Robert Redford. (1985, PG, 162min) ★★★★
2.45 AM **Cold Mountain** As 5.15pm.
5.25 **to 7.10** AM **Six Minutes to Midnight** Historical thriller. (2020, 12, 99min) ★★★

Sky Cinema Sci-fi/Horror

311 411 511 525

6.50 AM **Wifelike** Sci-fi thriller. (2022, 15, 105min) ★★★
8.40 **Margaux** Horror thriller. (2022, 15, 104min) ★★
10.30 **The Lawnmower Man** Sci-fi thriller. (1992, 15, 105min) ★★★
1.00 PM **The Island** Sci-fi thriller. (2005, 12, 136min) ★★★
3.30 **Blade Runner** Ridley Scott's thriller starring Harrison Ford. (1982, 15, 130min) ★★★★★

5.40 **The Matrix Reloaded** Sci-fi action thriller sequel. (2003, 15, 137min) ★★★★
8.00 **Minority Report** Sci-fi thriller with Tom Cruise. In Washington in 2054, the authorities prevent potential murders thanks to the visions of three psychics. Then the chief of the Pre-Crime unit becomes a suspect himself. (2002, 12, 145min) ★★★★
10.35 **Videodrome** David Cronenberg's sci-fi thriller with James Woods. (1982, 18, 88min) ★★★★

12.15 AM **Monstrous** Horror thriller. (2022, 15, 89min) ★★★
1.55 **Something in the Dirt** Comedy drama. (2022, 15) ★★★★
4.00 **Silent Running** Sci-fi drama. (1972, U, 90min) ★★★★
5.40 **to 7.40** AM **Biosphere** Comedy drama. (2022, 15, 106min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 406 506 520

6.45 AM **Reuniting the Rubins**
8.40 **Problem Child** As 2.25am.
10.15 **Ghostbusters II** Comedy sequel. (1989, PG) ★★★
12.15 PM **Small Soldiers** As 8.45pm.
2.10 **Swallows and Amazons** Drama. (2016, PG) ★★★★
4.00 **Bean** Comedy spin-off. (1997, PG, 90min) ★★★
5.35 **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy adventure. (2001, PG, 178min) ★★★★★

8.45 Small Soldiers

8.45 **Small Soldiers** Fantasy adventure featuring computer animation, starring Kirsten Dunst and Gregory Smith. A toy company launches a new range of deadly action dolls with a life of their own. With Jay Mohr. (1998, PG, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

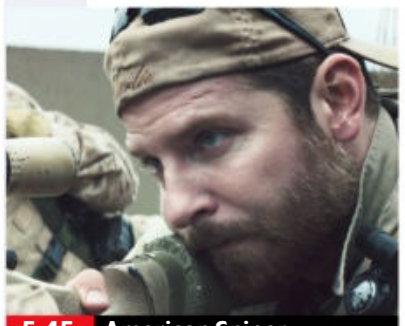
10.45 **Robo-Dog** Family sci-fi adventure with Michael Campion and Olivia d'Abo. (2015, PG, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Reuniting the Rubins** Comedy drama with Timothy Spall. (2010, PG, 98min) ★
2.25 **Problem Child** Comedy. (1990, PG, 81min) ★
3.55 **King Ralph** Family comedy. (1991, PG, 97min) ★
5.45 **to 7.30** AM **Robo-Dog: Airborne** Family adventure sequel. (2017, U, 88min) ★★★

Sky Cinema Action

307 407 507 521

7.35 AM **Rumble Through the Dark**
9.45 **Assassin** As 4.05am.
11.25 **RED** Action comedy thriller. (2010, 12, 111min) ★★★★
1.25 PM **Justice League** Sci-fi adventure starring Ben Affleck. (2017, 12, 120min) ★★
3.35 **Suicide Squad** Fantasy adventure starring Will Smith. (2016, 15, 123min) ★★★
5.45 **American Sniper** Biopic starring Bradley Cooper. (2014, 15, 127min) ★★★★


5.45 American Sniper

8.00 **Transformers: Rise of the Beasts** Fantasy adventure prequel starring Anthony Ramos. Robot creatures the Maximals fight alongside the Autobots to thwart a deadly faction of the Decepticons. With Dominique Fishback. (2022, 12, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Haywire** Steven Soderbergh's thriller with Gina Carano. A freelance secret agent goes on the run after being betrayed by her bosses. (2012, 15, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Assassin Club** Thriller. (2023, 15, 111min) ★★
2.00 AM **Rumble Through the Dark** Crime drama. (2023, 15, 116min) ★★★
4.05 **Assassin** (2023, 15) ★★★
5.45 **to 8.05** AM **The Canton Godfather** Action comedy. (1989, PG, 122min) ★★★

Sky Cinema Comedy

308 408 508 522

6.00 AM **Bill & Ted's Bogus Journey**
7.50 **Mom and Dad Save the World**
9.25 **The Fighting Temptations** Musical. (2003, PG) ★★★
11.35 **Asteroid City** Sci-fi comedy. (2023, 12, 105min) ★★★★
1.30 PM **Bill & Ted's Bogus Journey** Comedy. (1991, PG) ★★★★
3.15 **Mom and Dad Save the World** Comedy. (1992, PG, 88min) ★
4.55 **Ali G Indahouse** Comedy. (2002, 15, 88min) ★★★
6.30 **The Dictator** (2012, 15) ★★★

10.25 The Hangover

8.00 **The Boat That Rocked** Richard Curtis's comedy inspired by 1960s pirate radio, starring Bill Nighy, Philip Seymour Hoffman Rhys Ifans and Tom Sturridge. A teenager learns life lessons from the motley crew of DJs on board a pirate radio station in the North Sea. (2009, 15, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

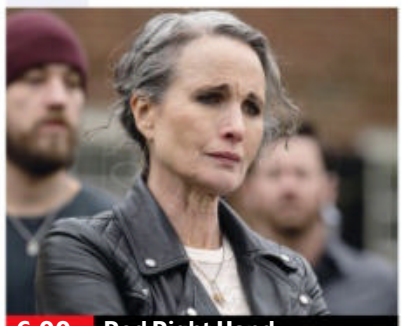
10.25 **The Hangover** Dark comedy with Bradley Cooper and Ed Helms. Three friends try to find the missing groom after a riotous bachelor party. (2009, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Seriously Red** Comedy. (2022, 15, 104min) ★★★
2.05 **Arthur's Whisky** Comedy. (2023, PG, 91min)
3.50 **The Blackening** Horror comedy. (2022, 15) ★★★★
5.35 **to 7.20** AM **Weird Science** Fantasy. (1985, 12) ★★★

Sky Cinema Thriller

309 409 509 523

6.10 AM **State of Play** Thriller. (2009, 12, 127min) ★★★★
8.25 **The Commuter** Thriller. (2018, 15, 105min) ★★★
10.25 **Man on a Ledge** Suspense thriller. (2011, 12, 98min) ★★★
12.25 PM **The Big Heat** As 10.40pm.
2.10 **Poker Face** As 12.25am.
4.00 **Hanna** Action thriller. (2011, 12, 106min) ★★★★
6.00 **Red Right Hand** Thriller starring Andie MacDowell. (2023, 15, 111min) ★★★


6.00 Red Right Hand

8.00 **The Da Vinci Code** Conspiracy thriller based on the bestseller by Dan Brown, starring Tom Hanks and Audrey Tautou. A Harvard professor and a French cryptographer solve a series of clues about the true nature of the Holy Grail while fleeing from the police and a murderous albino monk. (2006, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

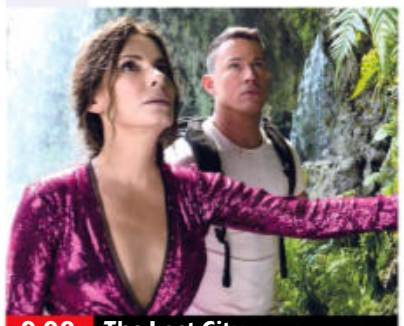
10.40 **The Big Heat** Director Fritz Lang's gangster thriller starring Glenn Ford, Lee Marvin and Gloria Grahame. (1953, b/w, 15, 90min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Poker Face** Crime thriller starring Russell Crowe. (2022, 15, 94min) ★★★
2.15 **Red Right Hand** As 6.00pm.
4.15 **to 6.05** AM **One Shot** Action thriller starring Scott Adkins. (2021, 15, 96min) ★★

Film4

313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **The Iron Petticoat** Comedy starring Bob Hope. (1956, U, 96min) ★★★
1.00 PM **The Guns of Navarone** World War Two adventure. (1961, PG, 150min) ★★★★
4.10 **Sense and Sensibility** Romantic period drama. (1995, U, 136min) ★★★★★
6.55 **Dante's Peak** Disaster movie starring Pierce Brosnan. (1997, 12, 108min) ★★★


9.00 The Lost City

Dante's Peak (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Lost City** Adventure comedy starring Sandra Bullock and Channing Tatum. A novelist on a book tour with her cover model gets swept up in a kidnapping attempt that lands both in danger. With Daniel Radcliffe. (2022, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 **The Equalizer** Action thriller, with Denzel Washington, Chloë Grace Moretz and Marton Csokas. An ex-secret agent fights to bring down a crime syndicate after coming to the aid of an abused prostitute. (2014, 15, 132min) ★★★
1.55 **to 3.50** AM **Sleepless** Action thriller starring Jamie Foxx. (2017, 15, 93min) ★★★

11 PM

+1 hour 314 430 47 301

Sky Cinema Supernatural

302 402 502 516

6.00 AM **The Accursed** As 2.50pm.
7.45 **Hellboy** As shown at 4.05am.
10.00 **Don't Breathe** Horror thriller. (2016, 15, 88min) ★★★★
11.35 **Ouija** Chiller. (2014, 15) ★★
1.10 PM **Snatchers** Comedy horror. (2019, 15, 96min) ★★★
2.50 **The Accursed** Horror thriller. (2022, 15, 90min) ★★
4.35 **Insidious** Supernatural thriller. (2010, 15, 103min) ★★★★

6.20 **Renfield** Comedy horror with Nicholas Hoult and Nicolas Cage. (2023, 15, 93min) ★★★★
8.00 **Five Nights at Freddy's** Horror starring Josh Hutcherson and Matthew Lillard. A man accepts a position as a night-time security guard at an abandoned pizzeria, but is soon locked in a fight for survival. With Piper Rubio. (2023, 15, 109min) ★★
10.00 **Smile** Horror with Sosie Bacon, Kyle Gallner and Jessie T Usher. (2022, 18, 115min) ★★★★

12.00 M'T **The Conjuring 2: The Enfield Poltergeist** Horror sequel starring Vera Farmiga. (2016, 15, 134min) ★★★★
2.20 AM **The Accursed** As 2.50pm.
4.05 **to 6.20** AM **Hellboy** Comic-book horror fantasy. (2004, 12, 122min) ★★★★

Sky Cinema Greats

304 404 504 518

6.00 AM **The Cinema List: The 90s**
6.20 **Sabrina** As shown at 1.10pm.
8.20 **The Hurt Locker** As 3.15pm.
10.40 **Black Hawk Down** As 2.45am.
1.10 PM **Sabrina** Vintage comedy. (1954, b/w, U, 113min) ★★★★
3.15 **The Hurt Locker** War drama. (2008, 15, 125min) ★★★★★
5.35 **Forrest Gump** Multi-Oscar-winning whimsical fable. (1994, 12, 136min) ★★★★

8.00 **Mad Max: Fury Road** Sci-fi thriller starring Tom Hardy and Charlize Theron. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's five brides. (2015, 15, 120min) ★★★★★
10.00 **The Sting** Oscar-winning comedy drama starring Paul Newman and Robert Redford as a pair of confidence tricksters in 1930s Chicago. With Robert Shaw and Charles Durning. (1973, PG, 129min) ★★★★★

12.15 AM **Public Enemies** Biopic. (2009, 15, 140min) ★★★★
2.45 **Black Hawk Down** Director Ridley Scott's war drama. (2001, 15, 144min) ★★★
5.20 **to 6.55** AM **The War of the Worlds** Vintage sci-fi thriller. (1953, PG, 85min) ★★★★

Sky Cinema Animation

305 412 500 514

6.20 AM **Lego DC Batman: Family...**
7.45 **A Stork's Journey** As 3.10am.
9.15 **The Pirates! In an Adventure with Scientists** Adventure. (2012, U, 87min) ★★★★
10.50 **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
12.35 PM **Shrek the Third** Animated sequel. (2007, U, 88min) ★★★★
2.15 **The Angry Birds Movie** Animation. (2016, U) ★★★

4.00 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 93min) ★★★
5.45 **Gnomeo & Juliet** Animated comedy. (2011, U, 83min) ★★★
7.15 **Paws of Fury: The Legend of Hank** Animated comedy. (2022, PG, 98min) ★★★
9.00 **The Canterville Ghost** Animated family adventure. (2023, PG, 89min) ★★
10.35 **Asterix: The Secret of the Magic Potion** Animation. (2018, PG, 81min) ★★★

12.10 AM **The Inseparables** Animation. (2023, U, 90min) ★★★
1.45 **Lego DC Batman: Family Matters** (2019, U) ★★★
3.10 **A Stork's Journey** Animated adventure. (2017, U, 85min) ★★
4.45 **to 6.30** AM **Paws of Fury: The Legend of Hank** As 7.15pm.

Christmas in July

312 419

7.00 AM **A Magical Christmas Village** Fantasy. (2022, PG, 84min) ★★
9.00 **Delivered by Christmas** Comedy. (2020, PG, 84min) ★★
11.00 **A Christmas Cookie Catastrophe** Romantic comedy. (2022, PG, 90min) ★★
1.00 PM **A Very Merry Bridesmaid** Drama. (2021, PG, 87min) ★★
3.00 **Ghosts of Christmas Always** Comedy. (2022, PG, 90min) ★★

5.00 **'Tis the Season to Be Merry** Festive romantic comedy. (2021, PG, 84min) ★★
7.00 **A Biltmore Christmas** Romantic fantasy starring Bethany Joy Lenz and Kristoffer Polaha. (2023, PG, 90min) ★★
9.00 **Sincerely Truly Christmas** Fantasy starring Paula Brancati and Jake Epstein. A magical Christmas wish gives an event planner the ability to hear what everyone wants for the holidays. (2023, PG, 90min) ★★

11.00 **A Kiss Before Christmas** Fantasy. (2021, PG, 90min) ★★
1.00 AM **Christmas with a Kiss** Drama. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **A Royal Christmas Holiday** Drama. (2023, PG) ★★

Movies 24+ 315 420

Talking Pictures

328 445 82 306

6.00 AM **Stagecoach West** (S1)
7.00 **Tread Softly** Crime thriller. (1952, b/w, PG, 70min) ★★★
8.30 **What's On TPTV with Noel**
8.40 **Patterns of Power** Drama. (1956, b/w, U, 83min) ★★★
10.20 **Behind the Camera: Peter Cushing** Celebrating the birthday of the Hammer Horror icon.
11.00 **Time to Remember**
11.35 **The Outer Limits** 28/32. (S1)

12.40 PM **Eight O'Clock Walk** Thriller. (1953, b/w, PG, 87min) ★★
2.25 **Mystery at Monstein**
3.00 **The Saint** 4/23. (S3)
4.05 **36 Hours** Crime drama. (1954, b/w, PG, 80min) ★★★
5.50 **Look at Life**
6.00 **For the Love of Ada** 1/6. (S1)
6.30 **Out of Town**
7.00 **The Footage Detectives**
8.00 **Enemy at the Door** 10/13. (S1)
9.05 **Dead Gorgeous** Crime comedy based on a novel by Peter Lovesey, starring Helen McCrory.

11.05 **In Cold Blood** Crime drama. (1968, b/w, 15, 134min) ★★★★
1.50 AM **Look at Life**
2.00 **Maigret** 1/3. (S10)
3.50 **Glimpses: 1930s East Grinstead**
4.00 **Justice** 8/13. (S3)
5.00 **The Lloyd Bridges Show**
5.30 **to 6.00** AM **Honey West**

MONDAY Sport

8 July

Sky Sports Main Event

401 511 501 419 439

6.00 AM **Sky Sports News** Round-up of the latest sports news, with live analysis and comment, plus extended interviews with the headline-makers and experts.
7.00 **Good Morning Euros** Round-up of all the latest news from Euro 2024 in Germany, with live analysis and comment plus interviews with the headline makers and leading experts.
10.00 **SSN Euro Report** Catch up on the latest news from Euro 2024 in Germany, featuring insight from a team of reporters based in the cities where matches are taking place, who also speak to fans on the streets to gather opinions.
6.00 PM **SSN Euro Report** The latest news from Euro 2024, featuring previews of the semi-final matches, with experts analysing each team's progress to this stage and discussing who will be favourites to reach Sunday's final at the Olympiastadion Berlin.
11.00 PM **to 6.00** AM **Sky Sports News** Round-up of the latest sports news, with live analysis and comment, plus interviews with the headline-makers and experts.

Sky Sports Premier League

402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Good Morning Euros**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Best Goals**
2.00 **Premier League Highlights**
5.00 **Premier League Review**
7.00 **Premier League Icons**
7.30 **PL 100: Petr Cech**
8.00 **Gary Neville's Soccerbox**
9.00 **Newcastle: The Entertainers** A look at the history of Kevin Keegan's exhilarating Newcastle United side during the 1990s.
9.30 **We're Not Really Here: Man City** A look at Manchester City's season in the third tier.
10.00 **Class of '92: Full Time** Despite having a new manager and a trip to Wembley on the horizon, Salford City are struggling to keep pace with the league leaders.
11.00 **PL Retro** Another chance to see Liverpool v Manchester City at Anfield from October 2018.
1.00 AM **Premier League Years** Action from the 1997/98 season.
3.00 **PL Greatest Games**
4.00 **Best PL Goals 2017/18**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **PL Legends**

Sky Sports Football

403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **Best Scottish Premiership Goals** A selection of top strikes.
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Rivalries** Second City Derby.
11.30 **Jimmy Glass: The Great Escape**
12.00 NOON **Bundesliga Highlights Show** The 2023/24 season.
1.00 PM **SWPL** Celtic v Rangers.
1.30 **WSL** Bristol City v Arsenal.
2.00 **Best Scottish Premiership Goals 2022/23** Top strikes.
2.30 **EFL** The 2018/19 play-off finals.
5.30 **EFL Greatest Games** Derby County v Nottingham Forest from the 2013/14 season. **5.45** Queens Park Rangers v Nottingham Forest from 2014.
6.00 **A Perfect Union: The Rise of Berlin's No.1** A look at Bundesliga club FC Union Berlin.
6.30 **Bundesliga Highlights Show**
7.30 **Women's Championship Show**
8.00 **WSL** Aston Villa v Chelsea.
8.30 **Best Scottish Premiership Goals 2023/24** Top strikes.
9.00 **EFL** The 2019/20 play-off finals.
12.00 M'T **EFL** Championship play-offs.
2.00 AM **EFL Rivalries**
2.30 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 514 504 422 442

6.00 AM **T20 Blast 2007** The final.
7.00 **Vitality T20 Blast Cricket** Birmingham Bears v Lancashire Lightning in the 2014 final. **8.35** Worcestershire Rapids v Sussex Sharks in the 2018 final. **9.30** Worcestershire Rapids v Essex Eagles in the 2019 final.
10.30 **Vitality T20 Blast Cricket** Surrey v Middlesex: Another chance to see the South Group match from the Oval in London.
2.00 PM **Vitality T20 Blast Cricket** Somerset v Gloucestershire: Another chance to see the South Group match, which was staged at the County Ground, Taunton.
5.20 **Best of the Women's World T20** Action from the 2018 final between Australia and England.
5.30 **Best of England v Windies**
6.30 **Secrets of Success** The most successful leaders in sport.
8.45 **Pushing Boundaries: To The Hundred and Beyond** The history of women's cricket.
10.00 **Dreams of a Nation**
11.00 **ICC Men's T20 World Cup**
12.00 M'T **T20 Blast 2007**
1.00 AM **Vitality T20 Blast Cricket**
4.30 **Best of England v Windies**
5.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 515 505 423 443

6.00 AM **DP World Tour Golf** Another chance to see day four of the BMW International Open.
11.00 **PGA Tour Golf** A replay of day four of the John Deere Classic.
4.00 PM **Chronicles of a Champion Golfer** Profiles of leading players.
5.00 **England Golf: Get into Golf**
5.30 **Ladies European Tour Golf**
6.30 **DP World Tour Golf**
7.00 **PGA Tour Golf**
8.00 **Ladies European Tour Golf**
9.00 **PGA Tour Golf**
10.00 **DP World Tour Golf**
10.30 **England Golf – Get into Golf**
11.00 **Chronicles of a Champion Golfer** Profiles of leading players.
12.00 M'T **PGA Tour Golf**
1.00 AM **DP World Tour Golf**
1.30 **Chronicles of a Champion Golfer** Profiles of leading players.
2.00 **Ladies European Tour Golf**
3.00 **DP World Tour Golf**
4.00 **PGA Tour Golf**
5.00 **to 6.00** AM **DP World Tour Golf**

Sky Sports Tennis

407 537 520 425 445

6.00 AM **Tennis** The Linz Open. **7.00** Mallorca Championships. **9.00** The Italian Open finals.
11.00 **Tennis** The Cordoba Open. **1.00** PM The ATX Open final. **3.00** Brisbane International.
4.00 **Tennis** Mallorca Championships. **6.00** The Italian Open review. **7.30** The Miami Open finals.
9.30 **Tennis** The Madrid Open review. **10.00** The Linz Open final. **11.00** Brisbane International.
12.00 M'T **to 6.00** AM **Tennis**

TNT Sports 1

410 870 527 408 430

6.00 AM **AFL** A replay of Collingwood Magpies v Essendon Bombers. **8.00** A replay of Port Adelaide Power v Western Bulldogs. **10.00** North Melbourne Kangaroos v Gold Coast Suns.
12.00 NOON **Major League Cricket Highlights** Texas Super Kings v Los Angeles Knight Riders. **12.30** PM Highlights of MI New York v Washington Freedom.
1.00 **MLB Highlights** Baseball.
2.00 **World Championship of Legends Cricket** Highlights from West Indies v South Africa. **3.00** England v Pakistan.
4.00 **LIVE World Championship of Legends Cricket India v Australia.** Coverage of the T20 match at Edgbaston, Birmingham.
8.30 **TNT Sports Cricket Reload**
9.00 **Fishing: On the Bank**
10.00 **Women's T20 International Cricket** India v South Africa.
11.00 **WWE Raw Highlights**
12.00 M'T **WWE SmackDown Highlights** Wrestling action.
1.00 AM **LIVE WWE Raw** Wrestling.
4.15 **Ariel Helwani Meets**
5.00 **to 6.00** AM **UEFA Europa League Goals Reload**

TNT Sports 2

411 871 528 409 431

6.00 AM **Henley Royal Regatta**
6.30 **Formula E** Portland E-Prix.
8.30 **Sign Up – Into Football**
9.30 **Henley Royal Regatta**
10.00 **MotoGP** Highlights of races from the Grand Prix of Germany.
1.30 PM **MotoGP Chequered Flag**
2.15 **Around the Block**
2.30 **Sign Up – Into Football**
3.30 **MotoGP Highlights** Action from the Grand Prix of Assen.
4.30 **MLB Highlights** Baseball.
5.30 **LIVE MLB Pittsburgh Pirates v New York Mets.** Coverage of the National League match from PNC Park. Start-time **5.35pm**.
8.45 **The FA Disability Cup** Action from the FA Disability Cup at St George's Park, including six finals.
9.45 **Premier League World Beaters** A look at some of the best players in the top flight.
10.45 **WNBA** Highlights from Indiana Fever v New York Liberty. **11.45** The key moments from Las Vegas Aces v Dallas Wings.
12.45 AM **TNT Sports Cricket Reload**
1.00 **AFL** Replays of recent games.
5.00 **TNT Sports Cricket Reload**
5.30 **to 6.00** AM **Major League Cricket Highlights**

TNT Sports 3

417 874 529 410 432

6.00 AM **National League** A replay of Rochdale v Ebbsfleet United. **7.30** Another chance to see Bromley v Barnet at Hayes Lane. **9.00** Another chance to see Chesterfield v Oldham Athletic. **10.30** A chance to see Hartlepool United v AFC Fylde.
12.00 NOON **National League** Eastleigh v Aldershot Town. **1.30** PM A chance to see Gateshead v Oldham Athletic. **3.00** Another chance to see Bromley v Maidenhead United. **4.30** A replay of Kidderminster Harriers v Solihull Moors.
6.00 **Stand Up Kickabout**
6.30 **LIVE Ultimate Pool** Group 4 of the Ultimate Pool Pairs Cup at the Players Pool & Snooker Lounge in Newcastle-under-Lyme.
9.30 **MotoGP** Action from the MotoGP Grand Prix of Germany.
10.30 **MotoGP Chequered Flag**
11.15 **UEFA Champions League Goals Reload** Highlights.
11.30 **Vanarama National League**
1.00 AM **National League**
2.30 **UFC Reloaded**
5.00 **UFC Fight Flashback**
5.30 **to 6.00** AM **Stand Up Kickabout**

Sky Sports Action

408 517 507 426 446

6.00 AM **Fight Night International**
8.00 **NFL Highlights**
9.00 **Fight Night International**
10.00 **Super Bowl LVIII Highlights**
11.00 **Fight Night International**
12.00 NOON **NFL Highlights**
2.00 PM **Fight Night International** Action from a recent bout. **3.00** A replay of Efe Ajagba v Joe Goodall from November 2023.
4.00 **NFL Highlights** Action from LA Chargers v Miami Dolphins. **5.00** Buffalo Bills v Denver Broncos at Highmark Stadium. **6.00** LA Chargers v Detroit Lions.
7.00 **Fight Night International** A chance to see Efe Ajagba v Joe Goodall from November 2023.
8.00 **NFL Highlights** Detroit Lions v Tampa Bay Buccaneers.
9.00 **Fight Night International** Action from a recent bout.
10.00 **NFL Highlights** San Francisco 49ers v Cincinnati Bengals. **11.00** Action from Los Angeles Chargers v Chicago Bears.
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 AM **NFL Highlights** Buffalo Bills v Kansas City Chiefs.
2.00 **Fight Night International**
4.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 873 510 429 449

6.00 AM **DP World Tour Golf**
11.00 **Formula 1** British Grand Prix.
12.00 NOON **NFL Highlights**
2.00 PM **Vitality T20 Blast Cricket**.
5.20 **Best of the Women's World T20** Action from the 2018 final.
5.30 **Chronicles of a Champion Golfer** Profiles of leading players.
6.30 **DP World Tour Golf**
7.00 **PGA Tour Golf** A review of the John Deere Classic.
8.00 **Ladies European Tour Golf** The Aramco Team Series event.
9.00 **Fight Night International**
10.00 **Formula 1** British Grand Prix.
11.00 **Tennis** Brisbane International.
12.00 M'T **T20 Blast 2007**
1.00 AM **DP World Tour Golf**
1.30 **Chronicles of a Champion Golfer** Profiles of leading players.
2.00 **Fight Night International**
4.00 **to 6.00** AM **NFL Highlights**

TNT Sports 4

421 876 530 411 434

6.00 AM **MLB Highlights**
7.00 **MLB Plays of the Week**
7.30 **Major League Cricket Highlights**
8.30 **WRC Review** Rally Poland.
9.30 **MLB Highlights**
10.30 **Women's Test Match Cricket**
12.30 PM **Women's T20 International Cricket**
1.30 **Premiership Women's Rugby**
3.00 **NWSL** Action from Chicago Red Stars v Houston Dash.
4.00 **WSL: Inside Pro Surfing**
5.00 **WNBA** A match replay.
7.00 **UEFA Champions League Goals Reload** Highlights.
7.15 **Major League Cricket Highlights**
7.45 **LIVE Major League Cricket Washington Freedom v Texas Super Kings.** Coverage of the T20 match from Church Street Park in Morrisville, North Carolina.
11.45 **Henley Royal Regatta**
2.45 AM **Major League Cricket Highlights** Recent action.
3.15 **to 6.00** AM **MLB Classic**

Eurosport 1

413 868 521 412 435

6.00 AM **Tour de France: Breakaway**
6.30 **Hall of Fame: Atlanta 1996**
7.30 **Tennis: Wimbledon**
9.00 **Cycling: Tour de France**
10.30 **Cycling** Omloop Het Nieuwsblad.
10.50 **Cycling: Women's Giro d'Italia**
11.50 **LIVE Cycling: Women's Giro d'Italia** Coverage of stage two.
1.45 PM **Cycling: Tour de France**
3.15 **Cycling** Omloop Het Nieuwsblad.
3.30 **Olympic Games**
4.00 **Mountain Biking**
6.00 **Golden Trail World Series**
6.30 **Teqball Show**
7.00 **Cycling: Second to None**
8.00 **Cycling: Women's Giro d'Italia**
9.00 **Cycling: Tour de France**
10.00 **Tour de France: Breakaway**
10.30 **Cycling: Women's Giro d'Italia**
11.30 **Mountain Biking** From France.
12.30 AM **Tennis: Wimbledon**
2.00 **Cycling: Tour de France**
3.30 **Tennis: Wimbledon**
5.00 **to 6.00** AM **Cycling: Tour de France**

Eurosport 2

414 869 522 413 436

6.00 AM **Tennis: Wimbledon**
7.30 **Cycling: Tour de France**
8.30 **Tour de France: Breakaway**
9.00 **World Superbikes**
11.00 **Tennis: Wimbledon**
12.30 PM **Marathon** Transvulcania.
1.00 **Motocross World Championship** From Lombok.
5.00 **British Superbikes**
6.00 **British Superbikes Extra**
7.00 **Cliff Diving** The third round from Polignano a Mare in Italy.
8.00 **Surfing World League** The Surf City El Salvador Pro at Punta Roca.
9.00 **Mountain Biking** Highlights from Haute-Savoie in France.
10.00 **Tennis: Wimbledon**
11.30 **British Superbikes**
12.30 AM **Cycling: Tour de France**
1.30 **Tour de France: Breakaway**
2.00 **Hall of Fame: Sydney 2000**
3.00 **Marathon** Transvulcania.
3.30 **Cycling: Tour de France**
4.30 **Tour de France: Breakaway**
5.00 **to 6.00** AM **Porsche Supercup**

Sky Sports Arena

412 518 508 427 447

6.00 AM **Super League**
8.05 **My Icon** Shaun Gayle.
8.15 **Super League Highlights**
9.00 **PDC Classics** Archive action.
10.00 **Fight Night International**
11.00 **Super League Highlights**
12.00 NOON **Super League** Wigan Warriors v Leigh Leopards.
2.05 PM **My Icon** Shaun Gayle.
2.15 **Super League Highlights**
3.00 **PDC Classics** Archive highlights.
4.00 **Fight Night** Jonas v Mayer.
5.00 **Fight Night International**
6.00 **Super League Highlights**
7.00 **PDC Classics** Archive action.
8.00 **Super League** A chance to see Wigan Warriors v Leigh Leopards.
10.05 **My Icon** Leon Pryce.
10.15 **Super League Highlights**
11.00 **Fight Night International**
1.00 AM **Super League**
3.05 **My Icon** Leon Pryce.
3.15 **Super League Highlights**
4.15 **PDC Classics** Archive highlights.
5.15 **to 6.00** AM **Super League**

Sky Sports F1

406 516 506 424 444

6.00 AM **Formula 1** Another chance to see the British Grand Prix.
10.30 **Ted's Notebook**
11.00 **Formula 1** British Grand Prix first practice session at Silverstone.
12.25 PM **F1 Feature**
12.30 **Formula 1** The British Grand Prix second practice session.
1.55 **F1 Feature**
2.00 **The F1 Show**
3.00 **Formula 1** Action from the British Grand Prix third practice session. **4.15** Action from the British Grand Prix qualifying session.
6.15 **Ted's Notebook**
6.45 **Senna's First Car**
7.00 **Formula 1** British Grand Prix.
9.15 **Ted's Notebook**
9.45 **Senna: The Driving Force**
10.00 **Formula 1** From Silverstone.
11.00 **Ted's Notebook**
11.30 **Formula 2** British Grand Prix.
12.45 AM **Formula 1** Highlights.
12.55 **F1 Feature**
1.00 **to 6.00** AM **The Home of F1**

SKY HD SD VIRGIN HD EE HD

Tuesday

9 July

Evening Planner

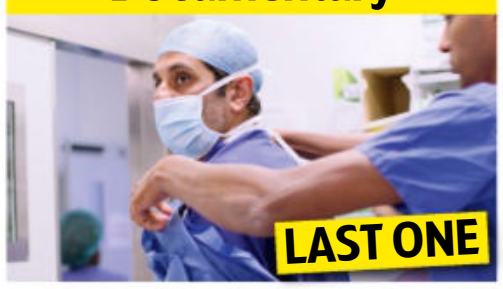
Football

Euro 2024: Semi-Final
BBC1 or ITV1, kick-off 8pm
Could Cristiano Ronaldo's Portugal still be in with a shot of repeating their 2016 championship win in tonight's semi-final?

Documentary

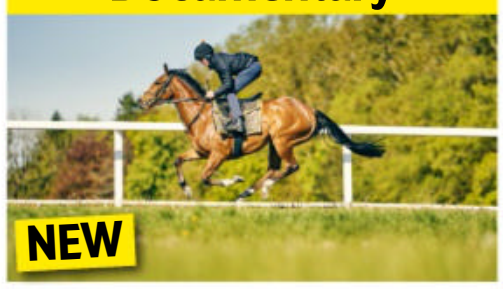
Secrets of the London Underground
Yesterday, 8pm
Exploring the network of tunnels underneath London's Paddington station.

Documentary



Super Surgeons
C4, 9pm
The series based at the Royal Marsden Hospital draws to a close, with specialists attempting pioneering robotic surgery.

Documentary



Horsepower
BBC4, 10pm & 11pm
Behind the scenes at Park House Stables in Kingslere, following the work of winning racehorse trainer Andrew Balding.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 The Great British Sewing Bee		10.00 News; Local News	10.40 MOTD...
102 BBC2	◂ 3.00 Wimbledon – Live: Further coverage		8.00 Today at Wimbledon		9.00 Saving Lives at Sea		10.00 2point4...	10.30 Newsnight
103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 It'll Be Alright on the Night		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Devon and Cornwall: In Summer		9.00 Super Surgeons: A Chance at Life		10.00 Emergency	
105 CHANNEL 5	7.00 Our Great Yorkshire Life		8.00 The Yorkshire Vet: Wedding Bells &...		9.00 The Night Caller		10.00 The Spy in the Bag: New Revelations	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 I Am Patrick Swayze			9.45 An Idiot Abroad		
ENTERTAINMENT								
115 BBC3	7.00 Celebrity MasterChef		8.00 Top Gear		9.00 Film: Moulin Rouge!			
116 BBC4	7.00 Bolsover Castle...	7.30 Canal Boat...	8.00 One Foot in...	8.30 Butterflies	9.00 Traitors to Hitler		10.00 Horsepower	
118 ITV2	7.00 Wheel of Fortune		8.00 The Masked Singer US		9.00 Love Island		10.05 Extraordinary	10.40 Family...
136 MORE4	◂ 6.55 Car S.O.S.		7.55 Grand Designs		9.00 24 Hours in A&E		10.00 Rescue: Extreme Medics	
135 E4	7.00 Hollyoaks	7.30 Come Dine...	8.00 Dance Moms		9.00 Gogglebox		10.00 Naked Attraction	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 The Equalizer		10.00 FBI: Most Wanted	
108 SKY ATLANTIC	◂ 6.45 Gomorrah		7.55 Game of Thrones		9.00 True Detective: Night Country			10.10 House of the Dragon
110 GOLD	◂ 6.40 Dad's Army		8.00 The Thin Blue Line	8.35 The Vicar of Dibley	9.15 Harry Enfield and Chums	9.55 The Fast Show		
111 DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Trigger Point	
120 ITV4	7.00 Tour de France Highlights		8.00 River Monsters		9.00 Junk and Disorderly		10.05 Film: Predator 2	
112 COMEDY CENTRAL	7.00 Friends				9.00 Out of Order		10.00 Jimmy Carr Live: Comedian	
139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Stargate SG-1		9.00 Film: Dracula: The Original Living Vampire			
113 SKY MAX	7.00 Stargate SG-1		8.00 Agatha Raisin				10.00 An Idiot Abroad	
109 ALIBI	7.00 Elementary		8.00 Father Brown		9.00 Shakespeare & Hathaway		10.00 Death in Paradise	
130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Rothko: Pictures Must Be Miraculous		9.15 Pompeii: Sin City			
132 W	7.00 Tipping Point: Lucky Stars		8.00 DIY SOS: The Big Build		9.00 Nick Knowles' Big House Clearout		10.00 Louis Theroux Interviews...	
DOCUMENTARY								
125 DISCOVERY	7.00 Kindig Customs		8.00 Bad Chad Customs		9.00 Gold Rush: Parker's Trail		10.00 Gold Divers	
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 The Aquarium				10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Apocalypse: Hitler Takes on the West				10.00 World War II: The Apocalypse	
123 SKY HISTORY	7.00 Forged in Fire		8.00 What on Earth?		9.00 History's Greatest Mysteries		10.00 Close Encounters	
155 YESTERDAY	7.00 Find It, Fix It, Flog It		8.00 Secrets of the London Underground		9.00 Bangers & Cash		10.00 Bangers & Cash: Restoring Classics	
121 SKY DOCS	7.00 Ghislaine Maxwell: Epstein's Shadow		8.00 I Am Patrick Swayze				10.00 Ibiza Narcos	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 A Sacrifice		8.00 Anyone But You				10.00 Manodrome	
302 SUPERNATURAL	◂ 6.00 Five Nights at Freddy's		8.00 The Conjuring				10.00 The Conjuring 2: The Enfield Poltergeist	
303 BEST OF 2024	◂ 6.10 One More Shot		8.00 The Bricklayer				10.00 BlackBerry	
304 GREATS	◂ 5.55 Mad Max: Fury Road		8.00 Inception					10.30 Public Enemies
305 ANIMATION	7.05 Justin and the Knights of Valour			8.50 Captain Underpants			10.25 Lego Batman...	
306 FAMILY	◂ 5.45 The Lord of the Rings: The Two Towers			8.50 Swallows and Amazons				10.35 King Ralph
307 ACTION	◂ 5.45 Transformers: Rise of the Beasts		8.00 Mission: Impossible			9.55 Interstellar		
308 COMEDY	◂ 6.15 Bill & Ted's Bogus Journey		8.00 Shakespeare in Love				10.05 The Hangover Part II	
309 THRILLER	◂ 5.40 Now You See Me 2		8.00 Angels & Demons				10.25 Lord of War	
310 DRAMA	◂ 6.15 The Great Escaper		8.00 A Few Good Men				10.20 Lost in Translation	
311 SCI-FI	◂ 6.20 Monstrous		8.00 Ghostbusters				10.10 Star Trek IV: The Voyage Home	
313 FILM4	◂ 6.45 Instant Family				9.00 Con Air			
SPORT								
401 MAIN EVENT	◂ 6.00 Women's International T20 Cricket – Live: England v New Zealand						10.00 SSN Euro Report	
402 PREMIER LEAGUE	7.00 PL Icons	7.30 PL 100	8.00 SSN Euro Matchday				10.00 SSN Euro Report	
403 FOOTBALL	◂ 6.30 Bundesliga...	7.30 WSL	8.00 Women's...	8.30 Scottish...	9.00 EFL			
404 CRICKET	◂ 6.00 Women's International T20 Cricket – Live: England v New Zealand						10.00 The Film Room: England v W Indies	
410 TNT SPORTS 1	◂ 4.00 World Championship of Legends Cricket – Live			8.30 Major League Cricket...	9.15 International Rugby Union			
411 TNT SPORTS 2	7.00 World Rallycross Championship...		8.00 European Rally...	8.30 PL Stories	9.00 WWE Monday Night Raw			

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

TONIGHT'S BBC1 AND ITV1 SCHEDULES WILL BE AFFECTED BY EURO 2024 SEE WHATTOWATCH.COM FOR UPDATES

Tuesday

BBC1

101 | 101 | 1 | 101 | 101

6.00 AM **Breakfast** (S)
9.30 **Morning Live** (S)
10.45 **Homes Under the Hammer** New edition Featuring properties in Leeds and Staffordshire. (S)(AD)
11.45 **Bargain Hunt** (S)(R)(AD)
12.30 PM **LIVE Wimbledon** Clare Balding presents coverage of day nine at the All England Club. (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **LIVE Wimbledon** Clare Balding presents further coverage of day nine of the tournament, including the quarter-finals of the men's and ladies' singles competitions. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

• *Alternative schedule* If BBC1 show tonight's Euro 2024 semi-final, the schedule will be: **7.00pm LIVE Match of the Day: Euro 2024** Coverage of the opening semi-final. Kick-off is at 8.00. (S) **10.10 BBC News** (S) **10.40 Local News** (S) **10.50 FILM Gravity** Space thriller. (S) (2013, 12, 85min) ★★★★★ **12.15am Match of the Day Top 10: Euros Home Nations XI** (S) **12.45 Football: Euro 2024 Match Replay** (S) **2.35 Weather for the Week Ahead** (S) **2.40-6.00am BBC News** (S)

7 PM

7.00 The One Show Lauren Laverne and Vernon Kay present the topical show. (S)

7.30 EastEnders Stevie tells Billy the truth about what happened to his mum, and Yolande attempts to help Howie with Denzel. (S)(AD)

8 PM

8.00 The Repair Shop Tim Gunn attempts to get a unicycle back in gear, bookbinder Chris Shaw restores a bible, and Richard Talman works on a gold ring badly scorched after spending weeks in a fireplace. (S)(R) (AD)

9 PM

9.00 The Great British Sewing Bee New edition 8/10. Kiell Smith-Bynoe hosts as the remaining sewers compete in the quarter-finals, making imaginative garments to impress judges Esme Young and Patrick Grant. (S)(AD)

10 PM

10.00 BBC News (S)
10.30 Local News (S)
10.40 MOTD: Euro 2024 Highlights A look back at action from the opening semi-final, as the winners of the first and second quarter-finals met at Munich Football Arena. (S)
11.40 The Traitors US 9/12. With only a few days to win the game, a Faithful and a Traitor go head to head but only one will survive. One Faithful must decide their fate, and shots are fired in the mission. (S)(R)(AD)
12.40 AM **Football: Euro 2024 Match Replay** Another chance to see the opening semi-final. (S)
2.30 **Weather for the Week Ahead** Seven-day forecast. (S)
2.35 **to 6.00** AM **BBC News** (S)

BBC2

102 | 102 | 2 | 102 | 102

6.45 AM **Garden Rescue: Top of the Plots** The team's favourite transformational makeovers. (S)(R)
7.30 **Beechgrove Garden** Advice on herbs ideal for container and window box cultivation. (S)(R)
8.00 **Sign Zone: The Great British Sewing Bee** 7/10. The sewers tackle three technically taxing lingerie challenges. (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Wimbledon** Coverage of day nine of the Grand Slam tournament at the All England Club, where the men's and ladies' singles quarter-finals are scheduled to get under way. (S)
3.00 **LIVE Wimbledon** Further day nine coverage, as the men's and ladies' singles quarter-finals continue. (S)

9.00 Saving Lives at Sea

7.00 LIVE Wimbledon (started at 3.00pm)

8.00 Today at Wimbledon Qasa Alom presents highlights of day nine at the All England Club, as the men's and ladies' quarter-finals got under way. (S)

9.00 Saving Lives at Sea 4/10. On Ireland's north-west coast, the RNLI crew at Bundoran race to the rescue of a teenage girl who has been swept out to sea by a rip current. (S)(R)(AD)

10.00 2point4 Children Lottery fever hits the Porter household as Ben chooses his numbers for a rollover jackpot – then mislays his ticket. (S)(R)
10.30 Newsnight (S)
11.00 **Weather** (S)
11.05 **FILM Ordinary Love** Melodrama starring Lesley Manville and Liam Neeson. A couple attempt to navigate the world of serious illness, including surgery, radiation and chemotherapy. With Esh Alladi. (S) (2019, 12, 85min) ★★★★
12.30 AM **Sign Zone: Springwatch** (S)(R)
1.30 **Sign Zone: D-Day: The Unheard Tapes** Documentary. (S)(R)(AD)
2.30 **Sign Zone: Clean It, Fix It** (S)(R)
3.15 **to 6.30** AM **Previews** (S)

ITV1

103 | 103 | 803 | 103 | 3 | 103 | 103 | 103

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Cooking with the Stars** The three remaining celebrity contestants compete against each other in the final as they bid to be crowned the winner. Hosted by Emma Willis and Tom Allen. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
3.59 **Local Weather** (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

• *Alternative schedule* If ITV1 show tonight's Euro 2024 semi-final, the schedule will be: **6.00pm Local News** (S) **6.10 ITV News** (S) **6.30 LIVE Football: Euro 2024** Coverage of the opening semi-final. Kick-off is at 8.00. (S) **10.30 ITV News** (S) **11.00 Local News**. (S) **11.15 The 1% Club** (S)(R) **12.10am Tour de France Highlights** (S)(R) **1.00-3.00am Teleshopping**

7.30 Emmerdale Amy gets some worrying news from the prison, Billy breaks the bubble, and Rose tries to back out. (S)(AD)

8.00 Coronation Street Roy drifts in and out of consciousness while his visitor disappears from his hospital bedside. When the cafe owner tells Nina about his surprise visitor, she questions whether he was hallucinating. (S)(AD)

9.00 It'll Be Alright on the Night New edition David Walliams presents more bloopers as a reporter is humiliated in front of Brad Pitt, a stray cat causes chaos on the set of *Love Island*, and Romesh Ranganathan almost kills an athlete. (S)(AD)

10.00 ITV News (S)
10.30 Local News (S)
10.45 Football: Euro 2024 Highlights A look back at action from the opening semi-final at Munich Football Arena. (S)
11.40 Tour de France Highlights Action from stage 10, featuring a 187.3km route from Orleans to Saint-Amand-Montrond. (S)(R)
12.30 AM **Teleshopping**
3.00 **Long Lost Family: Born Without Trace – What Happened Next** The stories of foundlings Harvey and Caroline. (S)(R)(AD)
3.50 **Unwind with ITV** (S)
5.10 **to 6.00** AM **Ainsley's Taste of Malta** (S)(SL)(R)(AD)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 | 104/108 | 804 | 108 | 4 | 104 | 104/106

6.30 AM **Cheers** 16&17/25. (S3) (S)(R)
7.20 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 21-24/24. (S3) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Renovation Nation** New edition Catherine and Alan create an elegant sitting room. (S)(AD)
5.00 **A New Life in the Sun: Where Are They Now?** Spanish scuba diving company owners Jo and Ed look to relocate. (S)(R)
6.00 **Four in a Bed** From the Marthrown of Mabie campsite, Dumfries. (S)(R)
6.30 **The Simpsons** *The Monkey Suit:* Lisa defies a new ruling that bans the teaching of evolution. (S)(R)(AD)

9.00 Super Surgeons

7.00 News (S)

8.00 Devon and Cornwall New edition In Torquay, harbour master Nick prepares to receive the world's largest residential cruise ship, and in Cornwall, surfer Gwyn showcases where the UK wave-riding craze took hold. (S)(AD)

9.00 Super Surgeons: A Chance at Life Series finale 4/4. Fitness fanatic Jonathan undergoes surgery to remove a tumour near his heart, and ex-postie Dave has a vascular tumour wrapped around his kidney. (S)(AD)

10.00 Emergency 3/4. Zoltan prepares to see his children for the first time after his partial leg amputation, and specialist surgeons work fast to save 87-year-old June's foot after a severe open ankle fracture. (S)(R)(AD)
11.05 **24 Hours in A&E** (S)(R)(AD)
12.05 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.00 **FILM Assassination Nation** Thriller. (S) (2018, 18, 105min) ★★★★
2.45 **FA Disability Cup Football Highlights** (S)(SL)(R)(AD)
3.40 **Come Dine with Me: The Professionals** (S)(R)
4.35 **Jamie's One-Pan Wonders** (S)(R)
5.00 **Frasier** 11 & 12/24. (S6) (S)(R)(AD)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 | 105 | 105 | 105

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Storm Huntley** (S)
12.45 PM **Friends** (S9) (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **Secrets of My Lover** Thriller starring Anna Marie Dobbins and Vivica A Fox. (S) (2021, PG, 100min) ★★
4.00 **Bargain-Loving Brits in the Sun** Cameras focus on Mick and Julie, who live on the Amalfra campsite. (S)(R)(AD)
5.00 **News** (S)
6.00 **All Creatures Great and Small: Yorkshire Vet Special** Behind the scenes of last year's *All Creatures Great and Small* festive special. (S)(R)
6.55 **News** (S)

8.00 The Yorkshire Vet

7.00 **Our Great Yorkshire Life** New edition Florist Sarah arranges a display at the Harrogate Autumn Flower Show, and Knaresborough hosts a town crier contest. (S)
7.55 **News** (S)

8.00 **The Yorkshire Vet: Wedding Bells & Cow Bells** New edition Shona Searson rushes to an emergency calving and suspects a caesarean might be in order. Peter Wright operates on a much-loved sheepdog. (S)

9.00 **The Night Caller** New episode 3/4. Rob advises Tony to leave town, revealing Ste Murray is involved with dangerous people. Stars Robert Glenister and Sean Pertwee.(S1) (S)
■ Concludes tomorrow

10.00 NEW **The Spy in the Bag: New Revelations** An updated documentary exploring the case of Gareth Williams, a GCHQ employee on secondment to MI6 who was found dead inside a bag in the bath at his flat. (S)

11.30 **Crimes That Shook Britain** The case of John Sweeney. (S)(R)
12.25 AM **Police Interceptors** (S)(R)
1.15 **PlayOJO Live Casino Show** (S)
3.15 **Upgrade Me: Secrets of the First Class Flight** (S)(R)
4.10 **Great Artists** (S)(SL)(R)
4.35 **Wildlife SOS** (S)(SL)(R)
5.00 **House Doctor** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Stop, Search, Seize** (S)(R)(AD)
9.00 **Stargate SG-1** (S4) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **MacGyver** (S2) (S)(R)
3.00 **Hawaii Five-0** 8/25. (S7) (S)(R)
4.00 **S.W.A.T.** 4/22. (S5) (S)(R)(AD)
5.00 **The Simpsons** *Teenage Mutant Milk-Caused Hurdles:* Bart has a crush on his new teacher. (S)(R)
5.30 *Paths of Glory:* Marge and Homer suspect that Bart might be a sociopath. (S)(R)
6.00 **The Office (US)** *Night Out:* 15/19. Dwight and Michael visit Ryan in New York. (S)(R)
6.30 *Did I Stutter?* 16/19. Michael attempts to change Stanley's attitude. (S4) (S)(R)

8.00 I Am Patrick Swayze

7.00 **The Simpsons** *Much Apu About Something:* Sanjay's son turns the shop into a health-food store. (R)
7.30 *Love Is in the N2-O2-Ar-CO2-Ne-He-CH4:* Professor Frink plays matchmaker. (S)(R)

8.00 **I Am Patrick Swayze** A tribute to the American actor, known for his roles in hit films like *Dirty Dancing*, *Ghost* and *The Outsiders*, who died in September 2009. Contributors include Demi Moore, Rob Lowe and Jennifer Grey. (S)(R)(AD)

9.45 **An Idiot Abroad** 4/8. Karl Pilkington travels to Mexico and immerses himself in the country's culture, before heading for Chichen Itza, home to temples built between the ninth and 12th centuries. (S)(R)(AD)

10.45 **The Walking Dead: The Ones Who Live** *The Last Time:* 6/6. As the CRM plan to declare martial law and eliminate survivor communities worldwide, it's up to Rick and Michonne to stop them. (S1) (S)(R)(AD)

11.45 **The Force: North East** (S)(R)
12.45 AM **Brit Cops: Law & Disorder** Crime documentary. (S)(R)
1.40 **Road Wars** (S)(R)
3.10 **Hawaii Five-0** 8/25. (S7) (S)(R)
4.05 **S.W.A.T.** 4/22. (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
No variations

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
11.05pm First Minister's Questions (S) **12.05-12.30am** Coast (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Cwpwrdd Epic Chris **12.30** Ffermio **1.00** Prynhawn Da New edition **1.55** Newyddion S4C a'r Tywydd **2.00** LIVE Seiclo: Tour de France **4.45** Og y Draenog Hapus **4.50** Pentre Papur Pop **5.00** Stwnsh **6.00** Cymry ar Gynfas **6.30** Tanwen ac Ollie (AD) **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Seiclo: Tour de France **9.30** Y Byd ar Bedwar **10.00** Taith Bywyd (AD) **11.00-11.35pm** Adre

TV&Satellite week
New issue on sale today

BBC3

115/117/121 | 107/113 | 23 | 107 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Celebrity MasterChef** The celebrities are tested on their knowledge of spice and make brandy snaps with two different creams.
7.55 **The Catch Up**
8.00 **Top Gear** Jeremy Clarkson gets behind the wheel of a Jaguar XJ and races against Earth's rotation, and James May drives a NASA Space Exploration Vehicle.
9.00 FILM **Moulin Rouge!** Baz Luhrmann's romantic musical starring Ewan McGregor and Nicole Kidman. A young English writer falls in love with a beautiful actress in 1899 Paris. With Jim Broadbent. (2001, 12, 128min) ★★★
11.00 **This Country** 1/6. Kerry has turned over a new leaf and is trying to give back to her community. **11.30** 2/6. Kerry receives threatening letters. (S2)
12.00 M'T **Brickies**
1.00 AM **Top Gear**
2.00 **This Country**
2.55 **to 3.55** AM **Brickies**

BBC4

116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Bolsover Castle with Lucy Worsley: Secret Knowledge** The story of the 17th-century residence.
7.30 **Canal Boat Diaries** Robbie travels to Liverpool Docks.
8.00 **One Foot in the Grave** Victor quarrels with the electricity board.
8.30 **Butterflies** Ria puts an end to her flirtatious liaisons.
9.00 **Traitors to Hitler** The story of the men who conspired to kill Hitler.
10.00 NEW SERIES **Horsepower** 1/4. Daily life at Park House Stables in Kingsclere. **11.00** New edition 2/4. Oisin Murphy returns from his ban to ride a prize filly.
12.00 M'T **Marty Feldman: No, But Seriously – One Pair of Eyes** The art of comedy.
12.45 AM **Bolsover Castle with Lucy Worsley: Secret...**
1.15 **Canal Boat Diaries**
1.45 **Traitors to Hitler**
2.45 **to 3.45** AM **Operation Stonehenge: What Lies Beneath**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** From Bristol and Bath.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Chateau DIY** At Château Mas du Pradie, Julia is on tenterhooks as she hosts her first wedding at the venue.
6.55 **Car S.O.S.** Fuzz Townshend and Tim Shaw set about restoring a 1970s Datsun 240z belonging to a doctor.
7.55 **Grand Designs Revisited** Kevin McCloud revisits Vicky and Ed, who in 2015 broke free from the shackles of their hectic London lives to try to build a new life in the Somerset countryside.
9.00 **24 Hours in A&E** A man is brought to resus with a head injury after suffering an epileptic seizure, and a porter who has been part of the department for 25 years shares his insights.
10.00 **Rescue: Extreme Medics** The trauma team rush to a 67-year-old man who has sustained a head injury after falling down a remote hillside.
11.05 **8 Out of 10 Cats Does Countdown**
12.10 AM **999: On the Front Line**
1.15 **Rescue: Extreme Medics**
2.20 **24 Hours in A&E**
3.25 **to 3.50** AM **A Place in the Sun**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 13-16/24. (S6)
2.00 PM **The Goldbergs**
3.00 **Modern Family**
4.00 **Young Sheldon**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Ste's emotions start to get the better of him.
7.30 **Come Dine with Me Paralympics Special** Paralympic judoka Chris Skelley hosts the second dinner party of the week.
8.00 **Dance Moms** Part two of two. Reflections on the first two seasons continue.
9.00 **Gogglebox** Opinions on *The Outlaws, Family Fortunes, You, Celebrity Yorkshire Auction House* and *The Mating Game*.
10.00 **Naked Attraction** A wrestler and a bi-curious graphic designer take their pick of six potential partners.
11.05 **First Dates**
12.10 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **Modern Family**
2.55 **Dance Moms**
3.45 **Kitchen Nightmares USA**
4.35 **The Neighborhood**
5.25 **to 6.00** AM **Modern Family**

+1 hour 235/236 | 306 | 30 | 123

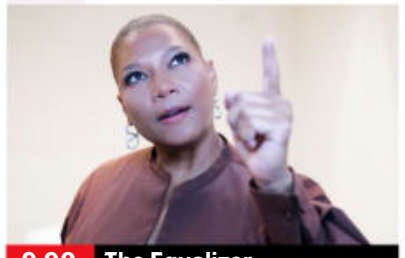
TUESDAY Entertainment

Tuesday

Sky Witness

107 807 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
9.30 **Caught Red Handed**
11.00 **Blue Bloods** 19/20. (S12)
12.00 NOON **New Amsterdam** (S5)
1.00 PM **Chicago Fire** 1/22. (S10)
2.00 **FBI: Most Wanted** 8/22. Three prosecutors are assassinated at a bar. (S4)
3.00 **Customs UK** Double bill.
4.00 **Nothing to Declare** Six editions of the documentary.


9.00 The Equalizer

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Blue Bloods** *Silver Linings:* 20/20. Jamie and Joe search for a teenage girl who has been sex-trafficked. (S12)

9 PM

9.00 **The Equalizer** New episode *The Big Take:* 9/10. The team race to take down a conman from Dante's past. (S4)

10 PM

10.00 **FBI: Most Wanted** *Hairtrigger:* 3/14. The team attempt to track down a young anti-government terrorist. (S1)
11.00 **Chicago Fire** 6/22. (S10)
12.00 M'T **For Life** 1/13. (S1)
1.00 AM **Fire Country** 2/10. **2.00** New episode *See You Next Apocalypse:* 3/10. (S2)
3.00 **The Force: North East**
4.00 **Paramedics**
5.00 **to 6.00** AM **Sun, Sea and A&E**

+1 hour 207 310

Sky Atlantic

108/109 808 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
7.55 **Six Feet Under** (S3)
10.05 **Gomorrah** 6&7/12. (S3)
12.15 PM **Game of Thrones** (S1)
1.20 **The Sopranos** 4&5/13. (S5)
3.30 **Six Feet Under** 11/13. Ruth cries on a stranger's shoulder. **4.35** 12/13. Claire decides to have an abortion. (S3)
5.40 **Gomorrah** 8/12. Enzo and his crew come under attack. **6.45** 9/12. Enzo finally begins to enjoy all he has achieved. Subtitled. (S3)

4.35 Six Feet Under

7.55 **Game of Thrones** *Fire and Blood:* 10/10. Catelyn confronts Jaime Lannister about Bran's near-fatal fall, while Arya tries to flee the capital. (S1)

9.00 **True Detective: Night Country** 4/6. Danvers and Navarro confirm the location of a murder, and the police chief levies a punishment on Leah. (S4)

10.10 **House of the Dragon** 4/8. Fantasy set 200 years before the events of *Game of Thrones*. (S2)
11.20 **Band of Brothers** 10/10. Easy Company overruns Hitler's Bavarian retreat. (S1)
12.30 AM **The Newsroom** 5/6. (S3)
1.35 **The Deuce** 8/8. (S3)
2.55 **Game of Thrones** As 7.55pm.
4.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 813 111 346 361

6.00 AM **NCIS: Los Angeles** (S14)
7.00 **SEAL Team** 11/22. (S2)
8.00 **The Flash** 18/20. (S8)
9.00 **Stargate SG-1** (S4)
11.00 **NCIS: Los Angeles** (S14)
12.00 NOON **The Flash** 20/20. (S8)
1.00 PM **MacGyver** 20&21/23. (S2)
3.00 **Hawaii Five-0** 8/25. (S7)
4.00 **S.W.A.T.** 4/22. (S5)
5.00 **SEAL Team** 10/22. (S2)
6.00 **Stargate SG-1** 11/22. O'Neill and the team investigate a conspiracy theorist who claims he is an alien. (S4)

8.00 Agatha Raisin

7.00 **Stargate SG-1** *Tangent:* 12/22. A test flight goes wrong, sending Teal'c and O'Neill hurtling through space. (S4)

8.00 **Agatha Raisin** *Love from Hell:* 3/4. When James vanishes after a blazing row with Agatha leaving behind only a trail of blood and a dead body, everyone is left fearing the worst and it is up to the detective to find out what really happened. (S3)

10.00 **An Idiot Abroad** 4/8. Karl visits Mexico and witnesses the country's Easter celebrations, before trying his hand at wrestling.
11.00 **The Walking Dead: The Ones Who Live** 6/6. The CRM declare martial law. (S1)
12.00 M'T **The Walking Dead** (S4)
1.00 AM **Brit Cops: Law & Disorder** Documentary.
2.00 **Road Wars**
3.00 **Hawaii Five-0** 8/25. (S7)
4.00 **S.W.A.T.** 4/22. (S5)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 816 115 6 113

6.00 AM **CITV**
9.00 **World's Funniest Videos**
9.30 **Totally Bonkers Guinness World Records**
10.00 **Love Bites** Double bill.
12.00 NOON **Dress to Impress**
1.00 PM **Wheel of Fortune**
2.00 **Supermarket Sweep**
3.00 **Charmed** 7/22. (S1)
4.00 **Dawson's Creek** 7/23. (S4)
5.00 **Dress to Impress**
6.00 **Celebrity Catchphrase** With contestants Lucrezia Millarini, Judi Love and Ben Miller.

9.00 Love Island

7.00 **Wheel of Fortune** Graham Norton hosts the game show as three more contestants try to win the £50,000 jackpot.

8.00 **The Masked Singer US** New edition The contest continues as the five celebrities perform and one is unmasked.

9.00 **Love Island** New edition The latest twists and turns keep the contestants on their toes.

10.05 **Extraordinary** New episode 5/8. Jizzlord makes an attempt to comfort Kash. (S1)
10.40 **Family Guy** 20/23. (S10)
11.10 **Family Guy** 15/23. Mort has financial troubles. (S10)
11.40 **American Dad!** (S7)
12.40 AM **G'wed** 5/6. (S1)
1.10 **Karaoke Club: Drag Edition**
2.10 **Totally Bonkers Guinness World Records**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 117 10 115

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **Agatha Christie's Poirot**
10.30 **The Royal** As 11.55pm.
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.50 **Inspector Morse** *The Death of the Self:* The Oxford detective sets off to investigate a woman's death in Italy.
6.00 **Heartbeat** *Little White Lies:* The police look for a boy who vanished after discovering his mother was having an affair.

8.00 Midsomer Murders

7.00 **Heartbeat** *Hearts and Flowers:* Chaos reigns as an unknown sniper starts to terrorise the residents of Aidensfield.

8.00 **Midsomer Murders** *The Miniature Murders:* A real estate mogul is murdered in front of a crowd during the opening of a dolls house exhibit at the Midsomer Museum of the Family. Joanna Page, Eleanor Bron and Katy Brand guest star.

10.00 **Trigger Point** 5/6. The team are called out to a device targeting a radio station covering the by-election. (S1)
11.00 **Trigger Point** 6/6. Sonya discovers a link to military operations in Afghanistan. (S1)
11.55 **The Royal** *Letting Go:* Frankie injures a man attempting to steal his motorbike.
12.45 **to 2.30** AM **Upstairs, Downstairs**

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
8.00 **Who Owns Scotland?** 1/2. Martin Geissler investigates where responsibility lies for Scotland's urban land.
9.00 **The Narrow Sea, the Farther Shore with Phil Cunningham** 1/2. The musician composes a piece inspired by the ties between Ulster and Scotland.
10.00 **The Oil Machine** One-off documentary exploring Scotland's economic, historical and emotional entanglement with North Sea oil.
11.20 **Rab C Nesbitt** 1/7. Rab goes back to live with his mother. (S4)
11.50 PM **to 12.00** M'T **The Culture Scene** A first responder who finds respite from PTSD in photography.

Sky Comedy

114/115 814 112 347 362

8.00 AM **Will & Grace** (S7)
9.00 **American Auto** (S2)
10.00 **Sort Of** (S3)
10.30 **Vice Principals** (S1)
11.40 **Ballers** 5&6/10. (S3)
12.50 PM **Eastbound & Down**
2.10 **Vice Principals** (S1)
3.20 **Ballers** 7&8/10. (S3)
4.30 **Sort Of** (S3)
5.00 **Will & Grace** (S7)
6.00 **The Office (US)** (S4)
7.00 **American Auto** (S2)
8.00 **Will & Grace** 1/22. First episode of the comedy starring Eric McCormack and Debra Messing. **8.30** 2/22. Jack's attitude begins to drive Will up the wall. (S1)
9.00 **Curb Your Enthusiasm**
11.00 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.00 M'T **Divorce** (S3)
1.20 AM **Flight of the Conchords** 5&6/12. (S1)
2.35 **Hello Ladies** (S1)
3.45 **to 5.00** AM **Eastbound & Down**

Sky Arts

130/131 826 123 36 147 365

6.00 AM **South Bank Show**
7.00 **Hitler's Jazz Band**
8.00 **Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Battle of the Bagpipes** Documentary.
1.00 PM **Tales of the...**
2.00 **Inside Art** Double bill.
3.00 **David Hockney: In Normandy**
4.00 **Discovering**
5.00 **Joy of Painting**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Rothko: Pictures Must Be Miraculous**
9.15 **Pompeii: Sin City**
10.45 **Art's Wildest Movement: Mannerism**
12.00 M'T **Back to Basquiat**
1.15 AM **Wonderland: Gothic**
2.15 **Les Misérables and Victor Hugo**
3.30 **Seven Sisters**
3.45 **National Treasures**
5.05 **to 6.00** AM **The Art of Architecture**

Sky Mix

151 135 11 144

7.00 AM **Border Security: Canada's Front Line**
8.00 **Nothing to Declare**
9.00 **Motorway Patrol**
10.00 **Highway Patrol**
11.00 **Stop, Search, Seize**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Border Security: Canada's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S5)
5.00 **Star Trek: Enterprise**
6.00 **Star Trek: Deep Space Nine** 16/20. (S1)
7.00 **Star Trek: Voyager** (S4)
8.00 **Hawaii Five-0** (S1)
9.00 **FBI: Most Wanted** *Predators:* 9/14. (S1)
10.00 **Killer in My Village**
11.00 **World's Most Evil Killers**
12.00 M'T **Grimm** 1/13. (S6)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 119 28 119

7.00 AM **Unwind**
7.05 **Sugar Showdown**
7.35 **The Real Housewives of Cheshire** Reality series.
8.35 **Masters of Flip**
9.35 **Buying and Selling**
10.35 **The Real Housewives of Cheshire** Reality series.
11.35 **The Real Housewives of New Jersey**
12.30 PM **Real Housewives of Orange County**
1.20 **The Only Way Is Essex**
2.05 **Dinner Date**
3.05 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **Real Housewives of Salt Lake City** New edition
6.00 **Masters of Flip**
7.00 **Million Dollar Listing: LA**
8.00 **Dinner Date**
9.00 **Emergency Nurses**
10.00 **The Real Housewives of Miami** New edition
10.55 **The Only Way Is Essex**
11.40 **Singletown**
12.45 **to 1.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 170 50

8.00 AM **Highway to Heaven**
9.00 **Diagnosis Murder**
11.00 **Castle** 1&2/23. (S4)
1.00 PM **Sue Thomas: F.B.Eye** 16/19. (S2)
2.00 **Father Dowling Mysteries** 1/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 7-10/24. Four episodes. (S3)
9.00 **The Avengers** *Return of the Cybernauts:* 17/24. Steed and Emma face the cybernauts. (S5)
10.00 **Randall and Hopkirk (Deceased)** *But What a Sweet Little Room:* 13/26. A phoney medium is rumbled. (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S3)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **Return of the Saint**
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257 62

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 118 26 117

6.00 AM **World of Sport**
6.15 **Minder**
7.20 **The Professionals**
8.20 **Dempsey and Makepeace**
9.20 **Magnum, PI**
10.25 **Kojak**
11.25 **BattleBots**
12.30 PM **Made in Britain**
1.00 **Tour de France Highlights**
2.00 **LIVE Tour de France** Coverage of the 10th stage.
5.00 **Great Racehorses**
5.25 **Mr Bean**
5.55 **BattleBots**

8.00 River Monsters

7.00 **Tour de France Highlights** Action from the 10th stage, a 187.3km route from Orleans to Saint-Amand-Montrond.
8.00 **River Monsters** Part one of two. Extreme angler Jeremy Wade takes on the biggest investigation of his career.
9.00 **Junk and Disorderly** Henry Cole and his team visit a farm sale and come away with a vintage Massey Ferguson tractor.
10.05 **FILM Predator 2** Action fantasy sequel starring Danny Glover as a tough cop facing a ferocious alien in 1997 Los Angeles. (1990, 15, 107min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Wrestling: AEW Rampage** Hard-hitting action.
1.10 **Auto Mundial**
1.40 **Motorsport Mundial**
2.05 **The Protectors**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Warehouse 13** 4/6. (S5)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** (S6&7)
3.00 **Warehouse 13** 4/6. (S5)
4.00 **Star Trek: Enterprise** (S1)
5.00 **Star Trek: Voyager** 3/26. B'Elanna Torres has a near-death experience. (S6)
6.00 **Star Trek: The Next Generation** 26/26. Part one of two. Data develops the ability to experience rage. (S6)

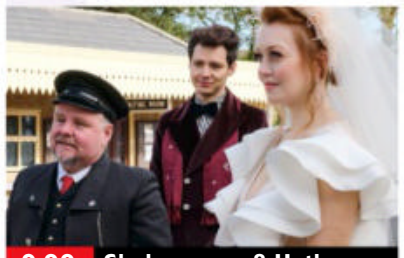
9.00 Dracula: The Original...

7.00 **Star Trek: The Next Generation** *Descent – Part Two:* 1/26. Data is persuaded to join forces with the Borg. (S7)
8.00 **Stargate SG-1** *The Torment of Tantalus:* 11/22. A rescue attempt leaves Daniel and the team trapped. (S1)
9.00 **FILM Dracula: The Original Living Vampire** Horror starring Christine Prouty. Amelia Van Helsing embarks on a desperate hunt for the killer responsible for a string of grisly murders. (2022, PG, 90min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Wynonna Earp** 8/12. Wynonna may finally learn the origin of the Earp curse. (S2)
12.00 M'T **FILM America is Sinking** Adventure starring Johnny Pacar. (2023, 12, 80min) ★★
2.00 AM **Blood & Treasure** (S1)
3.00 **Star Trek: The Next Generation** (S6&7)
5.00 **to 6.00** AM **Most Haunted**

Alibi

109/110 809 114 343 358

7.15 AM **Murdoch Mysteries** (S7)
9.00 **The Doctor Blake Mysteries**
10.00 **Elementary** 23/24. (S2)
11.00 **Shakespeare & Hathaway: Private Investigators** (S4)
12.00 NOON **Father Brown**
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S7)
4.00 **Elementary** 23/24. (S2)
5.00 **Father Brown**
6.00 **Shakespeare & Hathaway: Private Investigators** 10/10. Frank and Lu must unmask a 'Voice in the Dark' threatening to destroy Wintermas. (S4)


9.00 Shakespeare & Hathaway

7.00 **Elementary** *Hemlock:* 13/24. Sherlock investigates the murder of a debt collector with countless enemies. (S3)
8.00 **Father Brown** *The Jackdaw's Revenge:* An old foe of the sleuthing priest is unexpectedly released from prison.
9.00 **Shakespeare & Hathaway: Private Investigators** 8/9. Frank and Lu investigate a case of paranormal activity. (S4)
10.00 **Death in Paradise** *Stumped in Murder:* 4/8. The president of the local cricket club is shot in the middle of the pitch. (S6)
11.00 **Elementary** As 7.00pm.
12.00 M'T **CSI: Vegas** *Burned:* 7/21. A mysterious Bigfoot-like print found near a crime scene puzzles the team. (S2)
12.55 AM **Murdoch Mysteries** 7&8/18. Double bill. (S7)
2.50 **to 4.00** AM **Why Women Kill**

+1 hour 209/210 314

GOLD

110/111 810 124 344 359

7.10 AM **Highlights**
9.20 **My Hero**
10.00 **Are You Being Served?**
10.40 **Still Open All Hours**
11.20 **Last of the Summer Wine**
12.40 PM **The Green Green Grass**
1.20 **My Hero**
2.00 **Still Open All Hours**
2.40 **Dad's Army**
3.20 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **Still Open All Hours**
6.00 **The Green Green Grass**
6.40 **Dad's Army**

6.00 The Green Green Grass

7.20 **Dad's Army** Wilson allows the vicar to enlist in the Home Guard while Mainwaring is in hospital.
8.00 **The Thin Blue Line** Constable Goody is jealous of a fireman.
8.35 **The Vicar of Dibley** The *Songs of Praise* crew visit the village of Dibley.
9.15 **Harry Enfield and Chums** With Des Lynam, Jimmy Hill and Martin Clunes.
9.55 **The Fast Show** Featuring Forrest Gump as he has never been seen before. **10.35** The Alcoholic Family have breakfast, and Bob Fleming goes badger watching.
11.15 **Bottom** Eddie hatches a get-rich-quick scheme that actually works.
11.55 **The Thin Blue Line**
12.35 AM **The Vicar of Dibley**
1.15 **Harry Enfield and Chums**
1.55 **The Fast Show**
3.15 **to 4.00** AM **Bottom**

+1 hour 210/211 324

Dave

111/112 811 127 19 157

7.10 AM **Whose Line Is It Anyway? USA** Double bill.
8.00 **Special Ops: Crime Squad UK**
9.00 **Top Gear** Triple bill.
12.00 NOON **Storage Hunters UK**
12.30 PM **Storage Hunters UK**
2.00 **Extreme Fishing with Robson Green: At the Ends of the Earth** From Argentina.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Northern Exposure** A visit to Sweden.
6.00 **Rick Stein's Spain** The chef travels east toward the Mediterranean coast.

6.00 Rick Stein's Spain

7.00 **Would I Lie to You?** With Josh Widdicombe, Brian Blessed, Kevin Bishop and Kate Williams. **7 PM**
7.40 **Richard Osman's House of Games** With Philippa Perry and Sarah Millican. **8.20** Guests include Tom Rosenthal, Sindhu Vee and Anna Richardson. **8 PM**
9.00 **QI XL** Guests David Tennant, Bill Bailey and Lee Mack join regular panellist Alan Davies and host Stephen Fry. **9 PM**
10.00 **Have I Got a Bit More News for You** Alexander Armstrong hosts the satirical quiz, with Miles Jupp and Olivia Utley. **10 PM**
11.00 **Taskmaster** With Tim Key.
12.00 M'T **Mock the Week**
12.40 AM **Alan Davies: Untitled**
1.40 **QI XL** As 9.00pm.
2.45 **Whose Line Is It Anyway? USA** Double bill of editions.
3.35 **to 4.00** AM **Travel Man: 48 Hours in Madeira**

+1 hour 211/212 327 57

4seven

137/138 143 49 127

9.00 AM **Car S.O.S**
10.00 **Renovation Nation**
11.00 **A Place in the Sun**
12.00 NOON **A New Life in the Sun: Where Are They Now?** In Portugal.
1.00 PM **Frasier** (S3)
2.30 **Help! We Bought a Village** Documentary.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **Grand Designs**
8.00 **Location, Location, Location** Help for two couples in south Wales.
9.00 **George Clarke's Amazing Spaces**
10.00 **Celebrity Gogglebox**
11.05 **24 Hours in Police Custody** Documentary.
11.50 **FILM A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy starring Haley Joel Osment. (2001, 12, 145min) ★★★★
2.35 AM **Super Surgeons: A Chance at Life**
3.40 **to 4.40** AM **24 Hours in A&E**

5USA

141/169 120/162 21 129

9.00 AM **NCIS** 14-16/22. (S20)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Minimum Security:* 8/23. Gibbs and the team travel to Cuba to investigate the case of a navy translator. **7.00** *Marine Down:* 9/23. A supposedly dead Marine appears to contact his widow. **8.00** *Left for Dead:* 10/23. A woman is buried alive, but manages to escape. Guest stars. Sherilyn Fenn. (S1)
9.00 **Law & Order** New episode *Bias:* 17/22. When a public defender is murdered, Cosgrove and Shaw are surprised to find Price at the crime scene. (S22)
10.00 **Law & Order: Special Victims Unit** (S11 & 10)
1.55 AM **Law & Order** (S3)
3.00 **The Blacklist** (S3)
3.50 **to 4.00** AM **Entertainment News**

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops: Give Me My Car Back!**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A man with a case of sepsis.
9.00 **999: Emergency Call Out** A car crash leads to a manhunt for the driver and two passengers.
10.00 **A&E After Dark**
11.00 **Skin A&E**
12.00 M'T **FILM Death Wish** Thriller remake. (2018, 18, 107min) ★★★
2.10 AM **Police Interceptors**
3.00 **GPs: Behind Closed Doors** Medical series.
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 141

5Action

150 130 33 132

9.00 AM **Outback Truckers**
10.00 **Traffic Cops**
11.00 **Police Interceptors**
12.00 NOON **FILM Rough Night in Jericho** Western. (1967, PG, 97min) ★★
2.10 PM **FILM Six Black Horses** Western. (1961, PG, 80min) ★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Inside the Force** A woman is placed under arrest on suspicion of hitting her daughter.
10.00 **Sewermen** Excrement has erupted out of a manhole onto a lawn near a block of flats.
11.00 **999: Criminals Caught on Camera**
12.00 M'T **Police Interceptors**
1.00 AM **Fights, Camera, Action!** Documentary.
2.00 **Trucking Heavy**
3.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

W

132/133 827 125 25 156

6.10 AM **MasterChef Australia** Double bill.
8.00 **Tipping Point: Lucky Stars** Triple bill.
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point: Lucky Stars** Triple bill.
4.00 **My Dream Home**
6.00 **Tipping Point: Lucky Stars** Double bill.
8.00 **DIY SOS: The Big Build** The team visit Spalding.
9.00 **Nick Knowles' Big House Clearout** Nick helps a family of four in Buckinghamshire.
10.00 **Louis Theroux Interviews... Dame Judi Dench** Louis meets the Oscar-winning actor.
11.00 **DNA Family Secrets** A woman fears she may carry a potentially fatal genetic mutation.
12.20 AM **17 Kids and Counting** Documentary.
1.30 **Extreme Food Phobics**
2.20 **to 3.00** AM **Nigellissima**

+1 hour 232/233 325

Drama

143 116 20 158

7.10 AM **London's Burning**
8.00 **Doctors**
9.15 **Classic Holby City**
10.40 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **London's Burning**
3.00 **Born and Bred**
4.20 **Tenko**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **Are You Being Served?**
7.20 **Last of the Summer Wine** Classic comedy.
8.00 **Dalziel & Pascoe** *Wrong Time, Wrong Place:* Dalziel finds himself accused of murder. With Michael French.
10.00 **New Tricks** *Bermondsey Boy:* An old friend asks Gerry to investigate the murder of his grandson.
11.20 **Soldier, Soldier**
12.30 AM **Footballers' Wives**
2.05 **Call the Midwife**
2.55 **to 4.00** AM **Classic Holby City**

+1 hour 243 316 60

TUESDAY Entertainment

Tuesday

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Donegal.
7.00 **Teleshopping**
8.00 **The Yorkshire Auction House** Five editions.
1.00 PM **Money for Nothing**
2.00 **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Dr Pimple Popper** Alyse has been suffering from a burning rash. **10.00** Krystal wants to clear a cyst from her face.
11.00 **Celebrity Help! My House Is Haunted** The team visit the home of Toyah Willcox.
12.00 M'T **Unexplained: Caught on Camera** Ian visits the Villisca Axe Murder House.
1.00 AM **Paranormal: Caught on Camera**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Dr Jeff: Rocky Mountain Vet**

Challenge
145 139 48 146

7.00 AM **The Chase** Triple bill.
10.00 **Weakest Link**
11.00 **Pointless Celebrities**
12.00 NOON **Play Your Cards Right** Double bill.
1.00 PM **Bridge of Lies**
2.00 **Classic Who Wants to Be a Millionaire?**
3.00 **Catchphrase**
4.00 **Blockbusters**
5.00 **Bullseye** Four editions of the darts-based quiz.
7.00 **Play Your Cards Right** Double bill of the game show with Bruce Forsyth.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **Cash Trapped**
2.00 **The Chase** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 426 42

8.00 AM **Coast Guard Alaska**
9.00 FILM **Storm Cell** Thriller. (2008, 12, 85min) ★
10.55 **Wings at War 2: Target Germany** Documentary.
12.00 NOON FILM **Cowboy** Western with Glenn Ford. (1958, PG, 90min) ★★★
1.55 PM FILM **Four Fast Guns** Western. (1960, b/w, U, 72min) ★★
3.30 **Battle for Warsaw**
4.30 **Wild West Chronicles**
5.00 FILM **Saints and Soldiers: Battle of the Tanks** (2014, 12) ★★
7.00 **War Machines**
8.10 FILM **Scorpio One** Sci-fi thriller. (1998, 12) ★★
10.00 FILM **Saints and Soldiers** War adventure. (2003, 15, 87min) ★★★
11.55 FILM **Area of Conflict** Drama. (2017, 15) ★★
1.50 AM FILM **The Exception** Drama. (2016, 15) ★★★
4.00 **to 5.00** AM **War Machines**
+1 hour 324

GREAT! movies
321 425 34

9.00 AM FILM **April's Flowers** Thriller. (2019, PG) ★★
10.50 FILM **Stranger in the House** Crime thriller. (2016, PG, 88min) ★★
12.40 PM FILM **The Alleged Abduction** Mystery. (2019, PG, 90min) ★★
2.30 FILM **Fatal Trust** Thriller. (2016, 12, 89min) ★★
4.20 FILM **Deadly Skies** Thriller. (2006, PG) ★★
6.05 FILM **Global Meltdown** Sci-fi action thriller. (2017, PG, 105min) ★
7.50 FILM **Bewitched** Fantasy comedy. (2005, PG, 102min) ★★★
10.00 FILM **Eye for an Eye** Thriller. (2019, 15) ★
11.55 FILM **I Am Wrath** Thriller. (2016, 15, 90min) ★★
2.00 AM FILM **End of the World** Sci-fi comedy. (2013, 12, 85min) ★★★
4.00 **to 6.00** AM FILM **Deviant Love** Thriller. (2019, 12, 87min) ★
+1 hour 322

GREAT! romance
319 424 52

8.00 AM FILM **A Winter Getaway** Comedy. (2021, PG, 84min) ★★
10.00 FILM **Wish Upon a Wedding** Drama. (2023, PG, 85min) ★★
12.00 NOON FILM **Luckless in Love** Romantic comedy. (2023, PG, 86min) ★★
2.00 PM FILM **Sand Dollar Cove** Romantic drama. (2021, PG, 84min) ★★
4.00 FILM **Love on Retreat** Drama. (2023, PG) ★★
6.00 FILM **Mix Up in the Mediterranean** Comedy. (2021, PG, 84min) ★★
8.00 FILM **Love in the Sun** Romantic drama. (2019, PG, 82min) ★★
9.50 FILM **Love, Take Two** Drama. (2019, PG) ★★
12.00 M'T **Highway to Heaven**
1.00 AM FILM **Love on Trend** Drama. (2021, PG) ★★
3.00 **to 5.00** AM FILM **The Wedding Arrangement** Drama. (2022, PG) ★★
+1 hour 320 63

GREAT! real
189 61

9.00 AM **Heathrow: Britain's Busiest Airport**
11.00 **Police Ten 7**
1.00 PM **Airline USA**
2.00 **Air Rescue**
3.00 **The People's Vet**
4.00 **The Motorway: Life in the Fast Lane**
5.00 **Airline USA**
6.00 **Paddington Station 24/7** An unexploded bomb is discovered. **7.00** A look at how the festive period affects regular operations.
8.00 **Inside Paddington Station** Documentary.
10.00 **Code 1: Extreme** A boy is feared to have severed his spinal cord. **10.30** Medics are called to the scene of a motorcycle accident.
11.00 **Police Ten 7**
1.00 AM **Cops Uncut**
2.00 **Coast Guard Alaska**
3.00 **Coast Guard Florida**
4.00 **to 5.50** AM **Police Ten 7**
+1 hour 289

DMAX
159 169 39 150

6.00 AM **Alaska: Last Frontier** Documentary.
7.00 **Building Off the Grid**
8.00 **Aussie Gold Hunters**
9.00 **Deadliest Catch**
11.00 **Building Off the Grid**
12.00 NOON **Alaska: Homestead Rescue**
1.00 PM **Outback Opal Hunters** Documentary.
2.00 **Gold Divers**
4.00 **Richard Hammond's Workshop** A Land Rover.
5.00 **Kindig Customs**
6.00 **Deadliest Catch**
7.00 **Alaska: Last Frontier**
8.00 **Outback Opal Hunters**
9.00 **Gold Divers**
10.00 **Deadliest Catch**
11.00 **Aussie Gold Hunters: Mine SOS** Documentary.
12.00 M'T **Naked and Afraid**
1.00 AM **Yukon Men**
2.00 **Teleshopping**
4.00 **Building Alaska**
5.00 **to 6.00** AM **Maine Cabin Masters**
+1 hour 259 369 151

Food Network
140/141 190 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Jamie's Comfort Food**
9.00 **James Martin's...**
10.00 **Paul Goes to Hollywood**
11.00 **Ainsley's Good Mood Food** Grains and pulses.
12.00 NOON **Great British...**
2.00 PM **James Martin's...**
3.00 **The Hairy Bikers' Food...**
4.00 **The Pioneer Woman**
5.00 **Girl Meets Farm**
6.00 **James Martin's American Adventure**
7.00 **Great British Bake Off**
8.00 **The Hairy Bikers' Food Tour of Britain**
9.00 **Sophie Grigson: Slice of Italy** Double bill.
10.00 **Nigella Bites**
11.00 **Diners, Drive-Ins and Dives** Double bill.
12.00 M'T **Grocery Games**
1.00 AM **Restaurant: Impossible** In Oklahoma.
2.00 **to 3.00** AM **Diners, Drive-Ins and Dives**
+1 hour 240/241 149

Legend
148 149 41 137

8.00 AM **Walker, Texas Ranger** 17/27. (S4)
9.00 **Airwolf** 10/22. (S3)
10.00 **Mission: Impossible**
11.00 FILM **Sherlock Holmes** Thriller with Ben Syder. (2010, 12, 89min) ★★
1.00 PM FILM **The Day of the Triffids** Sci-fi chiller. (1962, 12, 95min) ★★
2.55 FILM **A Study in Terror** Thriller with John Neville. (1965, 15, 91min) ★★★
5.00 **Star Trek** 24/30. (S1)
6.00 **Mission: Impossible**
7.00 **Airwolf** 11/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Maximum Overdrive** Horror. (1986, 18, 97min) ★
10.55 FILM **The Most Dangerous Game** Thriller. (2022, 15, 95min) ★★
12.50 AM FILM **Lonesome Dove Church** Western. (2014, 15, 89min) ★★
2.35 **to 4.20** AM FILM **San Andreas Mega Quake** Thriller. (2019, 12) ★★

Legend Xtra
317 171 69 138

6.00 AM FILM **Mega Shark vs Kolossus** As 5.00pm.
8.00 FILM **Meteor Apocalypse** Adventure. (2010, 15, 90min) ★
10.00 **Farscape** 18/22. (S3)
11.00 FILM **Wild Horses** Western. (1985, PG) ★★
1.00 PM FILM **Hydra** Horror. (2009, 15, 94min) ★★
3.00 **Farscape** 18/22. (S3)
4.00 **UFO** 4/26. (S1)
5.00 FILM **Mega Shark vs Kolossus** Fantasy thriller. (2015, 12, 90min) ★
7.00 **Farscape** 19/22. (S3)
8.00 **UFO** 5/26. (S1)
9.00 FILM **Zulu** Historical adventure starring Stanley Baker and Michael Caine. (1963, PG, 138min) ★★★★★
11.45 FILM **Stake Land II** Horror thriller sequel. (2016, 15, 85min) ★★
1.30 **to 3.00** AM FILM **The Last House** Thriller. (2019, 15, 74min) ★★
+1 hour 318 371 139

Blaze
164 174 64 162

6.00 AM **Dickinson's Real Deal** From Preston.
6.40 **Pawn Stars**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Roswell: First Witness**
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **Curse of Oak Island**
1.05 **Monsterquest**
2.05 **Pawn Stars**
3.05 **Auction Hunters**
4.00 **Ancient Aliens**
6.00 **Roswell: First Witness**
7.00 **Wicked Tuna**
8.00 **Dickinson's Real Deal**
9.00 **History's Greatest Mysteries** Double bill.
11.00 **Curse of Oak Island**
1.00 AM **Roswell: First Witness** A UFO crash at Roswell in 1947.
2.00 **Wicked Tuna**
3.00 **Hardcore Pawn**
3.25 **Counting Cars**
4.10 **to 6.00** AM **Ancient Aliens**

5SELECT
153 138 46 133

9.00 AM **The Yorkshire Vet**
9.55 **Entertainment News**
10.05 **The Yorkshire Vet**
1.00 PM **Bargain-Loving Brits in the Sun**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.35 **The Yorkshire Vet**
6.00 **Ben Fogle: New Lives in the Wild** Double bill.
8.00 **Susan Calman's Great British Cities** The comedian is in Glasgow, uncovering the hidden history of her home city.
9.00 **Ben Fogle: New Lives in the Wild** Ben meets a man who travels the UK in his converted military truck.
10.00 **Yellowstone** *Resurrection Day:* 7/10. Jamie looks for a fresh start at the ranch. (S2)
11.00 **Nazi Megastructures**
12.00 M'T **Forged in Fire**
3.30 AM **The Yorkshire Vet**
3.55 **to 4.00** AM **Entertainment News**

HGTV
158 191 44 166

7.00 AM **Building Alaska**
8.00 **Your Garden Made Perfect** From Enfield.
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **A Place in the Sun**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Bargain Mansions**
2.00 **Flip or Flop** Double bill.
3.00 **Good Bones**
4.00 **Escape to the Country**
5.00 **Your Garden Made Perfect** From Enfield.
6.00 **A Place in the Sun**
7.00 **Money for Nothing**
8.00 **Escape to the Country**
9.00 **Married to Real Estate** New edition Transforming a couple's 1980s house.
10.00 **Rock the Block** New edition DIY series.
12.00 M'T **Home Town**
1.00 AM **A Place in the Sun**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 828 165

7.00 AM **My Lottery Dream Home** Double bill.
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Dr Pimple Popper**
11.00 **The Family Chantel**
12.00 NOON **Sister Wives**
3.00 PM **7 Little Johnstons**
4.00 **Little People, Big World**
5.00 **The Family Chantel**
6.00 **Dragnificent!**
7.00 **Say Yes to the Dress**
8.00 **Unbelievable Me**
9.00 **The Bad Skin Clinic** The huge cyst on the back of Carol's head is causing her immense pain.
10.00 **This Came Out Of Me**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Monsters Inside Me**
1.00 AM **Unbelievable Me**
2.00 **This Came Out Of Me**
3.00 **The Bad Skin Clinic**
4.00 **Extreme Couponing**
5.00 **to 6.00** AM **My Lottery Dream Home**
+1 hour 233/234 365

Comedy Central
112/113 812 132 345 360

8.00 AM **Most Ridiculous**
9.00 **Guessable?**
10.00 **Impractical Jokers**
11.00 **Home Improvement**
12.00 NOON **Last Man Standing** 2&3/22. (S4)
1.00 PM **Friends** (S5)
8.00 **Friends** 22/24. Joey gets a shock in Las Vegas. **8.30** 23/24. Part one of two. The gang head to Las Vegas. (S5)
9.00 **Out of Order** With Phil Wang and Maisie Adam.
10.00 **Jimmy Carr Live: Comedian** Stand-up.
12.00 M'T **The Pep Talk** New edition 7/10.
12.05 AM **Most Ridiculous**
1.05 **Michael McIntyre's Big Show** With Ed Balls.
2.05 **Your Face or Mine**
3.05 **The Ricky Gervais Show**
3.35 **The Daily Show** New edition Talk show.
4.00 **Beavis and Butt-Head**
4.10 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 154

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Becker** 2-5/22. (S5)
11.00 **Friends** (S6)
1.00 PM **Ridiculousness**
2.00 **Criminally Funny**
3.30 **Impractical Jokers: Inside Jokes**
4.00 **Daria** 11&12/13. (S3)
5.00 **Becker** 4&5/22. (S5)
6.00 **Home Improvement**
7.00 **Last Man Standing**
9.00 **Rhod Gilbert's Growing Pains** With Rosie Jones.
10.00 **Friends** 13/24. Rachel develops a crush. (S4) **10.30** 11/25. Joey finally dates Janine. (S6)
11.00 **Friends** 8-11/24. (S5)
1.00 AM **The Ren & Stimpy Show** Double bill.
2.00 **South Park** (S16)
3.00 **Beavis and Butt-Head**
3.45 **Reno 911!** (S2&3)
4.30 **Fugget About It** (S2)
4.50 **Drunk History: Black Stories** With Zeze Millz.
5.15 **to 6.00** AM **Guessable?**

Sky Replay
152 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **911 Crisis Centre**
11.00 **Inside RAF Brize Norton**
12.00 NOON **Caught on Dashcam** Road disasters.
1.00 PM **Road Wars**
2.00 **Most Haunted**
4.00 **DC's Legends of Tomorrow** 7&8/16. (S1)
6.00 **Warehouse 13** (S4)
8.00 **911 Crisis Centre**
9.00 **Delicious** 3&4/4. (S2)
11.00 **The Equalizer** *The Big Take:* 9/10. The team race to take down a conman from Dante's past. (S4)
12.00 M'T **Caught on Dashcam**
1.00 AM **The Russell Howard Hour**
2.00 **A League of Their Own Road Trip: Loch Ness to London**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 824 134

6.00 AM **Love Squad**
6.25 **Teen Mom 2: From the Beginning**
7.10 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK: Next Generation**
8.00 **Teen Mom Australia**
9.00 **Queerpiphany** New edition Featuring drag queen Bimini Bon-Boulash.
9.30 **MTV Cribs** Featuring Alyssa Edwards and Jonathan Cheban.
10.00 **Are You the One?**
11.00 **Ink Master**
12.00 M'T **Ridiculousness** New edition Rob, Sterling and Karrueche Tran find out why it's a bad idea to steal signs.
12.30 AM **Ridiculousness**
1.00 **Ink Master** Double bill.
2.45 **Geordie Shore**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **How It's Made**
7.00 **Deadliest Catch**
8.00 **Blowing Up History**
9.00 **How the Universe Works**
10.00 **Iron Resurrection**
11.00 **Wheeler Dealers: Dream Car**
1.00 PM **Treehouse Masters**
3.00 **America's Backyard Gold**
4.00 **Flying Wild Alaska**
5.00 **Homestead Rescue: Raney Ranch** Marty devises a way to transport equipment up a cliff.
6.00 **Iron Resurrection** New edition Joe and the guys chop a 1941 DeSoto.

9.00 Gold Rush: Parker's Trail

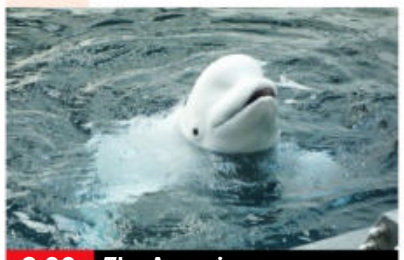
7.00 **Kindig Customs** Dave agrees to attend a car show in Oregon in aid of a children's charity.
8.00 **Bad Chad Customs** Chad Hiltz helps his friend James to build a promotional truck to help sell his cider business.
9.00 **Gold Rush: Parker's Trail** New edition At the hard rock mecca of Pocone, Parker discovers a game-changing type of mining.
10.00 **Gold Divers** New edition Part one of two. As the miners try to secure their operations, a catastrophic storm rips through Nome.
11.00 **Gold Divers** New edition Part two of two. Nome is left forever changed by a storm.
12.00 M'T **Mystery at Blind Frog Ranch** The team discover evidence of Aztec artefacts.
1.00 AM **Gold Rush: Parker's Trail**
2.00 **Gold Divers** Double bill.
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/178 178

8.00 AM **Extinct or Alive**
9.00 **Amanda to the Rescue**
10.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **How Do Animals Do That?** Double bill of editions.
2.00 **Swimming with Monsters with Steve Backshall**
3.00 **Rugged Justice**
4.00 **Saved by the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet** The team encounter an unexpected animal.
6.00 **Extinct or Alive** Forrest searches for a fabled tortoise.



8.00 The Aquarium

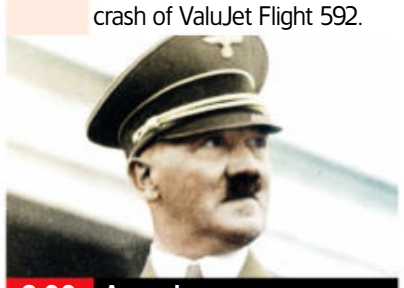
7.00 **Amanda to the Rescue** After a rescue mission in Hawaii, Amanda brings home a blind foster puppy and a shy shelter dog.
8.00 **The Aquarium** After devouring all of his tankmate's food, a hungry sea turtle finds a space to eat in peace.
9.00 **The Aquarium** A rescued sea otter must develop his independence after becoming too attached to his best friend.
10.00 **Alaska: The Last Frontier** Otto and Eivin fight to douse a coal fire on Kilcher beach that threatens the homestead.
11.00 **Expedition Bigfoot** Russell finds a structure he believes is a Bigfoot nest. **12.00** M'T Mireya and Ronny make a powerful discovery.
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved by the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262/278 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation: Special Report**
10.00 **Gordon Ramsay: Uncharted**
11.00 **Nazi Megastructures**
12.00 NOON **Car S.O.S**
1.00 PM **To Catch a Smuggler**
2.00 **Air Crash Investigation**
3.00 **Hitler's Last Stand**
4.00 **Lost Treasures of Egypt** The mysteries of one of Egypt's greatest female pharaohs.
5.00 **Car S.O.S** A French classic car.
6.00 **Seconds from Disaster** The crash of ValuJet Flight 592.



8.00 Apocalypse...

7.00 **Air Crash Investigation** How an insect nest was blamed for an accident in which a Boeing 737 crashed into the sea.
8.00 **Apocalypse: Hitler Takes on the West** Nazi offensives on Western nations during World War Two.
9.00 **Apocalypse: Hitler Takes on the West** The French government signs an armistice as half the country is taken over.
10.00 **World War II: The Apocalypse** The truth of the defeat of France, with footage of German soldiers celebrating.
11.00 **Air Crash Investigation**
12.00 M'T **Banged Up Abroad**
1.00 AM **Trafficked: Underworlds with Mariana Van Zeller**
2.00 **Lords of War**
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **American Pickers**
7.00 **Container Wars**
8.00 **Monsterquest**
10.00 **Pawn Stars: A Very Vegas Christmas** The guys hold a Christmas barbecue.
11.00 **Pawn Stars**
12.00 NOON **Secrets in the Ice**
1.00 PM **Salvage Kings**
2.00 **Swamp People: Serpent Invasion** Double bill.
4.00 **Pawn Stars** Double bill.
6.00 **American Pickers** Mike gets a tour of Detroit's abandoned Packard plant.

8.00 What on Earth?

7.00 **Forged in Fire** Four bladesmiths are tasked to forge J Nielson's favourite blade, a Damascus European dagger.
8.00 **What on Earth?** New edition Exploring anomalies on satellite images to understand unexplained phenomena.
9.00 **History's Greatest Mysteries** New edition The 1942 'Battle of Los Angeles', which saw the city thrown into panic.
10.00 **Close Encounters** An aircraft that experienced bright lights in Alaska. **10.30** A saucer-shaped object seen in a field.
11.00 **Close Encounters Down Under** UFO activity amid Queensland's farming country.
12.00 M'T **Pawn Stars** Double bill.
2.00 AM **The UnXplained: Mysteries of the Universe**
3.00 **What on Earth?** As 8.00pm.
4.00 **Forged in Fire** As 7.00pm.
5.00 **to 6.00** AM **Salvage Kings**

+1 hour 223/224 331

Yesterday

155 846 129 27 159

6.10 AM **Tony Robinson's Marvellous Machines**
8.00 **Abandoned Engineering**
10.00 **The World at War**
11.00 **Secret Nazi Bases**
12.00 NOON **Find It, Fix It, Flog It**
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash: Restoring Classics** Double bill.
4.00 **The World at War** Superpower tensions in the post-war era.
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow** Celebrating 100 years of women winning the vote.

8.00 Secrets of the London...

7.00 **Find It, Fix It, Flog It** Henry Cole and Simon O'Brien visit East Sussex, where finds include a Victorian egg incubator.
8.00 **Secrets of the London Underground** New edition Tim Dunn and Siddy Holloway visit Paddington station.
9.00 **Bangers & Cash** A 1980 Ford Escort and a hand-built 1946 Bedford 12 electric car go up for auction.
10.00 **Bangers & Cash: Restoring Classics** The team gamble on restoring a Vanden Plas saloon from the 1970s.
11.00 **Abandoned Engineering** A little-known dark past explains the vast monolithic structures that dominate the island of Guernsey.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 **to 3.00** AM **Tony Robinson's Marvellous Machines**

+1 hour 255 329 74

Tuesday

7 PM

8 PM

9 PM

10 PM

Quest

144 834 137 12 172 167

6.00 AM **How Do They Do It?**
6.30 **Shed and Buried**
7.00 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **How Do They Do It?** Four editions.
2.00 PM **Salvage Hunters**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **Salvage Hunters: The Restorers**
6.00 **Wheeler Dealers**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Shed and Buried** New editions Double bill.
10.00 **Richard Hammond's Workshop** From CarFest.
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
2.00 AM **Chasing Classic Cars**
3.00 **Overhaulin'**
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 168

Quest Red

149 168 40 169

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Curvy Brides Boutique**
9.00 **Say Yes to the Dress**
11.00 **Disappeared**
12.00 NOON **Forensic Detectives** True-crime.
1.00 PM **FBI Files**
2.00 **American Monster**
4.00 **Murder on CCTV**
5.00 **Disappeared**
7.00 **10 Steps to Murder**
8.00 **Murder on CCTV**
10.00 **Murder in the Heartland** New edition Sharon Ray is found dead in Grand Rivers.
11.00 **Signs of a Psychopath** New editions A man confesses to a murder. **11.30** A woman finds her brother dead.
12.00 M'T **Forbidden: Dying for Love** Crime series.
1.00 AM **Betrayed**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

True Crime

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **48 Hours** Investigating the disappearance of Lori Ann Slesinski.
8.00 **Forensics** Police are called to a New Plymouth home after a bludgeoned body is found in a garage.
9.00 **Cold Justice Sex Crimes** Casey and Alicia help the officers of Flint examine DNA evidence from past rape kits, while tracking down several rapists.
10.00 **Bloodline Detectives** The murder of Stephanie Isaacson, a young girl who went missing on her way to school.
11.00 **Ice Cold Killers**
1.00 AM **It Takes a Killer**
2.00 **Bloodline Detectives**
3.00 **Medical Detectives**
4.00 **48 Hours** As 7.00pm.
4.50 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 172 68 134

9.00 AM **Written in Blood**
11.00 **Medical Detectives**
1.00 PM **Medical Detectives**
2.00 **Written in Blood**
4.00 **Medical Detectives**
7.00 **Judge Judy** Back-to-back real-life cases, including at: **8.40** Claiming she never committed to going on vacation with a co-worker, a young woman is sued for the cost of a trip Mexico. **9.05** Hidden drugs come into play when a young woman testifies about running through a four-way intersection and hitting another car. **9.30** Heavy drinking, an alleged assault, and the destruction of property are disputed by ex-roommates.
10.00 **Judge Judy** Further small-claims cases.
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Patrol**
7.00 **Border Security Canada**
8.00 **Send in the Dogs**
9.00 **Road Wars**
10.00 **The Force: Manchester**
11.00 **Forensics: Catching the Killer** Alun Kyte.
12.00 NOON **What the Killer Did Next** Michael Ryan.
1.00 PM **The Killer Within**
2.00 **Killer Siblings**
3.00 **Most Evil Killers**
5.00 **Killer Siblings**
6.00 **Murdered at First Sight**
7.00 **Most Evil Killers**
9.00 **Killer in My Village**
10.00 **Murders That Shocked the Nation**
11.00 **World's Most Evil Killers**
12.00 M'T **Murder Uncut**
1.00 AM **The Killer Within**
2.00 **Snapped** True-crime.
3.00 **Dateline: The Murder of Emma Walker**
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

174 187 84 155

8.00 AM **Beautiful Serengeti**
8.30 **The Vietnam War**
10.50 **Forts of Verdun**
11.55 **WWII in the Pacific**
1.00 PM **The Vietnam War**
3.20 **Forts of Verdun**
4.35 **WWII in the Pacific**
5.35 **Grand Tours of Scotland** A journey from Fort William to Mallaig.
6.15 **The Vietnam War**
8.35 **NEW Forts of Verdun** A journey inside the walls of the 38 forts that were at stake during the Battle of Verdun.
9.50 **WWII in the Pacific** A look at how the Japanese became more determined than ever not to give up.
10.55 **The Hidden Side of World War II** The political struggle between De Gaulle and the Allied forces.
12.00 M'T **Forts of Verdun**
1.10 **to 2.00** AM **Grand Tours of Scotland**

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | EE HD

TUESDAY

Tuesday

Sky Documentaries

121/122 819 188 352 367

6.00 AM **Inside the Freemasons**
7.00 **Discovering: John Hurt**
8.00 **The Directors**
9.00 **The 2000s**
10.00 **Positive**
11.00 **Ghislaine Maxwell: Epstein's Shadow** 2/3. Documentary.
12.00 NOON **FILM Bobby** Documentary celebrating the life and career of Bobby Moore. (2016, PG, 95min) ★★★★
2.00 PM **Terry Venables: A Man Can Dream**
4.00 **The Directors**
5.00 **Discovering: John Hurt**
6.00 **The 2000s**
7.00 **Ghislaine Maxwell: Epstein's Shadow** 2/3. Documentary.
8.00 **I Am Patrick Swayze** A tribute to the American actor.
9.50 **My Icon: Anthony Joshua**
10.00 **Ibiza Narcos** 1/3. Exploring the drugs trade on the island.
11.00 **The Slow Hustle**
12.50 AM **Risky Drinking**
2.30 **Assassins** Documentary.
4.30 **PL Legends: Michael Owen**
5.00 **to 6.00** AM **Discovering: John Hurt**

Sky Nature

124/125 822 189 354 369

6.00 AM **Reef Wrecks**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Volcanic Odysseys**
10.00 **Great Blue Wild**
11.00 **Land of Primates**
12.00 NOON **Hotspots: The Last Hope**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Volcanic Odysseys**
4.00 **Great Blue Wild**
5.00 **Brazil Untamed**
6.00 **Hotspots: The Last Hope**
7.00 **Monkey Life** Double bill.
8.00 **Animals Decoded**
9.00 **Africa's Hunters** A powerful lion pride face an uncertain future.
10.00 **Hotspots: The Last Hope** The creatures of Australia's most diverse hotspots.
11.00 **Brazil Untamed**
12.00 M'T **Patagonia**
1.00 AM **Tales from Zambia**
2.00 **Animals Decoded**
3.00 **Africa's Hunters**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Volcanic Odysseys**

Sky History 2

163/168 840 186

6.00 AM **Ancient Aliens**
8.00 **The Proof Is Out There**
9.00 **Strangest Things**
10.00 **Al Murray: Why Do the Brits Win Every War?**
11.00 **Ancient Aliens**
1.00 PM **WW2 Treasure Hunters**
2.00 **Digging Up Britain's Past: Henry VIII's Lost Palace**
3.00 **Monsterquest**
5.00 **Strangest Things**
6.00 **Dangerous Missions**
7.00 **Battle 360**
8.00 **Cracking the Code** A look at how codes and ciphers have been used for millennia.
9.00 **WWII Lost Films** Lt Charles Scheffel leads his unit across France.
10.00 **How to Lose a War** How the seeds of Japan's defeat in 1945 were sown a decade earlier.
11.00 **Life After People**
12.00 M'T **Ancient Aliens**
2.00 AM **Digging Up Britain's Past: Henry VIII's Lost Palace**
3.00 **River Hunters**
4.00 **Life After People**
5.00 **to 6.00** AM **Battle 360**

Crime+Investigation

156 837 133

6.00 AM **On the Case**
7.00 **Homicide Hunter**
9.00 **Murder at My Door with...**
10.00 **Imperfect Murder**
11.00 **Motive to Murder**
12.00 NOON **Green Eyed Killers**
1.00 PM **Murder Masterminds**
2.00 **Accident, Suicide or Murder?**
3.00 **Murder at My Door with Kym Marsh** Investigating the murder of a young man who was burned alive in his own car.
4.00 **Cops Gone Bad with Will Mellor** Kashif Mahmood.
5.00 **Interrogation Raw**
6.00 **Cold Case Files**
7.00 **The First 48**
8.00 **Imperfect Murder**
9.00 **Fatal Family Feuds** New edition
10.00 **Sin City Murders** New edition
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Fatal Family Feuds**
2.00 **Sin City Murders**
3.00 **Accident, Suicide or Murder?**
4.00 **Green Eyed Killers**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 841 182

8.00 AM **Yukon Vet**
9.00 **Swamp Men**
10.00 **Relentless Enemies**
11.00 **Animals Gone Wild**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Lake Tanganyika: Africa's Blue Heart**
3.00 **When Sharks Attack**
4.00 **Secrets of the Zoo: Tampa**
5.00 **Wicked Tuna: Outer Banks Showdown** Documentary.
6.00 **Snakes in the City**
7.00 **Yukon Vet** Double bill.
9.00 **Incredible Animal Journeys** Animals racing south to make the most of the short Antarctic summer.
10.00 **America's National Parks** The wildlife and landscape of the Grand Canyon National Park.
11.00 **Shark Attack Files**
12.00 M'T **Lawless Island**
1.00 AM **Monster Fish**
2.00 **Yukon Vet**
3.00 **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet: Family Affair**

Discovery History

177 181

6.00 AM **Expedition Unknown**
7.00 **NASA's Unexplained Files**
8.00 **Mysteries at the Castle**
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Find It, Fix It, Flog It**
12.00 NOON **Combat Dealers**
1.00 PM **How It's Made**
2.00 **NASA's Unexplained Files**
3.00 **Salvage Hunters**
4.00 **Cooper's Treasure**
5.00 **HMS Ark Royal**
6.00 **Combat Dealers**
7.00 **Expedition Unknown**
8.00 **Greatest Events of World War II** Colourised footage of the Battle of the Bulge.
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Find It, Fix It, Flog It**
12.00 M'T **HMS Ark Royal**
1.00 AM **How It's Made**
2.00 **Salvage Hunters**
3.00 **Greatest Events of World War II** As shown at 8.00pm.
4.00 **to 5.00** AM **Find It, Fix It, Flog It**

+1 hour 277 381

Eden

166 176

9.00 AM **Underground Worlds**
10.00 **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
7.00 **Abandoned Engineering** An engineering masterpiece carved into the cliff-face, and a long-range beacon that transmitted one of the most infamous messages in US history. **8.00** An American desert canyon where fortunes were made and lives were lost. **9.00** A mysterious structure on the 38th parallel. **10.00** Legendary film sets with surprising pasts and real locations that inspired Hollywood.
11.00 **Underground Worlds** Exploring the air raid tunnels hidden beneath Ramsgate.
12.00 M'T **Anthony Bourdain: Parts Unknown** Chef Marcus Samuelsson takes Anthony on a tour of Ethiopia.
1.00 AM **Abandoned Engineering**
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

ID

154 166

6.00 AM **The Big Swindle**
7.00 **Teleshopping**
8.00 **American Monster**
9.00 **Murder Comes to Town**
11.00 **Brittany Murphy: An ID Mystery**
12.00 NOON **Little Boy Lost: An ID Mystery**
1.00 PM **Web of Lies**
3.00 **People Magazine Investigates**
5.00 **American Monster**
6.00 **The Lady Killers**
7.00 **Disappeared** A woman whose remains were discovered during Hurricane Katrina.
8.00 **The Big Swindle** Police uncover the crimes of serial scammer Rajesh Ghedia.
9.00 **A Crime to Remember** The story of a late-1960s murder spree in Michigan.
10.00 **Evil Lives Here**
12.00 M'T **Kiss of Death**
2.00 AM **The Big Swindle**
3.00 **American Monster**
4.00 **The Lady Killers**
5.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/172 180

6.00 AM **Supertruckers**
7.00 **Wheeler Dealers**
8.00 **Goblin Works Garage**
9.00 **Head 2 Head**
10.00 **Fifth Gear Recharged**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **Shed and Buried**
1.00 PM **Extreme RVs**
2.00 **Wheeler Dealers**
3.00 **Vintage Voltage**
4.00 **Supercar Showroom**
5.00 **Wheeler Dealers**
6.00 **Shed and Buried**
7.00 **Salvage Hunters: Classic Cars** A Jaguar XJS and a Renault 4.
8.00 **Supercar Showroom** Dean and Trudie look to expand the business from supercars into hypercars.
9.00 **Ant Anstead Master Mechanic**
10.00 **Shed and Buried**
11.00 **Wheeler Dealers**
12.00 M'T **Supercar Showroom**
1.00 AM **Iron Resurrection**
2.00 **Fast N' Loud**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

+1 hour 261/272

Films

Sky Cinema Premiere

301 401 501 515

7.05 AM **Manodrome** As 10.00pm.
8.45 **The Shamrock Spitfire** Biopic starring Shane O'Regan. (2024, 12, 108min) ★★★
10.45 **Anyone But You** As 8.00pm.
12.35 PM **Eileen** As 4.15pm.
2.15 **Five Nights at Freddy's**
4.15 **Eileen** Thriller with Thomasin McKenzie and Anne Hathaway. (2023, 15, 97min) ★★★★
6.00 **A Sacrifice** Drama starring Eric Bana, Sylvia Hoeks and Sadie Sink. (2024, 15, 94min)

2.15 Five Nights at Freddy's

8.00 **Anyone But You** Romantic comedy based on Shakespeare's *Much Ado About Nothing*, starring Glen Powell and Sydney Sweeney. After a first date, a duo's attraction turns chilly, until they are reunited at a wedding. (2023, 15, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Manodrome** Thriller starring Jesse Eisenberg. Concerned about his girlfriend's pregnancy, a man's life spirals when he meets a mysterious family. (2023, 15, 91min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Five Nights at Freddy's** Horror with Josh Hutcherson. (2023, 15, 109min) ★★
1.35 AM **American Star** Mystery thriller starring Ian McShane. (2023, 15, 107min) ★★★★
3.25 **The Shamrock Spitfire**
5.20 **to 7.20** AM **Force of Nature: The Dry 2** Thriller sequel with Eric Bana. (2024, 15, 112min)

Sky Cinema Best of 2024

303 403 503 517

7.10 AM **The Starling Girl** (2023)
9.10 **Arthur's Whisky** Comedy. (2023, PG, 91min) ★★★
11.00 **My Big Fat Greek Wedding 3** Comedy sequel. (2023, 12) ★★
12.45 PM **Anyone But You** Comedy. (2023, 15, 103min) ★★★★
2.35 **Sumotherhood** Comedy drama. (2023, 15, 97min) ★★★
4.25 **Strays** Canine comedy. (2023, 15, 93min) ★★★★
6.10 **One More Shot** Action thriller. (2023, 15, 102min) ★★

8.00 The Bricklayer

8.00 **The Bricklayer** Action thriller starring Aaron Eckhart and Nina Dobrev. A former CIA agent is reactivated when an extortionist targets the agency. With Clifton Collins Jr and Tim Blake Nelson. (2023, 15, 110min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **BlackBerry** Fact-based comedy drama starring Jay Baruchel. The creators of the world's first smartphone weather a series of disastrous events before the gadget's eventual demise. (2023, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Desperation Road** Thriller with Garrett Hedlund. (2023, 18, 112min) ★★★★
2.10 **The Royal Hotel** Thriller. (2023, 18, 91min) ★★★
3.50 **to 6.00** AM **The Starling Girl** Drama starring Eliza Scanlen. (2023, 15, 117min) ★★★★

Sky Cinema Drama

310 410 510 524

7.10 AM **Mrs Harris Goes to Paris** Comedy drama starring Lesley Manville and Isabelle Huppert. (2022, PG, 115min) ★★★★
9.15 **It Is in Us All** Drama starring Cosmo Jarvis and Rhys Mannion. (2022, 15, 92min) ★★★★
10.55 **A Few Good Men** As 8.00pm.
1.15 PM **Ferrari** As 12.05am.
3.30 **Out of Africa** Romantic epic. (1985, PG, 162min) ★★★★

6.15 **The Great Escaper** Drama starring Michael Caine. (2023, 12, 96min) ★★★★
8.00 **A Few Good Men** Legal drama starring Tom Cruise and Jack Nicholson. A US Navy lawyer locks horns with the martinet commander of a US military base in Cuba over a murder trial. (1992, 15, 132min) ★★★★
10.20 **Lost in Translation** Romantic comedy drama starring Bill Murray and Scarlett Johansson. (2003, 15, 102min) ★★★★★

12.05 AM **Ferrari** Director Michael Mann's drama starring Adam Driver. (2023, 15, 130min) ★★★
2.20 **Summit Fever** Thriller with Ryan Phillippe. (2022, 15, 115min) ★★
4.20 **to 6.20** AM **May December** Drama starring Natalie Portman. (2023, 15, 117min) ★★★★

Sky Cinema Sci-fi/Horror

311 411 511 525

7.40 AM **Mr. Vampire II** As 4.00am.
9.25 **Monstrous** As 6.20pm.
11.05 **The Island** Sci-fi action thriller. (2005, 12, 136min) ★★★
1.35 PM **Star Trek IV: The Voyage Home** As shown at 10.10pm.
3.45 **Minority Report** Steven Spielberg's sci-fi thriller. (2002, 12, 145min) ★★★★
6.20 **Monstrous** Horror with Christina Ricci. (2022, 15, 89min) ★★★

8.00 **Ghostbusters** Fantasy comedy reboot starring Kristen Wiig. When supernatural disturbances occur in New York City, four experts in the paranormal and their dim assistant investigate. (2016, 12, 113min) ★★★
10.10 **Star Trek IV: The Voyage Home** Sci-fi adventure starring William Shatner and Leonard Nimoy. Kirk and crew travel back in time to the 20th Century to save the Earth of the 23rd Century. (1986, PG, 119min) ★★★★

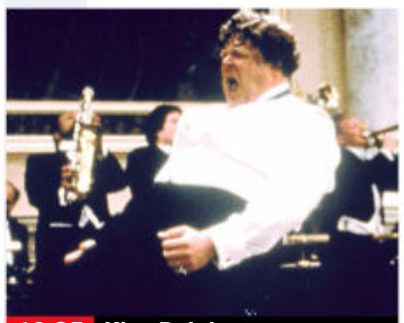
12.20 AM **Silent Running** Cult sci-fi drama. (1972, U, 90min) ★★★★
2.00 **Biosphere** Comedy drama. (2022, 15, 106min) ★★★
4.00 **Mr. Vampire II** Comedy horror. (1986, 12, 89min) ★★★
5.40 **to 7.25** AM **Dual** Sci-fi thriller. (2022, 15, 94min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 406 506 520

7.30 AM **Ride On** As 2.05am.
9.45 **Bean** (1997, PG) ★★★
11.20 **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy. (2001, PG) ★★★★★
2.30 PM **Scooby-Doo** Comedy. (2002, PG, 86min) ★★★
4.00 **Scooby-Doo 2: Monsters Unleashed** Comedy sequel. (2004, PG, 93min) ★★★
5.45 **The Lord of the Rings: The Two Towers** Epic fantasy. (2002, 12, 179min) ★★★★★


10.35 King Ralph

8.50 **Swallows and Amazons** Drama starring Rafe Spall. Two rival bands of children compete for ownership of an island, but must work together when a bigger challenge arises. (2016, PG, 95min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **King Ralph** Comedy starring John Goodman and Peter O'Toole. (1991, PG, 97min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Robo-Dog: Airborne** Family adventure sequel. (2017, U, 88min) ★★★
2.05 **Ride On** Action drama. (2023, PG, 126min) ★★★
4.20 **Ghost Squad** Fantasy. (2015, PG, 86min) ★★★
5.55 **to 7.45** AM **The Secret Kingdom** Fantasy adventure. (2023, PG, 98min) ★

Sky Cinema Action

307 407 507 521

8.05 AM **Death Pursuit** As 2.45am.
9.50 **No Escape** As 4.25am.
11.45 **American Sniper** Biopic starring Bradley Cooper. (2014, 15, 127min) ★★★★
2.00 PM **Rampage** As 12.50am.
4.00 **Poker Face** Thriller directed by and starring Russell Crowe. (2022, 15, 120min) ★★★
5.45 **Transformers: Rise of the Beasts** Fantasy prequel starring Anthony Ramos. (2022, 12, 127min) ★★★

9.55 Interstellar

8.00 **Mission: Impossible** Brian De Palma's action thriller starring Tom Cruise and Jon Voight. An undercover agent devises a risky plan to expose the traitor who betrayed him and his colleagues. (1996, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Interstellar** Sci-fi drama starring Matthew McConaughey and Anne Hathaway. A spacecraft goes in search of a new home for the human race before a devastated Earth becomes uninhabitable. (2014, 12, 166min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Rampage** Adventure starring Dwayne Johnson. (2018, 12, 107min) ★★★
2.45 **Death Pursuit** Action thriller. (2022, 15, 91min) ★★
4.25 **to 6.15** AM **No Escape** Action thriller starring Owen Wilson. (2014, 15, 101min) ★★★

Sky Cinema Comedy

308 408 508 522

7.20 AM **My Big Fat Greek Wedding 3** As 3.40am.
9.05 **Ride the Eagle** As 5.20am.
10.45 **Ali G Indahouse** Comedy. (2002, 15, 88min) ★★★
12.25 PM **The Dictator** Comedy. (2012, 15, 83min) ★★★
2.00 **The Boat That Rocked** Comedy. (2009, 15) ★★★★
4.25 **The Blackening** Horror comedy. (2022, 15) ★★★★
6.15 **Bill & Ted's Bogus Journey** Comedy. (1991, PG) ★★★★

6.15 Bill & Ted's Bogus Journey

8.00 **Shakespeare in Love** Romantic comedy starring Joseph Fiennes and Gwyneth Paltrow. Struggling playwright William Shakespeare is inspired to write *Romeo and Juliet* by a headstrong young lady. (1998, 15, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **The Hangover Part II** Dark comedy sequel with Bradley Cooper. A drug-fuelled bachelor party in Bangkok leaves three friends looking for the bride's vanished brother. (2011, 15, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Girls Trip** Comedy with Regina Hall. (2017, 15, 122min) ★★
2.00 AM **Weird Science** Fantasy. (1985, 12, 94min) ★★★
3.40 **My Big Fat Greek Wedding 3** Romantic comedy sequel. (2023, 12, 92min) ★★
5.20 **to 6.55** AM **Ride the Eagle** Comedy. (2021, 15) ★★★

Sky Cinema Thriller

309 409 509 523

6.05 AM **Barbarians** As 2.20am.
7.50 **Naked Singularity** As 4.05am.
9.40 **False Positive** As 5.55am.
11.20 **Red Right Hand** Thriller. (2023, 15, 111min) ★★★
1.20 PM **The Da Vinci Code** Thriller starring Tom Hanks. (2006, 12, 149min) ★★★
3.55 **Last Seen Alive** Thriller. (2022, 15, 95min) ★★★
5.40 **Now You See Me 2** Thriller sequel starring Jesse Eisenberg. (2016, 12, 124min) ★★★

10.25 Lord of War

8.00 **Angels & Demons** Mystery thriller based on the bestseller by Dan Brown, starring Tom Hanks and Ewan McGregor. Harvard professor Robert Langdon must solve a series of cryptic riddles to prevent a hidden time bomb from destroying the Vatican. (2009, 12, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

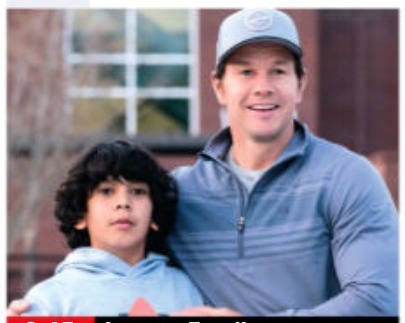
10.25 **Lord of War** Black comedy thriller starring Nicolas Cage as a cynical arms dealer who outwits his rivals and the law but can't keep disaster at bay forever. With Ethan Hawke. (2005, 15, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Last Seen Alive** (2022)
2.20 **Barbarians** Horror thriller. (2021, 15, 89min) ★★★
4.05 **Naked Singularity** Crime comedy. (2021, 15) ★★★
5.55 **to 7.40** AM **False Positive** Horror. (2021, 15, 92min) ★★

Film4

313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **Cockleshell Heroes** World War Two drama. (1955, U, 94min) ★★★
1.00 PM **Gunman's Walk** Western. (1958, PG, 95min) ★★
2.50 **A Kid for Two Farthings** Comic fable. (1954, U) ★★★★
4.40 **The Man from Laramie** Western. (1955, U) ★★★
6.45 **Instant Family** Comedy starring Mark Wahlberg. (2018, 12, 118min) ★★★★


6.45 Instant Family

Instant Family (film started at 6.45pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Con Air** Action thriller starring Nicolas Cage, John Cusack and John Malkovich. A group of America's deadliest criminals hijack a convict transport plane. (1997, 18, 115min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.15 **Die Hard** Action thriller with Bruce Willis. A vacationing New York cop tackles a gang of terrorists when they seize control of a tower office block in Los Angeles at Christmas. (1988, 15, 131min) ★★★★★ **11 PM**
1.55 **to 3.35** AM **Isle of Dogs** Wes Anderson's animation featuring the voice of Bryan Cranston. (2018, PG, 101min) ★★★★★

+1 hour 314 430 47 301

Sky Cinema Supernatural

302 402 502 516

6.20 AM **Little Monsters** As 2.20am.
8.00 **Monstrous** As 4.05am.
9.30 **Snatchers** Horror comedy. (2019, 15, 96min) ★★★
11.15 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
12.50 PM **Ouija: Origin of Evil** Supernatural horror prequel. (2016, 15, 99min) ★★★
2.25 **Insidious** Supernatural thriller. (2010, 15, 103min) ★★★★

4.10 **Insidious: Chapter 2** Supernatural thriller sequel. (2013, 15, 103min) ★★★
6.00 **Five Nights at Freddy's** Horror thriller. (2023, 15, 109min) ★★
8.00 **The Conjuring** Horror starring Vera Farmiga and Patrick Wilson. (2013, 15, 112min) ★★★
10.00 **The Conjuring 2: The Enfield Poltergeist** Horror sequel with Vera Farmiga and Patrick Wilson. (2016, 15, 134min) ★★★★
12.20 AM **The Pope's Exorcist** Horror. (2023, 15, 103min) ★★★

2.20 **Little Monsters** Horror comedy starring Lupita Nyong'o. (2019, 15, 93min) ★★★★
4.05 **Monstrous** Horror with Christina Ricci and Santino Barnard. (2022, 15, 89min) ★★★
5.45 **to 6.05** AM **The Cinema List: Creature Features**

Sky Cinema Greats

304 404 504 518

6.55 AM **Dumb and Dumber** (1994)
8.50 **Gone Baby Gone** As 3.55pm.
10.50 **Fast Times at Ridgemont High** Cult comedy with Sean Penn. (1982, 18, 90min) ★★★★★
12.25 PM **Sixteen Candles** Comedy. (1984, 12, 89min) ★★★
2.05 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
3.55 **Gone Baby Gone** Crime drama. (2007, 15, 109min) ★★★★★

5.55 **Mad Max: Fury Road** Thriller. (2015, 15, 120min) ★★★★★
8.00 **Inception** Christopher Nolan's thriller with Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire, but his own guilty dreams of his dead wife threaten to sabotage the mission. (2010, 12, 148min) ★★★★★
10.30 **Public Enemies** Gangster biopic starring Johnny Depp as 1930s bank robber John Dillinger. (2009, 15, 140min) ★★★★

12.55 AM **Catch Me If You Can** Steven Spielberg's adventure starring Leonardo DiCaprio. (2002, 12, 141min) ★★★★★
3.15 **Blade Runner** Futuristic thriller. (1982, 15, 130min) ★★★★★
5.20 **to 7.00** AM **Fast Times at Ridgemont High** As 10.50am.

Sky Cinema Animation

305 412 500 514

6.30 AM **Lego Batman: The Movie – DC Super Heroes Unite**
7.50 **Little Vampire** As 3.15am.
9.20 **The Angry Birds Movie** Animated family comedy. (2016, U, 97min) ★★★
11.05 **Gnomeo & Juliet** Animated comedy. (2011, U, 83min) ★★★
12.40 PM **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 93min) ★★★

2.25 **The Nut Job** Animated comedy. (2014, U, 85min) ★★★
4.00 **Over the Hedge** Animation. (2006, U, 83min) ★★★★
5.30 **The Secret Life of Pets** Animation. (2016, U) ★★★
7.05 **Justin and the Knights of Valour** Animated adventure. (2013, PG, 92min) ★★
8.50 **Captain Underpants** Animation. (2017, U, 89min) ★★★★
10.25 **Lego Batman: The Movie – DC Super Heroes Unite** Animation. (2013, PG) ★★★

11.45 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
1.25 AM **Monster Family 2** Animated sequel. (2021, U) ★
3.15 **Little Vampire** Animation. (2020, PG, 85min) ★★★
4.45 **to 6.15** AM **Vic the Viking** Animation. (2019, U) ★★

Christmas in July

312 419

7.00 AM **Next Stop, Christmas** Fantasy. (2021, PG, 84min) ★★
9.00 **The Winter Palace** Romantic drama. (2022, PG, 85min) ★★
11.00 **The Christmas Toy Maker** Drama. (2021, PG, 84min) ★★
1.00 PM **Joyeux Noel** Romantic drama. (2023, PG, 90min) ★★
3.00 **The Christmas Promise** Romantic drama starring Torrey DeVitto. (2021, PG, 90min) ★★

5.00 **Hanukkah on Rye** Romantic comedy. (2022, PG, 90min) ★★
7.00 **12 Days of Christmas Eve** Comedy with Kelsey Grammer. (2022, PG, 90min) ★★
9.00 **Jolly Good Christmas** Comedy starring Will Kemp and Reshma Shetty. An American architect based in London and a personal shopper are swept up in a search for the perfect gift. (2022, PG, 90min) ★★
11.00 **Boyfriends of Christmas Past** Drama. (2021, PG, 84min) ★★

1.00 AM **A Magical Christmas Village** Festive fantasy drama. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **Delivered by Christmas** Festive romantic comedy. (2020, PG, 84min) ★★

Movies 24+ 315 420

Talking Pictures

328 445 82 306

6.00 AM **The Show Must Go On: Curtain Up** Short film.
6.30 **The Mysterious Mr Nicholson** Thriller starring Anthony Hulme. (1947, b/w, PG, 73min) ★★★
8.00 **Sherlock Holmes** 25/39. (S1)
8.35 **At War with the Army** Comedy. (1950, b/w, U, 100min) ★
10.30 **The Secret Man** Spy thriller. (1958, b/w, U, 68min) ★★★
12.00 NOON **Worzel Gummidge** (S2)

12.35 PM **Dick Barton at Bay** Spy adventure. (1950, b/w, U) ★★★
2.00 **Bank Shot** Comedy caper. (1974, PG, 83min) ★★★
3.40 **What's On TPTV with Noel**
3.50 **The Cat from Outer Space** Disney fantasy comedy. (1978, U, 103min) ★★★
5.55 **The Beverly Hillbillies** (S1)
6.30 **Scotland Yard** (S1)
7.05 **The Capone Investment** (S1)
7.35 **Dangerous Assignment** (S1)
8.05 **Manhunt** 25/26. (S1)
9.10 **Black Velvet Band** Drama.

11.20 **Willard** Horror starring Bruce Davison. (1971, U, 95min) ★★★
1.15 AM **Sisters** Horror thriller. (1973, 18, 88min) ★★★★
3.10 **Harriet Craig** Melodrama. (1950, b/w, PG, 94min) ★★★
5.05 **The Petula Quest** Short film.
5.25 **to 6.00** AM **For the Love of Ada**

Tuesday

Sky Sports Main Event

401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Euros** The latest news from Euro 2024 in Germany.
10.00 **SSN Euro Matchday** A round-up of the latest news from Euro 2024 in Germany.
6.00 PM **LIVE Women's International T20 Cricket England v New Zealand.** Coverage of the second T20 in the five-match series from the 1st Central County Ground, Hove. The teams last met here in this format in 2021, when New Zealand prevailed by four wickets with the help of a fine all-round display from captain Sophie Devine, who scored a half-century and took two wickets. This series is the penultimate T20 series for England before they take part in the Women's T20 World Cup in Bangladesh in October.
10.00 **SSN Euro Report** Catch up on all of the latest news from Euro 2024 in Germany, featuring insight from a team of reporters based in the cities where matches are taking place.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Good Morning Euros**
10.00 **Premier League Years** A look back at the 1998/99 season.
12.00 NOON **Gary Neville's Soccerbox** With Gianfranco Zola. **12.30** PM With Ian Wright.
1.00 **Premier League Best Goals**
2.00 **Premier League Highlights**
5.00 **Premier League Review** A look back at top-flight action.
7.00 **Premier League Icons** A profile of Dennis Bergkamp.
7.30 **PL 100: Paul Scholes** An interview with ex-Manchester United midfielder Paul Scholes.
8.00 **SSN Euro Matchday** A round-up of the latest news from Euro 2024 in Germany.
10.00 **SSN Euro Report** Catch up on all of the latest news from Euro 2024 in Germany.
11.00 **Class of '92: Full Time** Another departure in the dugout sends shockwaves through the club.
12.00 M'T **PL Retro** Birmingham City v Aston Villa from 2002.
2.00 AM **Premier League Years**
4.00 **Best PL Goals 2018/19**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Legends**

Sky Sports Football

403 513 503 421 441

6.00 AM **EFL Cup Retro** From 2016.
8.45 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Rivalries** Double bill.
12.00 NOON **Bundesliga Highlights Show** The latest action.
1.00 PM **Women's Championship Show** Highlights and analysis.
1.30 **WSL** Aston Villa v Chelsea.
2.00 **Best Scottish Premiership Goals 2023/24**
2.30 **EFL** The 2019/20 play-off finals.
5.30 **EFL Greatest Games**
6.30 **Bundesliga Highlights Show**
7.30 **WSL** Action from Brighton & Hove Albion v Manchester United.
8.00 **Women's Championship Show**
8.30 **Scottish Premiership Round-Up**
9.00 **EFL** Brentford v Swansea City in the 2020/21 C'ship play-off final. **10.00** Blackpool v Lincoln City in the 2020/21 L1 play-off final. **11.00** Action from Morecambe v Newport County from 2020/21. **12.00** M'T Action from Blackpool v Cardiff City from 2009/10. **1.30** AM A round-up of the best goals from the 2017/18 season.
2.00 **EFL Rivalries**
2.30 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 514 504 422 442

6.00 AM **Vitality T20 Blast Cricket** Worcestershire Rapids v Essex Eagles in the 2019 final.
7.00 **ICC Men's T20 World Cup**
10.00 **Women's International One-Day Cricket** Highlights.
1.00 PM **Best of England v Windies**
2.00 **Women's International T20 Cricket** England v New Zealand.
6.00 **LIVE Women's International T20 Cricket England v New Zealand.** Coverage of the second T20 in the five-match series, which takes place at the 1st Central County Ground, Hove.
10.00 **The Film Room: England v West Indies** Action from 2000.
11.15 **Best of England v Windies**
11.50 **Best of the Women's World T20** Action from Australia v England in the 2018 final.
12.00 M'T **Women's International T20 Cricket** England v New Zealand: A replay of the second T20 in the five-match series from the 1st Central County Ground.
4.00 AM **T20 Blast 2007** Kent Spitfires v Gloucestershire Gladiators in the 2007 final.
5.00 **to 6.00** AM **Best of the Women's World T20**

Sky Sports Golf

405 515 505 423 443

6.00 AM **Playing Lessons**
7.00 **Nick Dougherty's Tee Time Tips**
8.00 **Golf Academy**
8.30 **DP World Tour Golf**
9.00 **PGA Tour Golf**
10.00 **Ladies European Tour Golf**
2.00 PM **Nick Dougherty's Tee Time Tips**
3.00 **Golf Academy**
4.00 **Playing Lessons** Golf tips.
4.30 **DP World Tour Golf**
5.00 **PGA Tour Golf**
6.00 **Ladies European Tour Golf**
7.00 **Europe! Europe!**
9.00 **DP World Tour Golf**
9.30 **The Open Zone** From 2023.
10.00 **Ladies European Tour Golf**
11.00 **PGA Tour Golf**
12.00 M'T **Playing Lessons**
1.00 AM **Nick Dougherty's Winter Tee Time Tips 2022**
2.00 **Golf Academy**
3.00 **Playing Lessons**
4.00 **Nick Dougherty's Tee Time Tips**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 537 520 425 445

6.00 AM **Tennis** The Dubai Duty Free Tennis Championships final. **7.00** The Bad Homburg Open. **9.00** Qatar TotalEnergies Open. **10.00** The Monte-Carlo Masters. **11.00** The Open Sud de France.
1.00 PM **Tennis** The Libema Open. **3.00** The San Diego Open final. **4.00** The Bad Homburg Open.
6.00 **Tennis** The Qatar Open in Doha. **6.30** Highlights of the Mutua Madrid Open men's final.
7.30 **Tennis** The Mutua Madrid Open. **8.30** The Stuttgart Open final. **9.30** The Dubai Championships. **11.00** The San Diego Open final.
12.00 M'T **to 6.00** AM **Tennis**

Sky Sports Mix

416 873 510 429 449

6.00 AM **Vitality T20 Blast Cricket**
7.00 **ICC Men's T20 World Cup**
8.00 **DP World Tour Golf**
8.30 **Chronicles of a Champion Golfer** A profile of Tiger Woods.
9.00 **PGA Tour Golf**
10.00 **Women's International One-Day Cricket**
1.00 PM **Tennis** The Libema Open. **3.00** The San Diego Open final.
4.00 **NFL Highlights**
6.00 **Ladies European Tour Golf**
7.00 **Tennis** Highlights of the Qatar TotalEnergies Open from Doha.
9.00 **Indycar** Highlights from the Honda Indy 200 at Mid-Ohio.
10.00 **Formula 1** Highlights of the British Grand Prix at Silverstone.
11.00 **PGA Tour Golf** A review of the John Deere Classic.
12.00 M'T **Playing Lessons**
1.00 AM **NFL Highlights**
2.00 **Fight Night International**
4.00 **Nick Dougherty's Tee Time Tips**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports F1

406 516 506 424 444

6.00 AM **The Home of F1**
10.00 **British GT Championship**
11.00 **Formula 1** A chance to see the British Grand Prix at Silverstone.
3.30 PM **Ted's Notebook**
4.00 **Formula 3** British Grand Prix.
5.05 **Formula 1** Season highlights.
5.15 **Formula 3** From Silverstone.
6.20 **F1 Feature**
6.25 **Formula 2** British Grand Prix.
8.45 **Formula 1** Season highlights.
8.55 **F1 Feature**
9.00 **Indycar** The Honda Indy 200.
10.00 **Formula 1** British Grand Prix.
11.00 **Indycar** The Honda Indy 200.
12.00 M'T **Formula 1** From Silverstone.
1.00 **to 6.00** AM **The Home of F1**

TNT Sports 1

410 870 527 408 430

6.00 AM **MotoGP** From Germany.
9.30 **MotoGP Chequered Flag**
10.15 **UEFA Champions League Goals Reload**
10.30 **Henley Royal Regatta**
11.00 **World Championship of Legends Cricket** Highlights.
12.00 NOON **LIVE World Championship of Legends Cricket West Indies v England.** Coverage of the T20 match at Edgbaston, Birmingham.
4.00 PM **LIVE World Championship of Legends Cricket South Africa v Pakistan.** Coverage of the T20 match from Edgbaston.
8.30 **Major League Cricket Highlights**
9.00 **MotoGP Rewind**
9.15 **International Rugby Union**
10.45 **Around the Block**
11.00 **MLB Lead Off**
11.30 **LIVE MLB Philadelphia Phillies v Los Angeles Dodgers.** Start-time 11.40pm.
2.30 AM **MLB Closer**
3.00 **European Rally Championship**
3.30 **Classic Premier League**
4.00 **UFC Fight Flashback**
4.30 **WSL Championship Tour**
5.30 **to 6.00** AM **UEFA Champions League: Stories of the Finals**

TNT Sports 2

411 871 528 409 431

6.00 AM **AFL** Another chance to see Geelong Cats v Hawthorn Hawks. **8.00** GWS Giants v Carlton Blues. **10.00** A chance to see Fremantle Dockers v Richmond Tigers.
12.00 NOON **Around the Block**
12.15 PM **Women's T20 International Cricket** Action from India v South Africa.
2.15 **LIVE Women's International T20 Cricket India v South Africa.** Coverage of the third and final T20 in the series from MA Chidambaram Stadium, Chennai.
6.00 **World Rallycross Championship Highlights** The Ferratum World RX of Sweden.
8.00 **European Rally Championship Highlights** The Rally Estonia.
8.30 **Premier League Stories**
9.00 **WWE Monday Night Raw**
11.30 **Born Racers** Magazine.
12.45 AM **Major League Cricket Highlights** Recent action.
1.15 **LIVE Major League Cricket Los Angeles Knight Riders v Seattle Orcas.** Coverage of the T20 match from Grand Prairie Stadium in Grand Prairie, Texas.
5.15 **to 6.00** AM **UEFA Europa League Goals Reload**

TNT Sports 3

417 874 529 410 432

6.00 AM **Vanarama National League** Oxford City v Altrincham. **7.30** Dorking Wanderers v Barnet. **9.00** Another chance to see Wealdstone v Boreham Wood. **10.30** York City v FC Halifax Town. **12.00** NOON Dagenham & Redbridge v Solihull Moors.
1.30 PM **Vanarama National League** Southend United v Chesterfield. **3.00** Barnet v Oldham Athletic. **4.30** Another chance to see AFC Fylde v Dorking Wanderers. **6.00** Another chance to see Gateshead v FC Halifax Town. **7.30** Bromley v Altrincham.
9.00 **Henley Royal Regatta** Action from day one of the rowing event. **9.30** Action from day two. **10.00** Action from day three.
10.30 **Henley Royal Regatta** Day four. **11.00** Action from day five. **11.30** Action from the finals.
12.00 M'T **Women's T20 International Cricket** Action from India v South Africa at MA Chidambaram Stadium, Chennai.
1.00 AM **Classic Premier League**
1.30 **MotoGP** Grand Prix of Germany.
5.00 **MotoGP Chequered Flag**
5.45 **to 6.00** AM **MotoGP Films**

Sky Sports Action

408 517 507 426 446

6.00 AM **Fight Night International**
8.00 **NFL Highlights** Philadelphia Eagles v Dallas Cowboys.
9.00 **Fight Night** A chance to see Natasha Jonas v Mikaela Mayer.
10.00 **NFL Highlights** Action from New York Jets v Buffalo Bills.
11.00 **Fight Night International** Naoya Inoue v Michael Dasmarinas from June 2021.
12.00 NOON **NFL Highlights**
2.00 PM **Fight Night International**
4.00 **NFL Highlights** Action from Las Vegas Raiders v New York Jets. **5.00** LA Chargers v Detroit Lions.
6.00 **NFL Highlights**
7.00 **Fight Night International** Action from a recent bout.
8.00 **NFL Highlights** Action from Buffalo Bills v Kansas City Chiefs.
9.00 **Fight Night International** A replay of Devin Haney v George Kambosos Jr from October 2022.
10.00 **NFL Highlights** Action from Detroit Lions v Las Vegas Raiders. **11.00** Action from Kansas City Chiefs v Los Angeles Chargers.
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 AM **NFL Highlights**
2.00 **Fight Night International**
4.00 **to 6.00** AM **NFL Highlights**

TNT Sports 4

421 876 530 411 434

6.00 AM **MLB Highlights**
7.00 **MLB Classic** Archive action.
7.30 **MLB Plays of the Week**
8.00 **NWSL** Recent highlights.
10.00 **MLB Highlights**
11.00 **ABB FIA Formula E World Championship Highlights**
1.00 PM **MLB Highlights**
2.00 **Sport in Focus**
2.30 **Badminton Unlimited**
3.00 **Badminton** The Canada Open.
5.00 **The FA Disability Cup** Action from St. George's Park, with six finals including Partially Sighted, Amputee, Blind and Powerchair.
6.00 **Sign Up – Into Football**
7.00 **MLB Highlights**
8.00 **Badminton** Canada Open finals.
10.00 **UEFA Champions League: Stories of the Finals**
10.30 **MLB Highlights**
11.30 **AFL** Geelong Cats v Hawthorn. **1.30** AM GWS Giants v Carlton. **3.30** Fremantle v Richmond.
5.30 **to 6.00** AM **MLB Classic**

Eurosport 1

413 868 521 412 435

6.00 AM **Tour de France: Breakaway**
6.30 **Hall of Fame: Sydney 2000**
7.30 **Tennis: Wimbledon**
9.00 **Cycling: Women's Giro d'Italia**
10.00 **Golden Trail World Series**
10.30 **Cycling: Tour de France**
11.30 **Tour de France: The Breakaway**
12.00 NOON **LIVE Cycling: Tour de France** Coverage of stage 10.
5.00 PM **Cycling: Women's Giro d'Italia** The third stage.
6.00 **Olympic Games: Athletes to Watch**
6.30 **Cycling: Strade Bianche**
6.45 **Motorsport: ESET V4 Cup**
7.00 **Show Jumping** From Aachen.
8.00 **Cycling: Tour de France**
9.30 **Cycling: Women's Giro d'Italia**
10.30 **Olympic Games**
11.00 **Cycling: Tour de France**
12.30 AM **Tennis: Wimbledon**
2.00 **Cycling: Tour de France**
3.30 **Tennis: Wimbledon**
5.00 **to 6.00** AM **Cycling: Tour de France**

Eurosport 2

414 869 522 413 436

6.00 AM **Tennis: Wimbledon**
7.30 **Cycling: Tour de France**
8.30 **Tour de France: The Breakaway**
9.00 **World Superbikes**
11.00 **Tennis: Wimbledon**
12.30 PM **Climbing Show**
1.00 **FIA World Endurance Championship** Recent action.
3.00 **British Superbikes**
4.00 **British Superbikes Extra**
5.00 **Surfing World League**
6.00 **British Speedway**
7.00 **Speedway Grand Prix**
8.00 **Cliff Diving** The third round from Polignano a Mare in Italy.
9.00 **Mountain Biking** Highlights from Haute-Savoie in France.
10.00 **Tennis: Wimbledon** Action from day nine at the All England Club.
11.30 **British Superbikes Extra**
12.30 AM **Cycling: Tour de France**
2.00 **Hall of Fame: Athens 2004**
3.00 **Climbing Show**
3.30 **Cycling: Tour de France**
5.00 **to 6.00** AM **British Superbikes**

Sky Sports Arena

412 518 508 427 447

6.00 AM **Super League** A replay of St Helens v Castleford Tigers.
8.05 **My Icon** Pam Cookey.
8.15 **Super League Highlights**
9.00 **PDC Classics** Archive action.
10.00 **Fight Night International**
11.00 **Super League Highlights**
12.00 NOON **Super League**
2.05 PM **My Icon** Pam Cookey.
2.15 **Super League Highlights**
3.00 **PDC Classics** Archive highlights.
4.00 **Fight Night International**
6.00 **Super League Highlights**
7.00 **PDC Classics** Archive action.
8.00 **Super League** A chance to see St Helens v Castleford Tigers.
10.05 **My Icon** Michael Holding.
10.15 **Super League Highlights**
11.00 **Fight Night International**
1.00 AM **Super League**
3.05 **My Icon** Linford Christie.
3.15 **Super League Highlights**
4.15 **PDC Classics** Archive highlights.
5.15 **to 6.00** AM **Super League Highlights**

SKY HD SD VIRGIN HD EE HD

Wednesday

10 July

Evening Planner

Cricket

England v West Indies

Sky Sports Main Event & Sky Sports Cricket, play starts at 11am

Ben Stokes leads England out for today's first Test against the Windies at Lord's.

Football

Euro 2024: Semi Final

BBC1 or ITV1, kick-off 8pm

At the time of writing, it was still all to play for – but if Phil Foden and England get through, they'll be in action tonight.

OnDemand

tv+

Sunny

Available today

Suzie (Rashida Jones) looks into the disappearance of her husband and son, with the help of Sunny, her domestic robot.

OnDemand

NETFLIX

Receiver

Available today

Cameras capture the 2023 NFL season through the eyes of five receivers, including Lions' Amon-Ra St. Brown (right).

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 The Repair Shop		9.00 The Great British Sewing Bee		10.00 News; Local News	10.40 MOTD...
102 BBC2	◂ 3.00 Wimbledon – Live: Further coverage		8.00 Today at Wimbledon		9.00 Inside the Factory		10.00 One Foot in...	10.30 Newsnight
103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 It'll Be Alright on the Night		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 Grand Designs		10.00 Britain's Most Expensive Houses	
105 CHANNEL 5	7.00 The Big Loyalty Card Rip-Off		8.00 Suspects		9.00 The Night Caller		10.00 Casualty 24/7: Every Second Counts	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 Whale with Steve Backshall		9.00 An Idiot Abroad		10.00 Micky Flanagan – An' Another Fing...	
ENTERTAINMENT								
115 BBC3	7.00 Celebrity...	7.30 The Fast and...	8.00 Top Gear		9.00 A Good Girl's Guide to Murder			10.25 Fleabag
116 BBC4	7.00 Today at the Test		8.00 Full Circle with Michael Palin		9.00 Sleuths, Spies & Sorcerers: Andrew Marr's...		10.15 Law & Order	
118 ITV2	7.00 Wheel of Fortune		8.00 The Masked Singer US		9.00 Love Island		10.05 G'wed	10.40 Family...
136 MORE4	◂ 6.55 Car S.O.S.		7.55 The Dog House		9.00 Emergency Helicopter Medics		10.00 999: On the Front Line	
135 E4	7.00 Hollyoaks	7.30 Come Dine...	8.00 Dance Moms		9.00 Gogglebox		10.00 Naked Attraction	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 Fire Country		10.00 9-1-1	
108 SKY ATLANTIC	◂ 6.45 Gomorrah		7.55 Game of Thrones		9.00 The Sympathizer			10.10 True Detective: Night Country
110 GOLD	◂ 6.40 Dad's Army		8.00 The Thin Blue Line	8.40 The Vicar of Dibley	9.20 Harry Enfield and...		10.00 The Fast Show	
111 DAVE	7.00 Would I Lie to You?	7.35 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Trigger Point	
120 ITV4	7.00 Tour de France Highlights		8.00 River Monsters		9.05 Junk and Disorderly		10.05 Wrestling: AEW Collision	
112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Lee Evans: Roadrunner	
139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Stargate SG-1		9.00 Film: LA Apocalypse			
113 SKY MAX	7.00 Stargate SG-1		8.00 A Discovery of Witches		9.00 An Idiot Abroad		10.00 The Walking Dead	
109 ALIBI	7.00 Elementary		8.00 Father Brown		9.00 Alaska Daily		10.00 Death in Paradise	
130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Landscape Artist of the Year 2022		9.00 Battle of the Bagpipes		10.00 The Eighties	
132 W	7.00 Celebrity Tipping Point		8.00 DIY SOS: The Big Build		9.00 Love Me		10.00 Katherine Ryan: Parental Guidance	
DOCUMENTARY								
125 DISCOVERY	7.00 Kindig Customs		8.00 Bad Chad Customs		9.00 Deadliest Catch		10.00 Wheeler Dealers	
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Into the Shark Bite		9.00 Return to the Isle of Jaws		10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.					
123 SKY HISTORY	7.00 Forged in Fire		8.00 Pawn Stars Do America		9.00 The UnXplained: Mysteries of the...		10.00 Deadman's Curse	
155 YESTERDAY	7.00 Find It, Fix It, Flog It		8.00 Great Coastal Railway Journeys		9.00 Find It, Fix It, Flog It		10.00 Bangers & Cash: Restoring Classics	
121 SKY DOCS	7.00 Ghislaine Maxwell: Epstein's Shadow		8.00 The Loneliest Whale: The Search for 52				10.00 McEnroe	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.20 Drift		8.00 Anyone But You			9.50 A Sacrifice		
302 SUPERNATURAL	◂ 6.00 The Conjuring		8.00 The Woman in Black			9.50 Sinister		
303 BEST OF 2024	◂ 6.15 Hypnotic		8.00 Insidious: The Red Door				10.00 The Royal Hotel	
304 GREATS	◂ 5.30 Inception		8.00 The Bourne Supremacy				10.00 Blade Runner	
305 ANIMATION	7.05 The Lego Ninjago Movie				8.55 Monster Family 2			
306 FAMILY	◂ 4.00 The Lord...	7.25 Lyle, Lyle, Crocodile			9.15 Addams Family Values			
307 ACTION	◂ 6.20 Retribution		8.00 Mission: Impossible II				10.15 The Hand of Death	
308 COMEDY	◂ 6.35 A Night at the Roxbury		8.00 Strays			9.40 How to Be Single		
309 THRILLER	◂ 5.55 Now You See Me		8.00 Inferno					10.10 Taxi Driver
310 DRAMA	◂ 5.45 Erin Brockovich		8.00 Jarhead					10.10 Dear John
311 SCI-FI	◂ 6.15 Jules		8.00 Interstellar					
313 FILM4	◂ 6.25 Hidden Figures				9.00 Mission: Impossible – Ghost Protocol			
SPORT								
401 MAIN EVENT	7.00 SSN Euro Matchday						10.00 SSN Euro Report	
402 PREMIER LEAGUE	7.00 PL Stories	7.30 PL 100	8.00 SSN Euro Matchday				10.00 SSN Euro Report	
403 FOOTBALL	◂ 6.30 Bundesliga...	7.30 WSL	8.00 Women's...	8.30 Scottish...	9.00 EFL Highlights		10.00 EFL	
404 CRICKET	7.00 Dreams of a Nation		8.00 Test Cricket		9.00 The Film Room: England v W Indies		10.00 Test Cricket	
410 TNT SPORTS 1	◂ 4.00 World Championship of Legends Cricket – Live			8.30 European Rally...	9.00 MotoGP Highlights		10.00 The FA Disability Cup	
411 TNT SPORTS 2	7.00 MLB – Live: Chicago White Sox v Minnesota Twins (Start-time 7.10)							10.30 PL World...

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

TONIGHT'S BBC1 AND ITV1 SCHEDULES WILL BE AFFECTED BY EURO 2024 SEE WHATTOWATCH.COM FOR UPDATES

Wednesday

BBC1

101 | 101 | 1 | 101 | 101

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Homes Under the Hammer** (S)(R)
11.45 **Bargain Hunt** New edition From Carmarthenshire. (S)(AD)
12.30 PM **LIVE Wimbledon** Clare Balding presents coverage of day 10 from the All England Club. (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **LIVE Wimbledon** Further coverage of day 10 of the third Grand Slam tournament of the year, held at the All England Club, as the men's and ladies' singles quarter-finals continue. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

• *Alternative schedule* If BBC1 show tonight's Euro 2024 semi-final, the schedule will be: **7.00pm LIVE Match of the Day: Euro 2024** Coverage of the second semi-final. Kick-off is at 8.00. (S) **10.10 BBC News** (S) **10.40 Local News** (S) **10.50 FILM Gravity** Space thriller. (S) (2013, 12, 85min) ★★★★★ **12.15am Match of the Day Top 10: Euros Home Nations XI** (S) **12.45 Football: Euro 2024 Match Replay** (S) **2.35 Weather for the Week Ahead** (S) **2.40-6.00am BBC News** (S)

7 PM

7.00 The One Show Lauren Laverne and Vernon Kay present the topical show. (S)

7.30 EastEnders Stevie tells Billy the truth about what happened to his mum, and Yolande attempts to help Howie with Denzel. (S)(AD)

8 PM

8.00 The Repair Shop Tim Gunn attempts to get a unicycle back in gear, bookbinder Chris Shaw restores a bible and Richard Talman works on a gold ring badly scorched after spending weeks in a fireplace. (S)(R)(AD)

9 PM

9.00 The Great British Sewing Bee New edition 8/10. Kiell Smith-Bynoe hosts as the remaining sewers compete in the quarter-finals, making imaginative garments to impress judges Esme Young and Patrick Grant. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **MOTD: Euro 2024 Highlights** A look back at action from the second semi-final, as the winners of the third and fourth quarter-finals met at BVB Stadion Dortmund. (S)
11.40 **The Traitors US** 9/12. With only a few days to win the game, a Faithful and a Traitor go head to head but only one will survive. One Faithful must decide their fate, and shots are fired in the mission. (S)(R)(AD)
12.40 AM **Football: Euro 2024 Match Replay** A chance to see the second semi-final. (S)
2.30 **Weather for the Week Ahead** Seven-day forecast. (S)
2.35 **to 6.00** AM **BBC News** (S)

BBC2

102 | 102 | 2 | 102 | 102

6.30 AM **Garden Rescue: Top of the Plots** Garden makeovers. (S)(R)
7.00 **Homes Under the Hammer** (S)(R)
8.00 **Sign Zone: Rick Stein's Food Stories** A visit to Kent. (S)(R)(AD)
8.30 **Sign Zone: Great Coastal Railway Journeys** Michael Portillo visits the Isles of Scilly. (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Wimbledon** Coverage of day 10 of the Grand Slam tournament at the All England Club, featuring the men's and ladies' singles quarter-finals. (S)
3.00 **LIVE Wimbledon** Further coverage of day 10 of the Grand Slam tournament at the All England Club, where the men's and ladies' singles quarter-finals are scheduled to conclude. (S)

1.00 Wimbledon

7 PM

LIVE Wimbledon (started at 3.00pm)

8 PM

8.00 Today at Wimbledon Qasa Alom presents highlights of the 10th day's play at the All England Club, where the men's and ladies' singles quarter-finals were scheduled to conclude. (S)

9 PM

9.00 Inside the Factory Gregg Wallace visits the Vale of Mowbray pork pie factory in Northallerton, where the traditional pastries have been made since 1928. (S)(R)(AD)

10 PM

10.00 One Foot in the Grave A hole appears at the bottom of the garden, causing Victor to fly into a rage. (S)(R)
10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 **Colin from Accounts** 1/8. Australian comedy. (S1) (S)(R)(AD)
11.40 **Today at the Test** Action from England v West Indies. (S)
12.40 AM **Sign Zone: Race Across the World** The teams navigate their way through Sumatra. (S)(R)(AD)
1.40 **Sign Zone: D-Day: The Unheard Tapes** (S)(R)(AD)
2.40 **Sign Zone: Great Coastal Railway Journeys** (S)(R)(AD)
3.10 **to 6.25** AM **Previews** (S)

ITV1

103 | 103 | 803 | 103 | 3 | 103 | 103 | 103

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Cooking with the Stars** 1/6. Anton Du Beke, Joe Wilkinson, Josie Gibson and Woody Cook are the first four contestants mentored in restaurant-level cooking. Emma Willis and Tom Allen host. (S)(R)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

• *Alternative schedule* If ITV1 show tonight's Euro 2024 semi-final, the schedule will be: **6.00pm Local News** (S) **6.10 ITV News** (S) **6.30 LIVE Football: Euro 2024** Coverage of the second semi-final from BVB Stadion Dortmund. Kick-off is at 8.00. (S) **10.30 ITV News** (S) **11.00 Local News** (S) **11.15 The 1% Club** Quiz. (S)(R) **12.10-3.00am Teleshopping**

7 PM

7.30 Emmerdale Amy gets some worrying news from the prison, Billy breaks the bubble, and Rose tries to back out. (S)(AD)

8 PM

8.00 Coronation Street Roy drifts in and out of consciousness while his visitor disappears from his hospital bedside. When the cafe owner tells Nina about his surprise visitor, she questions whether he was hallucinating. (S)(AD)

9 PM

9.00 It'll Be Alright on the Night New edition David Walliams presents more bloopers as a reporter is humiliated in front of Brad Pitt, a stray cat causes chaos on the set of *Love Island*, and Romesh Ranganathan almost kills an athlete. (S)(AD)

10 PM

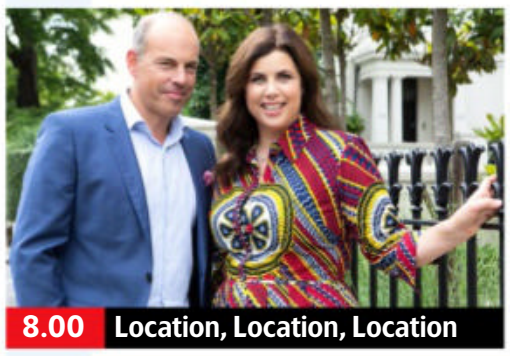
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Football: Euro 2024 Highlights** A look back at action from the second semi-final at BVB Stadion Dortmund. (S)
11.40 **Tour de France Highlights** Gary Imlach presents action from stage 11, featuring a route of 211 km from Evaux-les-Bains to Le Lioran. Commentary by Ned Boulting and David Millar. (S)(R)
12.30 AM **Teleshopping**
3.00 **Tour de France Highlights** Action from the 11th stage. (S)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Wheel of Fortune** Game show. (S)(SL)(R)(AD)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 | 104/108 | 804 | 108 | 4 | 104 | 104/106

6.30 AM **Cheers** 18&19/25. (S3) (S)(R)
7.20 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 1-4/24. (S4) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Renovation Nation** New edition Anouska and Greig create a basement cinema room. (S)(AD)
5.00 **A New Life in the Sun: Where Are They Now?** Anthony and Ian have swapped their B&B in France for a building site in Spain. (S)(R)
6.00 **Four in a Bed** A visit to the Dale View B&B in Cumbria. (S)(R)
6.30 **The Simpsons** *Homer and Marge Turn a Couple Play:* Homer and Marge give marital advice. (S)(R)


8.00 Location, Location, Location

7 PM

7.00 News (S)

8 PM

8.00 Location, Location, Location Kirstie Allsopp and Phil Spencer help two couples from east London get out of their rented accommodation in a market where properties are selling quicker than they can show them. (S)(R)

9 PM

9.00 Grand Designs An ambitious couple set out to build a revolutionary eco home in the Cotswolds, which will not only use very little energy, it will also produce four times the energy it needs. (S)(R)(AD)

10 PM

10.00 Britain's Most Expensive Houses Amy receives a listing for a £7.25million house in Oxshott, Surrey, near Chelsea's training ground, and Guy visits an 18th-century chateau with its own 18-hole golf course. (S)(R)(AD)
11.05 **The Disappearance of April Jones** 1-3/3. The story of the investigation into the disappearance of a five-year-old girl. (S)(SL)(R)(AD)
2.00 AM **The Last Leg: Election Special** A comic review of the General Election. (S)(SL)(R)
3.45 **Come Dine with Me: The Professionals** (S)(R)
4.40 **Sunday Brunch Best Bits** (S)(R)
5.00 **Frasier** 13&14/24. (S6) (S)(R)(AD)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 | 105 | 105 | 105

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Storm Huntley** (S)
12.45 PM **Friends** 20&21/24. Double bill of episodes. (S9) (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **The Guesthouse Murder** Thriller starring Brittany Underwood and Jacob Taylor. (S) (2021, 12, 100min) ★★
4.00 **Bargain-Loving Brits in the Sun** Tracey and Neil Harvey test out their new sausages. (S)(R)
5.00 **News** (S)
6.00 **Police Interceptors** The interceptors clash with a runaway driver in one of the most epic police pursuits ever caught on camera. (S)(R)
6.55 **News** (S)

9.00 The Night Caller

7.00 NEW **The Big Loyalty Card Rip-Off** Alexis Conran explores the introduction of 'members-only' prices on loyalty cards in recent years. (S)
7.55 **News** (S)

8.00 **Suspects** 1/4. Crime drama starring Fay Ripley and Damien Molony as Martha and Jack, who talk an emotional Ken Baxter out of doing something drastic at a rooftop protest. (S4) (S)(R)

9.00 **The Night Caller** Series finale 4/4. Tony creeps into Lawrence's house to face him and after a scuffle he picks up a knife and forces his hostage to do what he says. (S1) (S)

10.00 **Casualty 24/7: Every Second Counts** A two-year-old with low blood sugar is rushed in, while a junior doctor assesses a 44-year-old who arrives at the hospital with flu-like symptoms. (S)(R)

11.05 **999: Critical Condition** A builder has suffered a 25ft fall through a roof. (S)(R)
12.05 AM **Traffic Cops** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Great British Gardens with Carol Klein** Double bill. (S)(R)
4.35 **Wildlife SOS** (S)(SL)(R)
5.05 **House Doctor** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Stop, Search, Seize** (S)(R)(AD)
9.00 **Stargate SG-1** (S4) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **MacGyver** (S2) (S)(R)
3.00 **Hawaii Five-0** (S7) (S)(R)
4.00 **S.W.A.T.** 5/22. (S5) (S)(R)(AD)
5.00 **The Simpsons** *Gal of Constant Sorrow:* Bart offers a homeless folk singer the chance to live in his wardrobe. (S)(R) **5.30** *Barthood:* A coming-of-age story chronicling Bart's life from the age of six. (S)(R)
6.00 **The Office (US)** 17/19. Michael sets up a stall at a job fair. (S)(R) **6.30** 18/19. Part one of two. Phyllis puts on a huge bash for Toby's goodbye party. (S4) (S)(R)

8.00 Whale with Steve Backshall

7.00 **The Simpsons** *Lisa the Veterinarian:* Lisa decides she wants to be a vet after saving a raccoon. (S)(R) **7.30** *The Marge-ian Chronicles:* Lisa signs up to participate in the future colonisation of Mars. (S)(R)

8.00 **Whale with Steve Backshall** 4/4. Steve returns home and travels around the British Isles to follow stories of survival and meet the people striving to give whales and dolphins a safe future. (S)(R)

9.00 **An Idiot Abroad** 5/8. Karl Pilkington's journey continues in Egypt, where he tastes local delicacies including rabbit meat, and takes a boat ride down the Nile, before visiting the pyramids. (S)(R)(AD)

10.00 **Micky Flanagan: An' Another Fing Live** A stand-up show recorded at London's O2 Arena, with the Cockney comedian covering topics from the French and marriage, to Saga holidays with his dad. (S)(R)

11.50 **Brassic** 7/8. Vinnie finds an elderly woman living in the woods near his trailer and takes her in under his wing. (S4) (R)
12.50 AM **Brit Cops: Law & Disorder** Following the work of the City of London police. (S)(R)
1.45 **Road Wars** Double bill. (S)(R)
3.10 **Hawaii Five-0** 9/25. (S7) (S)(R)
4.05 **S.W.A.T.** 5/22. (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
7.00-7.30pm River City (S)(R) **11.40pm-12.40am** Debate Night (S)(R)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
8.00pm Weatherman Walking (S)(R) **8.30-9.00** One Man and His Island – Our Lives (S)(R) **10.40** Walescast (S) **11.10** MOTD: Euro 2024 Highlights (S) **12.10am** The Traitors US (S)(R) **1.10-2.30am** Football: Euro 2024 Match Replay (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Cymry ar Gynfas **12.30** Garddio a Mwy **1.00** Prynhawn Da New edition **1.55** Newyddion S4C a'r Tywydd **2.00** LIVE Seiclo: Tour de France **4.20** Olobobs **4.25** Ein Byd Bach Ni **4.35** Crawc a'i Ffrindiau **4.45** Awyr Iach **5.00** Stwnsh **6.00** Yn y Fan a'r Lle (AD) **6.30** Rownd a Rownd (AD) **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Tanwen ac Ollie New edition (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Colli Cymru I'r Môr New edition (AD) **10.00** Seiclo: Tour de France **10.30** It's My Shout: Short Films from Wales New episode **10.45-11.50pm** Greenham (AD)

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 | 107/113 | 23 | 107 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Celebrity MasterChef** The battle for the remaining two semi-final places reaches its climax.
7.30 **The Fast and the Farmer-ish** The teams must catapult turnips.
7.55 **The Catch Up**
8.00 **Top Gear** Jeremy Clarkson celebrates the Jaguar E-type.
9.00 NEW SERIES **A Good Girl's Guide to Murder** 1/6. Crime drama starring Emma Myers. A student uncovers a web of lies and secrets when she investigates a murder-suicide case. **9.45** New episode 2/6. Pip and Ravi turn their attention to Andie's best friends. (S1)
10.25 **Fleabag** 1&2/6. (S1)
11.20 **Ibiza: Secrets of the Party Island** Documentary.
12.05 AM **Paddy & Molly: Show No Mersey** Double bill.
1.05 **A Good Girl's Guide to Murder** 1&2/6. (S1)
2.30 **Fleabag** 1/6. (S1)
2.55 **Man Eater** Short comedy.
3.05 **to 3.50** AM **Ibiza: Secrets of the Party Island**

BBC4

116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Today at the Test** England v West Indies: Highlights of day one of the first Test in the three-match series, staged at Lord's.
8.00 **Full Circle with Michael Palin** The veteran traveller canoes through the Peruvian rainforest
8.50 **Wild** Stoats living in the grounds of a stately home.
9.00 **Sleuths, Spies & Sorcerers: Andrew Marr's Paperback Heroes** The broadcaster explores the fantasy genre, profiling key figures including JRR Tolkien and Terry Pratchett.
10.00 NEW **GF Newman Remembers... Law & Order** The writer looks back at his 1978 crime drama.
10.15 **Law & Order** 1/4. Drama telling the story of a crime investigation from four different perspectives. Stars Derek Martin. **11.35** 2/4. Mr English tries to pick out the culprit in an identity parade. (S1)
12.50 **to 3.35** AM **Law & Order**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** From Gloucestershire.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Chateau DIY** At Château Lagorce, Edward learns to roof tile for a poolside project.
6.55 **Car S.O.S** Fuzz Townshend and Tim Shaw enlist the help of actor Roger Moore for their latest project – restoring a Volvo P1800s.
7.55 **The Dog House** Patch the border collie displays an impressive array of tricks to try to convince horse groomer Megan that he is a smart choice for her.
9.00 **Emergency Helicopter Medics** The East Anglian Air Ambulance crew fight to save a partially amputated hand in Stowmarket, and a motorcyclist in Hatfield suffers multiple injuries after colliding with a van.
10.00 **999: On the Front Line** In the early hours, paramedics are called out to a man who's been stabbed outside a block of flats.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **999: On the Front Line**
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **A Place in the Sun**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 17-20/24. (S6)
2.00 PM **The Goldbergs**
3.00 **Modern Family**
4.00 **Young Sheldon**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Sentencing day arrives for Ste.
7.30 **Come Dine with Me Paralympics Special** Paralympic presenter Arthur Williams serves up an international menu.
8.00 **Dance Moms** Abby Lee Miller counts down 20 of the best moments of series two.
9.00 **Gogglebox** Opinions on *I'm a Celebrity... Get Me Out of Here!, Tiger King 2, Michael McIntyre's The Wheel and Close to Me.*
10.00 **Naked Attraction** Singletons from Brighton and Somerset hope to find the perfect partners.
11.05 **First Dates**
12.10 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **Modern Family**
3.20 **Dance Moms**
4.10 **The Neighborhood**
5.00 **Brooklyn Nine-Nine**
5.25 **to 6.00** AM **Modern Family**

+1 hour 235/236 | 306 | 30 | 123

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 807 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
9.30 **Caught Red Handed**
11.00 **Blue Bloods** 20/20. (S12)
12.00 NOON **New Amsterdam** (S5)
1.00 PM **Chicago Fire** 2/22. A video of Casey from the roof goes viral. (S10)
2.00 **FBI: Most Wanted** 10/22. A detective is abducted. (S4)
3.00 **Customs UK**
4.00 **Nothing to Declare**

9.00 Fire Country

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Blue Bloods** *Keeping the Faith:* 1/21. Eddie and Jamie deal with a domestic abuse case. (S13)

9 PM

9.00 **Fire Country** New episode *See You Next Apocalypse:* 3/10. A family refuse to evacuate during a wildfire. (S2)

10 PM

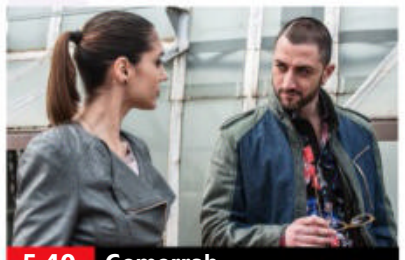
10.00 **9-1-1** *Home and Away:* 4/18. The team race to help when a truck crashes into a high-school homecoming parade. (S5)
11.00 **Chicago Fire** 7/22. (S10)
12.00 M'T **The Good Doctor** (S1)
1.00 AM **The Rookie** 2/10. **2.00** New episode 3/10. (S6)
3.00 **The Force: North East**
4.00 **Paramedics** Documentary.
5.00 **to 6.00** AM **Sun, Sea and A&E**

+1 hour 207 310

Sky Atlantic

108/109 808 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
7.55 **Six Feet Under** (S3)
10.05 **Gomorrah** 8&9/12. (S3)
12.15 PM **Game of Thrones** (S1)
1.20 **The Sopranos** 6&7/13. (S5)
3.30 **Six Feet Under** 13/13. Ruth's marriage announcement causes concern. (S3) **4.35** 1/12. Nate clashes with Lisa's family. (S4)
5.40 **Gomorrah** 10/12. Genny sends Patrizia to agree terms. **6.45** 11/12. Genny puts a plan into action. Subtitled. (S3)


5.40 Gomorrah

7.55 **Game of Thrones** *The North Remembers:* 1/10. Robb Stark marches south to avenge his father, and Stannis Baratheon sets his sights on the Iron Throne. (S2)

9.00 **The Sympathizer** *Endings Are Hard, Aren't They?* 7/7. Claude reveals terrifying information to the Captain. (S1)

10.10 **True Detective: Night Country** 4/6. Danvers and Navarro confirm the location of Annie's murder. (S4)
11.20 **The Pacific** 10/10. The Marines return home. (S1)
12.30 AM **The Wire** 5/13. (S1)
1.40 **We Own This City** 1/6. (S1)
2.50 **Game of Thrones** As 7.55pm.
4.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 813 111 346 361

6.00 AM **NCIS: Los Angeles** (S14)
7.00 **SEAL Team** 12/22. (S2)
8.00 **The Flash** 19/20. (S8)
9.00 **Stargate SG-1** (S4)
11.00 **NCIS: Los Angeles** (S14)
12.00 NOON **The Flash** 1/13. (S9)
1.00 PM **MacGyver** 22&23/23. (S2)
3.00 **Hawaii Five-0** 9/25. (S7)
4.00 **S.W.A.T.** 5/22. The team uncover a murderous plot. (S5)
5.00 **SEAL Team** 11/22. Bravo Team join forces with the SAS. (S2)
6.00 **Stargate SG-1** 13/22. Daniel investigates a curse. (S4)

9.00 An Idiot Abroad

7.00 **Stargate SG-1** *Serpent's Venom:* 14/22. The team undertake a mission to disrupt an alliance of System Lords. (S4)

8.00 **A Discovery of Witches** 1/7. Matthew and Diana return from Elizabethan London to discover a chaotic scene. (S3)

9.00 **An Idiot Abroad** 5/8. Karl Pilkington's journey continues in Egypt, where he tastes local delicacies including rabbit meat.

10.00 **The Walking Dead** *Alone:* 13/16. Bob, Maggie and Sasha follow signs that supposedly lead to a sanctuary. (S4)
11.00 **The Walking Dead** 14/16. Tyreese and Carol face problems with Lizzie. (S4)
12.00 M'T **Brassic** 7/8. (S4)
1.00 AM **Banshee** 4/10. (S2)
2.00 **There's Something About Movies** With Zawe Ashton.
3.00 **Hawaii Five-0** 9/25. (S7)
4.00 **S.W.A.T.** 5/22. (S5)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 816 115 6 113

6.00 AM **CITV**
9.00 **World's Funniest Videos**
9.30 **Totally Bonkers Guinness World Records**
10.00 **Love Bites** Double bill.
12.00 NOON **Dress to Impress**
1.00 PM **Wheel of Fortune**
2.00 **Supermarket Sweep**
3.00 **Charmed** 8/22. (S1)
4.00 **Dawson's Creek** 8/23. (S4)
5.00 **Dress to Impress**
6.00 **Celebrity Catchphrase** Ade Adepitan, Clare Balding and Robert Webb take part.

10.40 Family Guy

7.00 **Wheel of Fortune** Graham Norton hosts the game show as three more contestants try to win the £50,000 jackpot.

8.00 **The Masked Singer US** New edition An NFL-themed edition with songs that have been performed at Super Bowl games.

9.00 **Love Island** New edition The islanders face a dilemma as they compete against friends and lovers to make it to the end.

10.05 **G'wed** 6/6. Reece tries to track down the dad that he has never met. (S1)
10.40 **Family Guy** 21/23. Peter joins the Tea Party. (S10)
11.10 **Family Guy** 16/23. Peter and Chris attend a fat camp. (S10)
11.40 **American Dad!** (S7)
12.40 AM **Extraordinary** 5/8. (S1)
1.15 **Karaoke Club: Drag Edition**
2.15 **Olivia Attwood: Getting Filthy Rich** Documentary.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 117 10 115

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **Agatha Christie's Poirot**
10.30 **The Royal** As 11.55pm.
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
3.15 **Classic Coronation Street**
3.50 **Inspector Morse** *Absolute Conviction:* The death of a convict gives the Oxford detective a taste of prison life. Guest stars Sean Bean.
6.00 **Heartbeat** *Give Peace a Chance:* An anti-war protest has consequences for Walker.

7.00 Heartbeat

7.00 **Heartbeat** *Dead Men Do Tell Tales:* A sailor may not be telling the truth about the contents of the coffin he is escorting home.

8.00 **Midsomer Murders** *The Sting of Death:* Barnaby and Winter investigate when a beekeeper and aristocrat, who has produced a honey said to have extraordinary healing power, is attacked. Guest stars Griff Rhys Jones.

10.00 **Trigger Point** 1/6. Lana is called into action when an explosion that rocked a power station proves to be no accident. (S2)
11.00 **Trigger Point** 2/6. The team set off in pursuit of a man spotted running from a high-rise in Docklands. (S2)
11.55 **The Royal** *Love Is All You Need:* An outing ends in tragedy.
12.45 **to 2.30** AM **Upstairs, Downstairs**

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
8.00 **Great Escapes with Colin and Justin** 2/8. Three homeowners who set about their projects in very different ways.
8.25 **Beechgrove Repotted** The biggest flower auction in the world.
8.30 **Eat the Town** Natalie and Dazza visit Arbroath.
9.00 **The Narrow Sea, the Farther Shore with Phil Cunningham** 2/2. The first performance of the piece inspired by the ties between Ulster and Scotland.
10.00 **River City** New episode Armand makes a startling confession to Ash.
10.30 **Debate Night** New edition Topical debate on the big issues affecting Scotland.
11.30 PM **to 12.00** M'T **Two Doors Down**

Sky Comedy

114/115 814 112 347 362

8.00 AM **Will & Grace** (S7)
9.00 **American Auto** (S2)
10.00 **Sort Of** (S3)
10.30 **Vice Principals** (S1)
11.40 **Ballers** 7&8/10. (S3)
12.50 PM **Eastbound & Down**
2.10 **Vice Principals** (S1)
3.20 **Ballers** 9&10/10. (S3)
4.30 **Sort Of** (S3)
5.00 **Will & Grace** (S7)
6.00 **The Office (US)** (S4)
7.00 **American Auto** (S2)
8.00 **Will & Grace** (S1)
9.00 **Entourage** 5/8. The gang are unimpressed by Vince's new girlfriend. **9.30** 6/8. Vince and Eric grow dissatisfied. (S1)
10.00 **Micky Flanagan: An' Another Fing Live**
11.45 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.45 AM **And Just Like That...** 3&4/11. (S2)
2.25 **Hello Ladies** 5/8. (S1)
3.00 **7 Days in Hell**
3.50 **to 5.00** AM **Eastbound & Down**

Sky Arts

130/131 826 123 36 147 365

6.00 AM **Cameron Mackintosh: The First 50 Years**
8.05 **Joy of Painting**
9.05 **Tales of the Unexpected**
10.05 **Hitchcock Presents**
11.05 **Discovering**
12.00 NOON **Joy of Painting**
1.00 PM **Tales of the...**
2.00 **Rankin's 2020**
3.00 **Portrait Artist of the Year: The Exhibition**
4.00 **Discovering**
5.00 **Joy of Painting**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Landscape Artist**
9.00 **Battle of the Bagpipes** New edition
10.00 **The Eighties**
11.00 **The Ronnie Wood Show**
11.35 **The Rolling Stones**
1.05 AM **Life & Rhymes**
2.05 **Arcimboldo, Portrait of an Audacious Man**
3.15 **Auction: Jackie Kennedy**
3.45 **National Treasures**
5.00 **to 6.00** AM **The Art of Architecture**

Sky Mix

151 135 11 144

7.00 AM **Border Security: Canada's Front Line**
8.00 **Nothing to Declare**
9.00 **Motorway Patrol**
10.00 **Highway Patrol**
11.00 **Stop, Search, Seize**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Border Security: Canada's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S5)
5.00 **Star Trek: Enterprise**
6.00 **Star Trek: Deep Space Nine** 17/20. (S1)
7.00 **Star Trek: Voyager** (S4)
8.00 **Hawaii Five-0** (S1)
9.00 **The Real Manhunter**
10.00 **Mark of a Serial Killer**
11.00 **World's Most Evil Killers** Lonnie Franklin.
12.00 M'T **Grimm** 2/13. (S6)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 119 28 119

6.00 AM **Unwind**
7.05 **Sugar Showdown**
7.35 **The Real Housewives of Cheshire** Reality series.
8.35 **Masters of Flip**
9.35 **Buying and Selling**
10.35 **The Real Housewives of Cheshire** Reality series.
11.35 **The Real Housewives of New Jersey**
12.30 PM **Real Housewives of Orange County**
1.20 **The Only Way Is Essex**
2.05 **Dinner Date**
3.05 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of Salt Lake City** New edition Reality show.
6.00 **Masters of Flip**
7.00 **Million Dollar Listing: LA**
8.00 **Dinner Date**
9.00 **Million Pound Pawn**
10.00 **Botched**
10.55 **The Only Way Is Essex**
11.40 **Singletown**
12.45 **to 1.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 170 50

8.00 AM **Highway to Heaven**
9.00 **Diagnosis Murder**
11.00 **Castle** 3&4/23. (S4)
1.00 PM **Sue Thomas: F.B.Eye** 14/19. (S2)
2.00 **Father Dowling Mysteries** 2/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 11-14/24. (S3)
9.00 **The Avengers** *Dead Man's Treasure:* 20/24. Steed and Emma hunt for a missing dispatch box. (S5)
10.00 **Randall and Hopkirk (Deceased)** *Who Killed Cock Robin?* 14/26. A bird-lover leaves a strange will. (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S3)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **Return of the Saint**
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257 62

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 118 26 117

6.00 AM **Minder**
6.55 **The Professionals**
8.00 **Dempsey and Makepeace**
9.00 **Tour de France Highlights** Action from the 10th stage.
10.00 **Dramatic Finishes**
10.15 LIVE **Tour de France** Gary Imlach presents coverage of the 11th stage, featuring a route of 211 km from Evaux-les-Bains to Le Lioran.
4.30 PM **Made in Britain**
5.00 **The Professionals**
6.00 **BattleBots** Mammoth locks horns with Hypershock.

5.00 The Professionals

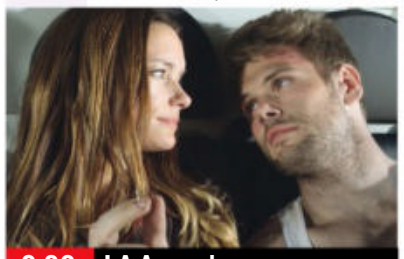
7.00 **Tour de France Highlights** Action from stage 11, featuring a route of 211 km from Evaux-les-Bains to Le Lioran.
8.00 **River Monsters** Part two of two. Extreme angler Jeremy Wade takes on the biggest investigation of his career.
9.05 **Junk and Disorderly** Henry Cole heads solo to an automobilia auction, before his team head to Newark autojumble.
10.05 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including Jon Moxley, Jay White and Thunder Rosa.
12.05 AM **Monster Carp** Tom Dove and Neil Spooner head to the Extremadura region of Spain.
1.00 **The Professionals** *Private Madness - Public Danger*: Three killings leave the team baffled.
2.00 **Minder**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Warehouse 13** 5/6. (S5)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 2&3/26. (S7)
3.00 **Warehouse 13** 5/6. (S5)
4.00 **Star Trek: Enterprise** (S1)
5.00 **Star Trek: Voyager** 4/26. The Doctor experiences some interesting daydreams. (S6)
6.00 **Star Trek: The Next Generation** 2/26. Alien ambassadors cause chaos on the *Enterprise*. (S7)

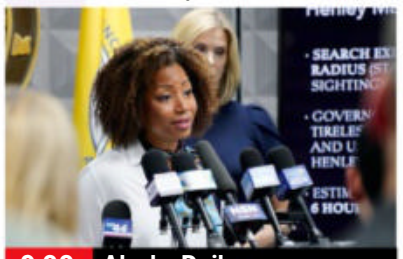

9.00 LA Apocalypse

7.00 **Star Trek: The Next Generation** *Interface*: 3/26. Geordi disobeys Captain Picard's orders to rescue his mother. (S7)
8.00 **Stargate SG-1** *Bloodlines*: 12/22. Teal'c returns to Chulak to prevent his son being enslaved by the Goa'uld. (S1)
9.00 FILM **LA Apocalypse** Sci-fi disaster movie starring Gina Holden and Christopher Judge. A man looks for his kidnapped girlfriend in a city that is about to be destroyed by volcanic activity. (2014, 15, 80min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Wynonna Earp** 9/12. Wynonna and Doc's history is brought to bear upon them both. (S2)
12.00 M'T **Britannia** 4&5/10. (S2)
2.00 AM **Blood & Treasure** (S1)
3.00 NEW SERIES **Reginald the Vampire** 1/10. Return of the fantasy comedy. (S2)
4.00 **to 6.00** AM **Star Trek: The Next Generation**

Alibi

109/110 809 114 343 358

7.15 AM **Murdoch Mysteries** (S7)
9.00 **The Doctor Blake Mysteries**
10.00 **Elementary** 24/24. (S2)
11.00 **Hudson & Rex** 1/16. (S1)
12.00 NOON **Father Brown**
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S7)
4.00 **Elementary** 24/24. (S2)
5.00 **Father Brown** *The Eagle and the Daw*: An old foe tells the priest she has arranged the death of her former lover.
6.00 **Hudson & Rex** 1/16. Rex proves himself as a member of the Major Crimes team. (S1)


9.00 Alaska Daily

7.00 **Elementary** *The Female of the Species*: 14/24. Watson confronts the woman she believes tried to kill her. (S3)
8.00 **Father Brown** *The Kembleford Dragon*: The sleuthing priest investigates when the local stationmaster is killed.
9.00 **Alaska Daily** New episode *You Can't Put a Price on a Life*: 6/11. Two local women go missing. (S1)
■ Entire series on Box Sets
10.00 **Death in Paradise** *Man Overboard – Part One*: 5/8. The Caribbean police's latest case takes them to London. (S6)
11.00 **Elementary** As 7.00pm.
12.00 M'T **CSI: Vegas** 8/21. Catherine is frustrated when a lead suspect in Grace's disappearance is killed. (S2)
1.00 AM **Murdoch Mysteries** 9&10/18. Double bill. (S7)
2.55 **to 4.00** AM **Why Women Kill**

+1 hour 209/210 314

GOLD

110/111 810 124 344 359

7.10 AM **Highlights**
9.20 **My Hero**
10.00 **Are You Being Served?**
10.40 **Still Open All Hours**
11.20 **Last of the Summer Wine**
12.40 PM **The Green Green Grass**
1.20 **My Hero**
2.00 **Still Open All Hours**
2.40 **Dad's Army**
3.20 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **Still Open All Hours**
6.00 **The Green Green Grass**
6.40 **Dad's Army**

8.40 The Vicar of Dibley

7.20 **Dad's Army** Mainwaring and his platoon are ordered to clear the area for a major army exercise.
8.00 **The Thin Blue Line** PC Habib finds herself in demand from all sides.
8.40 **The Vicar of Dibley** Geraldine tries her hand at fundraising.
9.20 **Harry Enfield and Chums** The Terminator invades a period drama. Guest stars Martin Clunes.
10.00 **The Fast Show** Unlucky Alf finds a girlfriend. **10.40** The *That's Amazing* presenter shows off a magical pen.
11.20 **Bottom** The duo steal a car and discover the tickets for the owner's honeymoon inside.
12.00 M'T **The Thin Blue Line**
12.40 AM **The Vicar of Dibley**
1.20 **Harry Enfield and Chums**
2.00 **The Fast Show** Double bill.
3.20 **to 4.00** AM **Bottom**

+1 hour 210/211 324

Dave

111/112 811 127 19 157

7.10 AM **Whose Line Is It Anyway? USA** Double bill.
8.00 **Special Ops: Crime Squad UK**
9.00 **Top Gear** Triple bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **James May's 20th Century** Double bill.
3.00 **Top Gear USA Special**
4.00 **Top Gear** With Simon Pegg.
5.00 **The Hairy Bikers' Northern Exposure** Si and Dave take DNA tests to find out if they have any Viking ancestry.
6.00 **Rick Stein's Spain** The chef continues his tour in Castile.

5.00 Northern Exposure

7 PM
7.00 **Would I Lie to You?** With Rhod Gilbert, Jamie Laing, Claudia Winkleman and Tracy-Ann Oberman.
7.35 **Richard Osman's House of Games** With Philippa Perry and Sarah Millican. **8.20** Guests include Anna Richardson and Marcus Brigstocke.
8 PM
9.00 **QI XL** Graham Norton, David Mitchell and Dara O Briain join regular panellist Alan Davies and host Stephen Fry.
9 PM
10.00 **Have I Got a Bit More News for You** Bill Bailey hosts the satirical quiz, with guests Helen Lewis and Daliso Chaponda.
10 PM
11.00 **Taskmaster** Roisin Conaty has to fill an egg cup with tears.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
1.20 **QI XL** As 9.00pm.
2.30 **Room 101** With Gabby Logan.
3.05 **to 4.00** AM **Whose Line Is It Anyway? USA**

+1 hour 211/212 327 57

4seven

137/138 143 49 127

9.00 AM **Car S.O.S**
10.00 **Renovation Nation**
11.00 **A Place in the Sun**
12.00 NOON **A New Life in the Sun: Where Are They Now?**
1.00 PM **Frasier** (S3)
2.30 **Help! We Bought a Village** Documentary.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.50 FILM **Dream Horse** Fact-based comedy drama starring Toni Collette, Damian Lewis and Owen Teale. (2020, PG, 113min) ★★★★
10.00 **Guy Martin's Lost WW2 Bomber** Efforts to retrieve a Lancaster bomber from a lake.
11.35 **Celebrity Gogglebox** Famous faces appraise the week's TV shows.
12.35 AM **24 Hours in A&E**
1.40 **Super Surgeons: A Chance at Life**
2.40 **Emergency**
3.45 **to 4.45** AM **Devon and Cornwall: In Summer**

5USA

141/169 120/162 21 129

9.00 AM **NCIS** (S20)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Eye Spy*: 11/23. A technician witnesses the murder of a navy commander involved in a weapons project. **7.00** *My Other Left Foot*: 12/23. The severed leg of a missing Marine is found in a rubbish bin. **8.00** *One Shot, One Kill*: 13/23. The team race to find a sniper who is targeting Marine recruitment officers. (S1)
9.00 **Criminal Minds** *Mr & Mrs Anderson*: 15/24. The team hunt a crazed couple who are murdering women in Pittsburgh. (S9)
10.00 **Law & Order: Special Victims Unit** (S11 & 10)
1.55 AM **Law & Order** (S4)
3.00 **The Blacklist** (S3)
3.50 **to 4.00** AM **Entertainment News**

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops: Give Me My Car Back!**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A Killer Makes a Call** The 2011 murder of carpenter David Twigg.
10.30 FILM **Final Destination 5** Horror thriller sequel. (2011, 15, 91min) ★★★
12.20 AM **Killer at the Crime Scene** Documentary.
1.20 **Cause of Death**
2.20 **Casualty 24/7: Every Second Counts**
3.05 **GPs: Behind Closed Doors** Medical series.
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 141

5Action

150 130 33 132

9.00 AM **Car Pound Cops**
9.30 **Outback Truckers**
10.30 **Traffic Cops**
11.30 FILM **Gunfight at Comanche Creek** Western adventure. (1963, U, 90min) ★
1.25 PM FILM **Hellfighters** Adventure starring John Wayne and Jim Hutton. (1969, PG, 120min) ★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Motorway Cops: Catching Britain's Speeders** A driver refuses to stop for a PC and ditches his car.
10.00 **Police: Night Shift 999**
11.00 FILM **Daylight** Action thriller starring Sylvester Stallone. (1996, 12, 114min) ★★★
1.20 AM **Fights, Camera, Action!** Documentary.
2.20 **Trucking Hell**
3.20 **Car Pound Cops**
3.50 **to 4.00** AM **Entertainment News**

W

132/133 827 125 25 156

6.10 AM **MasterChef Australia** Cooking series.
7.25 **Nigella: At My Table**
8.00 **Tipping Point: Lucky Stars** Triple bill.
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point: Lucky Stars** Triple bill.
4.00 **My Dream Home**
6.00 **Tipping Point: Lucky Stars** Double bill.
8.00 **DIY SOS: The Big Build** The team make over a house in Hereford.
9.00 **Love Me** New episode 2/6. It is Christine's funeral and Glen, Clara and Aaron have very different responses. (S1)
10.00 **Katherine Ryan: Parental Guidance**
11.00 **Killer Women with Piers Morgan**
12.00 M'T **First Responders**
1.00 AM **18 Kids and Counting** Documentary.
2.00 **to 3.00** AM **Extreme Food Phobics**

+1 hour 232/233 325

Drama

143 116 20 158

7.10 AM **London's Burning**
8.00 **Doctors**
9.15 **Classic Holby City**
10.40 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **London's Burning**
3.00 **Born and Bred**
4.20 **Tenko**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **Are You Being Served?**
7.20 **Last of the Summer Wine** Classic comedy.
8.00 **Hope Street** 2/10. (S1)
9.00 **Shakespeare & Hathaway: Private Investigators** 2/10. (S1)
10.00 **New Tricks** *Tender Loving Care*: The team investigate the murder of a junior doctor who was strangled in 2010.
11.20 **Soldier, Soldier**
12.30 AM **Footballers' Wives**
1.35 **Call the Midwife**
2.40 **to 4.00** AM **Classic Holby City**

+1 hour 243 316 60

WEDNESDAY Entertainment

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Crete.
7.00 **Teleshopping**
8.00 **The Repair Shop**
1.00 PM **Money for Nothing**
2.00 **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Dr. Pimple Popper: Pop Ups** A 34-year-old woman has a giant bump on her face that keeps growing bigger.
10.00 **Take My Tumour** New edition A man has a five-pound vascular face tumour that he calls 'Little Timmy'.
11.00 **Celebrity Help! My House Is Haunted**
12.00 M'T **Unexplained: Caught on Camera**
1.00 AM **Paranormal: Caught on Camera**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Dr Jeff: Rocky Mountain Vet**

Challenge
145 139 48 146

7.00 AM **The Chase** Triple bill.
10.00 **Weakest Link**
11.00 **Pointless Celebrities**
12.00 NOON **Play Your Cards Right** Double bill.
1.00 PM **Bridge of Lies**
2.00 **Classic Who Wants to Be a Millionaire?** Quiz.
3.00 **Catchphrase**
4.00 **Blockbusters**
5.00 **Bullseye** Four editions of the darts-based quiz.
7.00 **Play Your Cards Right** Double bill of the game show with Bruce Forsyth.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **Cash Trapped**
2.00 **The Chase** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 426 42

8.00 AM **Coast Guard Alaska**
9.00 FILM **Asteroid: Final Impact** Disaster thriller. (2015, PG, 86min) ★
10.50 **Battle Honours**
12.00 NOON FILM **Face of a Fugitive** Western. (1958, U, 81min) ★★
1.45 PM FILM **Any Gun Can Play** Spaghetti Western. (1967, 12, 98min) ★★
4.05 **The Panzer**
5.00 FILM **Bitter Victory** Wartime drama. (1957, b/w, PG, 101min) ★★
7.10 **Battle for the Bulge**
8.10 FILM **Apocalypse of Ice** Disaster epic. (2020, PG, 88min) ★★
10.00 FILM **Flight of Fury** Thriller. (2007, 15) ★
12.00 M'T FILM **Resistance 1942** War drama. (2021, 15, 110min) ★★
2.15 AM FILM **The Recall** Thriller. (2017, 15) ★★
4.20 **to 5.00** AM **Wild West Chronicles**
+1 hour 324

GREAT! movies
321 425 34

9.00 AM FILM **Fatal Acquittal** Thriller. (2014, PG) ★★
10.50 FILM **Secrets that Kill** Thriller. (2020, 12) ★★
12.40 PM FILM **The Stranger Inside** Suspense thriller. (2016, 12, 84min) ★★
2.30 FILM **Final Verdict** Drama. (2009, PG) ★★
4.20 FILM **San Andreas Mega Quake** Thriller. (2019, 12, 87min) ★★
6.10 FILM **10.0 Earthquake** Action disaster movie. (2014, PG, 90min) ★★
8.00 FILM **And So It Goes** Romantic comedy. (2014, 12, 90min) ★★★
10.00 FILM **Kill Bill: Vol 2** Thriller sequel. (2004, 18, 136min) ★★★
12.50 AM FILM **Ain't Them Bodies Saints** Drama. (2013, 15) ★★★★
2.40 **Wild West Chronicles**
4.00 **to 6.00** AM FILM **The Work Wife** Drama. (2018, PG, 86min) ★★
+1 hour 322

GREAT! romance
319 424 52

8.00 AM FILM **A Love to Remember** Drama. (2021, PG, 90min) ★★
10.00 FILM **Autumn Dreams** Comedy. (2015, PG) ★★
12.00 NOON FILM **Lead with Your Heart** Drama. (2015, PG, 83min) ★★
2.00 PM FILM **Her Pen Pal** Drama. (2021, PG) ★★
4.00 FILM **Paris, Wine and Romance** Drama. (2019, PG, 84min) ★★
6.00 FILM **Love Locks** Drama. (2017, PG, 90min) ★★
8.00 FILM **Love and Sunshine** Drama. (2019, PG, 100min) ★★
9.50 FILM **Moonlight in Vermont** Drama. (2017, PG, 90min) ★★
12.00 M'T **Highway to Heaven**
1.00 AM FILM **The Convenient Groom** Drama. (2016, PG) ★★
3.00 **to 5.00** AM FILM **Eat, Drink and Be Married** Drama. (2019, U) ★★
+1 hour 320 63

GREAT! real
189 61

9.00 AM **Inside Paddington Station** Double bill.
11.00 **Police Ten 7**
1.00 PM **Airline USA**
2.00 **Air Rescue**
3.00 **The People's Vet**
4.00 **Heathrow: Britain's Busiest Airport**
5.00 **Airline USA** Double bill.
6.00 **The Embassy** The consular team prepare for the arrival of Australian tourists. **7.00** News reaches the Embassy that a ferry has sunk off Krabi. **8.00** A grandmother suffers serious injuries after a fall in Laos. **9.00** A former school teacher who is awaiting trial in a Thai prison.
10.00 **Code 1: Extreme**
11.00 **Police Ten 7**
1.00 AM **Cops Uncut**
2.00 **Coast Guard Alaska**
4.00 **to 5.50** AM **Police Ten 7**
+1 hour 289

DMAX
159 169 39 150

6.00 AM **Alaska: Last Frontier**
7.00 **Building Off the Grid**
8.00 **Aussie Gold Hunters**
9.00 **Deadliest Catch**
11.00 **Building Off the Grid**
12.00 NOON **Alaska: Homestead Rescue**
1.00 PM **Outback Opal Hunters** Documentary.
2.00 **Gold Divers**
4.00 **Richard Hammond's Workshop** An NEC show.
5.00 **Kindig Customs**
6.00 **Deadliest Catch**
7.00 **Alaska: Last Frontier**
8.00 **Outback Opal Hunters**
9.00 **Barnwood Builders** New edition
10.00 **Building Off the Grid**
11.00 **Aussie Gold Hunters: Mine SOS** Documentary.
12.00 M'T **Naked and Afraid**
1.00 AM **Yukon Men**
2.00 **Teleshopping**
4.00 **Building Alaska**
5.00 **to 6.00** AM **Maine Cabin Masters**
+1 hour 259 369 151

Food Network
140/141 190 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Jamie Oliver: Together**
9.00 **James Martin's...**
10.00 **Sophie Grigson: Slice of Italy** Double bill.
11.00 **Ainsley's Good Mood Food** Sweet dishes.
12.00 NOON **Great British...**
2.00 PM **James Martin's...**
3.00 **The Hairy Bikers...**
4.00 **The Pioneer Woman**
5.00 **Girl Meets Farm**
6.00 **James Martin's American Adventure**
7.00 **Great British Bake Off**
8.00 **The Hairy Bikers' Food Tour of Britain**
9.00 **Tom Kerridge More Sunday Lunch**
10.00 **Nigella Bites**
11.00 **Diners, Drive-Ins...**
12.00 M'T **Grocery Games**
1.00 AM **Restaurant: Impossible** In Alabama.
2.00 **to 3.00** AM **Diners, Drive-Ins and Dives**
+1 hour 240/241 149

Legend
148 149 41 137

8.00 AM **Walker, Texas Ranger** 18/27. (S4)
9.00 **Airwolf** 11/22. (S3)
10.00 **Mission: Impossible**
11.00 **The Gambler V: Playing for Keeps**
1.00 PM **The Gambler V: Playing for Keeps**
3.00 FILM **Gunfighters** Western with Randolph Scott and Bruce Cabot. (1947, PG, 87min) ★★
5.00 **Star Trek** 25/30. (S1)
6.00 **Mission: Impossible**
7.00 **Airwolf** 13/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Armored** Thriller with Matt Dillon. (2009, 12, 88min) ★★★
10.45 FILM **Fortress** Thriller starring Bruce Willis. (2021, 15, 99min) ★★
12.40 AM FILM **The Changeling** Horror starring George C Scott. (1979, 15, 102min) ★★
2.45 **to 4.30** AM FILM **Horror Hospital** Thriller. (1973, 18, 91min) ★

Legend Xtra
317 171 69 138

6.00 AM FILM **Solar Attack** As shown at 5.00pm.
8.00 FILM **Hydra** Low-budget creature feature. (2009, 15, 94min) ★★
10.00 **Farscape** 19/22. (S3)
11.00 FILM **Mega Shark vs Kolossus** Fantasy thriller. (2015, 12, 90min) ★
1.00 PM FILM **Fire Serpent** Sci-fi horror thriller. (2007, 15, 89min) ★★
3.00 **Farscape** 19/22. (S3)
4.00 **UFO** 5/26. (S1)
5.00 FILM **Solar Attack** Action disaster movie. (2005, PG, 90min) ★★
7.00 **Farscape** 20/22. (S3)
8.00 **UFO** 6/26. (S1)
9.00 FILM **Killerman** Drama with Liam Hemsworth. (2018, 15, 112min) ★★★
11.10 FILM **Peripheral** Horror with Hannah Arterton. (2018, 18, 85min) ★★
1.00 **to 3.00** AM FILM **Echoes of Fear** Horror. (2018, 15, 90min) ★★
+1 hour 318 371 139

Blaze
164 174 64 162

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Roswell: The First Witness** Documentary.
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **Curse of Oak Island**
1.05 **Monsterquest**
2.05 **Pawn Stars**
3.05 **Auction Hunters**
4.00 **Ancient Aliens**
6.00 **Roswell: The First...**
7.00 **Wicked Tuna**
8.00 **Dickinson's Real Deal**
9.00 **What on Earth?**
10.00 **Mysteries from Above**
11.00 **Strange Evidence**
12.00 M'T **Caught on Camera**
1.00 AM **Roswell: The First...**
2.00 **Wicked Tuna**
3.00 **Hardcore Pawn**
3.25 **Dirty Old Cars**
3.50 **Counting Cars**
4.10 **to 6.00** AM **Ancient Aliens**

5SELECT
153 138 46 133

9.00 AM **The Yorkshire Vet**
9.55 **Entertainment News**
10.05 **The Yorkshire Vet**
1.00 PM **Bargain-Loving Brits in the Sun**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.35 **The Yorkshire Vet**
6.00 **Ben Fogle: New Lives in the Wild** Ben meets a Glaswegian woman who relocated to Ethiopia. **7.00** Ben meets a photographer living off the land in Oregon.
8.00 **Harry Wild** *When Harry Met Fergus:* 1/8. Drama starring Jane Seymour and Rohan Nedd. (S1)
9.00 **Dalgliesh** *The Black Tower – Part One:* 3/6. The timeline moves on to March 1975. (S1)
11.00 **Yellowstone** 8/10. (S2)
12.00 M'T **Nazi Megastructures**
1.00 AM **Forged in Fire**
3.30 **The Yorkshire Vet**
3.55 **to 4.00** AM **Entertainment News**

HGTV
158 191 44 166

7.00 AM **Building Alaska**
8.00 **Your Garden Made Perfect** From Essex.
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **A Place in the Sun**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Bargain Block**
2.00 **Flip or Flop** Double bill.
3.00 **Good Bones**
4.00 **Escape to the Country**
5.00 **Your Garden Made Perfect** From Essex.
6.00 **A Place in the Sun**
7.00 **Money for Nothing**
8.00 **Escape to the Country**
9.00 **Good Bones**
10.00 **Home Town Kickstart** New edition From Cornwall, New York.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 828 165

7.00 AM **My Lottery Dream...**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Dr Pimple Popper**
11.00 **The Family Chantel**
12.00 NOON **Unexpected: Teenage & Pregnant**
1.00 PM **Sister Wives**
3.00 **7 Little Johnstons**
4.00 **Little People, Big World**
5.00 **The Family Chantel**
6.00 **Dr Pimple Popper**
7.00 **Sister Wives**
8.00 **Seeking Sister Wife** New edition
9.00 **Temptation Island** New edition
10.00 **MILF Manor**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Monsters Inside Me**
1.00 AM **Extreme Couponing**
2.00 **Extreme Sisters**
3.00 **Temptation Island**
4.00 **Seeking Sister Wife**
5.00 **to 6.00** AM **My Lottery Dream Home**
+1 hour 233/234 365

Comedy Central
112/113 812 132 345 360

8.00 AM **Most Ridiculous**
9.00 **Michael McIntyre's Big Show** As 9.00pm.
10.00 **Impractical Jokers**
11.00 **Home Improvement**
12.00 NOON **Last Man Standing** 4&5/22. (S4)
1.00 PM **Friends** (S5&6)
9.00 **Michael McIntyre's Big Show** Featuring Emeli Sandé and Joe Lycett.
10.00 **Lee Evans: Roadrunner**
11.05 **Impractical Jokers: The Inspired Unemployed**
11.35 **Most Ridiculous**
12.35 AM **The Pep Talk** New edition 8/10. Helen Bauer's advice for people feeling down.
12.40 **Digman!** (S1)
1.40 **Rhod Gilbert's Growing Pains** With Sally Phillips.
2.40 **The Ricky Gervais Show**
3.30 **The Daily Show** New edition Talk show.
3.55 **Beavis and Butt-Head**
4.10 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 154

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Becker** 4-7/22. (S5)
11.00 **Friends** (S6&7)
1.00 PM **Michael McIntyre's Big Show**
2.00 **Criminally Funny**
3.30 **Impractical Jokers: Inside Jokes**
4.00 **Daria** (S3&4)
5.00 **Becker** 6&7/22. (S5)
6.00 **Home Improvement**
7.00 **Last Man Standing** (S4)
9.00 **South Park** 5/14. The boys purposefully try to lose at baseball. (S9) **9.30** 2/14. Kimmy insults the Germans at an awards ceremony. (S15)
10.00 **South Park** (S15)
1.00 AM **The Ren & Stimpy Show** Double bill.
2.00 **The Roast of Roseanne Barr** A comedy tribute.
3.20 **Beavis and Butt-Head**
3.50 **Reno 911!** (S3)
4.30 **Fugget About It** (S2)
5.15 **to 6.00** AM **Guessable?**

Sky Replay
152 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **911 Crisis Centre**
11.00 **Inside RAF Brize Norton**
12.00 NOON **Caught on Dashcam** Documentary.
1.00 PM **Stop, Search, Seize**
2.00 **Most Haunted**
4.00 **DC's Legends of Tomorrow** (S1)
6.00 **Warehouse 13** (S4)
8.00 **911 Crisis Centre**
9.00 **Delicious** 1&2/4. (S3)
11.00 **Fire Country** *See You Next Apocalypse:* 3/10. Jake has a tough decision to make. (S2)
12.00 M'T **Caught on Dashcam**
1.00 AM **The Russell Howard Hour**
2.00 **A League of Their Own Road Trip: Loch Ness to London**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 824 134

6.00 AM **Teen Mom 2: From The Beginning**
7.10 **Dallas Cowboys Cheerleaders**
10.55 **Fresh Out Live**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **Teen Mom UK: Next Generation** New edition Chloe and Jack's night of romance is threatened.
9.00 **Catfish: The TV Show** New edition Jeremy needs help finding out who Alex really is.
10.00 **Help! I'm in a Secret Relationship!** New edition Frankie needs answers before going further with Erin.
11.00 **True Life Crime**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Ink Master** Double bill.
3.10 **to 4.00** AM **Geordie Shore**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **How It's Made**
7.00 **Deadliest Catch**
8.00 **Blowing Up History**
9.00 **How the Universe Works**
10.00 **Iron Resurrection**
11.00 **Wheeler Dealers: Dream Car**
1.00 PM **Treehouse Masters**
3.00 **Mystery at Blind Frog Ranch**
4.00 **Flying Wild Alaska**
5.00 **Homestead Rescue: Raney Ranch** Documentary.
6.00 **Iron Resurrection** New edition A long-time customer has his eye set on Joe's personal 1967 Nova.

6.00 Iron Resurrection

7.00 **Kindig Customs** One of KevDogg's favourite cars has arrived, and he leads the charge on the build.
8.00 **Bad Chad Customs** Chad Hiltz hosts an annual car show, Rockabilly Weekend, to promote Green Goblin Customs.
9.00 **Deadliest Catch** Decades since Sig Hansen first allowed a camera on board, a new generation lays claim to the industry.
10.00 **Wheeler Dealers** Mike Brewer is seduced by a Land Rover Discovery Mk1 with low mileage.
11.00 **Outback Truckers** Sludge hauls three racers to a burn-up in the desert.
12.00 M'T **Mystery at Blind Frog Ranch** Documentary.
1.00 AM **Deadliest Catch**
2.00 **Wheeler Dealers**
3.00 **Gold Rush**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/178 178

8.00 AM **Extinct or Alive**
9.00 **Amanda to the Rescue**
10.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Amanda to the Rescue**
2.00 **Crikey! It's the Irwins**
4.00 **Saved by the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff helps a remote town that has become overwhelmed with feral cats.
6.00 **Extinct or Alive** Searching Vietnam for one of the last living specimens of the giant softshell turtle.

8.00 Into the Shark Bite

7.00 **Amanda to the Rescue** Amanda treats a pit bull with a fractured jaw and a Dalmatian with an eye condition.
8.00 **Into the Shark Bite** Cameras go inside the mouth of the ocean's most feared predator to examine a shark's bite.
9.00 **Return to the Isle of Jaws** Investigating an unusual lack of females at a great white shark breeding ground.
10.00 **Alaska: The Last Frontier** Atz Lee and Jane bring solar power to their remote cabin, and Otto creates a calf caboose.
11.00 **The Aquarium** Two whales are welcomed to their new home. **12.00** M'T More than 50 African penguins are moved for spring cleaning.
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved by the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262/278 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation**
10.00 **Construction Fails**
11.00 **Nazi Megastructures**
12.00 NOON **Car S.O.S**
1.00 PM **D-Day Revealed: Drain the Oceans**
2.00 **Air Crash Investigation**
3.00 **Hitler's Last Stand**
4.00 **Lost Treasures of Egypt**
5.00 **Car S.O.S** Tim and Fuzz restore a Triumph TR4.
6.00 **Seconds from Disaster** The crash of Japanese Airlines Flight 123 in 1985.

8.00 Car S.O.S

7.00 **Air Crash Investigation** How Eastern Airlines Flight 401 crashed in 1972 as it prepared for arrival at Miami airport.
8.00 **Car S.O.S** Tim Shaw and Fuzz Townshend are off to Huddersfield, West Yorkshire to rescue a 1992 VW Corrado.
9.00 **Car S.O.S** Tim and Fuzz rescue a 1973 Dennis fire engine belonging to a firefighter whose father died of cancer.
10.00 **Car S.O.S** Tim and Fuzz take on a 1993 Toyota Supra Mk4 owned by a former motorcycle racer.
11.00 **Air Crash Investigation**
12.00 M'T **Banged Up Abroad**
1.00 AM **Europe from Above** An aerial tour of the Balkans.
2.00 **Lords of War**
2.30 **Abandoned** Double bill.
3.20 **Food Factory**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **American Pickers**
7.00 **What on Earth?**
8.00 **Monsterquest**
10.00 **Pawn Stars** Double bill.
12.00 NOON **Secrets in the Ice**
1.00 PM **Salvage Kings**
2.00 **Swamp People: Serpent Invasion** Double bill.
4.00 **Pawn Stars** A special edition Stan Lee Funko Pop figure. **5.00** Action figures signed by the cast of *The Walking Dead*.
6.00 **American Pickers** The Wolfe Brothers explore a massive, fortress-like warehouse.

9.00 The UnXplained...

7.00 **Forged in Fire** Two smiths head on to the final round, to recreate the German Halberd, a medieval-era triple threat.
8.00 **Pawn Stars Do America** New edition Rick, Corey and Chumlee seek historical finds in the Sunshine State of Florida.
9.00 **The UnXplained: Mysteries of the Universe** New edition A team of experts focus on the planet Venus.
10.00 **Deadman's Curse** Series finale Evidence of Slumach's legendary lost gold at a Spanish mine.
11.00 **Paranormal: Caught on Camera** A shadowy figure in a haunted asylum.
12.00 M'T **Pawn Stars** Double bill.
2.00 AM **Swamp Mysteries with Troy Landry**
3.00 **Pawn Stars Do America**
4.00 **Forged in Fire** As 7.00pm.
5.00 **to 6.00** AM **Salvage Kings**

+1 hour 223/224 331

Yesterday

155 846 129 27 159

6.10 AM **Space Shuttle: Triumph and Tragedy** Double bill.
8.00 **Abandoned Engineering**
10.00 **The World at War**
11.00 **Secret Nazi Bases**
12.00 NOON **Find It, Fix It, Flog It**
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash: Restoring Classics** Double bill.
4.00 **The World at War**
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow** Fiona Bruce presents from France as the team value objects associated with World War One.

9.00 Find It, Fix It, Flog It

7.00 **Find It, Fix It, Flog It** Henry and Simon travel to the West Midlands and London, where finds include a potato oven. **7 PM**
8.00 **Great Coastal Railway Journeys** Michael heads towards the Farne Islands. **8.30** The first leg of a trip to Lewis and Harris. **8 PM**
9.00 **Find It, Fix It, Flog It** Henry and Simon head to Shropshire to help Marvin and Karen with some decluttering. **9 PM**
10.00 **Bangers & Cash: Restoring Classics** Derek thinks a Ford Capri with 29,000 miles on the clock should be kept original. **10 PM**
11.00 **Abandoned Engineering** A town in West Virginia that fell victim to the pace of change when steam trains became obsolete.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 **to 3.00** AM **Space Shuttle: Triumph and Tragedy**

+1 hour 255 329 74

Quest

144 834 137 12 172 167

6.00 AM **How Do They Do It?**
6.30 **Shed and Buried**
7.00 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **How Do They...**
2.00 PM **Salvage Hunters**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **Salvage Hunters: The Restorers**
6.00 **Wheeler Dealers**
8.00 **Salvage Hunters: Classic Cars**
9.00 **The Yorkshire Auction House**
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Wheeler Dealers: Dream Car**
2.00 **Chasing Classic Cars**
3.00 **Overhaulin'**
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 168

Quest Red

149 168 40 169

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Curvy Brides Boutique**
9.00 **Say Yes to the Dress**
11.00 **Disappeared**
12.00 NOON **Forensic Detectives** True-crime.
1.00 PM **FBI Files**
2.00 **American Monster**
4.00 **Murder on CCTV**
5.00 **Disappeared**
7.00 **10 Steps to Murder**
8.00 **Murder on CCTV**
10.00 **American Monster** The double lives of the US's most terrifying killers and abductors.
11.00 **High Speed Chase** New edition In Florida, a boat thief runs from the law, kicking off a speedboat chase.
12.00 M'T **Forbidden: Dying for Love**
1.00 AM **Betrayed**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

True Crime

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **48 Hours** The murders of millionaire Pam Hargan and her child.
8.00 **Forensics** Police are called when an abandoned car is found in Hamilton.
9.00 **Cold Justice Sex Crimes** Casey and Alicia help the officers of Flint examine DNA evidence from past rape kits, while tracking down several rapists.
10.00 **Bloodline Detectives** The horrific murder of Tonya McKinley, who was found lying on the side of a city street.
11.00 **Ice Cold Killers**
1.00 AM **It Takes a Killer**
2.00 **Bloodline Detectives**
3.00 **Medical Detectives**
4.00 **48 Hours** As 7.00pm.
4.50 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 172 68 134

9.00 AM **Written in Blood**
11.00 **Medical Detectives**
2.00 PM **Evidence of Evil**
4.00 **Medical Detectives** A mass food poisoning in Oregon in 1984. **4.30** The inspection of a woman's skull found in a lake reveals she was brutally butchered. **5.00** Forensic evidence gave a case in which a woman was shot dead a surreal twist. **5.30** Police use video footage and forensic evidence to track down a criminal gang. **6.00** The disappearance of the American Atheists' founder. **6.30** A doctor is accused of assaulting two female patients.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Patrol**
7.00 **Canada's Front Line**
8.00 **UK Border Force**
9.00 **Road Wars**
10.00 **The Force: Manchester**
11.00 **The Real Manhunter**
12.00 NOON **What the Killer...**
1.00 PM **The Killer Within**
2.00 **Killer Siblings**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer Siblings**
6.00 **Murdered at First Sight**
7.00 **World's Most Evil Killers** Lester Jones.
8.00 **Britain's Most Evil Killers** Mick Philpott.
9.00 **Killing Mum and Dad**
10.00 **Charmed to Death**
11.00 **World's Most Evil Killers**
12.00 M'T **Murder Uncut**
1.00 AM **The Killer Within**
2.00 **Snapped**.
3.00 **Dateline**
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

174 187 84 155

8.00 AM **Beautiful Serengeti**
8.30 **The Vietnam War**
10.50 **Pompeii: Buried Secrets of the Villa Giuliana** As 8.35pm.
11.55 **Nazca Desert Mystery**
1.00 PM **The Vietnam War**
3.20 **Pompeii: Buried Secrets of the Villa Giuliana** As 8.35pm.
4.30 **Nazca Desert Mystery**
5.35 **Grand Tours of Scotland**
6.15 **The Vietnam War**
8.35 **Pompeii: Buried Secrets of the Villa Giuliana** Investigating the context of the Roman ceremonial chariot found in Pompeii.
9.45 **Mariupol: Unlost Hope** Charting the first month of the invasion of the Ukrainian city.
10.50 **The Hidden Side of World War II**
12.00 M'T **Pompeii: Buried Secrets of the Villa...**
1.10 **to 2.00** AM **Grand Tours of Scotland**

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | EE HD

WEDNESDAY

Wednesday

Sky Documentaries

121/122 819 188 352 367

6.00 AM **Inside the Freemasons**
7.00 **Discovering: Tom Cruise**
8.00 **The Directors**
9.00 **The 2000s**
10.00 **Positive**
11.00 **Ghislaine Maxwell: Epstein's Shadow** 3/3. Documentary.
12.00 NOON **The Two Escobars**
2.00 PM **The United Way**
3.50 **My Icon: Casey Stoney**
4.00 **The Directors**
5.00 **Discovering: Tom Cruise**
6.00 **The 2000s** 4/8. George W Bush's second term as president.
7.00 **Ghislaine Maxwell: Epstein's Shadow** 3/3. Documentary.
8.00 **The Loneliest Whale: The Search for 52** A rare whale that calls out at a frequency unrecognised by other whales.
10.00 **McEnroe** The story of former tennis star John McEnroe.
12.00 M'T **The Invisible Pilot** 1-3/3. The death of small-town crop-duster pilot Gary Betzner.
3.10 AM **No Accident**
5.00 **to 6.00** AM **Discovering: Tom Cruise**

Sky Nature

124/125 822 189 354 369

6.00 AM **Reef Wrecks**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Volcanic Odysseys**
10.00 **Great Blue Wild**
11.00 **Land of Primates**
12.00 NOON **Hotspots: The Last Hope**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Volcanic Odysseys**
4.00 **Great Blue Wild**
5.00 **Brazil Untamed**
6.00 **Hotspots: The Last Hope**
7.00 **Monkey Life** Double bill.
8.00 **Patagonia** How humans and animals have turned from enemies to allies in the Patagonian Andes.
9.00 **Tales from Zambia** Exploring Luangwa Valley.
10.00 **Hotspots: The Last Hope**
11.00 **Brazil Untamed**
12.00 M'T **Great Parks of Africa**
1.00 AM **The Great Elephant Tale**
2.00 **Patagonia**
3.00 **Tales from Zambia**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Volcanic Odysseys**

Sky History 2

163/168 840 186

6.00 AM **Ancient Aliens**
8.00 **The Proof Is Out There**
9.00 **Strangest Things**
10.00 **The Battle of Britain**
11.00 **Ancient Aliens**
1.00 PM **WW2 Treasure Hunters**
2.00 **Digging Up Britain's Past**
3.00 **Monsterquest**
5.00 **Strangest Things**
6.00 **Dangerous Missions**
7.00 **WW2 Air Crash Detectives** Presenter Garth Barnard examines the event that ended the life of Prince George, the Duke of Kent, in 1942.
8.00 **WW2 Mystery: Foo Fighters** 1/2. Mysterious glowing orbs spotted by World War Two pilots.
9.00 **Secrets of Great British Castles** Dan Jones explores the history of York Castle.
10.00 **Sex: A Bonkers History**
11.00 **Life After People**
12.00 M'T **Ancient Aliens**
2.00 AM **Digging Up Britain's Past**
3.00 **River Hunters**
4.00 **Life After People**
5.00 **to 6.00** AM **WW2 Air Crash Detectives**

Crime+Investigation

156 837 133

6.00 AM **On the Case**
7.00 **Homicide Hunter**
9.00 **Murder at My Door with...**
10.00 **Imperfect Murder**
11.00 **Motive to Murder**
12.00 NOON **Green Eyed Killers**
1.00 PM **Murder Masterminds**
2.00 **Accident, Suicide or Murder?**
3.00 **Murder at My Door with Kym Marsh** Investigating the murder of 80-year-old Jenny Methven.
4.00 **Cops Gone Bad with Will Mellor** Michael Coulton.
5.00 **Interrogation Raw**
6.00 **Cold Case Files**
7.00 **The First 48**
8.00 **Imperfect Murder**
9.00 **Green Eyed Killers** New edition True-crime series
10.00 **Murder at the Motel**
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Green Eyed Killers**
2.00 **Murder at the Motel**
3.00 **Accident, Suicide or Murder?**
4.00 **Green Eyed Killers**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 841 182

8.00 AM **Yukon Vet**
9.00 **Swamp Men**
10.00 **Where Oceans Collide**
11.00 **Animals Gone Wild**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Russia's Wild Tiger**
3.00 **When Sharks Attack**
4.00 **Secrets of the Zoo: Tampa**
5.00 **Wicked Tuna: Outer Banks Showdown** Documentary.
6.00 **Snakes in the City**
7.00 **Yukon Vet**
8.00 **Africa's Wild Side: Dynasties** Animal dynasties fight to raise their families in Botswana.
9.00 **Wild, Smart and Deadly** Series finale How animals defend themselves.
10.00 **Africa's Deadliest** Focusing on aquatic animals.
11.00 **Shark Attack Files**
12.00 M'T **Lawless Island**
1.00 AM **Monster Fish**
2.00 **Yukon Vet**
3.00 **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet: Vet Appreciation**

Discovery History

177 181

6.00 AM **Expedition Unknown**
7.00 **NASA's Unexplained Files**
8.00 **Mysteries at the Castle**
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Find It, Fix It, Flog It**
12.00 NOON **Combat Dealers**
1.00 PM **How It's Made**
2.00 **NASA's Unexplained Files**
3.00 **Salvage Hunters**
4.00 **Cooper's Treasure**
5.00 **HMS Ark Royal**
6.00 **Combat Dealers**
7.00 **Expedition Unknown**
8.00 **Greatest Events of World War II** Rare archive footage of the Allies' bombing of the German city of Dresden.
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Find It, Fix It, Flog It**
12.00 M'T **HMS Ark Royal**
1.00 AM **How It's Made**
2.00 **Salvage Hunters**
3.00 **Greatest Events of World...**
4.00 **to 5.00** AM **Find It, Fix It, Flog It**

+1 hour 277 381

Eden

166 176

9.00 AM **Underground Worlds**
10.00 **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
7.00 **Abandoned Engineering** A volcanic island just off Taiwan containing chilling ruins. **8.00** A fairy-tale castle that staged one of the strangest stories of World War Two. **9.00** Ruins of a vast industrial ghost town in the United States. **10.00** A real-life concrete jungle in America's 'Rust Belt', and an industrial facility that brought energy to a remote corner of the world.
11.00 **Underground Worlds** Exploring the Grand Canyon Caverns – North America's largest dry cave system.
12.00 M'T **Anthony Bourdain: Parts Unknown** Anthony's tour of Okinawa includes a bullfight over a bowl of Yakisoba.
1.00 AM **Abandoned Engineering**
5.25 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

ID

154 166

6.00 AM **The Big Swindle**
7.00 **Teleshopping**
8.00 **American Monster**
9.00 **Web of Lies**
11.00 **People Magazine Investigates**
1.00 PM **Evil Lives Here**
3.00 **Diabolical: Deadly Love**
5.00 **American Monster**
6.00 **The Lady Killers**
7.00 **Disappeared** The disappearance of Bob Harrod.
8.00 **The Big Swindle** A bogus travel agent scam involving hundreds of victims is uncovered.
9.00 **Homicide City: Charlotte** The linked cases of Harriet Simmons and Jerri Ann Jones.
10.00 **Good Cop, Bad Cop** The daytime shooting of an Ohio man confounds Silverton police until security video surfaces.
11.00 **Calls from the Inside**
12.00 M'T **Reasonable Doubt**
2.00 AM **The Big Swindle**
3.00 **American Monster**
4.00 **The Lady Killers**
5.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/172 180

6.00 AM **Supertruckers**
7.00 **Wheeler Dealers**
8.00 **Goblin Works Garage**
9.00 **Head 2 Head**
10.00 **Fifth Gear**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **Shed and Buried**
1.00 PM **Extreme RVs**
2.00 **Wheeler Dealers**
3.00 **Vintage Voltage**
4.00 **Supercar Showroom**
5.00 **Wheeler Dealers**
6.00 **Shed and Buried**
7.00 **Salvage Hunters: Classic Cars** Drew Pritchard visits Britain's oldest number plate maker.
8.00 **Planes That Changed the World** The SR-71 Blackbird.
9.00 **Ant Anstead Master Mechanic**
10.00 **Shed and Buried**
11.00 **Wheeler Dealers**
12.00 M'T **Planes That Changed...**
1.00 AM **Iron Resurrection**
2.00 **Fast N' Loud**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/272

Films

Sky Cinema Premiere

301 401 501 515

7.20 AM **The Great Escaper**
9.05 **Eileen** As shown at 11.50pm.
10.50 **Sometimes I Think About Dying** Comedy drama. (2023, 12, 94min) ★★★
12.35 PM **Manodrome** Thriller with Jesse Eisenberg and Adrien Brody. (2023, 15, 91min) ★★★
2.20 **Anyone But You** As 8.00pm.
4.20 **LaRoy, Texas** Crime caper. (2023, 15, 112min) ★★★★
6.20 **Drift** Drama with Cynthia Erivo. (2023, 15, 93min) ★★★★

6.20 Drift

8.00 **Anyone But You** Romantic comedy starring Glen Powell and Sydney Sweeney. After a first date, a duo's attraction turns chilly, until they are reunited at a wedding. (2023, 15, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **A Sacrifice** Drama starring Eric Bana, Sylvia Hoeks and Sadie Sink. A social psychologist investigates a cult linked to an unnerving event. (2024, 15, 94min)

11.50 **Eileen** Thriller with Thomasin McKenzie and Anne Hathaway. (2023, 15, 97min) ★★★★
1.35 AM **The Great Escaper** Drama starring Michael Caine and Glenda Jackson in her final film. (2023, 12, 96min) ★★★★
3.15 **Drift** As shown at 6.20pm.
5.00 **to 6.45** AM **Bonus Track** Music comedy starring Joe Anders and Samuel Small. (2023, 12, 98min) ★★★

Sky Cinema Best of 2024

303 403 503 517

6.00 AM **Sky Cinema Preview**
6.55 **Arthur's Whisky** Comedy. (2023, PG, 91min) ★★★
8.40 **Am I OK?** As 1.25am.
10.20 **Drift** As shown at 11.40pm.
12.10 PM **One More Shot** Thriller. (2023, 15, 102min) ★★
2.10 **The Bricklayer** Thriller. (2023, 15, 110min) ★★
4.10 **BlackBerry** Comedy drama. (2023, 15, 120min) ★★★★
6.15 **Hypnotic** Action thriller. (2023, 15, 93min) ★★★

10.00 The Royal Hotel

8.00 **Insidious: The Red Door** Horror thriller sequel starring Patrick Wilson and Ty Simpkins. Demons from the past resurface with a vengeance and threaten to destroy Dalton Lambert and everyone around him. (2023, 15, 107min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Royal Hotel** Thriller starring Julia Garner and Jessica Henwick. Two backpackers take a job in an Australian pub and are confronted by the unruly locals. (2023, 18, 91min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Drift** Drama with Cynthia Erivo. (2023, 15, 93min) ★★★★
1.25 AM **Am I OK?** Comedy drama. (2022, 15, 86min)
3.00 **Force of Nature: The Dry 2** Thriller sequel starring Eric Bana. (2024, 15, 120min)
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 410 510 524

6.20 AM **Sky Cinema Preview**
6.45 **Cicada** As 1.50am.
8.30 **Dear John** As 10.10pm.
10.20 **The Great Escaper** Drama. (2023, 12, 96min) ★★★★
12.00 NOON **Jarhead** As 8.00pm.
2.05 PM **Lost in Translation** Romantic comedy drama. (2003, 15, 102min) ★★★★★
3.55 **Maid in Manhattan** Comedy. (2002, PG, 105min) ★★★

5.45 **Erin Brockovich** Fact-based drama starring Julia Roberts. (2000, 15, 133min) ★★★★
8.00 **Jarhead** Military drama starring Jake Gyllenhaal. During the first Gulf War, a platoon of US Marines try to come to terms with stress and boredom while waiting to see action in Iraq. With Peter Sarsgaard and Jamie Foxx. (2005, 15, 123min) ★★★★
10.10 **Dear John** Romantic drama with Channing Tatum and Amanda Seyfried. (2010, 12, 108min) ★★

12.05 AM **Quartet** Comedy drama. (2012, 12, 94min) ★★★★
1.50 **Cicada** Drama starring Matthew Fifer. (2020, 15, 96min) ★★★★
3.35 **Maid in Manhattan** As 3.55pm.
5.30 **to 7.20** AM **Lamborghini: The Man Behind the Legend** Drama. (2022, 12, 97min) ★★

Sky Cinema Sci-fi/Horror

311 411 511 525

7.25 AM **Cloverfield** As 4.35pm.
9.05 **Jules** As shown at 6.15pm.
10.50 **Ghostbusters** Fantasy comedy. (2016, 12, 113min) ★★★
1.00 PM **Star Trek: Insurrection**
2.55 **The War of the Worlds** Thriller. (1953, PG, 85min) ★★★★
4.35 **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★
6.15 **Jules** Sci-fi comedy drama. (2023, 12, 87min) ★★★

8.00 **Interstellar** Sci-fi drama starring Matthew McConaughey, Anne Hathaway and Jessica Chastain. A spacecraft goes in search of a new home for the human race before a devastated Earth becomes uninhabitable. (2014, 12, 166min) ★★★★
11.00 **Star Trek: Insurrection** Sci-fi adventure starring Patrick Stewart. The crew of the *Enterprise* set out to defend the population of a magical planet. (1998, PG, 105min) ★★★

12.50 AM **Dual** Sci-fi thriller starring Karen Gillan and Aaron Paul. (2022, 15, 94min) ★★★★
2.35 **The War of the Worlds** (1953)
4.10 **to 6.05** AM **Midnight Special** Sci-fi adventure starring Michael Shannon and Jaeden Martell. (2015, 12, 109min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 406 506 520

7.45 AM **The Spy Next Door**
9.30 **Scooby-Doo** Comedy. (2002, PG, 86min) ★★★
11.10 **Scooby-Doo 2: Monsters Unleashed** (2004, PG) ★★★
12.55 PM **The Lord of the Rings: The Two Towers** Epic fantasy. (2002, 12, 179min) ★★★★★
4.00 **The Lord of the Rings: The Return of the King** Fantasy. (2003, 12, 201 min) ★★★★★
7.25 **Lyle, Lyle, Crocodile** Musical. (2022, PG, 106min) ★★★

4.00 The Return of the King

Lyle, Lyle, Crocodile (film started at 7.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **Addams Family Values** Ghoulish black comedy sequel starring Anjelica Huston and Raul Julia. The Addams' homicidal new nanny sets her sights on Uncle Fester. (1993, PG, 92min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **Ella Enchanted** Fantasy comedy adenture starring Anne Hathaway. (2004, PG, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **The Secret Kingdom** Fantasy. (2023, PG, 98min) ★
2.20 **The Spy Next Door** Action comedy. (2010, PG, 94min) ★★
4.00 **Harriet the Spy** Comedy. (1996, PG, 97min) ★★★★
5.50 **to 7.30** AM **Pups United** Adventure. (2015, U) ★★★

Sky Cinema Action

307 407 507 521

6.15 AM **The Best Man** As 1.45am.
7.55 **The Hand of Death** (1976)
9.40 **Once Upon a Time in China II**
11.45 **Poker Face** Crime thriller. (2022, 15, 120min) ★★★
1.30 PM **Mission: Impossible** Brian De Palma's action thriller. (1996, PG, 110min) ★★★
3.25 **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★
6.20 **Retribution** Action thriller starring Liam Neeson. (2023, 12, 91 min) ★★

10.15 The Hand of Death

8.00 **Mission: Impossible II** Action thriller sequel starring Tom Cruise and Dougray Scott. Special agent Ethan Hunt teams up with a cat burglar in order to track down a villain who has a deadly virus at his disposal. (2000, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Hand of Death** Thriller with Jackie Chan. A survivor of an attack on a rebel group opposing the Manchu invasion of China seeks revenge. (1976, 15, 95min)★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Safe** Action thriller. (2012, 15, 90min) ★★★
1.45 AM **The Best Man** Thriller. (2023, 15, 93min) ★★
3.30 **Once Upon a Time in China II** Martial arts thriller sequel. (1991, 15, 120min) ★★★
5.35 **to 7.30** AM **The Last Witch Hunter** Fantasy adventure. (2015, 12, 102min) ★★★

Sky Cinema Comedy

308 408 508 522

6.55 AM **Balls of Fury** As 3.05pm.
8.35 **Finding You** As 11.40pm.
10.40 **Shakespeare in Love** Oscar-winning romantic comedy. (1998, 15, 122min) ★★★★
12.55 PM **Girls Trip** Comedy. (2017, 15, 122min) ★★
3.05 **Balls of Fury** Martial arts spoof. (2007, 12, 90min) ★
4.50 **Jackie Chan's The Tuxedo**
6.35 **A Night at the Roxbury** Spin-off from *Saturday Night Live*. (1998, 15, 82min) ★

6.35 A Night at the Roxbury

8.00 **Strays** Canine comedy featuring the voices of Will Ferrell, Jamie Foxx and Isla Fisher. An optimistic Border Terrier vows revenge on his neglectful owner. (2023, 15, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **How to Be Single** Comedy starring Dakota Johnson and Rebel Wilson. A woman moves to New York after a break-up and makes a new friend who teaches her to enjoy the single life. (2016, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Finding You** Romantic drama. (2021, PG, 119min) ★★
1.45 AM **Jackie Chan's The Tuxedo** Action comedy. (2002, 12, 98min) ★★
3.30 **A Night at the Roxbury**
5.05 **to 7.00** AM **Begin Again** Comedy drama starring Keira Knightley and Mark Ruffalo. (2013, 15, 102min) ★★★★

Sky Cinema Thriller

309 409 509 523

7.40 AM **Mona Lisa and the Blood Moon** Mystery thriller. (2021, 15, 106min) ★★★★
9.35 **Marlowe** As 2.05am.
11.35 **Last Seen Alive** Thriller. (2022, 15, 95min) ★★★
1.25 PM **Last Looks** Comedy thriller. (2021, 15, 111 min) ★★★
3.25 **Angels & Demons** Mystery. (2009, 12, 138min) ★★
5.55 **Now You See Me** Thriller starring Jesse Eisenberg. (2013, 12, 115min) ★★★

8.00 Inferno

8.00 **Inferno** Thriller starring Tom Hanks and Felicity Jones. While suffering from amnesia, Professor Robert Langdon tries to stop a lethal virus from killing millions. (2016, 12, 121 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

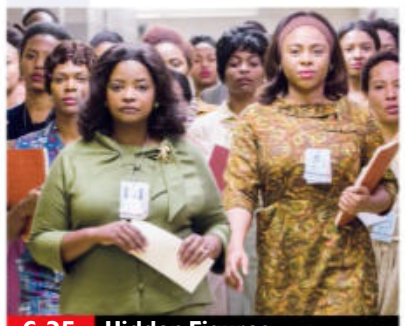
10.10 **Taxi Driver** Martin Scorsese's disturbing drama starring Robert De Niro as a New York taxi driver obsessed with saving a child prostitute. With Jodie Foster. (1976, 18, 110min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Cult Killer** Thriller. (2024, 15, 105min) ★★★
2.05 **Marlowe** Crime thriller. (2022, 15, 110min) ★★
4.05 **Kindred** Horror thriller. (2021, 15, 101 min) ★★★
5.55 **to 7.55** AM **The Independent** Drama. (2022, 12) ★★★

Film4

313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **The Smallest Show on Earth** Vintage comedy. (1957, b/w, U, 80min) ★★★★
12.40 PM **Hell is a City** Thriller. (1959, b/w, PG, 100min) ★★★
2.30 **Mysterious Island** Fantasy. (1961, U, 97min) ★★★
4.35 **Cat Ballou** Spoof Western. (1965, PG, 96min) ★★★★
6.25 **Hidden Figures** Fact-based drama with Octavia Spencer. (2016, PG, 127min) ★★★★


6.25 Hidden Figures

Hidden Figures (film started at 6.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM **9.00** **Mission: Impossible – Ghost Protocol** Action spy thriller starring Tom Cruise and Jeremy Renner. Super spy Ethan Hunt and his team strive to stop a rogue Russian scientist from provoking a global nuclear war. (2011, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.40** **Anchorman: The Legend of Ron Burgundy** Comedy starring Will Ferrell and Christina Applegate. A dim, sexist news presenter feels threatened when an ambitious female rival joins his team. (2004, 12, 94min) ★★★★
1.30 **to 3.50** AM **C'mon C'mon** Drama with Joaquin Phoenix. (2021, b/w, 15, 109min) ★★★★

11 PM

+1 hour 314 430 47 301

Sky Cinema Supernatural

302 402 502 516

6.05 AM **Blithe Spirit** As 4.35am.
7.55 **Dark Skies** As 1.20am.
9.45 **Ouija: Origin of Evil** Horror prequel. (2016, 15, 99min) ★★★
11.40 **The Ring** Chiller remake. (2002, 15, 115min) ★★★
1.40 PM **The Cinema List: Creature Features**
2.05 **Insidious: Chapter 2** Supernatural thriller sequel. (2013, 15, 103min) ★★★

4.05 **Insidious: Chapter 3** Horror prequel. (2015, 15, 97min) ★★★
6.00 **The Conjuring** Horror chiller starring Vera Farmiga and Patrick Wilson. In 1971, a pair of husband-and-wife paranormal investigators strive to exorcise a haunted house in rural Rhode Island. (2013, 15, 112min) ★★★
8.00 **The Woman in Black** Chiller starring Daniel Radcliffe. (2012, 12, 91 min) ★★★★
9.50 **Sinister** Horror with Ethan Hawke. (2012, 15, 105min) ★★★

11.40 **Sinister 2** Horror sequel. (2015, 15, 95min) ★★★
1.20 AM **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
3.05 **The Harbinger** Horror. (2022, 15, 87min) ★★★★
4.35 **to 6.20** AM **Blithe Spirit** Comedy. (2020, 12, 95min) ★★★

Sky Cinema Greats

304 404 504 518

7.00 AM **The Sugarland Express**
8.55 **Frost/Nixon** Ron Howard's drama. (2008, 15, 122min) ★★★★
11.00 **Sixteen Candles** Teen comedy. (1984, 12, 89min) ★★★
12.45 PM **The Manchurian Candidate** Thriller remake. (2004, 15, 130min) ★★★★
3.00 **Catch Me If You Can** Steven Spielberg's crime adventure. (2002, 12, 141 min) ★★★★★

5.30 **Inception** Sci-fi thriller. (2010, 12, 148min) ★★★★★
8.00 **The Bourne Supremacy** Spy thriller sequel based on the novel by Robert Ludlum, starring Matt Damon. A former CIA assassin tries to discover why his enemies want to kill him. (2004, 12, 108min) ★★★★
10.00 **Blade Runner** Ridley Scott's thriller starring Harrison Ford as the bounty hunter in pursuit of five highly dangerous 'replicants'. (1982, 15, 130min) ★★★★★

12.00 M'T **No Country for Old Men** The Coen Brothers' dark thriller. (2007, 15, 122min) ★★★★
2.10 AM **The Sugarland Express** Steven Spielberg's comedy drama. (1974, PG, 110min) ★★★
4.10 **to 6.30** AM **The Manchurian Candidate** As 12.45pm.

Sky Cinema Animation

305 412 500 514

6.15 AM **Sinbad: Legend of the...**
7.50 **Free Birds** As shown at 1.45am.
9.30 **Over the Hedge** Animation. (2006, U, 83min) ★★★★
11.00 **The Secret Life of Pets** Animation. (2016, U) ★★★
12.35 PM **Monster Family** Animated comedy. (2017, PG, 96min) ★★
2.15 **Justin and the Knights of Valour** Animated adventure. (2013, PG, 92min) ★★

4.00 **Captain Underpants** Animation. (2017, U, 89min) ★★★★
5.35 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
7.05 **The Lego Ninjago Movie** Animated family adventure. (2017, U, 101 min) ★★
8.55 **Monster Family 2** Animated sequel. (2021, U, 90min) ★
10.45 **Vic the Viking** Animation. (2019, U, 77min) ★★
12.15 AM **Sinbad: Legend of the Seven Seas** Animated adventure. (2003, U, 85min) ★★★★

1.45 **Free Birds** Animated comedy adventure. (2013, U, 91 min) ★★
3.20 **Birds of a Feather** Animated family comedy adventure. (2019, U, 90min) ★★
4.55 **to 6.25** AM **Escape from Planet Earth** Animated sci-fi comedy. (2013, U, 86min) ★★★

Christmas in July

312 419

7.00 AM **A Christmas Cookie Catastrophe** Romantic comedy. (2022, PG, 90min) ★★
9.00 **A Very Merry Bridesmaid** Festive romantic drama. (2021, PG, 87min) ★★
11.00 **'Tis the Season to Be Merry** Comedy. (2021, PG, 84min) ★★
1.00 PM **Christmas In Big Sky Country** Romantic drama. (2023, PG, 90min) ★★

3.00 **Merry Exmas** Family drama. (2014, PG, 90min) ★★
5.00 **A Kiss Before Christmas** Fantasy. (2021, PG, 90min) ★★
7.00 **Christmas on the Lake** Festive drama starring Katee Sackhoff. (2021, PG, 90min) ★★
9.00 **Ghosts of Christmas Always** Comedy starring Kim Matula and Ian Harding. A festive ghost is assigned to help a man rediscover his Christmas spirit, but things do not go according to plan. (2022, PG, 90min) ★★

11.00 **One December Night** Festive drama. (2021, PG, 84min) ★★
1.00 AM **A Royal Queens Christmas** Drama. (2021, PG, 84min) ★★
3.00 **to 5.00** AM **The Winter Palace** Drama. (2022, PG, 85min) ★★

Movies 24+ 315 420

Talking Pictures

328 445 82 306

6.00 AM **Burke's Law** 4/32. (S2)
7.00 **Band of Thieves** Comedy. (1962, b/w, U, 68min) ★★
8.20 **Not So Dusty** Comedy. (1956, b/w, U, 90min) ★★
10.00 **Together** 25/26. (S2)
10.30 **The Buccaneers** 26/39. (S1)
11.05 **The Big Job** Comedy with Sid James. (1965, b/w, U, 88min) ★★
12.55 PM **The Promise** Prison drama. (1952, b/w, U, 45min) ★★★

1.55 **The Brothers** 2/10. (S1)
3.00 **Saddle Up**
3.05 **Fury at Furnace Creek** Western. (1948, b/w, U, 88min) ★★
4.50 **Saddle Up**
4.55 **Johnny Ringo** 24/38. (S1)
5.30 **Bonanza** 5/34. (S2)
6.35 **The Lone Ranger** (S1)
7.00 **Dixon of Dock Green** (S21)
8.05 **The Human Jungle** 12/13. (S1)
9.05 **Crime Story** 2/7. (S1)
10.10 **Room to Let** Thriller. (1949, b/w, PG, 70min) ★★
11.35 **Norman Wisdom: A Life**

12.25 AM **Cinebox Memories**
12.30 **Maigret** 11/13. (S1)
1.35 **Full Moon in Blue Water** Offbeat comedy drama. (1988, 15, 94min) ★★
3.30 **Separate Ways** Drama. (1981, 12, 82min) ★★★
5.25 **to 6.00** AM **Four Star Theatre**

Wednesday

Sky Sports Main Event

401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Euros** A round-up of the latest news from Euro 2024 in Germany.
10.00 **LIVE Test Cricket England v West Indies.** Coverage of the opening day of the first Test in the three-match series from Lord's. The last Test series between the teams saw the Windies claim a 1-0 victory on home soil in March 2022 following a 10-wicket victory in St George's after draws in North Sound and Bridgetown, but England will expect to fare better this time around with home advantage. *See feature, page 28.*
7.00 PM **SSN Euro Matchday** A round-up of the latest news from Euro 2024 in Germany, featuring reports from the team camps regarding the latest selection issues.
10.00 **SSN Euro Report** Catch up on all of the latest news from Euro 2024 in Germany, featuring insight from a team of reporters based in the cities where matches are taking place.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Good Morning Euros**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** With Paul Scholes. **12.30** PM With Robbie Fowler.
1.00 **Premier League Best Goals**
2.00 **Premier League Highlights**
5.00 **Premier League Review**
7.00 **Premier League Stories** A look behind the scenes of the Premier League.
7.30 **PL 100: Jimmy Floyd Hasselbaink** Top-flight goals.
8.00 **SSN Euro Matchday** A round-up of the latest news from Euro 2024 in Germany.
10.00 **SSN Euro Report** Catch up on all of the latest news from Euro 2024 in Germany.
11.00 **Class of '92: Full Time** The Class of '92 begin their eighth season as owners of Salford City.
12.00 M'T **PL Retro** Manchester United v Arsenal from 2003.
2.00 AM **Premier League Years** Memorable moments from the 2001/02 campaign.
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Legends**

Sky Sports Football

403 513 503 421 441

6.00 AM **EFL Cup Retro** Manchester United v Southampton from 2017.
8.00 **Henrik Larsson: 20 Years On**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Old Firm Derby Best Goals**
11.30 **Edinburgh Derby Best Goals**
12.00 NOON **Bundesliga Highlights Show** The latest round.
1.00 PM **WSL** Action from Brighton & Hove Albion v Manchester United.
1.30 **Women's Championship Show**
2.00 **Scottish Premiership Round-Up**
2.30 **EFL** The 2020/21 play-off finals.
5.30 **EFL Greatest Games**
6.00 **Bundesliga** Highlights.
6.30 **Bundesliga Highlights Show**
7.30 **WSL** Leicester City v Arsenal.
8.00 **Women's Championship Show**
8.30 **Scottish Premiership Round-Up**
9.00 **EFL** Huddersfield Town v Nottingham Forest in the 2022 Championship play-off final.
10.00 **EFL** The League One play-off final between Sunderland and Wycombe Wanderers from 2022.
11.00 **EFL Highlights**
12.00 M'T **EFL** Championship play-offs.
2.00 AM **EFL Rivalries**
2.30 **EFL Greatest Games**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

404 514 504 422 442

6.00 AM **Best of ICC WT20**
6.15 **The Film Room: England v West Indies** Action from 2000.
7.30 **Talking Cricket**
8.00 **Jimmy Anderson's Greatest Spells** Archive highlights.
8.45 **The Film Room: England v West Indies** Action from 2000.
10.00 **LIVE Test Cricket England v West Indies.** Coverage of the opening day of the first Test from Lord's. The last Test series between the teams saw the Windies claim a 1-0 victory on home soil in March 2022. *See feature, page 28.*
7.00 PM **Dreams of a Nation**
8.00 **Test Cricket** Recent action.
9.00 **The Film Room: England v West Indies** Action from 2000.
9.50 **Best of England v Windies**
10.00 **Test Cricket** Highlights from England v West Indies at Lord's.
11.00 **Test Cricket Bitesize**
11.15 **The Film Room: England v West Indies** Action from 2000.
11.40 **Stuart Broad: My Greatest Spells** Archive highlights.
12.00 M'T **Test Cricket**
1.00 AM **T20 Blast 2010**
4.00 **Test Cricket** Recent action.
5.00 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 515 505 423 443

6.00 AM **DP World Tour Golf**
9.00 **Chronicles of a Champion Golfer** A profile of Rory McIlroy.
9.30 **DP World Tour Golf**
10.00 **PGA Tour Golf**
11.00 **Ladies European Tour Golf**
12.00 NOON **Europe! Europe!**
2.00 PM **Open Films: Watson 1982**
3.00 **The Open: Official Films**
6.00 **Chronicles of a Champion Golfer** Profiles of leading players.
7.00 **PGA Tour: The Cut**
7.30 **European Challenge Tour Golf**
8.00 **Ladies European Tour Golf**
9.00 **DP World Tour Golf** Day four of the BMW International Open.
9.30 **PGA Tour Golf** A review of the John Deere Classic.
10.30 **European Challenge Tour Golf**
11.00 **DP World Tour Golf**
11.30 **PGA Tour: The Cut**
12.00 M'T **Ladies European Tour Golf**
1.00 AM **DP World Tour Golf**
1.30 **PGA Tour: The Cut**
2.00 **PGA Tour Golf**
3.00 **European Challenge Tour Golf**
3.30 **PGA Tour: The Cut**
4.00 **to 6.00** AM **DP World Tour Golf**

Sky Sports Tennis

407 537 520 425 445

6.00 AM **Tennis** The Charleston Open. **7.00** Libema Open men's final. **9.00** The Madrid Open finals. **11.00** The IEB+ Argentina Open.
1.00 PM **Tennis** The final of WTA event the Internationaux de Strasbourg. **3.00** The ABN AMRO Open final.
4.00 **Tennis** Libema Open men's final. **6.00** Review of the Madrid Open.
7.30 **Tennis** The Qatar Open final. **9.30** Review of the Miami Open.
10.00 **Tennis** Charleston Open final. **11.00** The ABN AMRO Open.
12.00 M'T **to 6.00** AM **Tennis**

TNT Sports 1

410 870 527 408 430

6.00 AM **Ariel Helwani Meets**
7.00 **WWE Monday Night Raw**
9.30 **Premier League Stories**
10.00 **World Championship of Legends Cricket** Highlights.
12.00 NOON **LIVE World Championship of Legends Cricket West Indies v Australia.** Coverage of the T20 match at Edgbaston, Birmingham.
4.00 PM **LIVE World Championship of Legends Cricket India v South Africa.** Coverage of the T20 fixture from Edgbaston in Birmingham.
8.30 **European Rally Championship Highlights** The Rally Estonia.
9.00 **MotoGP Highlights** Action from the Grand Prix of Germany.
10.00 **The FA Disability Cup** Action from finals at St. George's Park.
11.00 **MLB Highlights**
12.00 M'T **LIVE MLB Philadelphia Phillies v Los Angeles Dodgers.** Coverage of the National League match, staged at Citizens Bank Park. Start-time is at **12.05am**.
3.15 AM **MLB Plays of the Week**
3.45 **Badminton Weekly**
4.00 **to 6.00** AM **What Went Down: David Haye**

TNT Sports 2

411 871 528 409 431

6.00 AM **AFL** A replay of Melbourne Demons v West Coast Eagles. **8.00** Another chance to see St Kilda Saints v Sydney Swans. **10.00** Another chance to see Brisbane Lions v Adelaide Crows.
12.00 NOON **UEFA Documentaries**
1.00 PM **MLB Highlights**
2.00 **International Rugby Union** A replay of Canada v Scotland.
3.30 **The FA Disability Cup**
4.30 **Ultimate Pool** Action from the Ultimate Pool Pairs Cup Group 4.
6.00 **TNT Sports Reload**
6.30 **MLB Plays of the Week**
7.00 **LIVE MLB Chicago White Sox v Minnesota Twins.** Coverage of the American League match, which takes place at Guaranteed Rate Field. Start-time **7.10pm**.
10.15 **What I Wore** Joe Cole describes his passion for football.
10.30 **Premier League World Beaters** A look at some of the best players in the top flight.
1.00 AM **UEFA Champions League – Stories of the Finals**
1.30 **UFC Reloaded**
5.00 **UFC Fight Flashback**
5.30 **to 6.00** AM **European Rally Championship Highlights**

TNT Sports 3

417 874 529 410 432

6.00 AM **Vanarama National League** Another chance to see Southend United v Barnet. **7.30** Another chance to see Chesterfield v Solihull Moors. **9.00** Boreham Wood v York City. **10.30** A replay of Ebbsfleet United v Oldham Athletic.
12.00 NOON **Vanarama National League** Woking v Hartlepool. **1.30** PM Another chance to see Aldershot Town v Altrincham. **3.00** Eastleigh v Bromley.
4.30 **European Rally Championship Highlights** The Rally Estonia.
5.00 **WWE SmackDown Highlights**
6.00 **WWE Raw Highlights**
7.00 **Badminton Weekly**
7.15 **Major League Cricket Highlights**
7.45 **LIVE Major League Cricket San Francisco Unicorns v Texas Super Kings.** Coverage of the T20 match at Church Street Park in Morrisville, North Carolina.
11.45 **TNT Sports Cricket Reload**
12.00 M'T **WSL: Inside Pro Surfing**
1.00 AM **Badminton** Canada Open.
3.00 **MotoGP Highlights**
4.00 **Fishing: On the Bank**
5.00 **to 6.00** AM **Down the Clubhouse**

Sky Sports Action

408 517 507 426 446

6.00 AM **Fight Night International**
8.00 **NFL Highlights** Action from New York Jets v Los Angeles Chargers.
9.00 **Fight Night** A replay of Chris Billam-Smith v Richard Riakporhe.
10.00 **NFL Highlights** Action from New York Giants v Dallas Cowboys.
11.00 **Fight Night International** Jose Ramirez v Richard Commey from March 2023.
12.00 NOON **NFL Highlights**
2.00 PM **Fight Night International**
4.00 **NFL Highlights**
7.00 **Fight Night International** A replay of Shakur Stevenson v Artem Harutyunyan at Prudential Centre in Newark, New Jersey.
8.00 **NFL Highlights** Action from Buffalo Bills v Kansas City Chiefs.
9.00 **Fight Night International** Jose Pedraza v Richard Commey from August 2022 in Oklahoma.
10.00 **NFL Highlights** Action from Detroit Lions v Las Vegas Raiders. **11.00** Action from Philadelphia Eagles v Miami Dolphins.
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 AM **NFL Highlights** Minnesota Vikings v San Francisco 49ers.
2.00 **Fight Night International**
4.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 873 510 429 449

6.00 AM **Fight Night International**
8.00 **NFL Highlights**
9.00 **Tennis** The Madrid Open finals.
11.00 **Ladies European Tour Golf**
12.00 NOON **DP World Tour Golf**
12.30 PM **Chronicles of a Champion Golfer** A profile of Rory McIlroy.
1.00 **Tennis** The final of WTA event the Internationaux de Strasbourg. **3.00** The ABN AMRO Open final.
4.00 **The Open: Official Films**
5.00 **Formula 1** British Grand Prix.
6.00 **Indycar** The Honda Indy 200.
7.00 **Show Jumping** The Rolex Grand Slam from Aachen in Germany.
8.00 **Fight Night International** George Kambosos Jr v Devin Haney from June 2022.
9.00 **Show Jumping** Highlights from the Rolex Grand Slam in Germany.
10.00 **PGA Tour Golf**
11.00 **Tennis** The ABN AMRO Open.
12.00 M'T **Test Cricket**
1.00 AM **T20 Blast 2010**
4.00 **to 6.00** AM **NFL Highlights**

TNT Sports 4

421 876 530 411 434

6.00 AM **MLB Highlights**
7.00 **MotoGP Films: The Age of 27**
8.15 **MotoGP Films**
8.30 **MotoGP** Grand Prix of Germany.
12.00 NOON **MotoGP Chequered Flag**
12.45 PM **MotoGP Films**
1.00 **WNBA** Action from Indiana Fever v New York Liberty. **2.00** Highlights from Las Vegas Aces v Dallas Wings.
3.00 **MLB Classic** A look back at the 1998 World Series. **4.15** The 1973 All-Star game.
5.00 **Henley Royal Regatta**
8.00 **Ariel Helwani Meets**
9.00 **WWE Raw Highlights**
10.00 **Ultimate Pool** Action from the Ultimate Pool Pairs Cup Group 4.
11.30 **AFL** A chance to see Melbourne Demons v West Coast Eagles. **1.30** AM Another chance to see St Kilda Saints v Sydney Swans. **3.30** Another chance to see Brisbane Lions v Adelaide Crows.
5.30 **to 6.00** AM **MLB Classic**

Eurosport 1

413 868 521 412 435

6.00 AM **Cycling: Tour de France**
6.30 **Hall of Fame: Athens 2004**
7.30 **Show Jumping**
8.30 **Cycling: Tour de France**
10.00 **LIVE Cycling: Tour de France** Coverage of the 11th stage.
4.45 PM **Cycling: Women's Giro d'Italia** Action from stage four.
5.45 **Cycling: Strade Bianche**
6.00 **Olympic Games: The Power of the Olympics**
6.30 **Olympic Games Magazine**
7.30 **Golden Trail World Series**
8.00 **Cycling: Tour de France**
9.00 **Tour de France: The Breakaway**
9.30 **Cycling: Women's Giro d'Italia**
10.30 **Olympic Games**
11.00 **Cycling: Tour de France**
12.00 M'T **Tour de France: Breakaway**
12.30 AM **Tennis: Wimbledon**
2.00 **Cycling: Tour de France**
3.00 **Tour de France: The Breakaway**
3.30 **Tennis: Wimbledon**
5.00 **to 6.00** AM **Cycling: Tour de France**

Eurosport 2

414 869 522 413 436

6.00 AM **Tennis: Wimbledon**
7.30 **Cycling: Tour de France**
9.00 **World Superbikes**
11.00 **Tennis: Wimbledon**
12.30 PM **Olympic Games: Athletes to Watch**
1.00 **FIA World Endurance Championship** Recent action.
3.00 **Motocross World Championship**
5.00 **Show Jumping**
6.00 **British Superbikes**
7.00 **British Superbikes Extra**
8.00 **Climbing World Cup**
9.00 **Mountain Biking**
10.00 **Tennis: Wimbledon** Action from day 10 at the All England Club.
11.30 **World Superbikes**
12.30 AM **Cycling: Tour de France**
1.30 **Tour de France: The Breakaway**
2.00 **Hall of Fame: Beijing 2008**
3.00 **Golden Trail World Series**
3.30 **Cycling: Tour de France**
4.30 **Tour de France: The Breakaway**
5.00 **to 6.00** AM **British Superbikes Extra**

Sky Sports Arena

412 518 508 427 447

6.00 AM **Super League** Warrington Wolves v Huddersfield Giants.
8.45 **Super League Highlights** Hull FC v Hull Kingston Rovers.
9.00 **PDC Classics** Archive action.
10.00 **Fight Night International** Teofimo Lopez v Steve Claggett.
11.00 **Super League Highlights**
12.00 NOON **Super League** Another chance to see Warrington Wolves v Huddersfield Giants.
2.45 PM **Super League Highlights**
3.00 **PDC Classics** Archive highlights.
4.00 **Fight Night International**
6.00 **Super League Highlights**
7.00 **PDC Classics** Archive action.
8.00 **Super League** Warrington Wolves v Huddersfield Giants.
10.45 **Super League Highlights**
11.00 **Fight Night** Two bout replays.
1.00 AM **Super League**
3.45 **Super League Highlights**
4.15 **PDC Classics** Archive action.
5.15 **to 6.00** AM **Super League Highlights**

Sky Sports F1

406 516 506 424 444

6.00 AM **The Home of F1**
11.00 **Indycar** The Honda Indy 200.
1.30 PM **Indy NXT** From Mid-Ohio.
2.45 **Formula 1** Season highlights. **3.00** The British Grand Prix.
5.15 **Ted's Notebook**
5.45 **Formula 1** Season highlights.
6.00 **Indycar** The Honda Indy 200.
7.00 **Formula 1** British Grand Prix.
8.00 **GT World Challenge Europe**
10.00 **Formula 2** Action from the British Grand Prix sprint race.
11.05 **Formula 1** Season highlights.
11.30 **Formula 2** The British Grand Prix feature race from Silverstone.
12.45 AM **Formula 1** Season highlights.
1.00 **to 6.00** AM **The Home of F1**

SKY HD SD VIRGIN HD EE HD

Thursday

11 July

Evening Planner

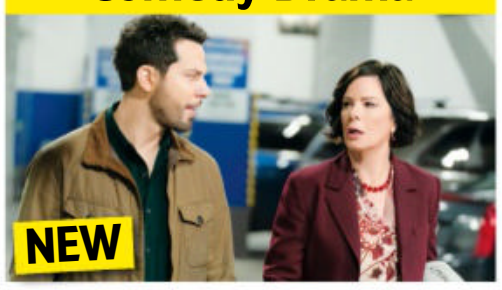
Golf

Scottish Open

Sky Sports Main Event & Golf, from 8am

Rory McIroy is due to defend his title, with home favourite and last year's second-placed Robert MacIntyre also set to play.

Comedy Drama



So Help Me Todd

Alibi, 9pm (box set, Sky/UKTV Play)

Marcia Gay Harden and Skylar Astin return in the legal drama.Todd makes the decision to set up his own PI business.

OnDemand

Disney+

Mastermind: To Think Like a Killer

Available today

Docuseries about Ann Burgess, an FBI expert on serial killers and violent offenders.

OnDemand

prime video

Sausage Party: Foodtopia

Available today

Hilarious adult animation about a group of foodstuffs trying to set up their own society.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show †	7.30 Question Time	8.15 EastEnders		9.15 A Good Girl's Guide to...		10.00 News; Local News	
102 BBC2	◂ 3.00 Wimbledon – Live: Further coverage		8.00 Today at Wimbledon		9.00 Sacred Rivers with Simon Reeve		10.00 Coupling	10.30 Newsnight
103 ITV1	◂ 6.30 News	7.30 Emmerdale		8.30 Tom Kerridge... †	9.00 Douglas Is Cancelled		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 The Supervet: Noel Fitzpatrick		9.00 George Clarke's Amazing Spaces		10.00 Outrageous Homes	
105 CHANNEL 5	7.00 Happy Campers: The Caravan Park		8.00 Supermarket Own-Brands: The Big...		9.00 Susan Calman's Grand Day Out		10.00 Stormy: The Woman Who Brought...	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 The 90s: Cinema's Greatest Decade		9.00 Film: Beverly Hills Cop II			
ENTERTAINMENT								
115 BBC3	7.00 Top Gear		8.00 Top Gear		9.00 Film: Maze Runner: The Scorch Trials			
116 BBC4	7.00 Today at the Test		8.00 Killer Storms and Cruel Winters...		9.00 Film: The Woman in Black			10.30 Mark...
118 ITV2	7.00 Wheel of Fortune		8.00 The Masked Singer US		9.00 Love Island		10.05 Tell Me Everything	
136 MORE4	◂ 6.55 Car S.O.S.		7.55 Grand Designs		9.00 Perfect Pub Walks with Bill Bailey		10.00 24 Hours in A&E	
135 E4	7.00 Hollyoaks	7.30 Come Dine...	8.00 Dance Moms		9.00 Gogglebox		10.00 Naked Attraction	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 The Rookie		10.00 The Good Doctor	
108 SKY ATLANTIC	◂ 6.45 Gomorrah		7.55 Game of Thrones		9.00 House of the Dragon		10.05 Succession	
110 GOLD	◂ 6.40 Dad's Army		8.00 The Thin Blue Line	8.40 The Vicar of Dibley	9.20 Harry Enfield and...		10.00 Paul Whitehouse's...	10.40 Fast...
111 DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Trigger Point	
120 ITV4	7.00 Tour de France Highlights		8.00 Film: Jaws: The Revenge			9.50 Film: Rocky II		
112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans: Roadrunner		10.00 South Park: The End of Obesity	
139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Stargate SG-1		9.00 Reginald the Vampire			
113 SKY MAX	7.00 Stargate SG-1		8.00 The 90s: Cinema's Greatest Decade		9.00 The Walking Dead: The Ones Who Live		10.00 The Walking Dead	
109 ALIBI	7.00 Elementary		8.00 Father Brown		9.00 So Help Me Todd		10.00 Death in Paradise	
130 SKY ARTS	7.00 Battle of the Bagpipes		8.00 The Directors		9.00 Discovering: Tom Cruise		10.00 Sherlock Holmes vs Arthur Conan...	
132 W	7.00 Tipping Point: Lucky Stars		8.00 Nick Knowles' Big House Clearout		9.00 The Gentle Art of Swedish Death...		10.00 DIY SOS: Children in Need Special	
DOCUMENTARY								
125 DISCOVERY	7.00 Kindig Customs		8.00 Bad Chad Customs		9.00 The World's Biggest Drug Lord...		10.00 Naked and Afraid XL	
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Guardians of Rescue				10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Europe from Above		9.00 Wicked Tuna		10.00 Alaska: The Next Generation	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People: Serpent Invasion		9.00 Swamp Mysteries with Troy Landry		10.00 Adventure Gold Diggers	
155 YESTERDAY	7.00 Find It, Fix It, Flog It		8.00 Bangers & Cash		9.00 Bangers & Cash: Restoring Classics			
121 SKY DOCS	7.00 Urban Secrets		7.55 Stax: Soulsville USA		9.00 JFK Revisited: Through the Looking Glass			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.15 The Great Escaper		8.00 Anyone But You				10.00 LaRoy, Texas	
302 SUPERNATURAL	◂ 6.10 The Woman in Black		8.00 Sinister				10.05 Sinister 2	
303 BEST OF 2024	◂ 5.00 Oppenheimer		8.00 The Equalizer 3				10.00 The Exorcist: Believer	
304 GREATS	◂ 6.05 The Bourne Supremacy		8.00 Jaws				10.10 No Country for Old Men	
305 ANIMATION		7.15 Surf's Up		8.50 Two by Two				10.25 Birds of a Feather
306 FAMILY	◂ 6.00 The Karate Kid			8.25 Ella Enchanted			10.15 Harriet the Spy	
307 ACTION	◂ 5.50 Black Adam		8.00 Mission: Impossible III				10.15 Inception	
308 COMEDY	◂ 6.00 Scott Pilgrim vs. the World		8.00 Miss Congeniality				10.00 Miss Congeniality 2: Armed and...	
309 THRILLER	◂ 5.55 Green Zone		8.00 Ferrari					10.25 Identity
310 DRAMA	◂ 6.15 Quartet		8.00 Catch Me If You Can					10.25 Far and Away
311 SCI-FI	◂ 6.10 After Earth		8.00 The Island					10.20 Star Trek II: The Wrath...
313 FILM4	◂ 6.45 G.I. Joe: The Rise of Cobra				9.00 A Quiet Place Part II			
SPORT								
401 MAIN EVENT	◂ 6.30 Women's International T20 Cricket – Live: England v New Zealand						10.00 PGA Tour Golf – Live	
402 PREMIER LEAGUE	7.00 PL Icons	7.30 PL Stories	8.00 SSN Euro Report					
403 FOOTBALL	◂ 6.30 Bundesliga...	7.30 WSL		8.30 SPFL Highlights	9.00 EFL			
404 CRICKET	◂ 6.30 Women's International T20 Cricket – Live: England v New Zealand						10.00 Test Cricket	
410 TNT SPORTS 1	◂ 6.00 MLB – Live: Detroit Tigers v Cleveland Guardians (Start-time 6.10)					9.15 MotoE Highlights	9.45 UFC: The Ultimate Fighter	
411 TNT SPORTS 2	◂ 6.45 World Championship of Legends Cricket							

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 | 101 | 1 | 101 | 101

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Homes Under the Hammer** New edition From Bournemouth, Glasgow and London. (S)(AD)
11.45 **Bargain Hunt** (S)(R)(AD)
12.30 PM **LIVE Wimbledon** Coverage of the 11th day of the Grand Slam tournament at the All England Club, featuring doubles action from the outside courts ahead of the ladies' singles semi-finals. (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **LIVE Wimbledon** Further coverage of day 11 from the All England Club, where the ladies' singles semi-finals take place. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.45 EastEnders

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **Question Time** Fiona Bruce chairs the topical debate, inviting a panel of politicians and other guests in Colchester to answer questions from an invited audience. (S)

8 PM

8.15 **EastEnders** Stevie makes plans to leave Walford and apologises to Billy and Teddy for everything he has done. (S)(AD)
8.45 Phil drives a wedge between himself and everyone he loves, while Peter digs into Ian's excuses. (S)(AD)

9 PM

9.15 **NEW TO BBC1 A Good Girl's Guide to Murder** 1/6. Crime drama starring Emma Myers. A student investigates a five-year-old murder-suicide case. *Previously shown on BBC3.* (S1) (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **A Good Girl's Guide to Murder** New episode 2/6. Pip and Ravi turn their attention to Andie's friends. (S1) (S)(AD)
11.20 **The Traitors US** 10/12. The prize pot is in sight as another player is banished. The Faithful seem to be closing in as doubt about one Traitor spreads among even their most ardent supporters. (S)(R)
12.20 AM **Match of the Day Top 10: Moments of Euro 2020** A look back at some of the highlights of Euro 2020. (S)
12.50 **Weather for the Week Ahead** Seven-day forecast. (S)
12.55 **to 6.00** AM **BBC News** (S)

BBC2

102 | 102 | 2 | 102 | 102

6.25 AM **FILM The Velvet Touch** Mystery drama starring Rosalind Russell as a Broadway actress who commits murder and is stricken with a guilty conscience. (S) (1948, b/w, PG, 95min) ★★
8.00 **Sign Zone: Gardeners' World** From the RHS Hampton Court Palace Garden Festival. (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Wimbledon** Clare Balding presents coverage of day 11 of the Grand Slam tournament from the All England Club, including the first ladies' singles semi-final. (S)
3.00 **LIVE Wimbledon** Further coverage of the 11th day of the third Grand Slam tournament of the year, staged on the grass-courts of the All England Club. (S)

9.00 Sacred Rivers with Simon Reeve

7 PM

LIVE Wimbledon (started at 3.00pm)

8 PM

8.00 **Today at Wimbledon** Qasa Alom presents highlights of the 11th day's play at the All England Club, including the ladies' singles semi-finals and the mixed doubles final. (S)

9 PM

9.00 **Sacred Rivers with Simon Reeve** 1/3. The adventurer visits some of the world's most famous waterways and investigates how they have shaped the lives of the people living along them, beginning with the Nile. (S)(R)

10 PM

10.00 **Coupling** Jeff worries about his pulling technique, while Julia debates the pros and cons of kissing a junior member of staff. (S)(R)
10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 **Today at the Test** England v West Indies: Highlights of the second day of the first Test in the three-match series, staged at Lord's. (S)
12.05 AM **Colin from Accounts** 2/8. Ashley leaves a mess in Gordon's sock drawer. (S1) (S)(R)(AD)
12.35 **Sign Zone: Springwatch** (S)(R)
1.35 **Sign Zone: D-Day: The Unheard Tapes** Documentary. (S)(R)(AD)
2.35 **Sign Zone: The Bidding Room** (R)
3.20 **to 6.15** AM **Previews** (S)

ITV1

103 | 103 | 803 | 103 | 3 | 103 | 103 | 103

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.00 **ITV News** (S)
1.25 **Local News** (S)
1.30 **LIVE Racing** Francesca Cumani and Ed Chamberlin present coverage of the opening day of the July Festival from Newmarket, including feature race the 3.35 Princess of Wales's Stakes, plus races at 1.50, 2.25 and 3.00. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Douglas is Cancelled

7 PM

7.30 **Emmerdale** Kim covers for Billy's absence, Manpreet tries to check how Charles is doing, and Gail seizes on an idea. (S)(AD)

8 PM

8.30 **Tom Kerridge Cooks Britain** New edition The chef cooks Steak Diane in Hexham, in the North Pennines. (S)(AD)

9 PM

9.00 **Douglas is Cancelled** New episode 3/4. When Madeline and Douglas met for the first time, the encounter took an unexpected turn. Three years later, there are explosive consequences. (S1) (S)(AD)
■ Entire series on ITVX

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Regional Programmes** See Local Variations. (S)
11.15 **FILM The Man with the Golden Gun** James Bond adventure starring Roger Moore. Agent 007 tangles with a deadly professional hit-man who uses golden bullets on his victims. With Christopher Lee. (S)(AD) (1974, PG, 125min) ★★
1.20 AM **Teleshopping**
3.00 **Tour de France Highlights** (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **The Chris McCausland Show** (S)(SL)(R)(AD)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 | 104/108 | 804 | 108 | 4 | 104 | 104/106

6.30 AM **Cheers** 20&21/25. (S3) (S)(R)
7.20 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 5-8/24. (S4) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Renovation Nation** New edition In Lincolnshire, Lucy and Seb begin work on a bathroom in their Georgian farmhouse. (S)(AD)
5.00 **A New Life in the Sun: Where Are They Now?** Willie and Paul take a swing at a new idea. (S)(R)
6.00 **Four in a Bed** The final visit is to the Cross Inn in Heptonstall. (S)(R)
6.30 **The Simpsons** *Bart's Not Dead:* Christian film producers offer the family a movie deal. (S)(R)(AD)

8.00 The Supervet

7 PM

7.00 **News** (S)

8 PM

8.00 **The Supervet: Noel Fitzpatrick** Series finale 5/5. Toy poodle Monty needs treatment for a damaged hip joint, but with few vets willing to perform such a procedure, the family hope Noel can help. (S)(AD)

9 PM

9.00 **George Clarke's Amazing Spaces** New edition A couple attempt to combine an army lorry and an old caravan to create the ultimate off-roader, and a man returns to his family's farm to build a luxury cabin. (S)(AD)

10 PM

10.00 **Outrageous Homes** Series finale 4/4. Laurence Llewelyn-Bowen meets a couple who live in a medieval would-be castle in Weston-super-Mare, and visits a house of skulls and a decadent gentleman's lodge. (S)(AD)
11.05 **Celebrity Gogglebox** (S)(R)(AD)
12.05 AM **Gogglebox** (S)(SL)(R)(AD)
1.00 **999: On the Front Line** (S)(R)
1.55 **Ramsay's Kitchen Nightmares USA** From Michigan. (S)(SL)(R)
2.45 **Super Surgeons: A Chance at Life**
3.35 **Come Dine with Me: The Professionals** (S)(R)
4.25 **Jamie's One-Pan Wonders** (S)(R)
4.50 **Food Unwrapped** (S)(R)
5.00 **Frasier** 15&16/24. (S6) (S)(R)(AD)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 | 105 | 105 | 105

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Storm Huntley** (S)
12.45 PM **Friends** (S9) (S)(R)(AD)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM PREMIERE **My Fatal Memory** Thriller starring Kate Watson and Anna Marie Dobbins. (S) (2022, 12, 100min) ★★
4.00 **Bargain-Loving Brits in the Sun** Tattoo studio owner Jackie plans to expand her portfolio by going into tea production. (S)(R)
5.00 **News** (S)
6.00 **Police Interceptors** A motorist speeds through the countryside, and an artist in a rush is clocked speeding at more than 100mph. (S)(R)
6.55 **News** (S)

8.00 Supermarket Own-Brands

7.00 **Happy Campers: The Caravan Park** New edition At Tencreek Holiday Park, ex-army sergeant Mark has arrived for a birthday getaway. (S)
7.55 **News** (S)

8.00 **Supermarket Own-Brands: The Big Taste Test** New edition Assorted luxury own-brands are put through their paces in a series of tests against the brands they are competing with. (S)

9.00 **Susan Calman's Grand Day Out** New edition In historic Nottinghamshire, Susan hears tales of superheroes, explores caves and lets off steam in an example of Victorian invention. (S)

10.00 **Stormy: The Woman Who Brought Down Trump** Documentary examining the life of adult film star Stormy Daniels, and her encounter with former US president Donald Trump. (S)(R)

12.15 AM **A Killer Makes a Call: Catch and Kill** A 19-year-old calls police to say he has stabbed a 14-year-old. (S)(R)
1.10 **PlayOJO Live Casino Show** (S)
3.10 **Great British Gardens with Carol Klein** Double bill. (S)(R)
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **House Doctor** (S)(SL)(R)
5.35 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Stop, Search, Seize** (S)(R)(AD)
9.00 **Stargate SG-1** (S4) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **MacGyver** (S3) (S)(R)
3.00 **Hawaii Five-0** (S7) (S)(R)
4.00 **S.W.A.T.** 6/22. (S5) (S)(R)(AD)
5.00 **The Simpsons** *The Burns Cage:* Homer makes it his mission to find Smithers a boyfriend. (S)(R) **5.30** *The Girl Code:* Homer gets fired from his job. (S)(R)
6.00 **The Office (US)** 19/19. Part two of two. Just as Jim is about to propose to Pam, Andy asks a question of his own. (S4) (S)(R) **6.30** 1/28. Part one of two. A weight-loss initiative causes staff to start dieting. (S5) (S)(R)

8.00 The 90s: Cinema's Greatest...

7.00 **The Simpsons** *How Lisa Got Her Marge Back:* Marge and Lisa meet a stage star when they take a trip to Capitol City. (S)(R) **7.30** *Fland Canyon:* A crisis brings the Simpson and Flanders families closer. (S)(R)

8.00 **The 90s: Cinema's Greatest Decade** Alex Zane and celebrity guests look back at the era's best films. (S)(R)(AD)

9.00 FILM **Beverly Hills Cop II** Comedy thriller sequel starring Eddie Murphy Detective Axel Foley is on the trail of a gang led by a six-foot blonde. With Judge Reinhold, Brigitte Nielsen and Jurgen Prochnow. (S) (1987, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **Ibiza Narcos** 1/3. Exploring how the island was transformed into a vibrant party capital, fuelled by a lucrative drugs trade that drew many criminals to its shores. (R)
12.00 M'T **Sex and the City** (S)(R)
1.20 AM **Brit Cops: War on Crime** (R)
2.15 **Road Wars** (S)(R)
3.10 **Hawaii Five-0** 10/25. (S7) (S)(R)
4.05 **S.W.A.T.** 6/22. (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
7.00-7.30pm River City **11.20** The Traitors US **1.20am** Weather **1.25-6.00am** BBC News
N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm The Crime I Can't Forget **11.40** A Good Girl's Guide to Murder **12.25am** The Traitors US **1.25** Match of the Day Top 10: Moments of Euro 2020 **1.55-6.00am** BBC News
WALES
Sky **965**, Virgin **864**, Freesat **965**
10.40pm Rewind: 60 Years of Welsh Pop **11.10** A Good Girl's Guide to Murder **11.50pm-12.50am** The Traitors US

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations
WALES Sky **968**, Freesat **968**
No variations

ITV1

ANGLIA
10.45-11.15pm Anglia Late Edition
BORDER/TYNE TEES
10.45-11.15pm Around the House
LONDON
10.45-11.15pm The Late Debate
CENTRAL
10.45-11.15pm Central Lobby
GRANADA
10.45-11.15pm The Granada Debate
MERIDIAN
10.45-11.15pm Last Word
WALES
8.30-9.00pm Wales This Week: Election 2024, What It All Means **10.45-11.15pm** Tom Kerridge Cooks Britain
WEST/WESTCOUNTRY
10.45-11.15pm The Westcountry Debate
YORKSHIRE
10.45-11.15pm Last Orders

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion **12.05pm** Bois y Rhondda **12.30** Y Byd ar Bedwar **1.00** Prynhawn Da **1.55** Newyddion **2.00** LIVE Seiclo: Tour de France **4.40** Sali Mali **4.45** Crads Bach y Traeth **4.50** Sion y Chef **5.00** Stwnsh **6.00** Dan Do **6.15** LIVE Sgorio **8.30** Rownd a Rownd **9.00** Newyddion **9.30** Seiclo: Tour de France **10.00** Sgwrs Dan y Lloer **11.00-11.35pm** Cais Quinnell

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 | 107/113 | 23 | 107 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** The trio travel to Italy to test high-performance hatchbacks.
7.55 **The Catch Up**
8.00 **Top Gear** Rowan Atkinson takes the wheel of the Reasonably Priced Car.
9.00 FILM **Maze Runner: The Scorch Trials** Sci-fi adventure sequel starring Dylan O'Brien. The children who escaped from a labyrinth journey through a dangerous wasteland. (2015, 12, 131min) ★★★
11.05 **Man Like Mobeen** 1/4. Sitcom about a reformed drug dealer, with Guz Khan. **11.25** 2/4. The reformed drug dealer considers an arranged marriage. (S1)
11.50 **Paddy & Molly: Show No Mersey** Paddy discovers a serious shoulder injury. **12.20** AM Molly trains in Liverpool for the last time before her fight in Vegas.
12.50 AM **Top Gear** As 7.00pm.
1.50 **Man Like Mobeen**
2.35 **to 3.55** AM **A Good Girl's Guide to Murder**

BBC4

116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Today at the Test** England v West Indies: Highlights of day two of the first Test in the three-match series, staged at Lord's.
8.00 **Timewatch: Killer Storms and Cruel Winters – The History of Extreme Weather** 2/6. The UK's worst weather disasters.
9.00 FILM **The Woman in Black** Supernatural chiller starring Daniel Radcliffe. A widowed solicitor sees a mysterious veiled figure when he visits a gloomy mansion. (2012, 12, 91min) ★★★★
10.30 **Mark Kermode's Secrets of Cinema: Horror** The critic dissects the genre.
11.30 **Talking Books**
11.55 **The Sky at Night**
12.25 AM **Timewatch: Killer Storms and Cruel Winters – The History of Extreme Weather**
1.25 **Full Circle with Michael Palin** The Peruvian rainforest.
2.15 **to 3.15** AM **Sleuths, Spies & Sorcerers: Andrew Marr's Paperback Heroes**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **Food Unwrapped**
9.30 **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** Five editions from Brighton.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Chateau DIY** Ben and Vanessa rush to finish a gin bar housed in an old garage.
6.55 **Car S.O.S** Tim and Fuzz restore a Singer Le Mans sports car for a farmer suffering from dementia.
7.55 **Grand Designs Revisited** Kevin McCloud returns to Gloucestershire to see the progress made by Jon and Noreen, who set out in 2013 to build a three-bed treehouse on a budget of £250,000.
9.00 **Perfect Pub Walks with Bill Bailey** Bill and comedian and writer Paul Merton walk the South West Coast Path on Dorset's Jurassic Coast.
10.00 **24 Hours in A&E** An 83-year-old is brought into resus after falling off his roof. **11.05** A 12-year-old is airlifted to St George's after he is struck by a motorcycle.
12.05 AM **999: On the Front Line** A man who has overdosed in a public toilet.
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 21-24/24. (S6)
2.00 PM **The Goldbergs**
3.00 **Modern Family**
4.00 **Young Sheldon**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** An expectant mum fears for her safety.
7.30 **Come Dine with Me Paralympics Special** Wheelchair basketball star Amy Conroy hosts a night fit for historical heroes.
8.00 **Dance Moms** Abby Lee Miller recalls the worst to the best dance performance.
9.00 **Gogglebox** Opinions on *I'm a Celebrity... Get Me Out of Here!* and *Miriam and Alan: Lost in Scotland.*
10.00 **Naked Attraction** Singletons from London and Liverpool look for love.
11.05 **First Dates**
12.05 AM **The Big Bang Theory**
1.05 **Rick and Morty**
1.35 **Smiling Friends** Series finale 8/8. (S2)
1.50 **Smiling Friends**
2.05 **Brooklyn Nine-Nine**
2.55 **Dance Moms**
3.45 **Modern Family**
5.00 **to 6.00** AM **The Neighborhood**

+1 hour 235/236 | 306 | 30 | 123

Thursday primetime

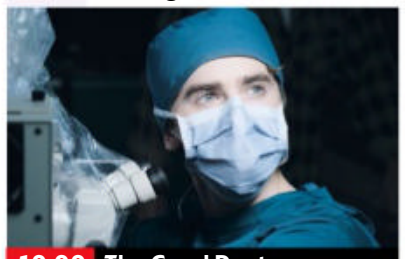
THURSDAY Entertainment

Thursday

Sky Witness

107 807 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
9.30 **Caught Red Handed**
11.00 **Blue Bloods** 1/21. (S13)
12.00 NOON **New Amsterdam** (S5)
1.00 PM **Chicago Fire** 3/22. Griffin learns the truth about his father's death. (S10)
2.00 **FBI: Most Wanted** 11/22. The team investigate an explosion at an energy plant. (S4)
3.00 **Customs UK**
4.00 **Nothing to Declare**



10.00 The Good Doctor

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Blue Bloods** *First Blush:* 2/21. Frank announces he will not be endorsing Erin's run for district attorney. (S13)

9 PM

9.00 **The Rookie** New episode *Trouble in Paradise:* 3/10. Nolan and Bailey's honeymoon turns into a crime scene. (S6)

10 PM

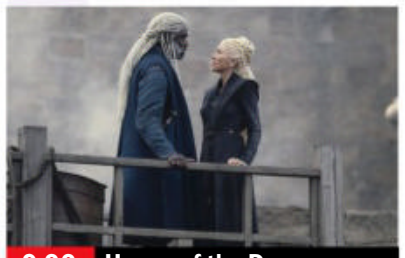
10.00 **The Good Doctor** *Pipes:* 4/18. The team wade into murky legal waters regarding a new patient. (S1)
11.00 **Chicago Fire** 8/22. Severide and Herrmann clash over office space. (S10)
12.00 M'T **For Life** 2/13. (S1)
1.00 AM **FBI: Most Wanted** (S1)
2.00 **The Force: North East**
4.00 **Paramedics**
5.00 **to 6.00** AM **Sun, Sea and A&E**

+1 hour 207 310

Sky Atlantic

108/109 808 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
7.55 **Six Feet Under** (S3&4)
10.05 **Gomorrah** 10&11/12. (S3)
12.15 PM **Game of Thrones** (S2)
1.20 **The Sopranos** 8&9/13. (S5)
3.30 **Six Feet Under** 2/12. Keith starts work as a bodyguard. **4.35** 3/12. Claire discovers Edie is a lesbian. (S4)
5.40 **Gomorrah** 12/12. Ciro, Genny and Enzo agree a treaty with the Confederati. Subtitled. (S3) **6.45** 1/12. Genny turns to the Levante family for help. (S4)



9.00 House of the Dragon

7.55 **Game of Thrones** *The Night Lands:* 2/10. Theon is reunited with his father on the Iron Islands, and Stannis makes plans for a naval invasion. (S2)

9.00 **House of the Dragon** 4/8. Fantasy set 200 years before the events of *Game of Thrones*. Stars Matt Smith. (S2)

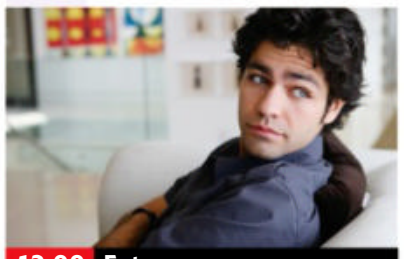
10.05 **Succession** *Mass in Time of War:* 2/9. Kendall tries to find more allies in his fight to take over control of Waystar. (S3)
11.15 **Winning Time: The Rise of the Lakers Dynasty** (S1)
12.25 AM **Watchmen** 4/9. Lady Trieu finally appears. (S1)
1.30 **The Leftovers** 1/10. (S1)
2.50 **Game of Thrones** As 7.55pm.
4.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 813 111 346 361

6.00 AM **NCIS: Los Angeles** (S14)
7.00 **SEAL Team** 13/22. (S2)
8.00 **The Flash** 20/20. (S8)
9.00 **Stargate SG-1** (S4)
11.00 **NCIS: Los Angeles** (S14)
12.00 NOON **The Flash** 2/13. (S9)
1.00 PM **MacGyver** 1&2/22. (S3)
3.00 **Hawaii Five-0** 10/25. (S7)
4.00 **S.W.A.T.** 6/22. (S5)
5.00 **SEAL Team** 12/22. The unit try to rescue an American who married an ISIS leader. (S2)
6.00 **Stargate SG-1** 15/22. General Hammond makes a shock announcement. (S4)



12.00 Entourage

7.00 **Stargate SG-1** *2010:* 16/22. Carter uncovers the truth behind an alien race that gave Earth a cure for cancer. (S4)

8.00 **The 90s: Cinema's Greatest Decade** Alex Zane and celebrity guests look back at the era's best films.

9.00 **The Walking Dead: The Ones Who Live** *The Last Time:* 6/6. The CRM plan to declare martial law. (S1)

10.00 **The Walking Dead** *Us:* 15/16. Glenn and Tara are determined to reach Terminus, but Abraham is reluctant. (S4)
11.00 **Last King of the Cross** 2/10. John begins to turn his dreams of being a nightclub owner into a reality. (S1)
12.00 M'T **Entourage** 9&10/12. (S4)
1.00 AM **Brit Cops: War on Crime**
2.00 **Road Wars**
3.00 **Hawaii Five-0** 10/25. (S7)
4.00 **S.W.A.T.** 6/22. (S5)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 816 115 6 113

6.00 AM **CITV**
9.00 **World's Funniest Videos**
9.30 **Totally Bonkers Guinness World Records**
10.00 **Love Bites** Double bill.
12.00 NOON **Dress to Impress**
1.00 PM **Wheel of Fortune**
2.00 **Supermarket Sweep**
3.00 **Charmed** 9/22. (S1)
4.00 **Dawson's Creek** 9/23. (S4)
5.00 **Dress to Impress**
6.00 **Celebrity Catchphrase** With Richard Blackwood, Julia Bradbury and Roman Kemp.

10.05 Tell Me Everything

7.00 **Wheel of Fortune** Graham Norton hosts the game show as three contestants compete to solve word puzzles.

8.00 **The Masked Singer US** New edition Featuring Grammy winner Jewel, *NSYNC's Lance Bass and actor Kate Flannery.

9.00 **Love Island** New edition As week six of the show continues, the contestants keep their eyes firmly on the £50,000 prize.

10.05 **Tell Me Everything** Series finale 6/6. Jonny fights to win Bex back, and Dylan faces a big decision. (S2)
11.05 **Family Guy** 23/23. Joe cheats on Bonnie after bad advice. **11.35** 17/23. The boys have their memories erased. (S10)
12.05 AM **American Dad!** (S8&7)
1.05 **Don't Hate the Playaz**
1.45 **Shopping with Keith Lemon**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 117 10 115

6.00 AM **Classic Emmerdale**
7.35 **Classic Coronation Street**
8.05 **Agatha Christie's Poirot**
10.30 **The Royal** As 11.55pm.
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
3.15 **Classic Coronation Street**
3.50 **Inspector Morse** *Cherubim and Seraphim:* The detective is led into the world of teenage rave parties and drug-taking while investigating a suicide.
6.00 **Heartbeat** *Vendetta:* Blaketon offers to help in the search for a woman's missing son.

8.00 Vera

7.00 **Heartbeat** *Sleeping Dogs:* A face from the dead returns as Bernie prepares to receive his inherited fortune.

8.00 **Vera** *Sandancers:* The detective investigates a suspicious death in an army barracks that was made to look like suicide, and uncovers an event nobody wants to discuss. Guest stars John Duttine.

10.00 **Trigger Point** 3/6. A journalist is sent a suspicious package suggesting a new bomb is set to explode. (S2)
11.00 **Trigger Point** 4/6. Alex has information about an attack planned for that day. (S2)
11.55 **The Royal** *Waifs and Strays:* Mr Rose and Dr Ormerod visit a hippie commune.
12.45 **to 2.30** AM **Upstairs, Downstairs**

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
8.00 **Beechgrove Garden** New edition Horticultural tips.
8.30 **Hidden Lives** 2/6. Peter Ross heads to the Bo'ness Fair.
9.00 **Noteworthy with Chris McQueer** The author explores the stories behind the faces on Scotland's banknotes, including missionary and women's rights campaigner Mary Slessor and World War One medic Dr Elsie Inglis.
10.00 **The Karen Dunbar Show** 1/6. Sketch show.
10.30 **The Firm** 7/8. The Sheku Bayoh inquiry focuses on cause of death.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files: Cold Cases** The cost of human error in an investigation.

Sky Comedy

114/115 814 112 347 362

8.00 AM **Will & Grace** (S7)
9.00 **American Auto** (S2)
10.00 **Sort Of** (S3)
10.30 **Vice Principals** (S1)
11.40 **Ballers** 9&10/10. (S3)
12.50 PM **Eastbound & Down**
2.10 **Vice Principals** (S2)
3.20 **Ballers** 1&2/9. (S4)
4.30 **Sort Of** (S3)
5.00 **Will & Grace** (S7)
6.00 **The Office (US)** (S4&5)
7.00 **American Auto** (S2)
8.00 **Will & Grace** 5/22. Harlin forces the reluctant flatmates to get involved in Halloween. **8.30** 6/22. A concerned Grace starts keeping tabs on Will, who is hiding something. (S1)
9.00 **And Just Like That...**
10.40 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.40 **Sex and the City** (S6)
12.55 AM **Girls** 5&6/10. (S1)
2.05 **Hello Ladies** (S1)
3.50 **to 5.00** AM **Eastbound & Down**

Sky Arts

130/131 826 123 36 147 365

6.00 AM **André Rieu & the Dutch Royal Family**
8.00 **Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Joy of Painting**
1.00 PM **Tales of the...**
2.00 **The South Bank Show Originals** Double bill.
3.00 **Hepworth**
4.00 **Discovering**
5.00 **Joy of Painting**
6.00 **Tales of the Unexpected**
7.00 **Battle of the Bagpipes**
8.00 **The Directors**
9.00 **Discovering: Tom Cruise**
10.00 **Sherlock Holmes vs Arthur Conan Doyle**
11.00 **Comedy Legends**
12.00 M'T **The Pilgrimage of Gilbert & George**
2.00 AM **Burning Man: Art on Fire** Documentary.
3.15 **Auction**
3.45 **National Trust: National Treasures**
5.00 **to 6.00** AM **The Art of Architecture**

Sky Mix

151 135 11 144

7.00 AM **Border Security: Canada's Front Line**
8.00 **Nothing to Declare**
9.00 **Motorway Patrol**
10.00 **Highway Patrol**
11.00 **Stop, Search, Seize**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Border Security: Canada's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S5)
5.00 **Star Trek: Enterprise**
6.00 **Star Trek: Deep Space Nine** 18/20. (S1)
7.00 **Star Trek: Voyager**
8.00 **Hawaii Five-0** (S1)
9.00 **S.W.A.T.** 16/18. (S4)
10.00 **The Twilight Zone** (S2)
11.00 **World's Most Evil Killers** Patrick Kearney.
12.00 M'T **Grimm** 3/13. (S6)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 119 28 119

7.05 AM **Sugar Showdown**
7.35 **The Real Housewives of Cheshire** Reality series.
8.35 **Masters of Flip**
9.35 **Buying and Selling**
10.35 **The Real Housewives of Cheshire** Reality series.
11.35 **The Real Housewives of New Jersey**
12.30 PM **Real Housewives of Orange County**
1.20 **The Only Way Is Essex**
2.05 **Dinner Date**
3.05 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of Salt Lake City** New edition The ladies are unsure about a trip for Monica's birthday.
6.00 **Masters of Flip**
7.00 **Million Dollar Listing: LA**
8.00 **Dinner Date**
9.00 **Botched** Double bill.
10.55 **The Only Way Is Essex**
11.40 **Singletown**
12.45 **to 1.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 170 50

8.00 AM **Highway to Heaven**
9.00 **Diagnosis Murder**
11.00 **Castle** 5&6/23. (S4)
1.00 PM **Sue Thomas: F.B.Eye** 15/19. (S2)
2.00 **Father Dowling Mysteries** 3/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 15–18/24. (S3)
9.00 **The Avengers** *The £50,000 Breakfast:* 19/25. The death of a ventriloquist leads to the discovery that he was carrying a collection of gems in his stomach. (S5)
10.00 **Randall and Hopkirk (Deceased)** *The Man from Nowhere:* 15/26. (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S3)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **Return of the Saint**
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257 62

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 118 26 117

6.00 AM **Derby Through the Years**
6.15 **Minder**
7.20 **The Professionals**
8.20 **Dempsey and Makepeace**
9.25 **Magnum, PI**
10.25 **Kojak**
11.30 **Made in Britain**
12.00 NOON **BattleBots**
1.00 PM **Tour de France Highlights**
2.00 LIVE **Tour de France** Coverage of the 12th stage.
5.00 **Great Racehorses**
5.25 **Mr Bean**
5.55 **BattleBots**

8.00 Jaws: The Revenge

7.00 **Tour de France Highlights** Gary Imlach presents highlights of stage 12, from Aurillac to Villeneuve-sur-Lot.

8.00 FILM **Jaws: The Revenge** Action thriller sequel starring Lorraine Gary and Michael Caine. The small town of Amity is terrorised once again by a man-eating shark. (1987, 12, 100min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 FILM **Rocky II** Drama sequel starring Sylvester Stallone. Rocky steps back into the ring for a rematch against the world heavyweight champion. With Carl Weathers. (1979, PG, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

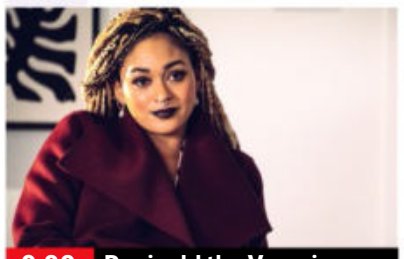
12.10 AM **The Professionals** *The Female Factor.*
1.10 **Minder**
2.05 **Auto Mundial**
2.35 **to 3.00** AM **Motorsport Mundial**

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Warehouse 13** 6/6. (S5)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 4&5/26. (S7)
3.00 **Warehouse 13** 6/6. (S5)
4.00 **Star Trek: Enterprise** (S1)
5.00 **Star Trek: Voyager** 5/26. A second-hand space shuttle transforms into a woman. (S6)
6.00 **Star Trek: The Next Generation** 4/26. Picard fails to return from an archaeological trip. (S7)



9.00 Reginald the Vampire

7.00 **Star Trek: The Next Generation** *Gambit – Part Two:* 5/26. Riker wins the mercenaries' confidence. (S7)

8.00 **Stargate SG-1** *Fire and Water:* 13/22. The team return from an expedition with the news that Jackson has been killed. (S1)

9.00 NEW SERIES **Reginald the Vampire** *The Pompatus of Love:* 1/10. Return of the comedy starring Jacob Batalon.

10.00 **Reginald the Vampire** New episode *30 Days:* 2/10. A charming feline attends a council meeting as a representative. (S2)
11.00 **Wynonna Earp** 10/12. The Widows and their poison plague grow in power. (S2)
12.00 M'T FILM **America Is Sinking** Adventure starring Johnny Pacar. (2023, 12, 80min) ★★
2.00 AM **Blood & Treasure** (S1)
3.00 **Star Trek: The Next Generation** 4&5/26. (S7)
5.00 **to 6.00** AM **Most Haunted**

Alibi

109/110 809 114 343 358

7.15 AM **Murdoch Mysteries** (S7)
9.00 **The Doctor Blake Mysteries**
10.00 **Elementary** 1/24. (S3)
11.00 **Hudson & Rex** 2/16. (S1)
12.00 NOON **Father Brown**
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S7)
4.00 **Elementary** 1/24. (S3)
5.00 **Father Brown** *The Smallest of Things:* The sleuth investigates the macabre world of doll's house crime scenes.
6.00 **Hudson & Rex** 2/16. The duo unravel a conspiracy within the city's parkour community. (S1)

9.00 So Help Me Todd

7.00 **Elementary** *When Your Number's Up:* 15/24. The duo hunt for a killer who leaves wads of cash on his victims. (S3)

8.00 **Father Brown** *The Angel of Mercy:* The priest is suspicious when Mrs McCarthy's friend dies in her sleep.

9.00 NEW SERIES **So Help Me Todd** *Iceland was Horrible:* 1/10. Drama. *See feature, page 12.* (S2)
■ Full series on UKTV Play

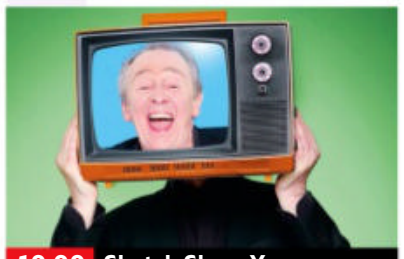
10.00 **Death in Paradise** *Man Overboard – Part Two:* 6/8. The detectives find themselves with two murders to solve. (S6)
11.00 **Elementary** As 7.00pm.
12.00 M'T **CSI: Vegas** 9/21. The CSI team uncover a shocking link between their murders of two Regency Romantic Festival attendees. (S2)
12.55 AM **Murdoch Mysteries** (S7)
2.50 **to 4.00** AM **The Gulf**

+1 hour 209/210 314

GOLD

110/111 810 124 344 359

7.10 AM **Highlights**
9.20 **My Hero**
10.00 **Are You Being Served?**
10.40 **Still Open All Hours**
11.20 **Last of the Summer Wine**
12.40 PM **The Green Green Grass**
1.20 **My Hero**
2.00 **Still Open All Hours**
2.40 **Dad's Army**
3.20 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **Still Open All Hours**
6.00 **The Green Green Grass**
6.40 **Dad's Army**



10.00 Sketch Show Years

7.20 **Dad's Army** Walmington-on-Sea's power and communications services are cut off.

8.00 **The Thin Blue Line** A bank raid leaves Grim a happy man.
8.40 **The Vicar of Dibley** Local election fever hits and Geraldine finds she is the leading candidate.
9.20 **Harry Enfield and Chums** Stan and Pam flash their cash in Spain.

10.00 **Paul Whitehouse's Sketch Show Years** New edition The 1990s.
■ Full series on UKTV Play
10.40 **The Fast Show** Comedy sketch show.
11.20 **The Fast Show: Just a Load of Blooming Catchphrases**
1.20 AM **Bottom** The bachelors hear of a fixed horse race.
2.00 **Harry Enfield and Chums**
2.30 **The Fast Show** As 10.40pm.
3.15 **to 4.00** AM **Bottom**

+1 hour 210/211 324

Dave

111/112 811 127 19 157

7.10 AM **Whose Line Is It Anyway? USA** Double bill.
8.00 **Border Force: America's Gatekeepers** Documentary.
9.00 **Top Gear USA Special**
10.00 **Top Gear** Double bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **James May's 20th Century** Double bill.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** Dave and Si go on a culinary journey around Asia, beginning in Hong Kong.
6.00 **Rick Stein's Spain** From Seville.

7.40 House of Games

7.00 **Would I Lie to You?** With Clara Amfo, Tom Davis, Shaun Ryder and Henning Wehn.
7.40 **Richard Osman's House of Games** With Philippa Perry and Luke Kempner. **8.20** Guests include Anna Richardson, Sindhu Vee and Tom Rosenthal.

9.00 **QI XL** Guests Sandi Toksvig, Ronni Ancona and Jack Dee join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Jack Dee hosts the satirical quiz, with Dehenna Davison and Emmanuel Sonubi.
11.00 **Taskmaster** Frank Skinner takes a boulder onto a train.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
1.20 **QI XL** As 9.00pm.
2.30 **Room 101** With Rob Delaney.
3.00 **to 4.00** AM **Whose Line Is It Anyway? USA**

+1 hour 211/212 327 57

Thursday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 143 49 127

9.00 AM **Car S.O.S**
10.00 **Renovation Nation**
11.00 **A Place in the Sun**
12.00 NOON **A New Life in the Sun: Where Are They Now?**
1.00 PM **Frasier** (S3)
2.30 **Help! We Bought a Village** From France.
3.30 **Come Dine with Me** From south London.
6.00 **A Place in the Sun**
7.00 **Bake Off – The Professionals: The Final**
9.00 **Super Surgeons: A Chance at Life** The surgeons tackle tumours in tough places.
10.00 FILM **The French Dispatch** Wes Anderson's anthology drama with Bill Murray. (2020, 15, 108min) ★★★★★
12.15 AM **Guy Martin's Lost WW2 Bomber**
1.45 **Outrageous Homes**
2.50 **Britain's Most Expensive Houses**
3.55 **to 4.55** AM **24 Hours in A&E**

5USA

141/169 120/162 21 129

9.00 AM **NCIS** (S20)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Good Samaritan:* 14/23. Three similar execution-style killings take place. **7.00** *Enigma:* 15/23. Gibbs's former commanding officer is accused of murder. **8.00** *Bete Noire:* 16/23. Ducky, Gerald and Kate are taken hostage by a gunman. Guest stars Alan Dale. (S1)
9.00 **Blue Bloods** *Excessive Forces:* 4/22. Danny is charged with using excessive force. (S5)
10.00 **Law & Order: Special Victims Unit** *Users:* 7/24. A photo of a murder scene is leaked. (S11)
11.00 **Law & Order: Special Victims Unit** (S11 & 10)
1.55 AM **Law & Order** (S5)
3.00 **The Blacklist** 17/23. (S3)
3.50 **to 4.00** AM **Entertainment News**

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops: Give Me My Car Back!**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark** A man arrives with a high heart rate.
10.00 **Trauma Room One**
11.00 **Ambulance: Code Red**
12.00 M'T **Skin A&E**
1.00 AM **It's Your Fault I'm Fat** A man tries to reduce his intake of fast food.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **GPs: Behind Closed Doors** Medical series.
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 141

5Action

150 130 33 132

9.00 AM **Entertainment News**
9.05 **Car Pound Cops**
9.35 **Outback Truckers**
10.35 **Traffic Cops**
11.35 **Police Interceptors**
12.35 PM FILM **The Gunfight at Dodge City** Western with Joel McCrea. (1958, PG, 81min) ★★★
2.15 FILM **Gunpoint** Western drama. (1966, U, 86min) ★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Trucking Heavy** New edition Truckers move a 63-ton train track tamping machine.
10.00 **Outback Truckers** New edition Graham faces storms and grass fires moving a railway.
11.00 **Warship: Life at Sea**
12.00 M'T **Deadliest Weather: Caught on Camera**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

W

132/133 827 125 25 156

6.10 AM **Tipping Point: Lucky Stars** Game show.
7.00 **MasterChef Australia**
8.00 **Tipping Point: Lucky Stars** Triple bill.
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point: Lucky Stars** Double bill.
3.00 **Tipping Point**
4.00 **My Dream Home**
6.00 **Tipping Point: Lucky Stars** Double bill.
8.00 **Nick Knowles' Big House Clearout**
9.00 NEW SERIES **The Gentle Art of Swedish Death Cleaning** The Death Cleaners help people organise their homes and lives.
10.00 **DIY SOS: Children in Need Special**
11.15 **Killer Women with Piers Morgan**
12.20 AM **First Responders**
1.25 **19 Kids and Counting**
2.15 **to 3.00** AM **Jo Frost: Nanny on Tour**

+1 hour 232/233 325

Drama

143 116 20 158

7.10 AM **London's Burning**
8.00 **Doctors**
9.20 **Classic Holby City**
10.40 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **London's Burning**
3.00 **Born and Bred**
4.20 **Tenko**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **Are You Being Served?**
7.20 **Last of the Summer Wine** Classic sitcom.
8.00 **Father Brown**
9.00 **A Small Light** Series finale *Legacy:* 8/8. Miep fights to keep Otto's business running in the hope the Franks will return. (S1)
■ Full series on UKTV Play
10.10 **New Tricks**
11.30 **Soldier, Soldier**
12.40 AM **Footballers' Wives**
1.40 **Born and Bred**
2.50 **to 4.00** AM **Classic Holby City**

+1 hour 243 316 60

THURSDAY Entertainment

Thursday

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Devon.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **The Edinburgh Auction House** Double bill.
1.00 PM **Money for Nothing**
2.00 **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Paul Laidlaw and Claire Rawle arrive in Sunderland. **8.00** Paul and Claire head to auction in Beverley, East Yorkshire.
9.00 **Who Do You Think You Are?** Judi Dench looks into her family history.
10.00 **Alex Polizzi: The Fixer**
11.30 **Ghost Bait**
12.00 M'T **Unexplained: Caught on Camera**
1.00 AM **Paranormal: Caught on Camera**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Dr Jeff: Rocky Mountain Vet**

Challenge
145 139 48 146

7.00 AM **The Chase** Triple bill.
10.00 **Weakest Link**
11.00 **Pointless Celebrities**
12.00 NOON **Play Your Cards Right** Double bill..
1.00 PM **Bridge of Lies**
2.00 **Classic Who Wants to Be a Millionaire?** Quiz.
3.00 **Catchphrase**
4.00 **Blockbusters**
5.00 **Bullseye** Four editions of the darts-based quiz.
7.00 **Play Your Cards Right** Double bill of the game show with Bruce Forsyth.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **Cash Trapped**
2.00 **The Chase** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 426 42

8.00 AM **Coast Guard Alaska**
9.00 FILM **Collision Course** Thriller with Tia Carrere. (2012, PG, 90min) ★★
10.50 **Battle Honours**
12.00 NOON **Wild West...**
1.00 PM FILM **The Walking Hills** Western. (1949, b/w, PG, 78min) ★★★
2.45 FILM **Hellgate** Western. (1952, PG, 87min) ★★
4.35 **Wild West Chronicles**
5.05 FILM **Christmas Truce** Drama. (2015, PG) ★★
7.05 FILM **Asteroid-a-geddon** Action thriller. (2020, PG, 90min) ★★
9.00 FILM **The Ballad of Lefty Brown** Western. (2017, 15, 111 min) ★★★
11.20 FILM **The Foreigner** Thriller. (2003, 15) ★
1.25 AM FILM **How I Spent My Summer Vacation** (2012, 15) ★★★★
3.30 **War Machines**
4.30 **to 5.00** AM **Wild West Chronicles**
+1 hour 324

GREAT! movies
321 425 34

9.00 AM FILM **Left for Dead** Thriller. (2014, PG) ★
11.00 FILM **Deadly Switch** Thriller. (2019, PG) ★★
12.55 PM FILM **The Wrong Daughter** Thriller. (2018, 12, 89min) ★★
3.00 FILM **Living with the Enemy** Crime thriller. (2005, PG, 86min) ★★
4.55 FILM **The Philadelphia Experiment** Thriller. (2012, 15, 89min) ★★
6.55 FILM **Tracker** Drama. (2010, 12, 101 min) ★★★
9.00 FILM **King Arthur** Action adventure starring Clive Owen and Keira Knightley. (2004, 12, 126min) ★★★
11.30 FILM **Badland** Western. (2019, 12, 107min) ★★
2.00 AM FILM **The Forger** Crime action thriller. (2012, 12, 90min) ★★
4.00 **to 6.00** AM FILM **The Midwife's Deception** Thriller. (2018, PG) ★★
+1 hour 322

GREAT! romance
319 424 52

8.00 AM FILM **Love Hacks** Drama. (2022, PG) ★★
10.00 FILM **Planning for Joy** Comedy. (2022, PG) ★★
12.00 NOON FILM **Shifting Gears** (2024, U) ★★
2.00 PM FILM **Love Upstream** Comedy. (2021, PG, 85min) ★★
4.00 FILM **Love By Chance** Romantic comedy. (2016, PG, 90min) ★★
6.00 FILM **Matching Hearts** Romantic drama. (2020, PG, 100min) ★★
8.00 FILM **This Little Love of Mine** Romantic drama. (2021, U, 91 min) ★★
9.50 FILM **One of a Kind Love** Romantic drama. (2021, PG, 90min) ★★
12.00 M'T **Highway to Heaven**
1.00 AM FILM **The Seven Year Hitch** Comedy. (2012, PG, 88min) ★★
3.00 **to 5.00** AM FILM **Romance Retreat** Comedy. (2019, PG) ★★
+1 hour 320 63

GREAT! real
189 61

9.00 AM **The Embassy**
11.00 **Police Ten 7**
1.00 PM **Airline USA**
2.00 **Coast Guard Pacific Northwest**
3.00 **The People's Vet**
4.00 **Heathrow: Britain's Busiest Airport**
5.00 **Airline USA**
6.00 **Emergency Rescue: Air, Land & Sea** Humberside Search and Rescue Team help a woman who has fallen. **7.00** A team race to help two injured crewmen. **8.00** Helping a man with a serious injury. **9.00** Falmouth Coastguard Rescue Teams help a woman after she has a fall.
10.00 **Code 1: Extreme**
11.00 **Police Ten 7**
1.00 AM **Cops Uncut**
2.00 **Coast Guard Alaska**
4.00 **to 5.50** AM **Police Ten 7**
+1 hour 289

DMAX
159 169 39 150

6.00 AM **Alaska: The Last Frontier** Documentary
7.00 **Building Off the Grid**
8.00 **Aussie Gold Hunters**
9.00 **Deadliest Catch**
11.00 **Building Off the Grid**
12.00 NOON **Alaska: Homestead Rescue**
1.00 PM **Outback Opal Hunters** Documentary
2.00 **Gold Divers**
4.00 **Richard Hammond's Workshop** A Morris 8.
5.00 **Kindig Customs**
6.00 **Deadliest Catch**
7.00 **Alaska: Last Frontier**
8.00 **Outback Opal Hunters**
9.00 **Paranormal: Caught on Camera**
10.00 **Portals to Hell**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
1.00 AM **Yukon Men**
2.00 **Teleshopping**
4.00 **Building Alaska**
5.00 **to 6.00** AM **Maine Cabin Masters**
+1 hour 259 369 151

Food Network
140/141 190 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Jamie Oliver: Together**
9.00 **James Martin's...**
10.00 **Tom Kerridge More Sunday Lunch**
11.00 **Ainsley's Good Mood Food** Dairy products.
12.00 NOON **Great British...**
2.00 PM **James Martin's...**
3.00 **The Hairy Bikers...**
4.00 **The Pioneer Woman**
5.00 **Girl Meets Farm**
6.00 **James Martin's American Adventure**
7.00 **Great British Bake Off**
8.00 **The Hairy Bikers' Food Tour of Britain**
9.00 **Adam Eats Britain**
10.00 **Nigella Bites**
11.00 **Diners, Drive-Ins and Dives** Double bill.
12.00 M'T **Grocery Games**
1.00 AM **Restaurant: Impossible** In Florida.
2.00 **to 3.00** AM **Diners, Drive-Ins and Dives**
+1 hour 240/241 149

Legend
148 149 41 137

8.00 AM **Walker, Texas Ranger** 19/27. (S4)
9.00 **Airwolf** 13/22. (S3)
10.00 **Mission: Impossible**
11.00 FILM **Gunfighters** Western. (1947, PG) ★★
12.45 PM FILM **The Professionals** Western adventure. (1966, PG, 117min) ★★★★
3.00 FILM **Tremors 3: Back to Perfection** Comedy horror sequel. (2001, PG, 100min) ★★★
5.00 **Star Trek** 26/30. (S1)
6.00 **Mission: Impossible**
7.00 **Airwolf** 14/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **The Loft** Thriller with Karl Urban. (2013, 15, 98min) ★★★★
11.00 FILM **Forsaken** Western. (2015, 15, 89min) ★★★
12.50 AM FILM **Death Line** Horror with David Ladd. (1972, 18, 82min) ★★★
2.35 **to 4.20** AM FILM **Crystal Skulls** Fantasy. (2014, PG, 88min) ★★
+1 hour 212/213 332

Legend Xtra
317 171 69 138

6.00 AM FILM **The Last Sharknado: It's About Time** As 5.00pm.
8.00 FILM **Fire Serpent** Sci-fi horror. (2007, 15) ★★
10.00 **Farscape** 20/22. (S3)
11.00 FILM **Solar Attack** Action disaster movie. (2005, PG, 90min) ★★
1.00 PM FILM **Stormageddon** Thriller. (2015, PG, 90min) ★★
3.00 **Farscape** 20/22. (S3)
4.00 **UFO** 6/26. (S1)
5.00 FILM **The Last Sharknado: It's About Time** Sci-fi adventure. (2018, 15, 90min) ★★
7.00 **Farscape** 21/22. (S3)
8.00 **UFO** 7/26. (S1)
9.00 FILM **First Kill** Thriller starring Bruce Willis. (2017, 15, 97min) ★★
11.00 FILM **Mercy Black** Horror thriller. (2019, 15, 88min) ★★
1.00 **to 3.00** AM FILM **First Kill** As 9.00pm.
+1 hour 318 371 139

Blaze
164 174 64 162

6.00 AM **Dickinson's Real Deal** From Alton Towers.
6.40 **Pawn Stars**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Roswell: First Witness**
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **Curse of Oak Island**
1.05 **Monsterquest**
2.05 **Pawn Stars**
3.05 **Auction Hunters**
4.00 **Ancient Aliens**
6.00 **Roswell: First Witness**
7.00 **Wicked Tuna**
8.00 **Dickinson's Real Deal**
9.00 **Extraordinary: The Revelations**
11.10 **Mission Unexplained**
12.10 AM **Curse of Skinwalker Ranch**
1.05 **Roswell: First Witness**
2.00 **Wicked Tuna**
3.00 **Hardcore Pawn**
3.25 **Counting Cars**
4.10 **to 6.00** AM **Ancient Aliens**

5SELECT
153 138 46 133

9.00 AM **The Yorkshire Vet**
9.55 **Entertainment News**
10.10 **The Yorkshire Vet**
1.00 PM **Bargain-Loving Brits in the Sun**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.35 **The Yorkshire Vet**
6.00 **Ben Fogle: New Lives in the Wild** Double bill.
8.00 **The Good Ship Murder** *Sicily*: 6/8. The luxury liner sails to Sicily, and a family saga unfolds. (S1)
9.00 **The Madame Blanc Mysteries** 6/6. Jean's preparations to leave are interrupted by a late-night intruder. (S1)
10.00 **Yellowstone** *Enemies By Monday*: 9/10. The Duttons gear up for a final fight with the Becks. (S2)
10.55 **Nazi Megastructures**
11.55 **Forged in Fire**
3.25 AM **The Yorkshire Vet**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 191 44 166

7.00 AM **Building Alaska**
8.00 **Your Garden Made Perfect** In Manchester.
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **A Place in the Sun**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Bargain Block**
2.00 **Flip or Flop** Double bill.
3.00 **Good Bones**
4.00 **Escape to the Country**
5.00 **Your Garden Made Perfect** In Manchester.
6.00 **A Place in the Sun**
7.00 **Money for Nothing**
8.00 **Escape to the Country**
9.00 **Fixer to Fabulous** New edition Renovating an Italian villa.
10.00 **Restored by the Fords**
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 828 165

7.00 AM **My Lottery Dream Home** Double bill.
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Dr Pimple Popper**
11.00 **The Family Chantel**
12.00 NOON **Unexpected: Teenage & Pregnant**
1.00 PM **Sister Wives**
3.00 **7 Little Johnstons**
4.00 **Little People, Big World** Documentary.
5.00 **The Family Chantel**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **Outrageous 911**
9.00 **Cornwall Air 999**
10.00 **Hoarding: Buried Alive**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Monsters Inside Me**
1.00 AM **Extreme Couponing**
2.00 **Hoarding: Buried Alive**
3.00 **Cornwall Air 999**
4.00 **Outrageous 911**
5.00 **to 6.00** AM **My Lottery Dream Home**
+1 hour 233/234 365

Comedy Central
112/113 812 132 345 360

8.00 AM **Most Ridiculous**
9.00 **Guessable?**
10.00 **Impractical Jokers**
11.00 **Home Improvement**
12.00 NOON **Last Man Standing** (S4)
1.00 PM **Friends** (S5&6)
9.00 **Lee Evans: Roadrunner**
10.00 NEW **South Park: The End of Obesity** One-off special about a new weight-loss drug.
11.05 **South Park: The 25th Anniversary Concert**
1.20 AM **The Pep Talk** New edition 9/10. Jack Rooke's tips on how to live, laugh and love.
1.25 **Russell Howard & Mum: Globetrotters**
2.25 **Jimmy Carr Live: Comedian** Stand-up.
3.10 **The Ricky Gervais Show**
3.35 **The Daily Show** New edition Talk show.
4.00 **Beavis and Butt-Head**
4.10 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 154

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Becker** 6-9/22. (S5)
11.00 **Friends** (S6&7)
1.00 PM **Ridiculousness**
2.00 **Criminally Funny**
3.30 **Impractical Jokers: Inside Jokes**
4.00 **Daria** 2&3/13. (S4)
5.00 **Becker** 8&9/33. (S5)
6.00 **Home Improvement**
7.00 **Last Man Standing**
9.00 **Rhod Gilbert's Growing Pains** With Jimmy Carr.
10.00 **Friends** 12/24. Chandler's behaviour annoys Monica. **10.30** 13/24. Phoebe meets her father. (S5)
11.00 **Friends** 14-17/24. (S5)
1.00 AM **The Ren & Stimpy Show** 3&4/12. (S2)
2.00 **South Park** (S16&17)
3.25 **Frank Skinner Live at Birmingham Hippodrome** Stand-up.
4.30 **Digman!** (S1)
5.15 **to 6.00** AM **Guessable?**

Sky Replay
152 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **911 Crisis Centre**
11.00 **Paramedics Australia**
12.00 NOON **Caught on Dashcam** Documentary.
1.00 PM **Stop, Search, Seize**
2.00 **Most Haunted**
4.00 **DC's Legends of Tomorrow** (S1)
6.00 **Warehouse 13** (S4)
8.00 **The Equalizer** (S4)
9.00 **Caught on Dashcam**
10.00 **Fire Country** (S2)
11.00 **The Rookie** *Trouble in Paradise*: 3/10. (S6)
12.00 M'T **The Cleaning Lady**
1.00 AM **The Russell Howard Hour**
2.00 **A League of Their Own Road Trip: Loch Ness to London** Lawn bowls.
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 824 134

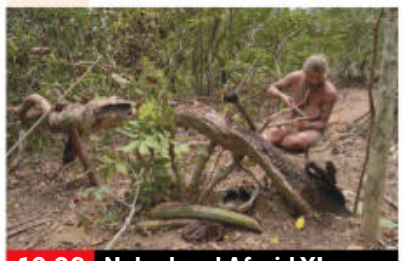
6.00 AM **Love Squad**
6.25 **Teen Mom 2**
7.10 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK: Next Generation**
8.00 **Rich Kids Go Skint** Tiana is astonished that Candace and her kids live in a two-bed flat.
9.00 **Badass Brides** A wedding with an Africa-meets-India theme.
10.00 **Geordie Shore** The Geordie's head to the zoo for some family fun.
11.00 **Awkward** Double bill.
12.00 M'T **Ridiculousness** New edition Rob, Steelo, and Carly Aquilino find out that two can be worse than one.
12.30 AM **Ridiculousness**
1.00 **Ink Master** Double bill.
2.45 **Geordie Shore**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **How It's Made**
7.00 **Deadliest Catch**
8.00 **Blowing Up History**
9.00 **How the Universe Works**
10.00 **Iron Resurrection**
11.00 **Wheeler Dealers: Dream Car**
1.00 PM **Treehouse Masters**
3.00 **Mystery at Blind Frog Ranch**
4.00 **Flying Wild Alaska**
5.00 **Salvage Hunters** A collection of 19th-century balconet rails.
6.00 **Iron Resurrection** New edition Joe pulls out all the stops to make the '66 Nova the car of his client's dreams.



10.00 Naked and Afraid XL

7.00 **Kindig Customs** Kevin Hart's latest project is ready to be customised, from a futuristic redesign to subtle window changes.
8.00 **Bad Chad Customs** Chad creates a drag car from a station wagon. He imagines a car with wings and topped with a bubble.
9.00 **The World's Biggest Drug Lord: Tse Chi Lop** Investigators reveal how Tse Chi Lop stayed hidden for more than a decade.
10.00 **Naked and Afraid XL** New edition With all camps united, the group splinter to hunt resources and the tension rises.
12.00 M'T **Mystery at Blind Frog Ranch** The team attempt a manoeuvre on the trail of the Lost Rhoades Mine to access the Mormon Eye cave.
1.00 AM **The World's Biggest Drug Lord: Tse Chi Lop**
2.00 **Naked and Afraid XL**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/178 178

8.00 AM **Extinct or Alive**
9.00 **Amanda to the Rescue**
10.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Amanda to the Rescue** Amanda and her family embark on a rescue mission.
2.00 **Expedition Bigfoot**
4.00 **Saved by the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff treats a dog that jumped from a moving car.
6.00 **Extinct or Alive** Forrest Gallante searches for species thought to be long dead.

8.00 Guardians of Rescue

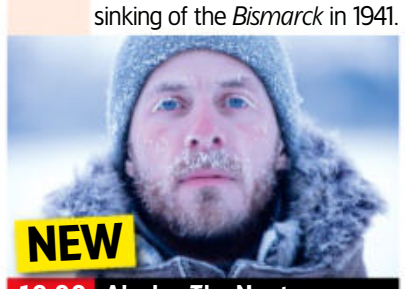
7.00 **Amanda to the Rescue** A miniature schnauzer with a suspected liver shunt needs complicated and costly surgery.
8.00 **Guardians of Rescue** Moose and Elle confront a man accused of animal abuse, while Rob and Dori try to rescue a dog.
9.00 **Guardians of Rescue** The team investigate a claim about dogs on a hot roof and help a woman whose dog is being provoked.
10.00 **Alaska: The Last Frontier** Otto's hay season nearly comes to a halt when a broken tractor forces him to get creative.
11.00 **Into the Shark Bite** Inside the mouth of the ocean's most feared predator.
12.00 M'T **Return to the Isle of Jaws** Documentary.
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved by the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262/278 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory USA**
9.00 **Air Crash Investigation**
10.00 **WW2: Hell Under the Sea**
11.00 **Nazi Megastructures**
12.00 NOON **Car S.O.S**
1.00 PM **Drain the Oceans: Secrets of the Spanish Armada** Documentary.
2.00 **Air Crash Investigation**
3.00 **Hitler's Last Stand**
4.00 **Lost Treasures of Egypt**
5.00 **Car S.O.S** Restoring a classic Japanese sports coupe.
6.00 **Seconds from Disaster** The sinking of the *Bismarck* in 1941.



10.00 Alaska: The Next...

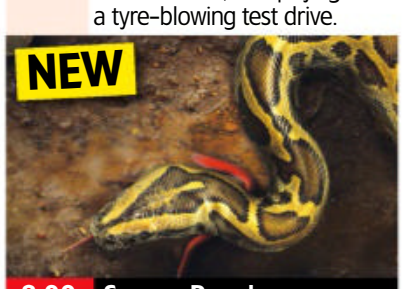
7.00 **Air Crash Investigation** The events surrounding a mid-air collision between a business jet and a passenger plane in 2006.
8.00 **Europe from Above** Aerial footage of the Greek Islands, including the Santorini skyline and Corfu's Venetian fortress.
9.00 **Wicked Tuna** New edition TJ and Tyler make the run to Maine, betting on cooler water leading to better catches.
10.00 **NEW SERIES Alaska: The Next Generation** The Sarvelas attempt to save their garage from the unrelenting ocean below.
11.00 **Air Crash Investigation**
12.00 M'T **Gordon Ramsay: Uncharted** Florida Keys.
1.00 AM **Trafficked: Underworlds**
2.00 **Lords of War** In Colorado.
2.30 **Abandoned** Double bill.
3.20 **Food Factory**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **American Pickers**
7.00 **Pawn Stars Do America**
8.00 **Monsterquest**
10.00 **Pawn Stars** Double bill.
12.00 NOON **Secrets in the Ice**
1.00 PM **Salvage Kings**
2.00 **Swamp People: Serpent Invasion** Double bill.
4.00 **Pawn Stars** Chum unboxes 1912 Yale baseball uniforms. **5.00** Rick and Corey visit San Diego to test a classic car.
6.00 **American Pickers** In Tennessee, a Zephyr gets a tyre-blowing test drive.



8.00 Swamp People...

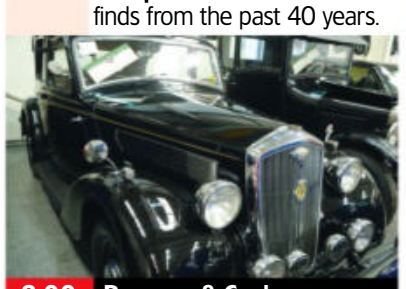
7.00 **Forged in Fire** The amateur bladesmiths are tasked with forging a combat knife from an anti-tank hedgehog.
8.00 **NEW SERIES Swamp People: Serpent Invasion** Swampers set out to clear the Florida Everglades of giant female pythons.
9.00 **Swamp Mysteries with Troy Landry** New edition The swamp expert rushes to Florida to investigate reports of a Nile crocodile.
10.00 **Adventure Gold Diggers** Donnie confronts poachers, while Dennis and his team initiate an unexpected raid.
11.00 **Rust Valley Restorers** Rust Valley rivals face off in the Shop Truck Challenge.
12.00 M'T **Pawn Stars** Double bill.
2.00 AM **Storage Wars**
3.00 **Swamp People: Serpent Invasion** As 8.00pm.
4.00 **Forged in Fire** As 7.00pm.
5.00 **to 6.00** AM **Salvage Kings**

+1 hour 223/224 331

Yesterday

155 846 129 27 159

6.10 AM **Secrets of the Transport Museum** Double bill.
8.00 **Abandoned Engineering**
10.00 **The World at War**
11.00 **Secret Nazi Bases**
12.00 NOON **Find It, Fix It, Flog It**
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash: Restoring Classics** A Lotus Esprit S3. **3.00** An Austin Montego.
4.00 **The Buildings That Fought Hitler** Coastal defences.
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow** Favourite finds from the past 40 years.



8.00 Bangers & Cash

7.00 **Find It, Fix It, Flog It** Henry and Simon come across a water trough and a cartwheel as they turn unwanted items into cash. **7 PM**
8.00 **Bangers & Cash** Derek collects a 1936 Wolseley 14/56. Meanwhile, a Batman-inspired Chrysler Crossfire is dropped off. **8 PM**
9.00 **Bangers & Cash: Restoring Classics** The team take on a fast Ford to see if a 'quick flip' could make some money. **9 PM**
10.00 **Bangers & Cash: Restoring Classics** Dave purchases a 1979 Lotus Esprit S3, an expensive buy and a serious risk. **10 PM**
11.00 **Abandoned Engineering** A formerly luxurious mountain-top villa on the island of Rhodes that's been ravaged by acts of revenge by locals.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 **to 3.00** AM **Secrets of the Transport Museum**

+1 hour 255 329 74

Quest

144 834 137 12 172 167

6.00 AM **How Do They Do It?**
6.30 **Shed and Buried**
7.00 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **How Do They Do It?** Four editions.
2.00 PM **Salvage Hunters**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **Salvage Hunters: The Restorers**
6.00 **Wheeler Dealers**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Wheeler Dealers** The search for a Triumph Dolomite Sprint.
10.00 **Shed and Buried**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
2.00 AM **Chasing Classic Cars**
3.00 **Overhaulin'**
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 168

Quest Red

149 168 40 169

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Curvy Brides Boutique**
9.00 **Say Yes to the Dress**
11.00 **Disappeared**
12.00 NOON **Forensic Detectives** True-crime.
1.00 PM **FBI Files**
2.00 **American Monster**
4.00 **Murder on CCTV**
5.00 **Disappeared**
7.00 **10 Steps to Murder**
8.00 **Murder on CCTV** The case of Christian Aguilar. **9.00** Hiawayi Robinson.
10.00 **Evil Lives Here: Shadows of Death** The murders of two girls at a remote lookout point. **11.00** The hunt for an attacker in Omaha.
12.00 M'T **Forbidden: Dying for Love** Adam Arndt.
1.00 AM **Betrayed**
2.00 **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

True Crime

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **48 Hours** Jonathan Vigliotti investigates what happened when a professor died.
8.00 **Forensics** A mother frantically calls the police after finding her daughter's body face-down on the floor.
9.00 **Cold Justice Sex Crimes** A 17-year-old unsolved investigation into the rape of a teacher hits a dead end.
10.00 **Bloodline Detectives** The naked body of Darlene Krashoc is discovered by officers behind a restaurant.
11.00 **Ice Cold Killers**
1.00 AM **It Takes a Killer**
2.00 **Bloodline Detectives**
3.00 **Medical Detectives**
4.00 **48 Hours** As 7.00pm.
4.50 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 172 68 134

9.00 AM **Evidence of Evil**
11.00 **Medical Detectives**
1.00 PM **Medical Detectives**
2.00 **Evidence of Evil**
4.00 **Medical Detectives**
7.00 **Judge Judy** Back-to-back real-life cases, including at. **7.50** Pouring lawnmower oil into a gas tank is the accusation laid against a man by his ex-wife. **8.15** A female judge that has made a real impact on the justice system. **8.40** The authenticity of a famous Joe DiMaggio baseball card is at stake when an expert witness challenges an Ebay seller's prized possession. **9.05** Judy tries to get to the bottom of cases. **9.30** A mother of five sues her daughter.
10.00 **Judge Judy** Further small-claims cases.
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Patrol**
7.00 **Border Security: Canada's Front Line**
8.00 **UK Border Force**
9.00 **Road Wars**
10.00 **The Force: Manchester**
11.00 **The Real Manhunter**
12.00 NOON **What the Killer Did Next** Documentary.
1.00 PM **The Killer Within**
2.00 **Killer Siblings**
3.00 **Most Evil Killers**
5.00 **Killer Siblings**
6.00 **Murdered at First Sight**
7.00 **Most Evil Killers**
9.00 **Twisted Killers**
10.00 **Forensics: Catching the Killer** Zara Aleena.
11.00 **World's Most Evil Killers** True-crime.
12.00 M'T **Murder Uncut**
1.00 AM **The Killer Within**
2.00 **Snapped** Documentary.
3.00 **Dateline** Crime series.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

174 187 84 155

8.00 AM **Grand Tours of Scotland** Documentary.
8.35 **The Vietnam War**
10.55 **Los Angeles: Stories from the City**
11.55 **Lincoln: Divided We Stand** As 9.55pm.
1.00 PM **Grand Tours of Scotland** Documentary.
1.35 **The Vietnam War**
3.55 **Los Angeles: Stories from the City**
5.00 **Lincoln: Divided We Stand** As 9.55pm.
5.55 **Grand Tours of Scotland** Documentary.
6.30 **The Vietnam War**
8.55 **NEW SERIES Los Angeles: Stories from the City** A look at the city's transformation.
9.55 **Lincoln: Divided We Stand** Chronicling the life of Abraham Lincoln.
10.50 **A War on Trial**
12.00 M'T **Los Angeles: Stories from the City**
1.00 **to 2.00** AM **Grand Tours of Scotland**

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | EE HD

THURSDAY

Thursday

Sky Documentaries

121/122 819 188 352 367

6.00 AM **Inside the Freemasons**
7.00 **Discovering: Kevin Costner**
8.00 **The Directors**
9.00 **The 2000s**
10.00 **I Am Richard Pryor**
11.50 **My Icon: Leon Pryce**
12.00 NOON **Bright Lights: Starring Carrie Fisher and Debbie Reynolds**
2.00 PM **Nike's Big Bet**
3.45 **My Icon: Sarah Storey**
4.00 **The Directors**
5.00 **Discovering: Kevin Costner**
6.00 **The 2000s**
7.00 **Urban Secrets** From London.
7.55 **Stax: Soulsville USA**
9.00 **JFK Revisited: Through the Looking Glass** Documentary examining the assassination of US president John F Kennedy, using recently declassified files to shine a light on what happened in November 1963.
11.10 **Ibiza Narcos** 1/3. Documentary.
12.10 AM **Meth Storm**
2.00 **Heroin: Cape Cod, USA**
3.30 **The Insurrectionist Next Door**
5.00 **to 6.00** AM **Discovering: Kevin Costner**

Sky Nature

124/125 822 189 354 369

6.00 AM **Reef Wrecks**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Volcanic Odysseys**
10.00 **Great Blue Wild**
11.00 **Land of Primates**
12.00 NOON **Hotspots: The Last Hope**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Volcanic Odysseys**
4.00 **Great Blue Wild**
5.00 **Brazil Untamed**
6.00 **Hotspots: The Last Hope**
7.00 **Monkey Life** Double bill.
8.00 **Whale with Steve Backshall**
9.00 **Deep Dive Australia** Lizzie Daly explores the cool southern-coast waters.
10.00 **Hotspots: The Last Hope** Places around the world that are home to great biodiversity.
11.00 **Brazil Untamed**
12.00 M'T **How the Wild Things Sleep**
1.00 AM **Malawi Wildlife Rescue**
2.00 **Great Parks of Africa**
3.00 **Deep Dive Australia**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Volcanic Odysseys**

Sky History 2

163/168 840 186

6.00 AM **Ancient Aliens**
8.00 **Dangerous Missions**
9.00 **Strangest Things**
10.00 **WW2 Air Crash Detectives**
11.00 **Ancient Aliens**
1.00 PM **WW2 Treasure Hunters**
2.00 **Digging Up Britain's Past**
3.00 **Monsterquest**
4.00 **SOS: Stories of Survival**
5.00 **Strangest Things**
6.00 **Dangerous Missions**
7.00 **WWII's Most Daring Raids**
8.00 **History's Greatest Myths** Groundbreaking discoveries.
9.00 **Deadly Standoff** The story of two marijuana advocates gunned down by the FBI after a five-day standoff.
10.00 **Rome: Rise and Fall of an Empire** A look at how Constantine I became the first Christian Emperor.
11.00 **Life After People**
12.00 M'T **Ancient Aliens**
2.00 AM **Digging Up Britain's Past**
3.00 **River Hunters**
4.00 **Life After People**
5.00 **to 6.00** AM **WWII's Most Daring Raids**

Crime+Investigation

156 837 133

6.00 AM **On the Case**
7.00 **Homicide Hunter**
9.00 **Murder at My Door with...**
10.00 **Imperfect Murder**
11.00 **Motive to Murder**
12.00 NOON **Green Eyed Killers**
1.00 PM **Murder Masterminds**
2.00 **Accident, Suicide or Murder?**
3.00 **Murder at My Door with Kym Marsh** Focusing on the case of nurse Susan Annis.
4.00 **Cops Gone Bad with Will Mellor** A case that left Australian officers baffled.
5.00 **Interrogation Raw**
6.00 **Cold Case Files**
7.00 **The First 48**
8.00 **Imperfect Murder**
9.00 **The First 48**
10.00 **Murder in the 21st**
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Nightmare in Suburbia**
2.00 **Murder at My Door with Kym...**
3.00 **Accident, Suicide or Murder?**
4.00 **Green Eyed Killers**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 841 182

8.00 AM **Yukon Vet**
9.00 **Swamp Men**
10.00 **Wild Lapland**
11.00 **Animals Gone Wild**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Wild, Smart and Deadly**
3.00 **When Sharks Attack**
4.00 **Secrets of the Zoo: Tampa**
5.00 **Wicked Tuna: Outer Banks Showdown** Documentary.
6.00 **Snakes in the City**
7.00 **Yukon Vet**
8.00 **Last of the Giants: Wild Fish** A team of filmmakers help scientists protect the prehistoric white sturgeon.
9.00 **Arctic Ascent with Alex Honnold** The climbers face what could be their most dangerous ascent yet.
10.00 **Swamp Men**
11.00 **Shark Attack Files**
12.00 M'T **Lawless Island**
1.00 AM **Monster Fish**
2.00 **Yukon Vet**
3.00 **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet: Vet Below Zero**

Discovery History

177 181

6.00 AM **Expedition Unknown**
7.00 **NASA's Unexplained Files**
8.00 **Mysteries at the Castle**
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Find It, Fix It, Flog It**
12.00 NOON **Combat Dealers**
1.00 PM **How It's Made**
2.00 **NASA's Unexplained Files**
3.00 **Salvage Hunters**
4.00 **Cooper's Treasure**
5.00 **HMS Ark Royal**
6.00 **Combat Dealers**
7.00 **Expedition Unknown**
8.00 **Tony Robinson's World War One** Tony gains an unparalleled perspective of the conflict.
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Find It, Fix It, Flog It**
12.00 M'T **Devonport: Inside the Royal Navy**
1.00 AM **How It's Made**
2.00 **Salvage Hunters**
3.00 **Tony Robinson's World War...**
4.00 **to 5.00** AM **Find It, Fix It, Flog It**

+1 hour 277 381

Eden

166 176

9.00 AM **Underground Worlds**
10.00 **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
7.00 **Abandoned Engineering** Exploring a beachside resort with ties to the Russian mafia. **8.00** A bizarre block in Taiwan resembling a giant speaker. **9.00** Eerie ruins hiding in the forested hills of Arkansas. **10.00** The facility that held apartheid's greatest critic.
11.00 **Underground Worlds** Exploring the forgotten underworld hiding beneath the streets of Cincinnati. Plus, a look at a state-of-the-art Cold War fortress on the shores of Denmark.
12.00 M'T **Anthony Bourdain: Parts Unknown** Anthony explores Cuba, from its bustling capital city of Havana, to the slow-paced music mecca Santiago.
1.00 AM **Abandoned Engineering**
5.25 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

ID

154 166

6.00 AM **The Big Swindle**
7.00 **Teleshopping**
8.00 **American Monster**
9.00 **Evil Lives Here**
11.00 **Diabolical: Deadly Love**
1.00 PM **Forensic Detectives**
3.00 **Cops UK: Bodycam Squad**
5.00 **American Monster**
6.00 **The Lady Killers**
7.00 **Disappeared** The case of a big game hunter who was fooled by a predatory con-artist.
8.00 **The Big Swindle** Sue's life falls apart when she discovers her relationship is a lie.
9.00 **Home Alone** A case of mistaken identity and a home invasion force a woman to think quickly to stay alive.
10.00 **Caught in the Net** The disappearance of David Heisler.
11.00 **Web of Lies**
12.00 M'T **Blood Relatives**
2.00 AM **The Big Swindle**
3.00 **American Monster**
4.00 **The Lady Killers**
5.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/172 180

6.00 AM **Supertruckers**
7.00 **Wheeler Dealers**
8.00 **Goblin Works Garage**
9.00 **Head 2 Head**
10.00 **Fifth Gear**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **Shed and Buried**
1.00 PM **Extreme RVs**
2.00 **Wheeler Dealers**
3.00 **Vintage Voltage**
4.00 **Planes That Changed the World** The SR-71 Blackbird.
5.00 **Wheeler Dealers**
6.00 **Shed and Buried**
7.00 **Salvage Hunters: Classic Cars** An early, two-door Range Rover.
8.00 **Planes That Changed the World** A look at the DC-3.
9.00 **Mike Brewer's World of Cars**
10.00 **Shed and Buried**
11.00 **Wheeler Dealers**
12.00 M'T **Planes That Changed...**
1.00 AM **Iron Resurrection**
2.00 **Fast N' Loud**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/272

Films

Sky Cinema Premiere

301 401 501 515

6.45 AM **Sky Cinema Preview**
7.15 **Manodrome** As 1.40am.
8.55 **Ruthless** Action thriller. (2023, 15, 92min) ★★★
10.35 **The Great Escaper** As 6.15pm.
12.15 PM **Anyone But You** As 8pm.
2.15 **LaRoy, Texas** As 10.00pm.
4.15 **A Sacrifice** Drama starring Eric Bana. (2024, 15, 94min)
6.15 **The Great Escaper** Drama starring Michael Caine and Glenda Jackson in her final film. (2023, 12, 96min) ★★★★

10.00 LaRoy, Texas

8.00 **Anyone But You** Romantic comedy based on Shakespeare's *Much Ado About Nothing*, starring Glen Powell and Sydney Sweeney. After a first date, a duo's attraction turns chilly, until they are reunited at a wedding. (2023, 15, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **LaRoy, Texas** Comedy crime caper starring Steve Zahn and John Magaro. A suicidal man is mistaken for a low-rent hitman by a stranger. (2023, 15, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Eileen** Thriller with Thomasin McKenzie and Anne Hathaway. (2023, 15, 97min) ★★★★
1.40 AM **Manodrome** Thriller with Jesse Eisenberg and Adrien Brody. (2023, 15, 91min) ★★★
3.20 **American Star** Mystery thriller starring Ian McShane. (2023, 15, 107min) ★★★★
5.10 **to 7.00** AM **A Sacrifice**

Sky Cinema Best of 2024

303 403 503 517

6.00 AM **The Canterville Ghost** Animation. (2023, PG) ★★
7.35 **Monolith** Mystery thriller. (2022, 15, 90min) ★★★
9.20 **Miranda's Victim** As 3.55am.
11.30 **Hypnotic** Action thriller. (2023, 15, 93min) ★★★
1.15 PM **Insidious: The Red Door** Horror sequel. (2023, 15) ★★
3.15 **The Blackening** As 11.55pm.
5.00 **Oppenheimer** Epic biopic starring Cillian Murphy. (2023, 15, 180min) ★★★★★

1.15 Insidious: The Red Door

8.00 **The Equalizer 3** Action thriller sequel starring Denzel Washington and Dakota Fanning. Former government assassin Robert McCall takes on the mafia in southern Italy. With David Denman. (2023, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Exorcist: Believer** Horror thriller sequel starring Leslie Odom Jr. Single parent Victor Fielding battles to save the soul of his daughter Angela, 13 years after the death of his wife. (2023, 15, 111 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Blackening** Comedy horror starring Grace Byers. (2022, 15, 97min) ★★★★
1.40 AM **Haunting of the Queen Mary** Horror starring Alice Eve. (2023, 18, 125min) ★★
3.55 **to 6.10** AM **Miranda's Victim** Drama. (2023, 15) ★★★

Sky Cinema Drama

310 410 510 524

7.20 AM **The United States vs. Billie Holiday** Biopic starring Andra Day. (2021, 15, 126min) ★★★
9.40 **Steve Jobs** Danny Boyle's biopic. (2015, 15, 119min) ★★★★
11.50 **Erin Brockovich** Legal drama. (2000, 15, 133min) ★★★★
2.10 PM **Dreamgirls** Musical drama. (2006, 12, 130min) ★★★★
4.25 **What If** Romantic drama. (2013, 15, 98min) ★★★★

6.15 **Quartet** Comedy drama. (2012, 12, 94min) ★★★★
8.00 **Catch Me If You Can** Steven Spielberg's fact-based crime adventure starring Leonardo DiCaprio and Tom Hanks. (2002, 12, 141 min) ★★★★★
10.25 **Far and Away** Romantic epic starring Tom Cruise and Nicole Kidman. In the 1890s, an Irish tenant farmer and the daughter of a landowner find love and adventure when they head for America. (1992, 15, 140min) ★★

12.50 AM **Whiplash** Music drama. (2014, 15, 106min) ★★★★★
2.45 **Rent** Screen version of the hit Broadway musical, with Rosario Dawson. (2005, 12, 135min) ★★
5.05 **to 7.05** AM **Footloose** Teen dance drama remake. (2011, 12, 113min) ★★★

Sky Cinema Sci-fi/Horror

311 411 511 525

6.05 AM **The Cinema List: Creature Features**
6.30 **Edge of Tomorrow** As 4.05pm.
8.35 **The Island** As 8.00pm.
11.00 **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★
1.55 PM **Star Trek II: The Wrath of Khan** As shown at 10.20pm.
4.05 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★

6.10 **After Earth** Sci-fi adventure starring Will and Jaden Smith. (2013, 12, 98min) ★★
8.00 **The Island** Sci-fi thriller starring Ewan McGregor. In the year 2019, one of the inhabitants of a hermetically sealed facility makes a shattering discovery about the purpose of his existence. (2005, 12, 136min) ★★★
10.20 **Star Trek II: The Wrath of Khan** Sci-fi adventure starring William Shatner and Leonard Nimoy. (1982, 12, 113min) ★★★★

12.20 AM **Watchmen** Sci-fi thriller starring Malin Akerman, Billy Crudup and Matthew Goode. (2009, 18, 162min) ★★★★
3.05 **After Earth** As 6.10pm.
4.50 **to 6.45** AM **Next Exit** Sci-fi comedy starring Katie Parker. (2022, 15, 106min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 406 506 520

7.30 AM **Hot Dog Derby** (2013)
9.05 **Addams Family Values** Black comedy sequel. (1993, PG, 92min) ★★★★
10.55 **Miss Potter** As 1.45am.
12.35 PM **The Lord of the Rings: The Return of the King** Epic fantasy adventure. (2003, 12, 201min) ★★★★★
4.00 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★
6.00 **The Karate Kid** Adventure. (2010, PG, 140min) ★★★

6.00 The Karate Kid

8.25 **Ella Enchanted** Comic fantasy adventure starring Anne Hathaway and Hugh Dancy. A young woman in a fairytale land embarks on a quest to free herself of a spell – and falls in love with a handsome prince. (2004, PG, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Harriet the Spy** Comedy adventure with Michelle Trachtenberg as an 11-year-old aspiring writer whose spying activities make her an outcast. (1996, PG, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Big Fat Liar** Teen comedy. (2002, PG, 88min) ★★★
1.45 **Miss Potter** Biopic. (2006, PG, 93min) ★★★
3.30 **Hot Dog Derby** Comedy. (2013, U, 82min) ★★
5.05 **to 6.45** AM **Mee-Shee: The Water Giant** (2005, PG) ★★★

Sky Cinema Action

307 407 507 521

7.30 AM **American Night** (2021)
9.45 **Safe** Action thriller. (2012, 15, 90min) ★★★
11.30 **Retribution** Thriller. (2023, 12, 91min) ★★
1.10 PM **Inception** As 10.15pm.
3.40 **Mission: Impossible II** Action thriller sequel with Tom Cruise. (2000, 15, 124min) ★★★
5.50 **Black Adam** Fantasy adventure starring Dwayne Johnson and Aldis Hodge. (2022, 12, 125min) ★★★

8.00 Mission: Impossible III

8.00 **Mission: Impossible III** Action spy thriller starring Tom Cruise, Philip Seymour Hoffman and Michelle Monaghan. Secret agent Ethan Hunt tries to free his kidnapped wife from the clutches of an international arms dealer. With Ving Rhames. (2005, 12, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Inception** Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. Ken Watanabe, Joseph Gordon-Levitt and Tom Hardy. (2010, 12, 148min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **American Night** Crime drama. (2021, 15, 123min) ★★★
3.10 **Bruce Lee's Big Boss** Martial arts action thriller. Dubbed. (1971, 18, 94min) ★★
5.05 **to 7.30** AM **Hellboy** Comic-book horror fantasy. (2004, 12, 122min) ★★★★

Sky Cinema Comedy

308 408 508 522

7.00 AM **Dear Elizabeth** As 2am.
8.40 **Robin Hood: Men in Tights**
10.30 **Strays** Canine comedy. (2023, 15, 93min) ★★★★
12.10 PM **How to Be Single** Comedy. (2016, 15, 107min) ★★★
2.10 **Begin Again** Comedy drama. (2013, 15, 102min) ★★★★
4.05 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
6.00 **Scott Pilgrim vs. the World** Quirky comic-book comedy. (2010, 12, 112min) ★★★★

8.00 Miss Congeniality

8.00 **Miss Congeniality** Comedy starring Sandra Bullock as a tomboyish FBI agent who receives a radical make-over in order to go undercover at a beauty contest. With Michael Caine and Benjamin Bratt. (2000, 12, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

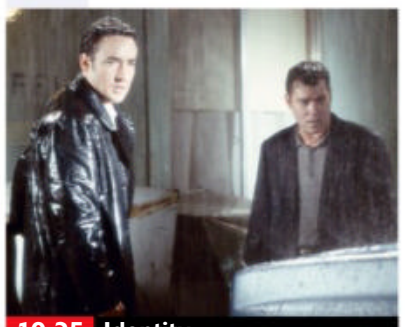
10.00 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel starring Sandra Bullock, Regina King, Enrique Murciano and William Shatner. (2005, 12, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Robin Hood: Men in Tights** Mel Brooks' spoof. (1993, PG, 102min) ★★
2.00 **Dear Elizabeth** Comedy. (2020, 12, 98min) ★★★
3.45 **Confess, Fletch** Comedy thriller. (2022, 15) ★★★★
5.35 **to 8.10** AM **Oh! What a Lovely War** Satirical musical. (1969, PG, 144min) ★★★★

Sky Cinema Thriller

309 409 509 523

7.55 AM **Unhinged** As 4.10am.
9.40 **Every Breath You Take**
11.40 **Last Looks** Comedy thriller. (2021, 15, 111min) ★★★
1.40 PM **Now You See Me** Heist thriller with Jesse Eisenberg. (2013, 12, 115min) ★★★
3.45 **Inferno** Thriller starring Tom Hanks and Felicity Jones. (2016, 12, 121min) ★★★
5.55 **Green Zone** Action thriller starring Matt Damon. (2010, 15, 110min) ★★★★


10.25 Identity

8.00 **Ferrari** Director Michael Mann's drama starring Adam Driver. During the summer of 1957, ex-racecar driver Enzo Ferrari embarks on an epic race across Italy. With Jack O'Connell, Shailene Woodley and Penélope Cruz. (2023, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Identity** Thriller starring John Cusack. A fierce rainstorm strands ten strangers in a remote and desolate motel. (2003, 15, 90min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Kindred** Horror thriller. (2021, 15, 101min) ★★★
2.05 **The Independent** Drama. (2022, 12, 108min) ★★★
4.10 **Unhinged** Psychological thriller. (2020, 15, 90min) ★★★
5.50 **to 7.50** AM **Every Breath You Take** Psychological thriller. (2021, 15, 105min) ★★★

Film4

313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **Comanche Station** Western. (1960, PG) ★★
12.35 PM **The Iron Petticoat** Comedy starring Bob Hope. (1956, U, 96min) ★★★
2.25 **The Ten Commandments** Cecil B DeMille's epic drama starring Charlton Heston. (1956, U, 219min) ★★★★
6.45 **G.I. Joe: The Rise of Cobra** Adventure with Dennis Quaid. (2009, 12, 113min) ★★★

9.00 A Quiet Place Part II

8 PM **G.I. Joe: The Rise of Cobra** (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **A Quiet Place Part II** Horror sequel starring Emily Blunt and Cillian Murphy. The Abbotts face the outside world, and realise the creatures that hunt by sound are not the only threats lurking. (2020, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **10.50** **The Lodge** Horror starring Riley Keough. A woman gets snowed in with her fiancé's children at a remote holiday village. (2019, 15, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM **1.00** **to 3.50** AM **Mother!** Offbeat thriller starring Jennifer Lawrence and Javier Bardem. (2017, 18, 121min) ★★★★

+1 hour 314 430 47 301

Sky Cinema Supernatural

302 402 502 516

6.20 AM **Unwelcome** As 2.15am.
8.10 **Snatchers** As 4.15am.
9.55 **The Ring** Chiller remake. (2002, 15, 115min) ★★★
12.00 NOON **The Ring Two** Horror sequel. (2004, 15, 110min) ★★★
2.00 PM **The Cinema List: Creature Features**
2.20 **Insidious: Chapter 3** Horror prequel with Dermot Mulroney. (2015, 15, 97min) ★★★

4.10 **Insidious: The Red Door** Horror sequel. (2023, 15, 107min) ★★
6.10 **The Woman in Black** Chiller starring Daniel Radcliffe. (2012, 12, 91min) ★★★★
8.00 **Sinister** Horror thriller starring Ethan Hawke. A struggling true-crime author moves into a haunted house with his wife and children hoping for inspiration. (2012, 15, 105min) ★★★
10.05 **Sinister 2** Horror sequel starring Shannyn Sossamon. (2015, 15, 95min) ★★★

11.55 **Haunting of the Queen Mary** Horror. (2023, 18, 125min) ★★
2.15 AM **Unwelcome** Horror comedy starring Hannah John-Kamen. (2022, 15, 104min) ★★★
4.15 **to 6.00** AM **Snatchers** Horror comedy starring Mary Nepi. (2019, 15, 96min) ★★★

Sky Cinema Greats

304 404 504 518

6.30 AM **Sleepless in Seattle** (1993)
8.20 **The Untouchables** As 4.00pm.
10.25 **Sabrina** Billy Wilder comedy. (1954, b/w, U, 113min) ★★★★
12.20 PM **Groundhog Day** As 2.45am.
2.10 **Sleepless in Seattle** Romantic comedy starring Tom Hanks. (1993, PG, 105min) ★★★★★
4.00 **The Untouchables** Brian De Palma's gangster thriller. (1987, 15, 119min) ★★★★★

6.05 **The Bourne Supremacy** Spy thriller sequel based on Robert Ludlum's novel, with Matt Damon. (2004, 12, 108min) ★★★★
8.00 **Jaws** Steven Spielberg's thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. A killer shark terrorises a beach resort on America's east coast. (1975, 12, 125min) ★★★★★
10.10 **No Country for Old Men** Dark crime thriller starring Tommy Lee Jones and Javier Bardem. (2007, 15, 122min) ★★★★

12.15 AM **Goodfellas** Martin Scorsese's gangster drama. (1990, 18, 143min) ★★★★★
2.45 **Groundhog Day** Comedy. (1993, PG, 103min) ★★★★★
4.40 **to 6.50** AM **The Fighting Temptations** Musical drama. (2003, PG, 123min) ★★★

Sky Cinema Animation

305 412 500 514

6.25 AM **Megamind vs The Doom...**
7.55 **Moomins and the Winter...**
9.25 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
11.00 **The Lego Ninjago Movie** Animated family adventure. (2017, U, 101min) ★★
12.50 PM **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
2.15 **The Lego Movie** Animation. (2014, U, 100min) ★★★★★

4.00 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
5.35 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★
7.15 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
8.50 **Two by Two** Animated adventure. (2015, U, 85min) ★★
10.25 **Birds of a Feather** Animated comedy. (2019, U, 90min) ★★
12.00 M'T **Escape from Planet Earth** Animation. (2013, U) ★★★

1.30 AM **Megamind vs The Doom Syndicate** (2024, U) ★★★
3.00 **Moomins and the Winter Wonderland** Animation. (2017, U, 82min) ★★★
4.30 **to 6.05** AM **The Road to El Dorado** Animated comedy. (2000, U, 89min) ★★★

Christmas in July

312 419

7.00 AM **The Christmas Toy Maker** Drama. (2021, PG, 84min) ★★
9.00 **A Holiday Spectacular** Comedy drama starring Ginna Claire Mason. (2022, PG, 90min) ★★
11.00 **Hanukkah on Rye** Romantic comedy. (2022, PG, 90min) ★★
1.00 PM **Christmas Bedtime Stories** Drama. (2022, PG, 90min) ★★
3.00 **Magic In Mistletoe** Romantic drama. (2023, PG, 90min) ★★

5.00 **Boyfriends of Christmas Past** Drama. (2021, PG, 84min) ★★
7.00 **The Christmas Promise** Romantic drama starring Torrey DeVitto. (2021, PG, 90min) ★★
9.00 **12 Days of Christmas Eve** Comedy with Kelsey Grammer. Santa gives a businessman 12 chances to re-do 24 December, and repair his relationships to find the true meaning of Christmas. (2022, PG, 90min) ★★
11.00 **The Great Christmas Switch** Comedy. (2021, PG, 84min) ★★

1.00 AM **A Christmas Cookie Catastrophe** Romantic comedy. (2022, PG, 90min) ★★
3.00 **to 5.00** AM **A Very Merry Bridesmaid** Festive romance. (2021, PG, 87min) ★★

Movies 24+ 315 420

Talking Pictures

328 445 82 306

6.00 AM **Beauty and the Barge** Comedy. (1937, b/w, U) ★★★
7.30 **Vintage Wine** Farcical comedy. (1935, b/w, 12, 81min) ★★★
9.00 **A Christmas Wish** Comedy. (1950, b/w, U, 88min) ★★
10.50 **The Adventures of PC 49: Investigating the Case of the Guardian Angel** (1949, PG) ★★
12.15 PM **The Stranger Came Home** Mystery. (1954, b/w, 15) ★★★

1.55 **River Patrol** Crime drama. (1948, b/w, PG, 48min) ★★★
3.00 **Crown Court**
4.30 **Enemy at the Door** 2/13. (S1)
5.35 **It Always Rains on Sunday** Thriller starring Googie Withers. (1947, b/w, PG, 92min) ★★★★
7.30 **Take Two: Nanette Newman Interview** The actress discusses her illustrious career.
8.00 **The Brothers** 5/13. (S3)
9.05 **Van der Valk** 3/12. (S3)
10.10 **The Place of the Dead** Drama starring Greg Wise.

12.15 AM **Hi, Mom!** Brian De Palma's anarchic satirical comedy. (1969, 18, 87min) ★★★
1.55 **A Reflection of Fear** Horror. (1971, 18, 100min) ★★
3.40 **Double X: The Name of the Game** Thriller. (1991, 15) ★
5.30 **to 6.00** AM **Four Star Theatre**

Thursday

Sky Sports Main Event

401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Euros**
8.00 **LIVE DP World Tour Golf** Coverage of the featured groups on day one of Scottish Open from Renaissance Club, North Berwick. Rory McIlroy won this event last year as he finished one shot clear of Scotland's Robert MacIntyre, as his score of 15-under-par was enough to give him the victory.
10.15 **LIVE Test Cricket England v West Indies.** Day two of the first Test at Lord's. The teams have not met here in a Test match since 2017, when an excellent all-round display from Ben Stokes in the first innings helped the hosts to a nine-wicket triumph.
6.30 PM **LIVE Women's International T20 Cricket England v New Zealand.** Coverage of the third match of the five-game series at the Spitfire Ground in St Lawrence, Canterbury.
10.00 **LIVE PGA Tour Golf** Coverage of the opening day of the ISCO Championship, which is staged at Keene Trace Golf Club in Nicholasville, Kentucky.
12.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Good Morning Euros**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Best Goals**
2.00 **Premier League Highlights** Action from Newcastle United v Wolverhampton Wanderers.
2.30 **Premier League Highlights** Matches featuring Nottingham Forest at the City Ground.
5.00 **Premier League Review**
7.00 **Premier League Icons** A profile of former forward Eric Cantona.
7.30 **Premier League Stories** Behind the scenes of the Premier League.
8.00 **SSN Euro Report** The latest news from Euro 2024 in Germany.
11.00 **Class of '92: Full Time** With a play-off place the minimum expectation, an unbeaten run of games has Salford close in on the top seven. But fan unrest prompts Gary Neville to make big changes.
12.00 M'T **PL Retro** Manchester City v Manchester United from 2018.
2.00 AM **Premier League Years**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Legends**

Sky Sports Football

403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **SPFL Special: Celtic's Invincibles**
9.00 **EFL Greatest Games**
10.00 **EFL** Goals from 2017/18.
10.30 **Jimmy Glass: The Great Escape**
11.00 **SPFL** Archive highlights.
12.00 NOON **Bundesliga Highlights Show** Action from Germany.
1.00 PM **WSL** Leicester City v Arsenal.
1.30 **Women's Championship Show**
2.00 **Scottish Premiership Round-Up**
2.30 **EFL Highlights**
5.30 **EFL Greatest Games**
6.00 **Bundesliga** Action from Borussia Dortmund v Bayern Munich.
6.30 **Bundesliga Highlights Show**
7.30 **WSL** Highlights from Brighton & Hove Albion v Arsenal.
8.00 Highlights of Manchester United v Manchester City.
8.30 **SPFL Highlights** Rangers v Celtic.
9.00 **EFL** Highlights of Coventry City v Luton Town in the 2022/23 Championship play-off final.
10.00 Action from Barnsley v Sheffield Wednesday at Wembley.
11.00 Highlights from Carlisle United v Stockport County.
12.00 M'T **There's Only One Sauzee**
12.30 AM **SPFL** Best goals.
2.00 **to 6.00** AM **Greatest Games**

Sky Sports Cricket

404 514 504 422 442

6.00 AM **Secrets of Success**
7.00 **Test Cricket** England v West Indies.
8.00 **Test Cricket Bitesize**
8.15 **My Icon** Nasser Hussain.
8.30 **Test Cricket** Highlights.
9.30 **Talking Cricket**
10.00 **Test Cricket Bitesize** Action from England v West Indies.
10.15 **LIVE Test Cricket England v West Indies.** Coverage of day two of the first Test in the three-match series, staged at Lord's.
6.30 PM **LIVE Women's International T20 Cricket England v New Zealand.** The third match of the five-game series from the Spitfire Ground in St Lawrence, Canterbury.
10.00 **Test Cricket** Highlights from England v West Indies at Lord's.
11.00 **Test Cricket Bitesize** Brief action from England v West Indies.
11.15 **Best of England v Windies**
11.40 **Stuart Broad – My Greatest Spells** Highlights from 2016.
12.00 M'T **Test Cricket**
1.00 AM **Women's International T20 Cricket** England v New Zealand.
4.45 **Test Cricket Bitesize**
5.00 **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 515 505 423 443

6.00 AM **European Challenge Tour Golf** The Open De Provence.
6.30 **DP World Tour Golf**
7.00 **PGA Tour: The Cut**
7.30 **European Challenge Tour Golf**
8.00 **LIVE DP World Tour Golf** Day one of the Scottish Open at Renaissance Club, North Berwick. Rory McIlroy won this event last year, with a score of 15-under-par.
7.00 PM **LPGA Tour Golf**
8.00 **European Challenge Tour Golf**
8.30 **LPGA Tour Golf**
9.30 **LIVE PGA Tour Golf** Day one of the ISCO Championship, which is staged at Keene Trace Golf Club in Nicholasville, Kentucky.
12.30 AM **LPGA Tour Golf**
1.30 **Chronicles of a Champion Golfer** Profiles of leading players.
2.00 **The Open Films: Woods 2000**
3.00 **Chronicles of a Champion Golfer** Profiles of leading players.
4.00 **LPGA Tour Golf**
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

Sky Sports Tennis

407 537 520 425 445

6.00 AM **Tennis** Barcelona Open.
7.00 The Libema Open.
9.00 Dubai Championships.
10.00 Adelaide International.
11.00 **Tennis** The Open 13 final.
1.00 PM Highlights from the Grand Prix De Son Altesse Royale La Princesse Lalla Meryem final.
3.00 The ASB Classic final.
4.00 **Tennis** The Libema Open.
6.00 Dubai Championships.
6.30 Monte-Carlo Masters.
7.30 The Miami Open finals.
9.30 **Tennis** Indian Wells Open.
10.00 The Barcelona Open final.
11.00 The ASB Classic final.
12.00 M'T **to 6.00** AM **Tennis**

TNT Sports 1

410 870 527 408 430

6.00 AM **AFL** Another chance to see GWS Giants v Carlton Blues.
8.00 **Ultimate Pool**
9.30 **Major League Cricket Highlights**
11.30 **World Championship of Legends Cricket** Highlights.
1.30 PM **International Rugby Union**
3.00 **Premier League Stories**
3.30 **MotoGP Highlights** Action from the Grand Prix of Germany.
4.30 **MLB Highlights**
5.30 **MLB: Off the Bat**
6.00 **LIVE MLB Detroit Tigers v Cleveland Guardians.** Coverage of the American League match, which is held at Comerica Park. Start-time is at **6.10pm**.
9.15 **MotoE Highlights** Action from the Grand Prix of Germany.
9.45 **UFC: The Ultimate Fighter**
10.45 **V8 Supercars Highlights**
12.45 AM **Major League Cricket Highlights** San Francisco Unicorns v Texas Super Kings.
1.15 **LIVE Major League Cricket Washington Freedom v Seattle Orcas.** Coverage of the T20 match from Grand Prairie Stadium in Grand Prairie, Texas.
5.15 **MotoGP Rewind**
5.30 **to 6.00** AM **What I Wore**

TNT Sports 2

411 871 528 409 431

6.00 AM **Badminton** Highlights from the Canada Open finals.
8.00 **Women's T20 International Cricket** India v South Africa.
9.00 **WSL Championship Tour**
10.00 **WSL: Inside Pro Surfing**
11.00 **WNBA** Highlights from Indiana Fever v New York Liberty.
12.00 NOON Action from Las Vegas Aces v Dallas Wings.
1.00 PM **MLB Highlights** Baseball.
2.00 **Ultimate Pool** Action from the Ultimate Pool Pairs Cup Group 4.
3.30 **MotoGP Rewind** Action from the Grand Prix of Germany.
3.45 **World Championship of Legends Cricket** Highlights from West Indies v South Africa.
4.45 England v Pakistan.
5.45 Action from India v Australia.
6.45 West Indies v England.
7.45 South Africa v Pakistan.
8.45 West Indies v Australia.
9.45 India v South Africa.
10.45 **What I Wore** Jermain Defoe.
11.00 **WSL Championship Tour**
12.00 M'T **WSL: Inside Pro Surfing**
1.00 AM **Fishing: On the Bank**
2.00 **Born Racers** Magazine.
3.00 **AFL** St Kilda Saints v Sydney Swans.
5.00 **to 6.00** AM **UEFA Champions League – Stories of the Finals**

TNT Sports 3

417 874 529 410 432

6.00 AM **National League** Dorking Wanderers v Chesterfield.
7.30 A chance to see Southend United v Dagenham & Redbridge.
9.00 Another chance to see Oxford City v FC Halifax Town.
10.30 Another chance to see Chesterfield v Boreham Wood.
12.00 NOON **National League** Solihull Moors v Barnet.
1.30 PM A chance to see Altrincham v Oldham Athletic.
3.00 A replay of Kidderminster Harriers v FC Halifax Town.
4.30 **National League** A replay of Aldershot Town v Boreham Wood.
6.00 Another chance to see Boreham Wood v Ebbsfleet United.
7.30 **Premier League Review** A look back at all the best action from the 2023/24 season.
9.30 **Born Racers** Magazine.
10.30 **Badminton Weekly**
10.45 **Premier League Stories**
11.15 **Premiership Women's Rugby** Gloucester-Hartpury v Bristol Bears.
12.45 AM **Ultimate Pool**
2.15 **UFC Fight Flashback**
2.45 **UFC: The Ultimate Fighter**
3.45 **UFC Fight Flashback**
4.45 **TNT Sports Reload**
5.00 **to 6.00** AM **MotoGP Highlights**

Sky Sports Action

408 517 507 426 446

6.00 AM **Fight Night International**
8.00 **NFL Highlights**
9.00 **Fight Night** Two bout replays.
11.00 **NFL Highlights** Action from six American Football matches.
5.00 PM **NFL Highlight** Denver Broncos v Minnesota Vikings.
6.00 Action from Los Angeles Chargers v Detroit Lions.
7.00 **Super League Highlights** Leigh Leopards v Wigan Warriors.
7.15 Brief highlights of Leeds Rhinos v Huddersfield Giants.
7.30 Highlights from Warrington Wolves v Leigh Leopards.
7.45 **My Icon** John Amaechi.
7.55 **LIVE Super League Warrington Wolves v Leeds Rhinos.** Coverage of the match from the 17th round of fixtures, which is staged at Halliwell Jones Stadium. Kick-off is at **8.00pm**.
10.00 **State of Origin Rugby League** New South Wales v Queensland.
11.00 **NFL Highlights** Action from Buffalo Bills v New York Giants.
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 AM **Super Bowl LVIII Highlights**
2.00 **Fight Night International**
4.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 873 510 429 449

6.00 AM **Fight Night International**
8.00 **NFL Highlights**
9.00 **Best of ICC WT20**
9.30 **Indycar** Indy 200 at Mid-Ohio.
10.30 **England Golf: Get into Golf**
11.00 **LIVE LPGA Tour Golf** The first day of the Evian Championship, which is held at Evian Resort Golf Club in Evian-les-Bains, France.
5.00 PM **England Golf: Get into Golf**
5.30 **Best of ICC WT20**
6.15 **LIVE Women's International T20 Cricket England v New Zealand.** The third match of the five-game series at the Spitfire Ground in St Lawrence, Canterbury.
10.00 **Indycar** Indy 200 at Mid-Ohio.
11.00 **Formula 1** British Grand Prix.
12.00 M'T **LPGA Tour Golf**
1.00 AM **The Open Films**
2.00 **Fight Night International**
4.00 **to 6.00** AM **NFL Highlights**

TNT Sports 4

421 876 530 411 434

6.00 AM **MLB Highlights**
7.00 **MLB Classic** Archive action.
9.30 **MLB Plays of the Week**
10.00 **MLB Highlights**
11.00 **Fishing: On the Bank**
12.00 NOON **Sign Up: Into Football**
1.00 PM **The FA Disability Cup** Action from St. George's Park, with six finals including Cerebral Palsy, Deaf and Amputee.
2.00 **AFL** A replay of Melbourne Demons v West Coast Eagles.
4.00 **WSL Championship Tour** Action from the VIVO Rio Pro Finals.
5.00 **WWE SmackDown**
6.30 **WWE Monday Night Raw**
9.00 **Ultimate Pool** Action from the Ultimate Pool Pairs Cup Group 4.
10.30 **Badminton** Action from the Canada Open finals, which is part of the HSBC BWF World Tour.
12.30 AM **European Rally Championship Highlights**
1.00 **MotoGP Highlights**
2.00 **to 6.00** AM **MLB Classic**

Eurosport 1

413 868 521 412 435

6.00 AM **Tour de France: Breakaway**
6.30 **Hall of Fame: Beijing 2008**
7.30 **Tennis: Wimbledon**
9.00 **The Power of the Olympics**
9.30 **Cycling: Tour de France**
10.30 **Tour de France: Breakaway**
11.00 **LIVE Cycling: Tour de France** Coverage of the 12th stage.
5.00 PM **Cycling: Women's Giro d'Italia** Highlights of stage five.
6.00 **Climbing World Cup**
7.00 **Cycling: Desafio China by La Vuelta** Highlights from China.
8.00 **Cycling: Tour de France**
9.00 **Tour de France: Breakaway**
9.30 **Cycling: Women's Giro d'Italia**
10.30 **The Power of the Olympics**
11.00 **Cycling: Tour de France**
12.00 M'T **Tour de France: Breakaway**
12.30 AM **Tennis: Wimbledon**
2.00 **Cycling: Tour de France**
3.00 **Tour de France: Breakaway**
3.30 **Tennis: Wimbledon**
5.00 **to 6.00** AM **Cycling: Tour de France**

Eurosport 2

414 869 522 413 436

6.00 AM **Tennis: Wimbledon**
7.30 **Cycling: Tour de France**
8.30 **Tour de France: Breakaway**
9.00 **World Superbikes**
11.00 **Tennis: Wimbledon**
12.30 PM **Olympic Games: Athletes to Watch** Potential medallists.
1.00 **Porsche Supercup**
2.00 **Speedway Grand Prix**
3.00 **Motocross World Championship** From Lombok.
5.00 **Cliff Diving** Round three in Italy.
6.00 **World Superbikes**
8.00 **Climbing World Cup** The men's boulder final in Innsbruck, Austria.
9.00 **Mountain Biking** From France.
10.00 **Tennis: Wimbledon**
11.30 **World Superbikes**
12.30 AM **Cycling: Tour de France**
1.30 **Tour de France: Breakaway**
2.00 **Hall of Fame: London 2012**
3.00 **Olympic Games**
3.30 **Cycling: Tour de France**
4.30 **Tour de France: Breakaway**
5.00 **to 6.00** AM **World Superbikes**

Sky Sports Arena

412 518 508 427 447

6.00 AM **Super League**
8.05 **My Icon** Linford Christie.
8.15 **Super League Highlights**
9.00 **PDC Classics** Archive action.
10.00 **Super League Highlights**
10.45 **Super League Gold**
10.50 **LIVE NRL Dolphins v South Sydney Rabbitohs.** From Dolphin Stadium. Kick-off **10.50am**.
12.50 PM **My Icon** Linford Christie.
1.00 **NFL Highlights**
2.00 **State of Origin Rugby League**
3.00 **PDC Classics** Archive highlights.
4.00 **Fight Night** Two bout replays.
6.00 **NBC's Pro-Football Talk**
8.00 **Super League**
10.05 **My Icon** Linford Christie.
10.15 **Super League Highlights**
11.00 **Fight Night International**
12.00 M'T **Fight Night**
1.00 AM **Super League**
3.05 **My Icon** Kadeen Corbin.
3.15 **State of Origin Rugby League**
4.15 **PDC Classics** Archive action.
5.15 **to 6.00** AM **Super League**

Sky Sports F1

406 516 506 424 444

6.00 AM **The Home of F1**
11.00 **Formula 1** British Grand Prix.
1.15 PM **Ted's Notebook**
1.45 **Formula 1** Season highlights.
2.00 **Formula 3** From Silverstone.
3.05 **Formula 1** Race highlights.
3.15 **Formula 3** British Grand Prix.
4.20 **F1 Feature**
4.25 **Formula 2** British Grand Prix.
6.45 **Formula 1** Race highlights.
7.00 The British Grand Prix, the 12th round of the season.
9.15 **Ted's Notebook**
9.45 **Formula 1** Race highlights.
10.00 **Indycar** The Honda Indy 200 at Mid-Ohio Sports Car Course.
11.00 **Formula 1** British Grand Prix.
12.00 M'T **Indycar** Indy 200 at Mid-Ohio.
1.00 **to 6.00** AM **The Home of F1**

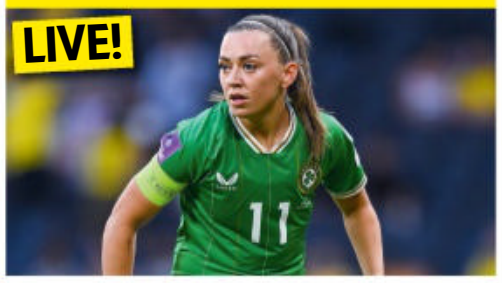
SKY HD SD VIRGIN HD EE HD

Friday

12 July

Evening Planner

Football



Euro 2025 Qualifier: England v Rep of Ireland
ITV1, kick-off 8pm
Coverage of the Euro qualifier for next year's tournament, from Carrow Road.

OnDemand

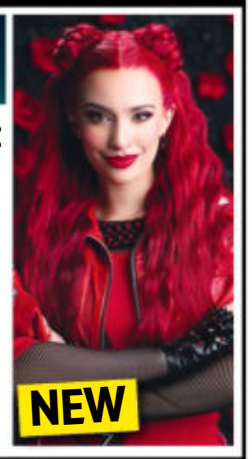
UK TV play

Sisters
Available today
When two women, one from Canada and one from Ireland, learn they are half sisters, they try to track down their father.

OnDemand

Disney+

Descendants: The Rise of Red
Available today
Chaos ensues when Red, daughter of the Queen of Hearts, arrives in Auradon.



OnDemand

prime video

The Iron Claw
Available today
Zac Efron and *The Bear*'s Jeremy Allen White star in this fact-based sports drama about pro wrestling.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Make It at...	8.00 Would I Lie to...	8.30 Outnumbered	9.00 Death in Paradise		10.00 News; Local News	
102 BBC2	◂ 3.00 Wimbledon – Live: Further coverage		8.00 Today at Wimbledon		9.00 Sacred Rivers with Simon Reeve		10.00 Extras	10.30 Newsnight
103 ITV1	7.00 Emmerdale	7.30 Euro 2025 Qualifier – Live: England v Republic of Ireland (Kick-off 8.00)					10.15 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Lake District Rescue		9.00 Celebrity Gogglebox		10.00 Celebrity I Literally Just Told You	
105 CHANNEL 5	7.00 Motorway Cops: Catching Britain's...		8.00 Motorway: Hell on the Highway		9.00 Court Martial: Soldiers Behind Bars		10.00 Film: Dawn of the Planet of the Apes	
106 SKY SHOWCASE	7.00 The Simpsons				9.00 Rob & Romesh vs Magic in Vegas		10.00 Never Mind the Buzzcocks	
ENTERTAINMENT								
115 BBC3	7.00 Top Gear Bolivia Special			8.20 Wagspiracy: Vardy v...	9.00 Film: House of Gucci			
116 BBC4	7.00 Today at the Test		8.00 All New Top of the Pops		9.00 Dolly Parton at the BBC		10.00 Dolly Parton: Here I Am	
118 ITV2	7.00 Wheel of Fortune		8.00 The Masked Singer US		9.00 Love Island		10.05 The Stand Up...	10.35 Family Guy
136 MORE4	◂ 6.55 Car S.O.S.	7.55 Grand Designs			9.00 The Sommerdahl Murders			
135 E4	7.00 Hollyoaks	7.30 Come Dine...	8.00 The Great Celebrity Bake Off for...		9.00 Film: Terminator: Dark Fate			
107 SKY WITNESS	7.00 Caught on Dashcam		8.00 Blue Bloods		9.00 Law & Order: Special Victims Unit			
108 SKY ATLANTIC	◂ 6.45 Gomorrah	7.55 Game of Thrones			9.00 Chernobyl		10.10 House of the Dragon	
110 GOLD	◂ 6.40 Dad's Army		8.00 The Thin Blue Line	8.40 The Vicar of Dibley	9.20 Harry Enfield and...		10.00 The Fast Show	10.40 Mrs...
111 DAVE	7.00 Would I Lie to You?	7.35 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
119 ITV3	7.00 Heartbeat		8.00 Doc Martin				10.00 Trigger Point	
120 ITV4	7.00 Tour de France Highlights		8.00 Film: A View to a Kill					
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: The Waterboy			
139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Stargate SG-1		9.00 Britannia			
113 SKY MAX	7.00 Stargate SG-1		8.00 The Ultimate Action Movies		9.00 Rob & Romesh vs Magic in Vegas		10.00 Never Mind the Buzzcocks	
109 ALIBI	7.00 Elementary		8.00 Father Brown		9.00 Death in Paradise		10.00 Father Brown	
130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Down the Tracks: The Music That Influenced Led Zeppelin				10.00 Led Zeppelin: In the Light	
132 W	7.00 Tipping Point: Lucky Stars		8.00 Inside the Ambulance		9.00 999 Rescue Squad		10.00 Gavin & Stacey	
DOCUMENTARY								
125 DISCOVERY	7.00 Kindig Customs		8.00 Gold Rush: Parker's Trail		9.00 Moonshiners		10.00 Blowing Up History	
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Intruders		9.00 Monsters Inside Me		10.00 Alaska: The Last Frontier	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Air Crash Investigation: Special Report		9.00 Air Crash Investigation		10.00 Russia's Toughest Prisons	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Auction Kings		9.00 Storage Wars		10.00 Pawn Stars Do America	
155 YESTERDAY	7.00 Find It, Fix It, Flog It		8.00 Jay's Yorkshire Workshop		9.00 Secrets of the London Underground		10.00 Bangers & Cash: Restoring Classics	
121 SKY DOCS	7.00 To End All War: Oppenheimer and the Atomic Bomb				9.00 Ibiza Narcos		10.00 Kings of Coke	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.20 Eileen		8.00 The Nun II				10.00 Five Nights at Freddy's	
302 SUPERNATURAL	◂ 6.00 The Nun II		8.00 Insidious: The Red Door				10.00 The Pope's Exorcist	
303 BEST OF 2024	◂ 6.10 Anyone But You		8.00 Barbie				10.00 The Beekeeper	
304 GREATS	◂ 5.35 Star Trek Into Darkness		8.00 Terminator 2: Judgment Day					
305 ANIMATION		7.10 The Wild Thornberrys Movie		8.40 Storks			10.10 The Road to El Dorado	
306 FAMILY	◂ 5.50 Twins	7.40 Pan				9.45 Finding Neverland		
307 ACTION	◂ 5.35 The Woman King		8.00 Mission: Impossible – Dead Reckoning Part One					
308 COMEDY	◂ 5.55 Miss Congeniality 2: Armed and...		8.00 The Invention of Lying			9.45 The Men Who Stare at Goats		
309 THRILLER	◂ 6.05 Extremely Wicked, Shockingly Evil...		8.00 Layer Cake				9.55 Miami Vice	
310 DRAMA	◂ 5.35 Far and Away		8.00 Jerry Maguire					10.25 Born on the...
311 SCI-FI	◂ 5.50 Star Trek Beyond		8.00 Back to the Future Part II				10.00 Ghost in the Shell	
313 FILM4	◂ 6.05 Transformers: Revenge of the Fallen				9.00 Transporter 2			
SPORT								
401 MAIN EVENT	◂ 6.30 Women's...	7.30 Betfred Super League – Live: Wigan Warriors v St Helens (Kick-off 8.00)					10.15 PGA Tour Golf – Live	
402 PREMIER LEAGUE	7.00 PL Icons	7.30 PL 100	8.00 SSN Euro Report					
403 FOOTBALL	◂ 6.30 Bundesliga...	7.30 Women's...	8.00 WSL	8.30 Scottish...	9.00 EFL Highlights		10.00 EFL	
404 CRICKET	◂ 6.45 Vitality T20 Blast Cricket – Live: Lancashire Lightning v Yorkshire Vikings						10.15 Test Cricket	
410 TNT SPORTS 1	◂ 4.00 World Championship of Legends Cricket – Live			8.30 AFL				10.30 UFC: Ultimate...
411 TNT SPORTS 2		7.15 Major League...	7.45 Major League Cricket – Live: MI New York v Texas Super Kings					

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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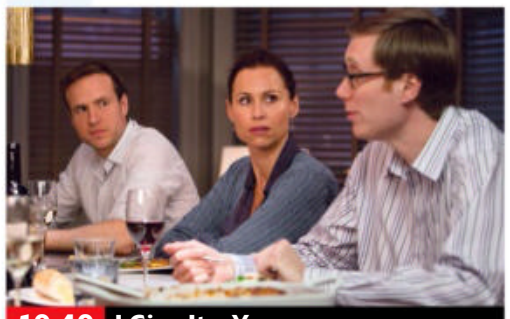
Friday

BBC1

101 | 101 | 1 | 101 | 101

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Close Calls: On Camera** A woman races against the tide as she lies injured in a rock pool. (S)(R)
11.15 **Homes Under the Hammer** From Aylesbury, Bolton and Kent. (S)(R)
12.15 PM **Bargain Hunt** New edition Teams in Exeter go on the hunt for items to sell at auction. (S)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 LIVE **Wimbledon** Clare Balding presents coverage of the 12th day's play of the prestigious grass-court tournament at the All England Club, including the men's singles semi-finals. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)



10.40 I Give It a Year

7 PM

7.00 **The One Show** Alex Jones and Vernon Kay present the topical show. (S)
7.30 **Make It at Market** Dom Chinea helps a glass-blower and a potter make their hobbies into businesses. (S)(R)

8 PM

8.00 **Would I Lie to You?** Unseen material from the comedy panel show. (S)(R)
8.30 **Outnumbered** Ben shows off his wilderness survival skills when he and his dad go camping. (S)(R)(AD)

9 PM

9.00 **Death in Paradise** *Tour de Murder:* 3/8. A cyclist is found dead halfway round a race, and while all evidence points to a fatal crash, the discovery of a torn-off piece of fabric prompts Jack to suspect foul play. (S9) (S)(R)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 FILM **I Give It a Year** Offbeat romantic comedy starring Rose Byrne and Rafe Spall. A newly married couple's relationship soon comes under strain because of their wildly different temperaments. With Anna Faris and Simon Baker. (S)(AD) (2013, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.10 AM NEW **TRNSMT** Shereen Cutkelvin introduces highlights of the event from Glasgow Green, featuring Liam Gallagher, Garbage, The Snuts, Declan McKenna, Example and Sugababes. (S)
2.10 **Weather for the Week Ahead** Seven-day forecast. (S)
2.15 **to 6.00** AM **BBC News** (S)

BBC2

102 | 102 | 2 | 102 | 102

6.15 AM **Bargain Hunt** (S)(R)(AD)
7.00 **Homes Under the Hammer** Rundown flats in London, Glasgow and Bournemouth. (S)(R)(AD)
8.00 **Sign Zone: The Repair Shop** Experts restore a notebook, a fire pump and a healing bowl. (S)(R)
9.00 **BBC News** (S)
12.30 PM LIVE **Wimbledon** Clare Balding presents coverage of the 12th day of the third Grand Slam tournament of the year, held at the All England Club, where the ladies' doubles semi-finals are scheduled to take place. (S)
3.00 LIVE **Wimbledon** Further coverage of day 12 of the Grand Slam tournament from the All England Club, where the men's singles semi-finals are among the day's matches. (S)

10.00 Extras

LIVE **Wimbledon** (started at 3.00pm)

8.00 **Today at Wimbledon** Qasa Alom hosts highlights of the 12th day's play, where the men's singles semi-finals were scheduled to take centre stage at the All England Club. (S)

9.00 **Sacred Rivers with Simon Reeve** 3/3. The adventurer travels to China for a trip along the Yangtze, seeing ancient rock carvings and the biggest power station on the planet before arriving in Shanghai. (S)(R)(AD)

10.00 **Extras** Andy tries to get on the right side of the press. Guest stars Daniel Radcliffe. (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 **Today at the Test** England v West Indies: Action from the third day of the first Test, staged at Lord's. (S)
12.05 AM FILM **Manhunter** Psychological thriller starring Brian Cox and William L Petersen. An ex-FBI agent comes out of retirement to catch a serial killer. (S)(AD) (1986, 18, 115min) ★★★★
2.00 **Sign Zone: Race Across the World: The Final** (S)(R)(AD)
3.00 **to 6.30** AM **Previews** (S)

ITV1

103 | 103 | 803 | 103 | 3 | 103 | 103 | 103

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.00 **ITV News** (S)
1.25 **Local News** (S)
1.30 LIVE **Racing** Francesca Cumani and Ed Chamberlin present coverage of the second day of the July Festival from Newmarket, including the 3.35 Tattersalls Falmouth Stakes, plus races at 1.50, 2.25 and 3.00. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.00 Emmerdale

7.00 **Emmerdale** Josh puts pressure on Samson, while Rose saves the day for Clemmie. (S)(AD)
7.30 LIVE **Football: Euro 2025 Qualifier** England v Republic of Ireland: Seema Jaswal presents coverage of the women's Group A3 match from Carrow Road. England prevailed 2-0 in April's reverse fixture in Dublin thanks to a strike by Lauren James and an Alex Greenwood penalty. With analysis from Karen Carney and Eni Aluko, commentary by Seb Hutchinson and Lucy Ward, and reports from Katie Shanahan. Kick-off is at 8.00. (S)

10.15 **ITV News** (S)
10.45 **Local News** (S)
11.05 **Stick to Football** New edition Gary Neville, Ian Wright, Jill Scott and Roy Keane break down Euro 2024 as it unfolds in Germany. (S)
12.00 M'T FILM **Rocky IV** Boxing drama starring Sylvester Stallone. (S)(AD) (1985, PG, 90min) ★★
1.30 AM **Teleshopping**
3.00 **Tour de France Highlights** (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jimmy & Shivi's Farmhouse Breakfast** (S)(R)(AD)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 | 104/108 | 804 | 108 | 4 | 104 | 104/106

6.30 AM **Cheers** 22&23/25. (S3) (S)(R)
7.20 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 9-12/24. (S4) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Renovation Nation** New edition In Cornwall, Anouska and Greig transform a basement storeroom into a guest bedroom. (S)(AD)
5.00 **A New Life in the Sun: Where Are They Now?** A couple plan to build a gîte in France. (S)(R)
6.00 **Four in a Bed** The B&Bers dish the dirt on Payment Day. (S)(R)
6.30 **The Simpsons** *Heartbreak Hotel:* Marge and Homer swap Springfield for a tropical island. (S)(R)(AD)

10.00 Celebrity I Literally Just Told You

7.00 **News** (S)

8.00 **Lake District Rescue** 1/4. The Wasdale Mountain Rescue Team are dispatched to help a man with a dislocated shoulder at the popular Eskdale Pools, and face the challenge of how to transport him to a hospital. (S)(R)(AD)

9.00 **Celebrity Gogglebox** New edition Famous faces including Martin and Roman Kemp, Rylan and his mother Linda, Miquita and Andi Oliver, and Stacey Solomon and Joe Swash critique the week's biggest TV shows. (S)(AD)

10.00 NEW SERIES **Celebrity I Literally Just Told You** Chico Slimani, Jonathan Ross, Josie Gibson, Oti Mabuse and Rylan compete in the game show hosted by Jimmy Carr, vying for a jackpot of £25,000 for their chosen charities. (S)
11.05 **8 Out of 10 Cats Does Countdown** Rhod Gilbert and Sarah Millican take on Judi Love and Joe Lycett. (S)(R)
12.05 AM FILM **Anaconda** Jungle adventure starring Jennifer Lopez. (S) (1997, 15, 100min) ★★★
1.45 FILM **Fantasy Island** Horror comedy starring Michael Peña. (S) (2020, 15, 105min) ★★★
3.30 **Come Dine with Me** (S)(R)(AD)
5.35 **to 5.55** AM **Food Unwrapped** (R)

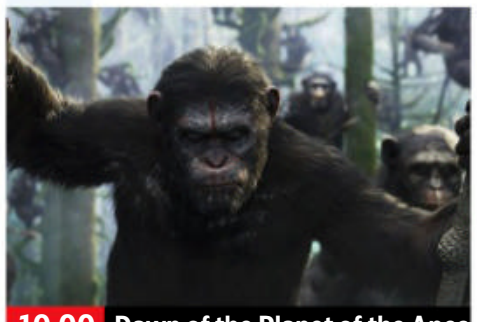
+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 | 105 | 105 | 105

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Storm Huntley** (S)
12.45 PM **Friends** (S9&10) (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **Remote Danger** Thriller starring Stephanie Bennett. (S) (2021, PG, 100min) ★★
4.00 **Bargain-Loving Brits in the Sun** Following Dave, who has always dreamed of kayaking in the National Park lakes. (S)(R)
5.00 **News** (S)
6.00 **Police Interceptors** A van driver blocks himself into a dead end and repeatedly rams the interceptors' car, while an overly confident drink driver gets argumentative. (S)(R)(AD)
6.55 **News** (S)



10.00 Dawn of the Planet of the Apes

7.00 **Motorway Cops: Catching Britain's Speeders** PC Ian Cosgrove attempts to pull over a suspected drink driver, but the situation begins to escalate. (S)(R)
7.55 **News** (S)

8.00 **Motorway: Hell on the Highway** New edition Disasters caused by drivers drifting across the carriageway, including a worker who crashed a tanker full of fuel into a group of parked cars in Thailand. (S)

9.00 NEW TO C5 **Court Martial: Soldiers Behind Bars** A young soldier is found drunk on duty in a war zone, and a disillusioned army chef rediscovers his fighting spirit in the Kill House. *Previously on 5Action.* (S)

10.00 FILM **Dawn of the Planet of the Apes** Sci-fi thriller sequel starring Andy Serkis, Jason Clarke and Gary Oldman. The leader of a colony of intelligent apes tries to prevent his tribe going to war against the human race. (S) (2014, 12, 150min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.30 AM **Police Interceptors: Pursuit and Capture** (S)(R)(AD)
1.20 **PlayOJO Live Casino Show** (S)
3.20 **Carol Klein's Great British Gardens** (S)(R)
4.10 **Marmite: Love It or Loathe It?**
5.05 **Wildlife SOS** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Stop, Search, Seize** (S)(R)(AD)
9.00 **Stargate SG-1** (S4) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **MacGyver** (S3) (S)(R)
3.00 **Hawaii Five-0** (S7) (S)(R)
4.00 **S.W.A.T.** 7/22. (S5) (S)(R)(AD)
5.00 **The Simpsons** *To Courier with Love:* Homer promises Marge the trip of a lifetime. (S)(R)
5.30 *Teenage Mutant Milk-Caused Hurdles:* Bart realises he has a crush on his new teacher. (S)(R)
6.00 **The Office (US)** 2/28. Part two of two. Andy plans his wedding to Angela. (S)(R)
6.30 3/28. Holly holds a seminar on ethics. (S5) (S)(R)

7.00 The Simpsons

7.00 **The Simpsons** *Simprovised:* Homer turns to improvisational comedy to gain confidence. (S)(R)
7.30 *Orange Is the New Yellow:* Marge receives a jail sentence after letting Bart go to the park alone. (S)(R)

8.00 **The Simpsons** *Habeus Tortoise:* Homer forms an internet group to solve a mystery. (S)(R)
8.30 *One Angry Lisa:* Lisa is called up for jury duty, and Marge becomes obsessed with her exercise bike. (S)(R)

9.00 **Rob & Romesh vs Magic in Vegas** Rob Beckett and Romesh Ranganathan are invited join Penn & Teller's show in Las Vegas and have just three days to pull their act together. (S)(R)(AD)

10.00 **Never Mind the Buzzcocks** Guests James Acaster, Kerry Godliman, Loyle Carner and Martin Kemp join the regulars on the music quiz. (S)(R)(AD)
10.45 With Johnny Borrell, Michelle De Swarte and Krept & Konan. (S)(R)(AD)

11.30 **The Force: North East** Officers attend the bloody aftermath of a gang fight in Newcastle, while there is trouble at a city centre kebab shop. (C)(R)
12.30 AM **Brit Cops: War on Crime** Crime documentary. (S)(R)
1.30 **Road Wars** Double bill. (S)(R)
3.00 **Hawaii Five-0** 11/25. (S7) (S)(R)
4.00 **S.W.A.T.** 7/22. (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
No variations

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
7.30-8.00pm Suzie Lee: Home Cook Hero New edition (S) **9.00-10.00pm** NEW The Twelfth (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
7.00pm LIVE Match of the Day Wales (S) **9.15** Weatherman Walking (S)(R) **9.30-10.00** Rhod Gilbert's Work Experience (S)(R) **10.40** Manics Back to Blackwood (S)(R) **11.40pm-12.10am** Would I Lie to You? (S)(R)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
9.00-10.00pm Death in Paradise (S)(R)(AD)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Bwyd Bach Shumana a Catrin **12.30** Cegin Bryn **1.00** Prynhawn Da New edition **1.55** Newyddion S4C a'r Tywydd **2.00** LIVE Seiclo: Tour de France **4.40** Bendibwmbwls **4.50** Anifeiliaid Bach y Byd **5.00** Stwnsh **6.00** Gerddi Cymru **6.30** Garddio a Mwy **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Para-Triathlon y Byd, Abertawe 2024 **8.25** Y Gêm **8.55** Newyddion S4C a'r Tywydd **9.00** Seiclo: Tour de France **9.35** Tanwen ac Ollie (AD) **10.05** Pêl-Droed Rhyngwladol **11.05-11.40pm** Yn y Fan a'r Lle (AD)

TV&Satellite week
New issue on sale now

BBC3

115/117/121 | 107/113 | 23 | 107 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear Bolivia Special** The team use secondhand 4x4s to negotiate the Amazon basin.
8.15 **The Catch Up**
8.20 **Wagspiracy: Vardy v Rooney** The hidden working of the tabloids and agents relating to the trial.
9.00 FILM **House of Gucci** Fact-based crime drama starring Lady Gaga, Adam Driver and Al Pacino. An outsider marries into the family behind the Italian fashion empire, and starts to unravel the family legacy. (2021, 15, 158min) ★★★
11.30 **Ladhood** 5/6. Liam gets competitive while recording a message for Ross' wedding. **11.55** 6/6. Ross asks Liam not to do anything weird on his wedding day. (S2)
12.20 AM **Paddy & Molly: Show No Mersey** Double bill.
1.20 **Wagspiracy: Vardy v Rooney** As 8.20pm.
2.05 **Ladhood** 1&2/6. (S3)
2.55 **to 3.55** AM **Paddy & Molly: Show No Mersey**

BBC4

116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Today at the Test** England v West Indies: Highlights of the third day of the first Test in the three-match series from Lord's.
8.00 **Top of the Pops** An edition from July 1983, featuring Paul Young, Heaven 17, Bananarama and Echo and the Bunnymen. **8.30** An edition from July 1977, with The Real Thing, Cilla Black, The Sex Pistols, Jigsaw and Hot Chocolate.
9.00 **Dolly Parton at the BBC** Archive performances by the country superstar, including *Jolene, 9 to 5,* and *Islands in the Stream.*
10.00 **Dolly Parton: Here I Am** A profile of the country star, charting the life and music of the singer-songwriter.
11.30 **Dolly Parton at Glastonbury 2014** The country singer's complete set on the Pyramid Stage.
12.40 AM **Country at the BBC**
1.40 **Top of the Pops**
2.45 **to 3.45** AM **Dolly Parton at the BBC**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **Food Unwrapped**
9.30 **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** Five editions from Edinburgh.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Chateau DIY** Matt and Helen host their first wedding at Château la Briance.
6.55 **Car S.O.S** Tim Shaw and Fuzz Townshend attempt to restore a Mazda MX5 for a former ambulance driver.
7.55 **Grand Designs Revisited** Kevin McCloud returns to West Sussex to meet with Olaf and Fritha, who set out to build a home on a small piece of land that is boxed in by a railway line and an A-road in 2019.
9.00 **The Sommerdahl Murders** New episode *The Law of Retribution – Parts One and Two:* Dan and Flemming investigate when a real estate developer is electrocuted in his jacuzzi. Subtitled. (S1)
11.00 **24 Hours in A&E** Junior doctor Silas works his first ever shift in resus. **12.05** AM A woman with a severe form of autism is brought in by her sister.
1.10 AM **8 Out of 10 Cats Does Countdown**
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 1-4/24. (S7)
2.00 PM **The Goldbergs**
3.00 **Modern Family**
4.00 **Young Sheldon**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Rex and Warren plan to get rid of Freddie.
7.30 **Come Dine with Me Paralympics Special** Retired swimmer Liz Johnson hosts the final night.
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** With Tan France, Caroline Quentin, Johanna Konta and Joel Dommett.
9.00 FILM **Terminator: Dark Fate** Action thriller sequel with Arnold Schwarzenegger. Sarah Connor must stop an advanced liquid Terminator from hunting down a young girl, whose fate is critical to the human race. (2019, 15, 123min) ★★★★
11.35 **Naked Attraction**
12.40 AM **The Big Bang Theory**
1.40 **Brooklyn Nine-Nine**
2.35 **Modern Family**
3.25 **Kitchen Nightmares USA**
4.15 **The Neighborhood**
5.05 **Brooklyn Nine-Nine**
5.30 **to 6.00** AM **Modern Family**

+1 hour 235/236 | 306 | 30 | 123

Friday primetime

Friday primetime

FRIDAY Entertainment

Friday

Sky Witness

107 807 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol** Double bill.
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
9.30 **Highway Cops**
10.00 **Send in the Dogs**
11.00 **Blue Bloods** 2/21. (S13)
12.00 NOON **New Amsterdam** (S5)
1.00 PM **Chicago Fire** 4/22. (S10)
2.00 **FBI: Most Wanted** 13/22. The team race to find a kidnapped 14-year-old girl. (S4)
3.00 **UK Border Force**
4.00 **Nothing to Declare**

9.00 Law & Order: SVU

7 PM

7.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

8 PM

8.00 **Blue Bloods** *Ghosted:* 3/21. Danny and Baez investigate after their friend is hospitalised. (S13)

9 PM

9.00 **Law & Order: Special Victims Unit** *The Mirror Effect:* 3/22. Benson tries to help a pop star in a volatile relationship. (S24)

10 PM

10.00 **Law & Order: Special Victims Unit** *The Steps We Cannot Take:* 4/22. Muncy attempts to fit in with the squad. (S24)
11.00 **The Equalizer** 9/10. (S4)
12.00 M'T **The Cleaning Lady** (S2)
1.00 AM **Coroner** 4/12. (S4)
2.00 **Bull** 6/22. (S6)
3.00 **The Good Doctor** 4/18. (S1)
4.00 **Paramedics** Documentary.
5.00 **to 6.00** AM **Sun, Sea and A&E**

+1 hour 207 310

Sky Atlantic

108/109 808 342 357

6.00 AM **Urban Secrets**
7.55 **Six Feet Under** 2&3/12. (S4)
10.05 **Gomorrah** (S3&4)
12.15 PM **Game of Thrones** (S2)
1.20 **The Sopranos** 10&11/13. (S5)
3.30 **Six Feet Under** 4/12. David's ex-fiancée asks him for help. **4.35** 5/12. David picks up an unbalanced hitch-hiker. (S4)
5.40 **Gomorrah** 2/12. Genny decides to reinvent himself as a businessman. Subtitled. **6.45** 3/12. An unexpected event forces Genny to return to his old criminal ways. (S4)

9.00 Chernobyl

7.55 **Game of Thrones** *What Is Dead May Never Die:* 3/10. Tyrion plots to identify Cersei's spy on the small council, while Maester Luwin helps Bran make sense of his dreams. (S2)
9.00 **Chernobyl** *1:23:45:* 1/5. Workers and firefighters put their lives on the line to deal with an explosion at the Chernobyl nuclear power plant. (S1)
10.10 **House of the Dragon** 4/8. Fantasy set 200 years before the events of *Game of Thrones*. (S2)
11.15 **The Wire** 5/13. The detail has trouble cracking a code used by the Barksdale crew. (S1)
12.25 AM **The Newsroom** 6/6. Will and Mac reflect on life. (S3)
1.40 **The Leftovers** 2/10. (S1)
2.50 **Game of Thrones** As 7.55pm.
4.00 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 813 111 346 361

6.00 AM **NCIS: Los Angeles** (S14)
7.00 **SEAL Team** 14/22. (S2)
8.00 **The Flash** 1/13. (S9)
9.00 **Stargate SG-1** (S4)
11.00 **NCIS: Los Angeles** 18/21. (S14)
12.00 NOON **The Flash** 3/13. (S9)
1.00 PM **MacGyver** 3&4/22. (S3)
3.00 **Hawaii Five-0** 11/25. (S7)
4.00 **S.W.A.T.** 7/22. (S5)
5.00 **SEAL Team** 13/22. (S2)
6.00 **Stargate SG-1** 17/22. The Harsesis child Shifu teaches Daniel how to defend Earth from the Goa'uld. (S4)

10.00 Never Mind the Buzzcocks

7.00 **Stargate SG-1** *The Light:* 18/22. The team are transfixed by a beautiful device encountered on another planet. (S4)
8.00 **The Ultimate Action Movies** Film fans Clara Amfo, Russell Kane and Guz Khan discuss the ultimate action movie.
9.00 **Rob & Romesh vs Magic in Vegas** Rob Beckett and Romesh Ranganathan are invited join Penn & Teller's show in Las Vegas.
10.00 **Never Mind the Buzzcocks** With James Acaster, Martin Kemp and Kerry Godliman. **10.45** With Michelle De Swarte, Johnny Borrell and Krept & Konan.
11.30 **The Walking Dead** 16/16. The survivors are given a taste of life at Terminus. (S4)
12.30 AM **We're Here**
1.35 **Road Wars** Double bill.
3.00 **Hawaii Five-0** 11/25. (S7)
4.00 **S.W.A.T.** 7/22. (S5)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 816 115 6 113

6.00 AM **CITV**
9.00 **World's Funniest Videos**
9.30 **Totally Bonkers Guinness World Records**
10.00 **Love Bites** Double bill.
12.00 NOON **Dress to Impress**
1.00 PM **Wheel of Fortune**
2.00 **Supermarket Sweep**
3.00 **Charmed** 10/22. (S1)
4.00 **Dawson's Creek** 10/23. (S4)
5.00 **Dress to Impress**
6.00 **Celebrity Catchphrase** With Charlene White, Russell Kane and Laurence Llewelyn-Bowen.

6.00 Celebrity Catchphrase

7.00 **Wheel of Fortune** Graham Norton hosts the game show as three contestants take on the wheel to win cash prizes.
8.00 **The Masked Singer US** New edition Celebrating the music of Sir Elton John, with Robin Thicke performing *Tiny Dancer*.
9.00 **Love Island** New edition As week six comes to a close, the twists and turns keep on coming as the finishing line draws closer.
10.05 **The Stand Up Sketch Show** New edition Featuring Luke Kempner. **10.35** **Family Guy** 1/22. Lois meets an old flame. (S11)
11.05 **Family Guy** 18/23. (S10)
11.35 **American Dad!** (S8&7)
12.30 AM **The Sex Lives of College Girls** 9&10/10. (S2)
1.40 **Don't Hate the Playaz**
2.25 **Totally Bonkers Guinness World Records**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 117 10 115

6.00 AM **Classic Emmerdale**
7.35 **Classic Coronation Street**
8.05 **Agatha Christie's Poirot**
10.30 **The Royal** *Winners and Losers.*
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.45 **Inspector Morse** *Deadly Slumber:* A hospital benefactor is murdered. Guest stars Brian Cox.
6.00 **Heartbeat** *Another Little Piece of My Heart:* Rosie is shocked when her aunt's dog is shot while out on a walk.

8.00 Doc Martin

7.00 **Heartbeat** *Seeds of Destruction:* A local man arrested for poisoning dies in custody after being given Ventress' pills.
8.00 **Doc Martin** *The Wrong Goodbye:* 8/8. The doctor's last day in Portwenn is filled with unwanted drama. (S4)
9.00 **Doc Martin** *Preserve the Romance:* 1/8. The GP struggles to come to terms with his new role as a father. (S5)
10.00 **Trigger Point** 5/6. The team catch a break when one of the terrorists is spotted by an off-duty policeman. (S2)
11.00 **Trigger Point** 6/6. Lana learns the terrorists intend her to be a key component of their next attack. (S2)
11.55 **Agatha Christie's Poirot** *Murder on the Orient Express.*
1.35 **to 2.30** AM **Upstairs, Downstairs**

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
5.45 PM **LIVE Sportscene: Women's Euro Qualifier** Slovakia v Scotland: Coverage of the Group B2 match from Stadión pod Zoborom in Nitra. Kick-off is at 6.00.
8.00 **The Seven**
8.30 **Icons of Football** 5/6. A profile of former Arsenal and Scotland star Jen Beattie.
9.00 **Still Game** 1/6. Jack goes to visit his daughter in Canada. (S3)
9.30 **Two Doors Down** 4/6. Colin throws a birthday party for his father. (S2)
10.00 PM **to 12.00** M'T **NEW TRNSMT** Shereen Cutkelvin presents highlights from day one of the festival held on Glasgow Green, featuring Liam Gallagher, Garbage and Sugababes.

Sky Comedy

114/115 814 112 347 362

8.00 AM **Will & Grace** (S7)
9.00 **American Auto** (S2)
10.00 **Sort Of** (S3)
10.30 **Vice Principals** (S2)
11.40 **Ballers** 1&2/9. (S4)
12.50 PM **Eastbound & Down**
2.10 **Vice Principals** (S2)
3.20 **Ballers** 3&4/9. (S4)
4.30 **In the Long Run** (S1)
5.00 **Will & Grace** (S7)
6.00 **The Office (US)** (S5)
7.00 **American Auto** (S2)
8.00 **Will & Grace** 7/22. Jack takes a shine to a taxman. **8.30** 8/22. Jack decides on a new career. (S1)
9.00 **Sex and the City** 7/20. Carrie nurses her pride. **9.35** 8/20. Carrie tests a trapeze. (S6)
10.10 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.10 **Micky Flanagan: An' Another Fing Live**
1.10 AM **Silicon Valley** (S2)
2.20 **Hello Ladies: The Movie**
3.50 **to 5.00** AM **Eastbound & Down**

Sky Arts

130/131 826 123 36 147 365

6.00 AM **Arts Uncovered**
6.10 **Michael Flatley: Lord of the Dance – Dangerous Games**
8.00 **Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Joy of Painting**
1.00 PM **Tales of the...**
2.00 **National Treasures: The Art of Collecting**
3.00 **Hitler's Jazz Band**
4.00 **Discovering**
5.00 **Joy of Painting**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Down the Tracks: The Music That Influenced Led Zeppelin**
10.00 **Led Zeppelin: In the Light** Double bill.
12.15 AM **Cream Reunion Concert** From 2005.
2.45 **Live from Artists Den**
3.55 **National Trust: National Treasures**
5.10 **to 6.00** AM **The Art of Architecture**

Sky Mix

151 135 11 144

7.00 AM **Border Security: Canada's Front Line**
8.00 **Nothing to Declare**
9.00 **Motorway Patrol**
10.00 **Highway Patrol**
11.00 **Stop, Search, Seize**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Border Security: Canada's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S5)
5.00 **Star Trek: Enterprise**
6.00 **Star Trek: Deep Space Nine** 19/20. (S1)
7.00 **Star Trek: Voyager** (S5)
8.00 **Hawaii Five-0** (S1)
9.00 **Dating Death** The story of Rodney Alcala.
10.00 **Killer in My Village**
11.00 **Snapped**
12.00 M'T **Grimm** 4/13. (S6)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 119 28 119

7.05 AM **Sugar Showdown**
7.35 **The Real Housewives of Cheshire** Reality series.
8.35 **Masters of Flip**
9.35 **Buying and Selling**
10.35 **The Real Housewives of Cheshire** Reality series.
11.35 **The Real Housewives of New Jersey**
12.30 PM **Real Housewives of Orange County**
1.20 **The Only Way Is Essex**
2.05 **Dinner Date**
3.05 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of Salt Lake City** New edition Whitney and Lisa avoid each other in Bermuda.
6.00 **Masters of Flip**
7.00 **Million Dollar Listing: LA**
8.00 **Dinner Date**
9.00 **Botched** Double bill.
10.55 **The Only Way Is Essex**
11.40 **Singletown**
12.45 **to 1.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 170 50

8.00 AM **Highway to Heaven**
9.00 **Diagnosis Murder**
11.00 **Castle** 7&8/23. (S4)
1.00 PM **Sue Thomas: F.B.Eye** 16/19. (S2)
2.00 **Father Dowling Mysteries** 4/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 19–22/24. (S3)
9.00 **The Avengers** *You Have Just Been Murdered:* 21/24. Steed and Mrs Peel attempt to track down an assassin. (S5)
10.00 **Randall and Hopkirk (Deceased)** *When the Spirit Moves You:* 16/26. A big-time crook threatens Jeff. (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S3)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **Return of the Saint**
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257 62

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 118 26 117

6.00 AM **World of Sport**
6.15 **Minder**
7.15 **The Professionals**
8.20 **Dempsey and Makepeace**
9.25 **Magnum, PI**
10.20 **Kojak**
11.30 **Made in Britain**
12.00 NOON **BattleBots**
1.00 PM **Tour de France Highlights**
2.00 LIVE **Tour de France** Coverage of the 13th stage.
5.00 **World of Sport**
5.25 **Mr Bean**
6.00 **BattleBots**

8.00 A View to a Kill

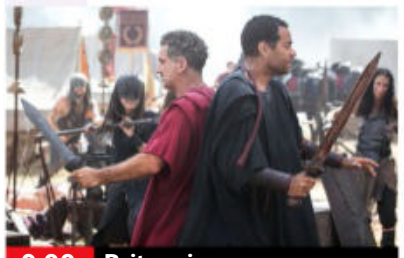
7.00 **Tour de France Highlights** Action from the 13th stage, as the race departs from Agen and heads towards Pau.
8.00 FILM **A View to a Kill** James Bond adventure starring Roger Moore. British secret agent 007 travels to Paris and San Francisco to investigate wealthy industrialist Max Zorin and uncovers a nefarious plot to destroy California's Silicon Valley. With Christopher Walken and Tanya Roberts. (1985, PG, 121min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.45 **Wrestling: AEW Dynamite** The latest hard-hitting action.
12.45 AM **Minder** *Aces High and Sometimes Very Low:* A gambler is robbed.
1.45 **The Professionals** *Private Madness - Public Danger:* Three killings leave the team baffled.
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Blood & Treasure** 1/13. (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 6&7/26. (S7)
3.00 **Fact or Faked: Paranormal Files** Featuring footage of unidentified bipedal creatures.
4.00 **Star Trek: Enterprise** (S1)
5.00 **Star Trek: Voyager** 6/26. (S6)
6.00 **Star Trek: The Next Generation** 6/26. Data's dream turns into a nightmare for the rest of the crew. (S7)

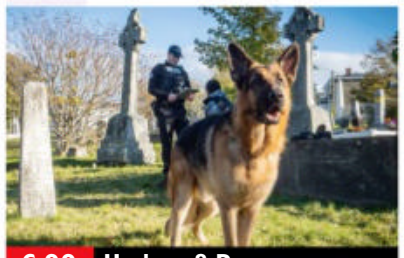

9.00 Britannia

7.00 **Star Trek: The Next Generation** *Dark Page:* 7/26. The team welcome a delegation from a telepathic species. (S7)
8.00 **Stargate SG-1** *Hathor:* 14/22. A Goa'uld masquerading as the Egyptian goddess Hathor casts a deadly spell. (S1)
9.00 **Britannia** 6/10. Philo and Brutus spike the water supply of a Roman encampment, and Harka sends Veran a message.
10.00 **Britannia** 7/10. A traumatised Vitus returns to the castrum with a message from the Dead Man. (S2)
11.00 **Wynonna Earp** 11/12. Companions become enemies after a wish goes awry. (S2)
12.00 M'T **Reginald the Vampire** 1&2/10. Double bill of the fantasy comedy. (S2)
2.00 AM **Blood & Treasure** (S2)
3.00 **Star Trek: The Next Generation** 6&7/26. (S7)
5.00 **to 6.00** AM **Most Haunted US**

Alibi

109/110 809 114 343 358

7.15 AM **Murdoch Mysteries** (S7)
9.00 **The Doctor Blake Mysteries**
10.00 **Elementary** 2/24. (S3)
11.00 **Hudson & Rex** 3/16. (S1)
12.00 NOON **Father Brown**
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S7)
4.00 **Elementary** 2/24. The duo investigate a homicide. (S3)
5.00 **Father Brown** As 10.00pm.
6.00 **Hudson & Rex** 3/16. When a woman is found comatose in a graveyard, Charlie and Rex dig up a cold case which may be connected. (S1)


6.00 Hudson & Rex

7.00 **Elementary** *For All You Know:* 16/24. Sherlock struggles to prove his innocence when he is accused of murder. (S3)
8.00 **Father Brown** *The Face of the Enemy:* The priest spies trouble when Lady Felicia returns to Kembleford from Africa.
9.00 **Death in Paradise** *In the Footsteps of a Killer:* 7/8. The team reopen a seven-year-old murder case. (S6)
10.00 **Father Brown** *The Crimson Feather:* When Mrs McCarthy's goddaughter goes missing, the priest follows her trail to a gentlemen's club.
11.00 **Elementary** As 7.00pm.
12.00 M'T **CSI: Vegas** 10/21. A social media influencer party ends with the brutal murder of a popular guest. (S2)
12.55 AM **Murdoch Mysteries** (S7)
2.50 **to 4.00** AM **The Gulf**

+1 hour 209/210 314

GOLD

110/111 810 124 344 359

7.10 AM **Highlights**
9.20 **My Hero**
10.00 **Are You Being Served?**
10.40 **Still Open All Hours**
11.20 **Last of the Summer Wine**
12.40 PM **The Green Green Grass**
1.20 **My Hero**
2.00 **Still Open All Hours**
2.40 **Dad's Army**
3.20 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **Still Open All Hours**
6.00 **The Green Green Grass**
6.40 **Dad's Army**

9.20 Harry Enfield & Chums

7.20 **Dad's Army** Mainwaring's bumbling platoon take part in an exercise with the regular army.
8.00 **The Thin Blue Line** DI Grim does a spot of moonlighting.
8.40 **The Vicar of Dibley** Geraldine conducts a radical Sunday service.
9.20 **Harry Enfield and Chums** Frank Doberman lectures Damon Hill on the Highway Code.
10.00 **The Fast Show** Jesse shares more fashion tips.
10.40 **Mrs Brown's Boys** Mark and Betty announce they are leaving for Australia.
11.20 **Mrs Brown's Boys**
12.00 M'T **Paul Whitehouse's Sketch Show Years**
12.40 AM **The Vicar of Dibley**
1.20 **Harry Enfield and Chums**
2.00 **The Fast Show** As 10.00pm.
2.30 **The Lenny Henry Show**
3.15 **to 4.00** AM **Thin Blue Line**

+1 hour 210/211 324

Dave

111/112 811 127 19 157

7.10 AM **Whose Line Is It Anyway? USA** Double bill.
8.00 **Border Force: America's Gatekeepers** Documentary.
9.00 **Top Gear** Triple bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **James May's 20th Century** Double bill.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** A visit to Thailand.
6.00 **Rick Stein's Taste of Shanghai** The chef finds out whether Shanghai has hung on to its culinary roots.

5.00 Asian Adventure

7.00 **Would I Lie to You?** With Phil Wang, Jason Watkins, Adam Woodyatt and Maggie Aderin-Pocock. **7 PM**
7.35 **Richard Osman's House of Games** With Philippa Perry and Sarah Millican. **8.20** Guests include Anna Richardson, Sindhu Vee and Tom Rosenthal. **8 PM**
9.00 **QI XL** Jo Brand, Rob Brydon, Sean Lock and Alan Davies tackle Stephen Fry's questions on the topic of Germany. **9 PM**
10.00 **Have I Got a Bit More News for You** Jo Brand hosts, with musician and activist Feargal Sharkey and comedian Zoe Lyons. **10 PM**
11.00 **Taskmaster** With Roisin Conaty.
12.00 M'T **Mock the Week: Election Special** With Angela Barnes.
12.40 AM **Would I Lie to You?**
1.20 **QI XL** As 9.00pm.
2.30 **Room 101** With Nicola Adams.
3.00 **to 4.00** AM **Whose Line Is It Anyway? USA**

+1 hour 211/212 327 57

4seven

137/138 143 49 127

9.00 AM **Car S.O.S.**
10.00 **Renovation Nation**
11.00 **A Place in the Sun**
12.00 NOON **A New Life in the Sun: Where Are They Now?** From Spain.
1.00 PM **Frasier** (S3&4)
2.30 **Help! We Bought a Village** Documentary.
3.30 **Come Dine with Me**
6.05 **A Place in the Sun**
8.00 **George Clarke's Amazing Spaces** Combining an army lorry and an old caravan.
9.00 **24 Hours in A&E** A motorbike racer crashes at a track event.
10.00 **Super Surgeons: A Chance at Life** The surgeons tackle tumours in difficult places.
11.05 **Celebrity Gogglebox**
1.15 AM **Gogglebox**
2.15 **Outrageous Homes**
3.20 **Britain's Most Expensive Houses**
4.15 **to 4.45** AM **Kirstie and Phil's Love It or List It: Brilliant Builds**

5USA

141/169 120/162 21 129

9.00 AM **NCIS** 1-3/23. (S1)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Truth Is Out There:* 17/23. A US Marine is found dead at a nightclub. **7.00** *UnSealed:* 18/23. A former US Navy SEAL escapes from prison intent on finding his wife's real murderer. **8.00** *Dead Man Talking:* 19/23. The team investigate the murder of a fellow NCIS agent. **9.00** *Missing:* 20/23. The team investigate the disappearance of a US Marine. (S1)
10.00 **Law & Order: Special Victims Unit** *Perverted:* 9/24. A mutilated corpse is found in a park. (S11)
11.00 **Law & Order: Special Victims Unit** (S11&10)
1.55 AM **Law & Order** (S5)
3.00 **The Blacklist** (S3)
3.50 **to 4.00** AM **Entertainment News**

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops: Give Me My Car Back!**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 FILM **The Proposal** Romantic comedy with Sandra Bullock and Ryan Reynolds. (2009, 12, 103min) ★★★
11.15 FILM **Austin Powers: The Spy Who Shagged Me** Spoof espionage thriller sequel. (1999, 12, 94min) ★★★
1.20 AM **A Killer Makes a Call**
2.40 **GPs: Behind Closed Doors** Medical series.
3.30 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 141

5Action

150 130 33 132

9.00 AM **Car Pound Cops**
9.25 **Outback Truckers**
10.25 **Traffic Cops**
11.25 **Police Interceptors**
12.20 PM FILM **Ride the High Country** Western. (1961, PG, 93min) ★★★★
2.15 FILM **Horizons West** Western with Robert Ryan and Rock Hudson. (1952, PG, 90min) ★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Police: Night Shift 999** Officers are called to a fight in a takeaway.
10.00 **Motorway Cops: Catching Britain's Speeders** A driver refuses to stop for the police and ditches his car.
11.00 **Inside the Force**
12.00 M'T **Trucking Heavy**
1.00 AM **Deadliest Weather: Caught on Camera**
2.05 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

W

132/133 827 125 25 156

6.10 AM **MasterChef Australia** Double bill.
8.00 **Tipping Point: Lucky Stars** Double bill.
10.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Tipping Point: Lucky Stars** Double bill.
8.00 **Inside the Ambulance**
9.00 **999 Rescue Squad** Asylum seekers are found in a cargo container.
10.00 **Gavin & Stacey** The happy couple return from their honeymoon. **10.40** Gavin sets out to help Smithy accept his responsibilities. **11.20** Smithy and Nessa visit the hospital for their first ultrasound scan.
12.00 M'T **First Responders**
1.00 AM **20 Kids and Counting** Documentary.
2.00 **to 3.00** AM **Jo Frost: Nanny on Tour**

+1 hour 232/233 325

Drama

143 116 20 158

7.10 AM **London's Burning**
8.00 **Doctors** Double bill.
9.15 **Classic Holby City**
10.40 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **London's Burning**
3.00 **Born and Bred**
4.10 **Howards' Way**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **Are You Being Served?**
7.20 **Last of the Summer Wine** Classic comedy.
8.00 **Father Brown**
9.00 **Sister Boniface Mysteries** New episode *It's Just Not Cricket:* 6/8. Great Slaughter Cricket Club's arrogant star player is murdered. (S3)
■ Full series on UKTV Play
10.00 **New Tricks** *Ghosts.*
11.20 **Soldier, Soldier**
12.35 AM **Footballers' Wives**
1.35 **Born and Bred**
3.00 **to 4.00** AM **Classic Holby City**

+1 hour 243 316 60

FRIDAY Entertainment

Friday

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In Le Marche.
7.00 **Teleshopping**
8.00 **Antiques Road Trip**
1.00 PM **Money for Nothing**
2.00 **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Help! My House Is Haunted** New edition A dark entity is destroying a woman's life.
10.00 NEW SERIES **Death Walker with Nick Groff** Nick and Tessa investigate an asylum from 1827 with reports of paranormal activity.
11.00 **Celebrity Help! My House Is Haunted**
12.00 M'T **Unexplained: Caught on Camera**
1.00 AM **Paranormal: Caught on Camera**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Dr Jeff: Rocky Mountain Vet**

Challenge
145 139 48 146

7.00 AM **The Chase** Triple bill.
10.00 **Weakest Link**
11.00 **Pointless Celebrities**
12.00 NOON **Play Your Cards Right** Double bill.
1.00 PM **Bridge of Lies**
2.00 **Classic Who Wants to Be a Millionaire?** Quiz.
3.00 **Catchphrase**
4.00 **Blockbusters**
5.00 **Bullseye** Four editions of the darts-based quiz.
7.00 **Play Your Cards Right** Double bill of the game show with Bruce Forsyth.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **Cash Trapped**
2.00 **The Chase** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 426 42

8.00 AM **Coast Guard Alaska**
9.00 FILM **Deadly Voltage** Action adventure. (2015, PG, 84min) ★★
10.50 **War Machines**
12.00 NOON **Wild West...**
1.00 PM FILM **Ride Lonesome** Western. (1959, 12) ★★★★
2.35 FILM **Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
4.20 **Wild West Chronicles**
4.50 FILM **The Return of the Soldier** Drama. (1982, PG, 102min) ★★
7.05 FILM **Bermuda Tentacles** Thriller. (2014, 12, 86min) ★★
9.00 FILM **The Double** Thriller. (2011, 12, 94min) ★★
10.55 FILM **Last Action Hero** Fantasy. (1993, 15) ★★★
1.40 AM FILM **Cross the Line** Thriller. (2015, 15) ★★
3.30 **War Machines**
4.30 **to 5.00** AM **Wild West Chronicles**
+1 hour 324

GREAT! movies
321 425 34

9.00 AM FILM **Killer Contractor** Thriller. (2019, 12, 84min) ★★
11.00 FILM **A Deadly Obsession** Thriller. (2012, 12, 88min) ★★
12.55 PM FILM **A Stolen Past** Drama. (2018, 12) ★★
3.00 FILM **Live Once, Die Twice** Crime thriller. (2006, 12, 90min) ★★
5.00 FILM **10,000 Days** Drama. (2014, 12) ★
7.05 FILM **The Double** Thriller. (2011, 12, 94min) ★★
9.00 FILM **November Man** Spy thriller starring Pierce Brosnan. (2014, 15, 108min) ★★★
11.15 FILM **Stratton** Thriller. (2017, 15, 94min) ★★
1.10 AM FILM **Revolution** Drama with Al Pacino. (1985, PG, 123min) ★
3.30 **Wild West Chronicles**
4.00 **to 6.00** AM FILM **Unwanted Guest** Thriller. (2016, 12) ★
+1 hour 322

GREAT! romance
319 424 52

8.00 AM FILM **Love on Repeat** Comedy. (2019, PG, 81min) ★★
10.00 FILM **Two For The Win** Drama. (2021, PG) ★★
12.00 NOON FILM **A Winter Princess** Drama. (2019, PG, 82min) ★★
2.00 PM FILM **The Perfect Wedding Match** Comedy. (2021, PG) ★★
4.00 FILM **BFF Bride** Drama. (2019, PG, 77min) ★★
6.00 FILM **My Boss's Wedding** Drama. (2021, PG, 85min) ★★
8.00 FILM **Sailing into Love** Drama. (2019, PG) ★★
9.50 FILM **Love Knots** Romantic comedy. (2021, PG, 90min) ★★
12.00 M'T **Highway to Heaven**
1.00 AM FILM **Dater's Handbook** Comedy. (2016, U, 83min) ★★
3.00 **to 5.00** AM FILM **Cooking Up Love** Drama. (2020, PG) ★★
+1 hour 320 63

GREAT! real
189 61

9.00 AM **Emergency Rescue: Air, Land & Sea**
11.00 **Police Ten 7**
1.00 PM **Airline USA**
2.00 **Emergency Rescue: Air, Land & Sea**
3.00 **The People's Vet**
4.00 **Inside Paddington Station** Documentary.
5.00 **Airline USA**
6.00 **The People's Vet** A dog is not keen on getting his paw examined. **7.00** Vets attend to Tammy, a Jack Russell who is suffering repeated seizures. **8.00** A cat is brought in after being hit by a car. **9.00** A Rottweiler is rushed in for urgent medical attention.
10.00 **Code 1: Extreme**
11.00 **Police Ten 7**
1.00 AM **Cops Uncut**
2.00 **Coast Guard Alaska**
4.00 **to 5.50** AM **Police Ten 7**
+1 hour 289

DMAX
159 169 39 150

6.00 AM **Alaska: The Last Frontier** Documentary.
7.00 **Building Off the Grid**
8.00 **Aussie Gold Hunters**
9.00 **Deadliest Catch**
11.00 **Building Off the Grid**
12.00 NOON **Alaska: Homestead Rescue**
1.00 PM **Outback Opal Hunters** Documentary.
2.00 **Gold Divers**
4.00 **Richard Hammond's Workshop** Motoring.
5.00 **Kindig Customs**
6.00 **Deadliest Catch**
7.00 **Alaska: The Last Frontier** Documentary.
8.00 **Outback Opal Hunters**
9.00 **Kindig Customs**
10.00 **Extreme RVs**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
1.00 AM **Yukon Men**
2.00 **Teleshopping**
4.00 **Building Alaska**
5.00 **to 6.00** AM **Maine Cabin Masters**
+1 hour 259 369 151

Food Network
140/141 190 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Jamie Oliver: Together**
9.00 **James Martin's...**
10.00 **Adam Eats Britain**
11.00 **Ainsley's Good Mood Food** Green vegetables.
12.00 NOON **Great British...**
2.00 PM **James Martin's...**
3.00 **The Hairy Bikers' Food...**
4.00 **The Pioneer Woman**
5.00 **Girl Meets Farm**
6.00 **James Martin's American Adventure**
7.00 **Great British Bake Off**
8.00 **The Hairy Bikers' Food Tour of Britain**
9.00 **Ottolenghi's Mediterranean Feast**
10.00 **Nigella Bites**
11.00 **Diners, Drive-Ins and Dives** Double bill.
12.00 M'T **Grocery Games**
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Diners, Drive-Ins and Dives**
+1 hour 240/241 149

Legend
148 149 41 137

8.00 AM **Walker, Texas Ranger** 20/27. (S4)
9.00 **Airwolf** 14/22. (S3)
10.00 **Mission: Impossible**
11.00 FILM **Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
1.00 PM FILM **2021: War of the Worlds** Sci-fi thriller. (2021, 12, 78min) ★★
3.00 FILM **Slipstream** Thriller. (1989, PG, 101min) ★
5.00 **Star Trek** 27/30. (S1)
6.00 **Mission: Impossible**
7.00 **Airwolf** 15/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Last Passenger** Thriller starring Dougray Scott and Kara Tointon. (2011, 15, 95min) ★★★
10.55 FILM **The Football Factory** Action drama. (2004, 18, 91min) ★
12.45 AM FILM **Death Trench** World War One horror. (2017, 18, 88min) ★★
2.35 **to 4.20** AM FILM **Sacrifice** Horror. (2020, 15, 87min) ★★

Legend Xtra
317 171 69 138

6.00 AM FILM **Dragonquest** Fantasy. (2009, 12) ★★
8.00 FILM **Stormageddon** Thriller. (2015, PG) ★★
10.00 **Farscape** 21/22. (S3)
11.00 FILM **The Last Sharknado: It's About Time** Sci-fi adventure. (2018, 15, 90min) ★★
1.00 PM FILM **Bigfoot** Adventure. (2012, 12) ★★
3.00 **Farscape** 21/22. (S3)
4.00 **UFO** 7/26. (S1)
5.00 FILM **Dragonquest** Fantasy adventure. (2009, 12, 90min) ★★
7.00 **Farscape** 22/22. (S3)
8.00 **UFO** 8/26. (S1)
9.00 FILM **War on the Range** Western thriller with James Badge Dale. (2015, 15, 100min) ★★
11.05 FILM **Await Further Instructions** Horror starring Grant Masters. (2018, 15, 91min) ★★
12.55 **to 3.00** AM FILM **War on the Range** (2015)
+1 hour 318 371 139

Blaze
164 174 64 162

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Roswell: First Witness**
11.10 **Curse of Skinwalker...**
12.10 PM **Curse of Oak Island**
1.05 **Monsterquest**
2.05 **Pawn Stars**
3.05 **Auction Hunters**
4.00 **Ancient Aliens**
6.00 **Roswell: First Witness**
7.00 **Pawn Stars**
8.00 **Dickinson's Real Deal**
9.00 **Egypt's Unexplained Files** Documentary.
10.00 **Queens of Ancient Egypt** Cleopatra Selene.
11.00 **What on Earth?**
12.00 M'T **Mysteries from Above** Documentary.
1.00 AM **Roswell: First...**
2.00 **Wicked Tuna**
3.00 **Hardcore Pawn**
3.25 **Counting Cars**
4.10 **to 6.00** AM **Ancient Aliens**

5SELECT
153 138 46 133

9.00 AM **The Yorkshire Vet**
9.55 **Entertainment News**
10.05 **The Yorkshire Vet**
1.00 PM **Bargain-Loving Brits in the Sun**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.35 **The Yorkshire Vet**
6.00 **Ben Fogle: New Lives in the Wild** Ben meets a man living on a private island in Iceland. **7.00** Ben meets a man working to reduce the impact of climate change in Siberia.
8.00 **Tommy Cooper: 30 Funniest Moments** Memorable sketches, routines and one-liners.
10.00 **Yellowstone** *Sins of the Father:* 10/10. The Duttons scramble to save one of their own. (S2)
11.00 **Nazi Megastructures**
12.00 M'T **Forged in Fire**
3.30 AM **The Yorkshire Vet**
3.55 **to 4.00** AM **Entertainment News**

HGTV
158 191 44 166

7.00 AM **Building Alaska**
8.00 **Your Garden Made Perfect** In Wokingham.
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **A Place in the Sun**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Bargain Block**
2.00 **Flip or Flop** Double bill.
3.00 **Good Bones**
4.00 **Escape to the Country**
5.00 **Your Garden Made Perfect** In Wokingham.
6.00 **A Place in the Sun**
7.00 **Money for Nothing**
8.00 **Escape to the Country** Searching for a home in Northumberland.
9.00 **My Lottery Dream Home** Four editions.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 828 165

7.00 AM **My Lottery Dream Home** Double bill.
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Dr Pimple Popper**
11.00 **The Family Chantel**
12.00 NOON **Unexpected: Teenage & Pregnant**
1.00 PM **Sister Wives**
3.00 **7 Little Johnstons**
4.00 **Little People, Big World**
5.00 **The Family Chantel**
6.00 **Dr Pimple Popper**
7.00 **Too Large**
8.00 **Charlotte Church's Dream Build**
9.00 **Selling the Hamptons**
10.00 **Sex Sent Me to the ER**
11.00 **Monsters Inside Me**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **Sex Sent Me to the ER**
3.00 **Charlotte's Dream Build**
4.00 **Selling the Hamptons**
5.00 **to 6.00** AM **My Lottery Dream Home**
+1 hour 233/234 365

Comedy Central
112/113 812 132 345 360

8.00 AM **Most Ridiculous**
9.00 **Guessable?**
10.00 **Impractical Jokers**
11.00 **Home Improvement**
12.00 NOON **Last Man Standing** 9&10/22. (S4)
1.00 PM **Friends**
8.00 **Friends** 12/24. Monica is annoyed by Chandler's fake laugh. (S5) **8.30** 14/24.Joey and Phoebe play Cupid for Rachel and Ross. (S9)
9.00 FILM **The Waterboy** Comedy starring Adam Sandler and Kathy Bates. (1998, 12, 90min) ★★
10.45 **South Park: The End of Obesity** Animated one-off special about a new weight-loss drug.
11.50 **Channel Hopping with Jon Richardson**
12.50 AM **The Pep Talk** Series finale 10/10.
12.55 **South Park** (S18)
3.20 **Ugly Americans** (S1)
4.10 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 154

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Becker** 8-11/22. (S5)
11.00 **Friends** 2-5/24. (S7)
1.00 PM **Ridiculousness**
2.00 **Criminally Funny**
3.30 **Impractical Jokers: Inside Jokes**
4.00 **Daria** 4&5/13. (S4)
5.00 **Becker** 10&11/22. (S5)
6.00 **Home Improvement**
7.00 **Last Man Standing**
9.00 **Michael McIntyre's Big Show** With Joe Lycett.
10.00 **Friends** 18-21/24. (S5)
12.00 M'T **Out of Order**
1.00 AM **Frank Skinner Live**
2.15 **The Alternative Comedy Experience**
2.45 **Luisa Omielan: Comedy Central Live**
3.15 **Tez Ilyas: Comedy Central Live** Stand-up.
3.40 **Channel Hopping with Jon Richardson**
4.25 **The Ren & Stimpy Show**
5.15 **to 6.00** AM **Michael McIntyre's Big Show**

Sky Replay
152 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **911 Crisis Centre**
11.00 **Paramedics Australia**
12.00 NOON **Caught on Dashcam** Documentary.
1.00 PM **Stop, Search, Seize**
2.00 **Most Haunted**
4.00 **DC's Legends of Tomorrow** (S1)
6.00 **Warehouse 13** (S4)
8.00 **Caught on Dashcam**
9.00 **Delicious** 3&4/4. (S3)
11.00 **911 Crisis Centre**
12.00 M'T **Paramedics Australia** Mark and Carina help a paraglider who crashed into a cliff.
1.00 AM **The Russell Howard Hour**
2.00 **A League of Their Own Road Trip: Loch Ness to London**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 824 134

6.00 AM **Love Squad**
6.25 **Teen Mom 2**
7.10 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
6.55 PM **The Official UK No 1**
7.00 **Catfish: The TV Show** Jeremy needs help finding out who the man he is dating really is.
8.00 **Teen Mom UK: Next Generation** Chloe and Jack's night of romance is threatened by Chloe's illness.
9.00 **Behind the Music** New editions In the last in-depth interview of his life, Rob Pilatus and performer Fabrice Morvan chronicle their rise and fall as Milli Vanilli. **10.30** Insights into the lives of musical artists.
12.00 M'T **Help! I'm in a Secret Relationship!**
1.00 AM **Ink Master**
2.45 **Geordie Shore**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **How It's Made**
7.00 **Deadliest Catch**
8.00 **Blowing Up History**
9.00 **How the Universe Works**
10.00 **Iron Resurrection**
11.00 **Wheeler Dealers: Dream Car**
1.00 PM **Treehouse Masters**
3.00 **Mystery at Blind Frog Ranch**
4.00 **Flying Wild Alaska**
5.00 **Salvage Hunters** Drew Pritchard restocks his shop.
6.00 **Iron Resurrection** New edition A customer entrusts Martin Bros with his prized 1965 Buick Riviera.

9.00 Moonshiners

7.00 **Kindig Customs** Dave takes his futuristic theme to Kevin Hart's Challenger, which gets a new colour and flawless bodywork.
8.00 **Gold Rush: Parker's Trail** At the Brazilian hard rock mecca of Pocone, Parker discovers a game-changing type of mining.
9.00 **Moonshiners** New edition When their bootlegger suggests putting shine in pods, Mark and Digger enlist Amanda's help.
10.00 **Blowing Up History** New edition Examining the Dendera Temple, one of Egypt's best-preserved temples.
11.00 **Outback Truckers** Brian dodges high-tech solar cars and battles blow-outs.
12.00 M'T **Mystery at Blind Frog Ranch** Documentary.
1.00 AM **Moonshiners** As 9.00pm.
2.00 **Blowing Up History**
3.00 **Gold Rush: Parker's Trail**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/178 178

8.00 AM **Extinct or Alive**
9.00 **Amanda to the Rescue**
10.00 **Saved by the Barn**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Amanda to the Rescue**
2.00 **The Aquarium** Double bill.
4.00 **Saved by the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet** A puppy breaks its leg after falling off a trampoline.
6.00 **Extinct or Alive** Forrest Galante searches the Sierras for the elusive Southern Rocky mountain wolf.

8.00 Intruders

7.00 **Amanda to the Rescue** Amanda Geise and her children travel to Hawaii where they meet dogs perfect for Panda Paws.
8.00 **Intruders** A pest turns a dream apartment into a nightmare, and a mother battles to protect her son from venomous snakes.
9.00 **Monsters Inside Me** A Christmas baby is infected in utero, and a teacher's Thanksgiving celebration is disrupted.
10.00 **Alaska: The Last Frontier** The Kilchers decide to spend Thanksgiving on Atz Senior's homestead.
11.00 **Monsters Inside Me** A man discovers worms in his lungs.
12.00 M'T **Guardians of Rescue** Rob and Elle investigate a claim about dogs on a hot roof.
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved by the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262/278 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory USA**
9.00 **Air Crash Investigation**
10.00 **WW2: Hell Under the Sea**
11.00 **Europe from Above**
12.00 NOON **Car S.O.S**
1.00 PM **Draining the North Sea: Submarines at War**
2.00 **Air Crash Investigation**
3.00 **Hitler's Last Stand**
4.00 **Construction Fails**
5.00 **Car S.O.S** Tim and Fuzz restore a 1930 Ford Model A.
6.00 **Seconds from Disaster** The events that led to the nuclear accident in Japan in 2011.

10.00 Russia's Toughest Prisons

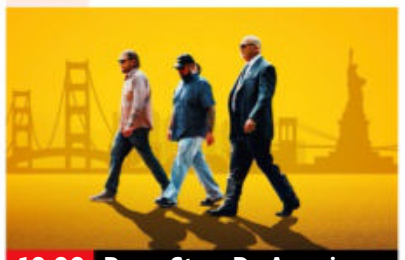
7.00 **Air Crash Investigation** How a China Airlines 747 broke up in mid-air 20 minutes after taking off from Taipei Airport.
8.00 **Air Crash Investigation: Special Report** A trio of disasters caused by the incorrect position of the aeroplane nose.
9.00 **Air Crash Investigation** A special edition focusing on the plane that targeted the Pentagon during the 2001 attack.
10.00 **Russia's Toughest Prisons** Documentary offering a never-before seen look inside three high security prisons.
11.00 **Air Crash Investigation**
12.00 M'T **Drug Lords: The Takedown** Documentary.
1.00 AM **Trafficked: Underworlds**
2.00 **Lords of War** Medieval lance.
2.30 **Abandoned** Double bill.
3.20 **Food Factory**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **American Pickers**
7.00 **Salvage Kings**
8.00 **Monsterquest**
10.00 **Pawn Stars** Double bill.
12.00 NOON **Secrets in the Ice**
1.00 PM **Salvage Kings**
2.00 **Swamp People: Serpent Invasion** Double bill.
4.00 **Pawn Stars** Rick makes a deal on a pair of snowshoes. **5.00** A 1939 Superman doll.
6.00 **American Pickers** A frozen-in-time adobe village complete with ghost stories and a Wild West saloon.



10.00 Pawn Stars Do America

7.00 **Forged in Fire** Smiths must craft a hatchet from pieces of odd-shaped steel, then two re-create the Maasai lion spear.
8.00 **Auction Kings** Oliver North attends the Gallery to reclaim a missing sword. **8.30** A electro shock machine from 1923.
9.00 **Storage Wars** Rene makes a costly gamble. **9.30** Brandi tries to teach Danielle a lesson about the true meaning of trash.
10.00 **Pawn Stars Do America** Rick, Corey and Austin travel to Denver, seeking historical finds and impressive collectibles.
11.00 **Evil Encounters** The paranormal documentary continues, turning attention to the legend of the Mothman.
12.00 M'T **Pawn Stars** Double bill.
2.00 AM **Cursed Histories**
3.00 **Auction Kings** Double bill.
4.00 **Forged in Fire** As 7.00pm.
5.00 **to 6.00** AM **Salvage Kings**

+1 hour 223/224 331

Yesterday

155 846 129 27 159

6.10 AM **Secrets of the Transport Museum** Double bill.
8.00 **Abandoned Engineering**
10.00 **Buildings That Fought Hitler**
11.00 **Secret Nazi Bases**
12.00 NOON **Find It, Fix It, Flog It**
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash: Restoring Classics** Double bill.
4.00 **Buildings That Fought Hitler**
5.00 **Secret Nazi Bases** A forgotten Nazi complex in Poland.
6.00 **Antiques Roadshow** Fiona Bruce presents from Eltham Palace in South London.

8.00 Jay's Yorkshire Workshop

7.00 **Find It, Fix It, Flog It** Henry and Simon discover items including baby scales, an oil can and a glass cabinet.
8.00 **Jay's Yorkshire Workshop** An organ donor and care home workers are nominated to receive handmade furniture.
9.00 **Secrets of the London Underground** Tim and Siddy explore Paddington to discover the tunnels hiding clues to its past.
10.00 **Bangers & Cash: Restoring Classics** The team follow Dave's advice on what car to buy – a Vauxhall Nova Merit Plus.
11.00 **Abandoned Engineering** Ruins from the time before the fall of the Berlin Wall, including a Communist base that hid Cold War submarines.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 **to 3.00** AM **Secrets of the Transport Museum**

+1 hour 255 329 74

Friday

7 PM

8 PM

9 PM

10 PM

Quest

144 834 137 12 172 167

6.00 AM **How Do They Do It?**
6.30 **Shed and Buried**
7.00 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **How Do They Do It?** Four editions.
2.00 PM **Salvage Hunters**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **Salvage Hunters: The Restorers**
6.00 **Wheeler Dealers**
8.00 **Salvage Hunters: Classic Cars** BMW 323i.
9.00 **Saving Lives at Sea**
10.00 **Ambulance**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Wheeler Dealers: Dream Car**
2.00 **Chasing Classic Cars**
3.00 **Overhaulin'**
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 168

Quest Red

149 168 40 169

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Curvy Brides Boutique**
9.00 **Say Yes to the Dress**
11.00 **Disappeared**
12.00 NOON **Forensic Detectives** True crime.
1.00 PM **FBI Files**
2.00 **American Monster**
4.00 **Murder on CCTV**
5.00 **Disappeared**
7.00 **The Killer in My Family**
8.00 **Murder on CCTV**
10.00 **People Magazine Investigates: Surviving** New edition A man turns out to be a bloodthirsty monster.
11.00 **Mean Girl Murders** New edition A tragic accident reveals the dark side of social media.
12.00 M'T **Forbidden: Dying for Love** Documentary.
1.00 AM **Betrayed**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

True Crime

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **48 Hours** A look at what happened when Schanda Handley was taken from her home.
8.00 **Forensics** The disappearance of Emma Louise Agnew, who left her friend's house and never made it to work.
9.00 **Cold Justice Sex Crimes** Casey and Alicia build a case against an uncooperative suspect and try to locate the witness who can confirm a woman's abduction.
10.00 **Bloodline Detectives** A 17-year-old girl is raped in McCleary.
11.00 **Ice Cold Killers**
1.00 AM **It Takes a Killer**
2.00 **Bloodline Detectives**
3.00 **Medical Detectives**
4.00 **48 Hours** As 7.00pm.
4.50 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 172 68 134

9.00 AM **Evidence of Evil**
11.00 **Medical Detectives**
1.00 PM **Medical Detectives**
2.00 **Evidence of Evil**
4.00 **Medical Detectives** How the owner of a severed leg is identified using forensic science. **4.30** Two brothers whose rocky relationship ended in disaster. **5.00** The murderers who burned their victim's body to cover their crime. **5.30** A clue suggests a killing could be linked to a previous murder. **6.00** The investigation into sexual assaults on four Indiana women. **6.30** A hidden fingerprint helps officers solve a case.
7.00 **Judge Judy** Back-to-back real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Patrol**
7.00 **Border Security: Canada's Front Line**
8.00 **UK Border Force**
9.00 **Road Wars**
10.00 **The Force: Manchester**
11.00 **The Real Manhunter**
12.00 NOON **What the Killer Did Next** True crime.
1.00 PM **The Killer Within**
2.00 **Killer Siblings**
3.00 **Most Evil Killers**
5.00 **Killer Siblings**
6.00 **Murdered at First Sight**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers** Roy Whiting.
9.00 **Murders at the Boarding House**
10.30 **World's Most Evil Killers**
11.30 **Charmed to Death**
12.30 AM **The Killer Within**
1.30 **Snapped** Pamela Moss.
2.30 **Dateline**
3.30 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

174 187 84 155

8.00 AM **Grand Tours of Scotland** As 5.30pm.
8.35 **The Vietnam War**
10.55 **Los Angeles: Stories...**
12.05 PM **Lincoln: Divided We Stand** As 9.40pm.
1.00 **The Vietnam War**
3.20 **Los Angeles: Stories from the City**
4.35 **Lincoln: Divided We Stand** As 9.40pm.
5.30 **Grand Tours of Scotland** The rise of the seaside as a popular tourist destination.
6.10 **The Vietnam War**
8.30 **Los Angeles: Stories from the City** Series finale The transformation of LA.
9.40 **Lincoln: Divided We Stand** Lincoln goes from a lawyer in Illinois to the White House.
10.35 **A War on Trial**
12.00 M'T **Los Angeles: Stories from the City**
1.10 **to 2.00** AM **Grand Tours of Scotland**

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD EE HD

FRIDAY

Friday

Sky Documentaries

121/122 819 188 352 367

6.00 AM **Inside the Freemasons**
7.00 **Discovering: Glenn Close**
8.00 **The Directors**
9.00 **The 2000s**
10.00 **FILM Bobby** Documentary celebrating Bobby Moore. (2016, PG, 95min) ★★★★
12.00 NOON **FILM Busby** A profile of former Manchester United manager Matt Busby. (2019, PG, 102min) ★★★
2.00 PM **Lancaster**
4.00 **The Directors**
5.00 **Discovering: Glenn Close**
6.00 **The 2000s**
7.00 **To End All War: Oppenheimer and the Atomic Bomb**
8.45 **My Icon: Martin Offiah**
9.00 **Ibiza Narcos** 1/3. Documentary.
10.00 **Kings of Coke**
11.50 **The Slow Hustle**
1.40 AM **My Icon: Jonnie Peacock**
2.00 **NEW SERIES Kings from Queens: The Run DMC Story** 1/3. The story of the pioneering New York City hip-hop group.
3.00 **The Apollo** Documentary.
5.00 **to 6.00** AM **Discovering: Glenn Close**

Sky Nature

124/125 822 189 354 369

6.00 AM **Reef Wrecks**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Volcanic Odysseys**
10.00 **Great Blue Wild**
11.00 **Land of Primates**
12.00 NOON **Hotspots: The Last Hope**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Volcanic Odysseys**
4.00 **Great Blue Wild**
5.00 **Brazil Untamed**
6.00 **Hotspots: The Last Hope**
7.00 **Monkey Life** Double bill.
8.00 **Africa's Hunters** A powerful lion pride face an uncertain future.
9.00 **Malawi Wildlife Rescue** Amanda goes to the rescue of an ensnared waterbuck.
10.00 **Hotspots: The Last Hope** The biodiversity of Madagascar.
11.00 **Brazil Untamed**
12.00 M'T **Wild Dogs: Pack Vs Pride**
1.00 AM **Africa's Hunters**
3.00 **Malawi Wildlife Rescue**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Volcanic Odysseys**

Sky History 2

163/168 840 186

6.00 AM **Ancient Aliens**
8.00 **Dangerous Missions**
9.00 **Strangest Things**
10.00 **WWII's Most Daring Raids**
11.00 **Ancient Aliens**
1.00 PM **WW2 Treasure Hunters**
2.00 **Digging Up Britain's Past**
3.00 **Monsterquest**
4.00 **SOS: Stories of Survival**
5.00 **Strangest Things**
6.00 **Dangerous Missions**
7.00 **Behind History** The stories of some of history's most notable leaders.
8.00 **WWII Battles in Colour** The Battle of the Bulge.
9.00 **UFOs Declassified** Flying objects spotted above military bases during the Cold War.
10.00 **James Nesbitt: Disasters That Changed Britain** The Grenfell Tower fire of June 2017.
11.00 **Life After People**
12.00 M'T **Ancient Aliens**
2.00 AM **Digging Up Britain's Past**
3.00 **WW2 Treasure Hunters**
4.00 **Life After People**
5.00 **to 6.00** AM **James Nesbitt: Disasters That Changed...**

Crime+Investigation

156 837 133

6.00 AM **On the Case**
7.00 **Homicide Hunter**
9.00 **Murder at My Door with Kym...**
10.00 **Imperfect Murder**
11.00 **Motive to Murder**
12.00 NOON **Green Eyed Killers**
1.00 PM **Murder Masterminds**
2.00 **Accident, Suicide or Murder?**
3.00 **Murder at My Door with Kym Marsh** Margaret Fleming.
4.00 **Cops Gone Bad with Will Mellor** Rodney Whitchelo.
5.00 **Interrogation Raw**
6.00 **Cold Case Files**
7.00 **The First 48**
8.00 **Imperfect Murder**
9.00 **Court Cam**
9.30 **Interrogation Cam** New edition
10.00 **I Survived a Serial Killer**
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Court Cam**
1.30 **Interrogation Cam**
2.00 **Nightmare in Suburbia**
3.00 **Accident, Suicide or Murder?**
4.00 **Green Eyed Killers**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 841 182

8.00 AM **Yukon Vet**
9.00 **Swamp Men**
10.00 **Africa's Lost Eden**
11.00 **Animals Gone Wild**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Peru's Wild Kingdom**
3.00 **When Sharks Attack**
4.00 **Secrets of the Zoo: Tampa**
5.00 **Wicked Tuna: Outer Banks Showdown** Documentary.
6.00 **Snakes in the City**
7.00 **Yukon Vet** Dr Michelle Oakley tackles a ferocious wolverine.
8.00 **Running Wild with Bear Grylls** Actor Joel McHale joins Bear Grylls in Arizona.
9.00 **Lost Cities with Albert Lin**
10.00 **Wicked Tuna: Outer Banks Showdown** The *Pinwheel* team risks their lives and their boat.
11.00 **Shark Attack Files**
12.00 M'T **Lawless Island**
1.00 AM **Monster Fish**
2.00 **Yukon Vet**
3.00 **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet: Vets Just Wanna Have Fun!**

Discovery History

177 181

6.00 AM **Expedition Unknown**
7.00 **NASA's Unexplained Files**
8.00 **Mysteries at the Castle**
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Find It, Fix It, Flog It**
12.00 NOON **Combat Dealers**
1.00 PM **How It's Made**
2.00 **NASA's Unexplained Files**
3.00 **Salvage Hunters**
4.00 **Cooper's Treasure**
5.00 **Devonport: Inside the Royal Navy** Life on board *HMS Ocean*.
6.00 **Combat Dealers**
7.00 **Expedition Unknown**
8.00 **Tony Robinson's World War One** The presenter explores the stalemate of trench warfare.
9.00 **Combat Dealers**
10.00 **Salvage Hunters**
11.00 **Find It, Fix It, Flog It**
12.00 M'T **Devonport: Inside the...**
1.00 AM **How It's Made**
2.00 **Salvage Hunters**
3.00 **Tony Robinson's World War...**
4.00 **to 5.00** AM **Find It, Fix It, Flog It**

+1 hour 277 381

Eden

166 176

9.00 AM **Underground Worlds**
10.00 **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
7.00 **Abandoned Engineering** Exploring a dystopian powerhouse in Pennsylvania. **8.00** Exploring a bloody battleground on the Pacific Island of Peleliu. **9.00** A facility which once produced mustard gas and enriched uranium lies in ruins. **10.00** Exploring a desert island with an infected past adrift from the US mainland.
11.00 **Underground Worlds** Exploring the secret, Cold War US government bunker under Greenbrier Hotel in West Virginia.
12.00 M'T **Anthony Bourdain: Parts Unknown** Anthony heads to Charleston, where he samples Gullah cuisine and is joined by local resident Bill Murray.
1.00 AM **Abandoned Engineering**
5.25 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

ID

154 166

6.00 AM **The Big Swindle**
7.00 **Teleshopping**
8.00 **American Monster**
9.00 **Forensic Detectives**
11.00 **Cops UK: Bodycam Squad**
1.00 PM **Betrayed**
3.00 **Living a Nightmare**
5.00 **American Monster**
6.00 **The Lady Killers**
7.00 **Disappeared**
8.00 **Still a Mystery**
9.00 **Forbidden: Dying for Love** The case of a bored military wife, who was attracted to a new pastor in town.
10.00 **Murder Under the Friday Night Lights** A star American footballer is stabbed to death.
11.00 **On the Case with Paula Zahn**
12.00 M'T **People Magazine Investigates** A secret cult operating in San Francisco Bay.
1.00 AM **Hear No Evil**
2.00 **Still a Mystery**
3.00 **American Monster**
4.00 **The Lady Killers**
5.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/172 180

6.00 AM **Supertruckers**
7.00 **Wheeler Dealers**
8.00 **Goblin Works Garage**
9.00 **Head 2 Head**
10.00 **Fifth Gear**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **Shed and Buried**
1.00 PM **Extreme RVs**
2.00 **Wheeler Dealers**
3.00 **Vintage Voltage**
4.00 **Planes That Changed the World** A look at the DC-3.
5.00 **Wheeler Dealers**
6.00 **Shed and Buried**
7.00 **Salvage Hunters: Classic Cars**
8.00 **Planes That Changed the World** The Airbus A380.
9.00 **Mike Brewer's World of Cars**
10.00 **Bennetts British Superbikes** Round five from Snetterton.
11.00 **Wheeler Dealers**
12.00 M'T **Planes That Changed...**
1.00 AM **Iron Resurrection**
2.00 **Fast N' Loud**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/272

Films

Sky Cinema Premiere

301 401 501 515

7.00 AM **Drift** Drama with Cynthia Erivo. (2023, 15) ★★★★
8.45 **The Shamrock Spitfire** Biopic. (2024, 12, 108min) ★★★
10.50 **Anyone But You** Comedy. (2023, 15, 103min) ★★★★
12.40 PM **PREMIERE The Nun II**
2.40 **Five Nights at Freddy's**
4.40 **Manodrome** Thriller. (2023, 15, 91min) ★★★
6.20 **Eileen** Thriller with Thomasin McKenzie and Anne Hathaway. (2023, 15, 97min) ★★★★

8.00 The Nun 2

8.00 **PREMIERE The Nun 2** Horror sequel starring Taissa Farmiga. Sister Irene is reacquainted with demonic Valak at a boarding school in France, and battles for the students' souls. (2023, 15, 110min) ★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Five Nights at Freddy's** Horror thriller starring Josh Hutcherson. A man accepts a position as a night-time security guard at an abandoned pizzeria, but is soon locked in a fight for survival. (2023, 15, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **American Star** Thriller. (2023, 15, 107min) ★★★★
1.50 AM **Manodrome** As 4.40pm.
3.40 **Ruthless** Action thriller. (2023, 15, 92min) ★★★
5.20 **to 7.30** AM **LaRoy, Texas** Comedy crime caper. (2023, 15, 112min) ★★★★

Sky Cinema Best of 2024

303 403 503 517

6.10 AM **Dangerous Waters** (2023)
7.55 **Eileen** As shown at 3.25am.
9.40 **The Exorcist: Believer** Horror sequel. (2023, 15, 111min) ★★★
11.35 **Oppenheimer** Epic biopic. (2023, 15, 180min) ★★★★★
2.35 PM **The Equalizer 3** Thriller. (2023, 15, 109min) ★★★
4.30 **The Great Escaper** Drama. (2023, 12, 96min) ★★★★
6.10 **Anyone But You** Romantic comedy with Sydney Sweeney. (2023, 15, 103min) ★★★★

8.00 Barbie

8.00 **Barbie** Fantasy comedy starring Margot Robbie and Ryan Gosling. The living doll's perfect life is turned upside down when she suffers an existential crisis. (2023, 12, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Beekeeper** Action thriller starring Jason Statham. An apparently unassuming man finds someone important to him has driven to harm, so seeks vengeance on those responsible. (2023, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **LaRoy, Texas** Crime caper. (2023, 15, 112min) ★★★★
1.50 AM **Out of Darkness** Horror. (2022, 15, 88min) ★★★
3.25 **Eileen** Mystery thriller. (2023, 15, 97min) ★★★★
5.10 **to 7.00** AM **Dangerous Waters** Thriller. (2023, 15) ★★★

Sky Cinema Drama

310 410 510 524

7.05 AM **Steve Jobs** Biopic. (2015, 15, 119min) ★★★★
9.15 **Whiplash** Music drama. (2014, 15, 106min) ★★★★★
11.10 **Dreamgirls** Musical drama. (2006, 12, 130min) ★★★★
1.25 PM **She Came to Me** Comedy drama. (2023, 15) ★★★★
3.10 **Catch Me If You Can** Steven Spielberg's crime adventure. (2002, 12, 141min) ★★★★★
5.35 **Far and Away** Romantic epic. (1992, 15, 140min) ★★
8.00 **Jerry Maguire** Comedy drama starring Tom Cruise as a sports agent who finds support from an adoring single mother and a pugnacious American football star. (1996, 15, 139min) ★★★★
10.25 **Born on the Fourth of July** Oliver Stone's fact-based drama starring Tom Cruise as Vietnam veteran turned anti-war campaigner Ron Kovic. (1989, 18, 138min) ★★★★★
12.55 AM **Footloose** Teen dance drama remake tarring Kenny Wormald and Julianne Hough. (2011, 12, 113min) ★★★
2.55 **Hardball** Sports drama. (2001, 12, 106min) ★★
4.50 **to 6.50** AM **Let's Dance** Musical. (1950, U, 112min) ★★

Sky Cinema Sci-fi/Horror

311 411 511 525

6.45 AM **Margaux** As 2.05am.
8.40 **Ghost in the Shell** As 10.00pm.
10.40 **Dark Skies** As 3.55am.
12.25 PM **American Carnage** Horror comedy starring Jenna Ortega. (2022, 15, 98min) ★★★
2.10 **Next Exit** Sci-fi comedy. (2022, 15, 106min) ★★★
4.00 **Star Trek III: The Search for Spock** Sci-fi adventure. (1984, PG, 105min) ★★
5.50 **Star Trek Beyond** Sci-fi adventure starring Chris Pine. (2016, 12, 122min) ★★★★
8.00 **Back to the Future Part II** Comedy adventure sequel with Michael J Fox and Christopher Lloyd. Marty McFly is whisked into the future where he has to save his son from dire trouble. (1989, PG, 107min) ★★★
10.00 **Ghost in the Shell** Sci-fi adventure starring Scarlett Johansson and Pilou Asbæk. (2017, 12, 107min) ★★★★
12.10 AM **Star Trek III: The Search for Spock** As 4.00pm.
2.05 **Margaux** Thriller starring Madison Pettis and Vanessa Morgan. (2022, 15, 104min) ★★
3.55 **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
5.40 **to 7.25** AM **American Carnage**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 406 506 520

6.45 AM **Step Dogs** Family comedy. (2013, U, 82min) ★
8.25 **The Karate Kid** Adventure. (2010, PG, 140min) ★★★
10.50 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★
12.40 PM **Big Fat Liar** Teen comedy. (2002, PG, 88min) ★★★
2.15 **Finding Neverland** As 9.45pm.
4.00 **Lyle, Lyle, Crocodile** Comedy. (2022, PG, 106min) ★★★
5.50 **Twins** Action comedy. (1988, PG, 107min) ★★★

5.50 Twins

7.40 **Pan** Fantasy prequel to *Peter Pan*, starring Levi Miller and Hugh Jackman. An orphan is transported to a magical land and goes in search of the truth about his mother. (2015, PG, 111 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Finding Neverland** Drama starring Johnny Depp. Playwright JM Barrie's friendship with four boys and their recently widowed mother inspires the creation of *Peter Pan*. (2004, PG, 101 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy. (2005, U, 98min) ★★
1.20 AM **Mee-Shee: The Water Giant** Fantasy adventure. (2005, PG, 94min) ★★★
3.05 **Bicentennial Man** Melodrama. (1999, PG, 131 min) ★★★
5.25 **to 7.00** AM **A Tiger's Tail** Drama. (2014, U, 81 min) ★★★

Sky Cinema Action

307 407 507 521

7.30 AM **Agent Game** As 3.00am.
9.15 **Escape Plan** As 4.40am.
11.15 **Black Adam** Fantasy adventure starring Dwayne Johnson. (2022, 12, 125min) ★★★
1.30 PM **Mission: Impossible III** Action thriller with Tom Cruise. (2005, 12, 126min) ★★★★
3.40 **Final Score** Action drama. (2018, 15, 104min) ★★★
5.35 **The Woman King** Historical drama starring Viola Davis. (2022, 15, 135min) ★★★★

5.35 The Woman King

8.00 **Mission: Impossible – Dead Reckoning Part One** Action thriller starring Tom Cruise. The IMF team race to acquire two halves of an interlocking key that can regain control of a lethal artificial intelligence. With Hayley Atwell, Simon Pegg, Rebecca Ferguson and Ving Rhames. (2023, 12, 163min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Bruce Lee's Big Boss** Martial arts thriller with Bruce Lee. A young man tackles the leader of a drug smuggling ring. (1971, 18, 94min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Hellboy** Horror fantasy. (2004, 12, 122min) ★★★★
3.00 **Agent Game** Spy thriller. (2022, 15, 90min) ★★★
4.40 **to 6.45** AM **Escape Plan** Thriller. (2013, 15, 113min) ★★★

Sky Cinema Comedy

308 408 508 522

8.10 AM **Little Monsters** As 5.10am.
9.55 **Adult Life Skills** Comedy. (2016, 15, 114min) ★★★
11.45 **The Cinema List: The 90s**
12.05 PM **The Hangover Part III** Comedy sequel. (2013, 15) ★★
1.55 **Kinky Boots** Comedy. (2005, 12, 107min) ★★★★
3.50 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
5.55 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★

9.45 The Men Who Stare at...

8.00 **The Invention of Lying** Satirical comedy starring Ricky Gervais. In a world where everyone tells the truth, a middle-aged man discovers the ability to lie. With Rob Lowe. (2009, 12, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Men Who Stare at Goats** Offbeat comedy starring George Clooney and Ewan McGregor. A reporter meets a man who claims to have been a psychic warrior for the US army. (2009, 15, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **My Best Friend's Wedding** Romantic comedy with Julia Roberts and Cameron Diaz. (1997, 12, 104min) ★★★★
1.25 AM **Heaven Can Wait** Fantasy. (1978, PG, 100min) ★★★★
3.15 **Kinky Boots** As 1.55pm.
5.10 **to 6.50** AM **Little Monsters** Horror comedy starring Lupita Nyong'o. (2019, 15) ★★★★

Sky Cinema Thriller

309 409 509 523

7.50 AM **Antebellum** As 12.15am.
9.50 **Serenity** As 2.10am.
11.50 **Identity** Mystery thriller. (2003, 15, 90min) ★★★★
1.35 PM **Green Zone** Action thriller. (2010, 15, 110min) ★★★★
3.40 **Ferrari** Michael Mann's drama starring Adam Driver. (2023, 15, 130min) ★★★
6.05 **Extremely Wicked, Shockingly Evil and Vile** Biopic starring Zac Efron. (2019, 15, 110min) ★★★★

6.05 Extremely Wicked...

8.00 **Layer Cake** Gangster thriller starring Daniel Craig, Michael Gambon and Sienna Miller. A slick London drug dealer finds himself in trouble when a drug deal goes sour. With Colm Meaney. (2004, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Miami Vice** Crime thriller based on the 1980s TV cop series, starring Colin Farrell, Jamie Foxx and Gong Li. A pair of undercover cops infiltrate a drug smuggling cartel in order to catch the killers of two federal agents. (2006, 15, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Antebellum** Horror mystery. (2019, 15, 105min) ★★
2.10 **Serenity** Mystery thriller. (2019, 15, 106min) ★★★
4.05 **Into the Deep** Thriller. (2022, 15, 90min) ★★★
5.45 **to 7.50** AM **To Catch a Killer** Thriller. (2023, 15) ★★★★

Film4

313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **Picnic** Melodrama. (1955, U, 113min) ★★★
1.15 PM **The Gift Horse** World War Two adventure. (1952, b/w, PG, 100min) ★★★
3.20 **Annie** Film version of the hit Broadway musical. (1982, U, 128min) ★★★
6.05 **Transformers: Revenge of the Fallen** Sci-fi adventure sequel starring Shia LaBeouf. (2009, 12, 149min) ★★★

6.05 Transformers: Revenge...

8 PM **Transformers: Revenge of the Fallen** (film started at 6.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Transporter 2** Action thriller sequel with Jason Statham. A highly-skilled professional driver sets out to rescue the kidnapped son of a politician from a vicious drug dealer. (2005, 15, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **10.45** **Kingsman: The Secret Service** Action comedy based on a comic book, starring Colin Firth and Taron Egerton. (2015, 15, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM **1.25** **to 3.35** AM **The Stone Roses: Made of Stone** Music documentary directed by Shane Meadows. (2013, 15, 96min) ★★★★

+1 hour 314 430 47 301

Sky Cinema Supernatural

302 402 502 516

6.00 AM **The Cinema List: Creature Features**
6.25 **Monstrous** As 3.25am.
8.10 **The Ring Two** Horror sequel. (2004, 15, 110min) ★★★
10.05 **The Cinema List: Star Trek**
10.30 **The Dark Tower** Fantasy. (2017, 12, 95min) ★★
12.20 PM **Monolith** As 1.45am.
2.10 **Ghostbusters** Action comedy. (1984, 12, 105min) ★★★★

4.10 **The Nun** Horror thriller. (2018, 15, 96min) ★★★
6.00 **PREMIERE** **The Nun 2** Horror sequel starring Taissa Farmiga. Sister Irene is reacquainted with demonic Valak at a boarding school in France, and battles for the students' souls. (2023, 15, 110min) ★★
8.00 **Insidious: The Red Door** Horror sequel starring Patrick Wilson. (2023, 15, 107min) ★★
10.00 **The Pope's Exorcist** Horror. (2023, 15, 103min) ★★★

11.50 **The Exorcist: Believer** Horror sequel. (2023, 15, 111 min) ★★★
1.45 AM **Monolith** Mystery thriller. (2022, 15, 90min) ★★★
3.25 **Monstrous** Horror thriller. (2022, 15, 89min) ★★★
5.00 **The Cinema List: The 90s**
5.30 **to 7.10** AM **The Dark Tower**

Sky Cinema Greats

304 404 504 518

6.50 AM **Patch Adams** As 5.10am.
9.00 **Flashdance** As 1.20am.
10.50 **Star Trek Into Darkness**
1.05 PM **The Fighting Temptations** Musical starring Cuba Gooding Jr. (2003, PG, 123min) ★★★
3.20 **Jaws** Steven Spielberg's thriller. (1975, 12, 125min) ★★★★★
5.35 **Star Trek Into Darkness** Sci-fi adventure sequel. (2013, 12, 132min) ★★★★

8.00 **Terminator 2: Judgment Day** Sci-fi action thriller sequel starring Arnold Schwarzenegger as a cyborg from the future that has been programmed to protect humanity's destined saviour. With Linda Hamilton. (1991, 15, 146min) ★★★★★
10.45 **Goodfellas** Martin Scorsese's gangster drama based on the memoirs of a real-life Mafia hood. Stars Robert De Niro, Ray Liotta and Joe Pesci. (1990, 18, 143min) ★★★★★

1.20 AM **Flashdance** Dance drama. (1983, 15, 96min) ★★★
3.05 **Sunset Boulevard** Classic Hollywood melodrama. (1950, b/w, PG, 110min) ★★★★★
5.10 **to 7.15** AM **Patch Adams** Fact-based comedy drama. (1998, 12, 115min) ★★

Sky Cinema Animation

305 412 500 514

6.05 AM **Spy Cat** As 11.45pm.
7.45 **Astro Kid** As shown at 3.05am.
9.20 **Two by Two** (2015, U) ★★
10.55 **The Lego Movie** Animation. (2014, U, 100min) ★★★★★
12.40 PM **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
2.20 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★

4.00 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
5.30 **Ruby Gillman, Teenage Kraken** Animation. (2023, PG) ★★★
7.10 **The Wild Thornberrys Movie** Animated family adventure. (2002, U, 85min) ★★★★
8.40 **Storks** Animated adventure. (2016, U, 87min) ★★★
10.10 **The Road to El Dorado** Animated comedy adventure. (2000, U, 89min) ★★★
11.45 **Spy Cat** Animated comedy. (2018, U, 92min) ★★

1.20 AM **Mavka: The Forest Song** Animated fantasy adventure. (2023, PG, 99min) ★★
3.05 **Astro Kid** Animated adventure. (2019, PG, 89min) ★★★
4.40 **to 6.10** AM **Spirit: Stallion of the Cimarron** Animaton. (2002, U, 84min) ★★★

Christmas in July

312 419

7.00 AM **'Tis the Season to Be Merry** Romantic comedy. (2021, PG, 84min) ★★
9.00 **The Gift of Peace** Drama. (2022, PG, 90min) ★★
11.00 **A Kiss Before Christmas** Fantasy. (2021, PG, 90min) ★★
1.00 PM **Cross Country Christmas** Drama. (2020, PG, 83min) ★★
3.00 **Open for Christmas** Festive drama. (2021, PG, 84min) ★★

5.00 **One December Night** Festive drama. (2021, PG, 84min) ★★
7.00 **A Royal Queens Christmas** Romantic drama starring Megan Park. (2021, PG, 84min) ★★
9.00 **Christmas on the Lake** Drama starring Katee Sackhoff and Terry O'Quinn. A woman returns to her home town to look after her estranged father, and plans a perfect Christmas for her daughter. (2021, PG, 90min) ★★
11.00 **The Winter Palace** Romantic drama. (2022, PG, 85min) ★★

1.00 AM **Ghosts of Christmas Always** Fantasy comedy. (2022, PG, 90min) ★★
3.00 **to 5.00** AM **The Christmas Toy Maker** Festive drama. (2021, PG, 84min) ★★

Movies 24+ 315 420

Talking Pictures

328 445 82 306

6.00 AM **The Broken Melody** Drama. (1934, b/w, U, 83min) ★★★
7.35 **No Lady** Vintage comedy. (1931, b/w, U, 72min) ★★★
8.55 **Dateline Diamonds** Musical thriller. (1965, PG, 73min) ★★
10.25 **Tomorrow** Drama. (1972, b/w, PG, 103min) ★★★
12.30 PM **The Four Just Men** (S1)
1.05 **The Big Wheel** Drama. (1949, b/w, U, 92min) ★★

2.55 **Johnny O'Clock** Thriller. (1946, b/w, PG, 95min) ★★
4.45 **Sapphire** Murder mystery. (1959, 15, 92min) ★★★
6.30 **Fireball XL5**
7.05 **Look at Life**
7.25 **The Rossiter Case** Mystery. (1950, b/w, PG, 75min) ★★★
9.00 **Cellar Club with Caroline Munro**
9.05 **Amityville: It's About Time** Horror sequel starring Stephen Macht and Shawn Weatherly. (1992, 18, 95min) ★★★
11.00 **Cellar Club with Caroline Munro**

11.05 **Presence of Mind** Ghost story. (1999, 15, 94min) ★★★
1.10 AM **Cellar Club with Caroline...**
1.15 **Boris Karloff: The Man Behind the Monster**
3.25 **Tons of Trouble** Comedy. (1955, b/w, U, 77min) ★★★
5.00 **to 6.00** AM **Bonanza**

Friday

Sky Sports Main Event

401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Euros**
8.00 **LIVE DP World Tour Golf** Coverage of the featured groups on the second day of the Genesis Scottish Open, staged at Renaissance Club, North Berwick.
10.15 **LIVE Test Cricket England v West Indies.** Coverage of the third day of the first Test in the three-match series from Lord's.
6.30 PM **LIVE Women's Super League Wigan Warriors v St Helens.** Coverage of the match, staged at the Brick Community Stadium. Kick-off is at **5.30pm**.
7.30 **LIVE Super League Wigan Warriors v St Helens.** Coverage of the match from the 17th round at the Brick Community Stadium. Kick-off is at **8.00pm**.
10.15 **LIVE PGA Tour Golf** Day two of the ISCO Championship, which takes place at Keene Trace Golf Club in Nicholasville, Kentucky.
12.30 AM **Sky Sports News**
1.00 **to 6.00** AM **LIVE MMA: One Championship** Coverage of a mixed martial arts event from Asia, featuring some of the continent's leading fighters.

Sky Sports Premier League

402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Good Morning Euros**
10.00 **Premier League Years** Classic games and moments of skill from the 2004/05 season.
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Best Goals**
2.00 **Premier League** Tottenham Hotspur v Brighton & Hove Albion.
2.30 **Premier League Highlights** Five Tottenham Hotspur home fixtures.
5.00 **Premier League Review**
7.00 **Premier League Icons** A profile of David Beckham.
7.30 **PL 100: David Seaman** A look at the career of the goalkeeper.
8.00 **SSN Euro Report** Catch up on all of the latest news from Euro 2024 in Germany.
11.00 **Class of '92: Full Time** Salford's new manager has just five weeks of pre-season to transform the team ahead of a promotion push.
12.00 M'T **PL Retro** Manchester United v Manchester City from 2010/11.
2.00 AM **Premier League Years** Action from the 2005/06 season.
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Legends**

Sky Sports Football

403 513 503 421 441

6.00 AM **EFL Cup Retro** Chelsea v Manchester City in the 2019 final.
8.45 **EFL Greatest Games**
10.00 **EFL Cup Highlights** Chelsea v Tottenham Hotspur from 2008.
11.00 **SPFL** Goals from 2014/15.
11.30 **Best Scottish Premiership Goals 2021/22** Top strikes.
12.00 NOON **Bundesliga Highlights Show** The latest round.
1.00 PM **WSL** Highlights.
2.00 **SPFL Highlights** Action from Rangers v Celtic, staged at Ibrox.
2.30 **EFL** The 2022/23 play-off finals.
5.30 **EFL Greatest Games**
6.00 **Bundesliga Special** Profiles of Bundesliga stars Serhou Guirassy, Jonas Wind and Victor Boniface.
6.30 **Bundesliga Highlights Show**
7.30 **Women's Championship Show**
8.00 **WSL** Highlights of Manchester City v Tottenham Hotspur.
8.30 **Scottish Premiership Round-Up**
9.00 **EFL** Action from Leeds United v Southampton at Wembley.
10.00 Highlights from Bolton Wanderers v Oxford United.
11.00 Action from Crawley Town v Crewe Alexandra in League Two.
12.00 M'T **EFL** The 2012/13 play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 514 504 422 442

6.00 AM **Secrets of Success: Robert Saleh** With Nasser Hussain.
6.50 **Best of England v Windies**
7.00 **Test Cricket** Highlights from England v West Indies at Lord's.
8.00 **Test Cricket Bitesize**
8.15 **Jimmy Anderson's Greatest Spells** Archive action.
8.30 **Test Cricket** Highlights from England v West Indies at Lord's.
9.25 **Best of England v Windies**
10.00 **Test Cricket Bitesize**
10.15 **LIVE Test Cricket England v West Indies.** Coverage of the third day of the first Test in the three-match series from Lord's.
6.45 PM **LIVE Vitality T20 Blast Cricket Lancashire Lightning v Yorkshire Vikings.** Coverage of the North Group match, staged at Emirates Old Trafford.
10.15 **Test Cricket** Highlights from England v West Indies at Lord's.
11.15 **Test Cricket Bitesize**
11.30 **Talking Cricket**
12.00 M'T **Test Cricket**
1.00 AM **Vitality T20 Blast Cricket**
4.30 **Test Cricket Bitesize**
4.45 **Best of ICC WT20**
5.00 **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 515 505 423 443

6.00 AM **DP World Tour Golf**
7.00 **LPGA Tour Golf**
8.00 **LIVE DP World Tour Golf** Coverage of the second day of the Genesis Scottish Open, the Rolex Series event, which takes place at Renaissance Club, North Berwick.
7.00 PM **LPGA Tour Golf** Day two of the Amundi Evian Championship.
8.00 **England Golf: Get into Golf**
8.30 **LPGA Tour Golf** Day two of the Amundi Evian Championship.
9.30 **LIVE PGA Tour Golf** Coverage of day two of the ISCO Championship from Keene Trace Golf Club in Nicholasville, Kentucky.
12.30 AM **LPGA Tour Golf**
1.30 **Chronicles of a Champion Golfer** A profile of Paul Lawrie.
2.00 **The Open Films: Woods 2005**
3.00 **Chronicles of a Champion Golfer** Profiles of leading players.
4.00 **LPGA Tour Golf**
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

Sky Sports Tennis

407 537 520 425 445

6.00 AM **Tennis** Action from the Porsche Tennis Grand Prix final.
7.00 The Stuttgart Open final.
9.00 The Miami Open finals.
11.00 The Dallas Open final.
1.00 PM **Tennis** Highlights of the WTA Hua Hin Championships final.
3.00 Abierto Mexicano Telcel.
4.00 The Stuttgart Open final.
6.00 Review of the Miami Open.
7.30 **Tennis** The Dubai Championships.
8.30 Monte-Carlo Masters.
9.30 Review of the Miami Open.
10.00 **Tennis** Porsche Grand Prix final.
11.00 Abierto Mexicano Telcel.
12.00 M'T **to 6.00** AM **Tennis**

TNT Sports 1

410 870 527 408 430

6.00 AM **Ariel Helwani Meets**
7.00 **WWE Raw Highlights**
8.00 **MotoGP Rewind**
8.15 **Badminton Weekly**
8.30 **International Rugby Union**
10.00 **World Championship of Legends Cricket** Highlights.
12.00 NOON **LIVE World Championship of Legends Cricket** Coverage of the opening semi-final from Edgbaston.
4.00 PM **LIVE World Championship of Legends Cricket** Coverage of the second semi-final, staged at Edgbaston.
8.30 **AFL** Collingwood v Geelong Cats.
10.30 **UFC: The Ultimate Fighter**
11.30 **LIVE International Rugby Union USA v Scotland.** From Audi Field in Washington D.C. Kick-off is at **11.30pm**.
1.30 AM **Premier League Stories**
2.00 **European Rally Championship Highlights** The Rally Estonia.
2.30 **Born Racers** Magazine.
3.30 **UEFA Documentaries**
4.30 **to 7.30** AM **LIVE AFL Sydney Swans v North Melbourne Kangaroos.** Coverage of the match, staged at Sydney Cricket Ground. Bounce-up is at **4.45am**.

TNT Sports 2

411 871 528 409 431

6.00 AM **UEFA Champions League – Stories of the Finals**
6.30 **Women's T20 International Cricket** India v South Africa.
7.30 **Sign Up – Into Football**
8.30 **AFL** Collingwood v Essendon.
10.30 **LIVE AFL Collingwood Magpies v Geelong Cats.** Coverage from Melbourne Cricket Ground. Bounce-up **10.40am**.
1.30 PM **Premier League Stories**
2.00 **The Football Archives: UEFA Champions League**
7.00 **TNT Sports Reload**
7.15 **Major League Cricket Highlights**
7.45 **LIVE Major League Cricket MI New York v Texas Super Kings.** Coverage of the T20 match, staged at Church Street Park in Morrisville, North Carolina.
11.45 **TNT Sports Reload**
12.00 M'T **WWE SmackDown Hlts**
1.00 AM **LIVE WWE Friday Night SmackDown** Wrestling coverage.
3.00 **What Went Down**
4.00 **UEFA Champions League – Stories of the Finals**
4.30 **to 7.30** AM **LIVE AFL Hawthorn Hawks v Fremantle Dockers.** At University of Tasmania Stadium. Bounce-up **4.45am**.

TNT Sports 3

417 874 529 410 432

6.00 AM **Vanarama National League** Another chance to see Solihull Moors v FC Halifax Town.
7.30 Barnet v Solihull Moors.
9.00 Bromley v Altrincham.
10.30 Bromley v Solihull Moors in this year's play-off final.
12.00 NOON **Vanarama National League North**
1.30 PM **Vanarama National League South** Worthing v Braintree Town.
3.00 **Premiership Women's Rugby**
4.30 **International Rugby Union**
6.00 **WSL Championship Tour**
7.00 **WSL: Inside Pro Surfing**
8.00 **WSL Challenger Tour**
9.00 **WNBA** Highlights from Las Vegas Aces v Dallas Wings.
10.00 **MLB: Off the Bat**
10.30 **MLB Highlights**
11.30 **LIVE MLB Detroit Tigers v Los Angeles Dodgers.** Coverage of the inter-league match, which takes place at Comerica Park. Start-time is at **11.40pm**.
2.45 AM **MLB Plays of the Week**
3.15 **MLB: Off the Bat**
3.45 **UFC: The Ultimate Fighter**
4.45 **What I Wore** Harry Kane.
5.00 **to 6.00** AM **Down the Clubhouse**

Sky Sports Action

408 517 507 426 446

6.00 AM **Fight Night International**
8.00 **NFL Highlights** Los Angeles Chargers v Chicago Bears.
9.00 **Fight Night International**
11.00 **NFL Highlights**
1.00 PM **Super League Highlights**
2.00 **LIVE Currie Cup Rugby Union Pumas v Golden Lions.** Coverage of the match from the second round of fixtures, which takes place at Mbombela Stadium in South Africa.
4.00 **Women's State of Origin**
5.00 **LIVE Women's Super League Wigan Warriors v St Helens.** From the Brick Community Stadium. Kick-off **5.30pm**.
7.30 **LIVE Super League Wigan Warriors v St Helens.** Coverage from the 17th round of fixtures, staged at the Brick Community Stadium. Kick-off is at **8.00pm**.
10.15 **Super League Highlights**
10.45 **Women's Super League**
11.00 **NFL Highlights**
12.00 M'T **The Insiders**
1.00 **to 6.00** AM **LIVE MMA: One Championship** Coverage of a mixed martial arts event from Asia, featuring some of the continent's leading fighters.

Sky Sports Mix

416 873 510 429 449

6.00 AM **Tennis** Porsche Grand Prix.
7.00 **Fight Night International** Artur Beterbiev v Callum Smith.
8.00 **Tennis** Porsche Grand Prix final.
9.00 **Indycar** The Honda Indy 200.
10.00 **LPGA Tour Golf**
11.00 **LIVE LPGA Tour Golf** Coverage of the second day of the Amundi Evian Championship from Evian Resort Golf Club in France.
5.00 PM **Best of ICC WT20**
5.30 **Super League Highlights**
6.00 **NBC's Pro-Football Talk**
8.00 **Ladies European Tour Golf**
9.00 **Tennis** Highlights of the Miami Open women's final in Florida.
10.00 **Show Jumping** Highlights from the Rolex Grand Slam in Aachen.
11.00 **Formula 1** Highlights of the British Grand Prix at Silverstone.
12.00 M'T **Ferrari Challenge Europe**
1.00 AM **Vitality T20 Blast Cricket**
4.30 **Women's Super League**
4.45 **Super League Highlights**
5.00 **to 6.00** AM **NFL Highlights**

TNT Sports 4

421 876 530 411 434

6.00 AM **MLB Highlights**
7.00 **MLB Classic** A look back at the 2003 World Series.
8.30 The 1975 All-Star game.
9.00 **MLB Plays of the Week**
9.30 **MLB: Off the Bat**
10.00 **MLB Highlights**
11.00 **Ultimate Pool**
12.30 PM **TNT Sports Reload**
1.00 **MLB Highlights**
2.00 **MLB Plays of the Week**
2.30 **MLB: Off the Bat**
3.00 **The Isuzu FA Vase**
4.30 **MLB Highlights**
5.30 **Ultimate Pool**
7.00 **Fishing: On the Bank**
8.00 **Sign Up: Into Football**
9.00 **V8 Supercars Highlights** Action from races 13 and 14 of the Townsville 500 in Queensland.
11.00 **Ultimate Pool**
12.30 AM **AFL** Collingwood v Geelong.
2.30 **After the Roar**
4.00 **Major League Cricket Highlights**
4.30 **to 6.00** AM **MLB Classic**

Eurosport 1

413 868 521 412 435

6.00 AM **Tour de France: Breakaway**
6.30 **Hall of Fame: London 2012**
7.30 **Tennis: Wimbledon**
9.00 **Golden Trail World Series**
9.30 **Cycling: Desafio China by La Vuelta** Action from China.
10.30 **Cycling: Tour de France**
11.30 **Tour de France: Breakaway**
12.00 NOON **LIVE Cycling: Tour de France** Coverage of stage 13.
5.00 PM **Cycling: Women's Giro d'Italia** Action from stage six.
6.00 **Climbing World Cup**
7.00 **Surfing World League**
8.00 **Cycling: Tour de France**
9.00 **Tour de France: Breakaway**
9.30 **Cycling: Women's Giro d'Italia**
10.30 **Climbing Show**
11.00 **Cycling: Tour de France**
12.00 M'T **Tour de France: Breakaway**
12.30 AM **Tennis: Wimbledon**
2.00 **Cycling: Tour de France**
3.30 **Tennis: Wimbledon**
5.00 **to 6.00** AM **Cycling: Tour de France**

Eurosport 2

414 869 522 413 436

6.00 AM **Tennis: Wimbledon**
7.30 **Cycling: Tour de France**
9.00 **World Superbikes**
10.15 **LIVE World Superbikes** The first Superbike free practice.
11.20 **British Superbikes**
11.30 **EWC All Access**
12.00 NOON **British Speedway**
1.00 PM **British Superbikes**
2.05 **LIVE Women's Circuit Racing World Championship** The Superpole from Donington Park.
2.55 **LIVE World Superbikes** Coverage from Donington Park.
5.00 **Olympic Games Magazine**
6.00 **FIA World Endurance C'ship**
8.00 **Climbing World Cup**
9.00 **Mountain Biking** From France.
10.00 **Tennis: Wimbledon**
11.30 **British Speedway**
12.30 AM **Cycling: Tour de France**
2.00 **Hall of Fame: Rio 2016**
3.00 **Olympic Games**
3.30 **Cycling: Tour de France**
5.00 **to 6.00** AM **World Superbikes**

Sky Sports Arena

412 518 508 427 447

6.00 AM **Super League Highlights**
8.05 **Super League** A match replay.
10.10 **Super League Gold**
10.15 **Super League Highlights**
11.00 **Women's State of Origin**
12.00 NOON **Super League Hlts**
2.50 PM **Super League Gold**
2.55 **PDC Classics** Archive action.
3.55 **Fight Night International**
5.55 **Super League Gold**
6.00 **Show Jumping**
7.00 **PDC Classics** Archive highlights.
7.30 **My Icon** Linford Christie.
7.40 **Super League Highlights**
7.55 **LIVE Super League London Broncos v Castleford Tigers.** At Kuflink Stadium. Kick-off **8.00pm**.
10.00 **Super League Highlights**
11.00 **Fight Night International**
12.00 M'T **Women's Super League**
12.15 AM **Super League**
3.05 **My Icon** Kadeen Corbin.
3.15 **Super League Highlights**
4.15 **PDC Classics** Archive action.
5.15 **to 6.00** AM **Super League**

Sky Sports F1

406 516 506 424 444

6.00 AM **The Home of F1**
11.00 **Formula 3** British Grand Prix.
12.05 PM **Formula 1** Season highlights.
12.15 **Formula 3** From Silverstone.
1.20 **F1 Feature**
1.25 **Formula 2** The British Grand Prix sprint race from Silverstone.
2.30 The feature race.
3.45 **Indy NXT** Action from Mid-Ohio.
5.00 **Indycar** The Honda Indy 200.
7.30 **Formula 1** The British Grand Prix, round 12 of the season.
8.30 **Indycar** The Honda Indy 200.
9.30 **LIVE Indycar** The practice session from Iowa Speedway.
11.00 **Formula 1** British Grand Prix.
12.00 M'T **Senna: Last Teammate**
1.00 **to 6.00** AM **The Home of F1**

SKY HD SD VIRGIN HD EE HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

NEW

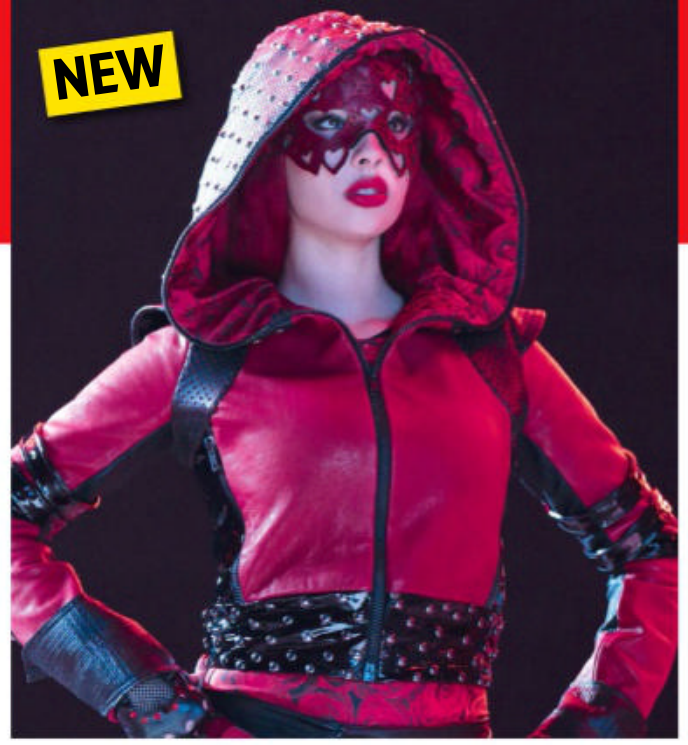
BBC iPLAYER Cooking Buddies

Wed-Fri, 6pm, CBBC & BBC iPlayer

Could Buddy Oliver be ready to step into dad Jamie's TV chef's shoes? He definitely gets in some good practice here , with a brand new 10-part series in which he shares his passion for cooking with his guests.

While his new friends show him the things that they're good at, from boxing to karate, in return Buddy teaches them how to make tasty dishes including spicy tomato pasta and pizza.

Prepare to be inspired once you've watched this – dinner could be down to you tonight!



NEW

Disney+ Descendants: The Rise of Red

Available from Friday, Disney+

The fourth film in the popular musical series features Red (above), the daughter of *Alice in Wonderland*'s Queen of Hearts (Rita Ora), and Chloe Charming, whose parents are Cinderella (Brandy) and King Charming.

When the Queen of Hearts causes havoc in the kingdom of Auradon, Red and Chloe travel back in time to try to change the future. Top-tapping, colourful fun.

More great shows to watch this week...

Kamp Koral NEW

From Wednesday, Paramount+

The second and final season of the *SpongeBob SquarePants* prequel and spin-off, that features younger versions of SpongeBob, Patrick Star and Sandy Cheeks as they attend a summer camp run by Mr Krabs.

Bluey Minisodes

Available now, Disney+

A collection of 20 'mini-episodes' featuring Bluey and co have landed on Disney+ (due on 3 July), so we should have a stack of new funny moments with the Heeler family to keep us going for a while. Hooray!

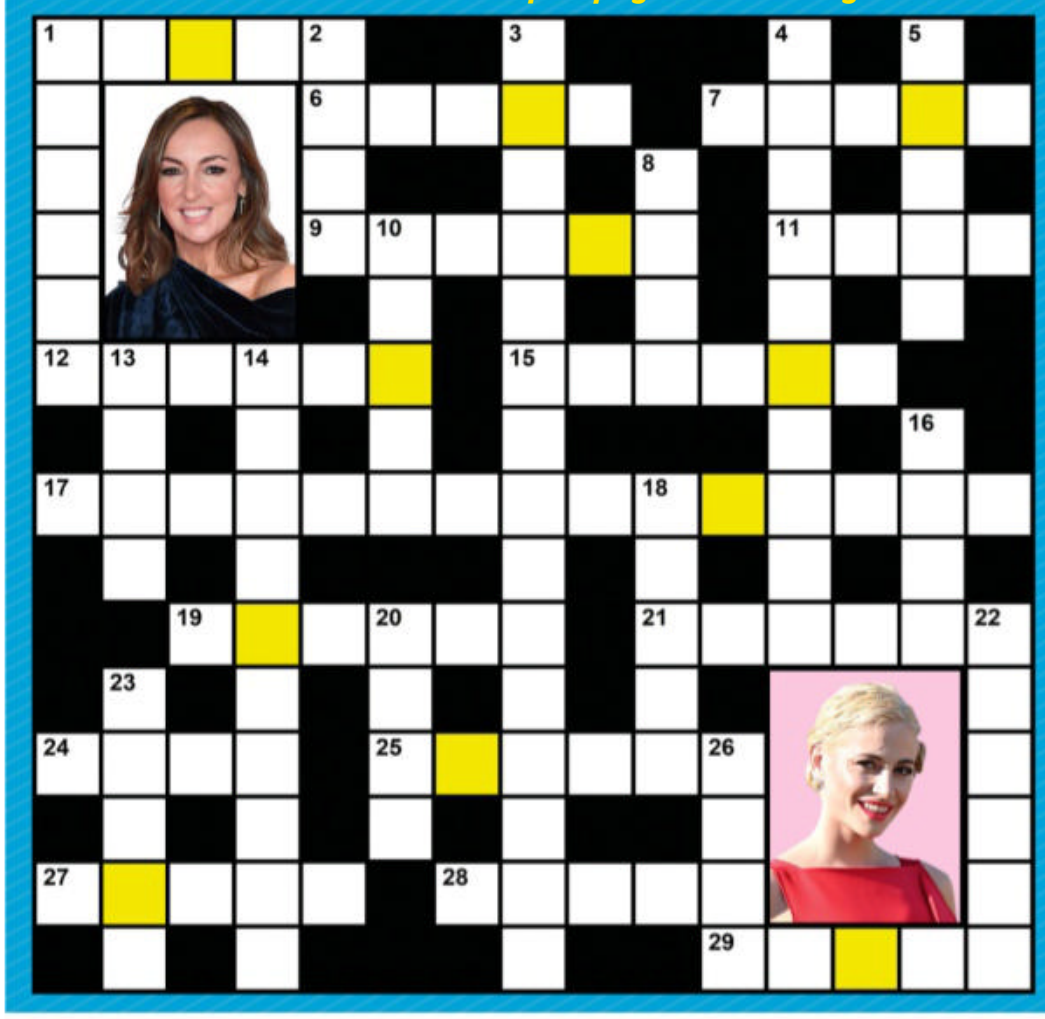
Me NEW

From Friday, Apple TV+

Sci-fi drama about 12-year-old Ben (right), who suddenly discovers that he can transform into anyone he meets – and then has to learn who he really is and who he wants to be.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out a British-born actor (4,7). Answers at the bottom of the page – no cheating!



ACROSS

1 H.G. -----, author of sci-fi novel *The War of the Worlds* (5)
6 *A Passage to* -----, Oscar-nominated movie from 1985 starring Judy Davis (5)
7 Will -----, actor in *Game of Thrones* and *Humans* (5)
9 ------ McCartney, English fashion designer with famous parents (6)
11 Sci-fi movie from 1954 that featured giant ants (4)
12 *Truly, Madly*, ------, 1991 fantasy movie starring Juliet Stevenson (6)
15 See picture clue: Sally ------, presenter of *BBC Breakfast* (6)
17 Fictional animated adventurer who carries a talking backpack (4,3,8)
19 English TV presenter and journalist, Dame ------ Rantzen (6)
21 Olivia Newton-John musical film and song from 1980 (6)
24 ---- Behrs, AKA Gemma in sitcom *The Neighborhood* (4)
25 ------ *Street*, series with Matthew Macfadyen and MyAnna Buring (6)
27 Bob the Builder's digger (5)
28 ----- Peake-Jones, played Raquel in *Only Fools and Horses* (5)
29 ----- Goodrem, Australian singer-songwriter (5)

DOWN

1 Classic 1940 movie starring Judy Garland, *The* ------ *of Oz* (6)
2 Joan ----, Carry On star (4)
3 Angelina Jolie and Winona Ryder drama from 2000, set in a psychiatric hospital (4,11)
4 1980s children's television programme about Mr Spoon (6,4)
5 Steps singer and actor, Faye ----- (5)
8 Science-based American sitcom with Jim Parsons and Kaley Cuoco, *The Big* ---- *Theory* (4)
10 ----- Willcox, singer, actor and TV presenter (5)
13 *The* ---- *Rifles*, hit song released by The Jam in 1979 (4)
14 Classic children's TV series featuring the dolls Hamble and Jemima (4,6)
16 West End star who was married to Denise Van Outen, Lee ---- (4)
18 See picture clue: Singer and coach on *The Voice Kids*, ----- Lott (5)
20 Arnold Schwarzenegger movie from 1993, *Last Action* ---- (4)
22 US sci-fi TV series with John Cusack and Ashleigh LaThrop (6)
23 *Glee* star, ----- Tobin (5)
26 Hit song for Catatonia, released in 1998, ---- *Rage* (4)

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY, SHUTTERSTOCK, BBC, DISNEY+, APPLE TV+.

CROSSWORD SOLUTION

ANSWER: Lily Collins **ACROSS:** 1 Wells 6 India 7 Tudor 9 Stella 11 Them! 12 Deeply 15 Nugent 17 Dora the Explorer 19 Esther 21 Xanadu 24 Beth 25 Ripper 27 Scoop 28 Tessa 29 Delta **DOWN:** 1 Wizard 2 Sims 3 Girl, Interrupted 4 Button Moon 5 Tozer 8 Bang 10 Toyah 13 Eton 14 Play School 16 Mead 18 Pixie 20 Hero 22 Utopia 23 Becca 26 Road

Coming soon

The characters in *Stags* are ready to party

FIRST LOOK

Stags

Nico Mirallegro heads the cast of a tense drama about a catastrophic stag do

Paramount+'s shock-laden drama *Stags*, airing later this year, follows the fallout from a pre-wedding celebration that goes badly wrong.

The six-part series is set in South America, where Stu (Nico Mirallegro) is having a holiday to remember with his pals before he gets married. But their plans to head home to the UK after a week of partying are thwarted when they land themselves in deep trouble and are sent to a terrifying prison island, where intimidating siblings Selma and Branco Quispe (Paulina Gálvez and Oscar Foronda), who are at loggerheads with each other, rule the roost. As danger stalks them all, their tight-knit friendships come under pressure and the stags realise they need to make some tough decisions to ensure their survival…

Created by Daniel Cullen and filmed in Tenerife, the series co-stars Charlie Cooper and Corin Silva as Stu's childhood pals Ant and Ryan, while Sophie Lenglinger and Paul Forman portray Clem and Hugo, who met the groom-to-be at university, and Asim Chaudhry is Greg, who works with him. Cavan Clerkin and Jojo Macari play Stu's future in-laws John and Kai.

'The incredible cast and standout creative team are a real testament to Daniel's distinct and darkly comic scripts,' says executive producer Carissa Hope Lynch. '*Stags* is packed with plot twists and we're thrilled to bring this savage tale to Paramount+.'

Nico Mirallegro and Asim Chaudhry

WHAT'S NEXT FOR…

Steve Coogan

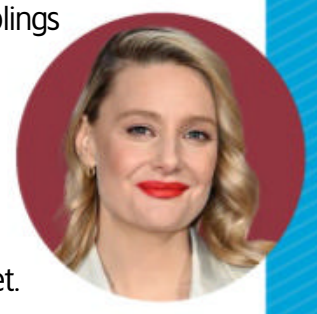
C4's two-part factual drama **Brian and Margaret** will see him portray journalist Brian Walden who, in 1989, carries out a fiery political interview with the then Prime Minister Margaret Thatcher (Dame Harriet Walter).

Jennifer Saunders

The actor and writer will reunite with Dame Joanna Lumley, Julia Sawalha and Jane Horrocks for Gold's **Absolutely Fabulous: Inside Out**, in which the stars discuss the origins of the sitcom and its impact on comedy.

Romola Garai

In BBC3's comedy drama **We Go Again**, she will play the schoolteacher of one of three siblings (Chenée Taylor, Kaydrah Walker-Wilkie and Akins Subair) who are keeping the disappearance of their mum a secret.



Coming Back

C4's acclaimed comedy **Big Boys** will return for a third series, as Jack (Dylan Llewellyn) and Danny (Jon Pointing) begin their final year at Brent University. 'We're desperate to put on a sexy, cringey, funny show for you!' says creator Jack Rooke.

TV&Satellite week

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Next week *On sale Tuesday 9 July*

Those about to Die

Prime Video's drama, starring Sir Anthony Hopkins, centres on the gladiators of Ancient Rome.

Mr Bigstuff

Sky Max's comedy sees Danny Dyer and Ryan Sampson as chalk-and-cheese brothers.

Lady in the Lake

Apple TV+'s thriller about the investigation of a death in 1960s Baltimore stars Natalie Portman.

Euro 2024 Final

BBC1 and ITV1 present the action as the tournament concludes. Who will be crowned champions?

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